

Supplementary Table 1: Population, Context, Phenomena of Interest, Study Design and Time Frame

Population	Low and Middle-Income Countries
Focus of intervention	Anti-stigma interventions
Context	Stigma related to all issues, identities, and conditions
Study design	Randomised controlled Trials Quasi-experimental designs Non-Experimental with pre-post/ control group
Time frame	Up to January 30, 2024

Supplementary Table 2: Summary of search strategy for electronic database searches

<p>In-text search:</p> <p><i>[Focus of intervention]</i> stigma or stigma* or stereotyp* or Social Perception/ or Social Distance/ or "Rejection (Psychology)"/ or Human Rights/ or Civil Rights/ or Social Justice/ or public opinion or social distance or empower* or "Discrimination (Psychology)"/ or discrimination or marginali* or injustice or intergroup or inter-group</p> <p>AND</p> <p><i>[Context]</i> Disab* or Mental Health/ or Mental Disorders/ or Mentally Ill Persons/ or antirac* anti-rac* or ethnic* or diversity or minorit* or multicultur* or indigenous or segregat* or desegregat* or conflict or war or interracial or inter-racial or religi* or anti-Semiti* or HIV or Human Immunodeficiency Virus or AIDS or Tuberculosis or Sexualit* or Homosex* or MSM or Bisexual or transgender or Sexism or Elder* or Ageism or Obes* or Overweight or Alcohol* or Drug Abuse or Addict</p> <p>AND</p> <p><i>[Study design]</i> randomized controlled trial or controlled clinical trial or evaluation studies or Prospective Studies/ or Follow-Up Studies/ or intervention* or Intervention Studies/or Randomized Controlled Trials as Topic/ or randomi* or pre-post or time series or time point</p> <p>AND</p> <p><i>[Content]</i> Social Marketing/ or National Health Programs/ or Government Programs/ or Program Development/ or Mass Media/ or Learning/ or Multimedia/ or Teaching/ or Internet/ or Journalism/ or Virtual Software/ or Pamphlets/ or Advertising as Topic/ or Public Relations/ or Persuasive Communication/ or Celebrity* or Famous Persons/ or Health Knowledge, Attitudes, Practice/ or Awareness or Consumer Advocacy/ or Patient Advocacy/ or Health Promotion/ or Campaign or advert* or marketing or public relation* or newspaper* or newsletter* or broadcast or radio or television or cinema or DVD or website or compact or disc or movie or film or trailer or stigma resilience or stigma change or testimon* or health literacy</p>

Supplementary Table 3: Inclusion and Exclusion Criteria

Inclusion Criteria	Exclusion Criteria
Intervention intending to improve stigma, discrimination, knowledge, attitudes or behaviour (among a defined ingroup) toward a defined outgroup	Absence of intervention
Stigma as the primary or secondary outcome	Absence of stigma-related outcome measure
Presence of a comparator/ baseline assessment	Absence of comparator
Pre/ Post or Post study designs	Review papers
Empirical studies	Abstracts/ conference papers/ Dissertations
Quantitative studies	Qualitative studies
Low and Middle-income countries	High-income countries
Studies in all languages if a translated version could be accessed or a collaborator with appropriate language skills could be found.	

