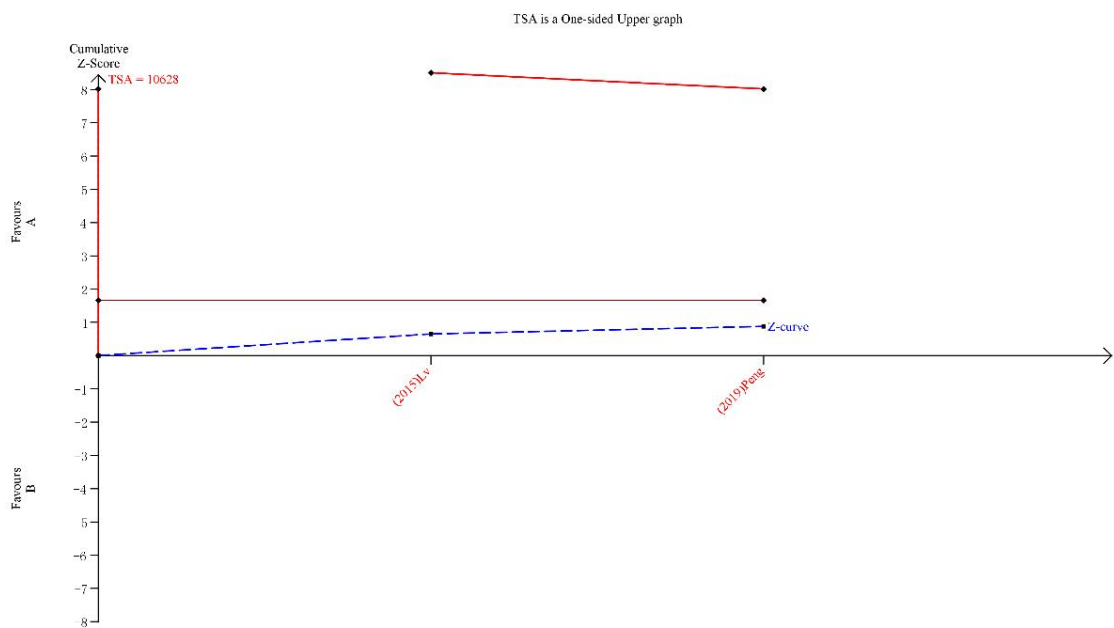


Supplementary Fig.1. Trial sequential analysis for vomiting.



Supplementary Fig.2. Trial sequential analysis for aspiration.

Supplementary Table 1. Results of GRADE evaluation.

Outcome	MD/OR (95%CI)	Number of studies	Quality of evidence	Reasons
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Vomiting	0.81(0.58-1.12)	4	⊕⊕⊕○	Risk of bias moderate	was “serious”.
Aspiration	0.78(0.45-1.37)	2	⊕⊕⊕○	Risk of bias moderate	was “serious”.
Nausea	0.89(0.69-1.15)	5	⊕⊕⊕○	Risk of bias moderate	was “serious”.
Degree of thirst	-9.44 (-12.04- -6.83)	7	⊕⊕○○	Risk of bias low	was “serious”; inconsistency was “serious”.
Anal exhaust time	-5.48(-7.74- -3.22)	5	⊕⊕○○	Risk of bias low	was “serious”; inconsistency was “serious”.
First defecation time	-6.34(-8.90- -3.79)	3	⊕⊕○○	Risk of bias low	was “serious”; inconsistency was “serious”.

MD, mean difference; OR, odds ratio; CI, confidence interval