Supplement 2 – COREQ 32 checklist

Personal Characteristics 1. Interviewer/facilitator conducted the interview or focus group? 2. Credentials What were the researcher's credentials 3. Occupation What was their occupation at the time of the study? 4. Gender Was the researcher male or female 5. Experience and training training with participants 6. Relationship established established winterviewer wholedge of the interviewer wholedge of the interviewer characteristics were reported about the interviewer/s reasons, and interests in the research sin the research training, reasons, and interests in the research topic of fatigue and to find possible	No	Item	Guide	Response			
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Domain 2: study design	8.		were reported about the interviewer/facilitato r? e.g., bias, assumptions, reasons, and interests	researchers' preferred research areas. They were informed that the study was designed by the research team to gain a better understanding of fatigue and to find possible therapeutic ways to improve fatigue			
	Dom	ain 2: study design	ı	, ,			

	orientation and	orientation was	on the approach of focused		
	Theory	stated to underpin	analysis for qualitative interviews,		
		the study? e.g.,	as described by Rädiker & Kuckartz		
		grounded theory,	(2020). (p.10)		
		discourse analysis,			
		ethnography,			
		phenomenology,			
		content analysis			
Partic	cipant selection	,			
10.	Sampling	How were	Face-to-face (p.8)		
		participants			
		selected? e.g., face-			
		to-face, telephone,			
		mail, email			
11.	Method of approach	How were	Face-to-face (p.8)		
		participants	·		
		approached? e.g.,			
		face-to-face,			
		telephone, mail,			
		email			
12.	Sample size	How many	12 (p.8)		
		participants were in			
		the study?			
13.	Non-participation	How many people	Zero (p.8)		
		1	. ,		
		Reasons?			
Settin	ng				
14.	Setting of data	Where was the data	Office in a rehab clinic. (p.10)		
	collection	collected? e.g.,			
		home, clinic,			
		workplace			
15.	Presence of non-	Was anyone else	No		
	participants	present besides the			
		1 *			
		researchers?			
16.	Description of sample	What are the	Important characteristics are sex.		
			•		
			(p.22)		
Data collection					
17.		Were questions,	A guide was provided by the		
		· ·			
		provided by the	·		
14. 15. 16.	Setting of data collection Presence of non-participants Description of sample	Where was the data collected? e.g., home, clinic, workplace Was anyone else present besides the participants and researchers? What are the important characteristics of the sample? e.g. demographic data, date Were questions, prompts, guides			

		authors? Was it pilot tested?	two persons with multiple sclerosis prior to the start of the study. (p.9)	
18.	Repeat interviews	Were repeat interviews carried out? If yes, how many?	No repeat interviews were carried out.	
19.	Audio/visual recording	Did the research use audio or visual recording to collect the data?	We used audio recordings. (p.10)	
20.	Duration	What was the duration of the interviews or focus group?	Interviews had a median length of 11:55min, median length per group was 15:42min for MAT and 09:31min for SET. (p.12)	
22.	Data saturation	Was data saturation discussed?	Data saturation was discussed briefly in the limitations section. (p.26)	
23.	Transcripts returned	Were transcripts returned to participants for comment and/or correction	No (p.26)	
Doma	ain 3: analysis and findin	gs		
	analysis			
24.	Number of data coders	How many data coders coded the data?	FW coded all interviews, while one Interview was coded together by FW and JN. (p.10)	
25.	Description of the coding tree	Did authors provide a description of the coding tree?	The coding tree is provided in table 1. (p.13)	
26.	Derivation of themes	Were themes identified in advance or derived from the data?	Initial codes were derived in advance from the interview guide. These were then adapted and expanded by data derived from the interviews. (p.10-11)	
27.	Software	What software, if applicable, was used to manage the data?	MAXQDA2022 (p.10)	
28.	Participant checking	Did participants provide feedback on the findings?	No (p.26)	
Reporting				
29.	Quotations presented	Were participant quotations presented to illustrate the themes/findings?	Yes (Results section)	

		Was each quotation	
		identified? e.g.,	
		participant number	
30.	Data and findings	Was there	Yes
	consistent	consistency between	
		the data presented	
		and the findings?	
31.	Clarity of major	Were major themes	Yes
	themes	clearly presented in	
		the findings?	
32.	Clarity of minor	Is there a description	Yes
	themes	of diverse cases or	
		discussion of minor	
		themes?	