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Supplemental information

Time-resolved map of serum metabolome

profiling in D-galactose-induced aging rats

with exercise intervention

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SUPPLEMENTAL INFORMATION



Figure S1 The body weight of rats and the level of malondialdehyde (MDA) and superoxide dismutase (SOD) in serum of rats. Related to Figure 1.

(A) and (B) The body weight of rats during D-gal injection and exercise, respectively (n > 12, Data was represented as mean \pm standard error and was analyzed by one-way ANOVA analysis of Graphpad Prism 9. * *P* < 0.05 and ** *P* < 0.01 indicate significant difference compared with C group, respectively).

(C)and (D) The level of MDA and SOD in serum of rats before and after exercise. (n = 5, Data was represented as mean \pm standard deviation was analyzed by one-way ANOVA analysis of Graphpad Prism 9. * *P* < 0.05 and ** *P* < 0.01 indicate significant difference compared with C group, respectively; ## *P* < 0.01 and # *P* < 0.05 indicate significant difference compared with A group).



Figure S2 The quality control of data. Related to Figure 2.

(A) and (D) The total ion chromatography (TIC) overlap diagram of quality control (QC) sample.

(B) and (E) The principal-component analysis (PCA) of QC sample.

(C) and (F) The coefficient of variation (CV) distribution map. ((A), (B) and (C) were in positive ion mode; (D), (E) and (F) were in negative ion mode).

The QC were the same samples, which TIC overlap diagram can be used to determine the state of the instrument. The higher degree of the overlap indicates that the instrument is more stable. The higher aggregation of QC samples means that the instrument is more stable and the quality of data is better. CV value reflects the stability of the eigenvalue. The smaller CV value indicates that the eigenvalue is more stable.



Figure S3 Clusters of changes in positive metabolite with time. Related to Figure 3.

- (A) The clusters of metabolites in Group C.
- (B) The clusters of metabolites in Group A.

(C) The clusters of metabolites in Group AE. The vertical coordinate is the value of the metabolite after scale treatment and the horizontal coordinate is time (days).



Figure S4 Clusters of changes in negative metabolite with time. Related to Figure 4.

(A) The clusters of metabolites in Group C.

(B) The clusters of metabolites in Group A.

(C) The clusters of metabolites in Group AE. The vertical coordinate is the value of the metabolite after scale treatment and the horizontal coordinate is time (days).



Figure S5 Patterns analysis. Related to Figure 5.

(A) The 16 clusters of positive metabolite were clustered into 4 patterns.

(B) The 13 clusters of negative metabolite were clustered into 5 patterns.



Figure S6 The classification of patterns. Related to Figure 6.

Model1 up indicates that the variable is a first-order function and the coefficient is positive. Model2 up indicates that the variable is a second-order function and the coefficient of the quadratic term is positive. In the same way, model1 down indicates that the coefficient of the first-order function is negative. Model2 down indicates that the coefficient of the quadratic term in the second-order function is negative.



Figure S7 Bubble plot of metabolic pathway analysis with metabolites related to aging obtained via Kyoto Encyclopedia of Genes and Genomes (KEGG) analysis. Related to Figure 6.

Table S1 Statistics of changes in core metabolites between different groups Related								
to Figure 5.								
	Comparison	Change	The number of metabolites					
POS	C to A	Changed pattern	6					
		Invariable pattern, score up	26					
		Invariable pattern, score down	32					
	A to AE	Changed pattern	10					
		Invariable pattern, score up	12					
		Invariable pattern, score down	25					
NEG	C to A	Changed pattern	7					
		Invariable pattern, score up	10					
		Invariable pattern, score down	8					
	A to AE	Changed pattern	14					
		Invariable pattern, score down	10					

Table S2 Statistics of metabolites changed significantly over time in each group							
with the four types of models (including positive and negative ions). Related to							
Figure 6.							
Model	Group C	Group A	Group AE				

Model1 up	21	15	25
Model1 down	19	26	22
Model2 up	82	110	77
Model2 down	68	46	63

Table S3 The list of 31 selected metabolites. Related to Figure 6.						
ID	Group C	Group A	Group AE			
Arg-Glu	model2_down	model1_up	model2_down			
3-Methylhistamine	model2_down		model2_down			
4-Pyridoxic acid	model2_up		mode1_up			
Asn-Gln-Arg	model1_down		model1_down			
Indole-3-pyruvic acid	model2_down		model2_down			
Indoleacrylic acid	model2_down		model2_down			
L-Cystine	model2_up		mode2_up			
Cysteine-S-sulfate	model2_down		model2_down			
1,2-Benzenedicarboxylic acid		model2_down				
Diaminopimelic acid		model1_down				
Ephedrine		model2_up				
Formylanthranilic acid		model2_up				
Glyceric acid		model1_down				
Pyridoxal		model2_up				
1,2-Di-(9Z-octadecenoyl)-sn-glycero-		model2 up				
3-phosphocholine		modelz_dp				
5-Hydroxyindoleacetate		model2_down				
L-Tryptophan		model2_down				
Nicotinate		model1_down				
Pro-Lys-Arg		model2_up				
Allantoin	model2_down	model1_down	model2_down			
1-Stearoyl-sn-glycerol 3- phosphocholine	model1_up		mode1_up			
Arachidonic Acid (peroxide free)	model2_up		model2_up			
Bilirubin	model2_up		model2_up			
cis-Aconitate	model2_up		model2_u			
Thymine	model2_down		model1_down			
Phenylpyruvate	model2_up		model2_up			
D-Ornithine		model2_up				
DL-Serine		model2_up				
Glycine		model2_up				
L-Arginine		model2_up				
cis-9-Palmitoleic acid		model1_down				