

Supplementary Materials 3: Child and Adolescent Psychiatrist Interview Schedule

Topic & Timing	Discussion Point	Prompts
Case Example background and circumstance 10 minutes	<i>“Can you tell me, first of all, about a recent case involving referral of a young person to an inpatient unit: this could be locally, at some distance from home, or to an adult ward”</i>	Seek to establish a detailed narrative account, including Events leading up to referral What factors indicated that inpatient admission was necessary? were there any other options? Process of referral and how it was initiated was there more than one option of inpatient unit? was the YP admitted to R’s preferred unit? if not, why not? How did YP and R/other family members feel about being referred to unit? Relieved, apprehensive, unnecessary, resisted etc To what extent did you feel that the YP and family were consulted, involved in decisions about care? What do you perceive to be the actual, appropriate and desired involvement of family in discussion and decisions about care? What kind of contact, if any, did you maintain with 1. the YP and 2. the family during the period of admission? what were the consequences of being able/ not able to maintain such contact? Do you think YP found find it helpful to be in the unit? In what way? What did think helped them most? Were there any negative aspects or consequences of the admission? How would you assess the outcome of the YP’s admission? How would you manage a similar episode affecting this YP in future? Do you think (the unit) was an appropriate place for someone of YP’s age? If not, what would have been the best place?
Impact of admission 5 minutes	<i>“What are the consequences of each type of admission (adult, distant, local): negative and positive?”</i>	e.g. re experience of being an inpatient, contact with family, contact with familiar services and health professionals, ease of reintegration into family, school, community, etc Do inpatient admissions pose any issues regarding continuity of care and the YP’s engagement with CAMHS following discharge home? Do you think it can ever be helpful for some YP to be admitted to a unit at some distance from home? (If so, in what ways) Do you think that some YP might prefer admission to an adult, rather than a children’s unit, or is this always inappropriate? (Explore)
Experiences and Perceptions 10 minutes	<i>“YP was admitted to a local/distant YP unit/adult ward. How often does this happen?”</i>	Under what circumstances (choice, necessity etc) What about (the other two options): do you ever refer YP to either of these? <ul style="list-style-type: none"> • under what circumstances? How do you feel that admission to a local adolescent unit differs from a distance adolescent unit (as appropriate)? Pros / cons? What is your view about young people being admitted to distance adolescent units?

		<p>How regularly do you experience this?</p> <p>Who refers these patients?</p> <p>Do you receive appropriate information in the documentation?</p> <p>Do you have a protocol for managing young people at distance from home? If yes, useful or not?</p> <p>What involvement do you have in planning and managing the process of these admissions? Who else is involved?</p> <p>Are there any particular issues that you have faced in these circumstances?</p> <p>How do you feel admission to a ward at distance from home affects the patient and family experience?</p> <p>To what extent is there joint working with CAMHS consultants / GPs in the young people's local areas? How is this achieved / barriers to this? How could it be improved?</p> <p>To what extent (if at all) does admission to a distance adolescent unit influence the success of treatment / the experience of patients and family?</p> <p>How do you plan the continuity of care / post discharge care? Who else is involved in this? How easily is this achieved? How could it be improved?</p> <p>Where referrals are not accepted, what are the reasons? Is an alternative offered?</p> <p>What do you think needs to happen to reduce admissions of young people to distant adolescent units / adult psychiatric wards (as appropriate)?</p>
<p>Comparisons with other admissions</p> <p>5 minutes</p>	<p><i>“How does your experience of cases such as these differ during the COVID-19 pandemic</i></p>	
<p>Reflection</p> <p>5 minutes</p>	<p><i>“Do you think it should be possible for people in YP's situation to avoid inpatient admission, and be treated in the community?”</i></p>	<p>what would be required to enable this to happen?</p>

<p>Policy/Guidelines</p> <p>5 minutes</p>	<p><i>“How do current practice guidelines and policy drivers inform your care of young people like XX(YP)?”</i></p>	<p>Do you think it should be possible for people in YP’s situation to avoid inpatient admission, and be treated in the community?</p> <ul style="list-style-type: none"> ○ what would be required to enable this to happen? <p>Are there any changes in current policy/clinical guidelines that you feel would improve current care of YP in psychiatric services?</p> <p>Are there any changes you would like to see in the organisation and resources available to you in managing the care of YP with severe mental health problems?</p>
<p>Ending & Sum Up</p> <p>5 minutes</p>	<p><i>“Is there anything else you have to add to what we have been talking about? Anything that is important that we haven’t covered already?”</i></p>	