Supplementary Online Content

Gerolymos C, Barazer R, Yon DK, Loundou A, Boyer L, Fond G. Drug efficacy in the treatment of akathisia: a systematic review and network meta-analysis. *JAMA Netw Open*. 2024;7(3):e241527. doi:10.1001/jamanetworkopen.2024.1527

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eReferences

This supplementary material has been provided by the authors to give readers additional information about their work.

1. eMethods

Supplementary text 1. Identification and selection of studies, Outcomes, Missing data, Statistical analysis

Identification and selection of studies

The search terms used were "akathisia" AND "antipsychotic" OR "neuroleptic" OR "schizophrenia" OR "schizoaffective disorder" combined with a list of the different adjunctive drugs. A second search was carried out for each drug identified in the first search: biperiden, clonazepam, cyproheptadine, diazepam, diphenhydramine, mianserin, mirtazapine, propranolol, trazodone, valproate, vitamin B6, zolmitriptan. Each drug term was combined with "akathisia".

Outcomes

Our primary outcome is the reduction of the mean akathisia score on the last timepoint with a scale assessing global, subjective and/or objective akathisia. One important clinical issue is the under recognition of the diagnosis of AIA, especially the milder forms (Weiden et al. 1987). Furthermore, akathisia can be difficult to distinguish from psychotic anxiety or agitation. A specific scale is therefore needed to assess akathisia severity. When the akathisia severity was reported with different scales, we chose to keep BARS score if available (the most frequently used scale). When studies reported the subscales of akathisia (objective, subjective and global score), we selected global scores in the first instance and if not available, the objective scale.

Data extraction

The 27 extracted baseline characteristics were:

- mean sample age (years), percentage of men, psychiatric diagnosis,
- psychiatric severity defined by the baseline Positive and Negative Syndrome Scale (PANSS) score. When only Brief Psychiatric Rating Scale (BPRS) was provided, a transformation to PANSS equivalent score was conducted, using validated conversion tables (Leucht et al. 2013).

- the baseline Simpson Angus Scale (SAS) score and depression severity defined by the baseline Hamilton Depression Rating Scale (HAM-D).
- proportion of first-generation antipsychotic (defined by one of the following ATC codes: chlorpromazine N05AA01, levomepromazine N05AA02, cyamemazine N05AA06, fluphenazine N05AB02, perphenazine N05AB03, thioridazine N05AC02, pipotiazine N05AC04, haloperidol N05AD01, ziprasidone N05AE04, flupentixol, clopenthixol, chlorprothixene, thiothixene, zuclopenthixol N05AF01 05, pimozide N05AG02, loxapine N05AH01, clotiapine N05AH06, sulpiride N05AL01), proportion of patients with antipsychotic polytherapy, chlorpromazine equivalent dose (CPZeq) (reported with the lowest effective method calculation if available), adjunctive treatment duration (days) and adjunctive treatment dose. In case of missing CPZeq data, we calculated them using raw data and expert consensus recommendations (Gardner et al. 2010) to convert antipsychotic doses into their chlorpromazine equivalent.
- proportion of participants treated with anticholinergic or benzodiazepine at baseline (not as augmentation drug) and among them, mean daily dose of biperiden, trihexyphenidyl, benztropine, procyclidine, tropatepine, diazepam, lorazepam, nitrazepam, clonazepam and temazepam.
- number of serious adverse events, number of adverse events, proportion of dropouts and proportion of dropouts for tolerance issues.

Missing data

First, last and/or corresponding authors were contacted in case of missing or incomplete data. Missing standard deviation (SD) were calculated from raw data when available. If we couldn't obtain raw data, we calculated missing SD from confidence intervals, SE or p-values (Student t test). If any data wasn't available, we calculated missing means and SDs from raw data if available (Gagrat et al. 1978; Friis et al. 1983; Adler et al. 1986; Kramer et al. 1988; Poyurovsky et al. 2006).

Risk of bias

Two assessors (C.G. and G.F.) analyzed the five criteria of the risk-of-bias assessment tool for each study included in the quantitative metaanalysis: adequate randomization process and concealment; deviations from intended interventions; dealing with missing outcome data; correct measurement of outcome; and selection of reported results. In case of disagreement, discrepancies were managed through discussion between the two assessors and in case of doubt, a third author (L.B.) was contacted for the final decision.

Statistical analysis

We estimated standardized mean differences (SMDs) and their respective standard error (seSMD) for our continuous outcome using pairwise and network meta-analysis. If the total sample size was \leq 20, Hedges's g (SMD) correction was applied (Hedges 1981). If not, Cohen's d (SMD) was calculated. For multi-arm studies, to avoid double counting and preserve individual treatment contribution, we adopted reducing weights method conceived by Rücker and Schwarzer (Rücker et Schwarzer 2014), recalculating standard errors for each comparison. This method preserves the total residual heterogeneity, measured by the Cochran's Q. To avoid the emergence of intrinsic inconsistencies in the calculation of SMDs for three-arm studies, the SMDs were computed using a common pooled standard deviation from all the associated three treatment groups. Only Cohen's d (SMD) is adequate for multiple-arm studies (Crippa et Orsini 2016). The different effect sizes were compiled using a frequentist random-effects network meta-analysis model and 95% confidence intervals (95%CI) are presented. Frequentist setting gives the same results than Bayesian setting (Shim et al. 2019). Pooled weights for each intervention were calculated from pairwise comparisons model (Rücker et al. 2020). Results were resumed in a forest plot and a league table.

The statistical heterogeneity of our model was assessed with I² (Higgins 2003) and τ^2 (Higgins 2008). Cochran's Q test was conducted for overall heterogeneity and inconsistency.

We assessed the publication bias using Egger's test (Egger et al. 1997) of the intercept from the funnel plot constructed. We have verified the consistency of our results by using Pustejovsky-Rodger's correction test (more adapted for continuous effect sizes) (Pustejovsky et Rodgers 2019) and the Thompson-Sharp's test (Thompson et Sharp 1999).

We explored the proportion of direct and indirect comparisons for each face-to-face of interventions. We also evaluated the consistency between direct and indirect evidence through separate indirect from direct evidence (SIDE) back calculation method, with p-value of test of disagreement for each comparison.

The ranking of treatments is presented through P-score, based on the random-effects model. Surface under the cumulative ranking curve (SUCRA) has been used for the rankogram. To examine the transitivity assumption, we listed relevant sociodemographic and clinical factors (cf. 3.3 Data extraction) and compared them by means of boxplots. For continuous variables, we used error bars to present means ± SD according to intervention group.

Sensitivity analyses. Effect size modifiers analyses were carried out for continuous variables (mean age, proportion of men, akathisia treatment duration, akathisia treatment dose, psychotic severity, chlorpromazine equivalent dose, biperiden, trihexyphenidyl, benztropine, diazepam, lorazepam and nitrazepam dose as cotreatments). Five subgroup analyses were carried out limiting analyses to trials (i) with low risk of bias, (ii) with akathisia treatment duration > two days, (iii) using the BARS scale (the most frequent one) vs. other scales. (iv) exploring the efficacy of benzodiazepines (diazepam and clonazepam) and antihistaminics (diphenhydramine and cyproheptadine), (v) by therapeutic classes.

All statistical analyses were performed using the 'netmeta' package (version 2.8-2) in R 4.1.3 (R Foundation, Vienna, Austria; Balduzzi S, 2019).

2. eResults

Supplementary text 2. Results for the efficacy at different time points and the efficacy on subjective and objective symptoms

About the efficacy at different time points, vitamin B6 appears to be effective in reducing subjective akathisia symptoms starting from day three^{24,25}. Mianserin is effective from three days in one RCT ¹⁶ whereas it is effective from five days on subjective symptoms in another RCT ²¹. The same conclusions have been found for trazodone for all subscales ^{28,29}.

About the efficacy on subjective and objective symptoms, mianserin and vitamin B6 are not statistically effective for objective symptoms, but are effective in all other subscales (global, subjective, distress)^{24,25}. Mirtazapine and propranolol, tested in Poyurovsky 2006²¹, were effective on all subscales, except for distress subscale. Mirtazapine does not reach significance for subjective symptoms and distress subscales in another RCT ²⁶. Biperiden is effective on objective and subjective subscales but no data were reported for global and distress subscale, and Baskak et al. do not report efficacy for biperiden but the treatment duration was too short (6 hours)^{18,23}.

eFigure 1. P-score ranking for the 10 interventions treating AIA and placebo.











Rankogram - SUCRA ranking metric (Random effects model)

The set of probabilities to be rank from first (rank 1) to eleventh (rank 11) for each intervention is represented in a cumulative bar chart. Raw probabilities are summarized in the cross-tabulation (eTable 5). Darkest colors represent highest ranks, whereas whitest colors represent lowest rank. Asterisks underline interventions for which effect size, as reported in the forest plot (Figure 3), is statistically different than 0.

eFigure 3. Forest plot separating direct and indirect evidence for pairwise comparisons in NMA.

	Number of	Direct				
Comparison	Studies	Evidence	12	Random Effects Model	SMD	95%-CI
				I		
Biperiden vs Val	proate			_		
Direct estimate	1	0.86			-0.99	[-1.94; -0.04]
Indirect estimate					0.14	[-2.18; 2.46]
Network estimate					-0.83	[-1.71; 0.05]
Mianserin vs Plac	cebo			_		
Direct estimate	2	0.93	0%		-0.80	[-1.45; -0.15]
Indirect estimate				· · · ·	-1.00	[-3.46; 1.45]
Network estimate				\diamond	-0.81	[-1.44; -0.19]
Mianserin vs Vita	min B6			<u> </u>		
Direct estimate	1	0.75			0.00	[-0.84; 0.84]
Indirect estimate					0.41	[-1.03; 1.85]
Network estimate				\sim	0.10	[-0.62; 0.83]
Mirtazapine vs Pl	acebo					
Direct estimate	2	0.91	0%		-1.34	[-2.00; -0.68]
Indirect estimate					0.18	[-1.91; 2.27]
Network estimate				\diamond	-1.20	[-1.83; -0.58]
Mirtazapine vs Pr	opranolol					
Direct estimate	1	0.77			-0.17	[-0.95; 0.60]
Indirect estimate					-1.22	[-2.63; 0.18]
Network estimate				\sim	-0.42	[-1.10; 0.26]
Propranolol vs P	lacebo					
Direct estimate	3	0.95	73%		-0.75	[-1.33; -0.17]
Indirect estimate			-	•	-1.49	[-4.04; 1.06]
Network estimate				\diamond	-0.78	[-1.35; -0.22]
Valproate vs Plac	ebo					
Direct estimate	1	0.87			-0.33	[-1.26; 0.60]
Indirect estimate					0.84	[-1.59; 3.28]
Network estimate					-0.18	[-1.05; 0.69]
Vitamin B6 vs Pla	acebo					
Direct estimate	2	0.91	0%		-0.98	[-1.67; -0.29]
Indirect estimate					-0.33	[-2.48; 1.83]
Network estimate			_		-0.92	[-1.57; -0.26]
			Г	1 1 1 1		
			-4	-2 0 2 4		



eFigure 4. Plot showing direct and indirect evidence proportions for each network estimate (random-effects model).



eFigure 5. Funnel plot of NMA showing publication bias assessment.

eTable 1. Excluded studies and reasons for exclusion.