Supplementary Table 4: Summary and characteristics of included studies

	Country	Income Group	Stigma Context	Target Population	Nature of the intervention	Direction of Effect	Quality Assessment (out of 6)
Randomised Controlled Trials							
Adam (2004) ¹	Kenya	Low income	HIV/ AIDS	Young Adults	Educational	No significant effect	1
Bayar et al. (2009) ²	Turkey	Upper-Middle Income	Mental Health	Health Professionals	Educational	Positive	3
Bhana et al. (2014) ³	South Africa	Lower-Middle Income	HIV/ AIDS	People Living with Condition (HIV/AIDS) Caregivers of People with Condition (HIV/AIDS)	Educational, Contact based	Positive	5
Bond et al. (2017) ⁴	Zambia South Africa	Lower-Middle Income Upper-Middle Income	Tuberculosis and HIV/AIDS	Recently diagnosed TB patients; Adult members of their households	Educational, Contact based	No significant effect	6
Bruneau et al. (2012) ⁵	West Bank & Gaza	Lower-Middle Income	Ethnicity/ Race/ Religion	Ethnic Group	Social activism	Positive	4
Clair et al. (2022) ⁶	Kenya	Lower-Middle Income	Alcohol and Drug Use	Health workers in community clinics and the hospital outpatient departments	Educational, Contact based	Positive	5
De Vargas (2013) ⁷	Brazil	Lower-Middle Income	Alcohol and Drug Use	Health professionals	Counselling/ mentoring/ Case management, Contact based	Positive	5
Denison et al. (2020) ⁸	Zambia	Low income	HIV/ AIDS	HIV-positive adolescents and young adults (AYA) between the ages of 15-24 years	Counselling/ mentoring/ Case management, Contact based, Increased access/ outreach for services	Positive	4
Ergene T et al. (2005) ⁹	Turkey	Upper-Middle Income	HIV/ AIDS	Young Adults	Educational	Positive	4
Fernandez et al. (2016) ¹⁰	Malaysia	Upper-Middle Income	Mental Health	Health professionals	Educational, Contact based	Positive	4
Ghaemi et al. (2013) ¹¹	Iran	Upper-Middle Income	HIV/ AIDS	Young Adults	Educational	Positive	4
Han et al. (2023) ¹²	China	Upper-Middle Income	Mental Health	Young Adults	Educational, Contact based	Positive	6
Islam et al. (2021) ¹³	India	Lower-Middle Income	Ethnicity/ Race/ Religion	Individuals who previously participated in a correspondence study on caste discrimination	Educational	Positive	2
Kaljee et al. (2017) ¹⁴	Zambia	Low income	Mental Health	Teachers and students	Educational	Positive	3
Kutcher et al. (2019) ¹⁵	Malawi & Tanzania	Low Income and Lower-Middle Income	Mental Health	Health care providers	Educational	Positive	2
Larsen et al. (2004) ¹⁶	Sierra Leone	Low income	HIV/AIDS	High Risk Group (Sex Workers, Military Personnel)	Not described	No significant effect	3
Li et al. (2015) ¹⁷	China	Upper-Middle Income	Mental Health	Health Professionals	Educational	No significant effect	6
Lin et al. (2023) ¹⁸	China	Upper-Middle Income	Mental Health	People Living with the Condition (Major Depressive Disorder)	Educational, Contact based	No significant effect	4
Logie et al. (2023) ¹⁹	Uganda	Low Income	HIV/AIDS	Refugees	Educational	Positive	6
Masquillier et al. (2015) ²⁰	South Africa	Upper-Middle Income	HIV/AIDS	People Living with the Condition (HIV Patients)	Counselling/ mentoring/ Case management, Increased access/ outreach for services	Positive	5
Mockiene et al. (2011) ²¹	Lithuania	Upper-Middle Income	HIV/AIDS	Health Professionals	Educational, Contact based	No significant effect	4
Ngoc et al. (2016) ²²	Vietnam	Lower-Middle Income	Mental Health	People Living with the Condition (Schizophrenia) & Caregivers of People Living with Condition	Educational	Positive	4
Oduguwa A. O et al. (2017) ²³	Nigeria	Lower-Middle Income	Mental Health	Children and Adolescents	Educational	Positive	4
Rice et al. (2012) ²⁴	China	Upper-Middle Income	HIV/AIDS	High Risk Groups (Market vendors)	Educational	Positive	0
Russel et al. (1999) ²⁵	India	Low Income	Disability	Caregivers of People Living with the Condition (Intellectual Disability)	Educational	Positive	4
Sanatana et al. (1992) ²⁶	Philippines	Lower-Middle Income	HIV/AIDS	Health Professionals	Educational	Positive	3
Techapoonpon et al. (2023) ²⁷	Nepal	Lower-Middle Income	COVID-19	People with Lived Experience of COVID-19 (survivors)	Educational	Mixed effect	4

