IES-R TEST Supplementary

Table S1. relationship between the menstrual cycle and the impact of the pandemic as a traumatic event. A,B: relationship with the altered duration of the menstrual cycle; C: Amenorrhea; D: Change Weight; E: Premenstrual syndrome

Α

IN THE LAST YEAR ALTERATION OF MENSTRUAL CYCLE

PATIENTS n.293 (100%)	No	Increase of interval	Reduction of interval	
,	(183 / 62.5%)	(73/24.9%)	(37/12.6%)	Р
1.Any reminder brought back feelings about it				
- none	15 (8.2%)	10 (13.7%)	0	
-not much	47 (25.7%)	14 (19.2%)	12 (32.4%)	
-moderately	69 (37.7%)	15 (15.8 %)	11(29.7%)	
-enough	44 (24%)	25 (30.9%)	12(32.4%)	
-extremely	8 (4.4%)	9(12.3%)	2 (5.4%)	0.012*
2.I had trouble staying asleep				
none	58 (31.7%)	19 (26%)	5(13.5%)	
-not much	39 (21.3%)	8 (11%)	8 (21.6%)	
-moderately	30 (16.4%)	11 (15.1 %)	9 (24.3%)	
-enough	41 (22.4%)	20 (27.4%)	10(27%)	0.047*
-extremely	15 (8.2%)	15(20.5%)	5 (13.5%)	0.047*
3.Other things kept making me think about it.	25 (13.7%)	5 (6.8%)	2(5.4%)	
- none	48 (26.2%)	18 (24.7%)	7 (18.9%)	
-not much	, ,	, ,	15 (40.5%)	
-moderately	66 (36.1%)	22 (30.1 %) 21 (28.8%)	11 (29.7%)	
-enough -extremely	34 (18.6%) 10 (5.5%)	7(9.6%)	2 (5.4%)	0.283
-extremely 4.I felt irritable and angry	10 (3.3%)	7(3.0%)	2 (3.470)	0.283
4.1 Telt Ifficable and angry - none	10(5.5%)	2(2.7%)	1 (2.7%)	
-not much	43(23.5%)	12(16.4%)	3(8.1%)	
-moderately	51 (27.9%)	13(17.8%)	9(24.3%)	
-enough	54 (29.5%)	27(37%)	19(51.4%)	
-extremely	25 (13.7%)	19 (26%)	5 (13.3%)	0.029*
5.I avoided letting myself get upset when I	25 (251770)	25 (2075)	2 (20.070)	0.023
thought about it or was reminded of it.				
- none	17(9.3%)	9(12.3%)	2(5.4%)	
-not much	62(33.9%)	15(20.5%)	15(40.5%)	
-moderately	51(27.9%)	27(37%)	14(37.8%)	
-enough	48(26.2%)	19(26%)	6(16.2%)	
-extremely	5(2.7%)	3(4.1%)	0	0.258
6.I thought about it when I didn't mean to				
- none	20(10.9%)	8(11%)	2(5.4%)	
-not much	52(28.4%)	18(24.7%)	8(21.6%)	
-moderately	62(33.9%)	15(20.5%)	15(40.5%)	
-enough	44(24%)	22(30.1%)	6(16.2%)	
-extremely	5(2.7%)	10(13.7%)	6(16.2%)	0.006*
7.I felt as if it hadn't happened or wasn't real.	70/00 00/)	25(25.50()	0/04-00/)	
- none	72(39.3%)	26(35.6%)	9(24.3%)	
-not much	39(21.3%)	14(19.2%)	11(29.7%)	
-moderately	31(16.9%)	12(16.4%)	11(29.7%)	
-enough	31(16.9%)	19(26%)	5(13.5%)	0.047
-extremely	10(5.5%)	2(2.7%)	1(2.7%)	0.247
8.I stayed away from reminders of it.	F0/21 70/\	14/10 20/\	9/21 (9/)	
- none -not much	58(31.7%)	14(19.2%) 25(34.2%)	8(21.6%)	
	69(37.7%)	` '	13(35.1%)	
-moderately -enough	35(19.1%)	22(30.1%) 8(11%)	10(27%)	
-enough -extremely	14(7.7%) 7(3.8%)	4(5.5%)	5(15.3%) 1(2.7%)	0.360
9.Pictures about it popped into my mind.	7 (3.070)	4(3.370)	1(2.7/0)	0.300
none	59 (32.2%)	21 (28.8%)	8(21.6%)	
-not much	57 (31.1%)	12 (16.4%)	17 (45.9%)	
-moderately	46 (25.1 %)	20 (27.4 %)	4(10.8%)	
-enough	16 (8.7%)	14 (19.2%)	5 (13.5%)	
-extremely	5(2.7%)	6(8.2%)	3 (8.1%)	0.006*
CAUCITICITY	٠(, /٥)	5,5.2701	5 (0.170)	0.000

- none - 30 16.6 / %)	10.I was jumpy and easily start	led				
-not much seg (31.7%) sig (32.7%) sig (32.7%) sig (34.7%) sig (34.			30 (16.4%)	8 (11%)	6 (16.2.%)	
enough		-not much	, ,	, ,		
Sectomber 18(0.8%) 11(15.19%) 3(8.19%) 0.158 11.1 tried not to think about it.		-moderately	36 (19.7 %)	18 (24.7 %)	14(37.8%)	
11.1 fried not to think about it none - none - none - none - not much - none - not much - none - not much - none - non		-enough	41 (22.4%)	21 (28.8%)	6 (16.2.%)	
-none -none -none -none -none -not much -noderately -size (5 (30.1%) -16 (21.2 (9%) -13 (35.1 (%) -noderately -nough -not much -none -not much -none -		-extremely				0.158
-not much -not m	11.I tried not to think about it.					
-moderately -sol 29 % 28(38.4%) 10 (27.1%) 0.439 12 (17.5%) 0.439 12 (17.5%) 0.439 12 (17.5%) 0.439 12 (17.5%) 0.439 12 (17.5%) 0.439 12 (17.5%) 0.439 12 (17.5%) 0.439 12 (17.5%) 0.439 12 (17.5%) 0.439 12 (17.5%) 0.439 12 (17.5%) 0.439 12 (17.5%) 0.439 12 (17.5%) 0.439 12 (17.5%) 0.439 0.440 0.445				, ,	' '	
12. I was aware that I still had a lot of feelings about it, but I didn't deal with them.			-			
-extremely		•				
12.1 was aware that I still had a lot of feelings about it, but I didn't deal with them.		-	17 (3.370)	8 (1170)	1 (2.770)	0.439
about it, but I didn't deal with them. -none -not much -not much -not much -not much -none -none -not much -none -not much -none -not much -not much -not much -not much -not much -not much -none -not much -not much -none -not much -none -not much -not much -not much -none -not much -none -non	12. I was aware that I still had a					0.100
-not much -not much -not match -not match -not match -not much -no		_				
-moderately -enugh		- none	53(29%)	17 (23.3 %)	11(29.7%)	
-enough -enough - 29 (15.8 %)		-not much	54 (29.5%)	10 (13.7%)	8(21.6%)	
Sextremely 5 (2.7%) 3 (4.1%) 1 (2.7%) 0.167		•		· ·		
13. My feelings about it were kind of numb none - none		•				
-none	12.14 feelings had in and in	•	5 (2.7%)	3 (4.1%)	1 (2.7%)	0.167
-not much -noderately -noderat	13.IVIY reelings about it were ki		74 (40 40/)	20 (27 40/)	12 /22 /10/\	
-moderately -enough 24 (131%) 13 (17.8%) 10(27%) 4 (10.8%) -extremely 6(3.3%) 4 (5.5%) 1(2.7%) 0.391 14.1 found myself acting or feeling like I was back at that time. - none 66 (36.1%) 23 (31.5%) 19 (26%) 14(37.8%) 9(24.3%) -noderately -enough 24 (13.1%) 17 (23.3%) 9(24.3%) 13 (17.8%) 9(24.3%) -noderately -enough 24 (13.1%) 17 (23.3%) 9(24.3%) 11 (1.4%) 25(5.4%) 0.266 15.1 had trouble falling asleep none 58 (31.7%) 15 (20.5%) 4 (10.8%) -enough -enough 27 (12.2%) 18 (24.7%) 9(24.3%) 0.028* 16.1 had waves of strong feelings about it. - none 37 (20.2%) 19 (26.%) 19 (26.%) 11 (29.7%) 9(24.3%) 0.028* 16.1 had waves of strong feelings about it. - none 37 (20.2%) 18 (11.5%) 5 (13.5%) -0.28* - nont much 42 (23.0%) 20 (27.4%) 13 (35.5%) 13 (35.5%) -0.028* 16.1 had waves of strong feelings about it. - none 37 (20.2%) 8 (11%) 5 (13.5%) 13 (35.5%) -0.028* 16.1 had waves of strong feelings about it. - none 37 (20.2%) 18 (21.5%) 13 (35.5%) 13 (35.5%) -0.028* 16.1 had waves of strong feelings about it. - none 37 (20.2%) 18 (11.5%) 13 (35.5%) 10 (21.5	•		, ,			
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-extremely 6(3.3%) 4 (5.5%) 1(2.7%) 0.391 14.1 found myself acting or feeling like I was back at that time. - none		•	, ,		· ·	
14.1 found myself acting or feeling like I was back at that time.		•	, ,		, ,	0.391
- none	14.I found myself acting or feel		, ,	. ,		
-not much -moderately 30 (16.4%)	back at that time.					
-moderately -enough -enough -enough -enough -enough -extremely 6 (3.3%) 17 (23.3%) 5(13.5%) 5(13.5%) 0.266 15.I had trouble falling asleepnone 58 (31.7%) 15(20.5%) 4 (10.8%) 5 (13.5%) -not much 41 (22.4%) 10 (13.7%) 5 (13.5%) 8 (21.6%) -not much 41 (22.4%) 11 (15.1%) 5 (13.5%) 8 (21.6%) -enough 37 (20.2%) 19 (26%) 11 (29.7%) 9(24.3%) 9(24.3%) 0.028* 16.I had waves of strong feelings about it. -none 37 (20.2%) 8 (11%) 5 (13.5%) -not much 42 (23.0%) 20 (27.4%) 13 (35.1%) -not much 42 (23.0%) 20 (27.4%) 13 (35.1%) -not much 49 (26.8%) 16 (21.9%) 8 (21.6%) -enough 39 (21.3%) 18 (24.7%) 7 (18.9%) -enough 39 (21.3%) 18 (24.7%) 7 (18.9%) -enough 39 (21.3%) 18 (24.7%) 7 (18.9%) -not much 46 (25.1%) 15(20.5%) 12(32.4%) -not much 46 (25.1%) 15(20.5%) 12(32.4%) -not much 46 (25.1%) 15(20.5%) 12(32.4%) -not much 46 (25.1%) 15(20.5%) 4(10.8%) 0.0112 18.I had trouble concentrating -none 18(9.8%) 4(5.5%) 2(5.4%) -not much 39 (21.3%) 11(15.1%) 11(29.7%) -not much 39 (21.3%) 27(37%) 2(5.4%) -not much 39 (21.3%) 27(37%) 2(5.4%) -not much 39 (21.3%) 39 (21.3%) 10 (27.7%) -not much 41 (22.4%) 11 (27.7%) 31			, ,	· ·		
-enough -extremely 6 (3.3%) 17 (23.3%) 5(13.5%) -extremely 6 (3.3%) 1 (1.4%) 2 (5.4%) 0.266 15.1 had trouble falling asleep. -none				i i		
-extremely 6 (3.3%) 1(1.4%) 2(5.4%) 0.266 15.1 had trouble falling asleep. - none		•	, ,	, ,		
15.I had trouble falling asleep. - none -not much -not		_		· ·		0.000
- none -	15 I had trouble falling asleen	-extremely	6 (3.3%)	1(1.4%)	2(5.4%)	0.266
-not much	15.1 Had trouble failing asleep.	- none	58 (31 7%)	15(20.5%)	4 (10 8%)	
-moderately enough 37 (20.2%) 11 (15.1%) 8 (21.6%) 11 (29.7%) e-enough 37 (20.2%) 19 (56%) 11 (29.7%) 9 (24.3%) 0.028* 16.1 had waves of strong feelings about it. - none 37 (20.2%) 8 (11%) 5 (13.5%) 13 (35.1%) enot much 42 (23.0%) 20 (27.4%) 13 (35.1%) enough 29 (21.3%) 11 (15.1%) 4 (10.8%) 0.440 17.1 tried to remove it from my memory none 84 (45.9%) 23 (31.5%) 15 (40.5%) - enot much 46 (25.1%) 15 (20.5%) 12 (32.4%) - enough 20 (10.9%) 16 (21.9%) 4 (10.8%) - extremely 24 (13.1%) 13 (17.8%) 6 (16.2%) - enough 20 (10.9%) 16 (21.9%) 4 (10.8%) - extremely 9 (4.9%) 66 (8.2%) 0 0 0.112 18.1 had trouble concentrating none 18 (9.8%) 4 (5.5%) 2 (5.4%) - enot much 39 (21.3%) 11 (15.1%) 11 (15.9%) - enough 20 (10.9%) 66 (8.2%) 7 (18.9%) - enough 20 (10.9%) 16 (21.9%) 11 (15.1%) 11 (19.7%) - enough 61 (33.33%) 27 (37.3%) 25 (34.2%) 15 (40.5%) - extremely 28 (15.3%) 25 (34.2%) 15 (40.5%) - extremely 28 (15.3%) 25 (34.2%) 15 (40.5%) - enot much 39 (21.3%) 39 (21.3%) 10 (27%) - enough 22 (12%) 22 (12%) 61 (62.%) - enot much 39 (21.3%) 39 (21.3%) 10 (27%) - enough 22 (12%) 22 (12%) 61 (62.%) - enough - enough 22 (12%) 22 (12%) 61 (62.%) - enough - enough 22 (12%) 22 (12%) 61 (62.%) - enough 22 (12%) 22 (12%) 61 (62.%) - enough - enough 17(3.3%) 11(23.9%) 11(23.9%) - enough - enough 22 (12%) 12 (12%) 61 (62.2%) 12 (12%) 61 (62.2%) - enough - enough 22 (12%) 12 (12%) 61 (62.2%) 12 (12%) 61 (62.2%) 12 (12%) 61 (62.2%) 12 (12%) 61 (62.2%) 12 (12%) 61 (62.2%) 12 (12%) 61 (62.2%) 12 (12%) 61 (62.2%) 12 (12%) 61 (62.2%) 12 (12%) 61 (62.2%) 12 (62.2%) 61 (62.2%) 61 (62.2%) 61 (62.2%) 61 (6					• •	
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16.I had waves of strong feelings about it. - none -not much -extremely -enough -not much -none -not much -none -not much -not much -not much -not much -not much -not much -extremely -enough -extremely -enough -extremely -enough -extremely -enough -extremely -none -not much		•			· · · · · ·	
- none		-extremely	27 (14.8%)	18 (24.7%)	9(24.3%)	0.028*
-not much -not m	16.I had waves of strong feeling	gs about it.				
-not much -not m				- 4	- 4	
-moderately enough 39 (21.3%) 18 (24.7%) 7 (18.9%) -extremely 16 (8.7%) 11 (15.1%) 4 (10.8%) 0.440 17.I tried to remove it from my memory. - none 84 (45.9%) 23(31.5%) 15 (40.5%) 12(32.4%) -not much 46 (25.1%) 15(20.5%) 12(32.4%) -moderately 24 (13.1%) 13(17.8%) 6(16.2%) -enough 20 (10.9%) 16(21.9%) 4(10.8%) -extremely 9 (4.9%) 6(8.2%) 0 0.112 18.I had trouble concentrating none 18(9.8%) 4(5.5%) 2(5.4%) -enough 61(33.3%) 27(37%) 2(5.4%) -enough 61(33.3%) 27(37%) 2(5.4%) -extremely 28(15.3%) 25(34.2%) 15(40.5%) <0.001* 19.Reminders of it caused me to have physical reactions, such as sweating, trouble breathing, nausea, or a pounding heart none 95 (51.9%) 95 (51.9%) 16 (43.2%) -extremely 23 (12.6%) 23 (12.6%) 2 (5.4%) -enough 22 (12%) 22 (12%) 6 (16.2%) -extremely 4 (2.2%) 4 (2.2%) 3 (8.1%) 0.036* 20.I had dreams about it none 94(51.4%) 32(43.8%) 16(43.2%) -not much 41(22.4%) 17(23.3%) 11(29.7%) -not much -not much 41(22.4%) 17(23.3%) 11(29.7%) -not much -not much 41(22.4%) 17(23.3%) 11(29.7%) -not much -not much 41(22.4%) 17(23.3%) 11(29.7%) -enough 17(9.3%) 6(8.2%) 6(16.2%)			, ,	` '	` '	
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-extremely 16 (8.7%) 11 (15.1%) 4 (10.8%) 0.440 17.I tried to remove it from my memory. - none		•		· ·		
17.1 tried to remove it from my memory none		•				0.440
- none	17.I tried to remove it from my		10 (0.770)	11 (13.170)	4 (10.070)	0.440
-not much -noderately -14 (13.1%)		•	84 (45.9%)	23(31.5%)	15 (40.5%)	
-moderately -enough 20 (10.9%) 16(21.9%) 4(10.8%) 4(10.8%) 0 0 0.112 18.I had trouble concentrating. - none 18(9.8%) 4(5.5%) 2(5.4%) 11(29.7%) -not much -enough -extremely 28(15.3%) 25(34.2%) 15(40.5%) < 0.001* 19.Reminders of it caused me to have physical reactions, such as sweating, trouble breathing, nausea, or a pounding heart. - none 95 (51.9%) 39 (21.3%) 10 (27%) -not much -moderately 23 (12.6%) -22 (12%) -enough 22 (12%) -enough 22 (12%) -extremely 23 (12.6%) -extremely 23 (12.6%) -extremely 23 (12.6%) -extremely 4 (2.2%) 4 (2.2%) 3 (8.1%) 0.036* 20.I had dreams about it. - none 94(51.4%) 32(43.8%) 16(43.2%) -not much -not much 41(22.4%) 17(23.3%) 11(29.7%) -moderately -enough -not much 41(22.4%) 17(23.3%) 11(29.7%) -moderately -enough 17(9.3%) 6(8.2%) 6(16.2%)		-not much				
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18.I had trouble concentrating. - none		•			· · ·	
none	4011-11-11	-extremely	9 (4.9%)	6(8.2%)	0	0.112
-not much -not much -not much -not much -not much -not much -noderately -noderately -noderately -noderately -not much -noderately -not much -none -not much	18.I had trouble concentrating.		10(0.00/)	4/5 50/\	2/5 40/\	
-moderately -enough -enough -enough -extremely 28(15.3%) 25(34.2%) 15(40.5%) <0.001* 19.Reminders of it caused me to have physical reactions, such as sweating, trouble breathing, nausea, or a pounding heart. - none 95 (51.9%) 95 (51.9%) 16 (43.2%) 10 (27%) -enough -extremely 23 (12.6%) 23 (12.6%) 22 (12%) 6 (16.2%) -extremely 4 (2.2%) 4 (2.2%) 3 (8.1%) 0.036* 20.I had dreams about it. - none 94(51.4%) 32(43.8%) 16(43.2%) -not much 41(22.4%) 17(23.3%) 11(29.7%) -moderately -enough -extremely 25(13.7%) 10(13.7%) 2(5.4%) -enough -enough 17(9.3%) 6(8.2%) 6(16.2%)	•				, ,	
-enough -extremely -ex			` '	· ·		
-extremely 28(15.3%) 25(34.2%) 15(40.5%) <0.001* 19.Reminders of it caused me to have physical reactions, such as sweating, trouble breathing, nausea, or a pounding heart. - none 95 (51.9%) 95 (51.9%) 16 (43.2%) -not much 39 (21.3%) 39 (21.3%) 10 (27%) -moderately 23 (12.6%) 23 (12.6%) 2 (5.4%) -enough 22 (12%) 22 (12%) 6 (16.2%) -extremely 4 (2.2%) 4 (2.2%) 3 (8.1%) 0.036* 20.I had dreams about it. - none 94(51.4%) 32(43.8%) 16(43.2%) -not much 41(22.4%) 17(23.3%) 11(29.7%) -moderately 25(13.7%) 10(13.7%) 2(5.4%) -enough 17(9.3%) 6(8.2%) 6(16.2%)		•				
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- none 95 (51.9%) 95 (51.9%) 16 (43.2%) 10 (27%) 10 (27%) 23 (12.6%) 23 (12.6%) 22 (12.6%) 22 (12.6%) 22 (12.6%) 22 (12.6%) 22 (12.6%) 4 (2.2%) 3 (8.1%) 0.036* 20.I had dreams about it. - none 94(51.4%) 32(43.8%) 16(43.2%) -not much 41(22.4%) 17(23.3%) 11(29.7%) -moderately 25(13.7%) 10(13.7%) 2(5.4%) -enough 17(9.3%) 6(8.2%) 6(16.2%)						
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-moderately				, , ,		
-enough 22 (12%) 22 (12%) 6 (16.2%) 3 (8.1%) 0.036* 20.I had dreams about it. - none 94(51.4%) 32(43.8%) 16(43.2%) -not much 41(22.4%) 17(23.3%) 11(29.7%) -moderately 25(13.7%) 10(13.7%) 2(5.4%) -enough 17(9.3%) 6(8.2%) 6(16.2%)				, , ,		
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- none 94(51.4%) 32(43.8%) 16(43.2%) -not much 41(22.4%) 17(23.3%) 11(29.7%) -moderately 25(13.7%) 10(13.7%) 2(5.4%) -enough 17(9.3%) 6(8.2%) 6(16.2%)	20 I had dreams about it	-extremely	+ (2.2/0)	+ (2.2/0)	J (0.1/0)	0.036*
-not much 41(22.4%) 17(23.3%) 11(29.7%) -moderately 25(13.7%) 10(13.7%) 2(5.4%) -enough 17(9.3%) 6(8.2%) 6(16.2%)	20.1 Had aleanns about it.	- none	94(51.4%)	32(43.8%)	16(43.2%)	
-moderately 25(13.7%) 10(13.7%) 2(5.4%) -enough 17(9.3%) 6(8.2%) 6(16.2%)						
-enough 17(9.3%) 6(8.2%) 6(16.2%)				` ′		
-extremely 6(3.3%) 8(11%) 2(5.4%) 0.219		•		· ·		
		-extremely	6(3.3%)	8(11%)	2(5.4%)	0.219

