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Old tools, new applications: use of environmental bacteriophages for typhoid surveillance and evaluating vaccine impact

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Abstract:	<p>Typhoid-conjugate vaccines (TCVs) provide an opportunity to reduce the burden of typhoid fever, caused by Salmonella Typhi, in endemic areas. As policymakers design vaccination strategies, accurate and high-resolution data on disease burden is crucial. However, traditional blood culture-based surveillance is resource-extensive, prohibiting its large-scale and sustainable implementation. Salmonella Typhi is a water-borne pathogen, and here, we tested the potential of Typhi-specific bacteriophage surveillance in surface water bodies as a low-cost tool to identify where Salmonella Typhi circulates in the environment. In 2021, water samples were collected and tested for the presence of Salmonella Typhi bacteriophages at two sites in Bangladesh: urban capital city, Dhaka, and a rural district, Mirzapur. Salmonella Typhi-specific bacteriophages were detected in 66 of 211 (31%) environmental samples in Dhaka, in comparison to 3 of 92 (3%) environmental samples from Mirzapur. In the same year, 4,620 blood cultures at the two largest pediatric hospitals of Dhaka yielded 215 (5%) culture-confirmed typhoid cases, and 3,788 blood cultures in the largest hospital of Mirzapur yielded 2 (0.05%) cases. 75% (52/69) of positive phage samples were collected from sewage. All isolated phages were tested against a panel of isolates from different Salmonella Typhi genotypes circulating in Bangladesh and were found to exhibit a diverse killing spectrum, indicating diverse bacteriophages were isolated. These results suggest an association between the presence of Typhi-specific phages in the environment and the burden of typhoid fever, and the potential of utilizing environmental phage surveillance as a low-cost tool to assist policy decisions on typhoid control.</p>
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1 **Old tools, new applications: use of environmental bacteriophages for typhoid surveillance**
2 **and evaluating vaccine impact**

3

4 Short title: Detection of environmental bacteriophages for typhoid fever surveillance

5

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21 **ABSTRACT**

22 Typhoid-conjugate vaccines (TCVs) provide an opportunity to reduce the burden of typhoid
23 fever, caused by *Salmonella* Typhi, in endemic areas. As policymakers design vaccination
24 strategies, accurate and high-resolution data on disease burden is crucial. However, traditional
25 blood culture-based surveillance is resource-extensive, prohibiting its large-scale and
26 sustainable implementation. *Salmonella* Typhi is a water-borne pathogen, and here, we tested
27 the potential of Typhi-specific bacteriophage surveillance in surface water bodies as a low-cost
28 tool to identify where *Salmonella* Typhi circulates in the environment. In 2021, water samples
29 were collected and tested for the presence of *Salmonella* Typhi bacteriophages at two sites in
30 Bangladesh: urban capital city, Dhaka, and a rural district, Mirzapur. *Salmonella* Typhi-specific
31 bacteriophages were detected in 66 of 211 (31%) environmental samples in Dhaka, in
32 comparison to 3 of 92 (3%) environmental samples from Mirzapur. In the same year, 4,620
33 blood cultures at the two largest pediatric hospitals of Dhaka yielded 215 (5%) culture-
34 confirmed typhoid cases, and 3,788 blood cultures in the largest hospital of Mirzapur yielded 2
35 (0.05%) cases. 75% (52/69) of positive phage samples were collected from sewage. All isolated
36 phages were tested against a panel of isolates from different *Salmonella* Typhi genotypes
37 circulating in Bangladesh and were found to exhibit a diverse killing spectrum, indicating
38 diverse bacteriophages were isolated. These results suggest an association between the
39 presence of Typhi-specific phages in the environment and the burden of typhoid fever, and the
40 potential of utilizing environmental phage surveillance as a low-cost tool to assist policy
41 decisions on typhoid control.

42

43 **Author summary**

44 The WHO prequalified two typhoid conjugate vaccines for use to reduce the burden of typhoid
45 fever. As policymakers design vaccination strategies, accurate, high-resolution estimates of
46 typhoid burden are crucial for efficient use of the vaccines. Typhoid burden can vary widely; for
47 example, in Bangladesh, burden is high in the urban capital city Dhaka, but is 10-fold lower in
48 the rural site, Mirzapur. Optimal local data rely on traditional blood-culture-based surveillance,
49 which is expensive and often unavailable. With the knowledge that *Salmonella* Typhi, cause of
50 typhoid fever, is a water-borne pathogen, we tested an environmental surveillance tool that
51 detects bacteriophages (viruses) against *Salmonella* Typhi in environmental water bodies using
52 simple assays. Testing of 303 water samples from Dhaka and Mirzapur showed a 10-fold lower
53 abundance of bacteriophages in Mirzapur, depicting a correlation with typhoid burden in the
54 community. This low-cost surveillance can be employed in different regions to generate rapid
55 data on typhoid burden for evidence-based introduction of vaccines and tracking their impact
56 upon rollout.


