

**Electronic supplementary material (ESM)**

**TABLES**

Variable	HOMA-IR N=5611				MI N=5611			
	Parameter Estimate	P value	95% Confidence Limits		Parameter Estimate	P value	95% Confidence Limits	
Intercept	-0.498	<.0001	-0.553	-0.443	2.606	<.0001	2.555	2.656
BMIp	0.015	<.0001	0.014	0.016	-0.014	<.0001	-0.015	-0.013
Intercept	-0.389	<.0001	-0.439	-0.340	2.492	<.0001	2.449	2.535
BMIp	0.013	<.0001	0.012	0.014	-0.011	<.0001	-0.012	-0.011
Index60	-0.283	<.0001	-0.299	-0.268	0.294	<.0001	0.281	0.307
Intercept	0.048	0.0012	0.019	0.078	2.112	<.0001	2.085	2.139
Age	0.014	<.0001	0.013	0.015	-0.014	<.0001	-0.015	-0.013
Intercept	0.183	<.0001	0.155	0.211	1.972	<.0001	1.948	1.997
Age	0.005	<.0001	0.003	0.006	-0.004	<.0001	-0.005	-0.003
Index60	-0.283	<.0001	-0.300	-0.267	0.295	<.0001	0.281	0.310

**ESM Table 1. Associations (Not Adjusted and Adjusted) of BMIp or age with HOMA-IR or Matsuda Index adjusted for Index60.**

Variable	HOMA-IR N=5611				MI N=5611			
	Parameter Estimate	P value	95% Confidence Limits		Parameter Estimate	P value	95% Confidence Limits	
Intercept	-0.498	<.0001	-0.553	-0.443	2.606	<.0001	2.555	2.656
BMIp	0.015	<.0001	0.014	0.016	-0.014	<.0001	-0.015	-0.013
Intercept	-0.614	<.0001	-0.664	-0.564	2.706	<.0001	2.660	2.751
BMIp	0.012	<.0001	0.011	0.012	-0.011	<.0001	-0.011	-0.010
IGI	0.274	<.0001	0.259	0.289	-0.262	<.0001	-0.275	-0.248
Intercept	0.048	0.0012	0.019	0.078	2.112	<.0001	2.085	2.139
Age	0.014	<.0001	0.013	0.015	-0.014	<.0001	-0.015	-0.013
Intercept	-0.195	<.0001	-0.225	-0.166	2.337	<.0001	2.310	2.364
Age	0.010	<.0001	0.009	0.011	-0.010	<.0001	0.012	-0.009
IGI	0.284	<.0001	0.269	0.299	-0.268	<.0001	-0.281	-0.255

**ESM Table 2. Associations (Not Adjusted and Adjusted) of BMIp or age with HOMA-IR or Matsuda Index adjusted IGI.** Indentations of rows under Variable heading indicate adjustments of BMIp and Age for IGI.

[Linear regression models for HOMA-IR and MI]

HOMA-IR				Matsuda Index		
<i>Not Staged to 1 (N=2399)</i>						
Parameter	Parameter Estimate	P value	Hazard Ratio	Parameter Estimate	P value	Hazard Ratio
Tertile 2 vs.1	-0.031	0.8359	0.969	0.214	0.1753	1.239
Tertile 3 vs. 1	-0.076	0.6203	0.926	0.229	0.1446	1.258
Tertile 2 vs.1	-0.032	0.8288	0.968	0.196	0.2240	1.217
Tertile 3 vs. 1	-0.028	0.8609	0.972	0.237	0.1482	1.268
IGI (NS)	0.023	0.4543	1.024	0.035	0.3220	1.036
<i>Stage 1 to 2 (N=3139)</i>						
Tertile 2 vs.1	-0.131	0.1156	0.877	-0.288	0.0010	0.749
Tertile 3 vs. 1	0.148	0.0768	1.160	-0.311	0.0002	0.732
Tertile 2 vs.1	-0.064	0.4504	0.938	-0.409	<.0001	0.664
Tertile 3 vs. 1	0.285	0.0011	1.330	-0.497	<.0001	0.608
IGI (St1)	-0.124	<.0001	0.883	-0.151	<.0001	0.859

**ESM Table 3. Prediction of the risk of transitioning from Not Staged to Stage 1 and from Stage 1 to 2 type 1 diabetes by tertiles of HOMA-IR and Matsuda Index after adjustment for IGI.** Indentations of rows under Parameter heading indicate adjustments for Index60.

[Cox regression analysis (NT= Not Staged; St1= Stage); Not Staged (AAb<2 with normoglycemia) to Stage 1 (AAb≥2 with normoglycemia): IGI values at Not Staged used for adjustment; Stage 1 to Stage 2 (AAb≥2 associated with dysglycemia): IGI values at Stage 1 used for adjustment].

