

Supplemental Table 1

Baseline and Follow-up psychosocial measures

	Baseline <i>M(SD)</i>	Follow-up <i>M(SD)</i>
HICUPS (Child-report)	n = 29	n = 29
Cognitive restructuring	32.8 (10.5)	34.6 (10.6)
Avoidance	26.9 (7.5)	27.2 (7.8)
Support seeking	17.4 (5.6)	18.7 (6.2)
PSCQ (Caregiver-report)	n = 33	n = 33
Cognitive restructuring	72.1 (11.7)	71.7 (12.1)
Avoidance	47.1 (12.5)	46.1 (11.5)
Support seeking	49.7 (7.5)	50.1 (5.8)
PedsQL EoE Module (Child)	n = 25-29	n = 25-29
Symptoms I	77.3 (16.8)	82.3 (17.6)
Symptoms II	81.0(20.9)	79.5 (20.7)
Treatment	72.2 (22.3)	68.0 (22.3)
Worry	80.2 (19.1)	80.2 (17.8)
Communication	65.7 (17.3)	68.2 (14.5)
Food and eating	62.5 (28.0)	60.8 (29.2)
Food Feelings	65.7 (25.3)	64.4 (23.8)
Total Score	72.5 (13.3)	72.4 (14.1)
PedsQL EoE Module (Parent)	n = 29-33	n = 29-33
Symptoms I	76.8 (20.1)	73.8 (22.8)
Symptoms II	76.7 (25.1)	70.8 (29.1)
Treatment	74.0 (20.7)	67.6 (23.1)

Worry	67.9 (24.0)	70.6 (24.9)
Communication	54.4 (22.4)	62.6 (20.0)
Food and eating	67.0 (28.9)	62.1 (24.8)
Food Feelings	54.3 (30.1)	54.9 (24.5)
Total Score	67.9 (19.6)	65.2 (16.8)

*How I Coped Under Pressure Scale (HICUPS), Parental Socialization of Coping Questionnaire (PSCQ), Pediatric Quality of Life Inventory 3.0: Eosinophilic Esophagitis Module (PedsQL EoE Module). Data reported on this table includes pre-intervention (baseline; T1) and post-intervention (follow-up; T2). No statistically significant differences were identified on any of these outcome variables.