

	Comparability of the target group	Target group selection	Confounders	Measurement of intervention/exposure	Blinding of assessors	Outcome assessment	Incomplete outcome data	Selective outcome reporting
Abdel-Qader 2022	+	+	+	?	+	?	+	+
Alkhalifah 2023	?	+	+	+	?	?	?	+
Garcia-Alanis 2022?	?	+	+	+	+	+	+	+
Lai 2022	+	+	+	+	+	+	+	+
Lloyd 2022	+	+	+	+	+	+	+	+
Wan 2022	+	+	+	+	+	+	+	+
Wong 2022	+	+	+	+	+	+	+	+

**Supplementary Figure 1.** Risk of bias.