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Tergesen, C. L., et al. (2021) ²⁸	Nepal	Lower-Middle Income	Mental Health	Second and third year pre-clinical medical students	Educational, Contact based	Mixed effect	6
Vasiljevic et al. (2013) ²⁹	Macedonia	Upper-Middle Income	Ethnicity/ Race/ Religion	Ethic Group	Social activism	Positive	4
Vazquez et al. (2023) ³⁰	Cameroon	Lower-Middle Income	HIV/AIDS	High Risk Groups (female sex workers)	Educational, Contact based, Increased access/ outreach for services	Positive	6
Vogt et al. (2016) ³¹	Sudan	Lower-Middle Income	Gender/Sexuality/ Women's Health	General Population	Social activism	Positive	4
West et al. (2015) ³²	Jamaica	Upper-Middle Income	Gender/Sexuality/ Women's Health	Young Adults	Social activism	No significant effect	4
Wingood et al. (2013) ³³	South Africa	Upper-Middle Income	HIV/AIDS	Women	Educational	Positive	3
Wu et al. (2008) ³⁴	China	Upper-Middle Income	HIV/AIDS	Health Professionals	Educational	Positive	3
Yang et al. (2022) ³⁵	Botswana	Lower-Middle Income	HIV/AIDS	Pregnant women living with HIV aged 18-45 years in Botswana	Educational, Contact based, Increased access/ outreach for services	Positive	5
Cluster Randomised Controlled Trials							
Aplasca et al. (1995) ³⁶	Philippines	Lower-Middle Income	HIV/AIDS	Children and Adolescents	Educational	Positive	4
Arthur et al. (2020) ³⁷	Ghana	Lower-Middle Income	Mental Health	Current district assembly members (similar to local councillors)	Educational	No significant effect	6
Arthur et al. (2021) ³⁸	Ghana	Lower-Middle Income	Mental Health	Ghanaian community leaders	Educational, Contact based	Positive	6
Caceres et al. (1994) ³⁹	Peru	Lower-Middle Income	HIV/AIDS	Children and Adolescents	Educational	Positive	4
Chongruksa et al. (2011) ⁴⁰	Thailand	Lower-Middle Income	Ethnicity/ Race/ Religion	Ethnic Group	Educational, Contact based	Positive	4
Dey et al. (2020) ⁴¹	India	Lower-Middle Income	Mental Health	Residents of Kolkata (From one of the three clusters: urban, homeless, comparison site) between the ages of 18-60 years, no known mental illness.	Educational, Contact based, Increased access/ outreach for services	Positive	6
Dijkstra et al. (2023) ⁴²	Ethiopia	Low Income	Mental Health	People with diagnosed Schizophrenia Spectrum Disorder and primary caregivers of People living with the condition	Educational, Contact based	No significant effect	6
Doherty T et al. (2013) ⁴³	South Africa	Upper-Middle Income	HIV/AIDS	General Population	Educational, Increased access/ outreach for services	No significant effect	5
Green et al. (2021) ⁴⁴	Tanzania	Lower-Middle Income	HIV/AIDS	Villagers from 30 rural villages distributed evenly across 15 wards in Tanzania's northeastern Tanga Region.	Educational, Contact based	Positive	2
Harvey et al. (2000) ⁴⁵	South Africa	Upper-Middle Income	HIV/AIDS	Children and Adolescents	Social activism, Contact based	Positive	5
Jürgensen et al. (2013) ⁴⁶	Zambia	Lower-Middle Income	HIV/AIDS	General Population	Educational, Increased access/ outreach for services	Positive	6
Kohrt et al. (2021) ⁴⁷	Nepal	Lower-Middle Income	Mental Health	Primary care practitioners and People With Lived Experience of mental illness	Educational	Positive	5
Li et al. (2018) ⁴⁸	Vietnam	Lower-Middle Income	Alcohol and Drug Use	Health professionals	Educational	Positive	5
Li et al. (2013) ⁴⁹	China	Upper-Middle Income	HIV/AIDS	Health professionals	Educational	Positive	6
Li et al. (2013) ⁵⁰	China	Upper-Middle Income	HIV/AIDS	Health professionals	Educational	Positive	6
Li et al. (2015) ⁵¹	China	Upper-Middle Income	HIV/AIDS	Health professionals	Educational	Positive	6
Li et al. (2013) ⁵²	China	Upper-Middle Income	Alcohol and Drug Use	Health Professionals, People Living with Condition (Drug User)	Educational, Contact based, Increased access/ outreach for services	No significant effect	4
Li et al. (2014) ⁵³	China	Upper-Middle Income	HIV/AIDS	Health professionals	Educational	Positive	4
Li et al. (2014) ⁵⁴	China	Upper-Middle Income	HIV/AIDS	Health professionals	Educational	Positive	4
Liu J. (2015) ⁵⁵	China	Upper-Middle Income	HIV/AIDS	High Risk Groups (Sex Workers)	Educational	Positive	6