Reference	Reason for exclusion
Bjarke J, Gjerde HN, Jørgensen HA, Kroken RA, Løberg EM, Johnsen E. Akathisia and atypical antipsychotics: relation to suicidality, agitation and	Missing data for the main outcome
depression in a clinical trial. Acta Neuropsychiatr. 2022 Oct;34(5):282-288. doi: 10.1017/neu.2022.9. Epub 2022 May 20. PMID: 35260218.	
Juncal-Ruiz M, Ramirez-Bonilla M, Gomez-Arnau J, Ortiz-Garcia de la Foz V, Suarez-Pinilla P, Martinez-Garcia O, Neergaard KD, Tabares-Seisdedos R,	Missing data for the main outcome
Crespo-Facorro B. Incidence and risk factors of acute akathisia in 493 individuals with first episode non-affective psychosis: a 6-week randomised study	
of antipsychotic treatment. Psychopharmacology (Berl). 2017 Sep;234(17):2563-2570. doi: 10.1007/s00213-017-4646-1. Epub 2017 May 31. PMID:	
28567698.	
Seemüller F, Schennach R, Mayr A, Musil R, Jäger M, Maier W, Klingenberg S, Heuser I, Klosterkötter J, Gastpar M, Schmitt A, Schlösser R, Schneider F,	Missing data for the main outcome
Ohmann C, Lewitzka U, Gaebel W, Möller HJ, Riedel M; German Study Group on First-Episode Schizophrenia. Akathisia and suicidal ideation in first-	
episode schizophrenia. J Clin Psychopharmacol. 2012 Oct;32(5):694-8. doi: 10.1097/JCP.0b013e3182677958. PMID: 22926606.	
Trottier ED, Bailey B, Lucas N, Lortie A. Prochlorperazine in children with migraine: a look at its effectiveness and rate of akathisia. Am J Emerg Med.	No psychiatric patient
2012 Mar;30(3):456-63. doi: 10.1016/j.ajem.2010.12.020. Epub 2011 Feb 5. PMID: 21296523.	
de Leon J, Diaz FJ, Aguilar MC, Jurado D, Gurpegui M. Does smoking reduce akathisia? Testing a narrow version of the self-medication hypothesis.	No randomized controlled trial
Schizophr Res. 2006 Sep;86(1-3):256-68. doi: 10.1016/j.schres.2006.05.009. Epub 2006 Jun 30. PMID: 16814524.	
Gross-Isseroff R, Magen A, Shiloh R, Hermesh H, Weizman A. The 5-HT1D receptor agonist zolmitriptan for neuroleptic-induced akathisia: an open	No randomized controlled trial
label preliminary study. Int Clin Psychopharmacol. 2005 Jan;20(1):23-5. doi: 10.1097/00004850-200501000-00005. PMID: 15602112.	
Vinson DR. Diphenhydramine in the treatment of akathisia induced by prochlorperazine. J Emerg Med. 2004 Apr;26(3):265-70. doi:	No randomized controlled trial
10.1016/j.jemermed.2003.11.011. PMID: 15028322.	
Stryjer R, Strous RD, Bar F, Poyurovsky M, Weizman A, Kotler M. Treatment of neuroleptic-induced akathisia with the 5-HT2A antagonist trazodone.	No randomized controlled trial
Clin Neuropharmacol. 2003 May-Jun;26(3):137-41. doi: 10.1097/00002826-200305000-00006. PMID: 12782915.	

Reference	Reason for exclusion
Hirose S, Ashby CR. Immediate effect of intravenous diazepam in neuroleptic-induced acute akathisia: an open-label study. J Clin Psychiatry. 2002	No randomized controlled trial
Jun;63(6):524-7. doi: 10.4088/jcp.v63n0610. PMID: 12088165.	
Collins RW, Jones JB, Walthall JD, Chisholm CD, Giles BK, Brizendine EJ, Cordell WH. Intravenous administration of prochlorperazine by 15-minute	No psychiatric patient
infusion versus 2-minute bolus does not affect the incidence of akathisia: a prospective, randomized, controlled trial. Ann Emerg Med. 2001	
Nov;38(5):491-6. doi: 10.1067/mem.2001.119249. PMID: 11679859.	
Vinson DR, Migala AF, Quesenberry CP Jr. Slow infusion for the prevention of akathisia induced by prochlorperazine: a randomized controlled trial. J	Missing data for the main outcome
Emerg Med. 2001 Feb;20(2):113-9. doi: 10.1016/s0736-4679(00)00297-3. PMID: 11207403.	
Hirose S, Ashby CR. Intravenous biperiden in akathisia: an open pilot study. Int J Psychiatry Med. 2000;30(2):185-94. doi: 10.2190/RAFD-AXDF-RJAD-	No randomized controlled trial
FL1R. PMID: 11001281.	
Sharma AN, Steinberg K, Nelson LS. Akathisia and prochlorperazine. Ann Emerg Med. 2000 Aug;36(2):169-70. doi: 10.1067/mem.2000.108179. PMID:	No randomized controlled trial
10918114.	
Duncan EJ, Adler LA, Stephanides M, Sanfilipo M, Angrist B. Akathisia and exacerbation of psychopathology: a preliminary report. Clin	Missing data for the main outcome
Neuropharmacol. 2000 May-Jun;23(3):169-73. doi: 10.1097/00002826-200005000-00008. PMID: 10895402.	
Poyurovsky M, Weizman A. Lack of efficacy of the 5-HT3 receptor antagonist granisetron in the treatment of acute neuroleptic-induced akathisia. Int	No randomized controlled trial
Clin Psychopharmacol. 1999 Nov;14(6):357-60. doi: 10.1097/00004850-199911000-00006. PMID: 10565803.	
Drotts DL, Vinson DR. Prochlorperazine induces akathisia in emergency patients. Ann Emerg Med. 1999 Oct;34(4 Pt 1):469-75. doi: 10.1016/s0196-	Missing data for the main outcome
0644(99)80048-1. PMID: 10499947.	
Gruber O, Northoff G, Pflug B. Subjektives Erleben von Patienten mit akuter neuroleptika-induzierter Akathisie [Subjective experiences of patients with	Missing data for the main outcome
acute neuroleptic-induced akathisia]. Fortschr Neurol Psychiatr. 1998 Dec;66(12):531-8. German. doi: 10.1055/s-2007-995295. PMID: 9922925.	
Nishimatsu O, Horiguchi J, Inami Y, Sukegawa T, Sasaki A. Periodic limb movement disorder in neuroleptic-induced akathisia. Kobe J Med Sci. 1997	Sample size < 10
Oct;43(5):169-77. PMID: 9642972.	
Poyurovsky M, Weizman A. Serotonergic agents in the treatment of acute neuroleptic-induced akathisia: open-label study of buspirone and mianserin.	No randomized controlled trial
Int Clin Psychopharmacol. 1997 Sep;12(5):263-8. doi: 10.1097/00004850-199709000-00003. PMID: 9466160.	

Reference	Reason for exclusion
Anfang MK, Pope HG Jr. Treatment of neuroleptic-induced akathisia with nicotine patches. Psychopharmacology (Berl). 1997 Nov;134(2):153-6. doi:	No randomized controlled trial
10.1007/s002130050436. PMID: 9399378.	
Spivak B, Mester R, Abesgaus J, Wittenberg N, Adlersberg S, Gonen N, Weizman A. Clozapine treatment for neuroleptic-induced tardive dyskinesia,	Missing data for the main outcome
parkinsonism, and chronic akathisia in schizophrenic patients. J Clin Psychiatry. 1997 Jul;58(7):318-22. doi: 10.4088/jcp.v58n0706. PMID: 9269253.	
Miller CH, Hummer M, Oberbauer H, Kurzthaler I, DeCol C, Fleischhacker WW. Risk factors for the development of neuroleptic induced akathisia. Eur	No randomized controlled trial
Neuropsychopharmacol. 1997 Feb;7(1):51-5. doi: 10.1016/s0924-977x(96)00041-7. PMID: 9088885.	
DiMartini AF, Trzepacz PT, Daviss SR. Prospective study of FK506 side effects: anxiety or akathisia? Biol Psychiatry. 1996 Sep 1;40(5):407-11. doi:	Missing data for the main outcome
10.1016/0006-3223(95)00395-9. PMID: 8874843.	
Foster PN, Stickle BR, Laurence AS. Akathisia following low-dose droperidol for antiemesis in day-case patients. Anaesthesia. 1996 May;51(5):491-4.	No psychiatric patient
doi: 10.1111/j.1365-2044.1996.tb07800.x. PMID: 8694168.	
Weiss D, Aizenberg D, Hermesh H, Zemishlany Z, Munitz H, Radwan M, Weizman A. Cyproheptadine treatment in neuroleptic-induced akathisia. Br J	No randomized controlled trial
Psychiatry. 1995 Oct;167(4):483-6. doi: 10.1192/bjp.167.4.483. PMID: 8829717.	
Movin-Osswald G, Karlsson P, Hammarlund-Udenaes M, Farde L. Influence of rate of administration of raclopride on akathisia and prolactin response.	No psychiatric patient
Psychopharmacology (Berl). 1994 Mar;114(2):248-56. doi: 10.1007/BF02244845. PMID: 7838916.	
Sachdev P, Loneragan C. Intravenous benztropine and propranolol challenges in acute neuroleptic-induced akathisia. Clin Neuropharmacol. 1993	Sample size < 10
Aug;16(4):324-31. doi: 10.1097/00002826-199308000-00004. PMID: 8104097.	
Remington G, Fornazzari L, Sethna R. Placebo response in refractory tardive akathisia. Can J Psychiatry. 1993 May;38(4):248-50. doi:	No randomized controlled trial
10.1177/070674379303800404. PMID: 8100184.	
Sachdev P, Loneragan C. Low-dose apomorphine challenge in tardive akathisia. Neurology. 1993 Mar;43(3 Pt 1):544-7. doi:	Missing data for the main outcome
10.1212/wnl.43.3_part_1.544. PMID: 8450998.	
Sachdev P, Loneragan C. Intravenous benztropine and propranolol challenges in tardive akathisia. Psychopharmacology (Berl). 1993;113(1):119-22.	Sample size < 10
doi: 10.1007/BF02244343. PMID: 7862817.	

Reference	Reason for exclusion
Horiguchi J, Nishimatsu O. Usefulness of antiparkinsonian drugs during neuroleptic treatment and the effect of clonazepam on akathisia and	Additional drugs administered during
parkinsonism occurred after antiparkinsonian drug withdrawal: a double-blind study. Jpn J Psychiatry Neurol. 1992 Sep;46(3):733-9. doi:	the course of the study
10.1111/j.1440-1819.1992.tb00549.x. PMID: 1362592.	
Adler LA, Angrist B, Fritz P, Rotrosen J, Mallya G, Lipinski JF Jr. Lack of efficacy of d-propranolol in neuroleptic-induced akathisia.	No randomized controlled trial
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Miller CH, Fleischhacker WW, Ehrmann H, Kane JM. Treatment of neuroleptic induced akathisia with the 5-HT2 antagonist ritanserin. Psychopharmacol	No randomized controlled trial
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Res. 1989 Jan;27(1):1-4. doi: 10.1016/0165-1781(89)90002-4. PMID: 2564208.	
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Clin Psychopharmacol. 1988 Dec;8(6):409-16. PMID: 2906947.	
Reiter S, Adler L, Angrist B, Corwin J, Rotrosen J. Atenolol and propranolol in neuroleptic-induced akathisia. J Clin Psychopharmacol. 1987	Sample size < 10
Aug;7(4):279-80. doi: 10.1097/00004714-198708000-00034. PMID: 2887590.	

Kutcher SP, Mackenzie S, Galarraga W, Szalai J. Clonazepam treatment of adolescents with neuroleptic-induced akathisia. Am J Psychiatry. 1987	Population < 18 years old
Jun;144(6):823-4. doi: 10.1176/ajp.144.6.aj1446823. PMID: 2884890.	
Dupuis B, Catteau J, Dumon JP, Libert C, Petit H. Comparison of propranolol, sotalol, and betaxolol in the treatment of neuroleptic-induced akathisia.	No randomized controlled trial
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Reference	Reason for exclusion
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Adler L, Angrist B, Peselow E, Corwin J, Rotrosen J. Noradrenergic mechanisms in akathisia: treatment with propranolol and clonidine.	Sample size < 10
Psychopharmacol Bull. 1987;23(1):21-5. PMID: 2885887.	
Shaw ED, Mann JJ, Weiden PJ, Sinsheimer LM, Brunn RD. A case of suicidal and homicidal ideation and akathisia in a double-blind neuroleptic	Missing data for the main outcome
crossover study. J Clin Psychopharmacol. 1986 Jun;6(3):196-7. doi: 10.1097/00004714-198606000-00024. PMID: 2872240.	
Walters A, Hening W, Chokroverty S, Fahn S. Opioid responsiveness in patients with neuroleptic-induced akathisia. Mov Disord. 1986;1(2):119-27. doi:	Sample size < 10
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10.1001/archpsyc.1983.01790220026004. PMID: 6497564.	
Pringsheim, T., Gardner, D., Addington, D., Martino, D., Morgante, F., Ricciardi, L., & Barnes, T. R. (2018). The assessment and treatment of	No randomized controlled trial
antipsychotic-induced akathisia. The Canadian Journal of Psychiatry, 63(11), 719-729.	
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Current neuropharmacology, 15(5), 789-798.	
Hieber, R., Dellenbaugh, T., & Nelson, L. A. (2008). Role of mirtazapine in the treatment of antipsychotic-induced akathisia. Annals of	No randomized controlled trial
Pharmacotherapy, 42(6), 841-846.	
Forcen, F. E., Matsoukas, K., & Alici, Y. (2016). Antipsychotic-induced akathisia in delirium: a systematic review. Palliative & supportive care, 14(1), 77-	No randomized controlled trial
84.	
Poyurovsky, M. (2010). Acute antipsychotic-induced akathisia revisited. The British journal of psychiatry, 196(2), 89-91.	Missing data for the main outcome
Shams-Alizadeh, N., Bakhshayesh, H., Rezaei, F., Ghaderi, E., Shams-Alizadeh, N., & Hassanzadeh, K. (2018). Effect of vitamin B6 versus propranolol on	Missing data for the main outcome
antipsychotic-induced akathisia: a pilot comparative double-blind study. Iranian Journal of Pharmaceutical Research: IJPR, 17(Suppl), 130.	
Kalniunas, A., Chakrabarti, I., Mandalia, R., Munjiza, J., & Pappa, S. (2021). The relationship between antipsychotic-induced akathisia and suicidal	Missing data for the main outcome
behaviour: a systematic review. Neuropsychiatric Disease and Treatment, 3489-3497.	

