

S4 Appendix 4

Personal experience of SRRS life events

At the start of this survey you were asked to rate a range of life events by comparing them to marriage. To what extent was your chosen rating based on your own personal experience?

Please slide the scale to indicate as best you can how much your rating was based on your own experience from '***not at all based on my own experience***' (0) to '***completely based on my own experience***' (100).





S4 Appendix 4



S4 Appendix 4

Gaining a new family member (e.g. through birth, adoption, grandparent moving in, etc.)	
Change in residence	
Son or daughter leaving home (e.g. marriage, attending college, etc.)	
Marital separation	
Major change in religious activities (e.g. a lot more or a lot less than usual)	
Marital reconciliation	
Losing your job (made redundant, dismissed, etc.)	
Divorce	
Changing to a different line of work	
Major change in the number of arguments with spouse/life partner (e.g. either a lot more or a lot less than usual regarding child-rearing, personal habits, etc.)	
Major change in responsibilities at work (e.g. promotion, demotion, lateral transfer)	
Spouse/life partner begins or stops working	
Major change in work hours or conditions	
Major change in usual type and/or amount of recreation	
Taking on a mortgage or loan for a major purchase (e.g. purchasing a home, business, etc.)	
Taking on a loan for a lesser purchase (e.g. car, furniture)	
Major personal injury or illness	
Major business readjustment (e.g. merger, reorganization, bankruptcy, etc.)	
Major change in social activities (e.g. clubs, dancing, movies, visiting, etc.)	
Major change in living conditions (e.g. building a new home, remodelling, deteriorating of home or neighbourhood)	
Retirement from work	

S4 Appendix 4

Vacation	
Christmas	
Changing to a new school	
Beginning or ceasing formal schooling	
Single person, living alone	