

Appendix A

Table S1a

Predicting EPDS at 6-months post-randomization

Predictor	Mean	SD	VIF	<i>b</i>	<i>b</i> 95% CI	<i>p</i> value	<i>r</i>
MSPSS (baseline)	5.37	1.18	1.04	-0.97***	[-1.40, - 0.54]	p<.0001	-.29**
EPDS (baseline)	15.73	3.84	1.04	0.24***	[6.22, 14.31]	0.0003	.25**
Treatment dosage	7.00	2.14	1.00	-0.00	[-0.24, 0.23]	0.97	-.00
Perinatal Period	N/A (items were coded 1 or 2 based on pregnant or postpartum)	N/A	1.00	-0.27	[-1.27, 0.72]	0.59	-.04

R² = .122 **
95% CI [.05, .18]

Table S1b*Predicting PCL-6 at 6-months post-randomization*

Predictor	Mean	SD	VIF	b	b 95% CI	p value	r
MSPSS (baseline)	5.37	1.18	1.10	-0.86***	[-1.34, - 0.37]	p<.0001	-.31**
PCL-6 (baseline)	17.38	5.07	1.10	0.45***	[0.34, - 0.56]	p<.0001	.46**
Treatment dosage	7.00	2.14	1.00	-0.05	[-0.30, - 0.21]	0.73	-.03
Perinatal Period	N/A (items were coded 1 or 2 based on pregnant or postpartum)	N/A	1.00	-1.14*	[-2.23, - 0.04]	0.04	-.10

R²= .258**
95% CI [.17, .33]

Note: * indicates p <.05. ** indicates p <.01. *** indicates p <.001