AMSTAR 2: a critical appraisal tool for systematic reviews that include randomised or non-randomised studies of healthcare interventions, or both

For Yes: Population	My sign	Yes Partial Yes No
established prior to the conduct of the review and did the report justify at from the protocol? For Partial Yes: The authors state that they had a written protocol or guide that included ALL the following: review question(s)	M	Yes Partial Yes No
As for partial yes, plus the protocol should be registered and should also have specified: review question(s)	lusion i	Partial Yes No In the review?
□ a search strategy if appropriate, and □ a plan for investigating causes of heterogeneity justification for any deviations from the protocol 3. Did the review authors explain their selection of the study designs for including only RCTs □ OR Explanation for including only NRSI	lusion i	Partial Yes No In the review?
For Yes, the review should satisfy ONE of the following: Explanation for including only RCTs OR Explanation for including only NRSI		
 □ Explanation for including only RCTs □ OR Explanation for including only NRSI 	✓	
4. Did the review authors use a comprehensive literature search strategy? For Partial Yes (all the following): For Yes, should also have (all the following):		Yes No
□ searched at least 2 databases (relevant to research question) □ provided key word and/or search strategy □ justified publication restrictions (e.g. language) □ grey literature □ conducted search within 24 months of completion of the review □ searched the reference lists / bibliographies of included studies searched trial/study registries included/consulted content experts in the field □ where relevant, searched for grey literature □ conducted search within 24 months of completion of the	V	Yes Partial Yes No
5. Did the review authors perform study selection in duplicate?		
For Yes, either ONE of the following: at least two reviewers independently agreed on selection of eligible studies and achieved consensus on which studies to include OR two reviewers selected a sample of eligible studies and achieved good agreement (at least 80 percent), with the remainder selected by one reviewer.		Yes No

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6. Did the review authors perfor	m data extraction in duplicate?	
included studies ☐ OR two reviewers extracted dat	consensus on which data to extract from a from a sample of eligible studies and ast 80 percent), with the remainder	⊻ Yes □ No
7. Did the review authors provid	e a list of excluded studies and justify the ex	xclusions?
For Partial Yes:	For Yes, must also have:	
 provided a list of all potentially 	☐ Justified the exclusion from	✓ Yes
relevant studies that were read	the review of each potentially	☐ Partial Yes
in full-text form but excluded from the review	relevant study	□ No
8. Did the review authors descri	be the included studies in adequate detail?	
For Partial Yes (ALL the following):	For Yes, should also have ALL the following:	
 described populations 	 described population in detail 	✓ Yes
described interventions	☐ described intervention in	☐ Partial Yes
☐ described comparators	detail (including doses where relevant)	\square No
☐ described outcomes	described comparator in detail	
☐ described research designs	(including doses where	
	relevant)	
	☐ described study's setting	
	☐ timeframe for follow-up	
9. Did the review authors use a sindividual studies that were in	atisfactory technique for assessing the risk occluded in the review?	of bias (RoB) in
RCTs For Partial Yes, must have assessed RoB from	For Yes, must also have assessed RoB from:	
unconcealed allocation, and	□ allocation sequence that was	✓ Yes
☐ lack of blinding of patients and	not truly random, and	☐ Partial Yes
assessors when assessing	selection of the reported result	□ No
outcomes (unnecessary for objective outcomes such as all-	from among multiple measurements or analyses of a	☐ Includes only NRSI
cause mortality)	specified outcome	TVIOI
NRSI	·	
For Partial Yes, must have assessed	For Yes, must also have assessed RoB:	
RoB:	methods used to ascertain	□ Yes
from confounding, and	exposures and outcomes, <i>and</i>	☐ Partial Yes
\Box from selection bias	selection of the reported result from among multiple	□ No□ Includes only
	measurements or analyses of a specified outcome	RCTs
10. Did the review authors report	on the sources of funding for the studies in	cluded in the review?
For Yes		
	arces of funding for individual studies included	
	g that the reviewers looked for this information	n 🗆 No
but it was not reported by stud	ry audiors arso quarifies	

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11. If meta-analysis was performed did the review authors use appropriat combination of results?	e meth	ods for statistical
RCTs For Yes:		
☐ The authors justified combining the data in a meta-analysis	✓	Yes
AND they used an appropriate weighted technique to combine		No
study results and adjusted for heterogeneity if present.		No meta-analysis
☐ AND investigated the causes of any heterogeneity		conducted
For NRSI		
For Yes:		
☐ The authors justified combining the data in a meta-analysis		Yes
☐ AND they used an appropriate weighted technique to combine study results, adjusting for heterogeneity if present		No meta-analysis
☐ AND they statistically combined effect estimates from NRSI that were adjusted for confounding, rather than combining raw data, or justified combining raw data when adjusted effect estimates were not available		conducted
☐ AND they reported separate summary estimates for RCTs and NRSI separately when both were included in the review		
12. If meta-analysis was performed, did the review authors assess the pote individual studies on the results of the meta-analysis or other evidence		
For Yes:		
☐ included only low risk of bias RCTs	_	✓ Yes
□ OR, if the pooled estimate was based on RCTs and/or NRSI at variable	_	□ No
RoB, the authors performed analyses to investigate possible impact of RoB on summary estimates of effect.	L	☐ No meta-analysis conducted
13. Did the review authors account for RoB in individual studies when int results of the review?	erpreti	ing/ discussing the
For Yes:		
□ included only low risk of bias RCTs	\	Z Yes
□ OR, if RCTs with moderate or high RoB, or NRSI were included the review provided a discussion of the likely impact of RoB on the results	L	□ No
14. Did the review authors provide a satisfactory explanation for, and discheterogeneity observed in the results of the review?	cussion	of, any
For Yes:		
☐ There was no significant heterogeneity in the results	c	₹ Vaa
OR if heterogeneity was present the authors performed an investigation of sources of any heterogeneity in the results and discussed the impact of this	1	Z Yes □ No
on the results of the review	L	
15. If they performed quantitative synthesis did the review authors carry of investigation of publication bias (small study bias) and discuss its likely the review?		
For Yes:		
performed graphical or statistical tests for publication bias and discussed		✓ Yes
the likelihood and magnitude of impact of publication bias		□ No
		No meta-analysis conducted

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16. Did the review authors report any potential sources of conflict of interest, including any funding they received for conducting the review?				
For Yes	S:			
	The authors reported no competing interests OR	\checkmark	Yes	
	The authors described their funding sources and how they managed		No	
	potential conflicts of interest			

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