#### **1** Supplementary Information

- 2 Zang et al.
- 3 FTO-mediated m<sup>6</sup>A demethylation regulates GnRH expression in the hypothalamus
- 4 via the PLC $\beta$ 3/Ca<sup>2+</sup>/CAMK signalling pathway
- 5



#### 6 Supplementary Fig. 1





9 constructed. **a**, **b** VO percentage at 3 weeks (**a**) and 5 weeks (**b**) in NC and CPP

10 female rats. **c** Body weights of female rats in the NC and CPP groups at 2 weeks and 3

11 weeks (n=18). **d**, **e** LH and FSH abundance in serum from 3-week-old female rats as

- 12 determined by ELISA (NC, CPP; n = 10). **f** Ovary size and follicle morphology in
- 13 female rats in the NC (n=3) and CPP (n=5) groups at 3 weeks with H&E staining.
- 14 Bars, 2 mm. g Numbers of mature follicles in the ovaries of NC and CPP female rats

15 at 3 weeks. The bars represent the means  $\pm$  SEMs. \*P < 0.05, \*\*P < 0.01, and \*\*\*P <

- 16 0.001 versus the NC group by Student's t test.
- 17





a, b Proportion of m<sup>6</sup>A peak distribution in the exon, intergenic, intron, 3'UTR or
5'UTR across the entire set of mRNA transcripts between the NC (a) and CPP (b)
female rats.

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Supplementary Fig. 3 A PLC $\beta$ 3 silencing plasmid was successfully constructed. a mRNA expression of *PLC\beta3* in control and PLC $\beta$ 3-knockdown cells as determined by

28	qPCR (n=3). <b>D</b> PLCp3 protein concentration as determined by western blotting (n=3).
29	The bars represent the means $\pm$ SEMs. ** $P < 0.01$ and *** $P < 0.001$ versus the sh-
30	control group by Student's t test.
31	
32	Supplementary Fig. 4
33	



35	Supplementary Fig. 4 Effects of intra-ARC AAV-FTO and AAV-control
36	administration on female rats at 4 weeks and 5 weeks. Three-week-old female rats
37	were microinjected with AAV-FTO or AAV-control in the ARC. a Body weights of
38	female rats receiving AAV transfection beginning at postnatal day 25 (PND25) (n=6).
39	<b>b</b> Pathological assessment of fat by H&E staining in the ARC-infected group at 4 weeks
40	and 5 weeks (n=6). Scale bars, 100 $\mu$ m. <b>c</b> Abundance of PLC $\beta$ 3 (red colour) and DAPI
41	(blue colour) in the ARC as determined by IF (NC, CPP; $n = 3$ ). Scale bars, 200 $\mu$ m. <b>d</b>
42	Mean fluorescence intensity of PLC $\beta$ 3 as calculated by ImageJ software. e, f Kiss1
43	mRNA levels detected by qPCR in the ARC in 4-week (e) or 5-week (f) female rats
44	receiving AAV-control (n = 3) or AAV-FTO (n = 3). AAV-FTO for the FTO-
45	overexpression group, AAV-control for the AAV negative control group. The bars
46	represent the means $\pm$ SEMs. * <i>P</i> < 0.05 and ** <i>P</i> < 0.01 versus the AAV-control group
47	by Student's t test.

# Supplementary Table 1. Sequences of qPCR primers.

Gene	Species	Forward primer (5'-3')	Reverse primer (5'-3')	
qPCR				
primers				
$\beta$ -actin	mouse	AAGATCAAGATCATTGCTCCTCC	GACTCATCGTACTCCTGCTTGC	
FTO	mouse	GAGCAGCCTACAACGTGACT	GAAGCTGGACTCGTCCTCAC	
GnRH	mouse	TGATCCTCAAACTGATGGCCG	CGCAACCCATAGGACCAGTG	
CAM	mouse	GGCTGACCAACTGACTGA	TTACCATCCGCATCTACT	

