1. Supplementary Information:

13 A. PDF Files

Item	Present?	Filename	A brief, numerical description of file contents.
Supplementary Information	Yes	Supplementary_Informa tion.pdf	Supplementary Figures 1-2 and Supplementary Note.
Reporting Summary	Yes	/tmp/zip_19502_168497 0254/Resubmit 2/nr- reporting- summary_updated.pdf	
Peer Review Information	Yes	PRFile_Horwitz.pdf	

B. Additional Supplementary Files

	Number	Filename	Legend or Descriptive Caption
Туре			
			Supplementary Table 1: Studies
			on continuous traits included in
			the meta-analysis.
			Supplementary Table 2: Studies
			on binary traits included in the
			meta-analysis, in addition to a
			small number of excluded studies
			for excluded traits (see main text).
			Supplementary Table 3: Excluded
			studies and reasons for exclusion.
			Supplementary Table 4: Summary
Supplementary Table	Supplementary Tables 1-6	Supplementary_Tables_S1-S6.xlsx	statistics and zero orderas well

			as partial correlations between
			as partialcorrelations between
			inferred partners in the UK
			Biobank; additionally, differences
			between zero order and partial
			correlation for the same trait are
			given for each correlation type.
			Supplementary Table 5: Two-
			sided tests comparing continuous,
			Fisher-transformed partner
			correlations within-trait across
			non-overlapping participant pairs
			in our UK Biobank sample and
			that of Yengo et al. (2018).
			Supplementary Table 6:
			Combinations of search terms
			used for the literature review.
		/tmp/zip_19502_1684970254/Re	
Supplementary Table	Supplementary Table 7	submit 2/PRISMA_checklist.docx	PRISMA Checklist
		/tmp/zip_19502_1684970254/Re	
		submit	
		2/PRISMA_abstract_checklist.doc	
Supplementary Table	Supplementary Table 8	x	PRISMA Abstract Checklist

1	Table of Contents
2	1 Supplementary Figures 1a-1v: Forest plots, sorted by year of publication and color-
3	coded by region
4	1.1. Smoking Status Forest Plot 4
5	1.2. Smoking Quantity Forest Plot 5
6	1.3. Extraversion Forest Plot
7	1.4. Neuroticism Forest Plot7
8	1.5. Openness Forest Plot8
9	1.6. Drinking Quantity Forest Plot 9
10	1.7. Agreeableness Forest Plot 10
11	1.8. Waist-to-Hip Ratio Forest Plot11
12	1.9. Depression Forest Plot 12
13	1.10. Diabetes Forest Plot
14	1.11. Generalized Anxiety Forest Plot14
15	1.12. Political Values Forest Plot15
16	1.13. Religiosity Forest Plot
17	1.14. Smoking Initiation Forest Plot17
18	1.15. Smoking Cessation Forest Plot18
19	1.16. Problematic Alcohol Use Forest Plot19
20	1.17. Substance Use Disorder Forest Plot
21	1.18. Body Mass Index Forest Plot21
22	1.19. Height Forest Plot22
23	1.20. Educational Attainment Forest Plot

24	1.21. Intelligence Quotient Score Forest Plot
25	1.22. Conscientiousness Forest Plot
26	2 Supplementary Figure 2: PRISMA Flow Diagrams
27	2.1. Substance Use Disorder Flow Diagram
28	2.2. Problematic Alcohol Use Flow Diagram
29	2.3. Drinking Quantity Flow Diagram
30	2.4. Waist-to-Hip Ratio Flow Diagram
31	2.5. Height Flow Diagram
32	2.6. Body Mass Index Flow Diagram
33	2.7. Extraversion Flow Diagram
34	2.8. Neuroticism Flow Diagram 33
35	2.9. Openness Flow Diagram
36	2.10. Conscientiousness Flow Diagram
37	2.11. Agreeableness Flow Diagram
38	2.12. Intelligence Quotient Score Flow Diagram
39	2.13. Diabetes Flow Diagram
40	2.14. Educational Attainment Flow Diagram 39
41	2.15. Smoking Status Flow Diagram40
42	2.16. Smoking Initiation Flow Diagram 41
43	2.17. Smoking Cessation Flow Diagram
44	2.18. Smoking Quantity Flow Diagram
45	2.19. Religiosity Flow Diagram
46	2.20. Political Values Flow Diagram45

47	2.21. Depression Flow Diagram
48	2.22. Generalized Anxiety Flow Diagram 47
49	3 Supplementary Note
50	3.1. Trait descriptions for Educational Attainment, Intelligence Quotient Score,
51	Political Values, Religiosity, Problematic Alcohol Use, Drinking Quantity, and
52	Smoking Cessation
53	3.2. Trait descriptions for Smoking Initiation, Smoking Quantity, Smoking
54	Status, Substance Use Disorder, and Agreeableness
55	3.2. Trait descriptions for Conscientiousness, Extraversion, Neuroticism, and
56	Openness 50-51
57	3.3. Trait descriptions for Body Mass Index, Height, Waist-to-Hip Ratio,
58	Depression, Diabetes, and Generalized Anxiety
59	4. References

Smoking Status

Study

Estimate [95% CI]

Price, R. A. & Vandenberg, S. G.	(1980)			0.62 [0.42, 0
Sutton, G. C. (1980)			4	0.48 [0.24, 0
Sutton, G. C. (1980)		 -		0.49 [0.31, 0
Venters, M. H., et al. (1984)		⊢− −1		0.51 [0.40, 0
Boomsma, D. I., et al. (1994)				0.43 [0.35, 0
Pyke, S. D., et al. (1997)		H=-1		0.58 [0.51, 0
Ogden, M. W., et al. (1997)		H=-1		0.56 [0.49, 0
Wilson, S.E. (2002)		H=H		0.51 [0.47, 0
Bloch, K.V., et al. (2003)				0.43 [0.28, 0
Homish, G. G. & Leonard, K. E. (2005)			0.66 [0.56, 0
Jurj, A. L. et al. (2006)		-		0.15 [0.12, 0
Clark, A.E. & Etilé, F (2006)		-		0.63 [0.60, 0
Stimpson, J. P., et al. (2006)				-0.09 [-0.35, 0
Espinosa, J. & Evans, W.N. (200	8)			0.51 [0.49, 0
Pai, C.W., et al. (2010)		-	1	0.68 [0.64, 0
Torvik, F. A., et al. (2015)				0.48 [0.46, 0
Jackson, S. E., Steptoe, A. & Wa	rdle, J. (2015	ž H=-1		0.60 [0.55, 0
Machado, M. P. A. et al. (2017)		—		0.41 [0.22, 0
Jeong, S. & Cho, S.I. (2018)		⊢ ∎(0.43 [0.31, 0
Jeong, S. & Cho, S.I. (2018)		HEH		0.39 [0.35, 0
Jeong, S. & Cho, S.I. (2018)		HEH		0.30 [0.26, 0
Jeong, S. & Cho, S.I. (2018)		HEH		0.45 [0.38, 0
Nakaya, N. et al. (2021)		-		0.57 [0.55, 0
Nakaya, N. et al. (2021)		HEH		0.46 [0.40, 0
Kalmijn, M. (2022)		H		0.36 [0.32, 0
Kalmijn, M. (2022)		HEH		0.48 [0.42, 0
RE Model		•		0.47 [0.41, 0
	r	l 1		
-().5	0 0.5	1	
	P	artner Correlation		

Europe	Southwest Asia & North Africa	South Asia
US & Canada	Latin America & the Caribbean	Australia & Oceania
Sub-Saharan Africa	East Asia	Multiple

64 Supplementary Figure 1b



Extraversion

Study

67

Estimate [95% CI]



Neuroticism

Study

70

Estimate [95% CI]



Openness

Study						Estimate [95% CI
Botwin, M.D., et al. (1997)						0.00 [-0.19, 0.19
Watson, D. et al. (2004)						0.04 [-0.08, 0.16
Donnellan, M.B., et al. (2004)		F	-			0.17 [0.07, 0.27
McCrae, R. R. et al. (2008)						0.25 [0.18, 0.32
McCrae, R. R. et al. (2008)						0.17 [0.11, 0.23
McCrae, R. R. et al. (2008)			-			0.14 [-0.00, 0.28
McCrae, R. R. et al. (2008)			-			0.23 [0.06, 0.40
McCrae, R. R. et al. (2008)		F	-	4		0.18 [0.07, 0.29
Rammstedt, B. & Schupp, J. (2008	3)			HEH		0.33 [0.31, 0.35
Rammstedt, B. & Schupp, J. (2008	3)					0.30 [0.23, 0.37
Watson, D., et al. (2014)				-		0.33 [0.17, 0.49
Mosca, I. & McCrory, C. (2016)			-	1		0.23 [0.17, 0.29
Vandermeer et al. (2018)						0.11 [0.01, 0.21
Leikas, S., et al. (2018)			—			0.32 [0.21, 0.43
van Scheppingen, M. A., et al. (20	19)		H			0.25 [0.22, 0.28
Chopik, W. J. & Lucas, R. E. (201	9)		H 8 H			0.18 [0.14, 0.22
RE Model			•			0.21 [0.16, 0.26
	Γ	i				
	-0.2	0	0.2	0.4	0.6	
		Part	ner Corre	lation		
EuropeUS & CanadaSub-Saharan Africa		Southweight Southweight Southweight Southweight Southeast Astronomy and the southweight So	est Asia & No nerica & the ia	orth Africa Caribbean	South AsiaAustralia &Multiple	Oceania

