Online Resource 6: Revisions made to the questionnaire based on findings from testing study

Question No.	Original question/description	Revised question/description	New Question No.
	Instructions: We recommend that you have all the NHPs and conventional medicines that you are currently using with you before starting the questionnaire. You will be asked to answer questions about each product/medicine and capture and upload a photograph of each natural health product. You should complete this questionnaire ONCE only.	Moved instructions to first page. Previously on page 3.	
	Instructions: No definition provided for 'natural-health or traditional-medicine practitioners/healers'	Added definition for ''natural-health or traditional-medicine practitioners/healers'. For this project, 'natural-health or traditional-medicine practitioners/healers' are practitioners of traditional, complementary, or alternative medicine. This includes, but is not limited to, acupuncturists, aromatherapists, chiropractors, herbalists, homeopaths, massage therapists, naturopaths, osteopaths, spiritual healers, and practitioners of traditional medicines such as traditional Chinese medicine practitioners, Ayurvedic medicine practitioners, traditional Māori healers, and Pacific traditional healers. Some natural-health or traditional-medicine practitioners/healers are also 'conventional medicine' practitioners (e.g. general practitioners, pharmacists, nurses); for instance, an integrative medicine doctor who combines conventional medical treatment with complementary and alternative medicine/therapies in diagnosing/treating a patient.	
	Description of questionnaire sections Section 2: Your visits to natural-health or traditional-medicine practitioners	Added description Section 2: Your visits to natural-health or traditional-medicine practitioners and use of natural-health or traditional-medicine therapies (e.g. chiropractic/osteopathic manipulation, massage, spiritual healing)	
OLD 1	Have you EVER taken/used any natural health products/preparations? Yes No	No change	NEW 1

	See OLD 3	Moved from OLD 3 Revised question – add 'in total' In the <u>LAST 12 MONTHS</u> , how many different natural health products/preparations have you taken/used in total, including those you are currently taking/using? 0 1 – 5 6 – 10 11 – 15	NEW 2
		16 – 20 21 – 25 More than 20	
OLD 2	2. You have indicated that you are currently taking natural health products/preparations. How many different natural health products/preparations are you CURRENTLY taking/using? Current use refers to products/preparations that you are taking daily, or at regular intervals over time (e.g. you take the product once a week), as well as products that you only take when needed (e.g. products for seasonal allergies). A multi-ingredient product is considered ONE product/preparation (e.g. Multivitamin/mineral tablets, Chinese herb mixture) = 1 product = 1 product = 1 product = 1 preparation Enter number of products/preparations: (State 0 if none)	Question revised – adapted for pilot study into NEW 3 and NEW 4 (participants may or may not be an NHP user) Are you CURRENTLY taking/using any natural health products/preparations? Current use refers to products/preparations that you are taking daily, or at regular intervals over time (e.g. you take the product once a week), as well as products that you only take when needed (e.g. products for seasonal allergies). Yes No (go to question 49)	NEW 3

		How many different natural health products/preparations are you CURRENTLY taking/using? Current use refers to products/preparations that you are taking daily, or at regular intervals over time (e.g. you take the product once a week), as well as products that you only take when needed (e.g. products for seasonal allergies). A multi-ingredient product is considered ONE product/preparation (e.g. Multivitamin/mineral tablets, Chinese herb mixture) = 1 product = 1 preparation Enter number of products/preparations: (State 0 if none)	NEW 4
OLD 3	3. In the LAST 12 MONTHS, how many different natural health products/preparations have you taken/used, including those you are currently taking/using? 0 1-5 6-10 11-15 16-20 21-25 More than 20	Moved to NEW 2	-

OLD 4	4. Are you CURRENTLY taking/using any products/preparations that you obtain from a natural-health or traditional-medicine practitioner/healer? Yes No (go to question 6)	Question revised Added description for 'Current use' Are you CURRENTLY taking/using any formulated or specially compounded products/preparations made for you by a natural-health or traditional-medicine practitioner/healer? e.g. tinctures, creams, ointments or herbs prepared by your practitioner for your use or treatment Current use refers to products/preparations that you are taking daily, or at regular intervals over time (e.g. you take the product once a week), as well as products that you only take when needed (e.g. products for seasonal allergies).	NEW 5
		Yes	
OLD 5	5. List the names of ALL the products/preparations that you are CURRENTLY taking/using that you got through a natural-health or traditional-medicine practitioner/healer e.g. traditional Māori medicines or traditional Chinese herbs supplied to you by a practitioner; write the name of the formula, or state, e.g. 'traditional Māori medicines', 'traditional Chinese herbs' Leave the space blank if this does not apply to you	No (go to question 7) Question revised List the names of ALL the formulated or specially compounded natural health products/preparations made for you by a natural-health or traditional-medicine practitioner/healer that you are CURRENTLY taking/using e.g. traditional Māori medicines or traditional Chinese herbs supplied to you by a practitioner; write the name of the formula, or state, e.g. 'traditional Māori medicines', 'traditional Chinese herbs' Leave the space blank if this does not apply to you	NEW 6
OLD 6	6. Are you CURRENTLY taking/using any products/preparations that you did not obtain from a natural-health or traditional-medicine practitioner/healer? Yes	Question revised Added description for 'Current use' Are you CURRENTLY taking/using any manufactured/commercial	NEW 7
	1 65	natural-health or traditional-medicine products/preparations?	