Reference	Reason for exclusion
Pfeffer, G., Chouinard, G., & Margolese, H. C. (2005). Gabapentin in the treatment of antipsychotic-induced akathisia in schizophrenia. International	No randomized controlled trial
clinical psychopharmacology, 20(3), 179-181.	
Praharaj, S. K., Kongasseri, S., Behere, R. V., & Sharma, P. S. V. N. (2015). Mirtazapine for antipsychotic-induced acute akathisia: a systematic review	No randomized controlled trial
and meta-analysis of randomized placebo-controlled trials. Therapeutic advances in psychopharmacology, 5(5), 307-313.	
Poyurovsky, M., & Weizman, A. (2020). Treatment of antipsychotic-induced akathisia: role of serotonin 5-HT 2a receptor antagonists. Drugs, 80, 871-	No randomized controlled trial
882.	
Jethwa, K. D. (2015). Pharmacological management of antipsychotic-induced akathisia: an update and treatment algorithm. BJPsych Advances, 21(5),	No randomized controlled trial
342-344	
LARACH, V. W. (2001). Relationship between antipsychotic-induced akathisia and tardive dyskinesia and suicidality in schizophrenia: impact of	Missing data for the main outcome
clozapine and olanzapine. Acta psychiat. belg, 101, 128-144.	
Kumar, R., & Sachdev, P. S. (2009). Akathisia and second-generation antipsychotic drugs. Current opinion in psychiatry, 22(3), 293-299.	No randomized controlled trial
Laoutidis, Z. G., & Luckhaus, C. (2014). 5-HT2A receptor antagonists for the treatment of neuroleptic-induced akathisia: a systematic review and meta-	No randomized controlled trial
analysis. International Journal of Neuropsychopharmacology, 17(5), 823-832.	
Ozyildirim, I., & Kosecioglu, S. (2009). P01-119 mirtazapine induced tardive akathisia: A case report. European Psychiatry, 24, S507.	No randomized controlled trial
Koller, K. (2019). Propranolol for mirtazapine-induced akathisia: Single case report. Mental Health Clinician, 9(1), 61-63.	No randomized controlled trial
Miller, C. H., & Fleischhacker, W. W. (2000). Managing antipsychotic-induced acute and chronic akathisia. Drug Safety, 22, 73-81.	No randomized controlled trial
Kim, E. S., & Heo, Y. A. (2021). Manage antipsychotic-induced akathisia by making changes to the antipsychotic drug regimen and/or adding anti-	No randomized controlled trial
akathisia agents. Drugs & Therapy Perspectives, 37, 70-74.	
Demyttenaere, K., Detraux, J., Racagni, G., & Vansteelandt, K. (2019). Medication-induced akathisia with newly approved antipsychotics in patients	No randomized controlled trial
with a severe mental illness: a systematic review and meta-analysis. CNS drugs, 33, 549-566.	
Furuse, T., & Hashimoto, K. (2010). Fluvoxamine for blonanserin-associated akathisia in patients with schizophrenia: report of five cases. Annals of	No randomized controlled trial
General Psychiatry, 9, 1-4.	

Kane, J. M., Fleischhacker, W. W., Hansen, L., Perlis, R., Pikalov III, A., & Assunção-Talbott, S. (2009). Akathisia: an updated review focusing on second-	No randomized controlled trial
generation antipsychotics. Journal of clinical Psychiatry, 70(5), 627.	

Reference	Reason for exclusion
Takeshima, M., Ishikawa, H., Kanbayashi, T., & Shimizu, T. (2018). Gabapentin enacarbil for antipsychotic induced akathisia in schizophrenia patients: a	No randomized controlled trial
pilot open-labeled study. Neuropsychiatric Disease and Treatment, 3179-3184.	
Raveendranathan, D., & Swaminath, G. R. (2015). Mirtazapine induced akathisia: Understanding a complex mechanism. Indian journal of psychological	Missing data for the main outcome
medicine, 37(4), 474-475.	
Yoshimura, B., Sato, K., Sakamoto, S., Tsukahara, M., Yoshimura, Y., & So, R. (2019). Incidence and predictors of acute akathisia in severely ill patients	No randomized controlled trial
with first-episode schizophrenia treated with aripiprazole or risperidone: secondary analysis of an observational study. Psychopharmacology, 236, 723-	
730.	
Poyurovsky, M., & Weizman, A. (2015). Treatment of antipsychotic-related akathisia revisited: the role of serotonin 2A receptor antagonists. Journal of	No randomized controlled trial
Clinical Psychopharmacology, 35(6), 711-714.	
Kim, J. H., & Byun, H. J. (2007). Association of subjective cognitive dysfunction with akathisia in patients receiving stable doses of risperidone or	Missing data for the main outcome
haloperidol. Journal of clinical pharmacy and therapeutics, 32(5), 461-467.	
Ranjan, S., Chandra, P. S., Chaturvedi, S. K., Prabhu, S. C., & Gupta, A. (2006). Atypical antipsychotic-induced akathisia with depression: therapeutic	No randomized controlled trial
role of mirtazapine. Annals of Pharmacotherapy, 40(4), 771-774.	
Barnes, T. R. (2003). The Barnes Akathisia rating scale-revisited. Journal of Psychopharmacology, 17(4), 365-370.	Missing data for the main outcome
Saito, Y., Takekuma, Y., Furuta, M., & Sugawara, M. (2022). Pregabalin Attenuates Carboplatin-Induced Akathisia-Like Neuropathy: A Novel Case	No psychiatric patient
Report. Case reports in oncology, 14(3), 1418-1421.	
Resende Lima, A., Soares-Weiser, K., Bacaltchuk, J., Barnes, T. R., & Cochrane Schizophrenia Group. (1996). Benzodiazepines for neuroleptic-induced	No randomized controlled trial
acute akathisia. Cochrane Database of Systematic Reviews, 2010(1).	
Forcen, F. E., Root, J. C., & Alici, Y. (2017). Antipsychotic-induced akathisia in cancer settings. Psycho-oncology, 26(7), 1053.	Missing data for the main outcome

Veeraraghavan, V., & Srinivasan, K. (2022). Role of serotonin receptor antagonist cyproheptadine in treatment-resistant akathisia. Annals of Indian	No randomized controlled trial
Psychiatry, 6(1), 102-104.	
Poyurovsky, M., & Weizman, A. (2018). Very low-dose Mirtazapine (7.5 mg) in treatment of acute antipsychotic-associated akathisia. Journal of clinical	No randomized controlled trial
psychopharmacology, 38(6), 609-611.	

Reference	Reason for exclusion
AYAYDIN, H., & ULGAR, Ş. B. (2018). Successful treatment of paliperidone palmitate induced akathisia with mirtazapine: A case report. Harran	No randomized controlled trial
Üniversitesi Tıp Fakültesi Dergisi, 15(3), 259-261.	
Morgan, J. C. (2019). Treatment of Tardive Akathisia. Therapy of Movement Disorders: A Case-Based Approach, 297-299.	Missing data for the main outcome
Poyurovsky, M., Bergman, J., Pashinian, A., & Weizman, A. (2014). Beneficial effect of low-dose mirtazapine in acute aripiprazole-induced akathisia.	No randomized controlled trial
International clinical psychopharmacology, 29(5), 296-298.	
Braude, D., & Boling, S. (2006). Case report of unrecognized akathisia resulting in an emergency landing and RSI during air medical transport. Air	No randomized controlled trial
Medical Journal, 25(2), 85-87.	
Patel, J., & Marwaha, R. (2022). Akathisia. In StatPearls [Internet]. StatPearls Publishing.	Missing data for the main outcome
Furuse, T., & Hashimoto, K. (2010). Fluvoxamine for aripiprazole-associated akathisia in patients with schizophrenia: a potential role of sigma-1	No randomized controlled trial
receptors. Annals of general psychiatry, 9, 1-3.	
Shah, R., Grover, S., Maheshwari, U., Kate, N., & Malhotra, N. (2010). Acute akathisia with quetiapine: A case report and review of literature. Indian	No randomized controlled trial
journal of pharmacology, 42(6), 416.	
Oflaz S, Bakay H, Cekic E, et al. Atypical antipsychotics induced chronic akathisia: a case report. Journal of Mood Disorders 2014; 4: 175.	No randomized controlled trial
Gokcay, H., Solmaz, M., & Balcioglu, Y. H. (2021). Akathisia Related to Multivitamin Complex Supplemented With Ginseng Extract. American Journal of	No randomized controlled trial
Therapeutics, 28(6), e808-e809.	
Kern, D., & Lang, A. E. (2015). Acute akathisia. In Medication-induced movement disorders (pp. 3-19). Cambridge: Cambridge University Press.	Missing data for the main outcome
Hansen, L. (2001). A critical review of akathisia, and its possible association with suicidal behaviour. Human Psychopharmacology: Clinical and	Missing data for the main outcome
Experimental, 16(7), 495-505.	

Citrome, L., Yatham, L. N., Patel, M. D., Barabássy, Á., Hankinson, A., & Earley, W. R. (2021). Cariprazine and akathisia, restlessness, and extrapyramidal	Missing data for the main outcome
symptoms in patients with bipolar depression. Journal of Affective Disorders, 288, 191-198.	
Saboowala, H. (Ed.). (2020). What is Akathisiaor not sitting?-A Drug Induced Emotional Turmoil–DIET. Dr. Hakim Saboowala.	No randomized controlled trial
Sethuram, K., & Gedzior, J. (2014). Akathisia: case presentation and review of newer treatment agents. Psychiatric Annals, 44(8), 391-396.	No randomized controlled trial
Lohr, J. B., Eidt, C. A., Alfaraj, A. A., & Soliman, M. A. (2015). The clinical challenges of akathisia. CNS spectrums, 20(S1), 1-16.	No randomized controlled trial

Reference	Reason for exclusion
Sienaert, P., van Harten, P., & Rhebergen, D. (2019). The psychopharmacology of catatonia, neuroleptic malignant syndrome, akathisia, tardive	No randomized controlled trial
dyskinesia, and dystonia. Handbook of clinical neurology, 165, 415-428.	
Forcen, F. E. (2015). Akathisia: is restlessness a primary condition or an adverse drug effect. Curr Psychiatry, 14(1), 14-8.	Missing data for the main outcome
Desai, A., Nierenberg, D. W., & Duhaime, A. C. (2010). Akathisia after mild traumatic head injury: Case report. Journal of Neurosurgery: Pediatrics, 5(5),	No randomized controlled trial
460-464.	
Musco, S., McAllister, V., & Caudle, I. (2020). Dopamine-receptor blocking agent-associated akathisia: a summary of current understanding and	No randomized controlled trial
proposal for a rational approach to treatment. Therapeutic Advances in Psychopharmacology, 10, 2045125320937575.	
Back, I., & Taubert, M. (2007). Akathisia and an unusual symptomatic treatment: a case report. Palliative Medicine, 21(8), 713.	No randomized controlled trial
Nepal, H., Black, E., & Bhattarai, M. (2016). Self-Harm in Sertraline-Induced Akathisia Psychiatrist. com. The Primary Care Companion for CNS	Missing data for the main outcome
Disorders, 18(6), 26843.	
Wilson, M. S. (2005). Mirtazapine for akathisia in bipolar disorder. Journal of clinical psychopharmacology, 25(4), 394-395.	No randomized controlled trial
Albert, N., Catthoor, K., & Morrens, M. (2022). Akathisia after chronic usage of synthetic cathinones: A case study. Frontiers in Psychiatry, 13.	No randomized controlled trial
Markoula, S., Konitsiotis, S., Chatzistefanidis, D., Lagos, G., & Kyritsis, A. P. (2010). Akathisia induced by mirtazapine after 20 years of continuous	Missing data for the main outcome
treatment. Clinical neuropharmacology, 33(1), 50-51.	
Hansen, L. K., L'Allemand, T., Thiry, F., & Baldwin, D. S. (2010). Structured relaxation in the treatment of akathisia: case series. Neuropsychiatric	No randomized controlled trial
disease and treatment, 269-271.	
Tachere, R. O., & Modirrousta, M. (2017). Beyond anxiety and agitation: A clinical approach to akathisia. Australian Family Physician, 46(5), 296-298.	No randomized controlled trial