Supplementary Figure 1f

Study Estimate [95% CI] Garn, S. M., et al. (1979) 0.79 [0.59, 0.98] Price, R. A. & Vandenberg, S. G. (1980) -0.45 [0.28, 0.62] Cronkite, R. C. & Moos, R. H. (1984) -0.28 [0.16, 0.40] Silverman-Retana, O., et al. (1988) 0.44 [0.40, 0.48] H H Leonard, K. E. & Das Eiden, R.: (1999) 0.31 [0.23, 0.39] Dufouil, C. & Alpérovitch, A. (2000) 0.27 [0.16, 0.38] Di Castelnuovo, A. et al. (2007); 0.23 [0.16, 0.30] Donahue, R. P., et al. (2021) 0.62 [0.51, 0.73] Clarke, T.K., et al. (2021) 0.26 [0.21, 0.31] -RE Model 0.39 [0.25, 0.53] ſ Т Т 0 0.2 0.4 0.6 0.8 1 Partner Correlation Europe Southwest Asia & North Africa South Asia US & Canada Latin America & the Caribbean Australia & Oceania Sub-Saharan Africa East Asia Multiple

Drinking Quantity

76

77

Agreeableness

Study Estimate [95% CI] Botwin, M.D., et al. (1997) 0.12 [-0.07, 0.31] -0.07 [-0.19, 0.05] Watson, D. et al. (2004) Barelds, D. P. (2005) 0.09 [-0.03, 0.21] McCrae, R. R. et al. (2008) 0.10 [0.03, 0.17] McCrae, R. R. et al. (2008) 0.11 [0.05, 0.17] McCrae, R. R. et al. (2008) 0.13 [-0.01, 0.27] McCrae, R. R. et al. (2008) 0.20 [0.03, 0.37] McCrae, R. R. et al. (2008) 0.12 [0.01, 0.23] Rammstedt, B. & Schupp, J. (2008) 0.26 [0.24, 0.28] H Rammstedt, B. & Schupp, J. (2008) 0.17 [0.10, 0.24] Dijkstra, P. & Barelds, D. (2008) 0.18 [0.05, 0.31] Watson, D., et al. (2014) -0.07 [-0.23, 0.09] Mosca, I. & McCrory, C. (2016) 0.08 [0.02, 0.14] Vandermeer et al. (2018) 0.11 [0.01, 0.21] Leikas, S., et al. (2018) 0.17 [0.06, 0.28] Chopik, W. J. & Lucas, R. E. (2019) 0.11 [0.07, 0.15] van Scheppingen, M. A., et al. (2019) 0.14 [0.11, 0.17] H**H**H RE Model 0.12 [0.08, 0.16] Γ Т -0.4 -0.2 0 0.2 0.4 Partner Correlation Southwest Asia & North Africa Europe South Asia US & Canada Australia & Oceania Latin America & the Caribbean Sub-Saharan Africa East Asia Multiple

81



Waist-to-Hip Ratio

Depression



Diabetes



Supplementary Figure 1k



Generalized Anxiety

Political Values

Estimate [95% CI] Study Silverman-Retana, O., et al. (1978) 0.68 [0.48, 0.87] Eysenck, H. J. et al. (1981) 0.51 [0.43, 0.59] Donahue, R. P., et al. (1986) 0.51 [0.43, 0.59] Rozin, P. (1991) 0.56 [0.37, 0.75] Feng, D. & Baker, L (1994) 0.54 [0.43, 0.66] Eaves, L. et al. (1999) 0.62 [0.59, 0.65] Abrahamson, A.C., et al. (2002) 0.63 [0.52, 0.74] Watson, D. et al. (2004) 0.63 [0.51, 0.75] Zietsch, B.P., et al. (2011) 0.61 [0.58, 0.64] Bell, E., et al. (2018) 0.47 [0.38, 0.56] Bell, E., et al. (2018) 0.53 [0.40, 0.67] Leikas, S., et al. (2018) 0.57 [0.46, 0.69] **RE Model** 0.57 [0.53, 0.61] ٦ 0.3 0.4 0.5 0.6 0.7 0.8 0.9 Partner Correlation South Asia Southwest Asia & North Africa Europe Australia & Oceania US & Canada Latin America & the Caribbean Sub-Saharan Africa East Asia Multiple

94

96

Religiosity



Smoking Initiation

Study

Estimate [95% CI]



101



Smoking Cessation

106Supplementary Figure 1p



Problematic Alcohol Use

111 Supplementary Figure 1q

Study Estimate [95% CI] Sakai, J. T. et al. (2004) 0.35 [0.13, 0.56] Kirillova, G. P., et al. (2008) 0.63 [0.51, 0.75] Nordsletten, A. E. et al. (2016) 0.29 [0.29, 0.30] Nordsletten, A. E. et al. (2016) 0.29 [0.28, 0.30] **RE Model** 0.39 [0.13, 0.64] ٦ L Т Т Т 0 0.2 0.4 0.6 0.8 Partner Correlation Europe US & Canada Southwest Asia & North Africa South Asia Latin America & the Caribbean Australia & Oceania Sub-Saharan Africa East Asia Multiple

Substance Use Disorder

111 112

113 114 115

Body Mass Index

Study



119

Height

Study		Estimate [95% CI]
Pearson, K. & Lee, A. (1903) Willoughby, R.R. (1933) Willoughby, R.R. (1933) Willoughby, R.R. (1933) Pomerat, C.M. (1936) Donahue, R. P., et al. (1944) Smith, M. (1946) Harrison, G. A., et al. (1976) Mueller, W. H. & Malina, R. M. (1976) Susanne, C. (1977) Roberts, D.F., et al. (1979) Garn, S. M., et al. (1979) Garn, S. M., et al. (1979) Garn, S. M., et al. (1979) Nance, W. E., et al. (1980) Price, R. A. & Vandenberg, S. G. (1984) Penper, U. (1981) Annest, J. L., et al. (1983) McManus, I. C. & Mascie–Taylor, C. G. (1984) Pennock-Román, M. (1984) Siniarska, A. (1984) Siniarska, A. (1984) Siniarska, A. (1984) Ahmad, M. & Gilbert, R. I. (1985) Silverman-Retana, O., et al. (1985) Sitaessen, J. et al. (1985) Mascie–Taylor, C. N. (1987) Nagoshi, C. T. & Johnson, R. C. (1987) Nagoshi, C. T. & Johnson, R. C. (1987) Nagoshi, C. T. & Johnson, R. C. (1987) Byard, P. J., et al. (1998) Ginsburg, E., et al. (1998) Ginsburg, E., et al. (1998) Ginsburg, E., et al. (1998) Ginsburg, E., et al. (1998) Dalmia, S. & Lawrence, P. G. (2001) Eckman, R. E., et al. (2002) Ku, J. et al. (2002) Hur, YM. (2003) Mukhopadhyay, N. (2003) Raychaudhuri, A., et al. (2003) Silventoinen, K., et al. (2005) Knuiman		$\begin{array}{c} 0.28 & [0.22, 0.34] \\ 0.17 & [0.05, 0.29] \\ 0.10 & [0.01, 0.21] \\ 0.11 & [0.00, 0.22] \\ 0.63 & [0.44, 0.62] \\ 0.31 & [0.25, 0.37] \\ 0.38 & [0.18, 0.57] \\ 0.38 & [0.18, 0.57] \\ 0.23 & [0.12, 0.34] \\ 0.24 & [0.06, 0.42] \\ 0.23 & [0.12, 0.34] \\ 0.24 & [0.06, 0.42] \\ 0.20 & [0.16, 0.24] \\ 0.20 & [0.16, 0.24] \\ 0.20 & [0.16, 0.24] \\ 0.20 & [0.16, 0.24] \\ 0.20 & [0.16, 0.24] \\ 0.20 & [0.16, 0.24] \\ 0.20 & [0.16, 0.24] \\ 0.20 & [0.16, 0.24] \\ 0.20 & [0.16, 0.24] \\ 0.21 & [0.05, 0.29] \\ 0.27 & [0.15, 0.39] \\ 0.30 & [0.21, 0.39] \\ 0.30 & [0.21, 0.39] \\ 0.30 & [0.21, 0.39] \\ 0.30 & [0.21, 0.39] \\ 0.30 & [0.21, 0.39] \\ 0.31 & [0.02, 0.28] \\ 0.13 & [0.02, 0.28] \\ 0.13 & [0.02, 0.28] \\ 0.13 & [0.02, 0.28] \\ 0.13 & [0.02, 0.28] \\ 0.13 & [0.02, 0.28] \\ 0.13 & [0.02, 0.28] \\ 0.13 & [0.02, 0.28] \\ 0.13 & [0.02, 0.28] \\ 0.13 & [0.02, 0.28] \\ 0.13 & [0.02, 0.28] \\ 0.13 & [0.02, 0.28] \\ 0.13 & [0.02, 0.27] \\ 0.28 & [0.25, 0.30] \\ 0.22 & [0.15, 0.43] \\ 0.22 & [0.15, 0.43] \\ 0.22 & [0.15, 0.43] \\ 0.22 & [0.15, 0.43] \\ 0.22 & [0.15, 0.43] \\ 0.22 & [0.15, 0.43] \\ 0.22 & [0.15, 0.43] \\ 0.22 & [0.15, 0.43] \\ 0.22 & [0.15, 0.43] \\ 0.22 & [0.10, 0.48] \\ -0.07 & [-0.26, 0.12] \\ 0.34 & [0.17, 0.19] \\ 0.33 & [0.30, 0.23] \\ 0.22 & [0.16, 0.44] \\ 0.28 & [0.17, 0.40] \\ 0.27 & [0.23, 0.31] \\ 0.24 & [0.11, 0.31] \\ 0.34 & [0.25, 0.43] \\ 0.33 & [0.33, 0.43] \\ 0.22 & [0.16, 0.28] \\ 0.44 & [0.35, 0.44] \\ 0.37 & [0.33, 0.43] \\ 0.24 & [0.22, 0.58] \\ 0.34 & [0.25, 0.33] \\ 0.34 & [0.25, 0.31] \\ 0.34 & [0.25, 0.33] \\ 0.34 & [0.25, 0.31] \\ 0.34 & [0.25, 0.31] \\ 0.34 & [0.25, 0.31] \\ 0.34 & [0.25, 0.31] \\ 0.34 & [0.25, 0.31] \\ 0.44 & [0.33, 0.44] \\ 0.50 & [0.31, 0.27] \\ 0.22 & [0.16, 0.42] \\ 0.36 & [0.24, 0.28] \\ 0.44 & [0.35, 0.44] \\ 0.37 & [0.33, 0.43] \\ 0.26 & [0.24, 0.28] \\ 0.26 & [0.24, 0.28] \\ 0.26 & [0.24, 0.28] \\ 0.26 & [0.24, 0.28] \\ 0.26 & [0.24, 0.28] \\ 0.26 & [0.24, 0.28]$
,		
1		
-0.	4 -0.2 0 0.2 0.4 0.6 0.8 1	
	Partner Correlation	
 Europe US & Canada Sub-Saharan Africa 	 Southwest Asia & North Africa Latin America & the Caribbean East Asia 	South Asia Australia & Oceania Multiple

