

ICMJE DISCLOSURE FORM

Date: October 11, 2023

Your Name: Liana Guarneiri

Manuscript Title: Viscous Fibers from Oats and Barley: Keep Them in Your Cholesterol-Lowering Portfolio

Manuscript number (if known): ATM 23-1816

In the interest of transparency, we ask you to disclose all relationships/activities/interests listed below that are related to the content of your manuscript. "Related" means any relation with for-profit or not-for-profit third parties whose interests may be affected by the content of the manuscript. Disclosure represents a commitment to transparency and does not necessarily indicate a bias. If you are in doubt about whether to list a relationship/activity/interest, it is preferable that you do so.

The following questions apply to the author's relationships/activities/interests as they relate to the current manuscript only.

The author's relationships/activities/interests should be defined broadly. For example, if your manuscript pertains to the epidemiology of hypertension, you should declare all relationships with manufacturers of antihypertensive medication, even if that medication is not mentioned in the manuscript.

In item #1 below, report all support for the work reported in this manuscript without time limit. For all other items, the time frame for disclosure is the past 36 months.

		Name all entities with whom you have this relationship or indicate none (add rows as needed)	Specifications/Comments (e.g., if payments were made to you or to your institution)
Time frame: Since the initial planning of the work			
1	All support for the present manuscript (e.g., funding, provision of study materials, medical writing, article processing charges, etc.) No time limit for this item.	<input checked="" type="checkbox"/> None	
Time frame: past 36 months			
2	Grants or contracts from any entity (if not indicated in item #1 above).	<input checked="" type="checkbox"/> None	
3	Royalties or licenses	<input checked="" type="checkbox"/> None	
4	Consulting fees	<input checked="" type="checkbox"/> None	
5	Payment or honoraria for	<input checked="" type="checkbox"/> None	

	lectures, presentations, speakers bureaus, manuscript writing or educational events		
6	Payment for expert testimony	<input checked="" type="checkbox"/> None	
7	Support for attending meetings and/or travel	<input checked="" type="checkbox"/> None	
8	Patents planned, issued or pending	<input checked="" type="checkbox"/> None	
9	Participation on a Data Safety Monitoring Board or Advisory Board	<input checked="" type="checkbox"/> None	
10	Leadership or fiduciary role in other board, society, committee or advocacy group, paid or unpaid	<input checked="" type="checkbox"/> None	
11	Stock or stock options	<input type="checkbox"/> None	
12	Receipt of equipment, materials, drugs, medical writing, gifts or other services	<input type="checkbox"/> None	
13	Other financial or non-financial interests	employee of Midwest Biomedical Research	

Please summarize the above conflict of interest in the following box:

Dr. Guarneiri is an employee of Midwest Biomedical Research.

Please place an "X" next to the following statement to indicate your agreement:

I certify that I have answered every question and have not altered the wording of any of the questions on this form.

ICMJE DISCLOSURE FORM

Date: October 23, 2023

Your Name: Carol Kirkpatrick

Manuscript Title: Viscous Fibers from Oats and Barley: Keep Them in Your Cholesterol-Lowering Portfolio

Manuscript number (if known): ATM 23-1816

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Time frame: past 36 months			
2	Grants or contracts from any entity (if not indicated in item #1 above).	<input checked="" type="checkbox"/> None	
3	Royalties or licenses	<input checked="" type="checkbox"/> None	
4	Consulting fees	<input checked="" type="checkbox"/> None	
5	Payment or honoraria for lectures, presentations,	National Lipid Association	Foundations of Lipidology lecture; conference presentations; associate editor, Self-Assessment

	speakers bureaus, manuscript writing or educational events		Program – Lifestyle Module
		MJ Life Sciences, Physician Education Resources	Conference presentation – NY CERC
		Academy of Nutrition and Dietetics	Conference presentation honorarium
		Preventive Cardiovascular Nurses Association	Conference presentation honorarium
6	Payment for expert testimony	<input checked="" type="checkbox"/> None	
7	Support for attending meetings and/or travel	National Lipid Association	Travel expenses for conferences when presenting
8	Patents planned, issued or pending	<input checked="" type="checkbox"/> None	
9	Participation on a Data Safety Monitoring Board or Advisory Board	<input checked="" type="checkbox"/> None	
10	Leadership or fiduciary role in other board, society, committee or advocacy group, paid or unpaid	National Lipid Association Board of Directors	Volunteer position
		Academy of Nutrition and Dietetics	Volunteer position
		Idaho State Board of Medicine, Dietetic Licensure Board	Volunteer position
11	Stock or stock options	<input checked="" type="checkbox"/> None	
12	Receipt of equipment, materials, drugs, medical writing, gifts or other services	<input checked="" type="checkbox"/> None	
13	Other financial or non-financial interests	employee of Midwest Biomedical Research	

Please summarize the above conflict of interest in the following box:

Dr. Kirkpatrick is an employee of Midwest Biomedical Research. She has received payment or honoraria from National Lipid Association, MJ Life Sciences, Physician Education Resources, Academy of Nutrition and Dietetics, and Preventive Cardiovascular Nurses Association; travel expenses from National Lipid Association. She is taking volunteer position in National Lipid Association Board of Directors, Academy of Nutrition and Dietetics, Idaho State Board of Medicine, and Dietetic Licensure Board.