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Low et al. (2013) ⁵⁶	Kenya	Low income	HIV/AIDS	General Population	Counselling/ mentoring/ Case management, Increased access/ outreach for services	No significant effect	3
Paluck et al. (2009) ⁵⁷	Rwanda	Low income	Ethnicity/ Race/ Religion	General Population, Survivors of Genocide & Perpetrators of Genocide	Educational	No significant effect	1
Paluck et al. (2009) ⁵⁸	Rwanda	Low income	Ethnicity/ Race/ Religion	General Population, Survivors of genocide & Perpetrators of Genocide	Educational	Positive	1
Peltzer et al. (2011) ⁵⁹	South Africa	Upper-Middle Income	HIV/AIDS	Young Adults	Educational	Positive	4
Peltzer et al. (2012) ⁶⁰	South Africa	Upper-Middle Income	HIV/AIDS	Young Adults	Educational	Positive	4
Pereira et al. (2015) ⁶¹	Brazil	Upper-Middle Income	Mental Health	Teachers	Educational	Positive	5
Peters et al. (2015) ⁶²	Indonesia	Lower-Middle Income	Leprosy	General Population	Educational, Contact based	Positive	5
Ran et al. (2003) ⁶³	China	Upper-Middle Income	Mental Health	Caregivers of People Living with Condition (Mental Health)	Educational, Increased access/ outreach for services	Positive	3
Sanja Totic et al. (2012) ⁶⁴	Serbia	Upper-Middle Income	Mental Health	Health Professionals	Educational	Negative	2
Wilke, A. M., et al. (2020) ⁶⁵	Uganda	Lower-Middle Income	Ethnicity/ Race/ Religion	Village community (56 villages)	Social activism, Contact based, Increased access/ outreach for services	Positive	6
Young et al. (2011) ⁶⁶	Peru	Upper-Middle Income	HIV/AIDS	High Risk Groups (unemployed men, gay men, socially marginalised women)	Educational	Positive	5
Quasi-Experimental							
Adelekan et al. (2001) ⁶⁷	Nigeria	Low income	Mental Health	Health Professionals	Educational	Positive	3
Ajuwon et al. (2014) ⁶⁸	Nigeria	Lower-Middle Income	HIV/AIDS	General Population	Educational, Contact based	Positive	2
Akuiyibo et al. (2021) ⁶⁹	Nigeria	Lower-Middle Income	Gender/Sexuality/ Women's Health	Young people aged 15–24 years, who participated in the MTV Shuga Peer Education intervention, from communities in Kaduna and Kano States	Educational, Contact based	Positive	4
Al Ramiah and Hewstone M. (2012) ⁷⁰	Malaysia	Upper-Middle Income	Ethnicity/ Race/ Religion	Children and Adolescents	Educational, Contact based	Positive	3
Al-Iryani et al. (2011) ⁷¹	Yemen	Lower-Middle Income	HIV/AIDS	Children and Adolescents	Educational	Positive	3
Apinundecha et al. (2007) ⁷²	Thailand	Lower-Middle Income	HIV/AIDS	General Population	Educational, Contact based	Positive	3
Armstrong et al. (2011) ⁷³	India	Lower-Middle Income	Mental Health	Health Professionals	Educational	Positive	4
Artawan Eka Putra et al. (2023) ⁷⁴	Indonesia	Upper-Middle Income	Tuberculosis	Household contacts of people with Tuberculosis	Educational, Contact based, Increased access/ outreach for services	Positive	5
Bahrami R and Khalifi T et al.(2022) ⁷⁵	Iran	Lower-Middle Income	Mental Health	18 to 65 years of age, spending the most caregiving time for the person with bipolar disorder, and lack of physical disability.	Educational, Contact based	Positive	5
Balfour et al. (2013) ⁷⁶	South Africa	Upper-Middle Income	HIV/AIDS	Men and women aged 20 -79 years, who are community members in Eswatini, Uganda and Zimbabwe.	Educational	Positive	4
Balogun et al. (2015) ⁷⁷	Nigeria	Lower-Middle Income	Tuberculosis	General Population	Educational, Increased access/ outreach for services	Negative	5
Bandopadhyay et al.(2021) ⁷⁸	Zimbabwe, Uganda & Eswatini	Lower-Middle Income & Low Income	HIV/AIDS	Men and women aged 20-79 years, who are community members in Eswatini, Uganda and Zimbabwe.	Educational, Contact based	Positive	5
Baptiste et al. (2006) ⁷⁹	South Africa	Upper-Middle Income	HIV/AIDS	Children and Adolescents & Parents	Educational	Positive	2
Bekele et al. (2016) ⁸⁰	Ethiopia	Low income	HIV/AIDS	Children and Adolescents	Educational	Positive	4
Bella-Awusah et al. (2014) ⁸¹	Nigeria	Lower-Middle Income	Mental Health	Children and Adolescents	Educational	No significant effect	3
Bichoualme et al. (2023) ⁸²	Morocco	Lower-Middle Income	Mental Health	High School in-service teachers	Educational, Contact based	Positive	4
Bilali et al. (2016) ⁸³	Burundi	Low income	Ethnicity/ Race/ Religion	General Population	Not described	Positive	5
Bitta et al. (2023) ⁸⁴	Kenya	Lower-Middle Income	Mental Health	General Population	Educational, Contact based	Positive	5

