Centering variables
- Day-level variables on persons mean (centered within)
- Variables describing the person level assessed at T0 around the grand mean

Pre-analyses of Random-Intercept-Only models
- *ICC* of at least 0.10 (range 0.26 – 0.64)
- Confirmation to perform multilevel analyses

Calculation of the hierarchical models
- Five regression models with all variables entered
- Three models belonged to hypothesis 1 and two models to hypothesis 2

Handling missing data

Multiple imputation

Recalculating models

Pooling estimates

Comparison main analysis & sensitivity analysis