

**Table 6.***Overview of all Included RCTs.*

Author (year)	TF-CBT Conditions (n)	Control Conditions (n)	Design	Participant-reported Outcomes (Instruments)	Proxy-reported Outcomes (Instruments)
Allen et al. (2021)	TF-CBT (n = 16) TF-CBT, animal-assisted (n = 17)	- -	Efficacy	PTSS (UCLA) Depression (SMFQ) Anxiety (SCARED)	PTSS (UCLA)
Brown et al. (2020)	TF-CBT (n = 7)	TAU/AT, Client-Centered Therapy (n = 10)	Efficacy	PTSS (CPSS) Depression (BASC Dep) Anxiety (BASC Anx) Grief (EGI-TG)	
Cohen et al. (2004); Deblinger et al. (2006)	TF-CBT (n = 89)	TAU/AT, Client-Centered Therapy (n = 91)	Efficacy	PTSS (K-SADS <sup>1</sup> ) Depression (CDI) Anxiety (STAIC-T)	
Cohen & Mannarino (1998); Cohen et al. (2005)	TF-CBT (n = 41)	TAU/AT, Non-directive Supportive Therapy (n = 41)	Efficacy	PTSS (TSCC-PTS) Depression (CDI) Anxiety (STAIC-T)	
Davidson et al. (2019)	TF-CBT (n = 7) TF-CBT, tablet-facilitated (n = 17)	- -	Effectiveness	PTSS (UCLA) Depression (CESD-C)	PTSS (UCLA)
Deblinger et al. (1996); Deblinger et al. (1999)	TF-CBT, child only (n = 21) TF-CBT, child and mother (n = 19)	TAU/AT (n = 20) <sup>2</sup> TAU/AT (n = 20) <sup>2</sup>	Efficacy	PTSS (K-SADS) Depression (CDI) Anxiety (STAIC-T)	
Diehle et al. (2015)	TF-CBT (n = 23)	TAU/AT, Eye Movement Desensitization and Reprocessing (n = 25)	Efficacy	PTSS (CAPS-CA) Depression (RCADS-mdd) Anxiety (RCADS <sup>3</sup> )	Depression (RCADS-mdd) Anxiety (RCADS <sup>3</sup> )

Dorsey et al. (2020)	TF-CBT Group, Urban Kenya (n = 96) TF-CBT Group, Rural Kenya (n = 64) TF-CBT Group, Urban Tanzania (n = 96) TF-CBT Group, Rural Tanzania (n = 64)	TAU/AT (n = 96) TAU/AT (n = 64) TAU/AT (n = 96) TAU/AT (n = 64)	Effectiveness	PTSS (CPSS) Grief (ICG)	PTSS (CPSS)
Dorsey et al. (2014)	TF-CBT, outcome data merged for both TF-CBT conditions (n = 27)	-	Efficacy	PTSS (UCLA) Depression (CDI)	PTSS (UCLA)
Goldbeck et al. (2016); Tutus et al. (2017)	TF-CBT (n = 76)	WL (n = 83)	Effectiveness	PTSS (CAPS-CA) Depression (CDI) Anxiety (SCARED)	PTSS (UCLA) Anxiety (SCARED)
Jaberghaderi et al. (2004)	TF-CBT (n = 7)	TAU/AT, Eye Movement Desensitization and Reprocessing (n = 7)	Efficacy	PTSS (CROPPS)	PTSS (PROPS)
Jensen et al. (2014); Jensen et al. (2017)	TF-CBT (n = 59)	TAU/AT (n = 63)	Effectiveness	PTSS (CPSS <sup>4</sup> ) Depression (MFQ) Anxiety (SCARED)	
King et al. (2000)	TF-CBT, child only (n = 12) TF-CB, child and mother (n = 12)	WL (n = 12) WL (n = 12)	Efficacy	PTSS (ADIS) Depression (CDI) Anxiety (R-CMAS)	
Langley et al. (2015)	TF-CBT Group, Bounce Back, immediate treatment (n = 35)	WL (n = 36)	Effectiveness	PTSS (UCLA) Depression (CDI) Anxiety (SCARED)	PTSS (UCLA) Depression (CDI)

	TF-CBT Group, Bounce Back, delayed treatment (n = 34)	-		
McMullen et al. (2013)	TF-CBT Group (n = 24)	WL (n = 24)	Effectiveness	PTSS (UCLA)
Nixon et al. (2012); Nixon et al. (2017)	TF-CBT (n = 17)	TAU/AT, TF-CBT without exposure (n = 16) <sup>5</sup>	Efficacy	PTSS (CAPS-CA) Depression (CDI) Anxiety (R-CMAS)
O'Callaghan et al. (2015)	TF-CBT Group (n = 26)	TAU/AT, Child Friendly Spaces (n = 24)	Effectiveness	PTSS (UCLA)
O'Callaghan et al. (2013)	TF-CBT Group (n = 24)	WL (n = 28)	Effectiveness	PTSS (UCLA)
Salloum et al. (2015)	TF-CBT (n = 11)	- <sup>6</sup>	Efficacy	PTSS (UCLA)
Santiago et al. (2018)	TF-CBT Group, Bounce Back, immediate treatment (n = 25)	WL (n = 27)	Effectiveness	PTSS (UCLA) Depression (CDI) Anxiety (SCARED)
Schottelkorb et al. (2012)	TF-CBT Group, Bounce Back, delayed treatment (n = 27)	-		
	TF-CBT (n = 12)	TAU/AT, Child- Centered Play Therapy (n = 14)	Effectiveness	PTSS (UCLA) PTSS (PROPS)

Note. Sample size displayed for the respective PTSS measure. TF-CBT = Trauma-focused Cognitive Behavioral Therapy; TAU = Treatment as Usual; AT = Active treatment condition; WL = Wait-list condition; PTSS = Post-traumatic Stress Symptoms; UCLA = UCLA Posttraumatic Stress Disorder-Reaction Index; (S)MFQ = Mood and Feelings Questionnaire, (Short Version); SCARED = Screen for Child Anxiety Related Emotional Disorders; CPSS = Child PTSD Symptom Scale; BASC Dep = Behavioral Assessment System for Children, Depression subscale; Anx = Anxiety subscale; EGI-TG = Extended Grief Inventory-Traumatic Grief Subscale; K-SADS = Schedule for Affective Disorders and Schizophrenia

for School-Age Children; CDI = Children's Depression Inventory; STAIC-T = State-Trait Anxiety Inventory for Children, Trait subscale; TSCC-PTS = Trauma Symptom Checklist for Children, Post-traumatic Stress subscale; CESD-C = Center for Epidemiological Studies Depression Scale for Children; CAPS-CA = Clinician-Administered PTSD Scale for Children and Adolescents; RCADS-mdd = Revised Child Anxiety and Depression Scale, major depressive disorder subscale; ICG = Inventory of Complicated Grief; CROPS = Child Report of Post-traumatic Symptoms; PROPS = Parent Report of Post-traumatic Symptoms; ADIS = Anxiety Disorders Interview Schedule, Child version; R-CMAS = Revised Children's Manifest Anxiety Scale.

<sup>1</sup> Weighted mean and pooled standard deviation for subscales Reexperiencing, Avoidance, Hypervigilance.

<sup>2</sup> Community condition not included.

<sup>3</sup> Weighted mean and pooled standard deviation for subscales Separation Anxiety Disorder, Social Phobia, Panic Disorder, Generalized Anxiety Disorder.

<sup>4</sup> CPSS was preferred over CAPS-CA to allow for follow-up.

<sup>5</sup> TF-CBT without exposure component was regarded as active non-TF-CBT condition.

<sup>6</sup> SC-TF-CBT condition was excluded from analyses as some participants received TF-CBT while others did not.