Educational Attainment









Conscientiousness

Study

Estimate [95% CI]



Estimates within each phenotype are sorted by year of publication (from top to bottom) and are color-coded to indicate the region from which the sample was taken, as indicated in the legend

138 Supplementary Figure 2: PRISMA flow diagrams.







Waist-to-hip ratio



Height



Body mass index



Extraversion





Openness









Educational attainment





Total studies included in review
(n = 20)
Reports of total included
studies****
(n = 27)















The PRISMA diagrams depict the number of records each search engine returned for each phenotype and the number of reports excluded for various reasons.

- *Consider, if feasible to do so, reporting the number of records identified from each database or register searched (rather than the total number across all databases/registers).
- **If automation tools were used, indicates how many records were excluded by a human and how many were excluded byautomation tools.
- ***Total may exceed number of reports assessed for eligibility minus new studies included because some reports were excluded
 for more than one reason.
- ****Total may differ from number of reports in previous version plus number of new reports if any reports from the original
 version were since excluded
- 1133

1134 Supplementary Note

- 1135 *The following lists the traits we meta-analyzed and citations corresponding to each study that*
- 1136 was meta-analyzed for that trait, followed by descriptions of the more specific construct(s) that
- 1137 we measured for that trait. For the specific measure(s) that each study used for less standardized
- 1138 *traits, see Supplementary Tables 1 and 2:*
- 1139
- **Educational attainment**^{1–42}: Defined on an ordinal scale (e.g. range of years/schooling level
- 1141 completed), or by number of years of schooling. All ordinal measures of educational attainment
- 1142 with fewer than four points were excluded.
- **Intelligence quotient score**^{25,43–54}: Any measure of *general* intelligence quotient.
- **Political values**^{7,8,44,55–62}: We considered continuous or ordinal measures of attitudes toward
- 1145 political issues instead of specific party affiliation/support.
- **Religiosity**^{7,44,55,59,61,63,64}: We considered continuous measures of religious ideals/practices,
- 1147 rather than specific religious affiliation or only attendance at a place of worship.
- **Problematic alcohol use**^{65–68}: This was measured as a dichotomous trait encompassing alcohol
- abuse, alcoholism, alcohol dependence, and problem drinking.
- **Drinking quantity**^{9,28,69–75}: Amount of alcohol (e.g. milliliters, grams, ounces, or kilocalories)
- 1151 consumed per day or week.
- 1152

Smoking cessation^{76–79}: This was a dichotomous measure of whether subjects were former or current smokers among couples in which both partners had a history of smoking. Because the phenotype was only examined in couples in which both partners had ever smoked, whenever "never smoked" was included as an option for participants, this cell was excluded from the contingency table such that for this measure, the odds ratio reflected the odds of a partner being a former smoker if their partner was a former smoker divided by the odds of a partner being a former smoker if their partner was a current smoker.

Smoking initiation^{9,69–71,74,76–83}: This was a dichotomous measure of whether participants had

ever smoked tobacco, had ever smoked regularly, or had ever smoked 100 or more cigarettes,

depending on the study. When options for participants included "former," "current," and

1163 "never," cells from those who responded "former" and "current" were combined in the

1164 contingency table such that for this measure, the odds ratio reflected the odds of a partner having

1165 ever smoked (formerly or currently) if their partner ever smoked (formerly or currently) divided

1166 by the odds of a partner having ever smoked if their partner never smoked.

Smoking quantity^{29,84–88}: Number of cigarettes (or equivalent in tobacco) consumed per day

1168 (not restricted to those with smoking histories).

Smoking status^{6,69,76–78,80,82,83,86,88–98}: This was a dichotomous measure of whether participants

1170 currently smoked tobacco. When options for participants included "former," "current," and

1171 "never," cells from those who responded "former" and "never" were combined in the

1172 contingency table such that for this measure, the odds ratio reflected the odds of a partner being a

1173 current smoker if their partner was a current smoker divided by the odds of a partner being a

1174 current smoker if their partner did not currently smoke (never smoked *or* formerly smoked).

1175 Substance use disorder⁹⁹⁻¹⁰¹: This was measured as a dichotomous trait also encompassing
1176 substance dependence and substance abuse.

Agreeableness^{12,44,56,102–110}: A "Big Five" personality trait characterized by an individual's level 1177 of kindness, sympathy, cooperativeness, warmth, politeness, etc.¹¹¹ Scores for this trait were 1178 1179 typically based on the degree to which participants agreed with statements pertaining to 1180 agreeableness or where they identified themselves on a set of spectra of bipolar adjectives 1181 pertaining to agreeableness. Ratings were typically given on a 5-point or 7-point scale (see 1182 Supplementary Table 1 for the measure used in each study). **Conscientiousness**^{12,44,56,102–110}: A "Big Five" personality trait characterized by an individual's 1183 level of efficiency, organization, carefulness, tidiness, practicality, etc.¹¹¹ Scores for this trait 1184 1185 were typically based on the degree to which participants agreed with statements pertaining to

pertaining to conscientiousness. Ratings were typically given on a 5-point or 7-point scale (seeSupplementary Table 1 for the measure used in each study).

conscientiousness or where they identified themselves on a set of spectra of bipolar adjectives

Extraversion^{7,8,12,43-45,55,56,62,63,69,85,102-110,112-120}: A "Big Five" personality trait characterized by

an individual's level of energy, talkativeness, outgoingness, etc.¹¹¹ Scores for this trait were

typically based on the degree to which participants agreed with statements pertaining to

1192 extraversion or where they identified themselves on a set of spectra of bipolar adjectives

1193 pertaining to extraversion. Ratings were typically given on a 5-point or 7-point scale (see

1194 Supplementary Table 1 for the measure used in each study).

1186

Neuroticism^{7,12,44,45,56,62,63,69,85,102–110,112,113,115–124} (otherwise characterized by its diametric

1196 opposite, emotional stability¹²⁵): A "Big Five" personality trait characterized by an individual's

1197 level of enviousness, jealousy, (in)security, anxiety, moodiness, emotionality, etc.¹¹¹ Scores for

