

**Characteristics of patients adhering to PRO-based follow-up according to demographic, disease-related and individual determinants divided to high ( $\geq 83\%$ ) and low ( $< 83\%$ ) adherence. N = 93**

	Low adherence, N = 23 n (%)	High adherence, N = 70 n (%)	P value X <sup>2</sup> test
<b>Age, years</b>			0.18
≤ 69	7 (30)	23 (33)	
70-79	8 (35)	35 (50)	
≥ 80	8 (35)	12 (17)	
<b>Gender</b>			0.86
Male	14 (61)	44 (63)	
<b>Education</b>			0.48
High (> 12 years)	6 (26)	12 (17)	
Medium (10-12 years)	10 (44)	34 (49)	
Low (< 10 years)	4 (17)	19 (27)	
Missing	3 (13)		
<b>Labour market affiliation</b>			0.79
Employed	3 (13)	8 (11)	
Non employed	18 (78)	58 (83)	
Missing	2 (9)	4 (6)	
<b>Renal function</b>			0.53
CKD 3b	10 (43)	31 (44)	
CKD 4/5	13 (57)	39 (56)	
<b>Comorbidity (Charlson Index)</b>			0.17
Low 0	-	5 (7)	
Medium 1-2	18 (78)	42 (60)	
High > 2	5 (22)	23 (33)	
<b>General health</b>			0.14
Excellent/very good	2 (9)	19 (27)	
Good	12 (52)	27 (39)	
Fair/poor health	9 (39)	24 (34)	
<b>Self-efficacy (GSE)</b>			0.58
Mean (SD)	30.1 (5.11)	30.3 (5.0)	
Median [IQR]	31 [8]	30 [7]	
<b>HLQ 4: Social support for health</b>			0.73
Mean (SD)	3.19 (0.65)	3.22 (0.46)	
Median [IQR]	3.3 [0.8]	3.2 [0.6]	
Missing	2 (9)	4 (6)	
<b>HLQ 6: Ability to actively engage with healthcare providers</b>			0.50
Mean (SD)	4.05 (0.64)	3.92 (0.70)	
Median [IQR]	4 [0.8]	4 [0.8]	
Missing	2 (9)	4 (6)	
<b>HLQ 9: Understanding health information well enough to know what to do</b>			0.65
Mean (SD)	3.95 (0.59)	3.93 (0.58)	
Median [IQR]	3.8 [0.8]	4 [0.6]	
Missing	2 (9)	4 (6)	
<b>Patient activation<sup>a)</sup></b>			0.21
Agree/strongly agree	19 (82)	64 (77)	
Disagree/strongly disagree	2 (9)	2 (50)	
Missing	2 (9)		
<b>Patient activation<sup>b)</sup></b>			0.21
Agree/strongly agree	17 (74)	60 (86)	
Disagree/strongly disagree	4 (17)	6 (8)	
Missing	2 (9)	4 (6)	

CKD: Chronic Kidney Disease; HLQ: Health Literacy Questionnaire; GSE: General Self-efficacy scale;

<sup>a)</sup> Taking an active role in my own health care is the most important thing that affects my health

<sup>b)</sup> I am confident I can figure out solutions when new situations or problems arise with my health condition

