

Data Sharing Statement

Furukawa. Components and Delivery Formats of Cognitive Behavioral Therapy for Chronic Insomnia in Adults. *JAMA Psychiatry*. Published January 17, 2024.

doi:10.1001/jamapsychiatry.2023.5060

Data

Data available: Yes

Data types: Other (please specify)

Additional Information: Extracted data and code

How to access data: Codes for all analyses are available in a repository on GitHub (URL).

When available: With publication

Supporting Documents

Document types: Statistical/analytic code

How to access documents: Codes for all analyses are available in a repository on GitHub (URL).

When available: With publication

Additional Information

Who can access the data: Anyone requesting the data and code on reasonable request

Types of analyses: Any purpose

Mechanisms of data availability: After approval of a proposal