- this trait were typically based on the degree to which participants agreed with statements
- 1199 pertaining to neuroticism or where they identified themselves on a set of spectra of bipolar
- 1200 adjectives pertaining to neuroticism. Ratings were typically given on a 5-point or 7-point scale
- 1201 (see Supplementary Table 1 for the measure used in each study).
- 1202 **Openness**^{12,44,56,102,103,105,106,108,110,123,126} (otherwise characterized as Intellect or Openness to
- 1203 experience): A "Big Five" personality trait characterized by an individual's level of creativeness,
- 1204 intelligence, imagination, etc.¹¹¹ Scores for this trait were typically based on the degree to which
- 1205 participants agreed with statements pertaining to openness or where they identified themselves
- 1206 on a set of spectra of bipolar adjectives pertaining to openness. Ratings were typically given on a
- 1207 5-point or 7-point scale (see Supplementary Table 1 for the measure used in each study).
- 1208 Bodv mass index^{1,8,9,36,39,41,70,71,76,80,83,93,120,127–153}: Kilograms/meters² or anv measure of weight/height².
- 1210 **Height**^{4,8,36,41,49,69,75,120,129,130,141,142,148–188}: We re-analyzed 68 samples from 53 studies from a
- 1211 single meta-analysis of partner correlations for standing height¹⁸⁹ (see main text).
- **1212** Waist-to-Hip ratio^{70,128,132,140,147,190}: Waist circumference/hip circumference.
- **1213 Depression**^{65,66,99,191,192}: This was measured as a dichotomous trait. In addition to a classic
- 1214 diagnosis of major depression, we considered studies that presented partner concordance based
- 1215 on whether participants lay below or above a cut-off score indicating a depressive
- 1216 disorder/episode or a probable depressive disorder/episode. However, we excluded studies that
- 1217 only presented partner concordance in the form of correlations for symptom count.
- 1218 **Diabetes**^{77,83,99,147,191,193–197}: This was measured as a dichotomous trait. We only included studies
- 1219 that examined prevalent diabetes, excluding studies that only measured participants with incident
- 1220 diabetes (individuals who developed diabetes over the course of the study period). One study¹⁹⁴

1221	reported concordance for type 2 diabetes, but we included it because 90-95% of people with
1222	diabetes have type 2 ¹⁹⁸ .
1223	Generalized anxiety ^{65,66,199} : This was measured as a dichotomous trait. In addition to a classic
1224	diagnosis of generalized anxiety disorder, we considered studies that presented partner
1225	concordance based on whether participants lay below or above a cut-off score, though we
1226	excluded studies that only presented partner concordance in the form of correlation for symptom
1227	count. We also excluded analyses measuring concordance for <i>any</i> anxiety disorder.
1228	
1229	
1230	
1231	
1232	
1233	

1234		References
1235 1236	1.	Retnakaran, R. et al. Spousal concordance of cardiovascular risk factors in newly married
1237		couples in china. JAMA Netw. Open 4, e2140578 (2021).
1238	2.	Blackaby, D. H., Carlin, P. S. & Murphy, P. D. A change in the earnings penalty for British
1239		men with working wives: Evidence from the 1980's and 1990's. Labour Econ. 14, 119–134
1240		(2007).
1241	3.	Neidhöfer, G., Serrano, J. & Gasparini, L. Educational inequality and intergenerational
1242		mobility in Latin America: A new database. J. Dev. Econ. 134, 329-349 (2018).
1243	4.	Dalmia, S. & Lawrence, P. G. An empirical analysis of assortative mating in India and the
1244		US. Int. Adv. Econ. Res. 7, 443–458 (2001).
1245	5.	Kardum, I., Hudek-Knezevic, J. & Mehic, N. Similarity indices of the Dark Triad traits
1246		based on self and partner-reports: Evidence from variable-centered and couple-centered
1247		approaches. Personal. Individ. Differ. 193, 111626 (2022).
1248	6.	Torvik, F. A., Gustavson, K., Røysamb, E. & Tambs, K. Health, health behaviors, and
1249		health dissimilarities predict divorce: results from the HUNT study. BMC Psychol. 3, 13
1250		(2015).
1251	7.	Feng, D. & Baker, L. Spouse similarity in attitudes, personality, and psychological well-
1252		being. Behav. Genet. 24, 357–364 (1994).
1253	8.	Zietsch, B. P., Verweij, K. J., Heath, A. C. & Martin, N. G. Variation in human mate
1254		choice: simultaneously investigating heritability, parental influence, sexual imprinting, and
1255		assortative mating. Am. Nat. 177, 605–616 (2011).
1256	9.	Dufouil, C. & Alpérovitch, A. Couple similarities for cognitive functions and psychological
1257		health. J. Clin. Epidemiol. 53, 589-593 (2000).

54

- 1258 10. Luo, S. & Klohnen, E. C. Assortative Mating and Marital Quality in Newlyweds: A
- 1259 Couple-Centered Approach. J. Pers. Soc. Psychol. 88, 304–326 (2005).
- 1260 11. Watkins, M. P. & Meredith, W. Spouse similarity in newlyweds with respect to specific
- 1261 cognitive abilities, socioeconomic status, and education. *Behav. Genet.* **11**, 1–21 (1981).
- 1262 12. Botwin, M. D., Buss, D. M. & Shackelford, T. K. Personality and mate preferences: five
- factors in mate selection and marital satisfaction. J. Pers. 65, 107–136 (1997).
- 1264 13. Hugh-Jones, D., Verweij, K. J. H., St. Pourcain, B. & Abdellaoui, A. Assortative mating on
- educational attainment leads to genetic spousal resemblance for polygenic scores.
- 1266 Intelligence 59, 103–108 (2016).
- 1267 14. Gayle, G.-L., Golan, L. & Soytas, M. A. What is the source of the intergenerational
 1268 correlation in earnings? *J. Monet. Econ.* 129, 24–45 (2022).
- 1269 15. Barban, N., De Cao, E., Oreffice, S. & Quintana-Domeque, C. The effect of education on
 1270 spousal education: A genetic approach. *Labour Econ.* 71, 102023 (2021).
- 1271 16. Colagrossi, M., d'Hombres, B. & Schnepf, S. V. Like (grand)parent, like child?
- 1272 Multigenerational mobility across the EU. *Eur. Econ. Rev.* **130**, 103600 (2020).
- 1273 17. Bingley, P., Cappellari, L. & Tatsiramos, K. Parental assortative mating and the
- 1274 intergenerational transmission of human capital. *Eur. Assoc. Labour Econ. World Conf.*
- 1275 *EALESOLEAASLE Berl. Ger.* 25 27 June 2020 77, 102047 (2022).
- 1276 18. Cave, S. N., Wright, M. & von Stumm, S. Change and stability in the association of
- 1277 parents' education with children's intelligence. *Intelligence* **90**, 101597 (2022).
- 1278 19. Carmelli, D., Swan, G. E., Hunt, S. C. & Williams, R. R. Cross-spouse correlates of blood
- 1279 pressure in hypertension-prone families in Utah. J. Psychosom. Res. 33, 75–84 (1989).

- 1280 20. Miller, R. N. Educational assortative mating and time use in the home. *Soc. Sci. Res.* 90, 102440 (2020).
- 1282 21. Mishra, V. & Smyth, R. Economic returns to schooling for China's Korean minority. *J.*1283 *Asian Econ.* 24, 89–102 (2013).
- 1284 22. Anderson, G. & Leo, T. W. An empirical examination of matching theories: The one child
 1285 policy, partner choice and matching intensity in urban China. *Law Finance* 41, 468–489
 1286 (2013).
- 1287 23. Liu, J.-T., Hammitt, J. K. & Jeng Lin, C. Family background and returns to schooling in
 1288 Taiwan. *Econ. Educ. Rev.* 19, 113–125 (2000).
- 1289 24. Hu, A. & Qian, Z. Does higher education expansion promote educational homogamy?
- Evidence from married couples of the post-80s generation in Shanghai, China. *Soc. Sci. Res.* 60, 148–162 (2016).
- 1292 25. Johnson, W., Deary, I. J. & Iacono, W. G. Genetic and environmental transactions
 1293 underlying educational attainment. *Intelligence* 37, 466–478 (2009).
- 1294 26. Xing, L., Campbell, C., Li, X., Noellert, M. & Lee, J. Education, class and assortative
 1295 marriage in rural Shanxi, China in the mid-twentieth century. *Res. Soc. Stratif. Mobil.* 66,
 1296 100460 (2020).
- 1297 27. Peek, M. K., Stimpson, J. P., Townsend, A. L. & Markides, K. S. Well-being in older
 1298 Mexican American spouses. *The Gerontologist* 46, 258–265 (2006).
- 1299 28. Cronkite, R. C. & Moos, R. H. The role of predisposing and moderating factors in the
 1300 stress-illness relationship. *J. Health Soc. Behav.* 372–393 (1984).
- 1301 29. Alford, J. R., Hatemi, P. K., Hibbing, J. R., Martin, N. G. & Eaves, L. J. The politics of
- 1302 mate choice. J. Polit. **73**, 362–379 (2011).

- 1303 30. Heath, A. C. *et al.* No decline in assortative mating for educational level. *Behav. Genet.* 15, 349–369 (1985).
- 1305 31. Lykken, D. T. & Tellegen, A. Is human mating adventitious or the result of lawful choice?
 1306 A twin study of mate selection. *J. Pers. Soc. Psychol.* 65, 56 (1993).
- 1307 32. Kye, B. & Mare, R. D. Intergenerational effects of shifts in women's educational
- distribution in South Korea: Transmission, differential fertility, and assortative mating. *Soc. Sci. Res.* 41, 1495–1514 (2012).
- 1310 33. Ingoglia, S., Liga, F., Coco, A. L. & Inguglia, C. Informant discrepancies in perceived
- 1311 parental psychological control, adolescent autonomy, and relatedness psychological needs.
- 1312 J. Appl. Dev. Psychol. 77, 101333 (2021).
- 1313 34. Torvik, F. A. et al. Mechanisms linking parental educational attainment with child ADHD,
- depression, and academic problems: a study of extended families in The Norwegian
- 1315 Mother, Father and Child Cohort Study. *J. Child Psychol. Psychiatry* **61**, 1009–1018
- 1316 (2020).
- 1317 35. Shikishima, C. *et al.* A simple syllogism-solving test: Empirical findings and implications
 1318 for g research. *Intelligence* **39**, 89–99 (2011).
- 1319 36. Ponzo, M. & Scoppa, V. Trading height for education in the marriage market. *Am. J. Hum.*1320 *Biol.* 27, 164–174 (2015).
- 37. Procidano, M. E. & Rogler, L. H. Homogamous assortative mating among Puerto Rican
 families: Intergenerational processes and the migration experience. *Behav. Genet.* 19, 343–
 354 (1989).
- 1324 38. Chen, H., Luo, S., Yue, G., Xu, D. & Zhaoyang, R. Do birds of a feather flock together in
 1325 China? *Pers. Relatsh.* 16, 167–186 (2009).