**Table 7.***Overview of all Included Uncontrolled Studies*

Author (year)	TF-CBT conditions (n)	Participant-reported Outcomes (Instruments)	Proxy-reported Outcomes (Instruments)
Amaya-Jackson et al. (2018)	TF-CBT (n = 156)	PTSS (UCLA) Depression (CDI)	PTSS (UCLA)
Cohen et al. (2006)	TF-CBT (n = 39)	PTSS (CPSS) Depression (MFQ) Grief (EGI-TG)	PTSS (CPSS)
Cohen et al. (2004)	TF-CBT (n = 22)	PTSS (CPSS) Depression (MFQ) Anxiety (SCARED) Grief (EGI-TG)	PTSS (CPSS)
Espeleta et al. (2021)	TF-CBT (n = 99)	PTSS (CPSS) Depression (SMFQ)	PTSS (CPSS)
Kirsch et al. (2011)	TF-CBT (n = 13)	PTSS (CAPS-CA) Depression (CDI) Anxiety (SCARED)	PTSS (UCLA)
Konanur et al. (2015)	TF-CBT (n = 56)	PTSS (TSCC-PTS <sup>1</sup> )	PTSS (TSCYC)
Lang et al. (2015)	TF-CBT (n = 188)	PTSS (UCLA) Depression (SMFQ)	
O'Donnell et al. (2014)	TF-CBT Group (n = 64)	PTSS (UCLA) Depression (SMFQ) Grief (GSS)	PTSS (UCLA) Depression (SMFQ)
Stewart et al. (2020)	TF-CBT, DSM-V (n = 26)	PTSS (CPSS)	
	TF-CBT, DSM-IV (n = 41)	PTSS (UCLA) Depression (SMFQ)	PTSS (UCLA) Depression (SMFQ)

	TF-CBT, DSM-V (n = 18)	PTSS (UCLA)	PTSS (UCLA)
Stewart et al. (2017)	TF-CBT (n = 15)	Depression (SMFQ) PTSS (UCLA)	Depression (SMFQ) PTSS (UCLA)
Unterhitzenberger et al. (2019)	TF-CBT (n = 26)	Depression (SMFQ) Anxiety (SCARED) PTSS (CATS)	Depression (SMFQ) Anxiety (SCARED) PTSS (CATS)
Webb et al. (2014)	TF-CBT (n = 70) TF-CBT Group USA (n = 4)	Depression (MFQ) PTSS (UCLA) PTSS (UCLA)	Depression (MFQ) PTSS (UCLA)
		Depression (CDI)	Depression (CDI)

*Note.* Sample size displayed for the respective PTSS measure. TF-CBT = Trauma-focused Cognitive Behavioral Therapy; PTSS = Post-traumatic Stress Symptoms; UCLA = UCLA Posttraumatic Stress Disorder-Reaction Index; CDI = Children's Depression Inventory; CPSS = Child PTSD Symptom Scale; (S)MFQ = Mood and Feelings Questionnaire, (Short Version); EGI-TG = Extended Grief Inventory-Traumatic Grief Subscale; SCARED = Screen for Child Anxiety Related Emotional Disorders; TSCC-PTS = Trauma Symptom Checklist for Children, Post-traumatic Stress subscale; TSCYC-PTS = Trauma Symptom Checklist for Young Children, Post-traumatic Stress subscale; CATS = Child and Adolescent Trauma Screen.

<sup>1</sup> Standard Deviation for baseline (pre-therapy) retrieved from earlier assessment point (pre-assessment).

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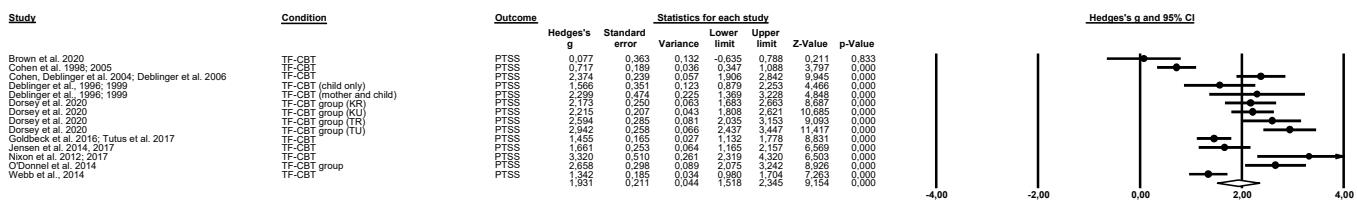
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# Child Maltreatment

**Table 8.**

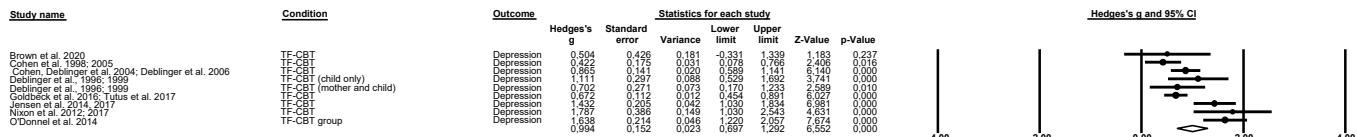
PTSS Pre-FU III Within-Group Effect Size.



KR = Kenya Rural; KU = Kenya Urban; TR = Tanzania Rural; TU = Tanzania Urban.

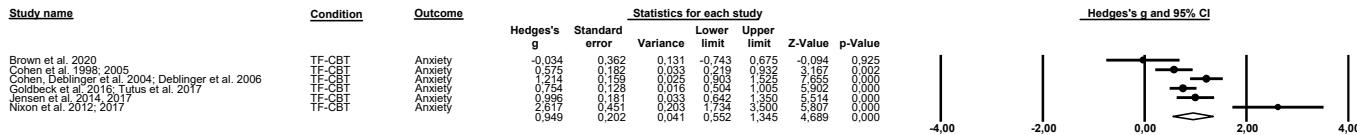
**Table 9.**

Depression Pre-FU III Within-Group Effect Size.



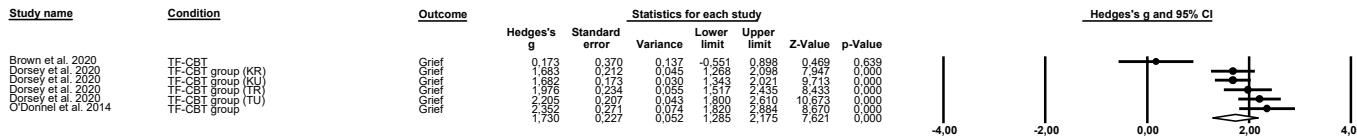
**Table 10.**

Anxiety Pre-FU III Within-Group Effect Size.



**Table 11.**

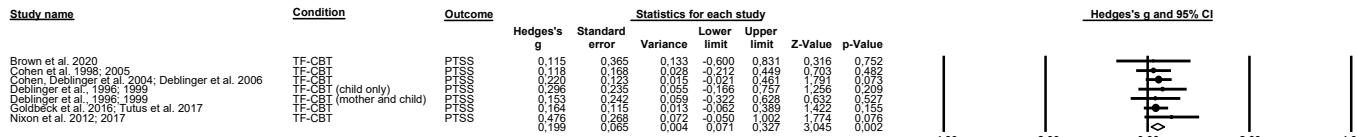
Grief Pre-FU III Within-Group Effect Size.



KR = Kenya Rural; KU = Kenya Urban; TR = Tanzania Rural; TU = Tanzania Urban.

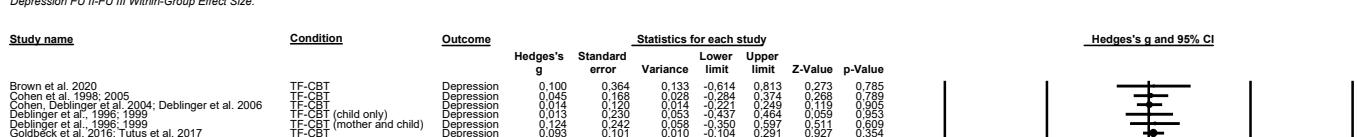
**Table 12.**

PTSS FU II-FU III Within-Group Effect Size.



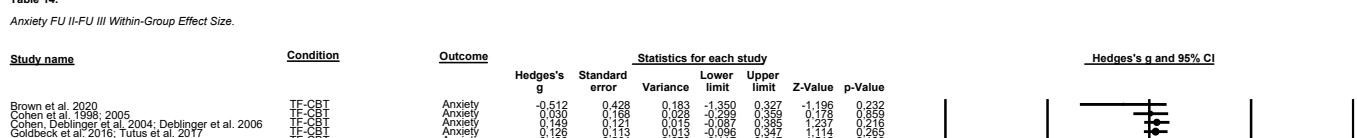
**Table 13.**

Depression FU II-FU III Within-Group Effect Size.



