

Categories	Codes	Barrier	Facilitator
<i>Intervention Specific factors</i>			
Suitability		Heterogeneity	Target populations
Usability		Not user friendly	User friendly
Acceptability			Safe
		Unhelpful	
		Toolbox	Personalisation options
<i>Person Specific Factors</i>			
Motivation		Engagement barriers	
			Positive impact
Capability		Motivation	
Opportunity		Further support required	
			Barriers to other support
			Adjunct to therapy