	No (go to question 8 if stated 'yes' on question 4. Otherwise, go to question 28)	e.g. products obtained from pharmacies, health food shops, or supermarkets Current use refers to products/preparations that you are taking daily, or at regular intervals over time (e.g. you take the product once a week), as well as products that you only take when needed (e.g. products for seasonal allergies). Yes	
		No (go to question 9 if stated 'yes' in question 5. Otherwise, go to question 32)	
OLD 7	7. List the names of ALL the other natural health products/preparations that you are CURRENTLY taking/using that you did not obtain from a natural-health or traditional-medicine practitioner/healer e.g. Blackmores fish oil, Women's multivitamin, kawakawa, probiotics Leave the space blank if this does not apply to you	Question revised List the names of ALL the manufactured/commercial natural-health or traditional-medicine products/preparations that you are CURRENTLY taking/using e.g. Blackmores fish oil, Women's multivitamins, kawakawa, probiotics	NEW 8
		Leave the space blank if this does not apply to you	

OLD 8	8. Which term(s) would you use to describe this product/preparation? Select all that apply Dietary supplement(s) or nutraceutical(s) Herbal medicine(s)/ herbal remedy/ies Homeopathic remedy/ies or biochemic tissue salt(s) Flower remedy/ies or essences Probiotic(s) Traditional Māori medicine(s) Traditional Pacific medicine(s) Traditional Chinese medicine(s) Traditional Ayurvedic medicine(s) Vitamin(s) and/or mineral(s) Sports supplement(s) Essential oil(s) Specially compounded formulation(s) Other; please state:	No change	NEW 9
OLD 9	9. What type of product/preparation is it? Tablet or capsule Granules or powder Liquid, including syrup, suspension, emulsion, tincture, oil Eye or ear drops, or nasal drops or spray Tea or decoction Cream or ointment Gel or paste or balm or plaster Crude (raw) dried or fresh herbs Injection Other; please state:	No change	NEW 10

OLD 10	10. How do you take/use this product/preparation? swallowed by mouth dissolved under the tongue applied on the skin put into the eye, ear or nose by inhalation injected under the skin, or into a vein or a muscle other; please state:	No change	NEW 11
OLD 11	11. Which natural-health or traditional-medicine practitioner/healer recommended this product? Select the option that best describes the practitioner Aromatherapist Herbalist Homeopath Naturopath Integrative medicine doctor Traditional Chinese medicine practitioner Ayurvedic medicine practitioner Traditional Māori healer Pacific traditional healer Other; please state:	Which natural-health or traditional-medicine practitioner/healer recommended/prescribed this product for you? Select the option that best describes the practitioner Acupuncturist Aromatherapist Chiropractor Herbalist Homeopath Massage therapist Naturopath Osteopath Integrative medicine doctor Traditional Chinese medicine practitioner Ayurvedic medicine practitioner Traditional Māori healer Pacific traditional healer Spiritual healer Other; please state: Myself; please state type of practitioner:	NEW 12

	None	Question added	NEW 13
		When was the last time you bought this product/preparation? State the month and year	
OLD 12	12. Do you know the cost of this product/preparation (not including the practitioner consultation cost)? Yes No	No change	NEW 14
OLD 12a	12a. About how much was the cost (not including practitioner consultation cost) the last time you bought this product/preparation? State \$0 if there was no charge	Question revised Use alternative question for market research method About how much (to the nearest \$5) did it cost (not including practitioner consultation cost) the last time you bought one unit/bottle/box/packet of this product/preparation? State \$0\$ if there was no charge Leave the space blank if you do not remember Market research question: About how much (to the nearest \$5) did it cost (not including practitioner consultation cost) the last time you bought one unit/bottle/box/packet of this product/preparation? <\$10 \$10 - \$19 \$20 - \$29 \$30 - \$39 \$440 - \$49	NEW 14a
OLD 12b	12b. About how much was the cost (including practitioner consultation cost) the last time you saw this practitioner? State \$0 if there was no charge	 >\$50 Question revised Use alternative question for market research method About how much (to the nearest \$5) did it cost (including practitioner consultation cost) the last time saw this practitioner? State \$0 if there was no charge Leave the space blank if you do not remember 	NEW 14b

