Supplementary File B: Interview guide

Interview guide 1) patient participants:

Focused on Client Change Interview Schedule

Subject	Main question	Sub-questions	Purpose
Opening	Hello, how nice that we can interview you for the research you participated in.	 a) I'm going to turn on the recorder and then, as far as I'm concerned, we can start the interview. b) I am very curious about your experiences with art therapy. It's not a test; So it doesn't matter if you don't know something for a while. Try to answer as honestly as possible. Are you ready? 	Open call/ start recording/ reassure participant
General view	How did you experience the art therapy in general?	 a) How did you find the structure (per phase) (making an inventory, coming to a choice of memories?) b) How did you feel about working out your memories in images? (both positive and negative) c) Phase 3: How did you come to a conclusion? 	Painting a general picture
Visual work	How did you go about the sessions?	 a) Can you describe what you did during the therapy? (possibly: artworks included) b) What materials did you use to do this? c) Which assignments did you find particularly helpful/which did you find less so? 	Learning how the participant works visually
Changes	What changes have you noticed in your symptoms since you started art therapy?	 a) Has anything improved since you started? b) Has anything deteriorated since you started? c) Has something NOT changed that you expected? d) Would these changes have happened even if you hadn't had the therapy? 	Mapping changes in complaints
Cause changes	What do you think have caused these changes?	a) What helped during the sessions? Think of materials, instructions or the attitude of your therapist?b) Zoom in on answer	Attribution mapping
Improvements	Are there things you would like to change about art therapy as it has been offered?	a) Are there things you found too difficult or too easy?b) Are there things you missed in the sessions?	Mapping suggestions

		c)	What is the quality of these ten sessions?	
The research	What was it like for you to participate in the study?	a)	How did you feel about completing the questionnaires on a weekly basis?	Mapping participation in research
Fence	Are there any things we missed in this interview?	a) b) c)	Do you have any questions/comments? We would like to thank you very much for your participation! We hope that the therapy has brought you a little further. After this interview has been transcribed, the recording will be destroyed. Processing the outcome of the research takes a long time; Reporting results?	Exiting/ catching missed comments

Interviewguide 2) Art Therapist participants:

Subject	Main question	Sub-questions	Purpose
Opening	Hello, how nice that we can also interview you for the research.	 a) I'm going to turn on the recorder and then, as far as I'm concerned, we can start the interview. 	Open Call / Start Recording
Patient journey	How did the patient end up with you?	 a) Was that done through a referral? b) Who made the referral? c) Do you know what care the patient has received so far? 	
General view	How did you experience art therapy in general?	 d) How did you find working with this protocol? e) What can the protocol contribute to the overall treatment of PTSD? f) Would you use the protocol more often? 	Painting a general picture
Visual work	How did you go about the sessions?	 a) What kind of therapeutic attitude have you adopted? 	Mapping out the way of giving therapy
Changes	What changes in symptoms have you noticed in the patient since you started art therapy?	 a) Has anything improved since you started? b) Has anything deteriorated since you started? 	Mapping changes in complaints
Cause changes	What do you think have caused these changes?	 What helped during the sessions? Think of materials, instructions or your own attitude? 	Attribution mapping

Protocol Improvements	Are there things you would change about the treatment you received?	a) b) c)	Are there things that didn't fit in well with practice? Are there things that have been missed in this protocol? Are there things that could be improved in the communication about the research?	Mapping suggestions
Fence	Are there any things we missed in this interview?	a) b) c)	Do you have any questions/comments? Would you like to be informed of the outcome of the investigation? We would like to thank you very much for your participation!	Exiting/ catching missed comments

Appendix: Questions main practitioner (from 'Fill-in file Therapists')

Pay attention to anonymity!

- 1. Do you think that the 'trauma-focused art therapy' protocol has been effective for the patient?
- 2. Do you see a change in the patient and if so, in what way? (this can be a positive or negative change)
- 3. Do you have any additional comments?