21. I felt watchful and	d on-guard.				
	- none -not much -moderately -enough -extremely	22(12%) 27(14.8%) 41(22.4%) 70(38.3%) 23(12.6%)	8(11%) 8(11%) 18(24.7%) 19(26%) 20(27.4%)	1(2.7%) 2(5.4%) 17(45.9%) 12(32.4%) 5(13.5%)	0.007*
22. I tried not to talk	about it. them none -not much -moderately -enough -extremely	71 (38.8%) 44 (24%) 37 (20.2%) 20 (10.9%) 11 (6%)	19 (26%) 11 (15.1%) 24 (32.9%) 14 (19.2%) 5 (6.8%)	7 (18.9%) 15 (40.5%) 7 (18.9%) 6 (16.2%) 2 (5.4%)	
					0.017*

IN THE LAST YEAR HOW OFTEN ALTERATION OF MENSTRUAL CYCLE

PATIENTS n.293 (100%)		21-35 D (260 / 88.7%)	>35 D (29/9.9%)	<21D (4/1.4%)	Р
1.Any reminder brought back it	feelings about				
	 none not much moderately enough extremely 	17 (65 %) 68 (26.2 %) 88 (33.8%) 72 (27.7%) 15 (5.8%)	8 (27.6%) 2 (6.9%) 7 (24.1%) 8 (27.6%) 4(13.8%)	0 3 (75%) 0 1 (25%) 0	<0.001*
4.I felt irritable and angry	- none -not much moderately -enough -extremely	13(5%) 49(18.8%) 68(26.2%) 89(34.2%) 41(15.8%)	0 9(16.4%) 2(17.8%) 10(37%) 8 (26%)	0 0 3(75%) 1(25%) 0	0.053
5.I avoided letting myself get thought about it or was remin	nded of it. - none -not much moderately	22(8.5%) 85(32.7%) 81(31.2%)	6(20.7%) 5(17.2%) 10(34.5%)	0 2(50%) 1(25%)	
	-enough -extremely	67(25.8%) 5(1.9%)	6(20.7%) 2(6.9%)	0 1(25%)	0.021*
18.I had trouble concentratin .	- none -not much moderately	22(8.5%) 57(21.9%) 48(18.5%)	2(6.9%) 1(3.4%) 2(6.9%)	0 3(75%) 0	
	-enough -extremely	79(30.4%) 54(20.8%)	11(37.9%) 13(44.8%)	0 1(25%)	<0.001*
19.Reminders of it caused me physical reactions, such as sw breathing, nausea, or a pound	eating, trouble				
	 none not much moderately enough 	132 (50.8%) 60 (23.1%) 26 (10%) 31 (11.9%)	14 (48.3%) 4 (13.8%) 2 (6.9%) 4 (13.8%)	1 (25%) 0 0 3 (75%)	
	-extremely	11 (4.2%)	5 (17.2%)	0	0.003*

PATIENTS n.293 (100%)		NO 270 (92.2%)	YES 23 (7.8%)	P
1.Any reminder brought back feeli	ngs about it	270 (92.2%)	25 (7.8%)	
	none	20(7.4%)	5(21.7%)	
	not much	73(27%)	0	
	moderately	86(31.9%)	9(39.1%)	
	enough	72(26.7%)	9(39.1%)	
	extremely	19(7%)	0	0.006*
2.I had trouble staying asleep				
	none	80 (29.6%)	2(8.7%)	
	not much	52 (19.3%)	3(13%)	
	moderately	46 (17%)	4(17.4 %)	
	enough	61 (22.6%)	10(43.5%)	
-	extremely	31 (11.5%)	4(17.4%)	0.085
3.Other things kept making me thi	nk about			
it.				
-	none	31 (11.5%)	1(4.3%)	
-	not much	68 (25.2%)	4(17.4 %)	
-	moderately	92 (34.1%)	2(8.7%)	
-	enough	60 (22.2%)	12(52.2%)	
	extremely	19 (7%)	4(17.4%)	0.408
4.I felt irritable and angry				
	none	12(4.4%)	1 (4.3%)	
	not much	54(20%)	12(16.4%)	
-	moderately	71(26.3%)	13(17.8%)	
-	enough	88(32.8%)	27(37%)	
	extremely	45 (16.7%)	19 (26%)	0.278
5.I avoided letting myself get upse				
thought about it or was reminded	OT It.			
-	none	26(9.6%)	2(8.7%)	
-	not much	86(31.9%)	6(26.1%)	
-	moderately	82(30.4%)	10(43.5%)	
	enough	70(25.9%)	13(4.1%)	
	extremely	6(2.2%)	2(8.7%)	0.194
6.I thought about it when I didn't i	mean to			
	- none	28(10.4%)	2(8.7%)	
-	not much	73(27%)	5(21.7%)	
-	moderately	84(31.1%)	8(34.8%)	
	enough	66(24.4%)	6(26.1%)	
	extremely	19(7%)	2(8.7%)	0.976
7.I felt as if it hadn't happened or	wasn't real.			
-	none	101(37.4%)	6(26.1%)	
	not much	60(22.2%)	4(17.4%)	
-	moderately	50(18.5%)	4(17.4%)	
	enough	47(17.4%)	8(34.8%)	
8.I stayed away from reminders of	extremely it	12(4.4%)	1(4.3%)	0.355
2				
-	none	75(27.8%)	5(21.7%)	
	not much	98(36.3%)	9(39.1%)	
	moderately	63(23.3%)	4(17.4%)	
	enough extremely	23(8.5%) 11(4.1%)	4(17.4%) 1(4.3%)	0.650
9.Pictures about it popped into my min				0.030
none	e	82(30.4%) 79(29.3%)	6(26.1%)	
-not r		63(23.3%)	7(30.4%)	
-mod -enou	erately gh	32 (11.9%)	7(30.4 %) 3(13%)	
-extre	-	14(5.2%)	3(13%) 0	0.772
10.I was jumpy and easily startled.		42 (15.6%)	2(8.7%)	
non - nor		75 (27.8%)	6(26.1%)	
	erately	62 (23%)	6(26.1%)	
-enou	gh	61(22.6%)	7(30.7%)	
-extre	mely	30(11.1%)	2(8.7%)	0.835

