

Supplementary Table 2 Differences in lifestyle factors at 1-year postpartum according to breastfeeding category in women with prior GDM

Lifestyle factors	BF ^{<6}	BF ^{≥6}	Model 1 ^a		Model 2 ^b	
	(n=69) mean±SD	(n=102) mean±SD	β (95%CI)	p-value	β (95%CI)	p-value
Food intake (daily total calorie consumption, kcal/day) (n=160)	1575.3±1250.3	1518.7± 735.4	-51.62 (-363.23, 260.00)	0.74	-49.62 (-380.38, 282.14)	0.77
Daily total physical activity (min/day) (n=119)	309.8±79.0	322.2±96.6	14.61 (-18.72, 47.95)	0.39	14.57 (-20.60, 49.73)	0.41
Time spent in moderate and vigorous physical activity (min/day) (n=119)	144.3± 60.5	148.2± 66.2	4.90 (-18.95, 28.75)	0.69	3.12 (-21.77, 28.00)	0.80

Data are expressed as mean±standard deviation and beta (95% confidence interval). BF^{<6} denotes no or <6 months of breastfeeding; BF^{≥6} denotes ≥6 months of breastfeeding.

^a Adjusted for group allocation.

^b Adjusted for group allocation, pre-pregnancy BMI, educational level and glucose-lowering treatment in pregnancy.