57 **INTRODUCTION**

58 Typhoid fever is a systemic infection caused by the water-borne pathogen *Salmonella enterica*
59 serovar Typhi. This pathogen is common in many low- and middle-income countries (LMICs)
60 causing an estimated 135 000 deaths and 14 million infections globally [1]. The World Health
61 Organization (WHO) recommended the use of typhoid conjugate vaccines in settings with high
62 burden of typhoid fever [2,3]. Countries have begun implementing these suggestions, and
63 several countries have performed large-scale clinical trials to demonstrate that these vaccines
64 exhibit 80-85% efficacy in preventing infections [4–6]. Typhoid-conjugate vaccines are currently
65 being utilize to tackle an extensively-drug resistant (XDR) *Salmonella* Typhi outbreak in
66 Hyderabad, Pakistan, where vaccine effectiveness has been demonstrated to be high [7].



67
68 Decisions are currently being made to roll out typhoid-conjugate vaccines in other endemic
69 countries, however, accurate and high-resolution spatial data regarding the burden of typhoid
70 is required for optimal use of the available vaccines. The current estimates of burden of typhoid
71 fever in countries have primarily come from modelling studies based on limited surveillance
72 data and do not provide the geographical and temporal resolution within local communities
73 and countries to design effective preventive and treatment measures. The paucity of the data is
74 in large part because traditional blood culture surveillance is resource extensive, requires
75 clinical laboratory infrastructure and trained health and research professionals. Consequently,
76 very few LMICs routinely conduct these studies and a few that do, tend to focus on high-risk
77 urban settings, and are not able to sustain these studies as a regular part of health
78 infrastructure. This has led to search for low-cost and sustainable methods to supplement

79 traditional clinical surveillance systems [8,9]. To this end, environmental surveillance strategies
80 that can identify *Salmonella* Typhi in different water supply have been proposed. In recent
81 years, environmental wastewater surveillance has been used for early detection and
82 monitoring the spread of SARS-CoV-2 [10,11] and poliovirus [12] among others.

83
84 Previous studies have shown that high detectable levels of *Salmonella* Typhi in the water supply
85 overlaps with areas of disease burden, suggesting sampling water could be utilized as a
86 preliminary surveillance proxy [8,13]. While it has not been possible to reproducibly culture
87 *Salmonella* Typhi directly from environmental water, quantitative polymerase chain reaction
88 (qPCR) has been proposed to detect *Salmonella* Typhi DNA [9,14]. However, qPCR-based
89 methods cannot be replicated in most settings with typhoid burden, due to the lack of
90 infrastructure (machines, molecular techniques etc.) and the high associated cost. To address

91 this gap, we investigated if the presence of bacteriophages in the environmental water samples
92 could be used as a proxy to estimate the prevalence of *Salmonella* Typhi in water bodies. 

93
94 Bacteriophages (or phages) are viruses that infect bacteria and bacterial abundance, phenotypic

95 characteristics, and long-term evolutionary trajectory.  Bacteriophages are very specific to their
96 host bacterial species and often able to discriminate between different sub-populations based
97 on minor genetic differences in host receptor and surface epitopes [15]. Bacteriophages against
98 *Salmonella* Typhi (Typhi phages) were first reported in the 1940's [16]. Typhi phages were
99 extensively used for bacterial typing in the 1940s-80s before the advent of molecular diagnostic
100 methods such as PCR and genomic sequencing [17].  However, little has been in done in the last

101 50 years and there is a lack of contemporary literature regarding Typhi phages from typhoid-
102 endemic countries. This motivated us to initiate a pilot study to determine the feasibility of
103 detecting *Salmonella* Typhi-specific phages in water bodies and typhoid burden at two
104 geographic regions: Dhaka, a city of 9 million people with a high typhoid burden and Mirzapur,
105 a rural district with 340,000 people that has low typhoid burden. Overall, our work provides a
106 pilot study for testing if the prevalence of phages correlates with local typhoid burden.