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Boon et al. (2009) ⁸⁵	South Africa	Upper-Middle Income	HIV/AIDS	Caregivers of People with Condition (Orphans from HIV/AIDS)	Educational	Positive	3
Brick et al. (2021) ⁸⁶	Liberia	Lower-Middle Income	Mental Health	Secondary science teachers	Educational	Mixed effect	5
Bu et al. (2023) ⁸⁷	China	Lower-Middle Income	Mental Health	Elite athletes teams' staff and officials	Educational, Contact based	Positive	6
Cheng et al. (2008) ⁸⁸	China	Lower-Middle Income	HIV/AIDS	Children and Adolescents	Educational	Positive	4
Chenneville et al. (2019) ⁸⁹	Kenya	Lower-Middle Income	HIV/AIDS	Youth between the ages of 13-24 years	Educational, Contact based	Positive	5
Cherian et al. (2009) ⁹⁰	South Africa	Upper-Middle Income	HIV/AIDS	Criminal Justice Professionals	Not described	No significant effect	3
Chi et al. (2015) ⁹¹	China	Upper-Middle Income	Gender/Sexuality/ Women's Health	Young Adults	Educational	Positive	4
Chidrawi et al. (2014) ⁹²	South Africa	Upper-Middle Income	HIV/AIDS	People Living with Condition (HIV)	Educational	Positive	4
Chimwaza et al. (2012) ⁹³	Malawi	Low income	HIV/AIDS	People Living with Condition (HIV)	Educational, Increased access/ outreach for services	No significant effect	3
Colchero et al. (2016) ⁹⁴	Mexico	Upper-Middle Income	HIV/AIDS	Health professionals	Educational, Increased access/ outreach for services	Positive	5
Cole et al. (2003) ⁹⁵	West Bank & Gaza	Lower-Middle Income	Ethnicity/ Race/ Religion	Ethnic Group	Social activism	Positive	3
Costa et al. (2016) ⁹⁶	Brazil	Upper-Middle Income	Gender/Sexuality/ Women's Health	Health professionals	Educational	Positive	4
Creel et al. (2011) ⁹⁷	Malawi	Lower-Middle Income	HIV/AIDS	General Population	Social activism, Contact based	Positive	6
Da Silva C. et al. (2011) ⁹⁸	Brazil	Upper-Middle Income	Mental Health	Health professionals	Educational	Positive	5
Denison et al. (2012) ⁹⁹	Zambia	Lower-Middle Income	HIV/AIDS	Children and Adolescents	Educational	Positive	3
De Lemus et al. (2014) ¹⁰⁰	Argentina & El Salvador	Upper-Middle Income ; Lower-Middle Income	Gender/Sexuality/ Women's Health	Other (Researchers)	Educational	Positive	6
Devarayasamudram et al. (2018) ¹⁰¹	India	Lower-Middle Income	HIV/AIDS	Young women aged between 20-40 years, living in the selected eight blocks (villages)/mandals (subdistricts)	Educational, Contact based	Positive	3
Edwards N et al. (2016) ¹⁰²	Jamaica, Kenya, South Africa & Uganda	Upper-Middle Income, Lower-Middle Income, Upper-Middle Income & Low Income	HIV/AIDS	Health professionals	Counselling/ mentoring/ Casemanagement	Positive	5
Esen-Danaci et al. (2016) ¹⁰³	Turkey	Lower-Middle Income	Mental Health	Health professionals	Educational, Increased access/ outreach for services	Positive	2
Ezedinachi ENU et al. (2002) ¹⁰⁴	Nigeria	Lower-Middle Income	HIV/AIDS	Health professionals	Educational	Positive	4
Fawole et al. (1999) ¹⁰⁵	Nigeria	Lower-Middle Income	HIV/AIDS	Children and Adolescents	Educational	Positive	2
Fawzi et al. (2010) ¹⁰⁶	Haiti	Lower-Middle Income	HIV/AIDS	People Living with Condition (Children with HIV) & Caregivers of People Living with Conditions	Educational	Positive	4
Fawzi et al. (2012) ¹⁰⁷	Haiti	Lower-Middle Income	HIV/AIDS	People Living with Condition (HIV Affected Families)	Counselling/ mentoring/ Casemanagement,	Positive	5
Figueroa et al. (2016) ¹⁰⁸	Mozambique	Low income	HIV/AIDS	General Population	Educational, Contact based	Positive	3
Gao et al. (2012) ¹⁰⁹	China	Upper-Middle Income	HIV/AIDS	Children and Adolescents	Educational	Positive	3
Geetha et al. (2012) ¹¹⁰	India	Lower-Middle Income	Disability	Teachers	Educational	Positive	2
Geibel et al. (2017) ¹¹¹	Bangladesh	Low income	HIV/AIDS	Health professionals	Educational	Positive	3
Giuliano et al. (2019) ¹¹²	Bolivia	Lower-Middle Income	Disability	Ethnic groups	Educational, Contact based	No significant effect	5
Gonzalez-Bernal et al. (2021) ¹¹³	Morocco	Lower-Middle Income	Disability	Beneficiary or in contact with the "Happiness Without Borders (HWB) Association", residing in Azrou or in the continuous localities.	Educational, Contact based	Positive	5
Goswami et al. (2024) ¹¹⁴	India	Lower-Middle Income	Mental Health	College students in a residential university	Educational, Contact based, Increased access/ outreach for services	Positive	6
Gupta et al. (2012) ¹¹⁵	India	Lower-Middle Income	HIV/AIDS	Children and Adolescents	Educational	Positive	2
He et al. (2016) ¹¹⁶	China	Upper-Middle Income	HIV/AIDS	Health professionals	Educational, Increased access/ outreach for services	Positive	4