11.I tried not to think about it.		22(8.1%)	2(8.7%)	
	- none	60(23%)	6(26.1%)	
	-not much	79(29.3%)	5 (21.7%)	
	-moderately -enough	82 (30.4%)	9(39.1%)	
	-extremely	25(9.3%)	1 (4.3%)	0.806
12. I was aware that I still had a		23(3.370)	1 (4.376)	0.000
it, but I didn't deal with them.	0	75/20 40/	5(21.7%)	
	- none	76(28.1%)		
	-not much	68(25.2%)	4(17.4%)	
	-moderately	71(26.3%)	6(26.1%)	
	-enough	47(26.3%)	7(30.4%)	
10.11	-extremely	8(3%)	1 (4.3%)	0.571
13.My feelings about it we	re kind of numb.			
- none	-	101 (37.4%)	5(21.7%)	
Hone	-not much	65 (24.1%)	5(21.7%)	
	-moderately	59(21.9%)	3(13%)	
	-enough	36(13.3%)	8 (34.8%)	
	-extremely	9(3.3%)	2 (8.7%)	0.034*
14.I found myself acting or feeli	ng like I was back at			
that time.				
	- none	89 (33%)	7 (30.4%)	
	-not much	88 (32.6%)	2 (8.7%)	
	-moderately	44 (16.3%)		
	-enough -extremely	40 (14.8%)	8 (34.8%)	
	extremely	· · ·	6 (26.1%)	0.022*
15 I had trouble falling asless		9 (3.3%)	U	0.032*
15.I had trouble falling asleep.	- none	74 (27.4%)	3(13%)	
	- none -not much	53 (19.6%)	3(13%)	
	-moderately	37 (13.7%)	2 (8.7%)	
	-enough	58 (21.5%)	9 (39.1%)	
	-extremely	48 (17.8%)	6 (26.1%)	0.183
16.I had waves of strong feeling	s about it.			
	- none	45 (16.7%)	5(21.7%)	
	-not much	73 (27%)	2 (8.7%)	
	-moderately	67 (24.8%)	6 (26.1%)	
	-enough	57 (21.1%)	7 (30.4%)	
	-extremely	28 (10.4%)	3(13%)	0.392
17.I tried to remove it from my		116 (43%)	6 (26.1%)	
	- none	66 (24.4%)	7 (30.4%)	
	-not much	38 (14.1%)	5(21.7%)	
	-moderately		3(21.770)	
	-onough	36 (13.3%)	1(17.4%)	
	-enough	36 (13.3%) 14 (5.2%)	4(17.4%)	0 577
18 I had trouble concentrating	-enough -extremely	36 (13.3%) 14 (5.2%)	1 (4.3%)	0.577
18.I had trouble concentrating.		14 (5.2%) 21(7.8%)	1 (4.3%)	0.577
· ·	-extremely	14 (5.2%)	1 (4.3%) 3(13%) 2 (8.7%)	0.577
· ·	-extremely	14 (5.2%) 21(7.8%) 59(21.9%) 48(17.8%)	1 (4.3%) 3(13%) 2 (8.7%) 2 (8.7%)	0.577
· ·	- none -not much	14 (5.2%) 21(7.8%) 59(21.9%)	1 (4.3%) 3(13%) 2 (8.7%) 2 (8.7%) 9 (39.1%)	0.577
	- none -not much -moderately -enough -extremely	14 (5.2%) 21(7.8%) 59(21.9%) 48(17.8%)	1 (4.3%) 3(13%) 2 (8.7%) 2 (8.7%)	0.577
19.Reminders of it caused me to	- none -not much -moderately -enough -extremely	14 (5.2%) 21(7.8%) 59(21.9%) 48(17.8%) 81(30%)	1 (4.3%) 3(13%) 2 (8.7%) 2 (8.7%) 9 (39.1%)	
19.Reminders of it caused me to reactions, such as sweating, tro	- none -not much -moderately -enough -extremely	14 (5.2%) 21(7.8%) 59(21.9%) 48(17.8%) 81(30%)	1 (4.3%) 3(13%) 2 (8.7%) 2 (8.7%) 9 (39.1%)	
19.Reminders of it caused me to	- none -not much -moderately -enough -extremely o have physical uble breathing,	14 (5.2%) 21(7.8%) 59(21.9%) 48(17.8%) 81(30%) 61(22.6%)	1 (4.3%) 3(13%) 2 (8.7%) 2 (8.7%) 9 (39.1%) 7 (30.4%)	
19.Reminders of it caused me to reactions, such as sweating, tro	- none -not much -moderately -enough -extremely o have physical uble breathing, - none	14 (5.2%) 21(7.8%) 59(21.9%) 48(17.8%) 81(30%) 61(22.6%)	1 (4.3%) 3(13%) 2 (8.7%) 2 (8.7%) 9 (39.1%) 7 (30.4%)	
19.Reminders of it caused me to reactions, such as sweating, tro	- none -not much -moderately -enough -extremely o have physical uble breathing, - none -not much	14 (5.2%) 21(7.8%) 59(21.9%) 48(17.8%) 81(30%) 61(22.6%) 136 (50.4%) 59 (21.9%)	1 (4.3%) 3(13%) 2 (8.7%) 2 (8.7%) 9 (39.1%) 7 (30.4%) 11 (47.8%) 5 (21.7%)	
19.Reminders of it caused me to reactions, such as sweating, tro	- extremely - none -not much -moderately -enough -extremely b have physical uble breathing, - none -not much -moderately	14 (5.2%) 21(7.8%) 59(21.9%) 48(17.8%) 81(30%) 61(22.6%) 136 (50.4%) 59 (21.9%) 28 (10.4%)	1 (4.3%) 3(13%) 2 (8.7%) 2 (8.7%) 9 (39.1%) 7 (30.4%) 11 (47.8%) 5 (21.7%) 0	
19.Reminders of it caused me to reactions, such as sweating, tro	- none -not much -moderately -enough -extremely o have physical uble breathing, - none -not much	14 (5.2%) 21(7.8%) 59(21.9%) 48(17.8%) 81(30%) 61(22.6%) 136 (50.4%) 59 (21.9%) 28 (10.4%) 33 (12.2%)	1 (4.3%) 3(13%) 2 (8.7%) 2 (8.7%) 9 (39.1%) 7 (30.4%) 11 (47.8%) 5 (21.7%) 0 5 (21.7%)	0.326
19.Reminders of it caused me to reactions, such as sweating, tro nausea, or a pounding heart.	- extremely - none -not much -moderately -enough -extremely o have physical uble breathing, - none -not much -moderately -enough	14 (5.2%) 21(7.8%) 59(21.9%) 48(17.8%) 81(30%) 61(22.6%) 136 (50.4%) 59 (21.9%) 28 (10.4%)	1 (4.3%) 3(13%) 2 (8.7%) 2 (8.7%) 9 (39.1%) 7 (30.4%) 11 (47.8%) 5 (21.7%) 0	0.326
19.Reminders of it caused me to reactions, such as sweating, tro	- extremely - none -not much -moderately -enough -extremely o have physical uble breathing, - none -not much -moderately -enough -extremely	14 (5.2%) 21(7.8%) 59(21.9%) 48(17.8%) 81(30%) 61(22.6%) 136 (50.4%) 59 (21.9%) 28 (10.4%) 33 (12.2%) 14 (5.2%)	1 (4.3%) 3(13%) 2 (8.7%) 2 (8.7%) 9 (39.1%) 7 (30.4%) 11 (47.8%) 5 (21.7%) 0 5 (21.7%) 2 (8.7%)	0.326
19.Reminders of it caused me to reactions, such as sweating, tro nausea, or a pounding heart.	- extremely - none -not much -moderately -enough -extremely o have physical uble breathing, - none -not much -moderately -enough -extremely - none	14 (5.2%) 21(7.8%) 59(21.9%) 48(17.8%) 81(30%) 61(22.6%) 136 (50.4%) 59 (21.9%) 28 (10.4%) 33 (12.2%) 14 (5.2%)	1 (4.3%) 3(13%) 2 (8.7%) 2 (8.7%) 9 (39.1%) 7 (30.4%) 11 (47.8%) 5 (21.7%) 0 5 (21.7%) 2 (8.7%) 13(56.6%)	0.326
19.Reminders of it caused me to reactions, such as sweating, tro nausea, or a pounding heart.	-extremely - none -not much -moderately -enough -extremely o have physical uble breathing, - none -not much -moderately -enough -extremely - none -not much	14 (5.2%) 21(7.8%) 59(21.9%) 48(17.8%) 81(30%) 61(22.6%) 136 (50.4%) 59 (21.9%) 28 (10.4%) 33 (12.2%) 14 (5.2%) 129(47.8%) 67(24.8%)	1 (4.3%) 3(13%) 2 (8.7%) 2 (8.7%) 9 (39.1%) 7 (30.4%) 11 (47.8%) 5 (21.7%) 0 5 (21.7%) 2 (8.7%) 13(56.6%) 2 (8.7%)	0.326
19.Reminders of it caused me to reactions, such as sweating, tro nausea, or a pounding heart.	- extremely - none -not much -moderately -enough -extremely o have physical uble breathing, - none -not much -moderately -enough -extremely - none	14 (5.2%) 21(7.8%) 59(21.9%) 48(17.8%) 81(30%) 61(22.6%) 136 (50.4%) 59 (21.9%) 28 (10.4%) 33 (12.2%) 14 (5.2%) 129(47.8%) 67(24.8%) 33(12.2%)	1 (4.3%) 3(13%) 2 (8.7%) 2 (8.7%) 9 (39.1%) 7 (30.4%) 11 (47.8%) 5 (21.7%) 0 5 (21.7%) 2 (8.7%) 13(56.6%) 2 (8.7%) 4(17.4%)	
19.Reminders of it caused me to reactions, such as sweating, tro nausea, or a pounding heart.	-extremely - none -not much -moderately -enough -extremely o have physical uble breathing, - none -not much -moderately -enough -extremely - none -not much -moderately -enough -extremely	14 (5.2%) 21(7.8%) 59(21.9%) 48(17.8%) 81(30%) 61(22.6%) 136 (50.4%) 59 (21.9%) 28 (10.4%) 33 (12.2%) 14 (5.2%) 129(47.8%) 67(24.8%) 33(12.2%) 10(27%)	1 (4.3%) 3 (13%) 2 (8.7%) 2 (8.7%) 9 (39.1%) 7 (30.4%) 11 (47.8%) 5 (21.7%) 0 5 (21.7%) 2 (8.7%) 13 (56.6%) 2 (8.7%) 4 (17.4%) 2 (8.7%)	0.326
19.Reminders of it caused me to reactions, such as sweating, tro nausea, or a pounding heart.	-extremely - none -not much -moderately -enough -extremely o have physical uble breathing, - none -not much -moderately -enough -extremely - none -not much -moderately -enough -extremely	14 (5.2%) 21(7.8%) 59(21.9%) 48(17.8%) 81(30%) 61(22.6%) 136 (50.4%) 59 (21.9%) 28 (10.4%) 33 (12.2%) 14 (5.2%) 129(47.8%) 67(24.8%) 33(12.2%)	1 (4.3%) 3(13%) 2 (8.7%) 2 (8.7%) 9 (39.1%) 7 (30.4%) 11 (47.8%) 5 (21.7%) 0 5 (21.7%) 2 (8.7%) 13(56.6%) 2 (8.7%) 4(17.4%)	0.326
19.Reminders of it caused me to reactions, such as sweating, tro nausea, or a pounding heart. 20.I had dreams about it.	- extremely - none -not much -moderately -enough -extremely o have physical uble breathing, - none -not much -moderately -enough -extremely - none -not much -moderately -enough -extremely	14 (5.2%) 21(7.8%) 59(21.9%) 48(17.8%) 81(30%) 61(22.6%) 136 (50.4%) 59 (21.9%) 28 (10.4%) 33 (12.2%) 14 (5.2%) 129(47.8%) 67(24.8%) 33(12.2%) 10(27%)	1 (4.3%) 3 (13%) 2 (8.7%) 2 (8.7%) 9 (39.1%) 7 (30.4%) 11 (47.8%) 5 (21.7%) 0 5 (21.7%) 2 (8.7%) 13 (56.6%) 2 (8.7%) 4 (17.4%) 2 (8.7%)	0.326
19.Reminders of it caused me to reactions, such as sweating, tro nausea, or a pounding heart.	-extremely - none -not much -moderately -enough -extremely o have physical uble breathing, - none -not much -moderately -enough -extremely - none -not much -moderately -enough -extremely	14 (5.2%) 21(7.8%) 59(21.9%) 48(17.8%) 81(30%) 61(22.6%) 136 (50.4%) 59 (21.9%) 28 (10.4%) 33 (12.2%) 14 (5.2%) 129(47.8%) 67(24.8%) 33(12.2%) 10(27%)	1 (4.3%) 3 (13%) 2 (8.7%) 2 (8.7%) 9 (39.1%) 7 (30.4%) 11 (47.8%) 5 (21.7%) 0 5 (21.7%) 2 (8.7%) 13 (56.6%) 2 (8.7%) 4 (17.4%) 2 (8.7%)	0.326
19.Reminders of it caused me to reactions, such as sweating, tro nausea, or a pounding heart. 20.I had dreams about it.	-extremely - none -not much -moderately -enough -extremely o have physical uble breathing, - none -not much -moderately -enough -extremely	14 (5.2%) 21(7.8%) 59(21.9%) 48(17.8%) 81(30%) 61(22.6%) 136 (50.4%) 59 (21.9%) 28 (10.4%) 33 (12.2%) 14 (5.2%) 129(47.8%) 67(24.8%) 33(12.2%) 10(27%) 14(5.2%)	1 (4.3%) 3 (13%) 2 (8.7%) 2 (8.7%) 9 (39.1%) 7 (30.4%) 11 (47.8%) 5 (21.7%) 0 5 (21.7%) 2 (8.7%) 13(56.6%) 2 (8.7%) 4(17.4%) 2 (8.7%) 2 (8.7%)	0.326
19.Reminders of it caused me to reactions, such as sweating, tro nausea, or a pounding heart. 20.I had dreams about it.	-extremely - none -not much -moderately -enough -extremely o have physical uble breathing, - none -not much -moderately -enough -extremely - none -not much -moderately -enough -extremely - none -not much -moderately -enough -extremely	14 (5.2%) 21(7.8%) 59(21.9%) 48(17.8%) 81(30%) 61(22.6%) 136 (50.4%) 59 (21.9%) 28 (10.4%) 33 (12.2%) 14 (5.2%) 129(47.8%) 67(24.8%) 33(12.2%) 10(27%) 14(5.2%)	1 (4.3%) 3 (13%) 2 (8.7%) 2 (8.7%) 9 (39.1%) 7 (30.4%) 11 (47.8%) 5 (21.7%) 0 5 (21.7%) 2 (8.7%) 13(56.6%) 2 (8.7%) 4(17.4%) 2 (8.7%) 2 (8.7%) 2 (8.7%)	0.326
19.Reminders of it caused me to reactions, such as sweating, tro nausea, or a pounding heart. 20.I had dreams about it.	-extremely - none -not much -moderately -enough -extremely o have physical uble breathing, - none -not much -moderately -enough -extremely - none -not much -moderately -enough -extremely - none -not much -moderately -enough -extremely	14 (5.2%) 21(7.8%) 59(21.9%) 48(17.8%) 81(30%) 61(22.6%) 136 (50.4%) 59 (21.9%) 28 (10.4%) 33 (12.2%) 14 (5.2%) 129(47.8%) 67(24.8%) 33(12.2%) 10(27%) 14(5.2%) 29(10.7%) 35(13%) 71(26.7%)	1 (4.3%) 3 (13%) 2 (8.7%) 2 (8.7%) 9 (39.1%) 7 (30.4%) 11 (47.8%) 5 (21.7%) 0 5 (21.7%) 2 (8.7%) 13(56.6%) 2 (8.7%) 4(17.4%) 2 (8.7%) 2 (8.7%) 2 (8.7%) 2 (8.7%) 4 (17.4%) 2 (8.7%) 4 (17.4%) 2 (8.7%) 4 (17.4%)	0.326
19.Reminders of it caused me to reactions, such as sweating, tro nausea, or a pounding heart. 20.I had dreams about it.	-extremely - none -not much -moderately -enough -extremely o have physical uble breathing, - none -not much -moderately -enough -extremely - none -not much -moderately -enough -extremely - none -not much -moderately -enough -extremely	14 (5.2%) 21(7.8%) 59(21.9%) 48(17.8%) 81(30%) 61(22.6%) 136 (50.4%) 59 (21.9%) 28 (10.4%) 33 (12.2%) 14 (5.2%) 129(47.8%) 67(24.8%) 33(12.2%) 10(27%) 14(5.2%) 29(10.7%) 35(13%) 71(26.7%) 91(33.7%)	1 (4.3%) 3 (13%) 2 (8.7%) 2 (8.7%) 9 (39.1%) 7 (30.4%) 11 (47.8%) 5 (21.7%) 0 5 (21.7%) 2 (8.7%) 13(56.6%) 2 (8.7%) 4(17.4%) 2 (8.7%) 2 (8.7%) 2 (8.7%) 4 (17.4%) 10 (43.5%)	0.326 0.358
19.Reminders of it caused me to reactions, such as sweating, tro nausea, or a pounding heart. 20.I had dreams about it. 21. I felt watchful and on-guard.	- extremely - none -not much -moderately -enough -extremely o have physical uble breathing, - none -not much -moderately -enough -extremely - none -not much -moderately -enough -extremely - none -not much -moderately -enough -extremely	14 (5.2%) 21(7.8%) 59(21.9%) 48(17.8%) 81(30%) 61(22.6%) 136 (50.4%) 59 (21.9%) 28 (10.4%) 33 (12.2%) 14 (5.2%) 129(47.8%) 67(24.8%) 33(12.2%) 10(27%) 14(5.2%) 29(10.7%) 35(13%) 71(26.7%) 91(33.7%) 43(15.9%)	1 (4.3%) 3 (13%) 2 (8.7%) 2 (8.7%) 9 (39.1%) 7 (30.4%) 11 (47.8%) 5 (21.7%) 0 5 (21.7%) 2 (8.7%) 13(56.6%) 2 (8.7%) 4(17.4%) 2 (8.7%) 2 (8.7%) 2 (8.7%) 2 (8.7%) 4 (17.4%) 10 (43.5%) 5 (21.7%)	0.326
19.Reminders of it caused me to reactions, such as sweating, tro nausea, or a pounding heart. 20.I had dreams about it.	- extremely - none -not much -moderately -enough -extremely - have physical uble breathing, - none -not much -moderately -enough -extremely	14 (5.2%) 21(7.8%) 59(21.9%) 48(17.8%) 81(30%) 61(22.6%) 136 (50.4%) 59 (21.9%) 28 (10.4%) 33 (12.2%) 14 (5.2%) 129(47.8%) 67(24.8%) 33(12.2%) 10(27%) 14(5.2%) 29(10.7%) 35(13%) 71(26.7%) 91(33.7%) 43(15.9%) 92 (34.1%)	1 (4.3%) 3 (13%) 2 (8.7%) 2 (8.7%) 9 (39.1%) 7 (30.4%) 11 (47.8%) 5 (21.7%) 0 5 (21.7%) 2 (8.7%) 13(56.6%) 2 (8.7%) 4(17.4%) 2 (8.7%) 2 (8.7%) 2 (8.7%) 4 (17.4%) 10 (43.5%) 5 (21.7%) 5 (21.7%)	0.326 0.358
19.Reminders of it caused me to reactions, such as sweating, tro nausea, or a pounding heart. 20.I had dreams about it. 21. I felt watchful and on-guard.	- extremely - none -not much -moderately -enough -extremely o have physical uble breathing, - none -not much -moderately -enough -extremely - none -not much -moderately -enough -extremely - none -not much -moderately -enough -extremely	14 (5.2%) 21(7.8%) 59(21.9%) 48(17.8%) 81(30%) 61(22.6%) 136 (50.4%) 59 (21.9%) 28 (10.4%) 33 (12.2%) 14 (5.2%) 129(47.8%) 67(24.8%) 33(12.2%) 10(27%) 14(5.2%) 29(10.7%) 35(13%) 71(26.7%) 91(33.7%) 43(15.9%) 92 (34.1%) 65 (24.1%)	1 (4.3%) 3 (13%) 2 (8.7%) 2 (8.7%) 9 (39.1%) 7 (30.4%) 11 (47.8%) 5 (21.7%) 0 5 (21.7%) 2 (8.7%) 13(56.6%) 2 (8.7%) 4(17.4%) 2 (8.7%) 2 (8.7%) 2 (8.7%) 2 (8.7%) 5 (21.7%) 5 (21.7%) 5 (21.7%) 5 (21.7%)	0.326 0.358
19.Reminders of it caused me to reactions, such as sweating, tro nausea, or a pounding heart. 20.I had dreams about it. 21. I felt watchful and on-guard.	- extremely - none -not much -moderately -enough -extremely b have physical uble breathing, - none -not much -moderately -enough -extremely - none -not much -moderately -enough -extremely - none -not much -moderately -enough -extremely - none -not much -moderately -enough -extremely - none -not much -moderately -enough -extremely - none -not much -moderately - none -not much -moderately - none	14 (5.2%) 21(7.8%) 59(21.9%) 48(17.8%) 81(30%) 61(22.6%) 136 (50.4%) 59 (21.9%) 28 (10.4%) 33 (12.2%) 14 (5.2%) 129(47.8%) 67(24.8%) 33(12.2%) 10(27%) 14(5.2%) 29(10.7%) 35(13%) 71(26.7%) 91(33.7%) 43(15.9%) 92 (34.1%)	1 (4.3%) 3 (13%) 2 (8.7%) 2 (8.7%) 9 (39.1%) 7 (30.4%) 11 (47.8%) 5 (21.7%) 0 5 (21.7%) 2 (8.7%) 13(56.6%) 2 (8.7%) 4(17.4%) 2 (8.7%) 2 (8.7%) 2 (8.7%) 4 (17.4%) 10 (43.5%) 5 (21.7%) 5 (21.7%)	0.326 0.358
19.Reminders of it caused me to reactions, such as sweating, tro nausea, or a pounding heart. 20.I had dreams about it. 21. I felt watchful and on-guard.	-extremely - none -not much -moderately -enough -extremely o have physical uble breathing, - none -not much -moderately -enough -extremely - none -not much -moderately -enough -extremely -enough -extremely -enough -extremely	14 (5.2%) 21(7.8%) 59(21.9%) 48(17.8%) 81(30%) 61(22.6%) 136 (50.4%) 59 (21.9%) 28 (10.4%) 33 (12.2%) 14 (5.2%) 129(47.8%) 67(24.8%) 33(12.2%) 10(27%) 14(5.2%) 29(10.7%) 35(13%) 71(26.7%) 91(33.7%) 43(15.9%) 92 (34.1%) 65 (24.1%)	1 (4.3%) 3 (13%) 2 (8.7%) 2 (8.7%) 9 (39.1%) 7 (30.4%) 11 (47.8%) 5 (21.7%) 0 5 (21.7%) 2 (8.7%) 13(56.6%) 2 (8.7%) 4(17.4%) 2 (8.7%) 2 (8.7%) 2 (8.7%) 2 (8.7%) 5 (21.7%) 5 (21.7%) 5 (21.7%) 5 (21.7%)	0.326 0.358