- 1326 39. George, D. *et al.* Couple similarity on stimulus characteristics and marital satisfaction.
- 1327 *Personal. Individ. Differ.* **86**, 126–131 (2015).
- 40. Jacobs, J. A. & Furstenberg Jr, F. F. Changing places: conjugal careers and women's
 marital mobility. *Soc. Forces* 64, 714–732 (1986).
- 1330 41. Hur, Y.-M. Assortative mating for personality traits, educational level, religious affiliation,
- height, weight, and body mass index in parents of a Korean twin sample. *Twin Res.* 6, 467–
 470 (2003).
- 1333 42. Verbakel, E. & Kalmijn, M. Assortative Mating Among Dutch Married and Cohabiting
- 1334 Same-Sex and Different-Sex Couples: Homogamy in Same- and Different-Sex Couples. J.
- 1335 *Marriage Fam.* **76**, 1–12 (2014).
- 43. Phillips, K., Fulker, D. W., Carey, G. & Nagoshi, C. T. Direct marital assortment for
 cognitive and personality variables. *Behav. Genet.* 18, 347–356 (1988).
- 44. Watson, D. *et al.* Match makers and deal breakers: analyses of assortative mating in
 newlywed couples. *J. Pers.* 72, 1029–1068 (2004).
- 1340 45. Mascie-Taylor, C. G. N. Spouse similarity for IQ and personality and convergence. *Behav.*1341 *Genet.* 19, 223–227 (1989).
- 1342 46. Tambs, K., Sundet, J. M. & Berg, K. Correlations between identical twins and their spouses
 1343 suggest social homogamy for intelligence in Norway. *Personal. Individ. Differ.* 14, 279–
 1344 281 (1993).
- 1345 47. Cattell, R. B. & Willson, J. L. Contributions concerning mental inheritance: I. of
- 1346 intelligence. Br. J. Educ. Psychol. 8, 129–149 (1938).

- 1347 48. Johnson, W. *et al.* Genetic and environmental influences on the Verbal-Perceptual-Image
- Rotation (VPR) model of the structure of mental abilities in the Minnesota study of twins
 reared apart. *Intelligence* 35, 542–562 (2007).
- 1350 49. Keller, M. C. et al. The genetic correlation between height and IQ: shared genes or
- assortative mating? *PLoS Genet.* **9**, e1003451 (2013).
- 1352 50. Nagoshi, C. T. & Johnson, R. C. The ubiquity of g. *Personal. Individ. Differ.* 7, 201–207
 1353 (1986).
- 1354 51. Jester, J. M. *et al.* Intergenerational transmission of neuropsychological executive
 1355 functioning. *Brain Cogn.* 70, 145–153 (2009).
- 1356 52. Vinkhuyzen, A. A. E., van der Sluis, S., Maes, H. H. M. & Posthuma, D. Reconsidering the
- 1357Heritability of Intelligence in Adulthood: Taking Assortative Mating and Cultural

1358 Transmission into Account. *Behav. Genet.* **42**, 187–198 (2012).

- 1359 53. Loehlin, J. C., Horn, J. M. & Willerman, L. Modeling IQ change: evidence from the Texas
 1360 Adoption Project. *Child Dev.* 993–1004 (1989).
- 1361 54. Zonderman, A. B., Vandenberg, S. G., Spuhler, K. P. & Fain, P. R. Assortative marriage for
 1362 cognitive abilities. *Behav. Genet.* 7, 261–271 (1977).
- 1363 55. Eaves, L. *et al.* Comparing the biological and cultural inheritance of personality and social
 1364 attitudes in the Virginia 30,000 study of twins and their relatives. *Twin Res.* 2, 62–80
- 1365 (1999).
- 1366 56. Leikas, S., Ilmarinen, V.-J., Verkasalo, M., Vartiainen, H.-L. & Lönnqvist, J.-E.
- 1367 Relationship satisfaction and similarity of personality traits, personal values, and attitudes.
- 1368 *Personal. Individ. Differ.* **123**, 191–198 (2018).

- 1369 57. Martin, N. G. *et al.* Transmission of social attitudes. *Proc. Natl. Acad. Sci.* 83, 4364–4368
 1370 (1986).
- 1371 58. Feather, N. T. Family resemblances in conservatism: Are daughters more similar to parents
 1372 than sons are? *J. Pers.* 46, 260–278 (1978).
- 1373 59. Rozin, P. Family resemblance in food and other domains: The family paradox and the role
 1374 of parental congruence. *Appetite* 16, 93–102 (1991).
- 1375 60. Bell, E., Kandler, C. & Riemann, R. Genetic and environmental influences on sociopolitical
 1376 attitudes: addressing some gaps in the new paradigm. *Polit. Life Sci.* 37, 236–249 (2018).
- 1377 61. Abrahamson, A. C., Baker, L. A. & Caspi, A. Rebellious teens? Genetic and environmental
- 1378 influences on the social attitudes of adolescents. J. Pers. Soc. Psychol. 83, 1392–1408
 1379 (2002).
- Eysenck, H. J. & Wakefield Jr, J. A. Psychological factors as predictors of marital
 satisfaction. *Adv. Behav. Res. Ther.* 3, 151–192 (1981).
- Beer, J. M., Arnold, R. D. & Loehlin, J. C. Genetic and environmental influences on MMPI
 factor scales: joint model fitting to twin and adoption data. *J. Pers. Soc. Psychol.* 74, 818
 (1998).
- 1385 64. Koenig, L. B., McGue, M. & Iacono, W. G. Rearing environmental influences on
- religiousness: An investigation of adolescent adoptees. *Personal. Individ. Differ.* 47, 652–
 656 (2009).
- 1388 65. Galbaud Du Fort, G., Bland, R. C., Newman, S. C. & Boothroyd, L. J. Spouse similarity for
 1389 lifetime psychiatric history in the general population. *Psychol. Med.* 28, 789–802 (1998).
- 1390 66. Maes, H. H. et al. Assortative mating for major psychiatric diagnoses in two population-
- 1391 based samples. *Psychol. Med.* **28**, 1389–1401 (1998).

- 1392 67. Ostermann, J., Sloan, F. A. & Taylor, D. H. Heavy alcohol use and marital dissolution in
 1393 the USA. *Soc. Sci. Med.* 61, 2304–2316 (2005).
- 1394 68. Grant, J. D. *et al.* Spousal concordance for alcohol dependence: evidence for assortative
 1395 mating or spousal interaction effects? *Alcohol. Clin. Exp. Res.* **31**, 717–728 (2007).
- 1396 69. Price, R. A. & Vandenberg, S. G. Spouse similarity in American and Swedish couples.
- 1397 Behav. Genet. 10, 59–71 (1980).
- 1398 70. Di Castelnuovo, A. et al. Cardiovascular risk factors and global risk of fatal cardiovascular
- disease are positively correlated between partners of 802 married couples from different
- 1400 European countries. *Thromb. Haemost.* **98**, 648–655 (2007).
- 1401 71. Al Rashid, K. *et al.* Spousal associations of serum metabolomic profiles by nuclear
 1402 magnetic resonance spectroscopy. *Sci. Rep.* 11, 21587 (2021).
- 1403 72. Pérusse, L., Leblanc, C. & Bouchard, C. Familial resemblance in lifestyle components:
- results from the Canada Fitness Survey. *Can. J. Public Health Rev. Can. Sante Publique* 79,
 201–205 (1988).
- 1406 73. Leonard, K. E. & Das Eiden, R. Husband's and wife's drinking: unilateral or bilateral
- 1407 influences among newlyweds in a general population sample. J. Stud. Alcohol. Suppl. 130–
 1408 138 (1999).
- 1409 74. Clarke, T.-K. *et al.* Genetic and shared couple environmental contributions to smoking and
 1410 alcohol use in the UK population. *Mol. Psychiatry* 26, 4344–4354 (2021).
- 1411 75. Garn, S. M., Cole, P. E. & Bailey, S. M. Living together as a factor in family-line
- 1412 resemblances. *Hum. Biol.* **51**, 565–587 (1979).