Schoretsanitis, G., Nikolakopoulou, A., Guinart, D., Correll, C. U., & Kane, J. M. (2020). Iron homeostasis alterations and risk for akathisia in patients	No randomized controlled trial
treated with antipsychotics: a systematic review and meta-analysis of cross-sectional studies. European neuropsychopharmacology, 35, 1-11.	
Escobar-Córdoba, F., Álvarez-Vanegas, C., & Torres-Espinosa, L. (2015). Pharmacological treatment of neuroleptic-induced akathisia. Acta Neurológica	No randomized controlled trial
Colombiana, 31(4), 447-453.	
Advokat, C. (2010). A brief overview of iatrogenic akathisia. Clinical Schizophrenia & Related Psychoses, 3(4), 226-236.	No randomized controlled trial

Reference	Reason for exclusion
Kane, J. M., Barnes, T. R., Correll, C. U., Sachs, G., Buckley, P., Eudicone, J., & Assunção-Talbott, S. (2010). Evaluation of akathisia in patients with	Missing data for the main outcome
schizophrenia, schizoaffective disorder, or bipolar I disorder: a post hoc analysis of pooled data from short-and long-term aripiprazole trials. Journal of	
Psychopharmacology, 24(7), 1019-1029.	
Gulsun, M., & Doruk, A. (2008). Mirtazapine-induced akathisia. Journal of clinical psychopharmacology, 28(4), 467.	Missing data for the main outcome
ÖZTURAN, D. D., & DEMİR, F. Ü. (2021). Mirtazapine Induced Akathisia: A Case Report. Middle Black Sea Journal of Health Science, 7(3), 436-438.	Missing data for the main outcome
Catalano, G., Grace, J. W., Catalano, M. C., Morales, M. J., & Cruse, L. M. (2005). Acute akathisia associated with quetiapine use. Psychosomatics, 46(4),	Missing data for the main outcome
291-301.	
Gómez-Arnau Ramírez, J. (2016). Pharmacological and non-pharmacological correlates of acute akathisia in first-episode psychosis.	Missing data for the main outcome
Elhusein, B., Mahgoub, O., Kumar, R., & Abdullah, M. A. The Possibility of the Second Generation Antipsychotic-Olanzapine to Cause Severe Akathisia	No randomized controlled trial
in a Drug Naive Patient-A Case Report.	
Zareifopoulos, N., Katsaraki, M., Stratos, P., Villiotou, V., Skaltsa, M., Dimitriou, A., & Velissaris, D. (2021). Pathophysiology and management of	No randomized controlled trial
Akathisia 70 years after the introduction of the chlorpromazine, the first antipsychotic. European Review for Medical and Pharmacological Sciences,	
25(14), 4746-4756.	
Ali, N., Rasheed, A., Tariq, I., Qadir, A., Sarwar, A., Atta, R., & Maqsood, U. (2018). Incidence of Drug Induced Akathisia with Aripiprazole and	Missing data for the main outcome
Risperidone: A Comparative Study. National Journal of Health Sciences, 3(1), 20-22.	

ALI, N., TARIQ, I., RASHID, A., KHAN, A. Q., ALI, N., & HABIB, U. (2017). THE HIGH INCIDENCE ILLUSION: AKATHISIA WITH ARIPIPRAZOLE. Pakistan	Missing data for the main outcome
Postgraduate Medical Journal, 28(1), 7-9.	
Luthra, V., Pinninti, N. R., Yoder, K., Musthaq, M. S., Umapathy, C., & Levinson, D. F. (2000). Is akathisia associated with poor clinical response to	Missing data for the main outcome
antipsychotics during acute hospital treatment?. General hospital psychiatry, 22(4), 276-280.	
Obyedkov, V., Gorgun, O., Hodjaev, A., Dakukina, T., Hvostova, I., Kaminskaya, Y., & Kuchynskaya, A. (2022). Clinical and Psychopathological	No randomized controlled trial
Phenomenology of Mild Acute Drug-Induced Akathisia.	
Ersche, K. D., Cumming, P., Craig, K. J., Müller, U., Fineberg, N. A., Bullmore, E. T., & Robbins, T. W. (2012). Amisulpride-induced acute akathisia in OCD:	Missing data for the main outcome
an example of dysfunctional dopamine-serotonin interactions?. Journal of Psychopharmacology, 26(6), 887-890.	

Reference	Reason for exclusion
Hirose, S. (2003). The causes of underdiagnosing akathisia. Schizophrenia Bulletin, 29(3), 547-558.	No randomized controlled trial
Demir, B., Sancaktar, M., & Altindag, A. (2021). Lithium-induced treatment-resistant akathisia: A case report and literature overview. Clinical	No randomized controlled trial
Neuropharmacology, 44(3), 112-113.	
Tucci, V., Calvo, J. A., Moukaddam, N., Waheed, A., & Wilson, M. P. (2020). Psychiatric Emergencies for Clinicians: Emergency Department	Missing data for the main outcome
Management of Acute Drug-Induced Akathisia. Journal of Emergency Medicine, 58(6), 922-926.	
Morton, A., Mackle, C., & Pavey, J. (2022). Akathisia and oculogyric crisis in hyperemesis gravidarum. Obstetric Medicine, 1753495X221137942.	No psychiatric patient
Naguy, A., Moodliar-Rensburg, S., & Alamiri, B. (2021). Mirtazapine treatment for azithromycin-associated akathisia. American Journal of Therapeutics,	No randomized controlled trial
28(6), e751-e752.	
Beardmore, L. (2020). The Psychosocial Effects of Drug-Induced Akathisia (Doctoral dissertation, University of Manchester).	Missing data for the main outcome
SACHDEV, P., & Loneragan, C. (1991). The present status of akathisia. The Journal of nervous and mental disease, 179(7), 381-391.	No randomized controlled trial
Hirjak, D., Kubera, K. M., Bienentreu, S., Thomann, P. A., & Wolf, R. C. (2019). Antipsychotic-induced motor symptoms in schizophrenic psychoses—	Missing data for the main outcome
Part 1: Dystonia, akathisia und parkinsonism. Der Nervenarzt, 90, 1-11.	
Thompson, H. (2021). Implementation of an Akathisia Scale Into the Mental Health Assessment to Screen for Early-Onset Akathisia.	Missing data for the main outcome
Jaitpal, V., & Gawande, S. (2022). Olanzapine-Induced Parkinsonism and Akathisia: A Case Report. Cureus, 14(1).	No randomized controlled trial

Adler, L. A., Peselow, E., Rosenthal, M., & Angrist, B. (1993). A controlled comparison of the effects of propranolol, benztropine, and placebo on	Report not retrieved
akathisia: an interim analysis. Psychopharmacology bulletin, 29(2), 283–286.	
Dumon, J. P., Catteau, J., Lanvin, F., & Dupuis, B. A. (1992). Randomized, double-blind, crossover, placebo-controlled comparison of propranolol and	Sample not matching target population
betaxolol in the treatment of neuroleptic-induced akathisia. The American journal of psychiatry, 149(5), 647–650.	

First Author	РҮ	Country	Akathisia scale	Design
Gagrat	1978	USA	Original Q.	Parallel groups
Friis	1983	Denmark	Original Q.	3-arms, cross-over.
Adler	1986	USA	SAS	Cross-over
Kramer	1988	USA	ARS	Cross-over
Pujalte	1994	France	BARS	Parallel groups
Poyurovsky	1999	Israel	BARS	Parallel groups
Fischel	2001	Israel	BARS	Parallel groups
Poyurovsky	2003	Israel	BARS	Parallel groups
Lerner	2004	Israel	BARS	Parallel groups
Miodownik	2006	Israel	BARS	3-arms
Poyurovsky	2006	Israel	BARS	3-arms
Baskak	2007	Turkey	BARS	Parallel groups
Avital	2009	Israel	BARS	Parallel groups
Stryjer	2010	Israel	BARS	Parallel groups
Shams-Alizadeh	2020	Israel	BARS	Parallel groups

eTable 2. Characteristics of the included studies comprised in network meta-analysis.

PY: Publication year;

Original Q.: original questionnaire; SAS: Simpson Angus Scale; ARS: Akathisia Rating Scale; BARS: Barnes Akathisia Rating Scale

Description of scales:

Barnes Akathisia Rating Scale (BARS):

- 4-items, with objective, subjective and global assessment,
- Cohen's kappa varies between 0.74 and 0.95 (Barnes 2003).

Akathisia Rating Scale (ARS):

- 10-items, based on Braude et al. (Braude et al. 1983),
- Factors able to distinguish akathisia from other illness-related movements p < 0.001-0.02, in principal component analysis (PCA) (Braude et al. 1983).

Simpson Angus Scale (SAS):

- 1-item, objective rating,
- Cronbach α = 0.79 (Janno et al. 2005).

Two different original questionnaires (designed for the trial):

- The original scale in Gagrat et al. (Gagrat et al. 1978) was defined as follows: a score of 0 correspond to no akathisia symptoms, 1 to subjective inner restlessness, 2 to objective restlessness, 3 to severe objective restlessness.
- The original scale in Friis et al. (Friis et al. 1983) was defined as follows: for subjective symptoms, a score of 0 corresponds to absence of symptom, 1 to slight feeling of restlessness, slight muscle sensation in legs and slight anxiety or irritation, 2 to moderate feeling of restlessness, strong wish to move or concentration difficulties, dysphoric mood, anxiety and/or irritation, 3 to strong feeling of restlessness, compulsion to move, totally occupied by the symptoms, sleeping problems and agitation, psychosis aggravation. For objective signs, a score 0 correspond to absence, 1 to can sit still up to one hour and slight movements and feet tapping, 2 to can sit still up to 15 minutes, often leg movements and feet tapping, sometimes lifting the arms and stands or walks around most of the time, 3 to cannot sit still, constant arm and leg movements, rocking of the body and pacing.

First Author	РҮ	Ν	Arm 1 (n)	Arm 2 (n)	Arm 3 (n)	Reference group
Gagrat	1978	20	Diazepam (9)	Diphenhydramine (11)	-	Diphenhydramine
Friis	1983	45	Valproate (15)	Biperiden (15)	Placebo (15)	Placebo
Adler	1986	12	Propranolol (6)	Placebo (6)	-	Placebo
Kramer	1988	20	Propranolol (10)	Placebo (10)	-	Placebo
Pujalte	1994	12	Clonazepam (6)	Placebo (6)	-	Placebo
Poyurovsky	1999	30	Mianserin (15)	Placebo (15)	-	Placebo
Fischel	2001	29	Cyproheptadine (17)	Propranolol (12)	-	Propranolol
Poyurovsky	2003	26	Mirtazapine (13)	Placebo (13)	-	Placebo
Lerner	2004	20	Vitamin B6 (10)	Placebo (10)	-	Placebo
Miodownik	2006	60	Mianserin (20)	Vitamin B6 (23)	Placebo (17)	Placebo
Poyurovsky	2006	90	Mirtazapine (30)	Propranolol (30)	Placebo (30)	Placebo
Baskak	2007	30	Biperiden (15)	Placebo (15)	-	Placebo
Avital	2009	33	Zolmitriptan (14)	Propranolol (19)	-	Propranolol
Stryjer	2010	13	Trazodone (8)	Placebo (5)	-	Placebo
Shams-Alizadeh	2020	52	Trazodone (26)	Placebo (26)	-	Placebo

The sample sizes of the trials ranged from 12 to 90 participants. The mean duration of intervention was 5.5 days (Standard deviation (SD) = 4.0). Out of the total participants, 309 (63.4%) were male, and the mean age was 36 (SD = 5). Eight studies (53.3%) recruited patients from Israel, three (20.0%) from the USA, and one each from Denmark, France, Turkey, and Iran (6.7% each).

