

Supplementary Table 2: The main characteristics of included studies.

Study	Year	Country	Type of Study	Article Type	NOS Score (0-9)	Jadad Score (0-7)	MINORS Score (0-24)
Virasoro, Ramon et al.	2022	USA, Dominican Republic, Panama	Single-arm Clinical Trial	Journal article	/	/	10
Elliott, S. P. et al.	2022	USA, Canada	RCT	Journal article	/	5	/
Beeder, L. A. et al.	2022	USA	Retrospective Case Study	Journal article	3	/	/
Alibekov, M. M. et al.	2021	Russia	Retrospective Case Study	Journal article	2	/	/
Yi, Y. A. et al.	2020	USA	Retrospective Case Study	Journal article	3	/	/
Kumano, Y. et al.	2019	Japan	Case Control Study	Journal article	5	/	/
Zhou, Y. et al.	2016	China	Retrospective Case Study	Journal article	2	/	/
Yu, S. C. et al.	2016	China	Case Control Study	Journal article	6	/	/
Chhabra, J. S. et al.	2016	India	Retrospective Case Study	Journal article	3	/	/
Ishii, Gen et al.	2015	Japan	Retrospective Case Study	Journal article	3	/	/
Mao, D. et al.	2014	China	Retrospective Case Study	Journal article	2	/	/
Vyas, J. B. et al.	2013	India	Retrospective Case Study	Journal article	3	/	/
Alguersuari, A. et al.	2012	Spain	Retrospective Case Study	Conference abstract	2	/	/
MacDiarmid, S. A. et al.	2000	USA	Retrospective Case Study	Journal article	2	/	/
Mohammed, S. H. et al.	1988	Denmark	Single-arm Clinical Trial	Journal article	/	/	6

NOS, Newcastle Ottawa Scale; MINORS, Methodological Index for Non-randomized Studies.