	Item No.	Recommendation	Page No.
Title and abstract	1	(a) Indicate the study's design with a commonly used term in the title	1,3
		or the abstract	
		(b) Provide in the abstract an informative and balanced summary of	3
		what was done and what was found	
Introduction			
Background/rationale	2	Explain the scientific background and rationale for the investigation	5
		being reported	
Objectives	3	State specific objectives, including any prespecified hypotheses	5
Methods		, C VI I VI	
Study design	4	Present key elements of study design early in the paper	6
Setting	5	Describe the setting, locations, and relevant dates, including periods of	6
	3	recruitment, exposure, follow-up, and data collection	O
Participants	6	(a) Cohort study—Give the eligibility criteria, and the sources and	6
Participants	U	methods of selection of participants. Describe methods of follow-up	O
		Case-control study—Give the eligibility criteria, and the sources and	
		methods of case ascertainment and control selection. Give the rationale	
		for the choice of cases and controls	
		Cross-sectional study—Give the eligibility criteria, and the sources and	
		methods of selection of participants	NT A
		(b) Cohort study—For matched studies, give matching criteria and	NA
		number of exposed and unexposed	
		Case-control study—For matched studies, give matching criteria and	
		the number of controls per case	
Variables	7	Clearly define all outcomes, exposures, predictors, potential	6ff
		confounders, and effect modifiers. Give diagnostic criteria, if	
		applicable	
Data sources/	8*	For each variable of interest, give sources of data and details of	6ff
measurement		methods of assessment (measurement). Describe comparability of	
		assessment methods if there is more than one group	
Bias	9	Describe any efforts to address potential sources of bias	7ff
Study size	10	Explain how the study size was arrived at	9f, Figure 1
Quantitative	11	Explain how quantitative variables were handled in the analyses. If	7ff
variables		applicable, describe which groupings were chosen and why	
Statistical methods	12	(a) Describe all statistical methods, including those used to control for	8f
		confounding	
		(b) Describe any methods used to examine subgroups and interactions	8f
		(c) Explain how missing data were addressed	8
		(d) Cohort study—If applicable, explain how loss to follow-up was	NA
		addressed	
		Case-control study—If applicable, explain how matching of cases and	
		controls was addressed	
		Cross-sectional study—If applicable, describe analytical methods	
		taking account of sampling strategy	

Results			
Participants	13*	(a) Report numbers of individuals at each stage of study—eg numbers	9, figure 1
		potentially eligible, examined for eligibility, confirmed eligible,	
		included in the study, completing follow-up, and analysed	
		(b) Give reasons for non-participation at each stage	9, Figure 1
		(c) Consider use of a flow diagram	Figure 1
Descriptive data	14*	(a) Give characteristics of study participants (eg demographic, clinical,	9f, Table 1,
		social) and information on exposures and potential confounders	Table S1
		(b) Indicate number of participants with missing data for each variable	Table 1, Table
		of interest	<b>S</b> 1
		(c) Cohort study—Summarise follow-up time (eg, average and total	NA
		amount)	
Outcome data	15*	Cohort study—Report numbers of outcome events or summary	NA
		measures over time	
		Case-control study—Report numbers in each exposure category, or	NA
		summary measures of exposure	
		Cross-sectional study—Report numbers of outcome events or summary	NA
		measures	
Main results	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted	9ff, Table 1,
		estimates and their precision (eg, 95% confidence interval). Make clear	Table S1
		which confounders were adjusted for and why they were included	
		(b) Report category boundaries when continuous variables were	Box S1
		categorized	
		(c) If relevant, consider translating estimates of relative risk into	NA
		absolute risk for a meaningful time period	
Other analyses	17	Report other analyses done—eg analyses of subgroups and	11f
		interactions, and sensitivity analyses	
Discussion			
Key results	18	Summarise key results with reference to study objectives	12
Limitations	19	Discuss limitations of the study, taking into account sources of	13f
		potential bias or imprecision. Discuss both direction and magnitude of	
		any potential bias	
Interpretation	20	Give a cautious overall interpretation of results considering objectives,	12ff
		limitations, multiplicity of analyses, results from similar studies, and	
		other relevant evidence	
Generalisability	21	Discuss the generalisability (external validity) of the study results	14
Other information			
Funding	22	Give the source of funding and the role of the funders for the present	15
T unumg		study and, if applicable, for the original study on which the present	•
		article is based	

<sup>\*</sup>Give information separately for cases and controls in case-control studies and, if applicable, for exposed and unexposed groups in cohort and cross-sectional studies.

**Note:** An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at http://www.plosmedicine.org/, Annals of Internal Medicine at http://www.annals.org/, and Epidemiology at http://www.epidem.com/). Information on the STROBE Initiative is available at www.strobe-statement.org.