HOMA-IR				Matsuda Index		
<i>Not Staged to 1 (N=2399)</i>						
Parameter	Parameter Estimate	P value	Hazard Ratio	Parameter Estimate	P value	Hazard Ratio
Tertile 2 vs.1	-0.031	0.8359	0.969	0.214	0.1753	1.239
Tertile 3 vs. 1	-0.076	0.6203	0.926	0.229	0.1446	1.258
Tertile 2 vs.1	0.013	0.9305	1.013	0.186	0.2423	1.206
Tertile 3 vs. 1	0.015	0.9226	1.015	0.150	0.3498	1.162
Age (NS)	-0.019	0.0002	0.981	-0.018	0.0003	0.981
<i>Stage 1 to 2 (N=3138)</i>						
Tertile 2 vs.1	-0.131	0.1156	0.877	-0.288	0.0010	0.749
Tertile 3 vs. 1	0.148	0.0768	1.160	-0.311	0.0002	0.732
Tertile 2 vs.1	-0.136	0.1066	0.872	-0.276	0.0018	0.759
Tertile 3 vs. 1	0.132	0.1244	1.142	-0.292	0.0008	0.746
Age (St1)	0.001	0.6718	1.001	0.000	0.9813	1.000

**ESM Table 4. Prediction of the risk of transitioning from Not Staged to Stage 1 and from Stage 1 to 2 type 1 diabetes by tertiles of HOMA-IR and Matsuda Index after adjustment for age.** Indentations of rows under Parameter heading indicate adjustments for Age.

[Cox regression analysis (NT= Not Staged; St1= Stage); Not Staged (AAb<2 with normoglycemia) to Stage 1 (AAb≥2 with normoglycemia): age values at Not Staged used for adjustment; Stage 1 to Stage 2 (AAb≥2 associated with dysglycemia): age values at Stage 1 used for adjustment].

Parameter	HOMA-IR N=6114			Parameter	Matsuda Index N=6256		
	Parameter Estimate	P value	Hazard Ratio		Parameter Estimate	P value	Hazard Ratio
Tertile 2 vs.1	0.210	0.0033	1.234	Tertile 2 vs. 1	-0.418	<.0001	0.658
Tertile 3 vs. 1	0.617	<.0001	1.854	Tertile 3 vs. 1	-0.619	<.0001	0.538
IGI (baseline)	-1.466	<.0001	0.231	IGI (baseline)	-1.478	<.0001	0.228
Tertile 2 vs.1	0.354	<.0001	1.425	Tertile 1 vs. 3	-0.534	<.0001	0.586
Tertile 3 vs. 1	0.843	<.0001	2.324	Tertile 2 vs. 3	0.012	<.0001	0.402
Age (baseline)	-1.325	<.0001	0.266	Age (baseline)	-0.028	<.0001	0.256
Age (baseline)	-0.038	<.0001	0.962	Age (baseline)	-0.049	<.0001	0.960

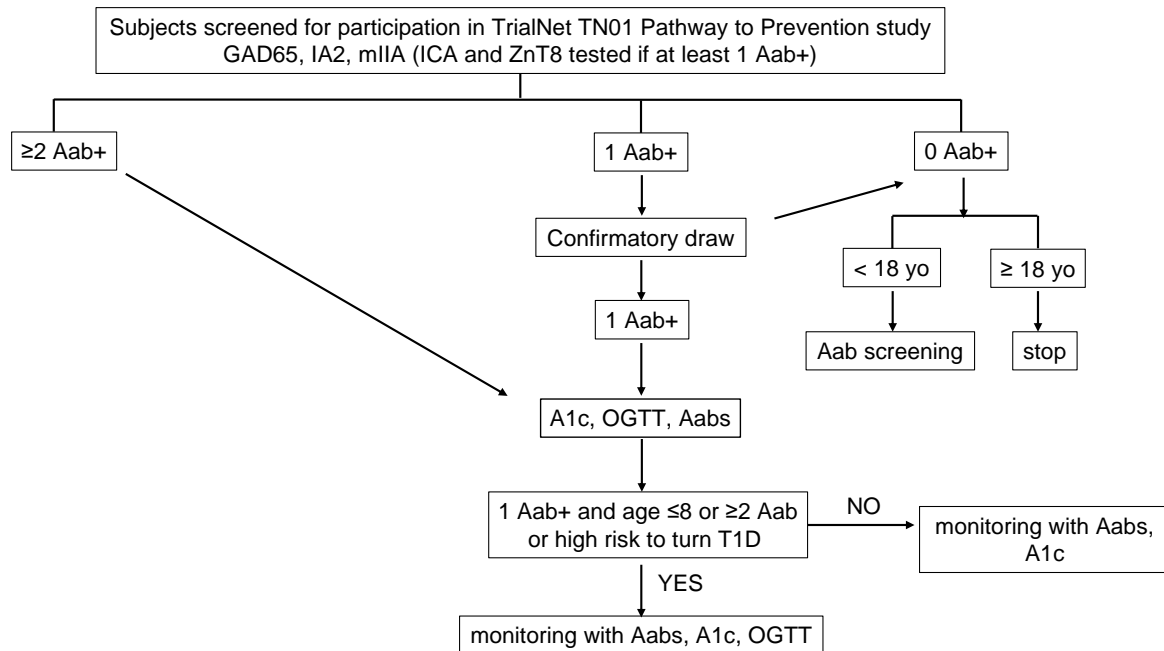
**ESM Table 5. Prediction of the risk of progression to Stage 3 type 1 diabetes by tertiles of HOMA-IR and Matsuda Index after adjustment for IGI and age.**

