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Supplemental Information

Urban heat mitigation by green and blue infrastructure: Drivers, effec-

tiveness, and future needs

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accessibility of full-text articles from the databases for further review and data extraction.

After removing duplicates, 25,974 publications that didn't meet these criteria were eliminated, leaving 1,512 publications for further screening (Figure 2b). We retrieved and assessed the full text of each paper for eligibility (Figure 2c). Articles not meeting inclusion criteria, such as those mainly focusing on heat causes and impacts, methodological aspects of heat mitigation without a direct GBGI connection, or discussions limited to general green and blue spaces without specific GBGI details and cooling effectiveness, were excluded. After this additional screening, 1,250 more papers were discarded, resulting in 262 publications for final review. Out of these, 60 more publications were excluded due to insufficient performance reporting or a failure to mention the GBGI used. In the end, 202 publications (1.8% of the originally identified 27,486 publications) were chosen for meta-analysis and further consideration in this review (Figure 2d, e). First we cataloged data from the selected studies, extracting information from 202 of them, including (1) the study's location (site, city, country, and region), (2) the specific type of GBGI, (3) the nature of the study (monitoring, modeling, remote sensing, or a combination), (4) whether single or multiple GBGIs were studied, (5) qualitative or quantitative data on co-benefits, air temperature, land surface 87 temperature (LST) reduction (in \degree C), and day or night air temperature reduction (in \degree C), (6) any identified knowledge gaps, and (7) key findings. We developed a data form to capture this essential information from the selected studies (Table S1). This information was used to address key objectives, including when and where previous articles were published, the types of GBGIs used for urban heat mitigation, and the nature of co-benefits and maximum temperature reductions reported. Following this, we analysed and synthesised the data from selected studies to address the specific review objectives. The information on the benefits of various GBGI subcategories was examined using descriptive statistics with R-project software. To create an evaluation framework for GBGI types and their services in addressing

heat-related challenges and associated co-benefits, we used a min-max normalization approach, scaling the data from 1 (none) to 6 (very high) (see Table 2). This standardized method was then applied to the relevant publications within each GBGI category. Out of the 202 publications, 64.7% primarily focused on heat mitigation as their main ecosystem service, while the remaining 35.3% discussed co-benefits alongside direct heat mitigation benefits.

The review proceeds with a summary of how GBGI mitigates heat stress, followed by mapping study origins, exploring GBGI interventions, and presenting evidence of their cooling advantages and co/dis-benefits. It also provides a conceptual framework for GBGI implementation and addresses existing knowledge gaps. The review concludes with major findings and recommendations for effective GBGI implementation to mitigate urban heat.

Five additional co-benefits are identified, including enhanced recreational opportunities and improvements in air/water quality.

S1.1 GBGI classification, scope, and outline

The conceptualisation and classification of GBGI types can differ due to varying interpretations from country to country, contingent on research contexts and the primary objective of studies. Sustainability objectives are selectively applied within different GBGI 113 development frameworks, leading to a plethora of definitions and interpretations.¹ These 114 variations depend on whether GBGI is applied to ecological resources² or includes natural 115 green spaces, or is confined to highly altered landscapes intended for public benefit.³ Consequently, it becomes challenging to specifically distinguish between green and grey infrastructure, such as cycle paths passing through green areas that provide additional recreational benefits. Often, scientists categorise non-ecological resources as GBGI, for example, permeable pavements, rainwater barrels, and rain gardens. For this review, we

120 adopt the GBGI classification presented by Jones et al.⁴ and expand it further by introducing 121 two new categories, mixed (blue-green) and backyard irrigation,⁵⁻⁷ giving a total of 51 GBGI types. This classification uses a green-blue-grey continuum to cover natural green or blue, engineered green, blue, or hybrid (green-blue-grey) combinations. The typology was designed to flexibly incorporate all GBGI types within a typical urban environment. Within the scope of this review, we examined 51 GBGI types grouped under 10 broad categories: gardens, parks, amenity areas, linear features/routes, constructed GI on infrastructure, hybrid GI (for water), water bodies, other non-sealed urban areas, other public spaces, and mixed – (green-blue).

The task of examining and integrating the diverse benefits of GBGIs was challenging due to their complex interactions and discipline-specific applications. For instance, public health is directly or indirectly tied to almost all evaluated benefits, encompassing psychological, 132 social, and economic aspects. Therefore, this study focuses on the direct GBGI cooling benefits (heat mitigation), whilst indirect benefits such as management of other natural hazards (floods, droughts), the creation of new infrastructure (such as interconnected green 135 infrastructure corridors to support active travel; Rogers and $Hunt⁹$ or associated social costs avoided by using specific GBGI types are considered as a secondary objective. In the course of this review, five more co-benefits were identified: (1) enhanced recreational opportunities, (2) ambient noise reduction, (3) flood and drought risk mitigation, (4) improvements in air/water quality, and (5) biodiversity (Section 3.3.2). Detailed GBGI design and implementation principles, along with global GBGI challenges, have been covered in earlier reviews (Table 1) and therefore were beyond the scope of this paper.