**Table 14.**

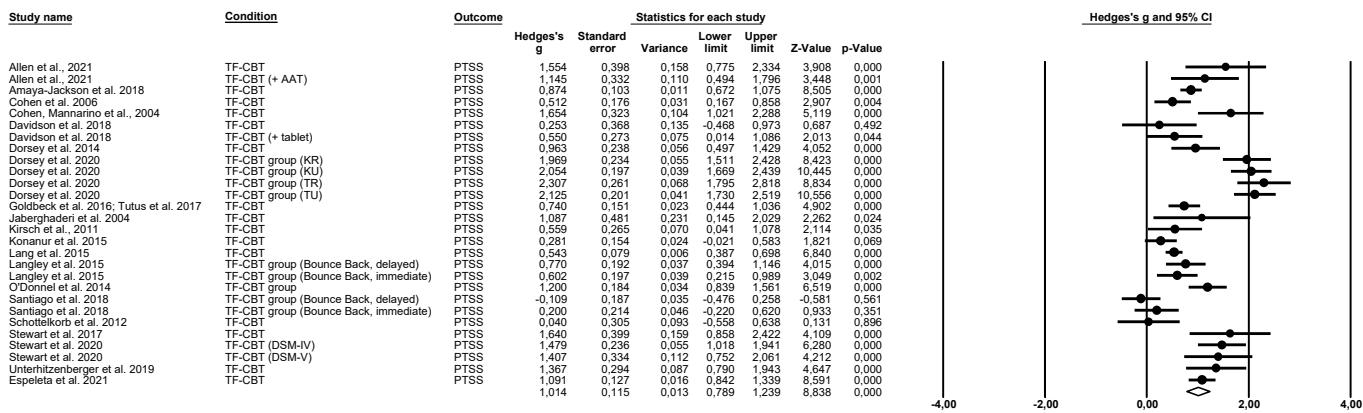
Anxiety FU II-FU III Within-Group Effect Size.



# Child Maltreatment

**Table 15.**

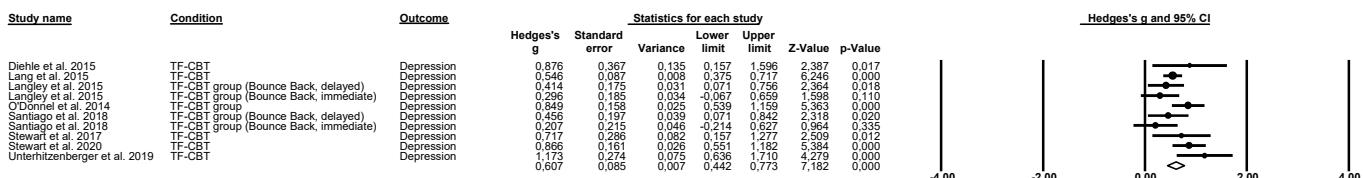
PTSS Pre-Post Proxy-Reported Within-Group Effect Size.



AAT = Animal-Assisted Therapy; KR = Kenya Rural; KU = Kenya Urban; TR = Tanzania Rural; TU = Tanzania Urban.

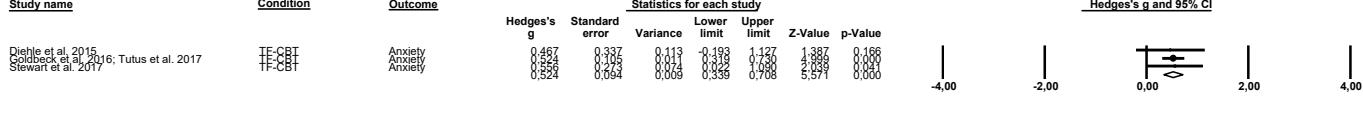
**Table 16.**

Depression Pre-Post Proxy-Reported Within-Group Effect Size.



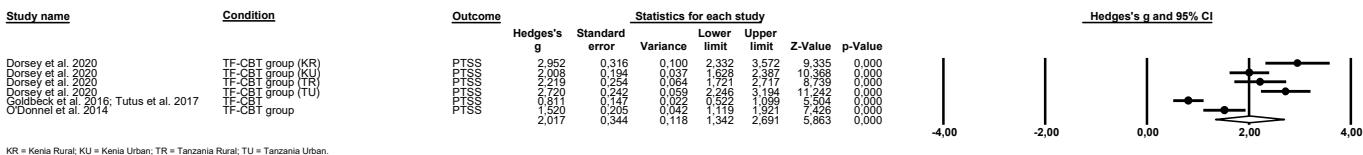
**Table 17.**

Anxiety Pre-Post Proxy-Reported Within-Group Effect Size.



**Table 18.**

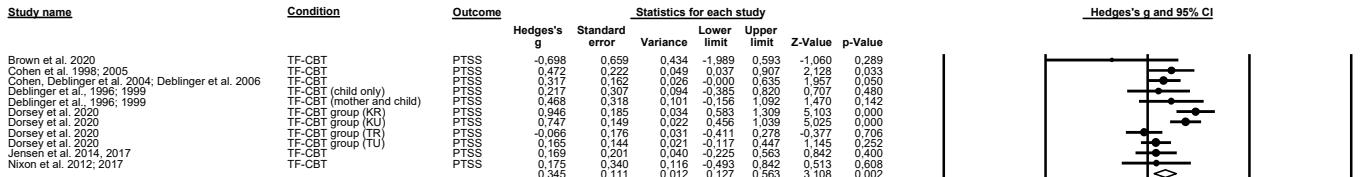
PTSS Pre-FU III Proxy-Reported Within-Group Effect Size.



KR = Kenya Rural; KU = Kenya Urban; TR = Tanzania Rural; TU = Tanzania Urban.

**Table 19.**

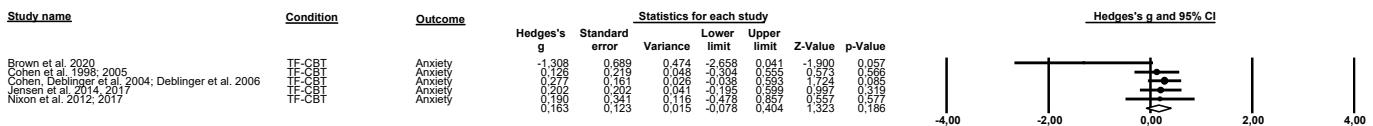
PTSS FU III Between-Group Effect Size.



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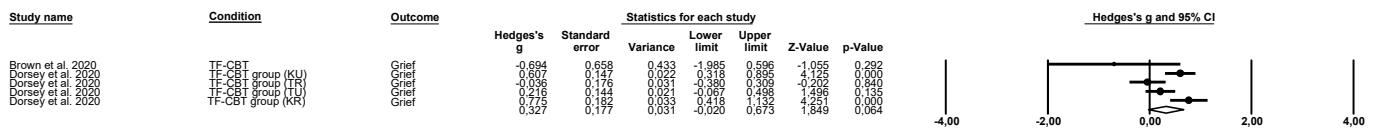
**Table 21.**

Anxiety FU III Between-Group Effect Size.



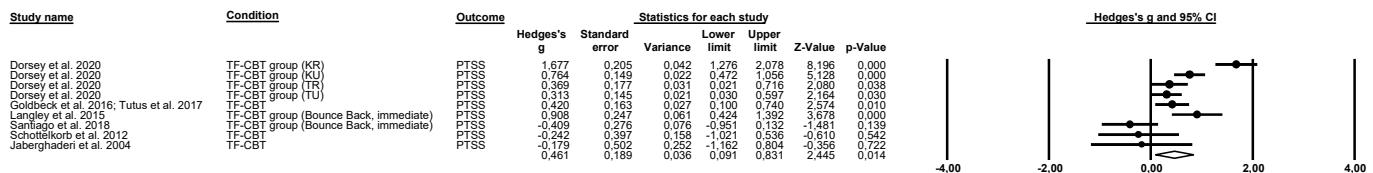
**Table 22.**

Grief FU III Between-Group Effect Size.



