

Editorial Policy Checklist

This form is used to ensure compliance with Nature Portfolio editorial policies related to research ethics and reproducibility. For further information, please see our [editorial policies](#) site. All relevant questions on the form must be answered.

Competing interests

Policy information about [competing interests](#)

In the interest of transparency and to help readers form their own judgements of potential bias, Nature Portfolio journals require authors to declare any competing financial and/or non-financial interest in relation to the work described in the submitted manuscript.

Competing interests declaration

- We declare that none of the authors have competing financial or non-financial interests as defined by Nature Portfolio.
- We declare that one or more of the authors have a competing interest as defined by Nature Portfolio.

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Prior to submission all listed authors must agree to all manuscript contents, the author list and its order and the author contribution statements. Any changes to the author list after submission must be approved by all authors.

- We have read the Nature Portfolio Authorship Policy and confirm that this manuscript complies.

Policy information about Authorship: inclusion & ethics in global research

All authors are encouraged to provide an "Inclusion & Ethics" statement where relevant.

- We have provided an "Inclusion & Ethics" statement.

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Data availability statement

All manuscripts must include a [data availability statement](#). This statement should provide the following information, where applicable:

- Accession codes, unique identifiers, or web links for publicly available datasets
- A description of any restrictions on data availability
- For clinical datasets or third party data, please ensure that the statement adheres to our [policy](#)

- We have provided a full data availability statement in the manuscript.

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Confirm that all relevant data are deposited into a public repository and that accession codes are provided.

- All relevant accession codes are provided Accession codes will be available before publication No data with mandated deposition

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Policy information about [availability of computer code](#)

Code availability statement

For all studies using custom code or mathematical algorithm that is deemed central to the conclusions, the manuscript must include a statement under the heading "Code availability" describing how readers can access the code, including any access restrictions. Code availability statements should be provided as a separate section after the data availability statement but before the References.

- We have provided a full code availability statement in the manuscript

Data presentation

For all data presented in a plot, chart or other visual representation confirm that:

n/a Confirmed

- Individual data points are shown when possible, and always for $n \leq 10$
- The format shows data distribution clearly (e.g. dot plots, box-and-whisker plots)
- Box-plot elements are defined (e.g. center line, median; box limits, upper and lower quartiles; whiskers, 1.5x interquartile range; points, outliers)
- Clearly defined error bars are present and what they represent (SD, SE, CI) is noted

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Where blots and gels are presented, please take particular care to ensure that lanes have not been spliced together, that loading controls are run on the same blot, and that unprocessed scans match the corresponding figures.

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Clinical trial registration

- We have provided the trial registration number from [ClinicalTrials.gov](#) or an equivalent agency in the manuscript.

Phase 2 and 3 randomized controlled trials

We have provided the [CONSORT checklist](#) with your submission.

- Yes No Not a phase 2/3 randomized controlled trial

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I certify that all the above information is complete and correct.

Typed signature Adam Miner

Date Sep 5, 2022