The review commences with a concise summary of how GBGI mitigates heat stress (Section 3), followed by a spatial and temporal mapping of study origins, an exploration of various GBGI interventions, and a presentation of quantitative evidence supporting the direct cooling advantages and other co/dis-benefits (Section 4). Section 5 provides a nine-stage conceptual framework for GBGI implementation for heat mitigation based on the qualitative analysis of the reviewed literature and discusses practical recommendations for the design, implementation, monitoring, evaluation, and upscaling of GBGI to mitigate heat risks. Section 6 highlights the existing knowledge gaps. The review culminates with major conclusions and lays out a series of recommendations for the effective implementation of GBGI to mitigate urban heat (Section 7).

S1.2 Search and selection of relevant studies

The goal of this review was to offer an in-depth assessment review and analysis of GBGI's functions and benefits concerning urban cooling, as well as their potential co-benefits and drawbacks. This approach led to an expansion of the scope beyond that of previous reviews covered, enables us to uncover overlooked geographical patterns and examine the temporal trends in the origin of studies, and knowledge voids in the existing literature. 158 PRISMA methodology was adopted for this systematic review.¹⁰ Figure 1 provides a flowchart depicting our search and evaluation methodology, including its resultant findings. Our literature search consisted of five stages:

(1) Development of search terms: To identify a comprehensive range of studies related to urban heat mitigation, relevant search terms were determined based on research gaps, objectives, and predetermined categories and subcategories within the GBGI framework. This approach ensures the inclusion of a diverse set of studies that are pertinent to the field of heat mitigation. A range of relevant search terms based on keywords for urban heat mitigation was identified based on research gaps, objectives, and predetermined GBGI categories and subcategories to allow the identification of a wide range of studies relevant to heat mitigation. Search term combinations of GBGI type and heat are listed in Supplementary Information (SI) Table S1.

(2) Search and identification of relevant studies: A peer-reviewed literature search was conducted via Boolean search term combinations (Table S1) utilising Web of Science (WoS), as the most comprehensive database with the ability to handle complex keyword searches. Studies published between 2010 and 2023 were included. The chosen timeframe was specifically selected to effectively manage the substantial number of search results, preventing an overwhelming amount of hits. Moreover, this time frame enables a more comprehensive examination, particularly in relation to the GBGI, which gained increased recognition as "nature-based solution" after the year 2010. Cross-checks were performed using other databases such as Science Direct, Scopus, and Google Scholar to verify that no relevant studies were missed from the analysis. To ensure inclusivity, we used the same keywords as in WoS (Table S1) when searching on Google Scholar. We reviewed multiple pages of search results initially, but the relevance of studies decreased as we continued. Therefore, we concluded the search after examining the first 20 pages. Finally, we compared the results with papers from WoS and included any relevant publications that were missed in our analysis. After excluding articles not written in English, the search terms yielded a total of 27,486 publications, including review and research papers (Figure 2a).

(3) Selection of studies: The identified studies were screened against the following criteria: (a) addresses mitigation and/or adaptation to urban heat using one or several types of GBGI,

(b) distinctly identifies at least one GBGI sub-category under investigation, (c) the main GBGI category is clearly linked with heat mitigation performance, including actual or percentage temperature reduction, and any associated co-benefits, (d) the full texts were accessible from the databases for further review and data extractions. After removing duplicates, the remaining articles were reviewed and 25,974 publications that did not meet inclusion criteria were removed, leaving 1512 publications for further screening (Figure 2b). The full text of each paper was retrieved and assessed for eligibility (Figure 2c). Any articles not meeting the inclusion criteria, like those majorly focusing on causes and impacts of heat, methodological aspects of heat mitigation benefits without a direct tie to GBGI categories and temperature reductions or discussions confined to general green and blue spaces or green corridors without specific descriptions of GBGI types and cooling efficacy, were excluded. After this further screening, an additional 1250 papers were discarded, leaving 262 publications for final screening. Out of these, 60 more publications were excluded due to non-reporting of performances or failure to mention the utilised GBGI. Eventually, a set of 202 publications (1.8% of the originally identified 27,486 publications) was chosen for meta-analysis and subsequent deliberation in this review (Figure 2d, e).