AMENORRHEA

PATIENTS n.293 (100%)		No (132 / 45.1%)	Increse (86/29.4%)	Reduction (75/25.6%)	P
1.Any reminder brought back	feelings about it	(132 / 73.1/0)	(00) 23.7/0)	(7.5, 25.0/0)	
-	-none	13 (8.2%)	3 (3.5%)	9 (12%)	
	-not much	33 (25.7%)	22 (25.6%)	18 (24%)	
	-moderately	38 (37.7%)	34 (39.5 %)	23 (30.7%)	
	-enough	41 (24%)	21 (24.4%)	19 (25.3%)	
	-extremely	7 (4.4%)	6(7%)	6 (8%)	0.485
2.I had trouble staying asleep					
- asieep	-none	46 (34.8%)	20 (23.3%)	16(21.3%)	
	-not much	24 (18.2%)	18 (20.9%)	13 (17.3%)	
	-moderately	22 (16.7%)	16 (18.6 %)	12 (16%)	
	-enough	27 (20.5%)	16 (18.6 %)	28 (37.3%)	
	-extremely	13 (9.8%)	16 (18.6 %)	6 (8%)	0.036*
3.Other things kept making m	ne think about				
it.	- none	14 (10.6%)	11 (12.8%)	7(9.3%)	
	-not much	33 (25%)	25 (29.1 %)	15 (20%)	
	-moderately	50 (37.9%)	25 (29.1 %)	28 (37.3%)	
	-enough	24 (18.2%)	22(25.6 %)	20 (26.7%)	
	-extremely	11 (8.3%)	3 (3.5 %)	5 (6.7%)	0.537
4.I felt irritable and angry	,	22 (0:07:)	(0.0 7.5)	2 (0)	
		0/64 40/	4/4 ====	4/1 200	
	- none	8(61.1%)	4(4.7%)	1(1.3%)	
	-not much	27 (20.5%)	14(16.3%)	17(22.7%)	
	-moderately	38(28.8%)	20(23.3%)	15(20%)	
	-enough -extremely	32(24.2%) 27 (20.5%)	34(39.5%) 14(16.3%)	34(45.3%) 8(10.7%)	0.060
5.I avoided letting myself get thought about it or was remi	upset when I	27 (20.3%)	14(10.378)	8(10.7%)	0.000
	- none	15(11.4%)	7(8.1%)	6(8%)	
	-not much	51(38.6%)	20(23.3%)	21(28%)	
	-moderately	37 (28%)	35(40.7%)	20(26.7%)	
	-enough	27 (20.5%)	23(26.7%)	23(30.7%)	
	-extremely	2 (1.5%)	1(1.2%)	5(6.7%)	0.037*
6.I thought about it when I di	dn't mean t				
	- none	9 (6.8%)	11(12.8%)	10(13.3%)	
	-not much	33 (25%)	27(31.4%)	18(24%)	
	-moderately	45 (34.1%)	22(25.6%)	25(33.3%)	
	-enough	34 (25.8%)	22(25.6%)	16(21.3%)	
	-extremely	11 (8.3%)	4(4.7%)	6(8%)	0.575
7.I felt as if it hadn't happene					
	- none	56(42.4%)	26 (30.2%)	25 (33%)	
	-not much	25(18.9%)	23 (26.7%)	16 (21.3%)	
	-moderately	22(16.7%)	19 (22%)	13 (17.3%)	
	-enough -extremely	23 (17.4%) 6 (4.5%)	14 (16.3%) 4 (4.7%)	18 (24%) 3 (4%)	0.612
8.I stayed away from reminde		0 (4.570)	4 (4.770)	3 (470)	0.012
	- none	42 (31.8%)	23 (26.7%)	15 (20%)	
	-not much	47 (35.6%)	35 (40.7%)	25 (33.3%)	
	-moderately	30 (22.7%)	21 (24.4%)	16 (21.3%)	
	-enough	8 (6.1%)	5 (5.8%)	14 (18.7%)	
	-extremely	5 (3.8%)	2 (2.3%)	5 (6.7%)	0.060
9. Pictures about it popped in					
•	- none	41 (31.1%)	26 (30.2%)	21 (28%)	
	-not much	35 (26.5 %)	23 (26.7%)	28 (37.3%)	
	-moderately	36 (27.3%)	21 (24.4 %)	13 (17%)	
	-enough	12 (9.1%)	12 (14%)	11 (14.7%)	
10.I was jumpy and easily sta	-extremely rtled.	8 (6.1%)	4(4.7%)	2 (2.7%)	0.521
	- none	23 (17.4%)	11 (12%)	10 (13%)	
	-not much	35 (26%)	27 (31.4%)	19 (25.3%)	
	-moderately	27 (20.5 %)	18 (20.9 %)	23 (30.7%)	
	-enough	30 (22%)	22 (25.6%)	16 (12%)	
	-extremely	17 (12%)	8 (9.3%)	7 (9.3%)	0.738

11.I tried not to think about it.			_ ,,,,	- /	
	- none	10 (7.6%)	9 (10.5%)	5 (6.7%)	
	-not much	37 (28%)	20 (23.3 %)	11 (14.7%)	
	-moderately	41 (31.1%)	19 (22.1%)	24 (32%)	
	-enough	32 (24.2 %)	31 (36%)	28 (37.3%)	
	-extremely	12 (9.1%)	7 (8.1%)	7 (9.3%)	0.262
12. I was aware that I still had a	-				
about it, but I didn't deal with t		24 (25 00()	24 (27 0 0()	22 (20 70)	
	- none	34 (25.8%)	24 (27.9 %)	23 (30.7%)	
	-not much	36 (27.3%)	20 (23.3%)	16 (12.3%)	
	-moderately	33 (25%)	22 (25.6%)	22 (29.3%)	
	-enough	26 (16.7 %)	15 (17.4%) 5 (5.8%)	13 (17v3%)	0.770
13.My feelings about it were ki	-extremely	3 (2.3%)	3 (3.6%)	1 (1.3%)	0.770
	- none	53 (40.2%)	30 (34%)	23 (30.7%)	
•	-not much	27 (20.5%)	23 (26%)	20 (26.7%)	
	-moderately	33 (25%)	15 (17%)	14 (18.7%)	
	-enough	16 (12.1%)	14 (16%)	14 (18%)	
	-extremely	3(2.3%)	4 (4.7%)	4(5.3%)	0.528
14.I found myself acting or feel		3(2.370)	4 (4.770)	4(3.570)	0.320
back at that time.	ing like i was				
back at that time.	- none	45 (34.1%)	27(31.4%)	24 (32%)	
	-not much	38 (28.4%)	26 (30.2%)	26 (34.7%)	
	-moderately	25 (18.9%)	15 (17.4%)	12 (16%)	
	-enough	23 (17.4%)	13 (15.1%)	10 (13.3%)	
	-extremely	1(0.8%)	5(5.8%)	3 (4%)	0.639
15.I had trouble falling asleep.	z.i.z. cinicity	_(0.0,0)	5(5.5,0)	5 (.,,,,	0.033
	- none	43 (32.6%)	16 (18%)	18 (24%)	
	-not much	23 (17.4%)	19 (22.1%)	14 (18.7%)	
	-moderately	16 (12.1%)	14 (16.3%)	9 (12%)	
	-enough	27 (20.5%)	19 (22.1%)	21 (28%)	
	-extremely	23 (17.4%)	18 (20.9%)	13 (17.3%)	0.524
16.I had waves of strong feeling		,	. ()		
	-				
	- none	22 (16.7%)	12 (14%)	16 (21.3%)	
	-not much	35 (26.5%)	22 (25.6%)	18 (24%)	
	-moderately	35 (26.5%)	19 (22.1%)	19 (25.3%)	
	-enough	26 (19.7%)	23 (26.7%)	15 (20%)	
	-extremely	14 (10.6%)	10 (11.6%)	7(9.3%)	0.909
17.I tried to remove it from my	memory.				
	- none	58 (43%)	32 (37.2%)	32 (42.7%)	
	-not much	35 (26.5%)	23 (26.7%)	15 (20%)	
	-moderately	18 (13.6%)	16 (18.6%)	9(12%)	
	-enough	10 (7.6%)	13 (15.1%)	17 (22.7%)	
	-extremely	11 (8.3%)	2 (2.3%)	2 (2.7%)	0.043*
18.I had trouble concentrating.					
•	- none	16 (12.1%)	3(3.5%)	5 (6.7%)	
	-not much	29 (22%)	15 (17.4%)	17 (22.7%)	
	-moderately	24 (18.2%)	16(18.6%)	10 (13.3%)	
		' '	0.4 (0.60()		
	-enough	36 (27.3%)	31 (36%)	23 (30.7%)	
	-enough -extremely	' '	31 (36%) 21 (24.4%)	23 (30.7%) 20 (26.7%)	
10 Domind	-extremely	36 (27.3%)			0.368
19.Reminders of it caused me t	-extremely to have physical	36 (27.3%)			0.368
reactions, such as sweating, tro	-extremely to have physical	36 (27.3%)			0.368
	-extremely to have physical	36 (27.3%)			0.368
reactions, such as sweating, tro	-extremely to have physical puble breathing,	36 (27.3%) 27 (20.5%)	21 (24.4%)	20 (26.7%)	0.368
reactions, such as sweating, tro	-extremely to have physical puble breathing, - none	36 (27.3%) 27 (20.5%) 64 (48.5%)	21 (24.4%)	20 (26.7%)	0.368
reactions, such as sweating, tro	-extremely to have physical puble breathing, - none -not much	36 (27.3%) 27 (20.5%) 64 (48.5%) 28 (21%)	21 (24.4%) 46 (53.5%) 21 (24.4%)	20 (26.7%) 37 (49.3%) 15 (20%)	0.368
reactions, such as sweating, tro	-extremely to have physical puble breathing, - none -not much -moderately	36 (27.3%) 27 (20.5%) 64 (48.5%) 28 (21%) 19 (14%)	21 (24.4%) 46 (53.5%) 21 (24.4%) 4 (4.7%)	20 (26.7%) 37 (49.3%) 15 (20%) 5 (6%)	0.368
reactions, such as sweating, tro	-extremely to have physical puble breathing, - none -not much -moderately -enough	36 (27.3%) 27 (20.5%) 64 (48.5%) 28 (21%) 19 (14%) 14 (10.6%)	21 (24.4%) 46 (53.5%) 21 (24.4%) 4 (4.7%) 12 (14%)	20 (26.7%) 37 (49.3%) 15 (20%) 5 (6%) 12 (16%)	
reactions, such as sweating, tro nausea, or a pounding heart.	-extremely to have physical puble breathing, - none -not much -moderately	36 (27.3%) 27 (20.5%) 64 (48.5%) 28 (21%) 19 (14%)	21 (24.4%) 46 (53.5%) 21 (24.4%) 4 (4.7%)	20 (26.7%) 37 (49.3%) 15 (20%) 5 (6%)	0.368
reactions, such as sweating, tro	-extremely to have physical puble breathing, - none -not much -moderately -enough -extremely	36 (27.3%) 27 (20.5%) 64 (48.5%) 28 (21%) 19 (14%) 14 (10.6%) 7 (5.3%)	21 (24.4%) 46 (53.5%) 21 (24.4%) 4 (4.7%) 12 (14%) 3 (3.5%)	20 (26.7%) 37 (49.3%) 15 (20%) 5 (6%) 12 (16%) 6 (8%)	
reactions, such as sweating, tro nausea, or a pounding heart.	-extremely to have physical puble breathing, - none -not much -moderately -enough -extremely - none	36 (27.3%) 27 (20.5%) 64 (48.5%) 28 (21%) 19 (14%) 14 (10.6%) 7 (5.3%) 61 (46.2%)	21 (24.4%) 46 (53.5%) 21 (24.4%) 4 (4.7%) 12 (14%) 3 (3.5%) 41 (47.7%)	20 (26.7%) 37 (49.3%) 15 (20%) 5 (6%) 12 (16%) 6 (8%) 40 (53.3%)	
reactions, such as sweating, tro nausea, or a pounding heart.	-extremely to have physical puble breathing, - none -not much -moderately -enough -extremely - none -not much	36 (27.3%) 27 (20.5%) 64 (48.5%) 28 (21%) 19 (14%) 14 (10.6%) 7 (5.3%) 61 (46.2%) 29 (22%)	21 (24.4%) 46 (53.5%) 21 (24.4%) 4 (4.7%) 12 (14%) 3 (3.5%) 41 (47.7%) 24 (27.9%)	20 (26.7%) 37 (49.3%) 15 (20%) 5 (6%) 12 (16%) 6 (8%) 40 (53.3%) 16 (12.3%)	
reactions, such as sweating, tro nausea, or a pounding heart.	-extremely to have physical puble breathing, - none -not much -moderately -enough -extremely - none -not much -moderately	36 (27.3%) 27 (20.5%) 64 (48.5%) 28 (21%) 19 (14%) 14 (10.6%) 7 (5.3%) 61 (46.2%) 29 (22%) 22 (16.7%)	21 (24.4%) 46 (53.5%) 21 (24.4%) 4 (4.7%) 12 (14%) 3 (3.5%) 41 (47.7%) 24 (27.9%) 11 (12.8%)	20 (26.7%) 37 (49.3%) 15 (20%) 5 (6%) 12 (16%) 6 (8%) 40 (53.3%) 16 (12.3%) 4 (5.3%)	
reactions, such as sweating, tro nausea, or a pounding heart.	-extremely to have physical puble breathing, - none -not much -moderately -enough -extremely - none -not much -moderately -enough	36 (27.3%) 27 (20.5%) 64 (48.5%) 28 (21%) 19 (14%) 14 (10.6%) 7 (5.3%) 61 (46.2%) 29 (22%) 22 (16.7%) 11 (8.3%)	21 (24.4%) 46 (53.5%) 21 (24.4%) 4 (4.7%) 12 (14%) 3 (3.5%) 41 (47.7%) 24 (27.9%) 11 (12.8%) 9 (10.5%)	20 (26.7%) 37 (49.3%) 15 (20%) 5 (6%) 12 (16%) 6 (8%) 40 (53.3%) 16 (12.3%) 4 (5.3%) (12%)	
reactions, such as sweating, tro nausea, or a pounding heart.	-extremely to have physical puble breathing, - none -not much -moderately -enough -extremely - none -not much -moderately	36 (27.3%) 27 (20.5%) 64 (48.5%) 28 (21%) 19 (14%) 14 (10.6%) 7 (5.3%) 61 (46.2%) 29 (22%) 22 (16.7%)	21 (24.4%) 46 (53.5%) 21 (24.4%) 4 (4.7%) 12 (14%) 3 (3.5%) 41 (47.7%) 24 (27.9%) 11 (12.8%)	20 (26.7%) 37 (49.3%) 15 (20%) 5 (6%) 12 (16%) 6 (8%) 40 (53.3%) 16 (12.3%) 4 (5.3%)	0.310
reactions, such as sweating, tro nausea, or a pounding heart. 20.I had dreams about it.	-extremely to have physical puble breathing, - none -not much -moderately -enough -extremely - none -not much -moderately -enough -extremely	36 (27.3%) 27 (20.5%) 64 (48.5%) 28 (21%) 19 (14%) 14 (10.6%) 7 (5.3%) 61 (46.2%) 29 (22%) 22 (16.7%) 11 (8.3%)	21 (24.4%) 46 (53.5%) 21 (24.4%) 4 (4.7%) 12 (14%) 3 (3.5%) 41 (47.7%) 24 (27.9%) 11 (12.8%) 9 (10.5%)	20 (26.7%) 37 (49.3%) 15 (20%) 5 (6%) 12 (16%) 6 (8%) 40 (53.3%) 16 (12.3%) 4 (5.3%) (12%)	
reactions, such as sweating, tro nausea, or a pounding heart.	-extremely to have physical puble breathing, - none -not much -moderately -enough -extremely - none -not much -moderately -enough -extremely	36 (27.3%) 27 (20.5%) 64 (48.5%) 28 (21%) 19 (14%) 14 (10.6%) 7 (5.3%) 61 (46.2%) 29 (22%) 22 (16.7%) 11 (8.3%)	21 (24.4%) 46 (53.5%) 21 (24.4%) 4 (4.7%) 12 (14%) 3 (3.5%) 41 (47.7%) 24 (27.9%) 11 (12.8%) 9 (10.5%)	20 (26.7%) 37 (49.3%) 15 (20%) 5 (6%) 12 (16%) 6 (8%) 40 (53.3%) 16 (12.3%) 4 (5.3%) (12%)	0.310
reactions, such as sweating, tro nausea, or a pounding heart. 20.I had dreams about it. 21. I felt watchful and on-guard	- extremely to have physical puble breathing, - none -not much -moderately -enough -extremely - none -not much -moderately -enough -extremely -the moderately -enough -extremely -extremely	36 (27.3%) 27 (20.5%) 64 (48.5%) 28 (21%) 19 (14%) 14 (10.6%) 7 (5.3%) 61 (46.2%) 29 (22%) 22 (16.7%) 11 (8.3%) 9 (6.8%)	21 (24.4%) 46 (53.5%) 21 (24.4%) 4 (4.7%) 12 (14%) 3 (3.5%) 41 (47.7%) 24 (27.9%) 11 (12.8%) 9 (10.5%) 1(1.2%)	20 (26.7%) 37 (49.3%) 15 (20%) 5 (6%) 12 (16%) 6 (8%) 40 (53.3%) 16 (12.3%) 4 (5.3%) (12%) 6 (8%)	0.310
reactions, such as sweating, tro nausea, or a pounding heart. 20.I had dreams about it. 21. I felt watchful and on-guard	-extremely to have physical puble breathing, - none -not much -moderately -enough -extremely - none -not much -moderately -enough -extremely - none -not much -moderately -enough -extremely d none	36 (27.3%) 27 (20.5%) 64 (48.5%) 28 (21%) 19 (14%) 14 (10.6%) 7 (5.3%) 61 (46.2%) 29 (22%) 22 (16.7%) 11 (8.3%) 9 (6.8%)	21 (24.4%) 46 (53.5%) 21 (24.4%) 4 (4.7%) 12 (14%) 3 (3.5%) 41 (47.7%) 24 (27.9%) 11 (12.8%) 9 (10.5%) 1(1.2%) 11 (12.8%) 11 (12.8%)	20 (26.7%) 37 (49.3%) 15 (20%) 5 (6%) 12 (16%) 6 (8%) 40 (53.3%) 16 (12.3%) 4 (5.3%) (12%) 6 (8%) 5 (6.7%) 8 (10.7%)	0.310
reactions, such as sweating, tro nausea, or a pounding heart. 20.I had dreams about it. 21. I felt watchful and on-guard	-extremely to have physical puble breathing, - none -not much -moderately -enough -extremely - none -not much -moderately -enough -extremely - none -not much -moderately -enough -extremely	36 (27.3%) 27 (20.5%) 64 (48.5%) 28 (21%) 19 (14%) 14 (10.6%) 7 (5.3%) 61 (46.2%) 29 (22%) 22 (16.7%) 11 (8.3%) 9 (6.8%) 15 (11.4%) 18 (13%) 38 (28.8%)	21 (24.4%) 46 (53.5%) 21 (24.4%) 4 (4.7%) 12 (14%) 3 (3.5%) 41 (47.7%) 24 (27.9%) 11 (12.8%) 9 (10.5%) 1(1.2%) 11 (12.8%) 11 (12.8%) 15 (17.4%)	20 (26.7%) 37 (49.3%) 15 (20%) 5 (6%) 12 (16%) 6 (8%) 40 (53.3%) 16 (12.3%) 4 (5.3%) (12%) 6 (8%) 5 (6.7%) 8 (10.7%) 23 (30.7%)	0.310
reactions, such as sweating, tro nausea, or a pounding heart. 20.I had dreams about it. 21. I felt watchful and on-guard	-extremely to have physical puble breathing, - none -not much -moderately -enough -extremely - none -not much -moderately -enough -extremely d none -not much -moderately -enough -extremely	36 (27.3%) 27 (20.5%) 64 (48.5%) 28 (21%) 19 (14%) 14 (10.6%) 7 (5.3%) 61 (46.2%) 29 (22%) 22 (16.7%) 11 (8.3%) 9 (6.8%)	21 (24.4%) 46 (53.5%) 21 (24.4%) 4 (4.7%) 12 (14%) 3 (3.5%) 41 (47.7%) 24 (27.9%) 11 (12.8%) 9 (10.5%) 1(1.2%) 11 (12.8%) 11 (12.8%)	20 (26.7%) 37 (49.3%) 15 (20%) 5 (6%) 12 (16%) 6 (8%) 40 (53.3%) 16 (12.3%) 4 (5.3%) (12%) 6 (8%) 5 (6.7%) 8 (10.7%)	0.310
reactions, such as sweating, tro nausea, or a pounding heart. 20.I had dreams about it. 21. I felt watchful and on-guard	- extremely to have physical puble breathing, - none -not much -moderately -enough -extremely - none -not much -moderately -enough -extremely d none -not much -moderately -enough -extremely	36 (27.3%) 27 (20.5%) 64 (48.5%) 28 (21%) 19 (14%) 14 (10.6%) 7 (5.3%) 61 (46.2%) 29 (22%) 22 (16.7%) 11 (8.3%) 9 (6.8%) 15 (11.4%) 18 (13%) 38 (28.8%) 41 (31.1%)	21 (24.4%) 46 (53.5%) 21 (24.4%) 4 (4.7%) 12 (14%) 3 (3.5%) 41 (47.7%) 24 (27.9%) 11 (12.8%) 9 (10.5%) 1(1.2%) 11 (12.8%) 15 (17.4%) 34 (39.5%)	20 (26.7%) 37 (49.3%) 15 (20%) 5 (6%) 12 (16%) 6 (8%) 40 (53.3%) 16 (12.3%) 4 (5.3%) (12%) 6 (8%) 5 (6.7%) 8 (10.7%) 23 (30.7%) 26 (34.7%)	0.310
reactions, such as sweating, tro nausea, or a pounding heart. 20.I had dreams about it. 21. I felt watchful and on-guard.	- extremely to have physical puble breathing, - none -not much -moderately -enough -extremely - none -not much -moderately -enough -extremely d none -not much -moderately -enough -extremely	36 (27.3%) 27 (20.5%) 64 (48.5%) 28 (21%) 19 (14%) 14 (10.6%) 7 (5.3%) 61 (46.2%) 29 (22%) 22 (16.7%) 11 (8.3%) 9 (6.8%) 15 (11.4%) 18 (13%) 38 (28.8%) 41 (31.1%)	21 (24.4%) 46 (53.5%) 21 (24.4%) 4 (4.7%) 12 (14%) 3 (3.5%) 41 (47.7%) 24 (27.9%) 11 (12.8%) 9 (10.5%) 1(1.2%) 11 (12.8%) 15 (17.4%) 34 (39.5%)	20 (26.7%) 37 (49.3%) 15 (20%) 5 (6%) 12 (16%) 6 (8%) 40 (53.3%) 16 (12.3%) 4 (5.3%) (12%) 6 (8%) 5 (6.7%) 8 (10.7%) 23 (30.7%) 26 (34.7%)	0.310
reactions, such as sweating, tro nausea, or a pounding heart. 20.I had dreams about it. 21. I felt watchful and on-guard.	-extremely to have physical puble breathing, - none -not much -moderately -enough -extremely - none -not much -moderately -enough -extremely d none -not much -moderately -enough -extremely d none -not much -moderately -enough -extremely -extremely	36 (27.3%) 27 (20.5%) 64 (48.5%) 28 (21%) 19 (14%) 14 (10.6%) 7 (5.3%) 61 (46.2%) 29 (22%) 22 (16.7%) 11 (8.3%) 9 (6.8%) 15 (11.4%) 18 (13%) 38 (28.8%) 41 (31.1%) 20 (15.2%)	21 (24.4%) 46 (53.5%) 21 (24.4%) 4 (4.7%) 12 (14%) 3 (3.5%) 41 (47.7%) 24 (27.9%) 11 (12.8%) 9 (10.5%) 1(1.2%) 11 (12.8%) 11 (12.8%) 15 (17.4%) 34 (39.5%) 15 (17.4%)	20 (26.7%) 37 (49.3%) 15 (20%) 5 (6%) 12 (16%) 6 (8%) 40 (53.3%) 16 (12.3%) 4 (5.3%) (12%) 6 (8%) 5 (6.7%) 8 (10.7%) 23 (30.7%) 26 (34.7%) 13 (17.3%)	0.310
reactions, such as sweating, tro nausea, or a pounding heart. 20.I had dreams about it. 21. I felt watchful and on-guard.	-extremely to have physical puble breathing, - none -not much -moderately -enough -extremely - none -not much -moderately -enough -extremely d none -not much -moderately -enough -extremely d none -not much -moderately -enough -not much -moderately -enough -extremely -enough -extremely -enough -extremely	36 (27.3%) 27 (20.5%) 64 (48.5%) 28 (21%) 19 (14%) 14 (10.6%) 7 (5.3%) 61 (46.2%) 29 (22%) 22 (16.7%) 11 (8.3%) 9 (6.8%) 15 (11.4%) 18 (13%) 38 (28.8%) 41 (31.1%) 20 (15.2%)	21 (24.4%) 46 (53.5%) 21 (24.4%) 4 (4.7%) 12 (14%) 3 (3.5%) 41 (47.7%) 24 (27.9%) 11 (12.8%) 9 (10.5%) 1(1.2%) 11 (12.8%) 15 (17.4%) 34 (39.5%) 15 (17.4%) 27 (31.4%)	20 (26.7%) 37 (49.3%) 15 (20%) 5 (6%) 12 (16%) 6 (8%) 40 (53.3%) 16 (12.3%) 4 (5.3%) (12%) 6 (8%) 5 (6.7%) 8 (10.7%) 23 (30.7%) 26 (34.7%) 13 (17.3%) 21 (28%)	0.310
reactions, such as sweating, tro nausea, or a pounding heart. 20.I had dreams about it. 21. I felt watchful and on-guard.	-extremely to have physical puble breathing, - none -not much -moderately -enough -extremely - none -not much -moderately -enough -extremely d none -not much -moderately -enough -extremely them none -not much	36 (27.3%) 27 (20.5%) 64 (48.5%) 28 (21%) 19 (14%) 14 (10.6%) 7 (5.3%) 61 (46.2%) 29 (22%) 22 (16.7%) 11 (8.3%) 9 (6.8%) 15 (11.4%) 18 (13%) 38 (28.8%) 41 (31.1%) 20 (15.2%) 49 (37.1%) 30 (22.7%)	21 (24.4%) 46 (53.5%) 21 (24.4%) 4 (4.7%) 12 (14%) 3 (3.5%) 41 (47.7%) 24 (27.9%) 11 (12.8%) 9 (10.5%) 1(1.2%) 11 (12.8%) 15 (17.4%) 34 (39.5%) 15 (17.4%) 27 (31.4%) 28 (38.6%)	20 (26.7%) 37 (49.3%) 15 (20%) 5 (6%) 12 (16%) 6 (8%) 40 (53.3%) 16 (12.3%) 4 (5.3%) (12%) 6 (8%) 5 (6.7%) 8 (10.7%) 23 (30.7%) 26 (34.7%) 13 (17.3%) 21 (28%) 12 (16%)	0.310