107

108 **METHODS**

109 Data from clinical surveillance and ethical considerations

110 The clinical laboratories of Bangladesh Shishu Hospital and Institute [BSHI], Shishu Shasthya
111 Foundation Hospital, [SSFH]) and Kumudini Women Medical College and Hospital [KMWCH] are
112 part of the laboratory network of Child Health Research Foundation CHRF, where all data are
113 stored electronically. These laboratories are part of the WHO-supported Invasive Bacterial
114 Vaccine Preventable Surveillance conducted at the CHRF and has been described earlier [18].
115 Data on blood culture surveillance was obtained from these electronic records. The protocols
116 for data use were approved by the ethics review committees of the Bangladesh Institute of
117 Child Health, BSHI. Blood samples were collected and received at the laboratories as part of
118 routine clinical care.


119

120 Environmental sample collection and bacteriophage isolation

121 Water samples were collected from sewage drains, rivers, ponds, lakes, and stagnant water
122 bodies selected based on accessibility. Stagnant waters are defined as temporary water bodies

123 that form after flooding or rainfall that cannot be used for livestock or human use, often due to
124 poor water quality. A sterile cup, attached to a rope, was used to collect >10 ml of water
125 sample from each source. Maintaining sterile techniques, the sample was transferred into a
126 sterile bottle for transportation. Ten ml of the sample was centrifuged at 1,000 rpm for 5
127 minutes in a 15 mL conical tube to pellet large soil debris. The supernatant was passed through
128 a 0.22 µm PES syringe filter into a new tube. The filtered sample was stored at 4°C up to 72
129 hours before use for further experiments.


130

131 A total of 500 µL of the filtered water sample was mixed with 450 µl of LB broth and 50 µl of
132 overnight liquid Ty2 host culture in a 2 mL microcentrifuge tube. This mixture was incubated at
133 37°C for 2 hours followed by the addition of 2-3 drops of chloroform to lyse and kill all bacteria
134 in the mixture without affecting bacteriophages. The mixture was then centrifuged at 10,000
135 rpm for 10 minutes and 750 µL of the supernatant potentially containing enriched *Salmonella*
136 Typhi bacteriophages was transferred to a new tube. 

137

138 *Bacteriophage detection & propagation*

139 For bacteriophage detection, the enriched sample was tested using the double-layer agar
140 method described earlier [19]. In brief, 100 µl of the sample was incubated with 200 µl of
141 overnight culture host strain Ty2 for 20 minutes. The entire 300 µl and was mixed with 4 mL of
142 molten soft agar (0.7% agar) and poured over solid hard agar plates (1.5% agar). These plates
143 were incubated at 37°C for 14-16 hours and the appearance of plaques the next day indicated
144 the presence of bacteriophages in the sample. For each plaque morphology, a plaque was

145 picked using a 100 µl pipette tip and resuspended in 100 µl of tryptic soy broth. Two drops of
146 chloroform were added to the resuspension followed by 10 minutes of incubation, and a final
147 centrifugation at 10,000 rpm for 10 minutes. 70 µl of the supernatant was transferred to a new
148 tube which contained a clone of phages of a single morphology. 

149

150 Activity spectra of Typhi phages

151 To confirm that these phages are Typhi specific, 2 µl dilutions of isolated phages were spotted
152 on strains of *Salmonella* enteric serovars Paratyphi A (E321: 1100582310), Paratyphi B (366817)
153 and Typhimurium LT2, and Gram-negative bacteria *Escherichia coli* (ATCC: 25922), *Klebsiella*
154 *pneumoniae* (ATCC: 700603 & ATCC: 9349) and *Pseudomonas aeruginosa* (ATCC: 27853) using
155 the double layer methodology.

156

157 To test diversity of the phages, they were also spotted on 14 *Salmonella* Typhi isolates collected
158 from blood culture belonging to different genotypes previously described to be present in
159 Bangladesh [20]. The plates were incubated overnight at 37°C for 14-16 hours and the plates
160 visualized for zones of clearing. The killing activities against the different genotypes were
161 recorded and hierarchical clustering and heat map generation was made using the R package
162 *heatmaply*.