**Table 23.**

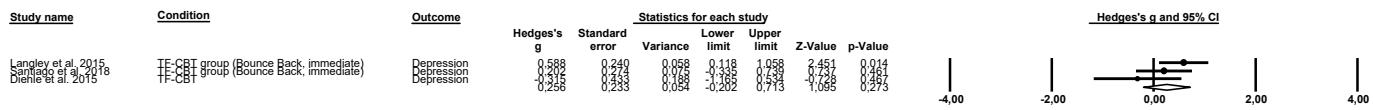
PTSS Post-Treatment Proxy-Reported Between-Group Effect Size.

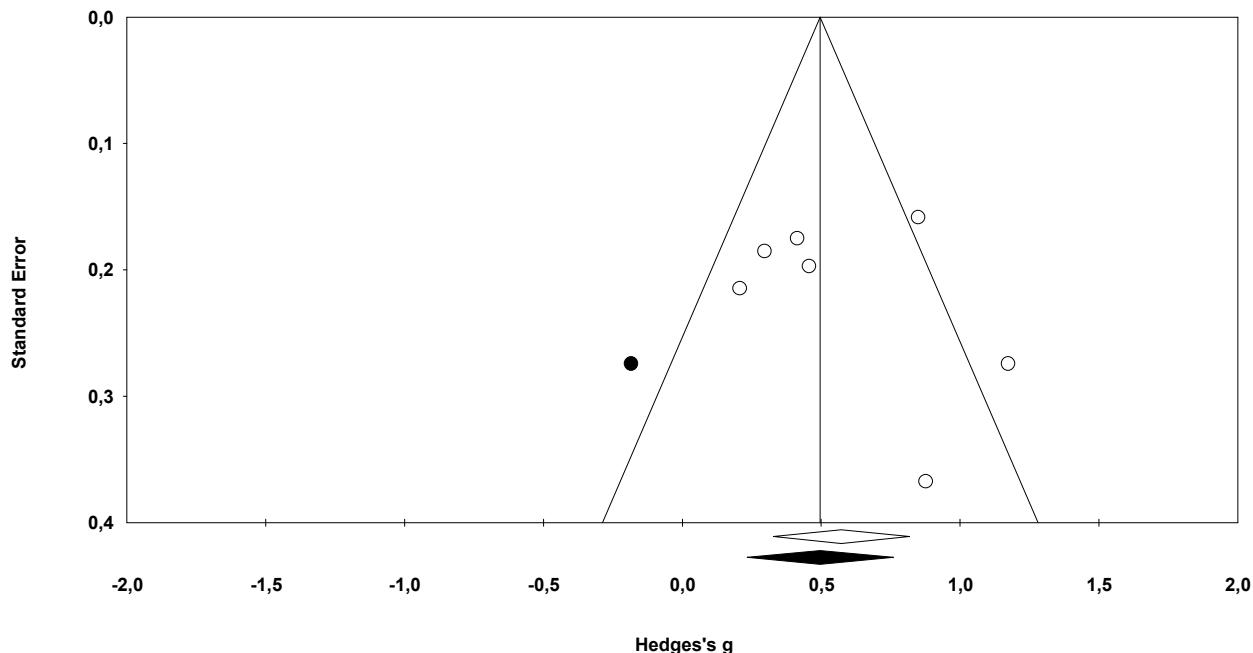


KR = Kenya Rural; KU = Kenya Urban; TR = Tanzania Rural; TU = Tanzania Urban.

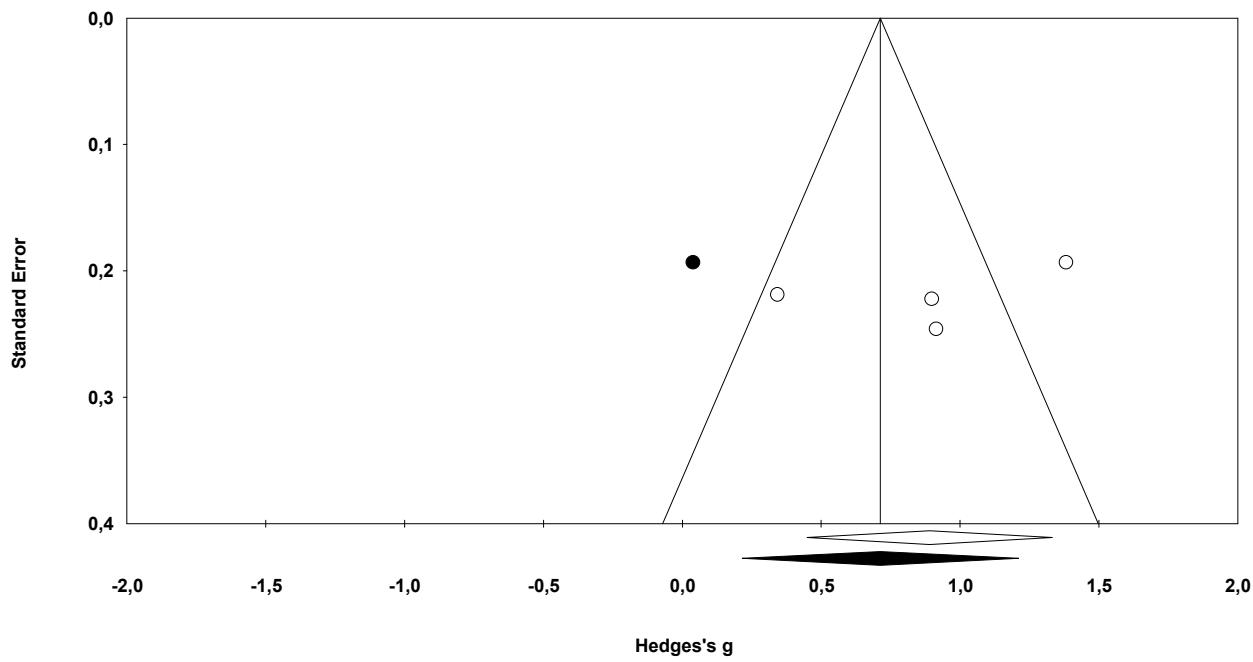
**Table 24.**

Depression Post-Treatment Proxy-Reported Between-Group Effect Size.