PATIENTS n.293 (100%)	NO (138 / 47.1%)	YES (155/52.9%)	P
1.Any reminder brought back feelings about it	(130 / 47.170)	(133/32.370)	
- none	16 (11%)	9(5.8%)	
-not much	35 (25.4%)	38 (24.5%)	
-moderately	48 (34.8%)	47 (30.3%)	
-enough -extremely	34 (24.6%) 5(3.6%)	47 (30.3%) 14 (9%)	0.112
2.I had trouble staying asleep	3(3.0%)	14 (370)	0.112
- none	47 (34.1%)	35 (22.6%)	
-not much	23 (16.7%)	32 (20.6%)	
-moderately	26 (18.8%)	24 (15.5%)	
-enough -extremely	34 (24.6%) 8 (5.8%)	37 (23.9%) 27 (17.4%)	0.012*
3.Other things kept making me think about it.	0 (3.070)	27 (17.470)	0.012
- none	16 (11.6%)	16 (10.3%)	
-not much	29 (21%)	44 (28.4%)	
-moderately	55 (39.9%)	48 (31%)	
-enough -extremely	32 (23.2%)	34 (21%)	0.265
4.I felt irritable and angry	6 (4.3%)	13 (8.4%)	0.205
- none	10 (7.2%)	3 (1.9%)	
-not much	31 (22.5%)	27 (17.4%)	
-moderately	36 (26.1%)	37 (23.9%)	
-enough	46 (33.3%)	54 (34.8%)	
-extremely	15 (10.9%)	34 (21.9%)	0.025*
5.I avoided letting myself get upset when I thought			
about it or was reminded of it. - none	14 (10.1%)	14 (9%)	
-not much	43 (31.2%)	49 (31.6%)	
-moderately	44 (31.9%)	48 (31%)	
-enough	33 (23.9%)	40 (25.8%)	
-extremely	4 (2.9%)	4(2.6%)	0.993
6.I thought about it when I didn't mean to			
- none	14 (10.1%)	16 (10.3%)	
-not much	41 (29.7%)	37 (23.9%)	
-moderately	49 (35.5%)	43 (27.7%)	
-enough -extremely	30 (21.7%) 4(2.9%)	42 (27.1%) 17 (11%)	0.043*
7.I felt as if it hadn't happened or wasn't real.	(/		
- none	51 (37%)	56 (36.1%)	
-not much	29 (21%)	35 (22.6%)	
-moderately	21 (15.2%)	33 (21.3%)	
-enough	31 (22.5%)	24 (15.5%)	
-extremely	6 (4.3%)	7 (4.5%)	0.485
8.I stayed away from reminders of it.			
	45 (22 500)	25 (22 52)	
- none -not much	45 (32.6%) 43 (31.2%)	35 (22.6%) 64 (41.3%)	
-not much -moderately	29 (21%)	64 (41.3%) 38 (24.5%)	
-enough	18 (13%)	9(5.8%)	
-extremely	3(2.2%)	9 (5.8%)	0.020*
9.Pictures about it popped into my mind.			
- none	43 (31.2%)	45 (29%)	
-not much -moderately	43 (31.2%) 41 (29.7%)	43 (27.7%) 29 (18.7%)	
-moderately -enough	9 (6.5%)	26 (16.8%)	
-extremely	2 (1.4%)	12 (7.7%)	0.02*
10.I was jumpy and easily startled.			
none	29 (21%)	15 (9.7%)	
-not much -moderately	40 (29%) 31 (22.5%)	41 (26.5%) 37 (23.9%)	
-moderately -enough	30 (21.7%)	38 (24.5%)	
-extremely	8 (5.8%)	24 (15.5%)	0.011*
11.I tried not to think about it.			
- none	10 (7.2%)	14 (9%)	
-not much	41 (29.7%)	27 (17.4%)	
-moderately -enough	33 (23.9%) 44 (31.9%)	51 (32.9%) 47 (39.3%)	
-extremely	10 (7.2%)	16 (10.3%)	0.094*
- Controllery	- ()		

12. I was aware that I still had a lot of feelings about it,			
but I didn't deal with them. - none	10 (24 00/)	22 (21 20/)	
-not much	48 (34.8%) 28 (20.3%)	33 (21.3%) 44 (28.4%)	
-moderately	40 (29%)	37 (23.9%)	
-enough	22 (17.9%)	32 (20.6%)	
-extremely	0	9(5.8%)	0.003*
13.My feelings about it were kind of numb		,	
- none	52(37.7%)	54 (34.8%)	
-not much	35 (25.4%)	35 (26.6%)	
-moderately	31 (22.5%)	31 (20%)	
-enough	15 (10.9%)	29 (18.7%)	
-extremely	5 (3.6%)	6 (3.9%)	0.462
14.I found myself acting or feeling like I was back at			
that time.			
- none	56 (40.6%)	40 (25.8%)	
-not much	39 (28.3%)	51 (32.9%)	
-moderately	22 (15.9%)	30 (19.4%)	
-enough	21 (15.2%)	25 (16.1%)	0.000*
-extremely	0	9(5.8%)	0.008*
15.I had trouble falling asleep.	42 (20 4%)	35 (22.6%)	
- none -not much	42 (30.4%) 29 (21%)	27 (17.4%)	
-moderately	29 (21%) 22 (15.9%)	17 (11%)	
-enough	33 (23.9%)	34 (21.9%)	
-extremely	12 (8.7%)	42 (27.1%)	0.002*
charinery	= (=/0)	= (=: :=: 0)	
16 I had waves of strong feelings about it			
16.I had waves of strong feelings about it none	3/ (2/ 6%)	16 (10 29/)	
- none -not much	34 (24.6%) 27 (19.6%)	16 (10.3%) 48 (31%)	
-moderately	43 (31.2%)	30 (19.4%)	
-enough	25 (18.1%)	39 (25.2%)	
-extremely	9 (6.5%)	22 (14.2%)	<0.001*
17.I tried to remove it from my memory.	C (0.071)	(= ::=::)	3.032
- none	59 (42.8%)	63 (40.6%)	
-not much	39 (28.3%)	34 (21.9%)	
-moderately	18 (13%)	25 (16.1%)	
-enough	17 (12.3%)	23 (14.8%)	
-extremely	5 (3.6%)	10 (6.5%)	0.524
18.I had trouble concentrating.			
none	18 (13%)	Sei (3.9%)	
-not much	32 (23.2%)	29 (18%)	
-moderately	25 (18.1%)	25 (16.1%)	
-enough	38 (27%)	52 (33.5%)	0.016*
-extremely 19.Reminders of it caused me to have physical	25 (18.1%)	43 (27.7%)	0.016*
reactions, such as sweating, trouble breathing, nausea,			
or a pounding heart.			
- none	82 (59.4%)	65 (41.9%)	
-not much	28 (20.3%)	36 (23.2%)	
-moderately	13 (9.4%)	15 (9.7%)	
-enough	14 (10.1%)	24 (15.5%)	
-extremely	1(0.7%)	15 (9.7%)	0.002*
20.I had dreams about it.			
- none	76 (55.1%)	66 (42.6%)	
-not much	29 (21%)	40 (25.8%)	
-moderately	15 (10.9%)	22 (14.2%)	
-enough	13 (9.4%)	16 (10.3%)	0.254
-extremely	5 (3.6%)	11 (7.1%)	0.251
21. I felt watchful and on-guard.			
none	20 (14.5%)	11 (7.1%)	
-not much	24 (17.4%)	13 (8.4%)	
-moderately	25 (18.1%)	51 (32.9%)	
-enough	50 (36.2%)	51 (32.9%)	
-extremely	19 (13.8%)	29 (18.7%)	0.003*
22. I tried not to talk about it. them.	FC (42 CO)	44 (22 50)	
- none	56 (40.6%)	41 (26.5%)	
-not much	35 (25.4%)	35 (22.6%)	
-moderately	23 (16.7%)	45 (29%) 25 (16.1%)	
-enough -extremely	15 (10.4%) 9 (6.5%)	25 (16.1%) 9 (5.8%)	0.027*
Catternery	3 (0.370)	3 (3.070)	0.027

BDI TEST

supplementary

Table S2. relationship between the menstrual cycle and the impact of the pandemic as a traumatic event.