The distribution of diagnoses was as follows: 348 (80.0%) had schizophrenia, 49 (11.3%) had schizoaffective disorder, 12 (2.8%) had bipolar disorder, nine (2.1%) had schizophreniform disorder, five (1.1%) had delusional disorder, three (0.7%) had psychotic depression, three (0.7%) had a personality disorder, three (0.7%) had alcoholic dementia, one (0.2%) had obsessive-compulsive disorder, one (0.2%) had an anxiety disorder, and one (0.2%) had another psychotic disorder. One study (43) did not report any DSM-5 diagnoses for its participants (52 participants).

Among all participants, 384 (80.2%) were treated with first-generation antipsychotics, 99 (21.0%) were treated with second-generation antipsychotics (defined by one of the following ATC codes: sertindole N05AE03, lurasidone N05AE05, clozapine N05AH02, olanzapine N05AH03, quetiapine N05AH04, sultopride N05AL02, amisulpride N05AL05, risperidone N05AX08, aripiprazole N05AX12, paliperidone N05AX13, cariprazine N05AX15, brexpiprazole N05AX16), and 7 (1.5%) received a combination of first and second-generation antipsychotics. One trial (Stryjer et al. 2010) did not report the type of antipsychotics taken by participants (13 participants). The mean PANSS severity score was 72 (SD = 24). The mean chlorpromazine equivalent dose was 814 mg/day (SD = 520). The CPZeq of trials are on average below 700 mg/d, except for three RCTs assessing propranolol (Adler et al. 1986; Kramer et al. 1988) and clonazepam (Pujalte et al. 1994).

The allowance of benzodiazepines and anticholinergics as cotreatments were mentioned in respectively eight RCTs (Adler et al. 1986; Pujalte et al. 1994; Poyurovsky et al. 1999, 2006; Fischel et al. 2001; Baskak et al. 2007; Avital et al. 2009; Stryjer et al. 2010)(53.3%) and thirteen RCTs (Friis et al. 1983; Adler et al. 1986; Kramer et al. 1988; Pujalte et al. 1994; Poyurovsky et al. 1999, 2006; Fischel et al. 2001; Lerner et al. 2004; Miodownik et al. 2006; Baskak et al. 2007; Avital et al. 2009; Stryjer et al. 2010; Shams-Alizadeh et al. 2020)(86.7%) and unknown in respectively six RCTs (Friis et al. 1983; Kramer et al. 1988; Poyurovsky et al. 2003; Lerner et al. 2004; Miodownik et al. 2006; Shams-Alizadeh et al. 2020)(40.0%) and one RCT(Poyurovsky et al. 2003)(6.7%). Cotreatments with benzodiazepines and anticholinergics were not allowed (exclusion criterion) in respectively four RCTs (Pujalte et al. 1994; Fischel et al. 2001; Baskak et al. 2010)(26.7%) and five RCTs (Friis et al. 1983; Fischel et al. 2001; Baskak et al. 2007; Stryjer et al. 2010; Shams-Alizadeh et al. 2010)(26.7%) and five RCTs (Friis et al. 1983; Fischel et al. 2010; Shams-Alizadeh et al. 2020)(33.3%).

eTable 3. Subnetwork for Gagrat 1978 with treatment effect size estimate and calculation method.

	Experimental	Control	SMD	seSMD	95% CI
Gagrat 1978	Diazepam	Diphenhydramine	-0.122	0.450	[-1.0034; 0.7602]

Number of studies	Number of pairwise comparisons	Number of treatments
1	1	2

In Gagrat 1978, SDs were missing. Student's t-tests (df = 19) for independent samples were conducted. We know that the mean differences of score between diazepam and diphenhydramine aren't statistically significant at the different time-points. Using the homoscedasticity hypothesis of Student's test and a not significant p-value, we can estimate the pooled value of SD for the two samples. We simulated results with multiple not significant p-values.

The most likely value of SDs is near studies sharing similar characteristics in our NMA (Friis 1983). Calculations leads to: pooled SD = 0.63; p-value = 0.39. The effect size is compatible with a small effect of diazepam comparing to diphenhydramine in NIA, matching with conclusions of Gagrat et al.

SMD: standardized mean difference; seSMD: standard error of SMD.

Experimental (or control)	Total number of patients across NMA	Total number of studies	Therapeutic class	Hypothetic therapeutic action(s) on NIA	
Diazepam	9	1	Benzodiazepines (long half-life)	F-aminobutyric acid receptor agonist	
Clonazepam	6	1			
Diphenhydramine	11	1	Antihistaminics	5-HT ₂ antagonistic activity	
Cyproheptadine	17	1		5 m2 unagenote detricy	
Propranolol	77	5	β-adrenergic blocker	Central and peripherical effects of beta-blocking	
Valproate	15	1	Mood stabilizer / Antiepileptic	Γ-aminobutyric acid mimetic drug	
Biperiden	30	2	Anticholinergic	Stop increasing acetylcholine turn-over	
Mianserin	35	2	Antidepressants (α_2 -blockers)	5-HT ₂₄ antagonistic activity	
Mirtazapine	43	2			
Trazodone	34	2	Antidepressant (5-HT _{2A} blocker)	Post-synaptic antagonism $5-HT_{2A}$ and $5-HT_{2C}$	
Vitamin B6	33	2	Water-soluble vitamin	Co-factor in decarboxylation from dopa to	
		_		dopamine, antioxidant, free radical scavenger	
Zolmitriptan	14	1	Triptan (5-HT _{1D} agonist)	Inhibition of $5-HT_{1D}$ presynaptic auto-receptor	
Placebo	168	12	-	-	

eTable 4. Characteristics of the interventions comprised in the network meta-analysis.

12 studies have placebo as control group. Three studies have an active treatment as control group: propranolol (n = 2), diphenhydramine (n = 1).

	Rank 1	Rank 2	Rank 3	Rank 4	Rank 5	Rank 6	Rank 7	Rank 8	Rank 9	Rank 10	Rank 11
Placebo	0	0	0	0	0	0	0.001	0.032	0.163	0.45	0.354
Valproate	0.003	0.005	0.014	0.02	0.025	0.047	0.065	0.14	0.229	0.199	0.253
Zolmitriptan	0.02	0.026	0.028	0.033	0.063	0.066	0.084	0.133	0.183	0.147	0.217
Clonazepam	0.097	0.069	0.05	0.074	0.056	0.074	0.085	0.124	0.134	0.102	0.135
Propranolol	0.018	0.054	0.093	0.126	0.188	0.187	0.164	0.109	0.054	0.007	0
Mianserin	0.041	0.088	0.134	0.127	0.137	0.146	0.147	0.108	0.049	0.018	0.005
Trazodone	0.07	0.103	0.117	0.134	0.118	0.125	0.15	0.101	0.059	0.017	0.006
Cyproheptadine	0.191	0.116	0.095	0.092	0.107	0.088	0.101	0.088	0.057	0.038	0.027
Vitamin B6	0.088	0.129	0.159	0.159	0.124	0.123	0.08	0.077	0.043	0.015	0.003
Biperiden	0.138	0.169	0.161	0.132	0.119	0.095	0.082	0.07	0.027	0.007	0
Mirtazapine	0.334	0.241	0.149	0.103	0.063	0.049	0.041	0.018	0.002	0	0

eTable 5. Cross-tabulation of ranking probabilities for the 10 akathisia interventions and placebo.

Comparison	k	Prop	NMA	Direct	Indirect	Diff	Z	p-value
Biperiden vs Clonazepam	0	0	-0.4552		-0.4552			
Biperiden vs Cyproheptadine	0	0	-0.1026		-0.1026			
Biperiden vs Mianserin	0	0	-0.1993		-0.1993			
Biperiden vs Mirtazapine	0	0	0.1907		0.1907			
Biperiden vs Placebo	2	1.00	-1.0129	-1.0129				
Biperiden vs Propranolol	0	0	-0.2296	•	-0.2296			
Biperiden vs Trazodone	0	0	-0.1695		-0.1695			
Biperiden vs Valproate	1	0.86	-0.8315	-0.9939	0.1385	-1.1324	-0.88	0.38
Biperiden vs Vitamin B6	0	0	-0.0953		-0.0953			
Biperiden vs Zolmitriptan	0	0	-0.7240		-0.7240			
Clonazepam vs Cyproheptadine	0	0	0.3526	•	0.3526	•		•
Clonazepam vs Mianserin	0	0	0.2559	•	0.2559	•		•
Clonazepam vs Mirtazapine	0	0	0.6460	•	0.6460	•		•
Clonazepam vs Placebo	1	1.00	-0.5577	-0.5577		•		•
Clonazepam vs Propranolol	0	0	0.2256	•	0.2256	•		•
Clonazepam vs Trazodone	0	0	0.2857	•	0.2857	•		•
Clonazepam vs Valproate	0	0	-0.3763	•	-0.3763	•		•
Clonazepam vs Vitamin B6	0	0	0.3599	•	0.3599	•		•
Clonazepam vs Zolmitriptan	0	0	-0.2688	•	-0.2688	•		•
Cyproheptadine vs Mianserin	0	0	-0.0966		-0.0966			
Cyproheptadine vs Mirtazapine	0	0	0.2934		0.2934			
Cyproheptadine vs Placebo	0	0	-0.9103		-0.9103			
Cyproheptadine vs Propranolol	1	1.00	-0.1270	-0.1270	•			
Cyproheptadine vs Trazodone	0	0	-0.0668		-0.0668			
Cyproheptadine vs Valproate	0	0	-0.7289		-0.7289			
Cyproheptadine vs Vitamin B6	0	0	0.0073		0.0073			
Cyproheptadine vs Zolmitriptan	0	0	-0.6214		-0.6214			
Mianserin vs Mirtazapine	0	0	0.3900	•	0.3900	•		
Mianserin vs Placebo	2	0.93	-0.8136	-0.8004	-1.0046	0.2042	0.16	0.87
Mianserin vs Propranolol	0	0	-0.0304		-0.0304			

eTable 6. Results for Separate indirect from direct evidence (SIDE) using back-calculation method, testing agreement between direct and indirect evidence.

Mianserin vs Trazodone	0	0	0.0298		0.0298			
Mianserin vs Valproate	0	0	-0.6322		-0.6322			
Mianserin vs Vitamin B6	1	0.75	0.1039	0.0000	0.4076	-0.4076	-0.48	0.63
Mianserin vs Zolmitriptan	0	0	-0.5248		-0.5248			•
Mirtazapine vs Placebo	2	0.91	-1.2037	-1.3415	0.1799	-1.5214	-1.36	0.17
Mirtazapine vs Propranolol	1	0.77	-0.4204	-0.1747	-1.2215	1.0468	1.28	0.20
Mirtazapine vs Trazodone	0	0	-0.3602	•	-0.3602	•		•
Mirtazapine vs Valproate	0	0	-1.0222	•	-1.0222	•		•
Mirtazapine vs Vitamin B6	0	0	-0.2861	•	-0.2861	•		•
Mirtazapine vs Zolmitriptan	0	0	-0.9148	•	-0.9148	•		•
Propranolol vs Placebo	3	0.95	-0.7833	-0.7469	-1.4902	0.7433	0.56	0.58
Trazodone vs Placebo	2	1.00	-0.8434	-0.8434	•		•	•
Valproate vs Placebo	1	0.87	-0.1814	-0.3313	0.8448	-1.1761	-0.88	0.38
Vitamin B6 vs Placebo	2	0.91	-0.9176	-0.9780	-0.3258	-0.6522	-0.57	0.57
Zolmitriptan vs Placebo	0	0	-0.2889		-0.2889		•	•
Propranolol vs Trazodone	0	0	0.0602	•	0.0602			•
Propranolol vs Valproate	0	0	-0.6019		-0.6019		•	
Propranolol vs Vitamin B6	0	0	0.1343		0.1343		•	•
Propranolol vs Zolmitriptan	1	1.00	-0.4944	-0.4944	•		•	•
Trazodone vs Valproate	0	0	-0.6620		-0.6620		•	
Trazodone vs Vitamin B6	0	0	0.0741		0.0741		•	•
Trazodone vs Zolmitriptan	0	0	-0.5546		-0.5546		•	
Valproate vs Vitamin B6	0	0	0.7361		0.7361		•	
Valproate vs Zolmitriptan	0	0	0.1075		0.1075		•	
Vitamin B6 vs Zolmitriptan	0	0	-0.6287		-0.6287			•

k - Number of studies providing direct evidence ; Prop - Direct evidence proportion ; NMA - Estimated treatment effect (SMD) in network meta-analysis ; Direct - Estimated treatment effect (SMD) derived from direct evidence ; Indirect - Estimated treatment effect (SMD) derived from indirect evidence ; Diff - Difference between direct and indirect treatment estimates ; Z - z-value of test for disagreement (direct versus indirect) ; p-value - p-value of test for disagreement (direct versus indirect).