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Hearst et al. (2022) ¹¹⁷	Zambia	Low income	Disability	Children with disabilities	Educational, Contact based, Increased access/ outreach for services	Positive	2
Iheanacho et al. (2014) ¹¹⁸	Nigeria	Lower-Middle Income	Mental Health	Health professionals	Educational	Positive	4
Iwu et al. (2021) ¹¹⁹	Nigeria	Lower-Middle Income	Gender/Sexuality/ Women's Health	Traditional birth attendants practising within the three senatorial geopolitical zones of Imo State.	Educational, Contact based	Positive	6
Jacobi et al. (2020) ¹²⁰	Cameroon	Lower-Middle Income	HIV/AIDS	Secondary school students, between the ages of 16-18 years.	Educational, Contact based	Positive	2
Jafari et al. (2012) ¹²¹	Iran	Upper-Middle Income	HIV/AIDS	Health professionals	Educational	Positive	5
Jain et al. (2013) ¹²²	Thailand	Upper-Middle Income	HIV/AIDS	General Population	Educational	Positive	4
Jewkes et al. (2014) ¹²³	South Africa	Upper-Middle Income	Gender/Sexuality/ Women's Health	High Risk Groups (Out of School Youths)	Educational	Positive	6
Junqueira et al. (2015) ¹²⁴	Brazil	Upper-Middle Income	Alcohol and Drug Use	Health professionals	Educational	Positive	6
Kaponda et al. (2009) ¹²⁵	Malawi	Low income	HIV/AIDS	Health professionals	Educational, Contact based	Positive	4
Kaponda et al. (2011) ¹²⁶	Malawi	Low income	HIV/AIDS	General Population	Educational	No significant effect	6
Kohrt et al. (2015) ¹²⁷	Liberia	Low income	Mental Health	Health Professionals & Criminal Justice Professionals	Educational	Positive	5
Kraft et al. (2012) ¹²⁸	Zambia	Lower-Middle Income	HIV/AIDS	General Population	Educational	No significant effect	5
Kumari et al. (2023) ¹²⁹	India	Lower-Middle Income	Mental Health	People Living with Condition (Schizophrenia and Affective Disorder) and attending outpatient setting of one of the institutes of mental health	Educational, Contact based	Positive	5
Lalani and Bhutta (2019) ¹³⁰	Pakistan	Lower-Middle Income	Ethnicity/ Race/ Religion	School students	Educational, Contact based	Positive	3
Levav et al. (2005) ¹³¹	Argentina, Brazil, Chile, Colombia & Costa Rica	Upper-Middle Income, Lower-Middle Income, Upper-Middle Income, Lower-Middle Income & Upper-Middle Income	Mental Health	Health Professionals	Educational	No significant effect	4
Levy et al. (2021) ¹³²	Kenya	Lower-Middle Income	HIV/AIDS	Pregnant adolescent girls and adolescent mothers	Counselling/ mentoring/ Case management, Contact based, Increased access/ outreach for services	Positive	4
Li et al. (2010) ¹³³	China	Upper-Middle Income	HIV/AIDS	High Risk Groups (Market Vendors)	Educational, Contact based	Positive	5
Li et al. (2014) ¹³⁴	China	Upper-Middle Income	Mental Health	Health Professionals	Educational, Contact based	Positive	6
Li et al. (2011) ¹³⁵	China	Upper-Middle Income	HIV/AIDS	Children and Adolescents	Educational	Positive	5
Lohiniva et al. (2016) ¹³⁶	Egypt	Lower-Middle Income	HIV/AIDS	Health Professionals	Educational, Contact based	Positive	4
Makenzius et al. (2023) ¹³⁷	Kenya	Lower-Middle Income	Gender/Sexuality/ Women's Health	Secondary school students	Educational, Contact based	Positive	4
Manzoor et al. (2019) ¹³⁸	Pakistan	Lower-Middle Income	HIV/AIDS	Male and female doctors from different specialties, with community medicine or public health professionals, clinical medical professionals and dentists.	Educational, Contact based, Increased access/ outreach for services	Positive	2
Maulik et al. (2017) ¹³⁹	India	Lower-Middle Income	Mental Health	Lay village health workers (Accredited Social Health Activists -ASHAs) and primary care doctors	Educational, Contact based, Increased access/ outreach for services	Positive	4
Mbeba et al. (2011) ¹⁴⁰	Malawi	Low Income	HIV/AIDS	Health Professionals	Educational	Positive	4
Mueller et al. (2011) ¹⁴¹	South Africa	Upper-Middle Income	HIV/AIDS	Children and Adolescents	Counselling/ mentoring/ Case management	Positive	5
Mutiso et al. (2017) ¹⁴²	Kenya	Lower-Middle Income	Mental Health	People Living with Condition (mental health disorders)	Educational, Contact based, Increased access/ outreach for services	Positive	4
Norr et al. (2012) ¹⁴³	Chile	Upper-Middle Income	HIV/AIDS	Health Professionals	Educational, Contact based	Positive	4
Norr et al. (2007) ¹⁴⁴	Malawi	Low Income	HIV/AIDS	Teachers	Educational	Positive	4