163

164 **Results**

165 Clinical typhoid surveillance

166 Since 2012, we have been conducting surveillance to monitor enteric fever, pneumonia,
 167 meningitis, and sepsis (as part of the Invasive Bacterial Vaccine Preventable Disease
 168 Surveillance of the WHO) in two hospitals in urban Dhaka (BSHI and SSFH), and in one hospital
 169 in Mirzapur (KMWCH), a rural district approximately 60 km north of Dhaka [18,21]. In 2021, we
 170 performed 4,620 blood cultures in BSHI & SSFH, of which 215 (4.7%) were culture-confirmed for
 171 *Salmonella* Typhi. In contrast, at KMWCH, during the same period 3,788 blood cultures were
 172 performed and only 2 (0.05%) were culture-confirmed for *Salmonella* Typhi (Table 1). The
 173 burden of culture-confirmed cases of typhoid fever in Mirzapur **in** 100-fold lower.
 174

Table 1. Blood culture positivity of *Salmonella* Typhi in clinical surveillance, and bacteriophage positivity in environmental water samples in Dhaka and Mirzapur, Bangladesh.

Study site in Bangladesh	Type of surveillance	Type of sample	Total no. of samples tested	No. of <i>Salmonella</i> Typhi/ phage positive sample	% Positive samples
Dhaka	Clinical surveillance	Blood	4620	215	5%
	Environmental surveillance	Sewage	168	51	30%
		Lake	18	10	56%
		Pond	15	2	13%
		River	5	2	40%
		Stagnant water	5	1	20%
		Total	211	66	31%
Mirzapur	Clinical surveillance	Blood	3788	2	0.05%
	Environmental surveillance	Sewage	3	1	33%
		Pond	48	0	0%
		River	4	0	0%
		Stagnant water	37	2	5%
		Total	92	3	3%

175 Environmental phage surveillance

176 Between August 2021 and December 2021, we collected 211 environmental water samples in
177 the Dhaka region. These samples constituted of sewage water (n = 168), lake (n = 18), pond (n =
178 15), river (n = 5) and stagnant water (n = 5) from different sites across Dhaka (Figure 1A). Sixty-
179 six of the 211 samples (31%) exhibited plaque formation, and in all cases, the plaques could be
180 propagated confirming the presence of active bacteriophages. We observed at least two
181 morphologies in 16 samples suggesting different phages in the same sample. Phages of
182 different morphologies could be further purified during propagation bringing the total number
183 isolated lytic phages to 82 from 211 samples in Dhaka. The distribution of positive and negative
184 samples showed that Typhi phages were present in all types of water bodies tested (Table 1).

185

186 In contrast, a total of 92 environmental samples were collected during the same time from the
187 Mirzapur region (Figure 1B). These samples constituted of sewage water (n = 3), pond (n = 48),
188 river (n = 4), and stagnant water (n = 37). A total of 3 samples showed positive phage lytic
189 activity in the 92 samples tested (3%), the details of which are provided in Table 1. Two
190 different plaque morphologies were noted in one sample, bringing a total of 4 isolated phages
191 from these 92 samples (Table 1). No phages were detected in ponds or river; one positive
192 sample was from sewage water (n=1, 33%) and two from stagnant water. Overall, phage
193 prevalence in water bodies in Dhaka (31%) was 10-fold higher than water bodies in Mirzapur
194 (3%), correlating with the culture-confirmed typhoid cases in the largest hospitals of the
195 regions.

196

197 Host range and diversity of Typhi phages

198 To test the specificity of phages isolated, we tested all 86 isolated phages against closely related
199 *Salmonella* enteric serovars Typhimurium, Paratyphi A and Paratyphi B, and closely related
200 *Enterobacteriaceae* species *Escherichia coli* and *Klebsiella pneumoniae*. Another gamma-
201 proteobacterium *Pseudomonas aeruginosa* was also included. No cross activity was observed,
202 depicting that these phages are highly specific to *Salmonella* Typhi.

203

204 Furthermore, to understand the diversity of the phages collected, we tested the killing
205 spectrum of the 86 phages against a panel of 14 *Salmonella* Typhi strains each representing a
206 different genotype circulating in Bangladesh [20] (Figure 2). The phages showed a diverse killing
207 spectrum and could be grouped into 48 clusters based on their killing activity. This
208 demonstrated that the circulating *Salmonella* Typhi strains in Bangladesh are not equally
209 susceptible to all environmental phages; some are more susceptible than others. In addition,
210 phages with different plaque morphologies from the same samples often displayed (for
211 example DK_23.1 and DK_23.2) different spectra, indicating that multiple phages can circulate
212 in the same water body at the same time.

