

## Additional file 1 for

### Pupil-linked arousal with very light exercise: Pattern of pupil dilation during graded exercise

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#### Individual data for pupil dilation

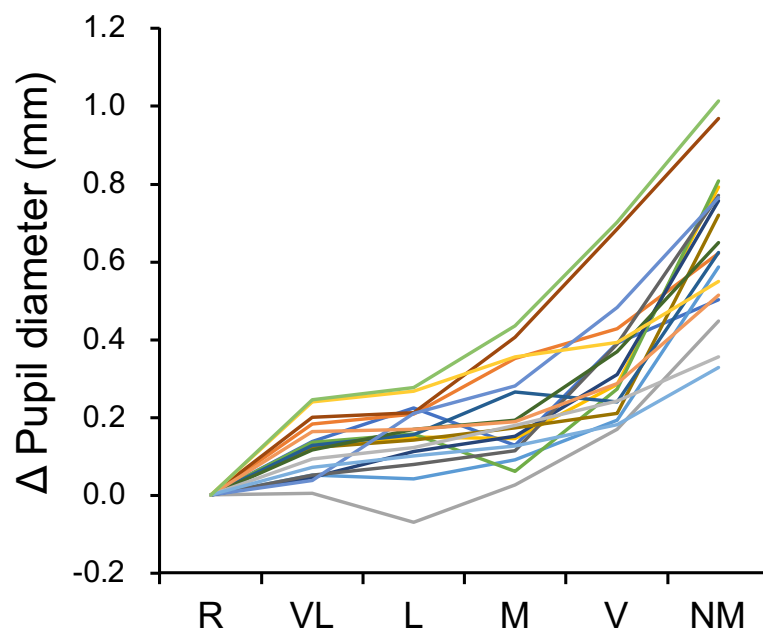


Fig. S1. Individual data for  $\Delta$  pupil diameter. Although it appears as though there are individual differences, there is a threshold-like response (i.e., pupil dilation threshold: PDT) when considered as an average. Further research is needed to better understand these individual differences.

R: rest; VL: very light; L: light; M: moderate; V: vigorous; NM: near maximal/maximal