

**Supplementary Figure 1** Examples of original figures from different individuals on the cleansing level of colonoscopy by using the Boston Bowel Preparation Scale (BBPS)

- **A**. Score 3: Entire mucosa of the transverse colon was seen well, with no residual staining, small fragments of stool, or opaque liquid.
- **B**. Score 2: Minor amount of opaque liquid, but the mucosa of the right colon was seen well.
- C. Score 1: Portion mucosa of the left colon was seen, but some areas were not well seen because of residual stool and opaque liquid
- **D**. Score 0: Unprepared colonic segment with mucosa not seen because of solid stool that cannot be cleared.