	None	Market research question: About how much (to the nearest \$5) did it cost (including practitioner consultation cost) the last time you saw this practitioner? <\$10 \$10 - \$19 \$20 - \$29 \$30 - \$39 \$40 - \$49 >\$50 Question added	NEW 15
		About how long will one unit/bottle/box/packet of this product/preparation last you? Select the appropriate time period day(s)/ week(s)/ month(s)/ year(s)	1,2,1,10
OLD 13	13. How did you pay the cost? Select all that apply My own pocket Koha Ministry-funded rongoā Māori provider Accident Compensation Corporation (ACC) Work and Income New Zealand (WINZ) Private health insurance Other; please state: There was no charge	Question revised How did you pay the this cost? Select all that apply Paid for it myself Friend or family member paid for it Koha Ministry-funded rongoā Māori provider Accident Compensation Corporation (ACC) Work and Income New Zealand (WINZ) Private health insurance Other; please state: There was no charge	NEW 16
OLD 14	14. Please upload a photograph of the front of the product/preparation (photograph contents if there is no label)	No change	NEW 17

OLD 15	15. Some practitioners prescribe manufactured product(s)/preparation(s) What is the barcode number of the product/preparation? (if available) Leave the space blank if there is no barcode available	Question removed. No longer applicable due to changes in NEW 5, 6, 7, 8	-
OLD 16	16. Which term(s) would you use to describe this product/preparation? Select all that apply Dietary supplement(s) or nutraceutical(s) Herbal medicine(s)/ herbal remedy/ies Homeopathic remedy/ies or biochemic tissue salt(s) Flower remedy/ies or essences Probiotic(s) Traditional Māori medicine(s) Traditional Pacific medicine(s) Traditional Chinese medicine(s) Traditional Ayurvedic medicine(s) Vitamin(s) and/or mineral(s) Sports supplement(s) Essential oil(s) Specially compounded formulation(s) Other; please state:	No change	NEW 18
OLD 17	17. Who is the manufacturer/company of this product/preparation? (if known/relevant)	No change	NEW 19
OLD 18	18. What is/are the main ingredient(s) in this product/preparation?	No change	NEW 20

OLD 19	19. What type of product/preparation is it? Tablet or capsule Granules or powder Liquid, including syrup, suspension, emulsion, tincture, oil Eye or ear drops, or nasal drops or spray Tea or decoction Cream or ointment Gel or paste or balm or plaster Crude (raw) dried or fresh herbs Injection Other; please state:	No change	NEW 21
OLD 20	20. How do you take/use this product/preparation? swallowed by mouth dissolved under the tongue applied on the skin put into the eye, ear or nose by inhalation injected under the skin, or into a vein or a muscle other; please state:	No change	NEW 22
	See OLD 22	Moved from OLD 22 Question revised to NEW 23 and NEW 23a Did any of the following recommend this product/preparation to you? Select all that apply general practitioner/family doctor specialist medical doctor (e.g. dermatologist, gynaecologist) nurse pharmacist pharmacy sales assistant health food store sales assistant	NEW 23

	dietitian/nutritionist optician/optometrist physiotherapist natural-health or traditional-medicine practitioner (e.g. naturopath) other; please state: not sure No, this product/preparation was not recommended by any of the above	
None	Question added	NEW 23a
	Which natural-health or traditional-medicine practitioner/healer recommended this product/preparation to you? Select the option that best describes the practitioner Acupuncturist Aromatherapist Chiropractor Herbalist Homeopath Massage therapist Naturopath Osteopath Integrative medicine doctor Traditional Chinese medicine practitioner Ayurvedic medicine practitioner Traditional Māori healer Pacific traditional healer Spiritual healer Other; please state: Myself; please state type of practitioner:	