- 1413 76. Pyke, S. D., Wood, D. A., Kinmonth, A. L. & Thompson, S. G. Change in coronary risk
- and coronary risk factor levels in couples following lifestyle intervention. The British
 Family Heart Study. *Arch. Fam. Med.* 6, 354–360 (1997).
- 1416 77. Jurj, A. L. *et al.* Spousal correlations for lifestyle factors and selected diseases in Chinese
 1417 couples. *Ann. Epidemiol.* 16, 285–291 (2006).
- 1418 78. Venters, M. H., Jacobs Jr, D. R., Luepker, R. V., Maimaw, L. A. & Gillum, R. F. Spouse
 1419 concordance of smoking patterns: the Minnesota Heart Survey. *Am. J. Epidemiol.* 120,
 1420 608–616 (1984).
- 1421 79. Cobb, L. K. *et al.* The association of spousal smoking status with the ability to quit
- smoking: the Atherosclerosis Risk in Communities Study. *Am. J. Epidemiol.* 179, 1182–
 1187 (2014).
- 1424 80. Stimpson, J. P., Masel, M. C., Rudkin, L. & Peek, M. K. Shared health behaviors among
 1425 older Mexican American spouses. *Am. J. Health Behav.* 30, 495–502 (2006).
- 1426 81. Maes, H. H. et al. Cross-cultural comparison of genetic and cultural transmission of
- smoking initiation using an extended twin kinship model. *Twin Res. Hum. Genet.* 21, 179–
 1428 190 (2018).
- 1429 82. Boomsma, D. I., Koopmans, J. R., Van Doornen, L. J. & Orlebeke, J. F. Genetic and social
- influences on starting to smoke: a study of Dutch adolescent twins and their parents.
- 1431 *Addiction* **89**, 219–226 (1994).
- 1432 83. Nakaya, N. et al. Spousal similarities in cardiometabolic risk factors: A cross-sectional
- 1433 comparison between Dutch and Japanese data from two large biobank studies.
- 1434 *Atherosclerosis* **334**, 85–92 (2021).

- 1435 84. Wilcox, M. A., Newton, C. S. & Johnson, I. R. Paternal influences on birthweight. *Acta*1436 *Obstet. Gynecol. Scand.* 74, 15–18 (1995).
- 1437 85. Gleiberman, L., Harburg, E., DiFranceisco, W. & Schork, A. Familial transmission of
- alcohol use: v. drinking patterns among spouses, tecumseh, michigan. *Behav. Genet.* 22,
- 143963–79 (1992).
- 1440 86. Sutton, G. C. Assortative marriage for smoking habits. Ann. Hum. Biol. 7, 449–456 (1980).
- 1441 87. Cotch, M. F., Beaty, T. H. & Cohen, B. H. Path analysis of familial resemblance of
- 1442 pulmonary function and cigarette smoking. *Am. Rev. Respir. Dis.* 142, 1337–1343 (1990).
- 1443 88. Kalmijn, M. Intergenerational transmission of health behaviors in a changing demographic
- 1444 context: The case of smoking and alcohol consumption. *Soc. Sci. Med.* **296**, 114736 (2022).
- 1445 89. Bloch, K. V., Klein, C. H., de Souza e Silva, N. A., Nogueira, A. da R. & Salis, L. H. A.
- 1446 Socioeconomic aspects of spousal concordance for hypertension, obesity, and smoking in a
- 1447 community of Rio de Janeiro, Brazil. Arq. Bras. Cardiol. **80**, 179–186, 171–178 (2003).
- 1448 90. Clark, A. E. & Etilé, F. Don't give up on me baby: Spousal correlation in smoking
- 1449 behaviour. J. Health Econ. 25, 958–978 (2006).
- 1450 91. Ogden, M. W., Morgan, W. T., Heavner, D. L., Davis, R. A. & Steichen, T. J. National
- incidence of smoking and misclassification among the U.S. married female population. J.
- 1452 *Clin. Epidemiol.* **50**, 253–263 (1997).
- 1453 92. Espinosa, J. & Evans, W. N. Heightened mortality after the death of a spouse: Marriage
 1454 protection or marriage selection? *J. Health Econ.* 27, 1326–1342 (2008).
- 1455 93. Wilson, S. E. The health capital of families: an investigation of the inter-spousal correlation
 1456 in health status. *Soc. Sci. Med.* 55, 1157–1172 (2002).

- Jackson, S. E., Steptoe, A. & Wardle, J. The influence of partner's behavior on health
 behavior change: the English Longitudinal Study of Ageing. *JAMA Intern. Med.* 175, 385–
 392 (2015).
- 1460 95. Jeong, S. & Cho, S.-I. Concordance in the health behaviors of couples by age: a cross1461 sectional study. *J. Prev. Med. Pub. Health* 51, 6 (2018).
- 1462 96. Homish, G. G. & Leonard, K. E. Spousal influence on smoking behaviors in a US
- 1463 community sample of newly married couples. *Soc. Sci. Med.* **61**, 2557–2567 (2005).
- 1464 97. Pai, C.-W., Godboldo-Brooks, A. & Edington, D. W. Spousal concordance for overall
- health risk status and preventive service compliance. *Ann. Epidemiol.* **20**, 539–546 (2010).
- 1466 98. Machado, M. P. A. *et al.* Alcohol and tobacco consumption concordance and its correlates
 1467 in older couples in Latin America. *Geriatr. Gerontol. Int.* 17, 1849–1857 (2017).
- 1468 99. Nordsletten, A. E. et al. Patterns of nonrandom mating within and across 11 major

1469 psychiatric disorders. JAMA Psychiatry 73, 354–361 (2016).

- 1470 100. Kirillova, G. P., Vanyukov, M. M., Kirisci, L. & Reynolds, M. Physical maturation, peer
- 1471 environment, and the ontogenesis of substance use disorders. *Psychiatry Res.* 158, 43–53
 1472 (2008).
- 1473 101. Sakai, J. T. et al. Mate similarity for substance dependence and antisocial personality
- 1474 disorder symptoms among parents of patients and controls. *Drug Alcohol Depend.* 75, 165–
 1475 175 (2004).
- 1476 102. McCrae, R. R. *et al.* Personality trait similarity between spouses in four cultures. *J. Pers.*
- **1477 76**, 1137–1164 (2008).
- 1478 103. Rammstedt, B. & Schupp, J. Only the congruent survive–personality similarities in couples.
- 1479 *Personal. Individ. Differ.* **45**, 533–535 (2008).

- 104. Chopik, W. J. & Lucas, R. E. Actor, partner, and similarity effects of personality on global
 and experienced well-being. *J. Res. Personal.* 78, 249–261 (2019).
- 1482 105. Vandermeer, M. R. J., Kotelnikova, Y., Simms, L. J. & Hayden, E. P. Spousal Agreement
- 1483 on Partner Personality Ratings is Moderated by Relationship Satisfaction. J. Res. Personal.
- **1484 76**, 22–31 (2018).
- 1485 106. Watson, D., Beer, A. & McDade-Montez, E. The role of active assortment in spousal
 1486 similarity. *J. Pers.* 82, 116–129 (2014).
- 1487 107. Barelds, D. P. Self and partner personality in intimate relationships. *Eur. J. Personal. Publ.*1488 *Eur. Assoc. Personal. Psychol.* 19, 501–518 (2005).
- 1489 108. van Scheppingen, M. A., Chopik, W. J., Bleidorn, W. & Denissen, J. J. A. Longitudinal
- 1490 Actor, Partner and Similarity Effects of Personality on Well-Being. *J. Pers. Soc. Psychol.*1491 117, e51–e70 (2019).
- 109. Dijkstra, P. & Barelds, D. P. H. Self and partner personality and responses to relationship
 threats. *J. Res. Personal.* 42, 1500–1511 (2008).
- 1494 110. Mosca, I. & McCrory, C. Personality and wealth accumulation among older couples: Do
 1495 dispositional characteristics pay dividends? *J. Econ. Psychol.* 56, 1–19 (2016).
- 1496 111. Thompson, E. R. Development and validation of an international english big-five mini-
- 1497 markers. *Personal. Individ. Differ.* **45**, 542–548 (2008).
- 1498 112. Dubuis-Stadelmann, E., Fenton, B. T., Ferrero, F. & Preisig, M. Spouse similarity for
- temperament, personality and psychiatric symptomatology. *Personal. Individ. Differ.* **30**,
- 1500 1095–1112 (2001).

1501	113. Tambs, K., Sundet, J. M., Eaves, L., Solaas, M. H. & Berg, K. Pedigree analysis of Eysenck
1502	Personality Questionnaire (EPQ) scores in monozygotic (MZ) twin families. Behav. Genet.
1503	21 , 369–382 (1991).

- 1504 114. Guttman, R. & Zohar, A. Spouse similarities in personality items: Changes over years of
- 1505 marriage and implications for mate selection. *Behav. Genet.* **17**, 179–189 (1987).
- 1506 115. Eysenck, H. J. Personality, premarital sexual permissiveness, and assortative mating. *J. Sex*1507 *Res.* 10, 47–51 (1974).
- 1508 116. Patterson, C. H. The relationship of Bernreuter scores to parent behavior, child behavior,
- urban-rural residence, and other background factors in 100 normal adult parents. J. Soc.
- 1510 *Psychol.* **24**, 3–49 (1946).
- 1511 117. Terman, L. M. & Buttenwieser, P. Personality factors in marital compatibility: II. *J. Soc.*1512 *Psychol.* 6, 267–289 (1935).
- 1513 118. Rushton, J. P. & Bons, T. A. Mate choice and friendship in twins: evidence for genetic
 1514 similarity. *Psychol. Sci.* 16, 555–559 (2005).
- 1515 119. Farley, F. H. & Davis, S. A. Arousal, Personality, and Assortative Mating in Marriage. J.
 1516 Sex Marital Ther. 3, 122–127 (1977).
- 1517 120. Sutton, G. C. Do men grow to resemble their wives, or vice versa? *J. Biosoc. Sci.* 25, 25–29
 1518 (1993).
- 1519 121. Abdellaoui, A. *et al.* Associations between loneliness and personality are mostly driven by
 1520 a genetic association with Neuroticism. *J. Pers.* 87, 386–397 (2019).
- 1521 122. Hoffeditz, E. L. Family resemblances in personality traits. *J. Soc. Psychol.* 5, 214–227
 1522 (1934).