(4) Cataloguing the data: Relevant data (e.g., location, type of GBGI, co-and dis-benefits, and knowledge gaps; Section 2.3) were extracted from the selected studies. The following data were extracted from the selected 202 studies: (1) the location of the GBGI study including the site, city, country, and region, (2) the specific type of GBGI, (3) the nature of the study, whether it was monitoring, modelling, remote sensing, or a combination of these, (4) either single or multiple GBGI, (5) qualitative or quantitative information on co-benefits, 210 air temperature and land surface temperature (LST) reduction (in $°C$), and a day or night time air temperature reduction (in ℃), (6) any identified knowledge gaps, and (7) key findings.

This process involved developing a data form to capture key information from the selected studies (Table S1). This extracted information was used to address the key objectives including when and where previous articles were published, the types of GBGI they utilised as mitigation measures for urban heat and the nature of co-benefits and maximum temperature reductions they reported.

(5) Collating, summarising, and reporting the results: The data obtained from the selected studies were analysed and synthesised in a way that addressed the specific questions raised as a part of the review objectives (Section 1). The extracted information on the (co-)benefits of various subcategories of GBGI was analysed using descriptive statistics using R-project 221 software.¹¹ To develop an evaluation framework for GBGI types and the services offered to tackle heat-related challenges and their associated co-benefits, we adopted a min-max 223 normalisation approach.¹² This approach, also referred to as feature scaling, included a linear transformation of the original data on a scale ranging from 1 (none) to 6 (very high) (see Table 2). Subsequently, this standardised methodology was applied to the pertinent publications within each GBGI category. Of the 202 publications, 64.7% discussed heat mitigation as their main ecosystem service. The remaining 35.3% discussed the co-benefits alongside the direct heat mitigation benefits (Section 3).

S2 Mechanisms of temperature and heat stress regulation by GBGI

S2.1 Mechanisms of temperature and heat stress regulation by green infrastructure

The mechanisms by which GI such as street trees, parks, green roofs, and green walls reduce heat are multifaceted and interconnected. Trees and plants help in the reduction of heat by providing shade and reducing the amount of direct sunlight reaching the ground, therefore lowering surface temperatures and mitigating the urban heat island (UHI) effect via 235 creating a cooler microclimate.¹³⁻¹⁵ Additionally, during evapotranspiration plants release

moisture which further cools the surrounding air by converting sensible heat into latent heat.¹⁶ Parks can act as natural air conditioners through several mechanisms, $17-19$ including the formation of microscale centripetal thermal system (park-breeze) that generate low-level 239 advection currents which draw air from cooler green towards warmer urban areas.²⁰ Other GI elements such as green roofs, green walls, and roof gardens provide insulation, reduce heat absorption by buildings, and promote evaporative cooling (heat absorption, as water changes 242 from liquid to a gas state in the air stream.²¹⁻²⁴ Vegetation also contributes to the dissipation of heat by acting as windbreaks, modifying airflow patterns, and facilitating natural ventilation.

S2.2 Mechanisms of temperature and heat stress regulation by blue infrastructure

Blue infrastructure (BI), in the form of water-based natural or constructed features including ponds and wetlands, actively mitigates heat effects by cooling the surrounding 248 environment.²⁰ This is achieved through processes such as evapotranspiration, shading, the 249 albedo effect, groundwater recharge, and temperature buffering.^{25,26} BI can provide cooling during the day (acts as a heat sink by absorbing and storing heat from the surrounding environment) whereas it may lead to warming at night (re-releasing the heat due to water's 252 higher heat capacity compared to the land surface).²⁷ Evaporation from water bodies also helps cool the air, creating a microclimate with lower temperatures and thereby helping to 254 mitigate the UHI effect.²⁸ Larger urban water bodies can also generate cool breezes that further lower the ambient temperature and provide relief during hot weather through 256 evaporative cooling.²⁰ Furthermore, surfaces of blue infrastructure are often highly reflective, especially under calm conditions, thereby increasing surface reflectivity which, in turn, 258 contributes to the reduction of heat absorption,²⁹ thus helping to mitigate heat build-up and contributing to the cooling of the surrounding area. Some of the blue infrastructure such as

wetlands, ponds/lakes, swales, and rain gardens also act as natural sponges, storing water and releasing it during high air temperatures, thereby moderating temperatures in the vicinity by 262 increasing water availability for evaporation through groundwater recharge.³⁰

Figure S1. Flowchart of the inclusion and exclusion criteria (e.g. article identification,

- Figure S2. Köppen-Geiger climate classification: the main climate region (A-D) and detailed
- climate conditions (right column) where GBGs are implemented.

