

APPENDIX C

Measurement Model

Variable	Item	Indicator Loading	ρ_{hc}	AVE
Retirement Support Friends and Family	Spouse/ partner	0.415	.780	.566
	Other family members	0.961		
	Other friends	0.775		
Retirement Support Sport	Team mates	1.000	.787	.664
	Coach	0.573		
Retirement Support Sports Organisations	National sporting organisation	0.973	.833	.564
	State association	0.700		
Identity Retirement Difficulties Identity	Missing social aspect of sport	0.522	.873	.641
	Loss of (elite athlete) status	0.790		
	Feeling incompetent in activities other than sport	0.917		
	Lack of self-confidence	0.909	.745	.512
Life Stresses Retirement Difficulties	Job/ study pressures	0.501		
	Relationships with coach/ sport managers	-		
	Ongoing injury management	-		
	Relationships with family/friends	0.979		
	Personal illness (physical/mental)	0.573		
	Illness in family	-		
Positive Retirement Experiences	I enjoy having a more flexible lifestyle than before I retired.	-	.760	.533
	I am enjoying and appreciating retirement.	0.704		
	I have social groups I enjoy spending time with.	0.944		
	I have enough time for activities I enjoy and find interesting.	0.461		
	I have enough money to be happy.	-		
Negative Retirement Experiences	I don't have many meaningful tasks or roles now that I am retired	0.720	.841	.639
	I am finding it hard to adjust to being retired.	0.817		
	I miss the socialising and day-to-day structure of working life.	-		
	I feel anxious more often than I did before I retired.	0.855		
	I frequently feel stressed by financial limitations.	-		
Psychological Wellbeing	I lead a purposeful and meaningful life	0.871	.928	.672
	My social relationships are supportive and rewarding	0.749		
	I am engaged and interested in my daily activities	0.888		
	I actively contribute to the happiness and well-being of others	0.863		
	I am competent and capable in the activities that are important to me	0.733		
	I am a good person and live a good life	0.808		
	I am optimistic about my future	0.906		
	People respect me	0.715		
Psychological Distress	Tired for no good reason?	0.631	.946	.640
	Nervous?	0.726		
	So nervous nothing could calm you down?	0.772		
	Hopeless?	0.908		
	Restless or fidgety?	0.672		
	So restless that you could not sit still?	0.713		
	Depressed?	0.885		
	Depressed that nothing could cheer you up?	0.902		
	That everything was an effort?	0.850		
	Worthless?	0.878		

Items without a factor loading were removed from the final measurement model