A, B: relationship with the altered duration of the menstrual cycle; C: Amenorrhea; D: Change Weight; E: Premenstrual syndrome

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IN THE LAST YEAR ALTERATION OF MENSTRUAL CYCLE

	No	Increse of interval	Reduction of interval	
PATIENTS n.293 (100%)	(183 / 62.5%)	(73/24.9%)	(37/12.6%)	Р
QUESTION 1	(103 / 02.3/0)	(73/24.370)	(37/12.070)	•
do not feel sad.	89(48.6%)	16(21.9%)	10 (27%)	
feel sad	78(42.6%)	39(53.4%)	22 (59.5%)	
-I am sad all the time and I can't snap out of it	15(8.2%)	15(20.5%)	3 (8.1%)	
I am so sad and unhappy that I can't stand it	1(0.5%)	3(4.1%)	2 (5.4%)	<0.001*
QUESTION 2 -	1(0.570)	3(1.170)	2 (3.170)	10.001
I am not particularly discouraged about the				
future				
I feel discouraged about the future.	88(48.1%)	29(39.7%)	14(37.8%)	
I feel I have nothing to look forward to.	75(41.0%)	36(49.3%)	14(37.8%)	
I feel the future is hopeless and that things	15(8.2%)	6(8.2%)	6(16.2%)	
	5(2.7%)	2(2.7%)	, ,	0.291
cannot improve	5(2.7%)	2(2.7%)	3(8.1%)	0.291
QUESTION 3				
I do not feel like a failure				
I feel I have failed more than the average	125/52 22/	47/54 40/)	20/54 40/)	
person.	126(68.9%)	47(64.4%)	20(54.1%)	
As I look back on my life, all I can see is a lot of	38(20.8%)	22(30.1%)	8(21.6%)	
failures.	14(7.7%)	2(2.7%)	2(5.4%)	
I feel I am a complete failure as a person.	5(2.7%)	2(2.7%)	7(18.9%)	<0.001*
QUESTION 4				
I get as much satisfaction out of things as I used				
to.				
I don't enjoy things the way I used to.	63(34.4%)	19(26%)	10(27%)	
I don't get real satisfaction out of anything	90(49.2%)	41(56.2%)	20(54.1%)	
anymore.	11(6%)	9(12.3%)	3(8.1%)	
I am dissatisfied or bored with everything	19(10.4%)	4(5.5%)	4(10.8%)	0.441
QUESTION 5				
I don't feel particularly guilty	106(57.9%)	36(49.3%)	14(37.8%)	
I feel guilty a good part of the time.	49(26.8%)	23(31.5%)	13(35.1%)	
I feel quite guilty most of the time.	21(11.5%)	10(13.7%)	8(21.6%)	
I feel guilty all of the time.	7(3.8%)	4(5.5%)	2(5.4%)	0.383
QUESTION 6				
I don't feel I am being punished.	134(73.2%)	52(71.2%)	22(59.5%)	
I feel I may be punished.	25(13.7%)	6(8.2%)	10(27%)	
I expect to be punished.	6(3.3%)	7(9.6%)	2(5.4%)	
feel I am being punished.	18(9.8%)	8(11%)	3(8.1%)	0.079
QUESTION 7				
I don't feel disappointed in myself.	123(67.2%)	40(54.8%)	18(48.6%)	
I am disappointed in myself.	48(26.2%)	27(37%)	17(45.9%)	
I am disgusted with myself.	6(3.3%)	5(6.8%)	1(2.7%)	
I hate myself.	6(3.3%)	1(1.4%)	1(2.7%)	0.134
QUESTION 8				
I don't feel I am any worse than anybody else.				
I am critical of myself for my weaknesses or				
, , , mistakes.	32(17.5%)	7(9.6%)	3(8.1%)	
I blame myself all the time for my faults.	134(73.2%)	57(78.1%)	30(81.1%)	
I blame myself for everything bad that	14(7.7%)	5(6.8%)	2(5.4%)	
happens.	3(1.6%)	4(5.5%)	2(5.4%)	0.299
QUESTION 9				
I don't have any thoughts of killing myself.				
I have thoughts of killing myself, but I would	171(93.4%)	64(87.7%)	33(89.2%)	
not carry them out.	11(6%)	8(11%)	3(8.1%)	
I would like to kill myself.	0	1(1.4%)	1(2.7%)	
I would kill myself if I had the chance.	1(0.5%)	0	0	0.369
T Would kin myself if Frida the chance.	1(0.570)	ı	0	3.303

Identity any more than usual 1	QUESTION 10				
Cry more now than I used to 104(56.89) 28(38.4%) 22(59.5%) 11(39.7%) 15(39.5%)					
Legal the time now.	• •	104/56 89/	20/20 40/\	22/50 59/\	
Used to be able to cry, but now I can't cry even though I want to 17(3.8%) 5(3.2%) 5(8.2%) 3(8.1%) 0.096	•	, , ,			
though I want to 7(3.8%) 6(8.2%) 3(8.1%) 0.096	·	, ,			
Lam no more irritated by things than I ever was. 59 32.2% 29 33.7% 16 43.2% 16					0.096
Lam no more irritated by things than I ever wis. 1912.2% 16(43.2%) 16(Ţ	7(3.670)	0(8.270)	3(0.170)	0.030
Lam slightly more irritated now than usual. 83(45.4%) 19(26%) 16(43.2%					
Lam quite annoyed or irritated ag good deal of the time. 20,233, 20,239,7% 16(32.2%) 16(32.2	, ,	50/22 2%\			
Lam quite annoyed or irritated a good deal of the time.			19/26%)	16(43.2%)	
Teel intrinated all the time. 2(1.1%) 25(34.2%) 6(16.2%) 12(7.7%) 0.153 12(<u> </u>		, ,		
Insert part Insert part Insert part Insert part Insert part Insert part part Insert part part part Insert part part part part part part part pa	, ,		1		
Cuestion 2		2(1.170)			0.153
Thave not lost interest in other people than lused to be to be thave lost most of my interest in other people to be to be thave lost most of my interest in other people 16(6.7%)			0	1(2.770)	0.133
am less interested in other people than used to be					
The law lost most of my interest in other people 16(8.7%) 15(20.5%) 5(13.5%) 15(20.5%) 5(13.5%) 15(20.5%) 15(20.5%) 5(13.5%) 15(20	·	89(48.6%)	25(34.2%)	20(54.1%)	
Inave lost most of my interest in other people 16(8.7%) 15(20.5%) 5(13.5%) 0 0 0 1 1 1 1 1 1 1					
Thave lost all of my interest in other people 1(0.5%) 1(1.4%) 0 0 0.101					
Imake decisions about as well as lever could.					0 101
Imake decisions about as well as lever could. 1/2(63.9%) 38(52.1%) 20(54.1%) 1/2(32.4%		1(0.570)	1(1.170)	<u> </u>	0.101
I put off making decisions more than lused to. 117(63.9%) 38(52.1%) 12(32.4%) 12					
Thave greater difficulty in making decisions more than I used to 10. 25(13.7%) 21(16.4%) 3(8.11%) 12(32.4%) 3(8.11%) 12(31.6.4%) 3(8.11%) 12(31.6.4%) 3(8.11%) 12(31.6.4%) 3(8.11%) 12(31.6.4%) 3(8.11%) 12(31.6.4%) 3(8.11%) 12(31.6.4%) 3(8.11%) 12(31.6.4%) 3(8.11%) 12(31.6.4%) 12(31.		117(63 9%)	38(52 1%)	20(54 1%)	
Tean't make decisions at all anymore. 4(2.2%) 2(5.4%) 2(5.4%) 2(5.4%) 0.343			1		
Lean't make decisions at all anymore. 4(2.2%) 2(2.7%) 2(5.4%) 0.343 I don't feel that I look any worse than I used to. I am worried that I am looking old or unattractive. I feel there are permanent changes in my 48(26.2%) 16(21.9%) 13(3.5%) 13(3.5%) 16(21.9%) 13(3.5%) 13(3.5%) 16(21.9%) 13(3.5%)		, ,	, ,		
I don't feel that I look any worse than I used to I am worried that I am looking old or unattractive.			1		0.343
I don't feel that I look any worse than I used to I am worried that I am looking old or unattractive. I feel there are permanent changes in my 48(26.2%) 16(21.9%) 13(35.1%) 5(13.5%) 16(21.9%) 13(35.1%) 5(13.5%) 16(21.9%) 13(35.1%) 5(13.5%) 16(21.9%) 13(35.1%) 5(13.5%) 16(21.9%) 12(16.4%) 3(8.1%) 0.001*		7(2.270)	2(2.770)	2(3.470)	3.543
Lam worried that I am looking old or unattractive. In 104/56.8% 29(39.7%) 16(43.2%) 16(43.2%) 16(21.9%) 5(13.5%) 3ppearance that make me look unattractive 15(8.2%) 16(21.9%) 13(35.1%) 3(135.1%) 4(10.2%) 16(8.7%) 16(21.9%) 13(35.1%) 16(21.9%) 13(35.1%) 16(21.9%) 13(35.1%) 16(21.9%) 13(35.1%) 16(21.9%) 16(21.					
Ifeel there are permanent changes in my appearance that make me look unattractive believe that I look ugly.	•				
Teel there are permanent changes in my appearance that make me look unattractive believe that I look ugly.		104(56.8%)	29(39.7%)	16(43.2%)	
appearance that make me look unattractive believe that I look ugly.		, , ,	· · ·	, , ,	
Delieve that I look ugly,	, , , , , , , , , , , , , , , , , , , ,	, ,			
Cuestion 15 I can work about as well as before.					<0.001*
Lan work about as well as before. It takes an extra effort to get started at doing 59(37.7%) 32(43.8%) 16(32.2%) I have to push myself very hard to do anything. 33(18%) 25(34.2%) 7(18.9%) I can't do any work at all. 1(0.5%) 0 2(5.4%) 0.005* QUESTION 16		10(0.770)	12(10.470)	3(0.170)	10.001
It takes an extra effort to get started at doing something. 80(43.7%) 32(43.8%) 16(43.2%) 16(43.2%) 16(43.2%) 16(43.2%) 16(43.2%) 16(43.2%) 7(18.9%) 16(43.2					
Something Something Solution Something Solution Soluti		69(37.7%)	16(21.9%)	12(32.4%)	
I have to push myself very hard to do anything. I can't do any work at all. 10.5% 10.5% 0 2(5.4%) 0.005*			1		
Can't do any work at all. QUESTION 16 Can sleep as well as usual. I don't sleep as well as usual of the work	5				
Can sleep as well as usual.					0.005*
Can sleep as well as usual. I don't sleep as well as I used to.	· ·	2(0.070)		2(3.170)	0.003
I don't sleep as well as I used to. I wake up 1-2 hours earlier than usual and find it hard to get back to sleep. 69(37.7%) 31(42.5%) 18(48.6%) 18(48.6%) 1 wake up several hours earlier than I used to and cannot get back to sleep. 5(2.7%) 8(11%) 2(5.4%) 7(18.9%) (25.4%)					
I wake up 1-2 hours earlier than usual and find it hard to get back to sleep. 69(37.7%) 31(42.5%) 18(48.6%) 7(18.9%) 7(1	·				
I wake up several hours earlier than I used to and cannot get back to sleep. 69(37.7%) 31(42.5%) 18(48.6%) 7(18.9%) 7(18	·	89(48.6%)	16(21.9%)	10(27%)	
I wake up several hours earlier than I used to and cannot get back to sleep. 5(2.7%) 8(11%) 2(5.4%) < 0.001*	•	, ,		` ,	
and cannot get back to sleep. QUESTION 17 I don't get more tired than usual. I get tired more easily than I used to. I get tired from doing almost anything. I am too tired to do anything. QUESTION 18 -My appetite is no worse than usual. My appetite is no as good as it used to be. My appetite is much worse now. have no appetite at all anymore QUESTION 19 I haven't lost much weight, if any, lately. I have lost more than fifteen pounds. I have lost more than fifteen pounds. I am worried about physical problems and usual. I am very worried about thy special problems and it's hard to think of much else. I am so worried about my physical problems I de (3.3%) I de (3.3%) I (1.2.7%) I am so worried about my physical problems I am sequence in 10(50.%) I am so worried about my physical problems I		, ,			
QUESTION 17	·				<0.001*
Idon't get more tired than usual. 49(26.8%) 14(19.2%) 7(18.9%) 22(59.5%) 1 get tired more easily than I used to. 110(60.1%) 46(63%) 22(59.5%) 4 (10.8%)	QUESTION 17		,	,	
Iget tired more easily than I used to. 110(60.1%) 21(11.5%) 9(12.3%) 4(10.8%) 4(10.8%) 4(10.8%) 3(1.6%) 4(5.5%) 4(10.8%) 4(10.8%) 3(1.6%) 4(5.5%) 4(10.8%) 4(49(26.8%)	14(19.2%)	7(18.9%)	
I get tired from doing almost anything. 21(11.5%) 3(1.6%) 4(10.8%) 4(10.8%) 4(10.8%) 3(1.6%) 4(5.5%) 4(10.8%) 0.147	-		1		
Camera to object to do anything. 3(1.6%) 4(5.5%) 4(10.8%) 0.147			1		
QUESTION 18 -My appetite is no worse than usual. My appetite is not as good as it used to be. My appetite is much worse now. have no appetite at all anymore QUESTION 19 I haven't lost much weight, if any, lately. I have lost more than fifteen pounds. I am worried about physical problems like aches, pains, upset stomach, or constipation. I am very worried about physical problems and it's hard to think of much else. I am so worried about my physical problems I am so worried about my physical problems I am so worried about my physical problems G(3.3%) T(2.7%) 37(50.7%) 29(38.7%) 4(8.2%) 1(1.4%) 29(78.4%) 49(67.1%) 29(78.4%) 49(67.1%) 29(78.4%) 40(5.5%) 29(78.4%) 40(5.5%) 29(78.4%) 40(5.5%) 29(78.4%) 40(5.5%) 20(5.4%) 0.137			1		0.147
QUESTION 18	, 0		i ,		
-My appetite is no worse than usual. My appetite is not as good as it used to be. My appetite is much worse now. My appetite is much worse now. An appetite is much worse now. My appetite is much worse now. An appetite is much worse now. My appetite is much worse now. My appetite is not as good as it used to be. 35(19.1%) 29(39.7%) 6(8.2%) 1(1.4%) Authorized a land my appetite is much worse now. Authorized and it is a land my appetite is much worse now. Authorized and it is a land my appetite is much worse now. Authorized and it is a land my appetite is much worse now. Authorized and it is a land my appetite is much worse now. Authorized and it is a land my appetite is much worse now. Authorized and it is a land my appetite is much worse now. Authorized and it is a land my appetite is much worse now. Authorized and it is a land my appetite at all anymore Authorized and it is a land my appetite at all anymore Authorized and it is a land my appetite at all anymore Authorized and it is a land my appetite at all anymore Authorized and it is a land my appetite at all anymore Authorized and it is a land my appetite at all anymore Authorized anymore and it is a land my appetite at all anymore Authorized anymore and it is a land my appetite at all anymore Authorized anymore and it is a land my appetite at all anymore Authorized anymore and it is a land my appetite at all anymore Authorized anymore any	QUESTION 18				
My appetite is not as good as it used to be. My appetite is much worse now. My appetite is much worse now. have no appetite at all anymore QUESTION 19 I haven't lost much weight, if any, lately. I have lost more than five pounds. I have lost more than the pounds. I have lost more than fifteen pounds. I am no more worried about my health than usual. I am worried about physical problems like aches, pains, upset stomach, or constipation. I am very worried about physical problems and it's hard to think of much else. I am so worried about my physical problems I am so worried about my physical problems 6(3.3%) 7(9.6%) 1(1.4%) 49(67.1%) 49(67.1%) 49(67.1%) 49(67.1%) 49(67.1%) 49(67.1%) 49(67.1%) 49(67.1%) 49(67.1%) 49(67.1%) 49(67.1%) 40(5.5%) 21(5.4%) 0.137		141(77%)	37(50.7%)	,	
My appetite is much worse now. have no appetite at all anymore 0 1(1.4%) QUESTION 19 I haven't lost much weight, if any, lately. 1 have lost more than five pounds. 1 have lost more than ten pounds. 1 have lost more than fifteen pounds. 1 have lost more worried about my health than usual. 1 am worried about physical problems like aches, pains, upset stomach, or constipation. 1 am very worried about physical problems and it's hard to think of much else. 5 1(27.9%) 1 am so worried about my physical problems 6(3.3%) 7(9.6%) 1 1(2.7%)	7 7 7			6(8.2%)	
have no appetite at all anymore QUESTION 19 I haven't lost much weight, if any, lately. I have lost more than five pounds. I have lost more than ten pounds. I have lost more than fifteen pounds. I lam no more worried about my health than usual. I am worried about physical problems like aches, pains, upset stomach, or constipation. I am very worried about physical problems and it's hard to think of much else. I am so worried about my physical problems I an so worried about physical prob					
QUESTION 19				,	<0.001*
I haven't lost much weight, if any, lately. I have lost more than five pounds. I have lost more than ten pounds. I have lost more than ten pounds. I have lost more than fifteen pounds. QUESTION 20 I am no more worried about my health than usual. I am worried about physical problems like aches, pains, upset stomach, or constipation. I am very worried about physical problems and it's hard to think of much else. I am so worried about my physical problems I an so worried about physical problems I an an on more worried about my health than an an an an an an an an an a		145(79.2%)	,		
I have lost more than five pounds. I have lost more than ten pounds. I have lost more than ten pounds. I have lost more than fifteen pounds. I have lost more than fifteen pounds. I have lost more than fifteen pounds. QUESTION 20 I am no more worried about my health than usual. I am worried about physical problems like aches, pains, upset stomach, or constipation. I am very worried about physical problems and it's hard to think of much else. I am so worried about my physical problems	I haven't lost much weight, if any, lately.		49(67.1%)	29(78.4%)	
I have lost more than fifteen pounds. QUESTION 20 I am no more worried about my health than usual. I am worried about physical problems like aches, pains, upset stomach, or constipation. I am very worried about physical problems and it's hard to think of much else. I am so worried about my physical problems I am so worried about my physical problems 6(3.3%) 3(4.1%) 2(5.4%) 0.137 0.137	I have lost more than five pounds.				
QUESTION 20 I am no more worried about my health than usual. I am worried about physical problems like aches, pains, upset stomach, or constipation. I am very worried about physical problems and it's hard to think of much else. I am so worried about my physical problems 6(3.3%) I am so worried about my physical problems 6(3.3%)	I have lost more than ten pounds.	1(0.5%)	4(5.5%)	2(5.4%)	
I am no more worried about my health than usual. I am worried about physical problems like aches, pains, upset stomach, or constipation. I am very worried about physical problems and it's hard to think of much else. I am so worried about my physical problems 6(3.3%) I am so worried about my physical problems 6(3.3%)	I have lost more than fifteen pounds.		3(4.1%)	2(5.4%)	0.137
usual. I am worried about physical problems like aches, pains, upset stomach, or constipation. I am very worried about physical problems and it's hard to think of much else. I am so worried about my physical problems I am so worried about my physical problems Usual. 124(67.8%) 42(57.5%) 25(67.6%) 25(67.6%) 11(29.7%) 11(29.7%) 12.7%	QUESTION 20				
I am worried about physical problems like aches, pains, upset stomach, or constipation. I am very worried about physical problems and it's hard to think of much else. I am so worried about my physical problems 6(3.3%) I am worried about physical problems 124(67.8%) 42(57.5%) 25(67.6%) 11(29.7%) 11(29.7%)	I am no more worried about my health than				
aches, pains, upset stomach, or constipation. 124(67.8%) 42(57.5%) 25(67.6%) I am very worried about physical problems and it's hard to think of much else. 51(27.9%) 23(31.5%) 11(29.7%) I am so worried about my physical problems 6(3.3%) 7(9.6%) 1(2.7%)	usual.				
I am very worried about physical problems and it's hard to think of much else. 124(67.8%) 42(57.5%) 25(67.6%) I am so worried about my physical problems 51(27.9%) 23(31.5%) 11(29.7%) I am so worried about my physical problems 6(3.3%) 7(9.6%) 1(2.7%)	I am worried about physical problems like				
it's hard to think of much else. 51(27.9%) 23(31.5%) 11(29.7%) 1 am so worried about my physical problems 6(3.3%) 7(9.6%) 1(2.7%)	aches, pains, upset stomach, or constipation.				
I am so worried about my physical problems 6(3.3%) 7(9.6%) 1(2.7%)	I am very worried about physical problems and	124(67.8%)	42(57.5%)	25(67.6%)	
	it's hard to think of much else.	51(27.9%)	23(31.5%)	11(29.7%)	
that I cannot think of anything else. 2(1.1%) 1(1.4%) 0 0.388					
	that I cannot think of anything else.	2(1.1%)	1(1.4%)	0	0.388