- 1523 123. Donnellan, M. B., Conger, R. D. & Bryant, C. M. The Big Five and enduring marriages. *J.*1524 *Res. Personal.* 38, 481–504 (2004).
- 1525 124. Lake, R. I., Eaves, L. J., Maes, H. H., Heath, A. C. & Martin, N. G. Further evidence
- against the environmental transmission of individual differences in neuroticism from a
- 1527 collaborative study of 45,850 twins and relatives on two continents. *Behav. Genet.* 30, 223–
 1528 233 (2000).
- 1529 125. Ormel, J., Riese, H. & Rosmalen, J. G. M. Interpreting neuroticism scores across the adult
- 1530 life course: immutable or experience-dependent set points of negative affect? *Clin. Psychol.*
- 1531 *Rev.* **32**, 71–79 (2012).
- 126. Chopik, W. J. & Johnson, D. J. Modeling dating decisions in a mock swiping paradigm: An
 examination of participant and target characteristics. *J. Res. Personal.* 92, 104076 (2021).
- 1534 127. Sebro, R., Peloso, G. M., Dupuis, J. & Risch, N. J. Structured mating: patterns and
- 1535 implications. *PLoS Genet.* **13**, e1006655 (2017).
- 128. Kim, H. C. *et al.* Spousal concordance of metabolic syndrome in 3141 Korean couples: a
 nationwide survey. *Ann. Epidemiol.* 16, 292–298 (2006).
- 1538 129. Pennock-Román, M. Assortative marriage for physical characteristics in newlyweds. *Am. J.*1539 *Phys. Anthropol.* 64, 185–190 (1984).
- 1540 130. Staessen, J. et al. Familial aggregation of blood pressure, anthropometric characteristics and
- 1541 urinary excretion of sodium and potassium—a population study in two Belgian towns. *J*.
- 1542 *Chronic Dis.* **38**, 397–407 (1985).
- 1543 131. Katzmarzyk, P. T., Hebebrand, J. & Bouchard, C. Spousal resemblance in the Canadian
- 1544 population: implications for the obesity epidemic. *Int. J. Obes.* **26**, 241–246 (2002).

- 1545 132. Wu, D.-M. *et al.* Familial resemblance of adiposity-related parameters: results from a health
 check-up population in Taiwan. *Eur. J. Epidemiol.* 18, 221–226 (2003).
- 1547 133. Zahra, J., Jago, R. & Sebire, S. J. Associations between parenting partners' objectively-
- 1548 assessed physical activity and Body Mass Index: A cross-sectional study. *Prev. Med. Rep.*
- **1549 2**, 473–477 (2015).
- 1550 134. Longini Jr, I. M., Higgins, M. W., Hinton, P. C., Moll, P. P. & Keller, J. B. Genetic and
 1551 environmental sources of familial aggregation of body mass in Tecumseh, Michigan. *Hum.*1552 *Biol.* 733–757 (1984).
- 1553 135. Tambs, K. et al. Genetic and environmental contributions to the variance of the body mass
- index in a Norwegian sample of first- and second-degree relatives. *Am. J. Hum. Biol.* 3,
 257–267 (1991).
- 136. Knuiman, M. W., Divitini, M. L., Bartholomew, H. C. & Welborn, T. A. Spouse
- correlations in cardiovascular risk factors and the effect of marriage duration. *Am. J. Epidemiol.* 143, 48–53 (1996).
- 137. Jee, S. H., Suh, I., Won, S. Y. & Kim, M. Y. Familial correlation and heritability for
 cardiovascular risk factors. *Yonsei Med. J.* 43, 160–164 (2002).
- 1561 138. Davillas, A. & Pudney, S. Concordance of health states in couples: analysis of self-
- reported, nurse administered and blood-based biomarker data in the UK Understanding
 Society panel. *J. Health Econ.* 56, 87–102 (2017).
- 1564 139. Moll, P. P., Burns, T. L. & Lauer, R. M. The genetic and environmental sources of body
- mass index variability: the Muscatine Ponderosity Family Study. *Am. J. Hum. Genet.* 49,
 1243 (1991).

- 1567 140. van Dongen, J., Willemsen, G., Chen, W.-M., de Geus, E. J. C. & Boomsma, D. I.
- Heritability of metabolic syndrome traits in a large population-based sample[S]. J. Lipid *Res.* 54, 2914–2923 (2013).
- 1570 141. Prichard, I. et al. Brides and young couples: partners' weight, weight change, and
- 1571 perceptions of attractiveness. J. Soc. Pers. Relatsh. 32, 263–278 (2015).
- 1572 142. Province, M. A. & Rao, D. C. Path analysis of family resemblance with temporal trends:
- applications to height, weight, and Quetelet index in northeastern Brazil. *Am. J. Hum.*
- 1574 *Genet.* 37, 178 (1985).
- 1575 143. Chien, K. L. *et al.* Familial aggregation of metabolic syndrome among the Chinese: Report
- 1576 from the Chin-Shan community family study. *Diabetes Res. Clin. Pract.* 76, 418–424
 1577 (2007).
- 1578 144. Knight, B. *et al.* Evidence of genetic regulation of fetal longitudinal growth. *Early Hum.*1579 *Dev.* 81, 823–831 (2005).
- 145. Bouchard, C., Perusse, L., Leblanc, C., Tremblay, A. & Theriault, G. Inheritance of the
 amount and distribution of human body fat. *Int. J. Obes.* 12, 205–215 (1988).
- 1582 146. Friedlander, Y., Kark, J. D., Kaufmann, N. A., Berry, E. M. & Stein, Y. Familial
- aggregation of body mass index in ethnically diverse families in Jerusalem. The Jerusalem
 Lipid Research Clinic. *Int. J. Obes.* 12, 237–247 (1988).
- 1585 147. Silverman-Retana, O. *et al.* Spousal concordance in pathophysiological markers and risk
- 1586 factors for type 2 diabetes: a cross-sectional analysis of The Maastricht Study. *BMJ Open*
- 1587 *Diabetes Res. Care* **9**, e001879 (2021).
- 1588 148. Sear, R. & Marlowe, F. W. How universal are human mate choices? Size does not matter
- 1589 when Hadza foragers are choosing a mate. *Biol. Lett.* 5, 606–609 (2009).

1590	149. Silventoinen, K., Kaprio, J., Lahelma, E., Viken, R. J. & Rose, R. J. Assortative mating by
1591	body height and BMI: Finnish twins and their spouses. Am. J. Hum. Biol. 15, 620-627
1592	(2003).

- 1593 150. Mueller, W. H. & Malina, R. M. Differential contribution of stature phenotypes to
- assortative mating in parents of Philadelphia black and white school children. *Am. J. Phys. Anthropol.* 45, 269–276 (1976).
- 1596 151. Heude, B. *et al.* Anthropometric relationships between parents and children throughout
- 1597 childhood: the Fleurbaix–Laventie Ville Santé Study. Int. J. Obes. 29, 1222–1229 (2005).
- 1598 152. Sanchez-Andres, A. & Mesa, M. Assortative mating in a Spanish population: effects of
- 1599 social factors and cohabitation time. J. Biosoc. Sci. 26, 441–50 (1994).
- 1600 153. Salces, I., Rebato, E. & Susanne, C. Evidence of phenotypic and social assortative mating
- 1601 for anthropometric and physiological traits in couples from the Basque country (Spain). *J.*1602 *Biosoc. Sci.* 36, 235–250 (2004).
- 1603 154. Ahmad, M. & Gilbert, R. I. Assortative mating for height in Pakistani arranged marriages.
- 1604 *J. Biosoc. Sci.* 17, 211–214 (1985).
- 1605 155. Ajala, O. et al. The relationship of height and body fat to gender-assortative weight gain in
- 1606 children. A longitudinal cohort study (EarlyBird 44). Int. J. Pediatr. Obes. 6, 223–228
- 1607 (2011).
- 1608 156. Annest, J. L., Sing, C. F., Biron, P. & Mongeau, J. G. Familial aggregation of blood
- 1609 pressure and weight in adoptive families: III. analysis of the role of shared genes and shared
- 1610 household environment in explaining family resemblance for height, weight and selected
- 1611 weight/height indices. *Am. J. Epidemiol.* **117**, 492–506 (1983).
- 1612 157. Burgess, E. W. & Wallin, P. Homogamy in personality characteristics. *J. Abnorm. Soc.*1613 *Psychol.* 39, 475 (1944).
- 1614 158. Byard, P. J., Poosha, D. V. R. & Satyanarayana, M. Genetic and environmental
- determinants of height and weight in families from Andhra Pradesh, India. *Hum. Biol.* 621–
 633 (1985).
- 1617 159. Byard, P. J., Mukherjee, B. N., Bhattacharya, S. K., Russell, J. M. & Rao, D. C. Familial
- aggregation of blood pressure and anthropometric variables in patrilocal households. *Am. J. Phys. Anthropol.* **79**, 305–311 (1989).
- 1620 160. Dasgupta, I., Dasgupta, P. & Daschaudhuri, A. B. Familial resemblance in height and
- weight in an endogamous Hahisya caste population of rural West Bengal. *Am. J. Hum. Biol. Off. J. Hum. Biol. Assoc.* 9, 7–9 (1997).
- 1623 161. Eckman, R. E., Williams, R. & Nagoshi, C. Marital assortment for genetic similarity. *J.*1624 *Biosoc. Sci.* 34, 511–523 (2002).
- 1625 162. Ellis, J. A. *et al.* Comprehensive multi-stage linkage analyses identify a locus for adult
- height on chromosome 3p in a healthy Caucasian population. *Hum. Genet.* 121, 213–222(2007).
- 1628 163. Ginsburg, E., Livshits, G., Yakovenko, K. & Kobyliansky, E. Major gene control of human
- body height, weight and BMI in five ethnically different populations. *Ann. Hum. Genet.* 62,
 307–322 (1998).
- 1631 164. Harrison, G. A., Gibson, J. B. & Hiorns, R. W. Assortative marriage for psychometric,
- 1632 personality and anthropometric variation in a group of Oxfordshire villages. J. Biosoc. Sci.
- **1633 8**, 145–153 (1976).