OLD 21	21. Where did you obtain this product/preparation?	Question revised	NEW 24
	From a	Removed answer option 'I made it myself'	
	pharmacy		
	health-food or health-product store	Where did you obtain this product/preparation?	
	supermarket	From a	
	market or health fair	pharmacy	
	ethnic grocery store	pharmacy with prescription	
	gym, beauty salon, barber or hairdresser	health-food or health-product store	
	online pharmacy or other online store in New Zealand	supermarket	
	online from outside New Zealand	market or health fair	
	friends or family	ethnic grocery store	
	I made it myself	gym, beauty salon, barber or hairdresser	
	other; please state:	online pharmacy or other online store in New Zealand	
		online from outside New Zealand	
		friends or family	
		natural-health or traditional-medicine practitioner (e.g.	
		naturopath); please state:	
		other; please state:	

OLD 22	22. Did any of the following recommend this product/preparation? Select all that apply general practitioner/family doctor specialist medical doctor (e.g. dermatologist, gynaecologist) nurse pharmacist pharmacy sales assistant health food store sales assistant dietitian/nutritionist optician/optometrist physiotherapist natural-health or traditional-medicine practitioner (e.g. naturopath); please state: other; please state: not sure No, this product/preparation was not recommended by any of the above	Moved to NEW 23 and NEW 23a	
	None	Question added When was the last time you bought this product/preparation? State the month and year	NEW 25
OLD 23	23. About how much was the cost the last time you bought this product/preparation? State \$0 if there was no charge	Question revised Use alternative question for market research method About how much (to the nearest \$5) did it cost the last time you bought one unit/bottle/box/packet of this product/preparation? State \$0 if there was no charge Leave the space blank if you do not remember Market research question:	NEW 26

OLD 24	None 24. How did you pay the cost? Select all that apply My own pocket Koha Ministry-funded rongoā Māori provider Accident Compensation Corporation (ACC) Work and Income New Zealand (WINZ) Private health insurance Other: please state:	About how much (to the nearest \$5) did it cost the last time you bought one unit/bottle/box/packet of this product/preparation? <pre> <\$10 \$10 - \$19 \$20 - \$29 \$30 - \$39 \$40 - \$49 >\$50 Question added About how long will one unit/bottle/box/packet of this product/preparation last you? Select the appropriate time period </pre>	NEW 27
	Other; please state: There was no charge	Work and Income New Zealand (WINZ) Private health insurance Other; please state: There was no charge	
OLD 25	25. What is the barcode number of the product/preparation? (if available)	No change	NEW 29
OLD 26	26. Please upload a photograph of the front of the product/preparation	No change	NEW 30
OLD 27	27. Please upload a photograph of the product's/preparation's ingredient list	No change	NEW 31

OLD 28	28. Are you CURRENTLY taking or using any other natural health-type product(s)/preparation(s) for your health that you have not listed previously? e.g. kale powder, pea protein powder, medicinal cannabis Yes No (go to question 43)	No change	NEW 32
OLD 29	29. List the names of ALL the natural health-type products/preparations that you are CURRENTLY taking/using BUT have not listed previously. e.g. kale powder, pea protein powder, medicinal cannabis	No change	NEW 33
OLD 30	30. Why did you not consider this product/preparation to be a natural health product?	No change	NEW 34
OLD 31	31. What term(s) would you use to describe this product/preparation?	No change	NEW 35
OLD 32	32. Who is the manufacturer/company of this product/preparation? (if known/relevant)	No change	NEW 36
OLD 33	33. What is/are the main ingredient(s) in this product/preparation?	No change	NEW 37
OLD 34	34. What type of product/preparation is it? Tablet or capsule Granules or powder Liquid, including syrup, suspension, emulsion, tincture, oil Eye or ear drops, or nasal drops or spray Tea or decoction Cream or ointment Gel or paste or balm or plaster Crude (raw) dried or fresh herbs Injection Other; please state:	No change	NEW 38

OLD 35	35. How do you take/use this product/preparation? swallowed by mouth dissolved under the tongue applied on the skin put into the eye, ear or nose by inhalation injected under the skin, or into a vein or a muscle other; please state:	No change	NEW 39
	See OLD 37	Moved from OLD 37 Question revised to NEW 40 and NEW 40a Did any of the following recommend this product/preparation to you? Select all that apply general practitioner/family doctor specialist medical doctor (e.g. dermatologist, gynaecologist) nurse pharmacist pharmacy sales assistant health food store sales assistant dietitian/nutritionist optician/optometrist physiotherapist natural-health or traditional-medicine practitioner (e.g. naturopath) other; please state: not sure No, this product/preparation was not recommended by any of the above	NEW 40