Indentations of rows under Parameter heading indicate adjustments of for IGI and Age.

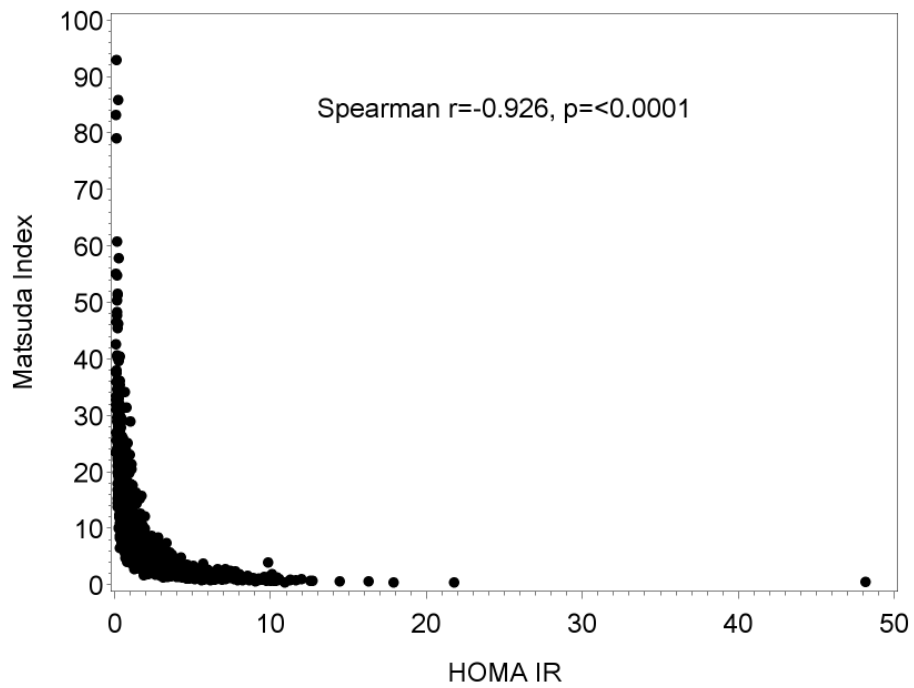
[Cox regression analysis with baseline IGI, or IGI and age, as covariates for adjustment.

Baseline: monitoring visit when the initial OGTT was performed]