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Nyblade, L., et al. (2020) ¹⁴⁵	Ghana	Lower-Middle Income	HIV/AIDS	Healthcare staff from 20 facilities	Educational, Contact based	Positive	6
Onileimo, V., et al. (2021) ¹⁴⁶	Nigeria	Lower-Middle Income	Mental Health	Paediatric nurses	Educational, Contact based	Positive	6
Perez F. and Dabis F. (2003) ¹⁴⁷	Colombia	Lower-Middle Income	HIV/AIDS	Teachers Children and Adolescents	Educational	Positive	1
Pisal et al. (2007) ¹⁴⁸	India	Lower-Middle Income	HIV/AIDS	Health professionals	Educational, Contact based	Positive	4
Potts, L. C. and C. Henderson (2021) ¹⁴⁹	Ghana & Kenya	Lower-Middle Income	Mental Health	Men and women aged 18-34 years regular users of social media	Educational, Contact based	Positive	6
Praharaj, S. K., et al. (2021) ¹⁵⁰	India	Lower-Middle Income	Mental Health	Fifth-semester undergraduate medical students	Educational, Contact based	No significant effect	6
Pufahl, J., et al. (2021) ¹⁵¹	India	Lower-Middle Income	Gender/Sexuality/ Women's Health	Audience aged more than 18 years	Educational	Positive	6
Pulerwitz et al. (2015) ¹⁵²	Ethiopia	Low Income	Gender/Sexuality/ Women's Health	Men	Educational, Contact based	Positive	4
Pulerwitz et al. (2015) ¹⁵³	Vietnam	Lower-Middle Income	HIV/AIDS	Health professionals	Educational, Contact based	Positive	3
Ravindran, A. V., et al. (2018) ¹⁵⁴	Nicaragua	Lower-Middle Income	Mental Health	High school and University students 14-25 years	Educational, Contact based	Positive	6
Saad, A. et al. (2012) ¹⁵⁵	Nigeria	Lower-Middle Income	HIV/AIDS	Young Adults	Educational	Positive	4
Samal, J. and R. K. Dehury (2017) ¹⁵⁶	India	Lower-Middle Income	Tuberculosis	100 households	Educational, Contact based	Positive	6
Schensul, S. L., et al. (2021) ¹⁵⁷	India	Lower-Middle Income	HIV/AIDS	HIV positive males who consume alcohol	Counselling/ mentoring/ Case management, Contact based	Positive	6
Shah et al. (2014) ¹⁵⁸	India	Lower-Middle Income	HIV/AIDS	Health Professionals	Educational, Contact based	Positive	4
Sifunda et al. (2008) ¹⁵⁹	South Africa	Upper-Middle Income	HIV/AIDS	High Risk Group (Prisoners)	Educational	No significant effect	3
Soares et al. (2013) ¹⁶⁰	Brazil	Upper-Middle Income	Alcohol and Drug Use	Health Professionals	Educational	No significant effect	3
Sorcar et al. (2009) ¹⁶¹	India	Lower-Middle Income	HIV/AIDS	Children and Adolescents & Young Adults	Educational	Positive	3
Stiernborg et al. (1996) ¹⁶²	Philippines	Lower-Middle Income	HIV/AIDS	Health Professionals	Educational, Contact based	No significant effect	3
Taher et al. (2011) ¹⁶³	Egypt	Lower-Middle Income	HIV/AIDS	Health Professionals	Educational	Positive	4
Tefera et al. (2013) ¹⁶⁴	Ethiopia	Low Income	HIV/AIDS	High Risk Groups (Sex Workers, Parking Lot Workers, Labourers, Taxi Drivers) and People Living with Condition (HIV/AIDS)	Educational	Positive	4
Teoh et al. (2023) ¹⁶⁵	Malaysia	Upper-Middle Income	Leprosy	Health professionals	Educational, Contact based	Positive	5
Tilahun, D., et al. (2019) ¹⁶⁶	Ethiopia	Low Income	Disability	Rural health extension workers (HEW)	Educational, Contact based	Positive	6
Uwakwe C.B.U (2000) ¹⁶⁷	Nigeria	Low Income	HIV/AIDS	Health Professionals	Educational	Negative	4
Uys et al. (2009) ¹⁶⁸	Lesotho, Malawi, South Africa, Swaziland & Tanzania	Lower-Middle Income, Low Income, Upper-Middle Income, Lower-Middle Income and Low Income	HIV/AIDS	Health Professionals	Educational, Contact based	Positive	3
Van den Broek et al. (1998) ¹⁶⁹	Tanzania	Low Income	Leprosy	General Population	Educational	Positive	2
Wang et al. (2009) ¹⁷⁰	China	Upper-Middle Income	HIV/AIDS	Health Professionals	Educational	Positive	3
Williams et al. (2006) ¹⁷¹	China	Upper-Middle Income	HIV/AIDS	Health Professionals	Educational	Positive	5
Worakul et al. (2007) ¹⁷²	Thailand	Lower-Middle Income	Mental Health	Caregivers of People Living with the Condition (Mental Health)	Educational	Positive	3
Ye et al. (2009) ¹⁷³	China	Upper-Middle Income	HIV/AIDS	Children and Adolescents	Educational	No significant effect	2
Zhang et al. (2013) ¹⁷⁴	China	Upper-Middle Income	HIV/AIDS	High Risk Groups (Internal Chinese Migrants)	Counselling/ mentoring/ Case management	Positive	3
Zhao et al. (2005) ¹⁷⁵	China	Upper-Middle Income	HIV/AIDS	High Risk Groups (Drug User)	Educational, Contact based	Positive	4

