

## SUPPLEMENTARY FILE 2:

### Comparison of work participation interventions between UK and Australian Hand Therapy Populations

	UK n=123 (%)	UK rank	Australia <sup>a</sup> n=91 (%)	Australia rank
Delivered psychological support (e.g. counselling, reframing, motivation, stress management)	89 (72)	4	78 (86)	3
Liaised with patient's GP, surgeon or other doctor to provide input for Fit Note certification	82 (67)	5	83 (91)	1
Directed patient to contact their occupational health service	95 (77)	3	N/A	N/A
Directed patient to discuss with their GP, surgeon or other doctor	97 (79)	2	N/A	N/A
Directly provided an Allied Health Professionals (AHP) Health and Work Report	41 (33)	7	20 (22) <sup>b</sup>	10
Directly provided a Fit Note	32 (26)	8		
Discussed graded return to work plans with the patient, including upgrades in hours or duties contingent on specific milestones (e.g. time or recovery progress)	113 (92)	1	80 (88)	2
Designed a written graded return to work plan with the patient to take to their employer with upgrades in hours or duties contingent on specific milestones (separate to the AHP health and work report)	31 (25)	9	36 (40)	7
Liaised directly with patient's employer via phone	16 (13)	10	40 (44)	5
Liaised directly with patient's employer via email or video call			26 (29)	9
Liaised directly with patient's occupational health services via email, phone or video call	10 (8)	13	N/A	N/A
Completed a workplace visit	2 (2)	17	7 (8)	12
Completed a detailed standardised assessment of work functioning for the employer, occupational health, doctor and/or insurer	6 (5)	15	7 (8)	12
Provided regular monitoring of a return-to-work programme, adjusting as necessary	19 (15)	11	48 (53)	4
When previous work was unsuitable, negotiated alternative duties with an employer	10 (8)	13	31 (34)	8
Referred to a specialist vocational rehabilitation service	17 (14)	12	38 (42)	6
Referred to psychological services	61 (50)	6	N/A	N/A
Other	8 (4)	16	12 (13)	11
No work advice	1 (0.8)	18	2 (2)	14

a. O'Brien et al. Hand therapy role in return to work for patients with hand and upper limb conditions. *Journal of Hand Therapy* 2022; 35(2):226-32

b. Return to work certificate