None	Question added	NEW 40a
	Which natural-health or traditional-medicine practitioner/healer	
	recommended this product/preparation to you?	
	Select the option that best describes the practitioner	
	Acupuncturist	
	Aromatherapist	
	Chiropractor	
	Herbalist	
	Homeopath	
	Massage therapist	
	Naturopath	
	Osteopath	
	Integrative medicine doctor	
	Traditional Chinese medicine practitioner	
	Ayurvedic medicine practitioner	
	Traditional Māori healer	
	Pacific traditional healer	
	Spiritual healer	
	Other; please state:	
	Myself; please state type of practitioner:	

OLD 36	36. Where did you obtain this product/preparation?	Question revised	NEW 41
	From a		
	pharmacy	From a	
	health-food or health-product store	pharmacy	
	supermarket	pharmacy with prescription	
	market or health fair	health-food or health-product store	
	ethnic grocery store	supermarket	
	gym, beauty salon, barber or hairdresser	market or health fair	
	online pharmacy or other online store in New Zealand	ethnic grocery store	
	online from outside New Zealand	gym, beauty salon, barber or hairdresser	
	friends or family	online pharmacy or other online store in New Zealand	
	I made it myself	online from outside New Zealand	
	other; please state:	friends or family	
		I made it myself	
		natural-health or traditional-medicine practitioner (e.g.	
		naturopath); please state:	
		other; please state:	
	None	Question added	NEW 42
		When was the last time you bought this product/preparation? State the month and year	

OLD 37	37. Did any of the following recommend this product/preparation? Select all that apply general practitioner/family doctor specialist medical doctor (e.g. dermatologist, gynaecologist) nurse pharmacist pharmacy sales assistant health food store sales assistant dietitian/nutritionist optician/optometrist physiotherapist natural-health or traditional-medicine practitioner (e.g. naturopath); please state: other; please state: not sure No, this product/preparation was not recommended by any of the above	Move to NEW 40 and NEW 40a	
OLD 38	38. About how much was the cost the last time you bought this product/preparation? State \$0 if there was no charge	Question revised Use alternative question for market research method About how much (to the nearest \$5) did it cost the last time you bought one unit/bottle/box/packet of this product/preparation? State \$0 if there was no charge Leave the space blank if you do not remember Market research question: About how much (to the nearest \$5) did it cost the last time you bought one unit/bottle/box/packet of this product/preparation? <\$10 \$10 - \$19 \$20 - \$29	NEW 43

		\$30 - \$39 \$40 - \$49 >\$50	
	None	Question added About how long will one unit/bottle/box/packet of this product/preparation last you? Select the appropriate time period day(s)/ week(s)/ month(s)/ year(s)	NEW 44
OLD 39	39. How did you pay the cost? Select all that apply My own pocket Koha Ministry-funded rongoā Māori provider Accident Compensation Corporation (ACC) Work and Income New Zealand (WINZ) Private health insurance Other; please state: There was no charge	Question revised How did you pay the this cost? Select all that apply Paid for it myself Friend or family member paid for it Koha Ministry-funded rongoā Māori provider Accident Compensation Corporation (ACC) Work and Income New Zealand (WINZ) Private health insurance Other; please state: There was no charge	NEW 45
OLD 40	40. What is the barcode number of the product/preparation? (if available)	No change	NEW 46
OLD 41	41. Please upload a photograph of the front of the product/preparation	No change	NEW 47
OLD 42	42. Please upload a photograph of the product's/preparation's ingredient list	No change	NEW 48

OLD 43	43. Have you EVER met/consulted/had an appointment with any of the following practitioners for your own health?	No change	NEW 49
	Select all that apply		
	Select one term that best describes each practitioner you		
	met/consulted/had an appointment with		
	Acupuncturist		
	Aromatherapist		
	Chiropractor		
	Herbalist		
	Homeopath		
	Massage therapist		
	Naturopath		
	Osteopath		
	Integrative medicine doctor		
	Traditional Chinese medicine practitioner		
	Ayurvedic medicine practitioner		
	Traditional Māori healer		
	Pacific traditional healer		
	Spiritual healer		
	Other; please state:		
	No, I have never met/consulted/had an appointment with any		
	natural-health or traditional-medicine practitioner		

OLD 44	44. In the LAST 12 MONTHS, have you met/consulted/had an	No change	NEW 50
	appointment with any natural-health or traditional-medicine practitioners		
	for your own health? This includes but is not limited to:		
	Acupuncturist		
	• Aromatherapist		
	Chiropractor		
	• Herbalist		
	• Homeopath		
	Massage therapist		
	Naturopath		
	• Osteopath		
	Integrative medicine doctor		
	Traditional Chinese medicine practitioner		
	Ayurvedic medicine practitioner		
	Traditional Māori healer		
	Pacific traditional healer		
	Spiritual healer		
	V.		
	Yes		
	No, I have not met/consulted/had an appointment with any natural-		
	health or traditional-medicine practitioner in the last 12 months (go		
	to question 53)		