272 Figure S3. (a) The number of publications exhibiting a significant linear increase over time, 273 with the linear trend ($R^2=0.69$; $p=0.00043$) providing the best fit among the various trends (exponential, linear, polynomial, power functions) analysed. Our search in 2023 was limited to the month of 30 March 2023, and the trend line did not incorporate the 2023 data as it did not cover the entire year. (b) The number of publications in each of the 10 main GBGI categories. The number of publications covering all the GBGI sub-categories is shown in Figure 1a.

Figure S4. Relevant publications on the benefits of GBGI for heat adaptation and mitigation evidence gathered from the literature: (a) number of publications covering the main categories and sub-categories and (b) number of publications covering the main category (shown by the bold coloured text). The percentage values are printed on the top of each bar.

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285 Figure S5. The effectiveness of the main and sub-GBGI categories implemented in tropical 286 (n = 16), dry (n = 15), temperate (n = 137), and continental (n = 34) climate zones of 287 Köppen-Geiger climate classification.

Figure S6. The density of GBGI cooling efficiency in different climate zones and against population density, area of the city, altitude, ratio: area of GBGI/area of the city, and temporal scale of cooling.

Figure S7. Night-time temperature reduction efficiency of GBGI sub-categories: (a) a summary of the overall performance of different GBGI types from all studies, (b) heatmap showing GBGI performances from for different methods and the average values, and (c) overall average of GBGI efficiency for urban heat mitigation. The 'Average' and 'Average*' values represent the average of all study types with and without RS data, respectively. M&M denotes combined monitoring and modelling studies. The colour gradient represents the performance, with grey cells representing studies that did not consider either monitoring, modelling, M&M, or RS. The figure uses a boxplot representation with the median indicated by a thick vertical black line, the mean represented by blue dots, and the upper and lower quartiles indicated by the box boundaries. The circle with a vertical line represents the GBGI categories with only one publication.

Table S1. The table below serves as a sample for organising the datasets obtained from the reviewed papers for each of the 51 sub-categories.

308 Table S2. The string of keywords used to record literature for the review of the efficiency of 309 51 GBGI categories to mitigate heat.

311 Table S3. Classification matrix to categorise the number of studies available for each of the 312 GBGI sub-categories in terms of heat mitigation. Zero values indicate that there is negligible

Scale	Conditional performance $(\%)^a$	Evidence-based classification $(\frac{9}{6})^b$	Number of GBGI types ^c
	None	θ	18
2	Very low	≥ 0 ≤ 20	15
3	Low	>20 <40	9
4	Medium	$>40 \le 60$	4
5	High	$\geq 60 \leq 80$	
6	Very High	>80	4

313 empirical evidence available for GBGI's against urban heat mitigation, including heatwaves.

314 ^a The number of publications from negligible to very high under the six-classification scale.

^bThe percentage availability of publications for each classification scale. ^cThe number of

316 GBGI types found in each of the classification scales.

317 Table S4. The best performing GBGI types in each climate zone and sub-climate type with 318 reported magnitude and measured scale (i.e. inside/outside of GBGI) of cooling providing 319 details of surroundings.

320 Table S5. Sample size (n), correlation of population and p-value density, city area, altitude,

321 ratio of GBGI and city area, and temporal cooling with reported cooling by GBGI in four 322 different climatic conditions i.e. continental, dry, temperate and tropical.

324 Table S6. The location, study types (in-situ, modelling, combined (in-situ and modelling), and remote sensing), and performance in reducing temperature $(\Delta T \,^{\circ}\text{C})$ of different types of 326 GBGI categories against extreme heat extracted from 202 papers.

Table S7. The average performance of different types of GBGI categories, which were evaluated using in-situ, modelling, in-situ combined modelling, and remote sensing techniques for heat risk adaptation and mitigations. The '-' symbol indicates 'no data available'.

Climate zone	Previous/Cur rent climate	Future climate	Present GBGI	Future GBGI
Continent	Dfa	Dfb	Street trees Permeable paving	Wetland
	Dfb	BSk	Botanical garden	Green wall Street trees
Dry	BSk	BSh	Balcony	Green wall, street trees
	BSk	BWk	Wetland	Woodland
Temperate (Europe)	Cfb	Cfa	Green roofs, Green walls, Woodland Reservoir City farm Riparian woodland	Parks Pocket parks Green walls Green roofs Lakes Grass
	Dfb	Cfa	Green roof Balcony Road verge Playground	Parks Pocket parks Green walls Green roofs Lakes Grass
Temperate (China)	Cwa	Am	Park Green wall Green roof Rain garden	Lakes Road verge
	Dwa	Cwa	Woodland Lake Green roof Road verge Pergola Roof garden	Green roof Adopted space wetland

333 Table S8. The projected influence of future climate change on the choice of GBGI in various climate zones. climate zones.

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338 Table 9. Summary of key stages and action points for implementing, replicating, and 339 upscaling GBGI to mitigate urban heat.

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