ΡLCβ3	mouse	CGAGACTCAACGAAGTGCTG	ACCTCCTCCCCATTGCTTAG
$\beta$ -actin	rat	TGCCGCATCCTCTTCCTC	GGTCTTTACGGATGTCAACG
GnRH	rat	CCGCTGTTGTTCTGTTGACTGTG	GGGGTTCTGCCATTTGATCCTC
Kiss1	rat	AGCTGCTGCTTCTCCTCTGT	AGGCTTGCTCTCTGCATACC
FTO	rat	GACACTTGGCTTCCTTACCTG	CTCACCACGTCCCGAAACAA
CAM	rat	CGACTTCCCTGAATTCCTGA	TCTGCTGCACTGATGTAGCC
CAMKII	rat	AAGATGTGCGACCCTGGAATG	TGTAGGCGATGCAGGCTGAC
ALKBH5	rat	CGCGGTCATCAACGACTACC	ATGGGCTTGAACTGGAACTTG
METTL3	rat	CTGGGCACTTGGATTTAAGGAA	TGAGAGGTGGTGTAGCAACTT
METTL14	rat	GAGCTGAGAGTGCGGATAGC	GCAGATGTATCATAGGAAGCCC
FMR1	rat	CAATGGCGCTTTCTACAAGGC	TCTGGTTGCCAGTTGTTTTCA
METTL16	rat	GACAAACCACCTGACTTCGCA	TCTGACTGCTTCGGGGGTCTT
RBM15	rat	CGAGTCCGCTGTGTGAAAC	TCCCCACGAGAACTGGAGTC
RBMX	rat	AGAGACGAATGAGAAAGCCCT	AGTGACAAAAGCGAATCCTCTTG
VIRMA	rat	GGTTCGTTTTCCGTGTGTGG	GCCACTATGGGCTCGTACTC
WTAP	rat	GAACCTCTTCCTAAAAAGGTCCG	TTAACTCATCCCGTGCCATAAC
YTHDC1	rat	GTCCACATTGCCTGTAAATGAGA	GGAAGCACCCAGTGTATAGGA
YTHDC2	rat	GAAGATCGCCGTCAACATCG	GCTCTTTCCGTACTGGTCAAA
YTHDF1	rat	ACAGTTACCCCTCGATGAGTG	GGTAGTGAGATACGGGATGGGA
YTHDF2	rat	GAGCAGAGACCAAAAGGTCAAG	CTGTGGGGCTCAAGTAAGGTTC
YTHDF3	rat	GATCAGCCTATGCCATATCTGAC	CCCCTGGTTGACTAAAAACACC

## MeRIP-qPCR primers

#### peak

#### 50

## 51 Supplementary Table 2 The information of antibodies used in this study.

Antibodies	Source	Identifier	Host	Application
GAPDH	CST	#2118	Rabbit	WB
FTO	ABclonal	A1438	Rabbit	WB
FTO	Abcam	Ab92821	mouse	IF
ΡLCβ3	Santa Cruz	sc-133231	mouse	IF
m6A	SYSY	202003	Rabbit	IF
ΡLCβ3	CST	#14247	Rabbit	WB
CAM	ABclonal	A4885	Rabbit	WB
CAMKII	CST	#4436	Rabbit	WB
p-CAMKII	CST	#12716	Rabbit	WB
HRP Goat Anti-Rabbit	ABclonal	AS014	Goat	WB
IgG (H+L)				
FITC-conjugated donkey	Proteintech	SA00003-9	Donkey	IF
anti-mouse IgG (H+L)				
CoraLite594-conjugated	Proteintech	SA00013-8	Donkey	IF
donkey anti-Rabbit IgG				
(H+L)				

Alexa Fluor 594- CST #8890 Goat IF conjugated goat antimouse IgG(H+L)

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### 53 Supplementary Fig. 5





58 Supplementary Fig. 5 Unedited and uncropped Western blots of all the

