

S1 Table: Summary of findings on routine postpartum care published by international organisations, G20 and OECD countries*

International body/country and Institution	Year of publication of the latest guideline/ Position Paper/ Strategy	Use of 'Postpartum' or 'Postnatal' term to refer to care/ services for the mother following delivery*		Postpartum length	Service length	Service frequency
		Postpartum	Postnatal			
Europe [1] Obstetrics and Gynaecology European Board & College Obstetric and Neonatal Services	2014 Obstetric and Neonatal Services Standards of Care for Women's Health in Europe	+	+	Not given	Not given	Not given
WHO [2]	2022 WHO recommendations on maternal and newborn care for a positive postnatal experience	+	+	6 weeks	6 weeks	Within 24 hours On day 3 (48-72 hours) Between day 7 and 14 6 weeks
WHO [3]	2015 Pregnancy, Childbirth, Postpartum and Newborn Care: A guide for essential practice	+	+	Not given	6 weeks	Within 24 hours after childbirth. Day 3 (48-72 hours) Between day 7 and 14 Clinic visit: 6 weeks
WHO [4]	2013 Counselling for maternal and newborn health care: a handbook for building skills	+	+	Not given	6 weeks	Within 24 hours, first visit (could be a home visit) Within 1 week, preferably on day 3 Second visit 7-14 days after birth Third visit 4-6 weeks after birth

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WHO [5]	2013 WHO recommendations on Postnatal care of the mother and newborn	+	+	Days and weeks following child birth	6 weeks	Within 24 hours Day 3 (48-72 hours) 7-14 days 6 weeks
WHO [6]	2010 WHO Technical Consultation on Postpartum and Postnatal Care	+	+	6 weeks	6 weeks	Within one hour 72 hours 10-14 days 6-8 weeks
WHO [7]	2009 WHO Recommended Interventions for Improving Maternal and Newborn Health	+	+	Not given	6 weeks	Not given
WHO [8]	2003 Pregnancy, Childbirth, Postpartum and Newborn Care: A guide for essential practice	+	+	Not given	6 weeks	Within 1st week, preferably within 2-3 days 4-6 weeks
WHO [9]	1998 Postpartum care of the mother and newborn : a practical guide	+	+	6 weeks	6 weeks	6 hours (6-12 hrs) 6 days (3-6 days) 6 weeks 6 months
WHO [10]	1996 Mother-Baby Package: Implementing safe motherhood in countries	+	-	Not given	Not given	Not given

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WHO [11]	1976 New Trends and Approaches in the Delivery of Maternal and Child Care in Health Services	-	+	Not given	Not given	not given
Australia [12] Council of Australian Governments	2019 Woman-centred care Strategic directions for Australian maternity services	-	+	Not given	52 weeks	Not given
Canada [13] Public Health Agency of Canada	2020 Family-Centred Maternity and Newborn Care: National Guidelines	+	+	Not given	6 weeks	National uniformity is not present with each province determining its postpartum care plan
India [14] National Rural Health Mission	2021 Induction Training Module for ASHAs	-	+	Not given	6 weeks	For home delivery visits on days - 1, 3, 7, 14, 21, 28, and 42. For institutional delivery visits on days - 3, 7, 14, 21, 28, and 42
India [15] Ministry of Health and Welfare	2018 Guidelines on midwifery services in India 2018	+	+	Not given	6 weeks	Not given
India [16] Maternal Health Division Ministry of Health & Family Welfare Government of India	2013 Maternal and Newborn Health Toolkit	+	+	Not given	Not given	Not given

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India [17] Maternal Health Division Ministry of Health and Family Welfare Government of India	2010 Guidelines for Antenatal Care and Skilled Attendance at Birth	+	+	Not given	6 weeks	First visit 1st day (within 24 hours) Second visit 3rd day after delivery Third visit 7th day after delivery Fourth visit 6 weeks after delivery
India [18] Ministry of Health and Welfare	2009 Trainers' Guide for Training of Medical Officers in Pregnancy Care and Management of Common Obstetric Complications	+	+	Not given	Not given	Not given
South Africa [19] Department of Health	2021 South African maternal, perinatal, and neonatal Health Policy	+	+	Not given	Not given	Not given
South Africa [20]	2023 Saving Mothers and Babies 2017-2019: Executive Summary	+	+	Not given	Not given	Not given
South Africa [21] Department of Health	2016 Guidelines for Maternity Care	+	+	Not given	6 weeks	Immediately 3 to 6 days 6 weeks
South Africa [22] Department of Health	N/A Maternal Child and Women's Health Draft Policy Document	+	+	Not given	Not given	Not given

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United Kingdom [23] NICE & The Royal College of Obstetricians and Gynaecologists	2021 Postnatal care	+	+	Not given	8 weeks	Within 36 hours after discharge Health worker home visit within 7-14 days 6-8 weeks by GP
United Kingdom [24] NICE & The Royal College of Obstetricians and Gynaecologists	2006 Postnatal care up to 8 weeks after birth	-	+	Not given	8 weeks	6-8 weeks health screening
United States of America [25] White House	2022 White House blueprint for addressing the maternal health crisis	+	+	Not given	Not given	Not given
United States of America [26] American College of Obstetricians and Gynecologists	2018 Optimizing Postpartum Care	+	-	Not given	12 weeks	Blood pressure check- 3-10 days High-risk contacts: 1-3 weeks If necessary: 3-12 weeks 4-12 weeks- comprehensive postpartum visit

*OECD- Organisation for Economic Co-operation and Development, G 20- Group of 20, FIGO- International Federation of Gynaecology and Obstetrics, WHO- World Health Organisation

No :- Yes : +

References for Supplementary Table 1

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