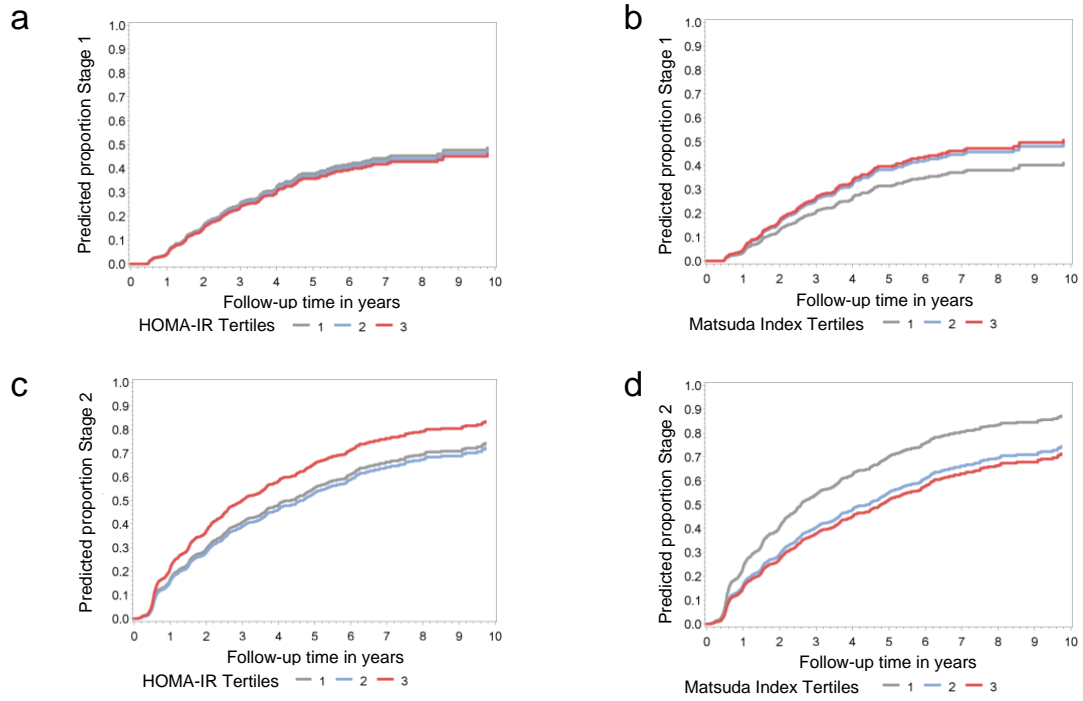
## SUPPLEMENTARY FIGURES



**ESM Figure 1. Study design.** Participants enrolled in the TN01 TrialNet Pathway to Prevention Study were first- and second-degree relatives of patients with type 1 diabetes screened for islet autoantibodies. They were tested for the presence of glutamic acid decarboxylase autoantibodies (GAD65), insulin (microinsulin antibody, mIIA) and insulinoma-associated antigen 2 (IA-2A). If tested positive for at least 1 AAb+, they were tested also for zinc transporter 8 antibody (ZnT8A) and islet cell antibody (ICA). Participants without autoantibodies (0 AAb+) younger than 18 years old were followed for autoantibody screening, whereas participants older than 18 years old were no longer monitored. Participants positive for a single autoantibody (1 AAb+, confirmed twice) or positive for 2 or more autoantibodies ( $\geq 2$  AAb+), were tested for glycated haemoglobin, oral glucose tolerance test and autoantibodies. Participants with 1 AAb+ younger than 8 years old and participants with  $\geq 2$  AAb+ or at high risk to turn diabetic were monitored with autoantibodies, glycated haemoglobin and OGTT.

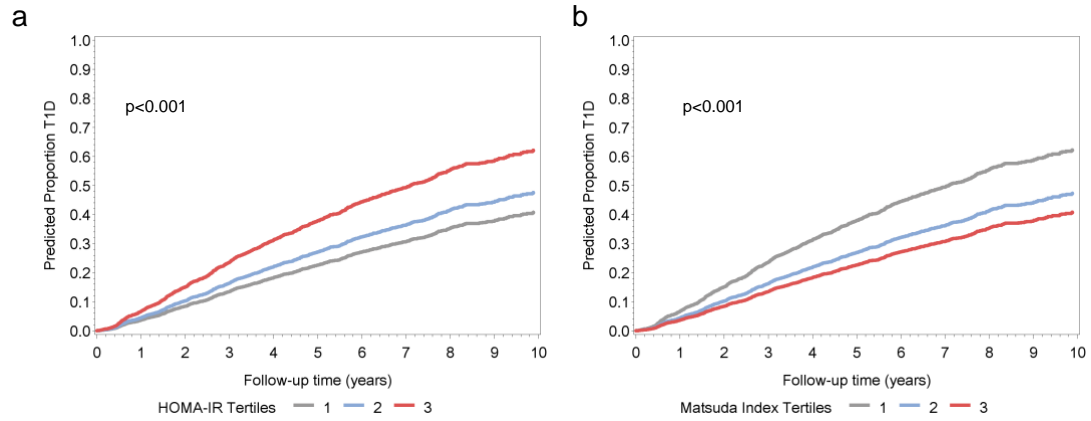


**ESM Fig 2. Correlation between HOMA-IR and Matsuda Index.**  
Curvilinear inverse relationship is evident between HOMA-IR and Matsuda Index.  
Spearman's rank correlation coefficient  $r=-0.926$



**ESM Fig 3.** Predicted survival functions of time from Not Staged to Stage 1 (a-b) and from Stage 1 to Stage 2 by tertiles of HOMA-IR (a-c) and Matsuda Index (b-d) based on a Cox Regression analysis adjusted for IGI. Estimates were determined based on the median values of IGI (ie. 0.76).





**ESM Fig 4.** Predicted survival functions of time to T1D by tertiles of HOMA-IR (a) and Matsuda Index (b) based on a Cox Regression analysis adjusted for IGI. Estimates were determined based on the median values of IGI (i.e. 0.76).