OLD 45	45. Select all the natural-health and/or traditional-medicine practitioner(s) that you have met/consulted/had an appointment with in the LAST 12 MONTHS Select one term that best describes each practitioner you met/consulted/had an appointment with Acupuncturist Aromatherapist Chiropractor Herbalist Homeopath Massage therapist Naturopath Osteopath Integrative medicine doctor Traditional Chinese medicine practitioner Ayurvedic medicine practitioner Traditional Māori healer Pacific traditional healer Spiritual healer	No change Add instructions 'Select all that apply'	NEW 51
OLD 46	46. In the LAST 12 MONTHS, have you met/consulted/had an appointment with any other natural-health and/or traditional-medicine practitioner(s) that is/are not listed in the question above? Yes No	No change	NEW 52
OLD 47	47. List the names of ALL the other natural-health and/or traditional-medicine practitioner(s) you have met/consulted/had an appointment with in the LAST 12 MONTHS?	Question revised List the types of ALL the other natural-health and/or traditional-medicine practitioner(s) you have met/consulted/had an appointment with in the LAST 12 MONTHS?	NEW 53

		e.g. functional medicine practitioner, reiki practitioner, medium	
OLD 48	48. How many times have you met/consulted/had an appointment with this practitioner in the PREVIOUS 12 MONTHS?	No change	NEW 54
OLD 49	49. What types of treatments/therapies did you receive from this practitioner? Select all that apply None Lifestyle or dietary advice Acupuncture Massage Chiropractic manipulation Osteopathic manipulation Herbal or traditional medicines Homeopathic remedies Spiritual healing Other; please state:	No change	NEW 55
OLD 50	50. Is this practitioner also a conventional health professional/practitioner? e.g. general practitioner, pharmacist, nurse Yes No Not sure	No change	NEW 56

OLD 50a	50a. This practitioner is a: general practitioner/family doctor specialist medical doctor nurse pharmacist dietitian/nutritionist optician/optometrist physiotherapist not sure other; please state:	No change	NEW 56a
OLD 51	51. About how much was the cost (including practitioner consultation and treatment cost) the last time you saw this practitioner? State \$0 if there was no charge	Question revised About how much (to the nearest \$5) did it cost (including practitioner consultation and product(s)/preparation(s) cost) the last time you saw this practitioner? State \$0 if there was no charge Leave the space blank if you do not remember	NEW 57
OLD 52	52. How did you pay the cost? Select all that apply My own pocket Koha Ministry-funded rongoā Māori provider Accident Compensation Corporation (ACC) Work and Income New Zealand (WINZ) Private health insurance Other; please state: There was no charge	Question revised How did you pay the this cost? Select all that apply Paid for it myself Friend or family member paid for it Koha Ministry-funded rongoā Māori provider Accident Compensation Corporation (ACC) Work and Income New Zealand (WINZ) Private health insurance Other; please state: There was no charge	NEW 58

OLD 53	53. Are you CURRENTLY meeting/consulting any of the following	No change	NEW 59
	practitioners for your own health (i.e. are you receiving treatment, or	8	
	under the care of, a practitioner for a particular health reason at this		
	time)?		
	Select all that apply		
	Select one term that best describes each practitioner you		
	met/consulted/had an appointment with		
	Acupuncturist		
	Aromatherapist		
	Chiropractor		
	Herbalist		
	Homeopath		
	Massage therapist		
	Naturopath		
	Osteopath		
	Integrative medicine doctor		
	Traditional Chinese medicine practitioner		
	Ayurvedic medicine practitioner		
	Traditional Māori healer		
	Pacific traditional healer		
	Spiritual healer		
	Other; please state:		
	No, I am not meeting/consulting any natural-health or traditional-		
	medicine practitioner currently		

None	Question added	NEW 60
	In the past 12 months, was there a time when you had a medical problem but did not visit a natural-health and/or traditional-medicine practitioner because of cost? Yes No (go to question 61)	
None	Question added	NEW 60a
	Select all the practitioner(s) that you did not visit for a medical problem because of cost in the past 12 months Select all that apply Select one term that best describes each practitioner Acupuncturist Aromatherapist Chiropractor Herbalist Homeopath Massage therapist Naturopath Osteopath Integrative medicine doctor Traditional Chinese medicine practitioner Ayurvedic medicine practitioner Traditional Māori healer Pacific traditional healer Spiritual healer Other; please state:	

