

Supplemental Table 1 Differences and similarities for 4-week group and 8-week group

	4-week group	8-week group
Course	4 weeks	8 weeks
Session	12 sessions	24 sessions
Frequency	3 times per week	3 times per week
Duration	30 minutes each	30 minutes each
Acupoint	5 essential acupoints and 3 adjunct acupoints	5 essential acupoints and 3 adjunct acupoints
EA stimulation	a dilatation wave of 2/100 Hz	a dilatation wave of 2/100 Hz