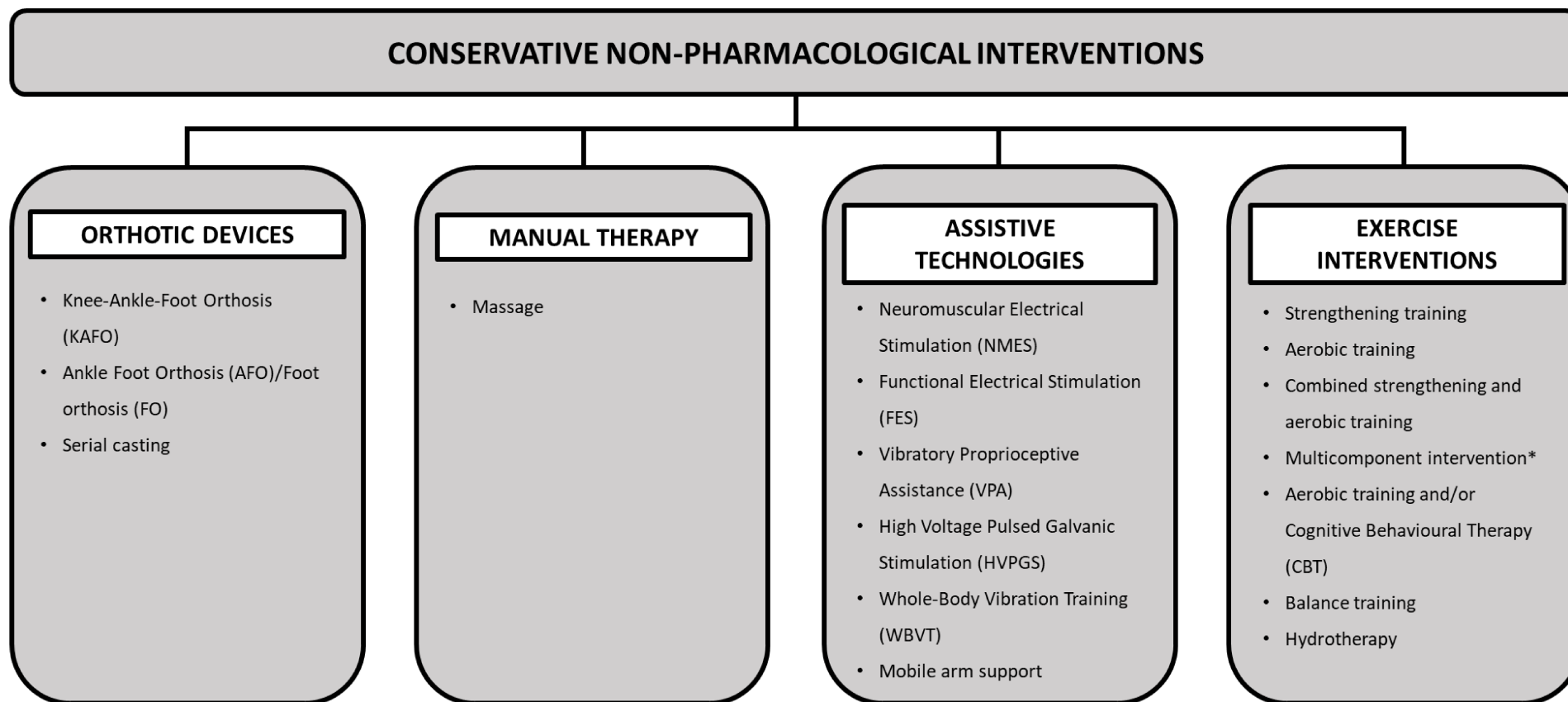


Supplementary file 6. Conservative non-pharmacological interventions included in the literature review and meta-analysis



*Multicomponent intervention included studies adopting intervention programmes consisting of three or more conservative non-pharmacological intervention types