None	Question added	NEW 61
	In the past 12 months, was there a time when you got a recommendation for a natural health product/preparation for yourself, but did not collect/purchase one or more product(s)/preparation(s) because of cost? Yes No (go to question 62)	
None	Question added	NEW 61a
	Select all the practitioner(s) who recommended a natural health product for you, but you did not collect/purchase one or more product(s)/preparation(s) because of cost in the past 12 months Select all that apply Select one term that best describes each practitioner Acupuncturist Aromatherapist Chiropractor Herbalist Homeopath Massage therapist Naturopath Osteopath Integrative medicine doctor Traditional Chinese medicine practitioner Ayurvedic medicine practitioner Traditional Māori healer Pacific traditional healer Spiritual healer Other; please state:	

None	Question added	NEW 62
	In the past 12 months, was there a time when you had a medical problem but did not visit a natural-health and/or traditional-medicine practitioner for other reasons? Yes No (go to question 63)	
None	Question added	NEW 62a
	Select all the practitioner(s) that you did not visit for a medical problem because of other reasons in the past 12 months Select all that apply Select one term that best describes each practitioner Acupuncturist Aromatherapist Chiropractor Herbalist Homeopath Massage therapist Naturopath Osteopath Integrative medicine doctor Traditional Chinese medicine practitioner Ayurvedic medicine practitioner Traditional Māori healer Pacific traditional healer Spiritual healer Other type of practitioner; please state:	

	None	Question added	NEW 62b
		For every practitioner selected above in Question 62a, the following question will be displayed: You have selected [type of practitioner selected above] What was the reason you did not visit this practitioner?	
OLD 54	54. Are you CURRENTLY taking/using any medicine that is prescribed for you by a health practitioner? Current use refers to medicines that you are taking daily or at regular intervals over time, as well as medicines that you only take when needed (e.g. medicines to treat episodes of chest pain). Health practitioner refers to an authorised prescriber (e.g. general practitioner/family doctor, specialist medical doctor, or other medical/health professional who is legally able to prescribe medicines) Yes No (go to question 58)	No change	NEW 63
OLD 55	55. List the names of ALL the medicine(s) you are CURRENTLY taking/using that is/are prescribed for you by a health practitioner e.g. amlodipine, warfarin, Lipitor, Janumet	No change	NEW 64
OLD 56	56. What is the brand name and/or manufacturer name of this medicine?	No change	NEW 65

OLD 57	57. What type of medicine is it? Tablet or capsule Granules or powder Liquid, including syrup, suspension, emulsion, tincture, oil Eye or ear drops, or nasal drops or spray Cream or ointment Gel or paste or balm or plaster Injection Other; please state:	No change	NEW 66
OLD 58	58. Are you CURRENTLY taking/using any medicine that is not prescribed for you by a health practitioner (i.e. non-prescription/'overthe-counter' medicines)? Current use refers to medicines that you are taking daily or at regular intervals over time, as well as medicines that you only take when needed (e.g. painkillers). Health practitioner refers to an authorised prescriber (e.g. general practitioner/family doctor, specialist medical doctor, or other medical/health professional who is legally able to prescribe medicines) Non-prescription medicines, also known as 'over-the-counter' (OTC) medicines, are medicines that can be obtained from pharmacies and retail outlets, such as supermarkets, without a prescription. Yes No (go to question 64)	No change	NEW 67
OLD 59	59. List the names of ALL the non-prescription/'over-the-counter' medicine(s) that you are CURRENTLY taking/using. e.g. ibuprofen, Zyrtec, Benadryl, Panadol	No change	NEW 68
OLD 60	60. What is the brand name and/or manufacturer name of this medicine?	No change	NEW 69

OLD 61	61. What type of medicine is it?	No change	NEW 70
022 01	Tablet or capsule	The smange	1.2
	Granules or powder		
	Liquid, including syrup, suspension, emulsion, tincture, oil		
	Eye or ear drops, or nasal drops or spray		
	Cream or ointment		
	Gel or paste or balm or plaster		
	Injection		
	Other; please state:		
	Other, preuse state.		
OLD 62	62. About how much was the cost the last time you bought this	Question revised	NEW 71
	medicine?	Use alternative question for market research method	
	State \$0 if there was no charge		
		About how much (to the nearest \$5) did it cost the last time you	
		bought one unit/bottle/box/packet of this medicine?	
		State \$0 if there was no charge	
		Leave the space blank if you do not remember	
		Market research question:	
		About how much (to the nearest \$5) did it cost the last time you	
		bought one unit/bottle/box/packet of this medicine?	
		parties of the medicine.	
		<\$10	
		\$10 - \$19	
		\$20 - \$29	
		\$30 - \$39	
		\$40 - \$49	
		>\$50	