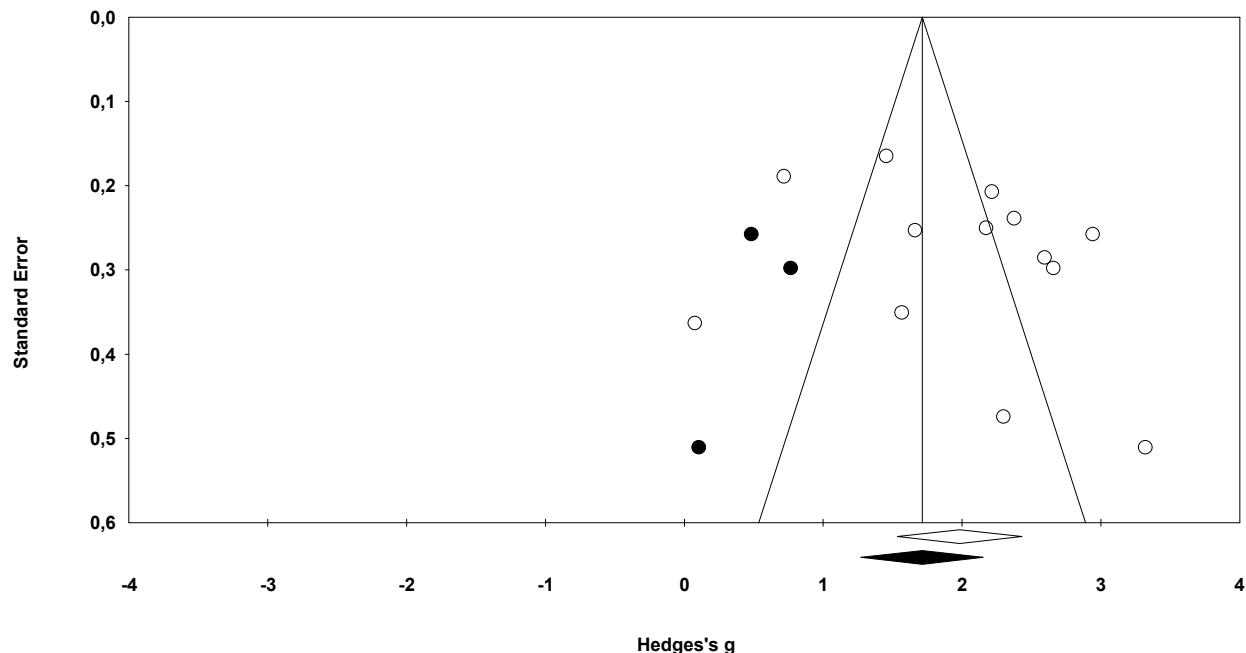


**Funnel Plot of Standard Error by Hedges's g for Depression (proxy-report, pre-post)**

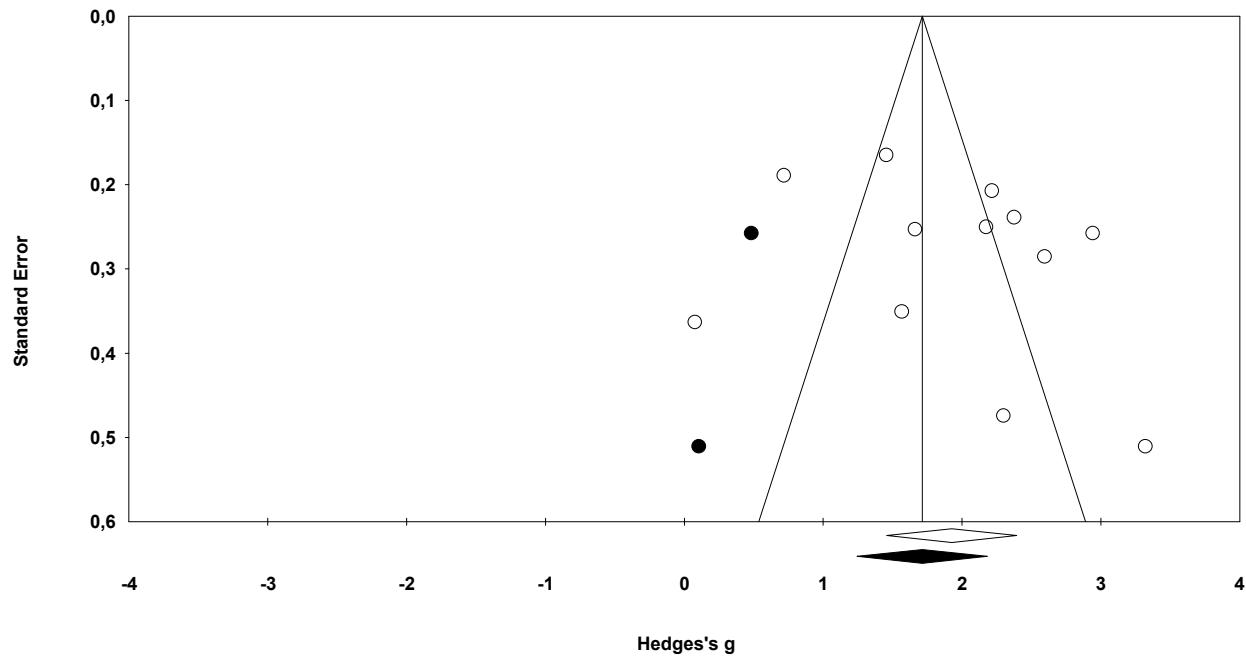
Note. Black circle represents imputed study.

**Funnel Plot of Standard Error by Hedges's g for PTSS (proxy-report, Pre-FU I)**

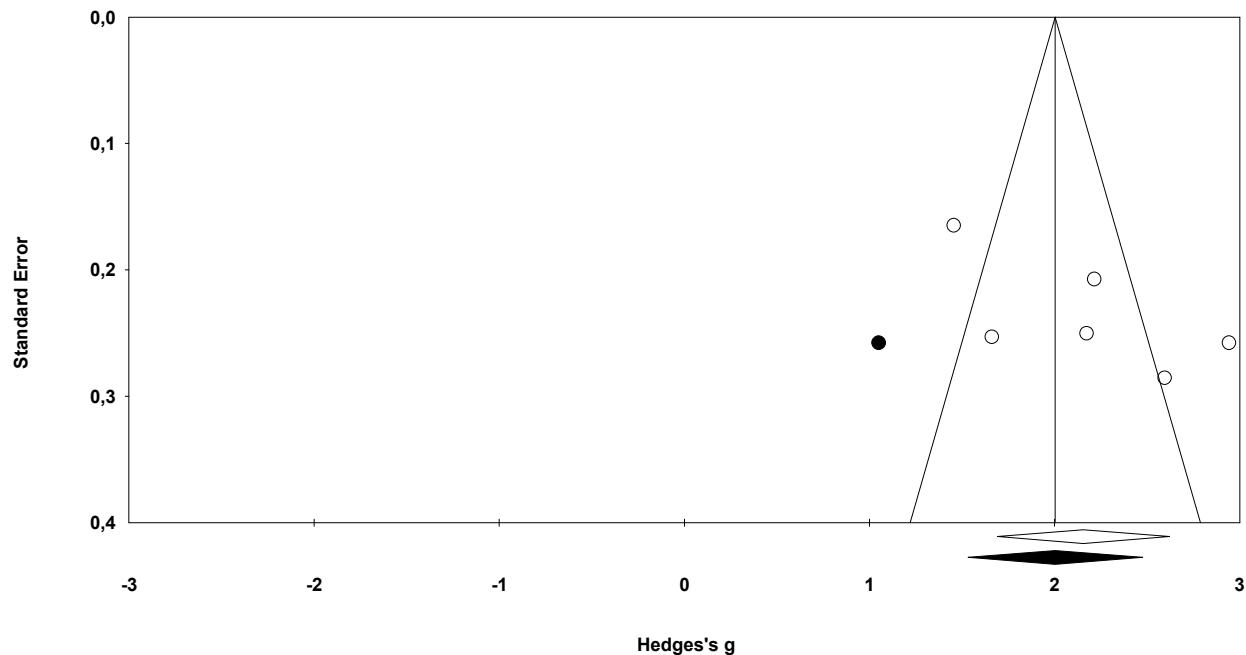
Note. Black circle represents imputed study.

**Funnel Plot of Standard Error by Hedges's g for PTSS (all studies, pre-FU III)**

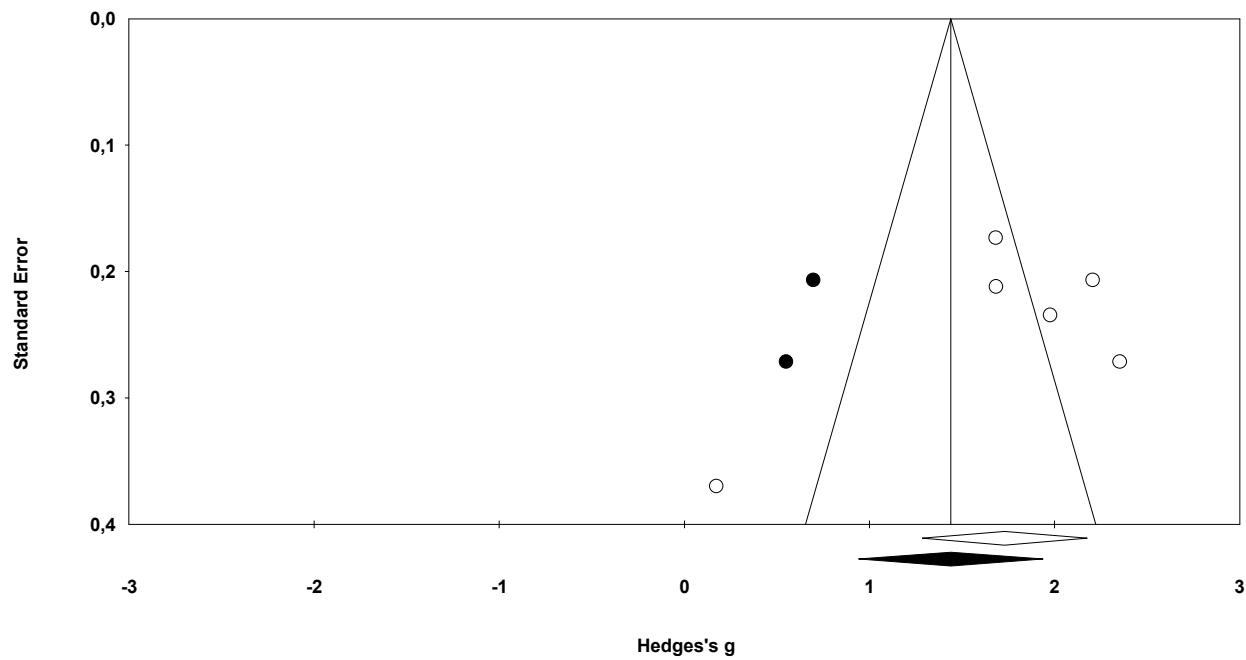
Note. Black circles represent imputed studies.