	Country	Income Group	Stigma Context	Target Population	Nature of the intervention	Direction of Effect	Quality Assessment (out of 6)
Non-Experimental							
Berendes et al. (2011) ¹⁷⁶	Malawi	Low Income	HIV/AIDS	General Population	Educational	Positive	5
Blanchard et al. (2013) ¹⁷⁷	India	Lower-Middle Income	HIV/AIDS	High Risk Groups (Female Sex Workers)	Social activism, Increased access/ outreach for services	Positive	4
Geary et al. (2007) ¹⁷⁸	Brazil, Nepal and Senegal	Upper Middle Low Low	HIV/AIDS	General Population	Not described	Positive	2
Keating et al. (2006) ¹⁷⁹	Nigeria	Low Income	HIV/AIDS	General Population	Educational	Positive	5
Lapinski et al. (2008) ¹⁸⁰	Nigeria	Lower-Middle Income	HIV/AIDS	General Population	Educational, Contact based	Positive	3
Mall et al. (2013) ¹⁸¹	South Africa	Upper-Middle Income	HIV/AIDS	General Population	Educational, Increased access/ outreach for services	Positive	3
Manyedi et al. (2010) ¹⁸²	South Africa	Upper-Middle Income	HIV/AIDS	People Living With the Condition (HIV Patients)	Counselling/ mentoring/ Case management	Positive	3
Mashimo et al. (2001) ¹⁸³	Thailand	Lower-Middle Income	HIV/AIDS	General Population	Educational	Positive	1
Márquez-Cervantes ¹⁸⁴	Mexico	Upper-Middle Income	Mental Health	Medical students in fifth year	Educational, Contact based	Positive	3
Maulik et al. (2019) ¹⁸⁵	India	Lower-Middle Income	Mental Health	Rural communities	Education, Contact based	Positive	5
Nambiar et al. (2011) ¹⁸⁶	India	Lower-Middle Income	HIV/AIDS	People Living With the Condition (HIV Patients)	Educational	Positive	3
Peltzer et al. (2012) ¹⁸⁷	South Africa	Upper-Middle Income	HIV/AIDS	General Population	Educational	Positive	2
Powel and Qushua. (2023) ¹⁸⁸	Syria	Low Income	Mental Health	Jordanians and resettled Syrians of both sexes	Educational, Contact based	Positive	6
Sanhori et al. (2019) ¹⁸⁹	Sudan	Lower-Middle Income	Mental Health	All adults aged 18 and above, living in the study areas	Educational, Contact based	No significant effect	5
Takahashi et al. (2009) ¹⁹⁰	Cambodia	Low Income	HIV/AIDS	General Population	Educational	Not applicable	0
West, K. (2016) ¹⁹¹	Jamaica	Upper-Middle Income	Gender/Sexuality/ Women's Health	General Population	Social activism	Positive	2
Zunyo et al. (2002) ¹⁹²	China	Upper-Middle Income	HIV/AIDS	Health Professionals & General Population	Educational	Positive	4

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