QUESTION 21				
. I have not				
noticed any recent change in my interest in sex.	126(68.9%)	42(57.5%)	24(64.9%)	
I am less interested in sex than I used to be.	49(26.8%)	26(35.6%)	10(27%)	
I have almost no interest in sex.	5(2.7%)	4(5.5%)	2(5.4%)	
I have lost interest in sex completely.	3(1.6%)	1(1.4%)	1(2.7%)	0.662
22. I tried not to talk about it. them.				
- none	71 (38.8%)	19 (26%)	7 (18.9%)	
-not much	44 (24.0%)	11 (15.1%)	15 (40.5%)	
-moderately	37 (20.2%)	24 (32.9%)	7 (18.9%)	
-enough	20 (10.9%)	14 (19.2%)	6 (16.2%)	
-extremely	11 (6.0%)	5 (6.8%)	2 (5.4%)	0.017*

B IN THE LAST YEAR HOW OFTEN ALTERATION OF MENSTRUAL CYCLE

21-35 D	
Z1-33 U	•35 D <21D
PATIENTS n.293 (100%) (260 / 88.7%) (29)	9.9%) (4/1.4%)
QUESTION 1	
do not feel sad. 107 (41.2%) 8(2	7.6%)
	3.3%) 4 (100%)
	3.8%)
·	0.3%) 0 0.011
	0.011
QUESTION 3	
I do not feel like a failure	
= 1	5.5%) 1(25%)
	0.7%)
	5.9%) 1(25%)
I feel I am a complete failure as a person. 10(3.8%)	5.9%) 2(50%) 0.001
QUESTION 5	
I don't feel particularly guilty 143(55%) 13(4	4.8%)
I feel guilty a good part of the time. 73(28.1%)	7.9%) 1(25%)
	0.3%) 3(75%)
	5.9%) 0 0.015
QUESTION 9	0.013
I don't have any thoughts of killing myself.	
	20()
	5.2%) 4(100%)
	5.9%) 0
·	5.9%) 0
I would kill myself if I had the chance. 1(0.4%)	0 0.005
QUESTION 12	
I have not lost interest in other people. 126(48.5%) 5(2	7.2%) 3(75%)
I am less interested in other people than I used to be. 106(40.8%) 14(4	3.3%) 1(25%)
I have lost most of my interest in other people. 26(10%) 10(3	4.5%)
I have lost all of my interest in other people 2(0.8%)	0 0.002
QUESTION 14	
I don't feel that I look any worse than I used to.	
·	1.9%)
	3.8%) 16(43.2%)
	1.2%) 7(18.9%)
believe that I look ugly. 1(0.5%)	0 2(5.4%) 0.005
QUESTION 16	
I can sleep as well as usual.	
I don't sleep as well as I used to.	
	7.2%) 2(50 %)
	1.4%) 1(25%)
I wake up several hours earlier than I used to and 34(13.1%)	1(25%)
cannot get back to sleep. 13(5%) 2(0 0.048
QUESTION 20	
I am no more worried about my health than usual.	
I am worried about physical problems like aches,	
pains, upset stomach, or constipation.	
	69%) 1(25%)
	3.8%)
	0.3%)
	(.9%) 0 0.003°
	0.003
QUESTION 21	
. I have not noticed any	
	1.4%) 3(75%)
	1.4%) 1(25%)
	5.9%) 0
I have lost interest in sex completely. 2(0.8%)	0.3%) 0 0.003

IN THE LAST YEAR AMENORRHEA

		IN THE LAST YEAR AMENORRH	EA
	NO	YES	_
PATIENTS n.293 (100%)	270 (92.2%)	23 (7.8%)	P
QUESTION 1		_,_,	
I do not feel sad.	110(40.7%)	5(21.7%)	
I feel sad	127(47%)	12(52.2%)	
I am sad all the time and I can't snap out of it	30(11.1%)	3(13%)	
I am so sad and unhappy that I can't stand it	3(1.1%)	3(13%)	<0.001*
QUESTION 2			
I am not particularly discouraged about the future			
I feel discouraged about the future.	123(45.6%)	8(34.8%)	
I feel I have nothing to look forward to.	115(42.6%)	10(43.5%)	
I feel the future is hopeless and that things cannot	23(8.5%)	4(17.4%)	
improve	9(3.3%)	1(4.3%)	0.488
QUESTION 3			
I do not feel like a failure	180(66.7%)	13(56.5%)	
I feel I have failed more than the average person.	61(22.6%)	7(30.4%)	
As I look back on my life, all I can see is a lot of failures.	17(6.3%)	1(4.3%)	
I feel I am a complete failure as a person.	12(4.4%)	2(8.7%)	0.609
QUESTION 4			
I get as much satisfaction out of things as I used to.	87(32.2%)	5(21.7%)	
I don't enjoy things the way I used to.	139(51.5%)	12(52.2%)	
I don't get real satisfaction out of anything anymore.	19(7%)	4(17.4%)	
I am dissatisfied or bored with everything	25(9.3%)	2(8.7%)	0.302
QUESTION 5			
I don't feel particularly guilty	142(52.6%)	14(60.9%)	
I feel guilty a good part of the time.	80(29.6%)	5(21.7%)	
I feel quite guilty most of the time.	36(13.3%)	3(13%)	
I feel guilty all of the time.	12(4.4%)	1(4.3%)	0.863
QUESTION 6			
I don't feel I am being punished.	195(72.2%)	13(56.5%)	
I feel I may be punished.	35(13%)	6(26.1%)	
I expect to be punished.	14(5.2%)	1(4.3%)	
feel I am being punished.	26(9.6%)	3(13%)	0.305
QUESTION 7			
I don't feel disappointed in myself.	173(64.1%)	8(34.8%)	
I am disappointed in myself.	79(29.3%)	13(56.5%)	
I am disgusted with myself.	10(3.7%)	2(8.7%)	
I hate myself.	8(3%)	0	0.019*
QUESTION 8			
I don't feel I am any worse than anybody else.	39(14.4%)	3(13%)	
I am critical of myself for my weaknesses or mistakes.	204(75.6%)	17(73.9%)	
I blame myself all the time for my faults.	18(6.7%)	3(13%)	
I blame myself for everything bad that happens.	9(3.3%)	0	0.571
QUESTION 9	250(92.6%)		
I don't have any thoughts of killing myself.	18(6.7%)	18(78.3%)	
I have thoughts of killing myself, but I would not carry them out.	1(0.4%)	4(17.4%)	
I would like to kill myself.	1(0.4%)	1(4.3%)	
I would kill myself if I had the chance.		0	0.033*
QUESTION 10	4.44/52.20()		
I don't cry any more than usual.	144(53.3%)	10(43.5%)	
I cry more now than I used to.	108(40.0%)	8(34.8%)	
I cry all the time now.	6(2.2%)	1(4.3%)	0.534
used to be able to cry, but now I can't cry even though I want to QUESTION 11	12(4.4%)	4(17.4%)	0.591
I am no more irritated by things than I ever was.	87(32.2%)	7(30.4%)	
I am slightly more irritated now than usual.	118(43.7%)	8(34.8%)	
I am quite annoyed or irritated a good deal of the time.	63(23.3%)	7(30.4%)	
I feel irritated all the time.	2(0.7%)	1(4.3%)	0.314
QUESTION 12	125(46.3%)	0/20 10/\	
I have not lost interest in other people.	114(42.2%)	9(39.1%)	
I am less interested in other people than I used to be.	29(10.7%)	7(30.4%)	
I have lost most of my interest in other people. I have lost all of my interest in other people	29(10.7%)	7(30.4%)	0.050*
	2(0.770)		0.030
QUESTION 13	166(61.5%)	9(39.1%)	
I make decisions about as well as I ever could.	62(23%)	8(34.8%)	
I put off making decisions more than I used to. I have greater difficulty in making decisions more than I used to.	36(13.3%)	4(17.4%)	
I nave greater difficulty in making decisions more than I used to. I can't make decisions at all anymore.	6(2.2%)	2(8.7%)	0.089
i can i make decisions at an anymore.	1 5(2.2/0)	1 2(3.770)	1 3.083

QUESTION 14			
I don't feel that I look any worse than I used to.		7/20 40/)	
I am worried that I am looking old or unattractive.	142(52.6%)	7(30.4%)	
I feel there are permanent changes in my appearance that make	64(23.7%)	5(21.7%)	
me look unattractive	37(13.7%)	7(30.4%)	
believe that I look ugly.	27(10%)	4(17.4%)	0.068
QUESTION 15	92(34.1%)	5(21.7%)	
I can work about as well as before.	119(44.1%)	9(39.1%)	
It takes an extra effort to get started at doing something.	57(21.1%)	8(34.8%)	
I have to push myself very hard to do anything.	1		
I can't do any work at all.	2(0.7%)	1(4.3%)	0.134
QUESTION 16			
I can sleep as well as usual.			
I don't sleep as well as I used to.	112(41.5%)	3(13.0%)	
I wake up 1-2 hours earlier than usual and find it hard to get	114(42.2%)	4(17.4%)	
back to sleep. I wake up several hours earlier than I used to and cannot get	32(11.9%)	13(56.5%)	
back to sleep.	12(4.4%)	3(13%)	<0.001*
QUESTION 17	12(4.470)	3(13/0)	V0.001
I don't get more tired than usual.	65(24.1%)	5(21.7%)	
I get tired more easily than I used to.	164(60.7%)	14(60.9%)	
I get tired from doing almost anything.	30(11.1%)	4(17.4%)	
I am too tired to do anything.	11(4.1%)	0	0.636
QUESTION 18			
-My appetite is no worse than usual.	188(69.6%)	11(47.8%)	
My appetite is not as good as it used to be.	67(24.8%)	12(52.2%)	
My appetite is much worse now.	14(5.2%)	0	
have no appetite at all anymore	1(0.4%)	0	0.034*
QUESTION 19	209(77.4%)	14(60.9%)	
I haven't lost much weight, if any, lately.	1	, ,	
I have lost more than five pounds.	45(16.7%)	7(30.4%)	
I have lost more than ten pounds.	11(4.1%)	1(4.3%)	
I have lost more than fifteen pounds.	5(1.9%)	1(4.3%)	0.299
QUESTION 20			
I am no more worried about my health than usual.			
I am worried about physical problems like aches, pains, upset			
stomach, or constipation. I am very worried about physical problems and it's hard to think	178(65.9%)	13(56.5%)	
of much else.	78(28.9%)	7(30.4%)	
I am so worried about my physical problems that I cannot think	12(4.4%)	2(8.7%)	
of anything else.	2(0.7%)	1(4.3%)	0.284
QUESTION 21	=(51170)	_(:1070)	5.204
I have not noticed any recent change in my interest in sex.	178(65.9%)	14(60.9%)	
I am less interested in sex than I used to be.	80(29.6%)	5(21.7%)	
I have almost no interest in sex.	8(3%)	3(13%)	
I have lost interest in sex completely.	4(1.5%)	1(4.3%)	0.063