**Funnel Plot of Standard Error by Hedges's g for PTSS (RCTs only, Pre-FU III)**

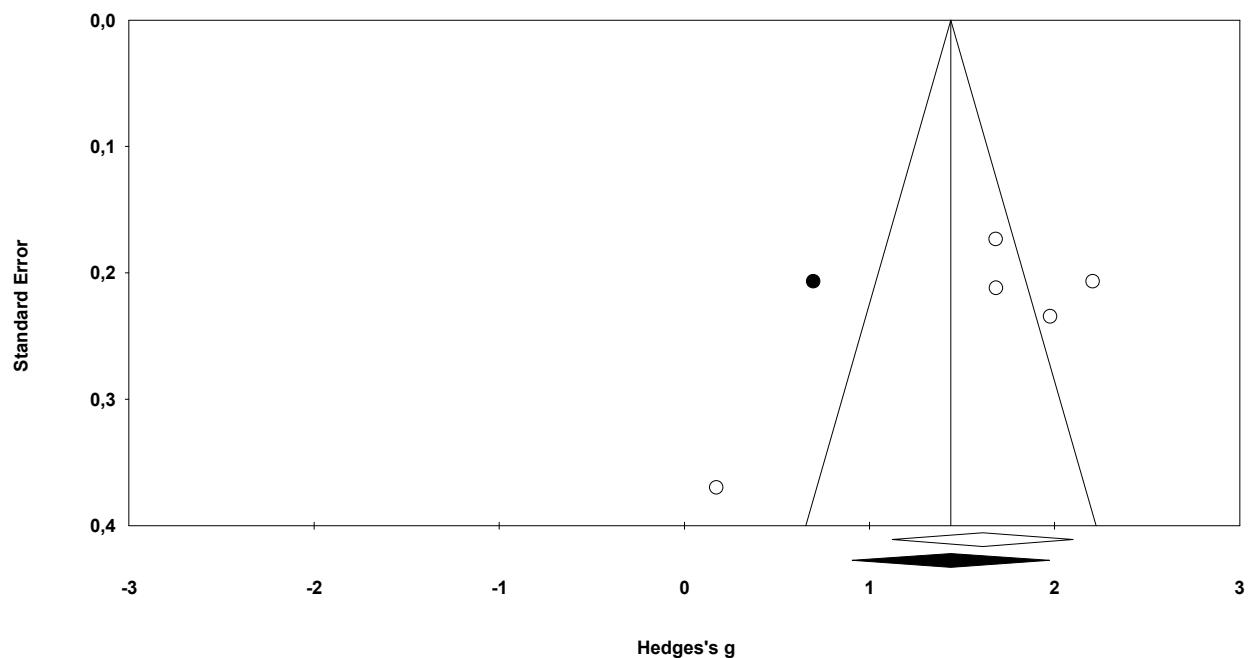
Note. Black circles represent imputed studies.

**Funnel Plot of Standard Error by Hedges's g for PTSS (Effectiveness RCTs, pre-FU III)**

Note. Black circle represents imputed study.

**Funnel Plot of Standard Error by Hedges's g for Grief (all studies, pre-FU III)**

Note. Black circles represent imputed studies.

**Funnel Plot of Standard Error by Hedges's g for Grief (RCTs only, pre-FU III)**

Note. Black circle represents imputed study.

**Table 25***Pre-FU I Within-Group Effect Sizes for PTSS, Depression and Anxiety.*

Outcome	Sample	n	g	95% CI	SE	z	Q	I <sup>2</sup>	Duval and Tweedie
PTSS	All eligible studies	9	(1.79)	(1.36 - 2.21)	(0.22)	(8.25***)	25.89**	69.10	2
			1.63 <sup>a</sup>	1.22 - 2.04					
	Individual	4	1.71 <sup>b</sup>	1.32 - 2.11	.20	8.55***	1.55	0	0
	Group	5	(1.87)	(1.15-2.59)	(.37)	(5.07***)	24.26***	83.51	1
			1.70	1.04 - 2.36					
	RCTs only	8	(1.73)	(1.27-2.19)	(.26)	(7.36***)	21.08**	66.80	3
			1.42	.98 - 1.87					
	Efficacy	4	1.71 <sup>b</sup>	1.32 - 2.11	.20	8.55***	1.55	0	0
	Effectiveness	4	1.80	.91 - 2.70	.46	3.95***	18.23***	83.54	0
	Individual	4	1.71 <sup>b</sup>	1.32 - 2.11	.20	8.55***	1.55	0	0
	Group	4	1.80	.91 - 2.70	.46	3.95***	18.23***	83.54	0
Depression	All eligible studies	6	.89	.54 - 1.24	.18	4.95***	16.94**	70.49	0
	Individual	3	.78 <sup>b</sup>	.48 - 1.07	.15	5.10***	.70	0	0
	Group	3	.98	.31 - 1.65	.34	2.85**	14.90**	86.57	0
	RCTs only	5	.73 <sup>b</sup>	.51 - .94	.11	6.62***	4.21	5.03	0
Anxiety	All eligible studies	4	(.62 <sup>b,c</sup> )	(.37 - .88)	(.13)	(4.79***)	5.00	40.01	2
			.38 <sup>a,b,c</sup>	.17 - .59					
	RCTs only	4	(.62 <sup>b,c</sup> )	(.37 - .88)	(.13)	(4.79***)	5.00	40.01	2
<i>Note.</i> High risk of bias studies are excluded; n = number of included TF-CBT conditions. * p < .05; ** p < .01; *** p < .001.									

<sup>a</sup> Recalculated with imputed studies (trim and fill method according to Duval and Tweedie).

<sup>b</sup> Fixed model assumed due to non-significant Q-value.

<sup>c</sup> Analysis includes high risk of bias studies (calculation otherwise not possible due to low number of studies).

**Table 26***Pre-FU II Within-Group Effect Sizes for PTSS, Depression and Anxiety.*

Outcome	Sample	n	g	95% CI	SE	z	Q	I <sup>2</sup>	Duval and Tweedie
PTSS	All eligible studies	9	1.65	1.07 - 2.24	.30	5.54***	82.41***	90.29	0
	Individual	8	1.43	.89 - 1.98	.28	5.12***	62.28***	88.76	0
	RCTs only	8	(1.79)	(1.13 - 2.45)	(.34)	(5.33***)	76.66***	90.87	1
Depression	All eligible studies	8	(.63 <sup>b</sup> )	(.50 - .76)	(.07)	(9.40***)	11.96	41.49	1
	Individual	8	(.63 <sup>b</sup> )	(.50 - .76)	(.07)	(9.40***)	11.96	41.49	1
	RCTs only	7	(.67 <sup>b</sup> )	(.53 - .81)	(.07)	(9.46***)	8.98	33.18	2
Anxiety	All eligible studies	5	.82	.52 - 1.11	.15	5.45***	10.36*	61.39	0
	Individual	5	.82	.52 - 1.11	.15	5.45***	10.36*	61.39	0
	RCTs only	5	.82	.52 - 1.11	.15	5.45***	10.36*	61.39	0

Note. High risk of bias studies are excluded; n = number of included TF-CBT conditions. \* p < .05; \*\* p < .01; \*\*\* p < .001.