213

214 **Discussion**

215 Our pilot study shows that detection of bacteriophages specific to *Salmonella* Typhi may be a
216 rapid environmental surveillance method to understand the presence of typhoid fever in the
217 community. 33% of environmental samples collected in Dhaka contained phages, where blood

218 culture positivity was 5%; by comparison, 3% of environmental samples collected in Mirzapur
219 contained phages, where blood culture positivity was 0.05%. Of all the sources of water
220 collected, 52/69 (75%) of samples were collected from sewage indicating that wastewater
221 surveillance is well-suited for monitoring typhoid fever. In Dhaka, a city with high burden of
222 typhoid fever, high phage positivity was also seen in water samples collected from lakes (56%)
223 and rivers (40%). Similar results were obtained from the related study from Nepal, another
224 typhoid endemic country in South Asia.

225
226 Given the minimal resources required for undertaking environmental phage surveillance, it can
227 be readily rolled out in resource-constrained settings and can complement existing surveillance
228 strategies. Sample processing required minimal resources, which primarily include collection
229 bottles and/or tubes, syringes with 0.22 syringe filters, petri dishes, media for bacterial growth,
230 an incubator, a centrifuge, pipettes, and the laboratory strain Ty2 of *Salmonella* Typhi (See
231 Methods). The cost for consumables for each sample less than USD 10 in Bangladesh, this might
232 vary slightly based on location. Such low costs of sample collection and easy processing means
233 that phage surveillance is more scalable than PCR-based molecular methods, which are both
234 resource and expertise intensive. Furthermore, the stability of phages [22] in water means that
235 samples can be collected from all over the country and tested at any location with minimal
236 fears of loss of quality of the results obtained. In contrast, environmental DNA degrades fast,
237 and thus PCR based surveillance typically requires transport of refrigerated or frozen samples.
238

239 Limited work has been done in investigating the role that phages play in the ecology of
240 *Salmonella* Typhi. The abundance and diversity of Typhi phages in terms of the killing spectrum
241 (seen in our study) and the genetic sequences (seen in related study from Nepal) highlight that
242 Typhi bacteriophages are likely to play an important role in determining the spread and
243 seasonality of *Salmonella* Typhi. Additionally, certain genotypes of *Salmonella* Typhi (such as
244 1.2.1, 2.2 and 4.3.1.1) are more resistant to phages vs others (such as 4.3.1.2, 4.3.1 and 2.5).
245 The molecular basis of the observed differences in phage resistance amongst different
246 genotypes may be due to differences in receptor sequences and/or modifications, or presence
247 of phage defense systems (such as CRISPR-Cas). Future studies addressing these questions may
248 be helpful in determining the impact phages have on circulating *Salmonella* Typhi population
249 (Faruque et al., 2005; LeGault et al., 2021). Additionally, with rising antimicrobial drug
250 resistance, renewed research on Typhi phages might provide alternate weapons for clinical
251 development.

252

253 The results in this study should be interpreted within the context of the following limitations.
254 First, the number of samples obtained does not fully represent the number of water bodies
255 present in Dhaka or Mirzapur. Second, no water sampling could be conducted from July-August
256 during the study period due to monsoon-associated floods. Third, all phage amplification steps
257 were done in *Salmonella* Typhi strain Ty2, and hence phages that do not infect this strain were
258 missed. Fourth, sewage samples were underrepresented in Mirzapur due to lack of a sewage
259 system in many parts of rural areas. Finally, comparison with the PCR-based assays will be
260 required to identify the specificity and sensitivity of phage detection. Expansion of this study to

261 other regions of Bangladesh where clinical data is available will help in resolving some of these
262 limitations. It would also be helpful to examine temporal trends in phage positivity and how
263 these trends correlate with the seasonality of typhoid fever.

264

265 In summary, in this study, we propose a simple, cost-effective, and scalable method for
266 conducting environmental surveillance for typhoid fever. The method uses standard
267 microbiological laboratory infrastructure and techniques to detect Typhi-specific
268 bacteriophages. Environmental phage surveillance can be used to estimate typhoid in other
269 countries, including in Sub-Saharan Africa where limited epidemiological data on typhoid fever
270 is available [25,26]. Environmental phage surveillance may be also applied to map routes of
271 disease transmission by focusing on wastewater/sewage facilities in the region. This tool,
272 combined with traditional blood culture surveillance [27], can generate community-level data
273 to evaluate the impact of interventions including the introduction of TCV, water improvement
274 projects, and sanitation and hygiene systems.