Please place an “X” next to the following statement to indicate your agreement:

I certify that I have answered every question and have not altered the wording of any of the questions on this form.

ICMJE DISCLOSURE FORM

Date: October 11, 2023

Your Name: Kevin Maki

Manuscript Title: Viscous Fibers from Oats and Barley: Keep Them in Your Cholesterol-Lowering Portfolio

Manuscript number (if known): ATM 23-1816

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The following questions apply to the author's relationships/activities/interests as they relate to the current manuscript only.

The author's relationships/activities/interests should be defined broadly. For example, if your manuscript pertains to the epidemiology of hypertension, you should declare all relationships with manufacturers of antihypertensive medication, even if that medication is not mentioned in the manuscript.

In item #1 below, report all support for the work reported in this manuscript without time limit. For all other items, the time frame for disclosure is the past 36 months.

		Name all entities with whom you have this relationship or indicate none (add rows as needed)	Specifications/Comments (e.g., if payments were made to you or to your institution)
Time frame: Since the initial planning of the work			
1	All support for the present manuscript (e.g., funding, provision of study materials, medical writing, article processing charges, etc.) No time limit for this item.	__X__ None	
Time frame: past 36 months			
2	Grants or contracts from any entity (if not indicated in item #1 above).	89Bio	Research Grant
		Beren Therapeutics	Research Grant
		Cargill	Research Grant
		General Mills	Research Grant
		Greenyn	Research Grant
		Hass Avocado Board	Research Grant
		Helaina, Inc.	Research Grant
		Indiana University Foundation	Research Grant
		Matinas Biopharma	Research Grant

		National Cattleman's Beef Association/Beef Checkoff	Research Grant
		National Dairy Council	Research Grant
		Naturmega	Research Grant
		NeuroEnergy Ventures	Research Grant
		PepsiCo	Research Grant
		Pharmavite	Research Grant
3	Royalties or licenses	<input checked="" type="checkbox"/> None	
4	Consulting fees	89Bio	Consulting
		Acasti Pharma	Consulting
		Beren Therapeutics	Consulting
		Bragg Live Products	Consulting
		Campbell's	Consulting
		Eli Lilly and Co.	Consulting
		General Mills	Consulting
		Medifast	Consulting
		New Amsterdam Pharmaceuticals	Consulting
		Seed	Consulting
5	Payment or honoraria for lectures, presentations, speakers bureaus, manuscript writing or educational events	National Lipid Association	Masters of Lipidology lecture; conference presentations
6	Payment for expert testimony	<input checked="" type="checkbox"/> None	
7	Support for attending meetings and/or travel	<input checked="" type="checkbox"/> None	
8	Patents planned, issued or pending	<input checked="" type="checkbox"/> None	
9	Participation on a Data Safety Monitoring Board or Advisory Board	89Bio	Advisory Board
		Matinas Biopharma	Advisory Board
		National Dairy Council	Advisory Board
		North Sea Therapeutics	Advisory Board
10	Leadership or fiduciary role in other board, society, committee or advocacy group, paid or unpaid	National Lipid Association	Past-president and Co-Editor-in-Chief of Journal of Clinical Lipidology
11	Stock or stock options	<input checked="" type="checkbox"/> None	
12	Receipt of equipment, materials, drugs, medical	<input checked="" type="checkbox"/> None	

	writing, gifts or other services		
13	Other financial or non-financial interests	employee of Midwest Biomedical Research	

Please summarize the above conflict of interest in the following box:

Dr. Maki is an employee of Midwest Biomedical Research. He has received funding and/or consulting fees in the last 36 months from 89bio, Inc., Acasti Pharma Inc., Beren Therapeutics, Bragg Live Products, Campbell's, Cargill, Eli Lilly and Company, General Mills, Greenyn Biotechnology, Hass Avocado Board, Helaina Inc., Indiana University Foundation, Matinas BioPharma, National Cattlemen's Beef Association, National Dairy Council, Naturmega, NeuroEnergy Ventures, New Amsterdam Pharma, PepsiCo, Pharmavite, and Seed; and payment or honoraria for lectures and presentations from National Lipid Association. He serves as advisory board member in 89Bio, Matinas Biopharma, National Dairy Council and North Sea Therapeutics; and as past-president and co-Editor-in-Chief of

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X I certify that I have answered every question and have not altered the wording of any of the questions on this form.