<sup>a</sup> Recalculated with imputed studies (trim and fill method according to Duval and Tweedie).

<sup>b</sup> Fixed model assumed due to non-significant Q-value.

**Table 27***Pre-Post Within-Group Effect Sizes for PTSS, Depression, Anxiety and Grief.*

Outcome	Sample	n	g	95% CI	SE	z	Q	I <sup>2</sup>	Duval and Tweedie
PTSS	FU I	9	1.60	1.23 - 1.97	.19	8.39***	25.11**	68.13	0
	FU II	9	(1.18)	(.73 - 1.62)	(.23)	(5.20***)	83.93***	90.47	2
			.92 <sup>a</sup>	.51 - 1.34					
Depression	FU I	6	.67	.41 - .93	.14	4.98***	11.17*	55.23	0
	FU II	8	(.43 <sup>b</sup> )	.31-.55	.06	7.15***	8.66	19.18	2
			.41 <sup>a,b</sup>	.30 - .52					
Anxiety	FU III	9	.71	.41 - 1.01	.15	4.69***	46.58***	82.82	0
	FU I	4	.43 <sup>b,c</sup>	.19 - .67	.12	3.56***	1.66	0	0
	FU II	5	.47	.18-.77	.15	3.15**	13.92**	71.27	0
Grief	FU III	6	.55	.27 - .83	.15	3.78***	20.27**	75.33	0
	FU III	6	1.42 <sup>b</sup>	1.27 - 1.57	.08	18.15***	4.07	0	0

Note. High risk of bias studies are excluded; n = number of included TF-CBT conditions; Individual = TF-CBT conducted in an individual treatment setting; Group = TF-CBT conducted in a group setting. \*  $p < .05$ ; \*\*  $p < .01$ ; \*\*\*  $p < .001$ .

<sup>a</sup> Recalculated with imputed studies (trim and fill method according to Duval and Tweedie).

<sup>b</sup> Fixed model assumed due to non-significant Q-value.

<sup>c</sup> Analysis includes high risk of bias studies (calculation otherwise not possible due to low number of studies).

**Table 28***Pre-Post Within-Group Effect Sizes for Proxy-Reported PTSS and Depression.*

Outcome	Sample	n	g	95% CI	SE	z	Q	I <sup>2</sup>	Duval and Tweedie
PTSS	FU I	4	.75	.31 - 1.18	.22	3.34**	13.90**	78.42	0
	FU II	3	.75 <sup>a</sup>	.23 - 1.27	.27	2.81**	11.92**	83.23	0
	FU III	6	1.72	1.17 - 2.26	.28	6.18***	58.74***	91.49	0
Depression	FU I	3	.47	.05 - .88	.21	2.20*	7.92*	74.73	0

Note. High risk of bias studies are excluded; n = number of included TF-CBT conditions; Individual = TF-CBT conducted in an individual treatment setting; Group = TF-CBT conducted in a group setting. \*  $p < .05$ ; \*\*  $p < .01$ ; \*\*\*  $p < .001$ .

<sup>a</sup> Analysis includes high risk of bias studies (calculation otherwise not possible due to low number of studies).

**Table 29***Post-treatment Between-Group Effect Sizes for PTSS, Depression, Anxiety and Grief.*

Assessment point	Outcome	Sample	n	g	95% CI	SE	z	Q	I <sup>2</sup>	Duval and Tweedie
FU I	PTSS	Any control	4	(.69 <sup>a,b</sup> ) .58 <sup>a,b,c</sup>	(.34 - 1.04) .26 - .90	(.18)	(3.84***)	3.33	9.96	1
		Depression	4	(.24 <sup>a,b</sup> ) .22 <sup>a,b,c</sup>	(-.10 - .58) -.09 - .53	(.17)	(1.37)	.09	0	1
FU II	PTSS	TAU/AT	7	.34 <sup>a</sup>	.15 - .53	.10	3.58***	7.98	24.83	0
	Depression	TAU/AT	6	.32 <sup>a</sup>	.13 - .52	.10	3.24**	2.98	0	0
FU III	Anxiety	TAU/AT	4	.20 <sup>a</sup>	-.02 - .42	.11	1.78	6.89	56.44	0
		PTSS	11	.37	.16 - .59	.11	3.39**	29.80**	66.45	0
	Efficacy	TAU/AT	6	.39 <sup>a</sup>	.19 - .59	.10	3.87***	5.80	13.84	0
		Effectiveness	5	.42	.06 - .77	.18	2.29*	24.00***	83.33	0
	Individual	TAU/AT	7	.42 <sup>a</sup>	.24 - .59	.09	4.70***	6.06	1.05	0
		Group	4	.40	-.05 - .84	.23	1.75	23.62***	87.30	0
	Depression	TAU/AT	7	.37 <sup>a</sup>	.20-.55	.09	4.25***	4.09	0	0
		Anxiety	5	.23 <sup>a</sup>	.04 - .41	.10	2.35*	7.09	43.59	0
	Grief	TAU/AT	5	.30	-.06 - .67	.19	1.63	19.58**	79.57	0

Note. High risk of bias studies are excluded; n = number of included comparisons; PTSS = Posttraumatic Stress Symptoms;

TAU/AT = Treatment as usual/active treatment control conditions; WL = Wait-list control conditions; Effectiveness =

Effectiveness RCTs only; Efficacy = Efficacy RCTs only; Individual = RCTs conducted in an individual treatment setting;

Group = RCTs conducted in a group setting. \* p < .05; \*\* p < .01; \*\*\* p < .001.

<sup>a</sup> Fixed model assumed due to non-significant Q-value.

<sup>b</sup> Analysis includes high risk of bias studies (calculation otherwise not possible due to low number of studies).

<sup>c</sup> Recalculated with imputed studies (trim and fill method according to Duval and Tweedie).

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<b>Intention-to-treat</b>	<b>Unique ID</b>	<b>Experimental</b>	<b>Comparator</b>	<b>Outcome</b>	<b>D1</b>	<b>D2</b>	<b>D3</b>	<b>D4</b>	<b>D5</b>	<b>Overall</b>	
	Allen et al. 2021	TF-CBT	TF-CBT	PTSS, depression, anxiety	+	+	+	+	!	!	Low risk
	Brown et al. 2020	TF-CBT	TAU/AT	PTSS, depression, anxiety, grief	!	+	+	+	!	!	Some concerns
	Cohen et al. 1998, 2005	TF-CBT	TAU/AT	PTSS, depression, anxiety	+	+	+	+	!	!	High risk
	Davidson et al. 2018	TF-CBT	TF-CBT	PTSS, depression	+	-	+	+	!	-	
	Diehle et al. 2015	TF-CBT	TAU/AT	PTSS, depression, anxiety	+	+	+	+	!	!	
	Dorsey et al. 2014	TF-CBT	TF-CBT	PTSS, depression	+	+	+	+	!	!	D1 Randomisation process
	Dorsey et al. 2020	TF-CBT Group	TAU/AT	PTSS, grief	+	+	+	+	+	+	D2 Deviations from the intended interventions
	Goldbeck et al. 2016; Tutus et al. 2017	TF-CBT	WL	PTSS, depression, anxiety	+	+	+	+	+	+	D3 Missing outcome data
	Jensen et al. 2014, 2017	TF-CBT	TAU/AT	PTSS, depression, anxiety	+	+	+	+	+	+	D4 Measurement of the outcome
	King et al. 2000	TF-CBT	WL	PTSS, depression, anxiety	+	+	+	-	!	-	D5 Selection of the reported result
	Langley et al. 2015	TF-CBT Group	WL	PTSS, depression, anxiety	+	+	+	!	!	!	
	Nixon et al. 2012, 2017	TF-CBT	TAU/AT	PTSS, depression, anxiety	+	+	+	+	!	!	
	O'Callaghan et al. 2013	TF-CBT Group	WL	PTSS	+	+	+	+	!	!	
	O'Callaghan et al. 2015	TF-CBT Group	TAU/AT	PTSS	+	+	+	+	!	!	
	Salloum et al. 2015	TF-CBT	SC-TF-CBT <sup>a</sup>	PTSS	+	+	+	+	!	!	
	Santiago et al. 2018	TF-CBT Group	WL	PTSS, depression, anxiety	+	+	+	!	!	!	