D

IN THE LAST YEAR CHANGE WEIGHT

	IN THE EAST TEAK CHANGE WEIGHT			
	No	Increase	Reduction	
PATIENTS n.293 (100%)	(132 / 45.1%)	(86/29.4%)	(75/25.6%)	Р
QUESTION 1				
Do not feel sad.	51(38.6%)	39(45.3%)	25(33.3%)	
I feel sad.	66(50%)	34(39.5%)	39(52%)	
I am sad all the time and I can't snap out of it.	15(11.4%)	11(12.8%)	7(9.3%)	
I am so sad and unhappy that I can't stand it.	0	2(2.3%)	4(5.3%)	0.114
QUESTION 2				
I am not particularly discouraged about the				
future				
I feel discouraged about the future.	56(42.4%)	42(48.8%)	33(44%)	
I feel I have nothing to look forward to.	61(46.2%)	30(34.9%)	34(45.3%)	
I feel the future is hopeless and that things	9(6.8%)	11(12.8%)	7(9.3%)	
cannot improve	6(4.5%)	3(3.5%)	1(1.3%)	0.459
QUESTION 3				
I do not feel like a failure				
I feel I have failed more than the average	88(66.7%)	53(61.6%)	52(69.3%)	
person.	32(24.2%)	20(23.3%)	16(21.3%)	
As I look back on my life, all I can see is a lot of	5(3.8%)	8(9.3%)	5(6.7%)	
failures.	7(5.3%)	5(5.8%)	2(2.7%)	0.656

I feel I am a complete feilure as a manner				
I feel I am a complete failure as a person.				
QUESTION 4				
QUESTION 4				
I get as much satisfaction out of things as I used				
to.				
I don't enjoy things the way I used to.	44(33.3%)	25(29.1%)	23(30.7%)	
I don't get real satisfaction out of anything	67(50.8%)	44(51.2%)	40(53.3%)	
anymore.	8(6.1%)	11(12.8%)	4(5.3%)	
I am dissatisfied or bored with everything	13(9.8%)	6(7%)	8(10.7%)	0.557
QUESTION 5				
I don't feel particularly guilty	72(54.5%)	45(52.3%)	39(52%)	
I feel guilty a good part of the time.	36(27.3%)	23(26.7%)	26(34.7%)	
I feel quite guilty most of the time.	18(13.6%)	13(15.1%)	8(10.7%)	
I feel guilty all of the time.	6(4.5%)	5(5.8%)	2(2.7%)	0.844
QUESTION 6				
I don't feel I am being punished.	96(72.7%)	57(66.3%)	55(73.3%)	
I feel I may be punished.	16(12.1%)	12(14%)	13(17.3%)	
I expect to be punished.	7(5.3%)	7(8.1%)	1(1.3%)	
feel I am being punished.	13(9.8%)	10(11.6%)	6(8%)	0.483
QUESTION 7	05/04/05/	*********	F0/00 650	
I don't feel disappointed in myself.	85(64.4%)	44(51.2%)	52(69.3%)	
I am disappointed in myself.	38(28.8%)	37(43%)	17(22.7%)	
I am disgusted with myself.	5(3.8%)	3(3.5%)	4(5.3%)	0.101
I hate myself. QUESTION 8	4(3%)	2(2.3%)	2(2.7%)	0.191
I don't feel I am any worse than anybody else.				
I am critical of myself for my weaknesses or	17(12.9%)	12(14%)	13(17.3%)	
mistakes.	98(74.2%)	68(79.1%)	55(73.3%)	
I blame myself all the time for my faults.	11(8.3%)	5(5.8%)	5(6.7%)	
I blame myself for everything bad that	6(4.5%)	1(1.2%)	2(2.7%)	
happens.				0.759
QUESTION 9				0.755
I don't have any thoughts of killing myself.				
I have thoughts of killing myself, but I would	121(91.7%)	76(88.4%)	71(94.7%)	
not carry them out.	11(8.3%)	7(8.1%)	4(5.3%)	
I would like to kill myself.	, ,	2(2.3%)) o	
I would kill myself if I had the chance.	0	1(1.2%)	0	0.236
QUESTION 10				
I don't cry any more than usual.				
I cry more now than I used to.	73(55.3%)	46(53.5%)	35(46.7%)	
I cry all the time now.	52(39.4%)	31(36%)	33(44%)	
used to be able to cry, but now I can't cry even	2(1.5%)	2(2.3%)	3(4%)	
though I want to	5(3.8%)	7(8.1%)	4(5.3%)	0.624
QUESTION 11				
I am no more irritated by things than I ever was.				
I am slightly more irritated now than usual.	47(35.6%)	28(32.6%)	19(25.3%)	
I am quite annoyed or irritated a good deal of	57(43.2%)	37(43%)	32(42.7%)	
the time.	27(20.5%)	19(22.1%)	24(32%)	0.340
I feel irritated all the time.	1(0.8%)	2(2.3%)	0	0.349
QUESTION 12				
I have not lost interest in other people.	60/53 39/\	27/420()	20/27 20/	
I am less interested in other people than I used	69(52.3%)	37(43%)	28(37.3%)	
to be. I have lost most of my interest in other people.	48(36.4%) 15(11.4%)	40(46.5%)	33(44%)	
I have lost all of my interest in other people	15(11.4%)	7(8.1%) 2(2.3%)	14(18.7%)	0.050*
QUESTION 13		2(2.3%)	0	0.030
I make decisions about as well as I ever could.				
I put off making decisions more than I used to.	84(63.6%)	44(51.2%)	47(62.7%)	
I have greater difficulty in making decisions	31(23.5%)	24(27.9%)	15(20%)	
more than I used to.	14(10.6%)	16(18.6%)	10(13.3%)	
I can't make decisions at all anymore.	3(2.3%)	2(2.3%)	3(4%)	0.468
QUESTION 14		, ,	, ,	
I don't feel that I look any worse than I used to.				
I am worried that I am looking old or				
unattractive.	78(59.1%)	30(34.9%)	41(54.7%)	
I feel there are permanent changes in my	25(18.9%)	27(31.4%)	17(22.7%)	
appearance that make me look unattractive.	11(8.3%)	23(26.7%)	10(13.3%)	
believe that I look ugly.	18(13.6%)	6(7%)	7(9.3%)	< 0.001*

QUESTION 15				
I can work about as well as before.				
It takes an extra effort to get started at doing	53(40.2%)	21(24.4%)	23(30.7%)	
something.	56(42.4%)	38(44.2%)	34(45.3%)	
I have to push myself very hard to do anything.	23(17.4%)	25(29.1%)	17(22.7%)	
I can't do any work at all.	0	2(2.3%)	1(1.3%)	0.116
QUESTION 16				
I can sleep as well as usual.				
I don't sleep as well as I used to.				
I wake up 1-2 hours earlier than usual and find	63(47.7%)	29(33.7%)	23(30.7%)	
it hard to get back to sleep.	51(38.6%)	35(40.7%)	32(42.7%)	
I wake up several hours earlier than I used to	12(9.1%)	18(20.9%)	15(20%)	
and cannot get back to sleep.	6(4.5%)	4(4.7%)	5(6.7%)	0.079
QUESTION 17				
I don't get more tired than usual.	34(25.8%)	17(19.8%)	19(25.3%)	
I get tired more easily than I used to.	82(62.1%)	52(60.5%)	44(58.7%)	
I get tired from doing almost anything.	12(9.1%)	11(12.8%)	11(14.7%)	
I am too tired to do anything.	4(3%)	6(7%)	1(1.3%)	0.409
QUESTION 18				
My appetite is no worse than usual.	104(78.8%)	56(65.1%)	39(52%)	
My appetite is not as good as it used to be.	23(17.4%)	23(26.7%)	33(44%)	
My appetite is much worse now.	5(3.8%)	7(8.1%)	2(2.7%)	
have no appetite at all anymore	0	0	1(1.3%)	< 0.001*
QUESTION 19	110(00.10()	70/00 70/	27/25/	
I haven't lost much weight, if any, lately.	118(89.4%)	78(90.7%)	27(36%)	
I have lost more than five pounds.	13(9.8%)	5(5.8%)	34(45.3%)	
I have lost more than ten pounds.	0	2(2.3%)	10(13.3%)	10.001*
I have lost more than fifteen pounds.	1(0.8%)	1(1.2%)	4(5.3%)	< 0.001*
QUESTION 20				
I am no more worried about my health than				
usual.				
I am worried about physical problems like				
aches, pains, upset stomach, or constipation. I am very worried about physical problems and	96(65.30()	E0(68.6%)	46(61.30/)	
it's hard to think of much else.	86(65.2%) 36(27.3%)	59(68.6%) 26(30.2%)	46(61.3%) 23(30.7%)	
I am so worried about my physical problems	8(6.1%)	1(1.2%)	5(6.7%)	
that I cannot think of anything else.	2(1.5%)	0	1(1.3%)	0.518
QUESTION 21	2(1.5%)	U	1(1.5%)	0.518
I have not noticed any recent change in my				
interest in sex.	85(64.4%)	57(66.3%)	50(66.7%)	
I am less interested in sex than I used to be.	40(30.3%)	25(29.1%)	20(26.7%)	
I have almost no interest in sex.	40(30.3%)	3(3.5%)	4(5.3%)	
I have lost interest in sex completely.	3(2.3%)	1(1.2%)	1(1.3%)	0.964
i mave lost interest in sex completely.	3(2.5%)	1(1.2%)	1(1.5%)	0.904

IN THE LAST YEAR PREMENSTRUAL SYNDROME

	NO	YES	
PATIENTS n.293 (100%)	(138 / 47.1%)	(155/52.9%)	P
QUESTION 1			
do not feel sad.	64(46.4%)	51(32.9%)	
feel sad	65(47.1%)	74(47.7%)	
-I am sad all the time and I can't snap out of it	7(5.1%)	26(16.8%)	
I am so sad and unhappy that I can't stand it	2(1.4%)	4(2.6%)	0.005*
QUESTION 2			
I am not particularly discouraged about the future	65(47.1%)	66(42.6%)	
I feel discouraged about the future.	61(44.2%)	64(41.3%)	
I feel I have nothing to look forward to.	11(8%)	16(10.3%)	
I feel the future is hopeless and that things cannot	1(0.7%)	9(5.8%)	
improve			0.092
QUESTION 3			
I do not feel like a failure	00/710/	05/64 20/)	
I feel I have failed more than the average person.	98(71%)	95(61.3%)	
As I look back on my life, all I can see is a lot of	30(21.7%)	38(24.5%)	
failures.	5(3.6%)	13(8.4%)	
I feel I am a complete failure as a person.	5(3.6%)	9(5.8%)	0.194

Ε

OUESTION 4			
QUESTION 4 I get as much satisfaction out of things as I used to.	46(33.3%)	46(29.7%)	
_	, ,	, , ,	
I don't enjoy things the way I used to.	75(54.3%)	76(49%)	
I don't get real satisfaction out of anything anymore.	4(2.9%)	19(12.3%)	0.021*
I am dissatisfied or bored with everything	13(9.4%)	14(9%)	0.031*
QUESTION 5	2./22.200		
I don't feel particularly guilty	81(58.7%)	75(48.4%)	
I feel guilty a good part of the time.	39(28.3%)	46(29.7%)	
I feel quite guilty most of the time.	11(8%)	28(18.1%)	
I feel guilty all of the time.	7(5.1%)	6(3.9%)	0.062
QUESTION 6			
I don't feel I am being punished.	98(71%)	110(71%)	
I feel I may be punished.	24(17.4%)	17(11%)	
I expect to be punished.	3(2.2%)	12(7.7%)	
feel I am being punished.	13(9.4%)	16(10.3%)	0.085
QUESTION 7	==(=: :::;	==(==:=;;)	3.000
I don't feel disappointed in myself.	95(68.8%)	86(55.5%)	
I am disappointed in myself.	37(26.8%)	55(35.5%)	
I am disgusted with myself.	37(26.8%)	9(5.8%)	
I am disgusted with myself.	1 1		0.089
·	3(2.2%)	5(3.2%)	0.089
QUESTION 8	45/44 50()		
I don't feel I am any worse than anybody else.	16(11.6%)	26(16.8%)	
I am critical of myself for my weaknesses or	109(79%)	112(72.3%)	
mistakes.	10(7.2%)	11(7.1%)	
I blame myself all the time for my faults.	3(2.2%)	6(3.9%)	
I blame myself for everything bad that happens.		5(0.073)	0.477
QUESTION 9			
I don't have any thoughts of killing myself.			
I have thoughts of killing myself, but I would not	128(92.8%)	140(90.3%)	
carry them out.	8(5.8%)	14(9%)	
I would like to kill myself.	1(0.7%)	1(0.6%)	
I would kill myself if I had the chance.	1(0.7%)	0	0.533
QUESTION 10			
I don't cry any more than usual.	82(59.4%)	72(46.5%)	
I cry more now than I used to.	46(33.3%)	70(45.2%)	
I cry all the time now.	2(1.4%)	5(3.2%)	
used to be able to cry, but now I can't cry even	8(5.8%)	8(5.2%)	
though I want to			0.115
QUESTION 11			
I am no more irritated by things than I ever was.	57(41.3%)	37(23.9%)	
I am slightly more irritated now than usual.	52(37.7%)	74(47.7%)	
I am quite annoyed or irritated a good deal of the	27(19.6%)	43(27.7%)	
time.	2(1.4%)	1(0.6%)	
I feel irritated all the time.	(1. +/0)	1(3.070)	0.011*
QUESTION 12			0.011
I have not lost interest in other people.	64(46.49/)	70(45.2%)	
I am less interested in other people than I used to be.	64(46.4%) 54(39.1%)	70(43.2%) 67(43.2%)	
I have lost most of my interest in other people.			
, ,	20(14.5%)	16(10.3%)	0.371
I have lost all of my interest in other people	0	2(1.3%)	0.371
QUESTION 13	05/50 65/	00/54 00/1	
I make decisions about as well as I ever could.	95(68.8%)	80(51.6%)	
I put off making decisions more than I used to.	25(18.1%)	45(29%)	
I have greater difficulty in making decisions more	15(10.9%)	25(16.1%)	
than I used to.	3(2.2%)	5(3%)	
I can't make decisions at all anymore.			0.029*
QUESTION 14			
I don't feel that I look any worse than I used to.	80(58%)	69(44.5%)	
I am worried that I am looking old or unattractive.	33(23.9%)	36(23.2%)	
I feel there are permanent changes in my appearance	12(8.7%)	32(20.6%)	
that make me look unattractive	·	18(11.6%)	
believe that I look ugly.	13(9.4%)		0.020*
QUESTION 15			
I can work about as well as before.		42(27.1%)	
It takes an extra effort to get started at doing	55(39.9%)	74(47.7%)	
something.	54(39.1%)	37(23.9%)	
I have to push myself very hard to do anything.	28(20.3%)	2(1.3%)	
I can't do any work at all.	1(0.7%)	2(1.3/0)	0.140
Lean too any work at an.	I.		0.140

	1		
QUESTION 16			
I can sleep as well as usual.		53(34.2%)	
I don't sleep as well as I used to.	62(44.9%)	65(41.9%)	
I wake up 1-2 hours earlier than usual and find it	53(38.4%)	25(16.1%)	
hard to get back to sleep.	20(14.5%)	12(7.7%)	
I wake up several hours earlier than I used to and	3(2.2%)	12(7:770)	
cannot get back to sleep.			0.075
QUESTION 17			
I don't get more tired than usual.	42(30.4%)	28(18.1%)	
I get tired more easily than I used to.	81(58.7%)	97(62.6%)	
I get tired from doing almost anything.	11(8%)	23(14.8%)	
I am too tired to do anything.	4(2.9%)	7(4.5%)	0.040*
QUESTION 18			
My appetite is no worse than usual.	100(72.5%)	99(63.9%)	
My appetite is not as good as it used to be.	33(23.9%)	46(29.7%)	
My appetite is much worse now.	5(3.6%)	9(5.8%)	
have no appetite at all anymore	0	1(0.6%)	0.346
QUESTION 19			
I haven't lost much weight, if any, lately.	99(71.7%)	124(80%)	
I have lost more than five pounds.	28(20.3%)	24(15.5%)	
I have lost more than ten pounds.	6(4.3%)	6(3.9%)	
I have lost more than fifteen pounds.	5(3.6%)	1(0.6%)	0.186
QUESTION 20			
I am no more worried about my health than usual.	00/740/)	00/000/	
I am worried about physical problems like aches,	98(71%)	93(60%)	
pains, upset stomach, or constipation.	35(25.4%)	50(32.3%)	
I am very worried about physical problems and it's	4(2.9%)	10(6.5%)	
hard to think of much else.	1(0.7%)	2(1.3%)	
I am so worried about my physical problems that I			
cannot think of anything else.			0.194
QUESTION 21			0.134
I have not noticed any recent change in my			
interest in sex.	96(69.6%)	96(61.9%)	
I am less interested in sex than I used to be.	36(26.1%)	49(31.6%)	
I have almost no interest in sex.	4(2.9%)	7(4.5%)	
I have lost interest in sex completely.	2(1.4%)	3(1.9%)	0.567
	_(=,1,1,0)	5(21370)	0.507