nature portfolio

Corresponding author(s):	Eric R. Dufresne
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Reporting Summary

Nature Portfolio wishes to improve the reproducibility of the work that we publish. This form provides structure for consistency and transparency in reporting. For further information on Nature Portfolio policies, see our Editorial Policies and the Editorial Policy Checklist.

For all statistical analyses, confirm that the following items are present in the figure legend, table legend, main text, or Methods section.

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St	at	121	ICS

n/a	Cor	nfirmed
×		The exact sample size (n) for each experimental group/condition, given as a discrete number and unit of measurement
×		A statement on whether measurements were taken from distinct samples or whether the same sample was measured repeatedly
x		The statistical test(s) used AND whether they are one- or two-sided Only common tests should be described solely by name; describe more complex techniques in the Methods section.
×		A description of all covariates tested
×		A description of any assumptions or corrections, such as tests of normality and adjustment for multiple comparisons
×		A full description of the statistical parameters including central tendency (e.g. means) or other basic estimates (e.g. regression coefficient) AND variation (e.g. standard deviation) or associated estimates of uncertainty (e.g. confidence intervals)
x		For null hypothesis testing, the test statistic (e.g. <i>F</i> , <i>t</i> , <i>r</i>) with confidence intervals, effect sizes, degrees of freedom and <i>P</i> value noted <i>Give P values as exact values whenever suitable.</i>
×		For Bayesian analysis, information on the choice of priors and Markov chain Monte Carlo settings
×		For hierarchical and complex designs, identification of the appropriate level for tests and full reporting of outcomes
×		Estimates of effect sizes (e.g. Cohen's d, Pearson's r), indicating how they were calculated
		Our web collection on <u>statistics for biologists</u> contains articles on many of the points above.

Software and code

Policy information about availability of computer code

Data collection Microscopy images were acquired with NIS-Elements.

Data analysis Image analysis was performed using ImageJ and Matlab. Numerical simulations of Eqs. (5)(6) are done with COMSOL Multiphysics.

The codes are available at https://doi.org/10.5281/zenodo.10912624

For manuscripts utilizing custom algorithms or software that are central to the research but not yet described in published literature, software must be made available to editors and reviewers. We strongly encourage code deposition in a community repository (e.g. GitHub). See the Nature Portfolio guidelines for submitting code & software for further information.

Data

Policy information about availability of data

All manuscripts must include a <u>data availability statement</u>. This statement should provide the following information, where applicable:

- Accession codes, unique identifiers, or web links for publicly available datasets
- A description of any restrictions on data availability
- For clinical datasets or third party data, please ensure that the statement adheres to our policy

Source data are provided as a Source Data file. In addition, a representative sample of raw movies are available at \url{https://doi.org/10.5281/zenodo.10912624}.

Research involving human participants, their data, or biological material

Policy information ab and sexual orientatio		with human participants or human data. See also policy information about sex, gender (identity/presentation), thnicity and racism.	
Reporting on sex and	gender	N/A	
Reporting on race, ethnicity, or other socially relevant groupings		N/A	
Population characteristics		N/A	
Recruitment		N/A	
Ethics oversight		N/A	
Note that full information	on on the appro	oval of the study protocol must also be provided in the manuscript.	
Field-spec	cific re	porting	
Please select the one	below that is	the best fit for your research. If you are not sure, read the appropriate sections before making your selection.	
x Life sciences	Ве	ehavioural & social sciences	
For a reference copy of the	document with a	all sections, see <u>nature.com/documents/nr-reporting-summary-flat.pdf</u>	
Life sciend	ces stu	udy design	
All studies must discl	ose on these p	points even when the disclosure is negative.	
Sample size	No statistical analysis is present in this work.		
F	For terminal vel n particle tracki	measurements, value with a low signal to noise ratio were excluded. ocity measurements, outliers which likely corresponds to non isolated drops, were excluded from the quadratic fit. ing velocimetry, particles with a too low brightness, particle clumps, and outlier tracks which likely correspond too false the detection algorithm, were excluded from the analysis.	
Replication	Each experiment was replicated several times sucessfully (see Statistics and reproducibility section in Methods).		
Randomization This study does no		not contain experimental groups, and thus did not use any randomisation.	
Blinding is not re		elevant to our study as there are no experimental groups.	
We require information	from authors a	Decific materials, systems and methods about some types of materials, experimental systems and methods used in many studies. Here, indicate whether each material, your study. If you are not sure if a list item applies to your research, read the appropriate section before selecting a response.	
Materials & expe	erimental sy	ystems Methods	
n/a Involved in the	study	n/a Involved in the study	
X Antibodies		X ChIP-seq	
Eukaryotic cell lines X Palaeontology and archaeology		ogy Flow cytometry MRI-based neuroimaging	
Clinical data			
Dual use research of concern			
x Plants			

Plants

Seed stocks	(N/A
Novel plant genotypes	N/A
A of the second	
Authentication	N/A