275

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279

280 **CRedit authorship contribution statement**

281 **Y. Hooda:** Conceptualization, Methodology, Formal analysis, Investigation, Visualization,
282 Writing – original draft, Writing – review & editing. **S. Islam:** Methodology, Writing – original

283 draft, Formal analysis, Data curation, Visualization. **R. Kabiraj:** Methodology, Formal analysis,
284 Data curation, Visualization. **KE daSilva:** Resources, Writing – review & editing. **R.S. Raju:**
285 Formal analysis, Visualization. **S.P. Luby:** Writing – review & editing, Funding acquisition. **J.S.**
286 **Andrew:** Conceptualization, Methodology, Writing – review & editing. **S.K. Saha:** Supervision,
287 Funding acquisition, Resources, Writing – review & editing. **S. Saha:** Conceptualization,
288 Methodology, Formal analysis, Funding acquisition, Resources, Visualization, Writing – original
289 draft; Writing – review & editing.

290

291

292 **Declaration of competing interest**

293 The authors declare that they have no known competing financial interests or personal
294 relationships that could have appeared to influence the work reported in this paper.

295

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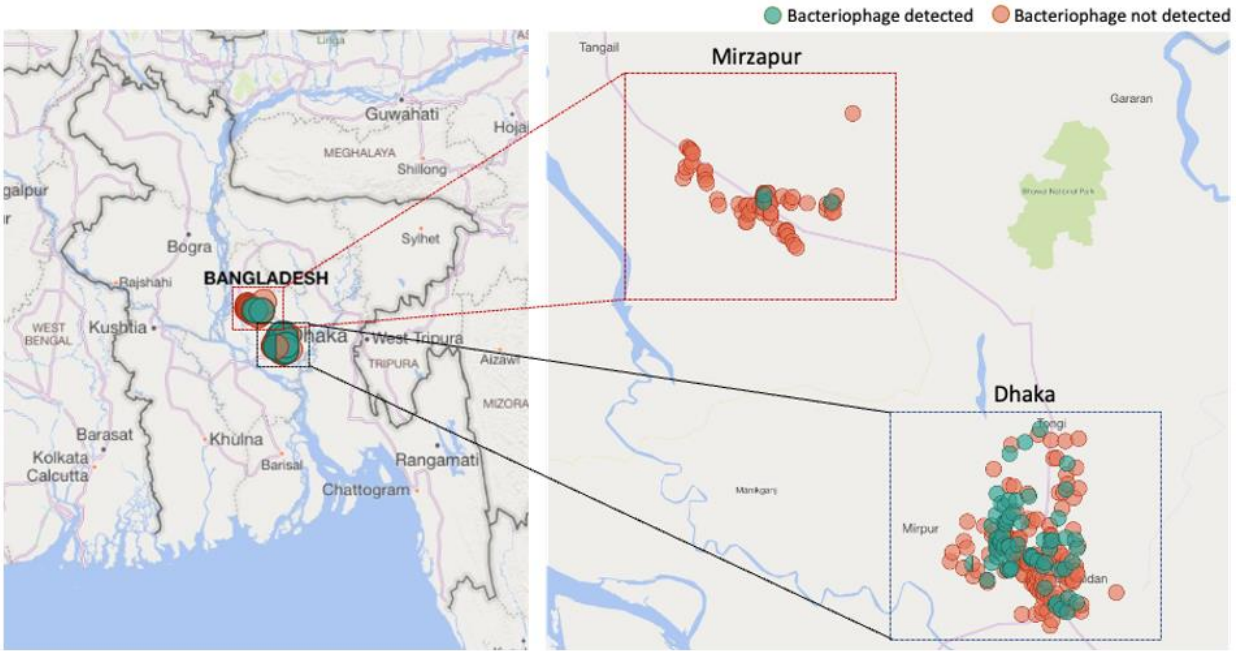