P-values \leq 0.10 for SIDE-test means that there is a disagreement between direct and indirect evidence for the considered comparison.

eTable 7. Egger's test details (publication bias assessment).

Egger's test							
Intercept	95% CI	t	p-value				
-0.546	[-4.97; 3.87]	-0.242	0.81				

eTable 8. Pustejovsky-Rodgers's corrected test details (for standard error of SMD) (publication bias assessment).

Pustejovsky-Rodger's correction							
Intercept	95% CI	t	p-value				
-0.241	[-5.72; 5.24]	-0.086	0.93				

eTable 9. Thompson-Sharp's test details (publication bias assessment).

Thompson-Sharp's test						
Intercept	95% CI	t	p-value			
-0.5712	[-0.574; -0.569]	0.501	0.62			

		Number of patients with adverse events (%)							
Treatment	N patients in NMA (without dropouts)	Drowsiness	Dizziness	Lightheadedness	Headache	Nausea or vomiting	Hypersalivation	Dry mouth	
Mirtazapine	34	11 (32.4%)	4 (11.8%)	0	2 (5.9%)	0	0	5 (14.7%)	
Biperiden	29	0	0	0	1 (3.4%)	1 (3.4%)	2 (6.9%)	10 (34.5%)	
Vitamin B6	33	0	0	0	0	0	0	0	
Cyproheptadine	16	0	0	0	0	0	0	0	
Trazodone	33	9 (27.3%)	5 (15.2%)	3 (9.1%)	0	0	0	3 (9.1%)	
Mianserin	31	0	0	0	0	0	0	0	
Propranolol	61	8 (13.1%)	3 (4.9%)	0	2 (3.3%)	0	0	3 (4.9%)	
Clonazepam	6	MD	MD	MD	MD	MD	MD	MD	
Zolmitriptan	8	0	0	0	0	0	0	0	
Valproate	15	0	0	0	0	0	5 (33.3%)	5 (33.3%)	
Diazepam	9	NS*	0	0	0	0	0	0	
Diphenhydramine	11		0	0	0	0	0	0	
Placebo	202	13 (6.4%)	1 (0.5%)	6 (3.0%)	0	2 (1.0%)	2 (1.0%)	11 (5.4%)	

eTable 10. Tolerability outcome details: adverse events for the 10 akathisia interventions and placebo (meta-analysis level)

A frequent reason for dropout is lack of efficacy / persistent or worsening AIA, observed in 9/43 patients (20.9%) for mirtazapine, 27/168 (16.0%) for placebo, 4/35 (11.4%) for mianserin and 6/77 (7.8%) for propranolol. All dropouts for mirtazapine occur between three and five days after the initiation of therapy^{21,26}. Overall, severe adverse events occur for only two patients: one patient suffered from severe bradycardia with propranolol and one patient has an allergic reaction to biperiden. Other motives for treatment discontinuation were delusions for zolmitriptan
(n=5) and propranolol (n=4), a switch of antipsychotic for zolmitriptan (n=1), adverse events (without further specification) for zolmitriptan (n=5), moderate sedation for cyproheptadine (n=1), and no reported motives for discontinuation for the other augmentation drugs.

NMA: network meta-analysis;

NS*: non statistically significant difference between diazepam and diphenhydramine, no count reported by authors (Gagrat et al.).

Treatment	N patients in NMA (without dropouts)	Number of patients with adverse events (%)					
		Perspiration	Sedation	Vision disturbances	Hypotension	Palpitations	
Mirtazapine	34	0	0	4 (11.8%)	0	2 (5.9%)	
Biperiden	29	0	14 (48.3%)	2 (6.9%)	0	0	
Vitamin B6	33	0	0	0	0	0	
Cyproheptadine	16	0	0	0	0	0	
Trazodone	33	3 (9.1%)	0	0	0	0	
Mianserin	31	0	0	0	0	0	
Propranolol	61	0	0	2 (3.3%)	4 (6.6%)	3 (4.9%)	
Clonazepam	6	MD	MD	MD	MD	MD	
Zolmitriptan	8	0	0	0	0	0	
Valproate	15	0	8 (53.3%)	0	0	0	
Diazepam	9	0	0	0	0	0	
Diphenhydramine	11	0	0	0	0	0	
Placebo	202	1 (0.5%)	10 (5.0%)	5 (2.5%)	0	3 (1.5%)	

Treatment	N patients in NMA (without dropouts)	Number of patients with adverse events (%)					
		Hypokinesia	Increased sexual desire	Transient sedation	Depression	Transient orthostatic hypotension	
Mirtazapine	34	0	0	0	0	0	
Biperiden	29	2 (6.9%)	0	0	0	2 (6.9%)	
Vitamin B6	33	0	0	0	0	0	
Cyproheptadine	16	0	0	0	0	0	
Trazodone	33	0	0	0	0	0	
Mianserin	31	0	0	8 (25.8%)	0	1 (3.2%)	
Propranolol	61	0	0	0	0	0	
Clonazepam	6	MD	MD	MD	MD	MD	
Zolmitriptan	8	0	0	0	0	0	
Valproate	15	0	0	0	4 (26.7%)	0	
Diazepam	9	0	0	0	0	0	
Diphenhydramine	11	0	0	0	0	0	
Placebo	202	1 (0.5%)	1 (0.5%)	3 (1.5%)	2 (1.0%)	2 (1.0%)	

Treatment	N patients in NMA	Number of dropout (%)	Motive(s) for dropout	
Mirtazapine	43	9 (20.9%)	Intolerance to persistant or worsening NIA	
Biperiden	30	1 (3.3%)	Allergic reaction	
Vitamin B6	33	0	N/A	
Cyproheptadine	17	1 (5.9%)	Moderate sedation	
Trazodone	34	1 (2.9%)	Missing data	
Mianserin	35	4 (11.4%)	Intolerance to persistant NIA	
Propranolol	77	16 (20.8%)	Intolerance to persistant NIA (n = 6), delusions (n = 4), severe bradycardia (n = 1),	
			adverse events (n = 5)	
Clonazepam	6	0	N/A	
Zolmitriptan	14	6 (42.9%)	Delusions (n = 5), switch of neuroleptic treatment (n = 1)	
Valproate	15	0	N/A	
Diazepam	9	0	N/A	
Diphenhydramine	11	0	N/A	
Placebo	168	28 (12.2%)	Intolerance to persistant or worsening NIA (n = 27), missing data (n = 1)	

eTable 11. Acceptability outcome details: dropouts for the 10 akathisia interventions and placebo (meta-analysis level)

3. Transitivity assumption

To explore the transitivity assumption, we present below, clustered by intervention arm:

- Boxplots (for qualitive parameters).
- Error bars (for continuous parameters), that represent mean of the parameter considered plus or minus its standard deviation.

<u>For boxplots</u>: When boxplots show ratios, a ratio of 1.0 indicates 100% for the parameter considered (men ratio, schizophrenic patients, patients treated with first-generation antipsychotics).

<u>For error bars</u>: They show mean ± standard deviation (SD) and simply display the variance of the continuous parameter considered.

<u>For anticholinergics and benzodiazepines data</u>: They present data of participants treated by cotreatment drugs, not used as active treatment and only for the trials allowing their use. These cotreatment drugs have been initiated before the start of the relevant trials.

Regarding demographic characteristics, the patients participating in the NMA do not substantially differ in terms of sex ratio and age, except for two outlier studies. One trial had a sample consisting of 100% men, testing propranolol(Kramer et al. 1988) and one trial with the lowest proportion of men of 40% in the placebo group (Baskak et al. 2007). The diagnosis of schizophrenia was present in 60% or more of the participants, except for the vitamin B6 arms. Only biperiden shows a wide range of treatment duration, ranging from one day to 14 days. The daily treatment dose ranges from 2 to 12 mg for biperiden, from 20 to 120 mg for propranolol, from 50 to 100 mg for trazodone, and from 600 to 1200 mg for vitamin B6. At baseline, the psychotic severity measured by PANSS score in the experimental group ranged between 50 and 100 points, with the exception of three extremes: one biperiden arm (112 pts), one mirtazapine arm (42 pts), and one propranolol arm (38 pts). More than 60% of the participants were treated with first-generation antipsychotics, except for the trazodone arm (only 34.6%). The chlorpromazine equivalent dose was distributed below 1000 mg/day, except for two propranolol arms (1354 and 1047 mg/day) and the clonazepam arm (1416 mg/day).

eFigure 6. Boxplot showing men ratio clustered by intervention.





eFigure 7. Boxplot showing age (mean) clustered by intervention.



eFigure 8. Error bars showing mean age ± standard deviation clustered by intervention.



eFigure 9. Boxplot showing schizophrenia ratio (DSM-5 diagnosis) in participants clustered by intervention.



eFigure 10. Boxplot showing akathisia treatment duration (days) clustered by intervention.



eFigure 11. Boxplot showing akathisia treatment dose (mg/day), sort by dose range (A – low dose) for each intervention.



eFigure 12. Boxplots showing akathisia treatment dose (mg/day), sort by dose range (B – intermediate dose, C – high) for each intervention.



eFigure 13. Boxplot showing PANSS severity score at baseline (means) for each intervention.



eFigure 14. Error bars showing the mean PANSS scores at baseline ± standard deviation for each intervention.



eFigure 15. Boxplot showing first-generation (typical) antipsychotic (FGA) ratio for each intervention.



eFigure 16. Boxplot showing chlorpromazine equivalent dose (mg/day) for each intervention.



eFigure 17. Error bars showing mean chlorpromazine equivalent dose (mg/day) ± standard deviation for each intervention.



eFigure 18. Boxplot showing ratio of patients treated with anticholinergic as cotreatment for each intervention.



eFigure 19. Error bars showing mean biperiden dose (cotreatment drug) (mg/day) ± standard deviation for each intervention.



eFigure 20. Error bars showing mean trihexyphenidyl dose (mg/day) ± standard deviation for each intervention.







eFigure 22. Boxplot showing ratio of patients treated with benzodiazepine (cotreatment drug) for each intervention.



eFigure 23. Error bars showing mean diazepam dose (cotreatment drug) (mg/day) ± standard deviation for each intervention.



eFigure 24. Error bars showing mean lorazepam dose (mg/day) ± standard deviation for each intervention.



eFigure 25. Error bars showing mean nitrazepam dose (A), clonazepam dose (B) (cotreatment drug) and temazepam dose (C) (mg/day) ± standard deviation for each intervention.



eFigure 26. Boxplot showing mean Simpson Angus Scale (SAS) scores at baseline for each intervention.



eFigure 27. Error bars showing mean SAS scores at baseline ± standard deviation for each intervention.



eFigure 28. Boxplot showing mean Hamilton Depression Rating Scale (HAM-D) scores at baseline for each intervention.



eFigure 29. Error bars showing mean HAM-D scores at baseline ± standard deviation for each intervention.

4. Sensitivity analyses

3.1. Effect size modifiers analyses

To examine the existence of potential effect size modifiers, we present below error bars, representing standardized mean differences (SMD) ± standard error of standardized mean differences (seSMD), colored according to the parameter explored.

A gradient scale supports each figure to visualize whether there is an impact of the parameter.

When the comparison considered does not use placebo as control group, a legend precise the active chosen as reference group.

<u>For akathisia treatment dose</u>: the interventions are separated in three categories to clearly visualize respective doses.