- 1634 165. Knuiman, M. W., Divitini, M. L. & Bartholomew, H. C. Spouse selection and
- 1635 environmental effects on spouse correlation in lung function measures. *Ann. Epidemiol.* 15,
 1636 39–43 (2005).
- 1637 166. Luo, Z. C., Albertsson-Wikland, K. & Karlberg, J. Target height as predicted by parental
- heights in a population-based study. *Pediatr. Res.* 44, 563–571 (1998).
- 1639 167. Mascie-Taylor, C. G. N. Assortative mating in a contemporary British population. *Ann.*1640 *Hum. Biol.* 14, 59–68 (1987).
- 1641 168. McManus, I. C. & Mascie-Taylor, C. G. Human assortative mating for height: non-linearity
 1642 and heteroscedasticity. *Hum. Biol.* 56, 617–623 (1984).
- 1643 169. Mukhopadhyay, N. *et al.* A genome-wide scan for loci affecting normal adult height in the
 1644 Framingham Heart Study. *Hum. Hered.* 55, 191–201 (2003).
- 1645 170. Nagoshi, C. T. & Johnson, R. C. Between- vs. within-family analyses of the correlation of
 1646 height and intelligence. *Soc. Biol.* 34, 110–113 (1987).
- 1647 171. Nance, W. E., Corey, L. A. & Eaves, L. J. A model for the analysis of mate selection in the
- 1648 marriages of twins application to data on stature. *Acta Genet. Medicae Gemellol. Twin Res.*
- **1649 29**, 91–101 (1980).
- 1650 172. Pearson, K. & Lee, A. On the laws of inheritance in man: I. Inheritance of physical
- 1651 characters. *Biometrika* **2**, 357–462 (1903).
- 1652 173. Pieper, U. Assortative mating in the population of a German and a Cameroon city. *J. Hum.*
- 1653 *Evol.* **10**, 643–645 (1981).
- 1654 174. Pomerat, C. M. Homogamy and infertility. *Hum. Biol.* **8**, 19 (1936).
- 1655 175. Raychaudhuri, A., Ghosh, R., Vasulu, T. S. & Bharati, P. Heritability estimates of height
- and weight in Mahishya caste population. *Int. J. Hum. Genet.* **3**, 151–154 (2003).

- 1657 176. Roberts, D. F., Billewicz, W. Z. & McGregor, I. Heritability of stature in a West African
 1658 population. *Ann. Hum. Genet.* 42, 15–24 (1978).
- 1659 177. Seki, M., Ihara, Y. & Aoki, K. Homogamy and imprinting-like effect on mate choice
- preference for body height in the current Japanese population. *Ann. Hum. Biol.* **39**, 28–35
 (2012).
- 1662 178. Siniarska, A. Assortative mating of parents and sib-sib similarities in offspring. *Stud Hum*1663 *Ecol* 5, 95–112 (1984).
- 1664 179. Smith, M. A research note on homogamy of marriage partners in selected physical
 1665 characteristics. *Am. Sociol. Rev.* 11, (1946).
- 1666 180. Stulp, G., Buunk, A. P. & Pollet, T. V. Women want taller men more than men want shorter
 1667 women. *Personal. Individ. Differ.* 54, 877–883 (2013).
- 1668 181. Stulp, G., Buunk, A. P., Pollet, T. V., Nettle, D. & Verhulst, S. Are human mating
- 1669 preferences with respect to height reflected in actual pairings? *PLoS One* **8**, e54186 (2013).
- 1670 182. Stulp, G., Mills, M., Pollet, T. V. & Barrett, L. Non-linear associations between stature and
- 1671 mate choice characteristics for American men and their spouses. *Am. J. Hum. Biol.* 26, 530–
 1672 537 (2014).
- 1673 183. Susanne, C. Heritability of anthropological characters. *Hum. Biol.* 573–580 (1977).
- 1674 184. Tambs, K. *et al.* Genetic and environmental contributions to the variance of body height in
- a sample of first and second degree relatives. *Am. J. Phys. Anthropol.* **88**, 285–294 (1992).
- 1676 185. Tenesa, A., Rawlik, K., Navarro, P. & Canela-Xandri, O. Genetic determination of height1677 mediated mate choice. *Genome Biol.* 16, 1–8 (2015).
- 1678 186. To, W. W. K., Cheung, W. & Kwok, J. S. Y. Paternal height and weight as determinants of
- 1679 birth weight in a Chinese population. *Am. J. Perinatol.* **15**, 545–548 (1998).

- 1680 187. Willoughby, R. R. Somatic homogamy in man. *Hum. Biol.* 5, 690 (1933).
- 1681 188. Xu, J. *et al.* Major recessive gene(s) with considerable residual polygenic effect regulating
- adult height: confirmation of genomewide scan results for chromosomes 6, 9, and 12. Am.
- 1683 *J. Hum. Genet.* **71**, 646–650 (2002).
- 1684 189. Stulp, G., Simons, M. J. P., Grasman, S. & Pollet, T. V. Assortative mating for human
 1685 height: a meta-analysis. *Am. J. Hum. Biol.* 29, e22917 (2017).
- 1686 190. Donahue, R. P., Prineas, R. J., Gomez, O. & Hong, C. P. Familial resemblance of body fat
- 1687 distribution: the Minneapolis Children's Blood Pressure Study. Int. J. Obes. Relat. Metab.
- 1688 Disord. J. Int. Assoc. Study Obes. 16, 161–167 (1992).
- 1689 191. Hippisley-Cox, J. Married couples' risk of same disease: cross sectional study. *BMJ* 325,
 1690 636–636 (2002).
- 1691 192. McLeod, J. D. Spouse concordance for depressive disorders in a community sample. *J.*1692 *Affect. Disord.* 27, 43–52 (1993).
- 1693 193. Al-Sharbatti, S. S., Abed, Y. I., Al-Heety, L. M. & Basha, S. A. Spousal concordance of
- diabetes mellitus among women in Ajman, United Arab Emirates. *Sultan Qaboos Univ. Med. J.* 16, e197 (2016).
- 1696 194. Sun, J. *et al.* Prevalence of diabetes and cardiometabolic disorders in spouses of diabetic
 1697 individuals. *Am. J. Epidemiol.* 184, 400–409 (2016).
- 1698 195. Patel, S. A. *et al.* Chronic disease concordance within Indian households: a cross-sectional
 1699 study. *PLoS Med.* 14, e1002395 (2017).
- 1700 196. Jun, S. Y., Kang, M., Kang, S. Y., Lee, J. A. & Kim, Y. S. Spousal Concordance regarding
- 1701 Lifestyle Factors and Chronic Diseases among Couples Visiting Primary Care Providers in
- 1702 Korea. Korean J. Fam. Med. 41, 183–188 (2020).

1704	hypertension, diabetes and dyslipidaemia in married couples: cross-sectional study using
1705	nationwide survey data in Japan. BMJ Open 10, e036281 (2020).
1706	198. Tama, B. A., Rodiyatul F. S., R. F. S. & Hermansyah, H. An early detection method of

197. Watanabe, T., Sugiyama, T., Takahashi, H., Noguchi, H. & Tamiya, N. Concordance of

- 1707 type-2 diabetes mellitus in public hospital. *TELKOMNIKA Telecommun. Comput. Electron.*
- 1708 *Control* **9**, 287 (2011).
- 1709 199. McLeod, J. D. Social and psychological bases of homogamy for common psychiatric
- 1710 disorders. J. Marriage Fam. 201–214 (1995).

1711

1703