Note. TF-CBT = Trauma Focused Cognitive Behavioral Therapy; TAU = Treatment As Usual; AT = Active treatment; WL = Wait-List; SC-TF-CBT = Stepped Care Trauma Focused Cognitive Behavioral Therapy; PTSS = Posttraumatic Stress

Symptoms.

<sup>a</sup> SC-TF-CBT was excluded from analyses as some participants received TF-CBT while others did not.

<b>Per-protocol</b>	<b>Unique ID</b>	<b>Experimental</b>	<b>Comparator</b>	<b>Outcome</b>	<b>D1</b>	<b>D2</b>	<b>D3</b>	<b>D4</b>	<b>D5</b>	<b>Overall</b>	
	Cohen et al. 2004; Deblinger et al. 2006	TF-CBT	TAU/AT	PTSS, depression, anxiety	+	+	+	+	!	!	Low risk
	Deblinger et al. 1996, 1999	TF-CBT	TAU/AT	PTSS, depression, anxiety	+	+	+	+	!	!	Some concerns
	Jaberghaderi et al. 2004	TF-CBT	TAU/AT	PTSS	+	-	+	+	!	-	High risk
	McMullen et al. 2013	TF-CBT Group	WL	PTSS	+	+	+	+	+	+	D1 Randomisation process
	Schottelkorb et al. 2012	TF-CBT	TAU/AT	PTSS	+	+	+	-	!	-	D2 Deviations from the intended interventions
											D3 Missing outcome data
											D4 Measurement of the outcome
											D5 Selection of the reported result

Note. TF-CBT = Trauma Focused Cognitive Behavioral Therapy; TAU = Treatment As Usual; AT = Active treatment; WL = Wait-List; PTSS = Posttraumatic Stress Symptoms.

<b>Intention-to-treat</b>	<b>Unique ID</b>	<b>Experimental</b>	<b>Outcome</b>	<b>D2</b>	<b>D3</b>	<b>D4</b>	<b>D5</b>	<b>Overall</b>	
	Cohen, Mannarino et al. 2004	TF-CBT	PTSS, depression, anxiety, grief	+	+	!	!	!	Low risk
	O'Donnell et al. 2014	TF-CBT Group	PTSS, depression, grief	+	+	!	!	!	Some concerns
	Stewart et al. 2017	TF-CBT	PTSS, depression, anxiety	+	+	-	!	-	High risk
	Unterhitzenberger et al. 2019	TF-CBT	PTSS, depression	+	+	!	!	!	D2 Deviations from the intended interventions
	Webb et al. 2014	TF-CBT	PTSS	+	+	-	-	-	D3 Missing outcome data
									D4 Measurement of the outcome
									D5 Selection of the reported result

Note. TF-CBT = Trauma Focused Cognitive Behavioral Therapy; PTSS = Posttraumatic Stress Symptoms.

<b>Per-protocol</b>	<b>Unique ID</b>	<b>Experimental</b>	<b>Outcome</b>	<b>D2</b>	<b>D3</b>	<b>D4</b>	<b>D5</b>	<b>Overall</b>	
	Amaya-Jackson et al. 2018	TF-CBT	PTSS, depression	+	!	!	!	!	Low risk
	Cohen et al. 2006	TF-CBT	PTSS, depression, anxiety, grief	+	!	!	!	!	Some concerns
	Espeleta et al. 2021	TF-CBT	PTSS, depression	!	+	!	!	!	High risk
	Kirsch et al. 2011	TF-CBT	PTSS	?	-	-	!	-	No information
	Konanur et al. 2015	TF-CBT	PTSS	+	-	!	-	-	D2 Deviations from the intended interventions
	Lang et al. 2015	TF-CBT	PTSS, depression	+	-	-	!	-	D3 Missing outcome data
	Murray et al. 2013	TF-CBT	PTSS	+	-	!	!	-	D4 Measurement of the outcome
	Stewart et al. 2020	TF-CBT	PTSS, depression	+	-	-	!	-	D5 Selection of the reported result

Note. TF-CBT = Trauma Focused Cognitive Behavioral Therapy; PTSS = Posttraumatic Stress Symptoms.

**Table 30***Pre-FU I and FU II Within-Group Effect Sizes for PTSS, Depression and Anxiety With High Risk of Bias Studies.*

Assessment point	Outcome	Sample	n	g	95% CI	SE	z	Q	I <sup>2</sup>	Duval and Tweedie
Pre-FU I	PTSS	All studies	11	(1.70) 1.57 <sup>a</sup>	(1.34 - 2.06) 1.21 - 1.93	(0.18)	(9.28***)	26.98**	62.94	2
	Depression	All studies	8	.82	.52 - 1.11	.15	5.45***	19.29**	63.71	0
	Anxiety	All studies	4	(.62 <sup>b</sup> ) .38 <sup>a,b</sup>	(.37 - .88) .17 - .59	(.13)	(4.79***)	5.00	40.01	2
Pre-FU II	PTSS	All studies	10	1.50	.95 - 2.06	.28	5.29***	113.67***	92.08	0
Pre-FU III	PTSS	All studies	14	(1.93)	(1.52 - 2.35)	(.21)	(9.15***)	124.27***	89.54	3
				1.68	1.26 - 2.09					

Note. High risk of bias studies included; n = number of included TF-CBT conditions. \*  $p < .05$ ; \*\*  $p < .01$ ; \*\*\*  $p < .001$

<sup>a</sup> Recalculated with imputed studies (trim and fill method according to Duval and Tweedie).

<sup>b</sup> Fixed model assumed due to non-significant Q-value.

**Table 31***Within-Group and Between-Group Effect Sizes for Proxy-Reported PTSS, Depression and Anxiety With High Risk of Bias Studies.*

Analysis	Assessment point	Outcome	n	g	95% CI	SE	z	Q	I <sup>2</sup>	Duval and Tweedie
Within-group	Pre-Post	PTSS	28	1.01	.79 - 1.24	.12	8.84***	248.11***	89.12	0
		Depression	10	(.61)	(.44 - .77)	(.09)	(7.18***)	18.39*	59.44	1
		Anxiety	3	.57 <sup>a</sup>	.39 - .74					
	Post	Pre-FU II	3	.52 <sup>b</sup>	.34 - .71	.09	5.55***	.08	0	0
		PTSS	3	.88	.30 - 1.46	.09	2.96**	12.86	84.45	0
		PTSS	9	.46	.09 - .83	.19	2.45*	57.00***	85.97	0

Note. High risk of bias studies included; n = number of included comparisons; PTSS = Posttraumatic Stress Symptoms.

\* p < .05; \*\* p < .01; \*\*\* p < .001

<sup>a</sup> Recalculated with imputed studies (trim and fill method according to Duval and Tweedie).

<sup>b</sup> Fixed model assumed due to non-significant Q-value.

**Tabel 32***Criteria for Efficacy and Effectiveness trials*

<b>Criterion</b>	<b>Efficacy</b>	<b>Effectiveness</b>
Title	Efficacy trial...	Effectiveness trial...
Setting	University-affiliated clinic/highly controlled setting	dissemination and implementation in the ‘real world’/less constraint settings (schools, primary mental health care, multiple clinics with different structures)
Inclusion criteria	Stringent (e.g. only single trauma, full-blown PTSD, no comorbidities, prerandomization run-in periods to exclude placebo-responders etc.)	Inclusive (multiple traumas, only few symptoms required, different patient characteristics etc.)
Statistical analysis	Completer analysis typical of efficacy	Intention-to-treat typical of effectiveness
Adaptations	None or only in such a way that they can be systematically evaluated (e.g. adding components)	To make intervention more acceptable to patient group (e.g. considering culturally important aspects, moving component order, spending more time on specific components)
Therapists	Highly trained, standardized training	Less training or variation in training
Caregivers	Participation required	Not required or only if available
Control Condition	Waitlist not allowing for other treatments, if active, also manualized and highly controlled, more than 1 TF-CBT condition (dismantling studies)	Everything that can be considered treatment as usual and is not highly controlled