Effect size modifiers analyses

We investigated potential effect size modifiers. The efficacy of biperiden and propranolol increased with treatment duration. The efficacy of biperiden, propranolol, and trazodone increased with treatment dose. In one randomized controlled trial, co-treatment with biperiden 4 mg/day was administered in the clonazepam group for one patient(Pujalte et al. 1994) and not in placebo group. Otherwise, no relationship was found between the dose of benzodiazepines and anticholinergics as cotreatment and the significance of SMDs. No significant association was found between effect sizes and psychotic severity (measured using PANSS score). There was no relationship between baseline SAS score, baseline HAM-D score and significance of effect sizes. Higher chlorpromazine equivalent doses were found in the clonazepam arm, whose effect size wasn't significant, and in one propranolol arm, which effect size remained significant.



eFigure 30. Error bars showing the different standardized mean differences ± standard deviation for each intervention according to akathisia treatment duration (in days).



5 10

eFigure 31. Error bars showing the different standardized mean differences ± standard deviation for each intervention, sort by dose range (A – low dose), according to akathisia treatment dose (mg/day).



Akathisia treatment dose (mg/day)



eFigure 32. Error bars showing the different standardized mean differences ± standard deviation for each intervention, sort by dose range (B – intermediate dose, C – high dose), according to akathisia treatment dose (mg/day).



eFigure 33. Error bars showing the different standardized mean differences ± standard deviation for each intervention according to PANSS score (mean).





eFigure 34. Error bars showing the different standardized mean differences ± standard deviation for each intervention according to chlorpromazine equivalent dose (mg/day).

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800 1200 1600



eFigure 35. Error bars showing the different standardized mean differences ± standard deviation for each intervention according to biperiden mean dose (mg/day), used as cotreatment drug.



eFigure 36. Error bars showing the different standardized mean differences ± standard deviation for each intervention according to trihexyphenidyl mean dose (mg/day).

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8 10

6

4






eFigure 38. Error bars showing the different standardized mean differences ± standard deviation for each intervention according to diazepam mean dose (mg/day), used as cotreatment drug.

0.0 2.5 5.0 7.5 10.0



eFigure 39. Error bars showing the different standardized mean differences ± standard deviation for each intervention according to lorazepam mean dose (mg/day).

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eFigure 40. Error bars showing the different standardized mean differences ± standard deviation for each intervention according to nitrazepam mean dose (mg/day).

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eFigure 41. Error bars showing the different standardized mean differences ± standard deviation for each intervention according to Simpson Angus Scale score (mean).

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4

8 12 16



eFigure 42. Error bars showing the different standardized mean differences ± standard deviation for each intervention according to Hamilton Depression Rating Scale (mean).

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7.5 10 12.5 15 17.5

3.2. Subgroup analyses

For the primary outcome, reduction of score in akathisia scale, we present below:

- Network graph
- Forest plot of the results of the network meta-analysis (reference: placebo)
- League table of the results for the network meta-analysis

<u>Legend for network graphs</u>: Node size is proportional to the total number of patients for each intervention. Line thickness is proportional to weight, from random effect model. The number overlying lines is equal to the number of studies corresponding to the comparison. Colored triangles represent comparisons for multi-arm studies.

<u>Legend for forest plots</u>: Effect sizes are from the random effect model of network-metaanalysis. The type of effect size measure (SMD, standardized mean differences) can be seen on top right.

Order of treatments is decreasing order of rank according to the surface under the cumulative ranking score (SUCRA). Reference is placebo.

Effect estimates to the left are in favor of experimental treatment. The more negative the value of SMD is, the higher is the reduction in akathisia scale.

Legend for league tables: Drugs are reported by decreasing rank order. Data are SMDs (95%CI).Datainboldarestatisticallysignificant.Comparisons should be read from left to right.

For the lower triangle that reports network estimates, column-defining treatment is compared to row-defining treatment.

For the upper triangle that reports direct treatment estimates, row-defining treatment is compared to column-defining treatment.

SMDs above 0 favors the column-defining treatment in the lower triangle, whereas it favorstherow-definingtreatmentintheuppertriangle.SMD, standardized mean difference; CI, confidence interval.

In the first subgroup analysis, which only included studies with a low risk of bias, the network graph exhibited poor connectivity, resulting in only eight remaining studies (Friis et al. 1983; Kramer et al. 1988; Pujalte et al. 1994; Fischel et al. 2001; Poyurovsky et al. 2003; Lerner et al. 2004; Miodownik et al. 2006; Shams-Alizadeh et al. 2020). The results remained consistent with the main analysis for the top three ranked molecules. However, propranolol dropped to the last position, and its overall effect size was not statistically different from placebo (standardized mean difference [SMD] 0.24, 95% confidence interval [CI] [-0.64; 1.12]). Mianserin surpassed trazodone, securing the fourth position. According to network estimates, mirtazapine demonstrated statistically superior efficacy compared to cyproheptadine (SMD - 1.48, 95% CI [-2.48; -0.48] and SMD 0.11, 95% CI [-1.04; 1.26], respectively). Biperiden also exhibited statistically superior efficacy compared to valproate and cyproheptadine (SMD -1.33, 95% CI [-2.09; -0.56], SMD -0.33, 95% CI [-1.05; -0.39] and SMD 0.11, 95% CI [-1.04; 1.26] respectively).

In the second subgroup analysis, restricted to trials with an AIA treatment duration of more than two days (Friis et al. 1983; Adler et al. 1986; Pujalte et al. 1994; Poyurovsky et al. 1999, 2003, 2006; Fischel et al. 2001; Lerner et al. 2004; Miodownik et al. 2006; Avital et al. 2009; Stryjer et al. 2010; Shams-Alizadeh et al. 2020), cyproheptadine claimed the third position and showed statistical superiority over placebo (SMD -1.29, 95% CI [-2.17; -0.41]). Additionally, the efficacy of propranolol improved compared to the main results, placing it fourth among the interventions (SMD -1.16, 95% CI [-1.64; -0.68]).

In the third subgroup analysis, which focused on studies utilizing the BARS scale for akathisia measurements (Pujalte et al. 1994; Poyurovsky et al. 1999, 2003, 2006; Fischel et al. 2001; Lerner et al. 2004; Miodownik et al. 2006; Baskak et al. 2007; Avital et al. 2009; Stryjer et al. 2010; Shams-Alizadeh et al. 2020), mirtazapine retained its position as the top-ranked molecule (SMD -1.32, 95% CI [-1.80; -0.85]). Cyproheptadine also exhibited statistical efficacy compared to placebo (SMD -1.25, 95% CI [-2.15; -0.35]), as did propranolol (SMD -1.13, 95% CI [-1.64; -0.61]). Individually, cyproheptadine and propranolol secured the second and third positions, respectively.

In the fourth and fifth subgroup analyses, including all trials and gathering SMDs by therapeutic classes, benzodiazepines (fourth and fifth analyses respectively: SMD -0.76, 95% CI [-1.72; 0.19] and SMD -0.74, 95% CI [-1.65; 0.17]) and antihistaminics (SMD -0.78, 95% CI [-1.66; 0.10] and SMD -0.73 95% CI [-1.56; 0.09]) didn't showed statistical superiority over placebo.



eFigure 43. Low-risk bias assessment, subgroup 1: network graph (random-effects model).

eFigure 44. Low-risk bias assessment, subgroup 1: forest plot (random-effects model).



Efficacy: Treatments vs. placebo Random-effects model

Subgroup 1: Low risk of bias

Heterogeneity (τ²)	P-value for inconsistency (between designs)	Inconsistent comparisons of separable comparisons (SIDE-test p < 0.1)
0.0	0.97	0 / 2 (0%)

Mirtazapine	NA	-1.48 [-2.48;-0.48]	NA						
-0.16 [-1.41; 1.10]	Biperiden	NA	NA	NA	NA	-0.99 [-1.74;-0.25]	NA	-1.33 [-2.09;-0.56]	NA
-0.50 [-1.64; 0.63]	-0.35 [-1.28; 0.59]	Vitamin B6	-0.00 [-0.60; 0.60]	NA	NA	NA	NA	-0.98 [-1.51;-0.44]	NA
-0.51 [-1.69; 0.68]	-0.35 [-1.34; 0.64]	-0.00 [-0.58; 0.58]	Mianserin	NA	NA	NA	NA	-0.97 [-1.64;-0.30]	NA
-0.83 [-1.97; 0.32]	-0.67 [-1.62; 0.28]	-0.32 [-1.10; 0.45]	-0.32 [-1.16; 0.52]	Trazodone	NA	NA	NA	-0.65 [-1.21;-0.10]	NA
-0.92 [-2.45; 0.61]	-0.77 [-2.16; 0.62]	-0.42 [-1.69; 0.86]	-0.42 [-1.73; 0.90]	-0.10 [-1.38; 1.19]	Clonazepam	NA	NA	-0.56 [-1.71; 0.60]	NA
-1.15 [-2.38; 0.08]	-0.99 [-1.74;-0.25]	-0.65 [-1.54; 0.25]	-0.64 [-1.60; 0.31]	-0.32 [-1.23; 0.59]	-0.23 [-1.59; 1.13]	Valproate	NA	-0.33 [-1.05; 0.39]	NA
-1.59 [-3.12;-0.07]	-1.44 [-2.82;-0.06]	-1.09 [-2.36; 0.18]	-1.09 [-2.40; 0.22]	-0.77 [-2.04; 0.51]	-0.67 [-2.30; 0.96]	-0.44 [-1.80; 0.91]	Cyproheptadine	NA	-0.13 [-0.87; 0.61]
-1.48 [-2.48;-0.48]	-1.33 [-2.09;-0.56]	-0.98 [-1.51;-0.44]	-0.97 [-1.61;-0.34]	-0.65 [-1.21;-0.10]	-0.56 [-1.71; 0.60]	-0.33 [-1.05; 0.39]	0.11 [-1.04; 1.26]	Placebo	-0.24 [-1.12; 0.64]
-1.72 [-3.05;-0.39]	-1.56 [-2.73;-0.40]	-1.22 [-2.24;-0.19]	-1.21 [-2.30;-0.13]	-0.89 [-1.93; 0.15]	-0.80 [-2.25; 0.66]	-0.57 [-1.71; 0.57]	-0.13 [-0.87; 0.61]	-0.24 [-1.12; 0.64]	Propranolol

eFigure 45. Low-risk bias assessment, subgroup 1: league table (random-effects model).

Number of studies	Number of pairwise comparisons	Number of treatments	Number of designs
12	18	11	11





eFigure 47. Akathisia treatment duration > two days, subgroup 2: forest plot (random-effects model).



Subgroup 2: Akathisia treatment > 2 days

Heterogeneity (τ²)	P-value for inconsistency (between designs)	Inconsistent comparisons of separable comparisons (SIDE-test p < 0.1)
0.0	0.94	0 / 6 (0%)

Mirtazapine	NA	NA	-0.17 [-0.68; 0.33]	NA	NA	NA	NA	NA	NA	-1.32 [-1.80;-0.85]
-0.01 [-0.91; 0.88]	Biperiden	NA	-0.99 [-1.74;-0.25]	-1.33 [-2.09;-0.56]						
-0.05 [-0.93; 0.83]	-0.04 [-1.20; 1.13]	Cyproheptadine	-0.13 [-0.87; 0.61]	NA						
-0.18 [-0.66; 0.30]	-0.16 [-1.07; 0.74]	-0.13 [-0.87; 0.61]	Propranolol	NA	NA	NA	-0.49 [-1.25; 0.26]	NA	NA	-1.14 [-1.63;-0.65]
-0.43 [-1.11; 0.26]	-0.42 [-1.33; 0.50]	-0.38 [-1.39; 0.64]	-0.25 [-0.94; 0.44]	Vitamin B6	-0.00 [-0.60; 0.60]	NA	NA	NA	NA	-0.98 [-1.51;-0.44]
-0.52 [-1.19; 0.15]	-0.51 [-1.41; 0.40]	-0.47 [-1.47; 0.53]	-0.34 [-1.01; 0.33]	-0.09 [-0.62; 0.44]	Mianserin	NA	NA	NA	NA	-0.81 [-1.30;-0.31]
-0.56 [-1.25; 0.13]	-0.55 [-1.47; 0.37]	-0.51 [-1.53; 0.51]	-0.38 [-1.08; 0.31]	-0.13 [-0.85; 0.58]	-0.04 [-0.74; 0.66]	Trazodone	NA	NA	NA	-0.78 [-1.29;-0.27]
-0.67 [-1.57; 0.22]	-0.66 [-1.83; 0.52]	-0.62 [-1.68; 0.43]	-0.49 [-1.25; 0.26]	-0.24 [-1.27; 0.78]	-0.15 [-1.16; 0.86]	-0.11 [-1.14; 0.91]	Zolmitriptan	NA	NA	NA
-0.78 [-2.03; 0.47]	-0.77 [-2.16; 0.62]	-0.73 [-2.18; 0.72]	-0.60 [-1.85; 0.65]	-0.35 [-1.61; 0.91]	-0.26 [-1.51; 0.99]	-0.22 [-1.48; 1.05]	-0.11 [-1.57; 1.35]	Clonazepam	NA	-0.56 [-1.71; 0.60]
-1.01 [-1.86;-0.15]	-0.99 [-1.74;-0.25]	-0.96 [-2.09; 0.18]	-0.83 [-1.69; 0.03]	-0.58 [-1.46; 0.30]	-0.49 [-1.35; 0.37]	-0.45 [-1.33; 0.43]	-0.33 [-1.48; 0.81]	-0.23 [-1.59; 1.14]	Valproate	-0.33 [-1.05; 0.39]
-1.34 [-1.80;-0.87]	-1.33 [-2.09;-0.56]	-1.29 [-2.17;-0.41]	-1.16 [-1.64;-0.68]	-0.91 [-1.41;-0.41]	-0.82 [-1.30;-0.34]	-0.78 [-1.29;-0.27]	-0.67 [-1.56; 0.22]	-0.56 [-1.71; 0.60]	-0.33 [-1.05; 0.39]	Placebo

eFigure 48. Akathisia treatment duration > two days, subgroup 2: league table (random-effects model).

eFigure 49. BARS as akathisia scale, subgroup 3: network graph (random-effects model).



eFigure 50. BARS as akathisia scale, subgroup 3: forest plot (random-effects model).

