

Supplementary Table S4. Difference in gastro-intestinal quality of life, measured using the Gastro-Intestinal Quality of Life Index (GIQLI) reported by women adhering to the dietary interventions and women part of the control group.

GIQLI score ^{2,*}	Intervention (Low FODMAP ^{1,*} or endometriosis diet) n = 43			Control n = 19		
	Baseline GIQLI score (mean, SD)	Six-month GIQLI score (mean, SD)	P-value	Baseline GIQLI score (mean, SD)	Six-month GIQLI score (mean, SD)	P-value
	127.35 (14.67)	139.03 (11.09)	<0.001	134.29 (14.79)	133.27 (13.82)	0.570
	Low FODMAP diet			Endometriosis diet		
	N = 22			N = 21		
	Baseline GIQLI score (mean, SD)	Six-month GIQLI score (mean, SD)	P-value	Baseline GIQLI score (mean, SD)	Six-month GIQLI score (mean, SD)	P-value
	122.68 (14.36)	136.74 (9.81)	0.001	132.24 (13.66)	141.10 (11.86)	0.029

Differences were calculated between baseline and 6-month follow-up. Differences were calculated using Mann–Whitney U test.

¹ FODMAP: fermentable oligo-, di-, mono-saccharides, and polyols.

² GIQLI: Gastro-Intestinal Quality of Life Index (range 0–144).