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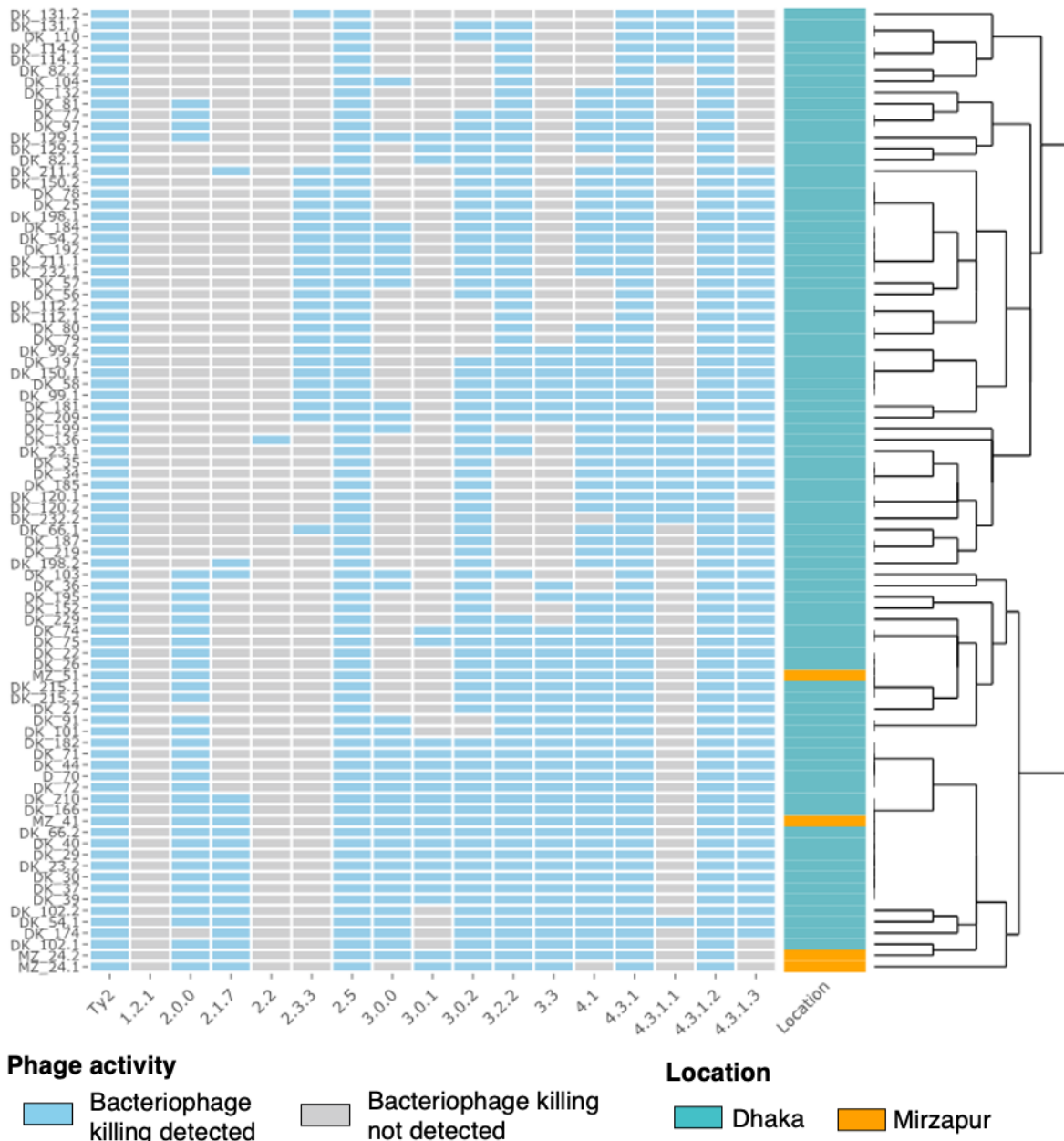
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Figure 1: Location of water sample collection and detection of Salmonella Typhi phages in water samples. Water sampling was conducted in two districts in Bangladesh: urban Dhaka and rural Mirzapur, Bangladesh. The water bodies sampled where bacteriophages were detected are shown in green while the water bodies where no bacteriophages are found are shown in red.



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392 Figure 2: Hierarchical clustering of the activity spectra of the 86 bacteriophages isolated in the
 393 study. All isolated phages were spotted on Salmonella Typhi isolates belonging to different
 394 genotypes (X-axis) circulating in Bangladesh. Blue represents activity/plaque formation, white
 395 represents no activity/no plaque formation. The phages on the Y-axis are labelled based on the
 396 site of isolation. Phages from Mirzapur are labelled as MZ, and From Dhaka are labelled as DK.
 397 Multiple phages isolated from the sample are indicated with .1 and .2 at the end of the label.
 398 The heat map was made using the R package heatmaply.

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