Efficacy: Treatments vs. placebo Random-effects model

Treatment

SMD 95%-CI



Subgroup 3: BARS scale

Heterogeneity (τ²)	P-value for inconsistency (between designs)	Inconsistent comparisons of separable comparisons (SIDE-test p < 0.1)
0.0	0.88	0 / 5 (0%)

Mirtazapine	NA	-0.17 [-0.68; 0.33]	NA	NA	NA	NA	NA	NA	-1.32 [-1.80;-0.85]
-0.07 [-0.96; 0.82]	Cyproheptadine	-0.13 [-0.87; 0.61]	NA						
-0.20 [-0.69; 0.30]	-0.13 [-0.87; 0.61]	Propranolol	NA	NA	NA	NA	-0.49 [-1.25; 0.26]	NA	-1.10 [-1.63;-0.57]
-0.41 [-1.10; 0.28]	-0.34 [-1.37; 0.69]	-0.22 [-0.93; 0.50]	Vitamin B6	-0.00 [-0.60; 0.60]	NA	NA	NA	NA	-0.98 [-1.51;-0.44]
-0.50 [-1.18; 0.17]	-0.43 [-1.45; 0.59]	-0.31 [-1.01; 0.39]	-0.09 [-0.62; 0.44]	Mianserin	NA	NA	NA	NA	-0.81 [-1.30;-0.31]
-0.55 [-1.24; 0.15]	-0.48 [-1.51; 0.56]	-0.35 [-1.07; 0.37]	-0.13 [-0.85; 0.59]	-0.04 [-0.74; 0.66]	Trazodone	NA	NA	NA	-0.78 [-1.29;-0.27]
-0.61 [-1.48; 0.27]	-0.54 [-1.70; 0.63]	-0.41 [-1.31; 0.49]	-0.19 [-1.09; 0.70]	-0.10 [-0.98; 0.77]	-0.06 [-0.96; 0.84]	Biperiden	NA	NA	-0.71 [-1.45; 0.02]
-0.69 [-1.59; 0.21]	-0.62 [-1.68; 0.43]	-0.49 [-1.25; 0.26]	-0.28 [-1.32; 0.76]	-0.19 [-1.22; 0.84]	-0.14 [-1.19; 0.90]	-0.08 [-1.25; 1.09]	Zolmitriptan	NA	NA
-0.76 [-2.01; 0.49]	-0.70 [-2.16; 0.77]	-0.57 [-1.83; 0.70]	-0.35 [-1.61; 0.91]	-0.26 [-1.51; 0.99]	-0.22 [-1.48; 1.05]	-0.16 [-1.53; 1.22]	-0.07 [-1.55; 1.40]	Clonazepam	-0.56 [-1.71; 0.60]
-1.32 [-1.80;-0.85]	-1.25 [-2.15;-0.35]	-1.13 [-1.64;-0.61]	-0.91 [-1.41;-0.41]	-0.82 [-1.30;-0.34]	-0.78 [-1.29;-0.27]	-0.71 [-1.45; 0.02]	-0.63 [-1.54; 0.28]	-0.56 [-1.71; 0.60]	Placebo

eFigure 51. BARS as akathisia scale, subgroup 3: league table (random-effects model).

eFigure 52. Benzodiazepines, antihistaminics and other actives vs. placebo, subgroup 4: network graph (random-effects model).



eFigure 53. Benzodiazepines, antihistaminics and other actives vs. placebo, subgroup 4: forest plot (random-effects model).

	Random-effects model		
Treatment		SMD 95%-C	
Mirtazapine		-1.19 [-1.77; -0.60]
Biperiden		-1.01 [-1.65; -0.37]
Vitamin B6		-0.92 [-1.54; -0.30]
Trazodone		-0.83 [-1.49; -0.17]
Mianserin		-0.81 [-1.41; -0.22	2]
Antihistaminics		-0.78 [-1.66; 0.10]
Benzodiazepines		-0.76 [-1.72; 0.19]
Propranolol		-0.75 [-1.27; -0.24	.]
Zolmitriptan		-0.26 [-1.30; 0.78]
Valproate		-0.18 [-1.01; 0.64]
-2.5 -2	2 -1.5 -1 -0.5 0 0.5	1	

Efficacy: Treatments vs. placebo

Subgroup 4: Benzodiazepines, antihistaminics (H1) and other actives

Heterogeneity (τ²)	P-value for inconsistency (between designs)	Inconsistent comparisons of separable comparisons (SIDE-test p < 0.1)
0.0679	0.44	0 / 11 (0%)

eFigure 54. Benzodiazepines, antihistaminics and other actives vs. placebo, subgroup 4: league table (random-effects model).

Mirtazapine	NA	NA	NA	NA	NA	NA	-0.17 [-0.89; 0.54]	NA	NA	-1.34 [-1.96;-0.72]
-0.17 [-1.04; 0.70]	Biperiden	NA	-0.99 [-1.90;-0.09]	-1.01 [-1.65;-0.37]						
-0.27 [-1.12; 0.59]	-0.10 [-0.99; 0.80]	Vitamin B6	NA	-0.00 [-0.79; 0.79]	NA	NA	NA	NA	NA	-0.98 [-1.63;-0.32]
-0.35 [-1.24; 0.53]	-0.18 [-1.10; 0.74]	-0.09 [-0.99; 0.82]	Trazodone	NA	NA	NA	NA	NA	NA	-0.83 [-1.49;-0.17]
-0.37 [-1.20; 0.46]	-0.20 [-1.07; 0.68]	-0.10 [-0.78; 0.58]	-0.02 [-0.90; 0.87]	Mianserin	NA	NA	NA	NA	NA	-0.80 [-1.41;-0.19]
-0.41 [-1.39; 0.57]	-0.23 [-1.32; 0.85]	-0.14 [-1.22; 0.94]	-0.05 [-1.15; 1.05]	-0.04 [-1.10; 1.02]	Antihistaminics	0.12 [-0.90; 1.14]	-0.13 [-1.03; 0.77]	NA	NA	NA
-0.42 [-1.50; 0.66]	-0.25 [-1.40; 0.90]	-0.15 [-1.29; 0.99]	-0.07 [-1.23; 1.10]	-0.05 [-1.17; 1.07]	-0.01 [-0.88; 0.85]	Benzodiazepines	NA	NA	NA	-0.56 [-1.82; 0.71]
-0.43 [-1.06; 0.20]	-0.26 [-1.08; 0.57]	-0.16 [-0.97; 0.64]	-0.08 [-0.91; 0.76]	-0.06 [-0.84; 0.72]	-0.02 [-0.82; 0.77]	-0.01 [-0.98; 0.96]	Propranolol	-0.49 [-1.40; 0.41]	NA	-0.76 [-1.30;-0.21]
-0.92 [-2.03; 0.18]	-0.75 [-1.98; 0.47]	-0.66 [-1.87; 0.56]	-0.57 [-1.81; 0.67]	-0.55 [-1.75; 0.65]	-0.52 [-1.72; 0.69]	-0.50 [-1.83; 0.82]	-0.49 [-1.40; 0.41]	Zolmitriptan	NA	NA
-1.00 [-2.02; 0.01]	-0.83 [-1.67; 0.00]	-0.73 [-1.77; 0.30]	-0.65 [-1.70; 0.41]	-0.63 [-1.65; 0.38]	-0.60 [-1.80; 0.61]	-0.58 [-1.84; 0.68]	-0.57 [-1.54; 0.40]	-0.08 [-1.41; 1.25]	Valproate	-0.33 [-1.21; 0.55]
-1.19 [-1.77;-0.60]	-1.01 [-1.65;-0.37]	-0.92 [-1.54;-0.30]	-0.83 [-1.49;-0.17]	-0.81 [-1.41;-0.22]	-0.78 [-1.66; 0.10]	-0.76 [-1.72; 0.19]	-0.75 [-1.27;-0.24]	-0.26 [-1.30; 0.78]	-0.18 [-1.01; 0.64]	Placebo

eFigure 55. Therapeutic classes in akathisia vs. placebo, subgroup 5: network graph (random-effects model).

Number of studies	Number of pairwise comparisons	Number of treatments	Number of designs	
15	21	9	11	





Efficacy: Treatments vs. placebo

Random-effects model



Subgroup 5: Therapeutic classes in akathisia

Heterogeneity (τ²)	P-value for inconsistency (between designs)	Inconsistent comparisons of separable comparisons (SIDE-test p < 0.1)
0.0425	0.48	0 / 10 (0%)

Anticholinergic	NA	NA	NA	NA	NA	NA	-0.99 [-1.84;-0.15]	-1.00 [-1.61;-0.41]
-0.06 [-0.75; 0.62]	Antidepressants	0.00 [-0.72; 0.72]	NA	NA	-0.17 [-0.82; 0.47]	NA	NA	-0.99 [-1.33;-0.65]
-0.04 [-0.86; 0.77]	0.02 [-0.55; 0.59]	Vitamin B6	NA	NA	NA	NA	NA	-0.98 [-1.59;-0.37]
-0.27 [-1.37; 0.82]	-0.21 [-1.16; 0.75]	-0.23 [-1.29; 0.83]	Benzodiazepines	-0.12 [-1.09; 0.85]	NA	NA	NA	-0.56 [-1.78; 0.67]
-0.28 [-1.30; 0.74]	-0.21 [-1.07; 0.64]	-0.23 [-1.21; 0.75]	-0.01 [-0.83; 0.82]	Antihistaminics	-0.13 [-0.97; 0.72]	NA	NA	NA
-0.32 [-1.07; 0.44]	-0.25 [-0.75; 0.24]	-0.27 [-0.97; 0.42]	-0.05 [-0.97; 0.87]	-0.04 [-0.79; 0.71]	Beta-blocker	-0.49 [-1.35; 0.36]	NA	-0.77 [-1.28;-0.26]
-0.81 [-1.95; 0.33]	-0.75 [-1.74; 0.24]	-0.77 [-1.87; 0.33]	-0.54 [-1.80; 0.71]	-0.53 [-1.67; 0.60]	-0.49 [-1.35; 0.36]	Triptan	NA	NA
-0.83 [-1.61;-0.05]	-0.77 [-1.60; 0.07]	-0.78 [-1.73; 0.16]	-0.56 [-1.75; 0.64]	-0.55 [-1.68; 0.57]	-0.51 [-1.41; 0.38]	-0.02 [-1.25; 1.22]	Mood stabilizer	-0.33 [-1.16; 0.49]
-1.01 [-1.61;-0.41]	-0.95 [-1.27;-0.62]	-0.97 [-1.52;-0.41]	-0.74 [-1.65; 0.17]	-0.73 [-1.56; 0.09]	-0.69 [-1.15;-0.24]	-0.20 [-1.17; 0.77]	-0.18 [-0.95; 0.59]	Placebo

eFigure 57. Therapeutic classes in akathisia vs. placebo, subgroup 5: league table (random-effects model).

5. eReferences

Supplementary text 3. References of Supplementary materials.

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