OLD 63	63. How did you pay the cost? Select all that apply	Question revised	NEW 72
	My own pocket	How did you pay the this cost? Select all that apply	
	Koha	Paid for it myself	
	Ministry-funded rongoā Māori provider	Friend or family member paid for it	
	Accident Compensation Corporation (ACC) Work and Income New Zealand (WINZ)	Koha	
	Private health insurance	Ministry-funded rongoā Māori provider	
		Accident Compensation Corporation (ACC)	
	Other; please state:	Work and Income New Zealand (WINZ)	
	There was no charge	Private health insurance	
		Other; please state:	
		There was no charge	
	None	Question added	NEW 73
		Are you <u>currently</u> taking/using any other conventional medicines (i.e. prescription or non-prescription/'over-the-counter' medicines) that you have not listed previously?	
		Current use refers to medicines that you are taking daily or at regular intervals over time, as well as medicines that you only take when needed (e.g. painkillers).	
		Yes	
		No (go to question 79)	
	None	Question added	NEW 74
		List the names of ALL the other conventional medicine(s) you are CURRENTLY taking/using. e.g. Marvelon, Maxigesic	
	None	Question added	NEW 75
		What is the brand name and/or manufacturer name of this medicine?	

None	Question added	NEW 76
	What type of medicine is it? Tablet or capsule Granules or powder Liquid, including syrup, suspension, emulsion, tincture, oil Eye or ear drops, or nasal drops or spray Cream or ointment Gel or paste or balm or plaster Injection Other; please state:	
None	Question added About how much (to the nearest \$5) did it cost the last time you bought one unit/bottle/box/packet of this medicine?	NEW 77
	State \$0 if there was no charge Leave the space blank if you do not remember	
	Market research question: About how much (to the nearest \$5) did it cost the last time you bought one unit/bottle/box/packet of this medicine?	
	<\$10 \$10 - \$19 \$20 - \$29	
	\$30 - \$39 \$40 - \$49 >\$50	

	None	How did you pay the this cost? Select all that apply Paid for it myself Friend or family member paid for it Koha Ministry-funded rongoā Māori provider Accident Compensation Corporation (ACC) Work and Income New Zealand (WINZ) Private health insurance Other; please state: There was no charge	NEW 78
OLD 64	64. What is your age? years	No change	NEW 79
OLD 65	65. Are you? (Respondents whose biological sex is not male nor female (ie intersex), are able to mark both 'male' and 'female' for this question) Male Female	No change	NEW 80
OLD 66	66. Which ethnic group do you belong to? Select all that apply to you. New Zealand European Māori Samoan Cook Islands Māori Tongan Niuean Chinese Indian Other, e.g. Dutch, Japanese, Tokelauan Please enter ethnicity:	No change	NEW 81

OLD 67	67. In which region of New Zealand do you live? Northland Auckland Waikato Bay of Plenty Gisborne Hawke's Bay Manawatu-Wanganui Taranaki Wellington Tasman Nelson Marlborough Canterbury	No change	NEW 82
	West Coast Otago Southland		
OLD 68	68. Do you live in an urban or rural area? Urban Rural	No change	NEW 83
OLD 69	69. Which country were you born in? New Zealand Overseas o Please enter the name of the country: o How old were you when you first arrived to live in New Zealand? years	No change	NEW 84
OLD 70	70. Which country was your father born in? New Zealand Overseas o Please enter the name of the country: Don't know	No change	NEW 85

OLD 71	71. Which country was your mother born in? New Zealand Overseas o Please enter the name of the country: Don't know	No change	NEW 86
	None	Question added From all the sources of income you have, what will the total income be: • that you yourself got • before tax or anything was taken out • in the last 12 months loss zero income \$1 - \$5000 \$5001 - \$10,000 \$10,001 - \$15,000 \$15,001 - \$20,000 \$20,001 - \$25,000 \$25,001 - \$30,000 \$30,001 - \$35,000 \$35,001 - \$40,000 \$40,001 - \$50,000 \$50,001 - \$60,000 \$60,001 - \$70,000 \$70,001 - \$100,000 \$100,001 - \$150,000 \$150,001 or more	NEW 87

Other	Use different coloured fonts for definitions/descriptions throughout questionnaire e.g. definition for "current use" in NEW Q3	