

Supplemental Materials

Supplemental Table. 1 Comparison of Effects

Variable of Interest	Dependant Variable	Unadjusted Estimate	Adjusted Estimate	Percent Change
Waist-to-Hip Ratio	HDL Levels	-74.92	-49.32	34.17
Waist-to-Hip Ratio	Triglyceride Levels	278.4	249.11	10.52
Waist-to-Hip Ratio	VLDL Cholesterol Levels	55.71	49.39	11.33
Visceral Fat Levels	Triglyceride Levels	3.18	3.75	-17.96
Visceral Fat Levels	VLDL Cholesterol Levels	0.64	0.75	-17.68
Visceral Fat Levels	Cholesterol Levels	1.42	1.34	5.19
Visceral Fat Levels	LDL Levels	1.21	1.22	-1.38
Body Fat Percentage	Cholesterol Levels	0.63	0.78	-24.41
Body Fat Percentage	Triglyceride Levels	1.01	2.13	-109.79
Body Fat Percentage	VLDL Cholesterol Levels	0.2	0.43	-110.07
Body Fat Percentage	LDL Levels	0.41	0.7	-71.36
Visceral Fat Levels	HDL Levels	-0.42	-0.62	-49.58
Body Fat Percentage	HDL Levels	0.02	-0.34	1615.94

Gives values for the associations before and after adjustment with the model and their respective percent changes. Insignificant percent changes are indicated in red.