# **Supplemental Online Content**

Ensrud KE, Schousboe JT, Crandall CJ, et al. Hip fracture risk assessment tools for adults aged 80 years and older. *JAMA Netw Open*. 2024;7(6):e2418612. doi:10.1001/jamanetworkopen.2024.18612

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This supplemental material has been provided by the authors to give readers additional information about their work.

#### eTable 1. Cohort Study Information

Cohort <sup>a</sup>	Demographics	Geographic Region	Eligibility Criteria	Baseline Exam	Index Exam <sup>b</sup>
SOF	9,704 community- dwelling white women, and 662 community- dwelling black women	4 US sites (Baltimore, MD; Minneapolis, MN; Pittsburgh, PA; Portland, OR)	Women age 65 and older, ability to walk without the assistance of another person, and absence of bilateral hip replacement	1986-1988 white cohort; 1997-1998 black cohort	Year 10 (1997-1998) or Year 16 (2002-2004)
MrOS	5,994 community- dwelling men	6 US sites (Birmingham, AL; Minneapolis, MN; Palo Alto, CA; Pittsburgh, PA; Portland, OR; San Diego, CA)	Men age 65 and older, ability to walk without the assistance of another person, and absence of bilateral hip replacement	2000-2002	Year 5 (2005-2007), Year 7 (2007-2009) or Year 14 (2014-2016)
Health ABC	3,075 black and white community-dwelling men and women	2 US sites (Memphis, TN and Pittsburgh, PA)	Age 70-79 with no self- report of mobility difficulty or mobility disability	1997-1998	Year 3 (1999-2000), Year 5/6 (2002-2003), Year 8 (2004-2005) or Year 10 (2006-2007)

Study acronyms: SOF, Study of Osteoporotic Fractures; MrOS, Osteoporotic Fractures in Men Study; Health ABC, Health, Aging and Body Composition Study <sup>a</sup>Institutional review boards at each participating site reviewed and approved the four cohort studies; all participants provided written informed consent <sup>b</sup>Participants counted only once and included in analytical cohort at index examination when they first reached age ≥80 years

## eTable 2. Characteristics of Women by Cohort

	Women		
-	SOF	Health ABC	
Characteristic	(n=4101)	(n=805)	
Age, years, mean (SD)	82.9 (2.9)	81.2 (0.9)	
Race/ethnicity, n (%)			
Black	235 (5.7)	310 (38.5)	
White	3,866 (94.3)	495 (61.5)	
Weight, kg, mean (SD)	65.0 (12.4)	67.5 (13.8)	
Body mass index, kg/m <sup>2</sup> , mean (SD)	26.5 (4.7)	27.1 (5.3)	
Number of fractures since age 50, n (%)			
0	1,904 (46.4)	509 (63.2)	
1	725 (17.7)	249 (30.9)	
2	910 (22.2)	40 (5.0)	
≥3	562 (13.7)	7 (0.9)	
Number of falls in past year, n (%)			
0	2,691 (65.6)	566 (70.3)	
1	814 (19.8)	142 (17.6)	
2	315 (7.7)	76 (9.4)	
≥3	281 (6.9)	21 (2.6)	
Parent fractured hip, n (%) <sup>a</sup>	494 (12.0)	0 (0)	
Current smoker, n (%)	113 (2.8)	39 (4.8)	
Oral glucocorticoid use, n (%)	137 (3.3)	28 (3.5)	
Rheumatoid arthritis, n (%)	592 (14.4)	5 (0.6)	
Alcohol intake ≥3 drinks/day, n (%)	37 (0.9)	1 (0.1)	
Bisphosphonate use, n (%)	170 (5.3)	4 (0.5)	
Femoral neck BMD T-score <sup>b</sup> , mean (SD)	-2.0 (1.0)	-1.6 (1.0)	
5-year probability (%) of hip fracture from FRAX	4.8 (4.9)	2.2 (2.1)	
w/BMD model, mean (SD) <sup>a</sup>			
5-year probability (%) of hip fracture from Garvan	18.7 (22.3)	6.9 (9.4)	
w/BMD model, mean (SD)			
5-year probability (%) of hip fracture from femoral neck BMD, mean (SD)	7.0 (5.4)	5.2 (4.3)	

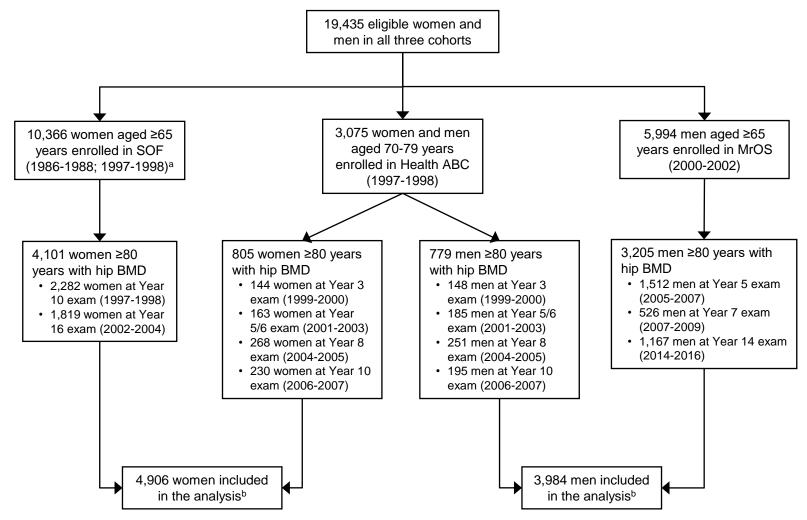
Abbreviations: BMD, bone mineral density; SD, standard deviation <sup>a</sup>assuming no parental history of hip fracture for all Health ABC participants <sup>b</sup>BMD T-scores were calculated using the National Health and Nutrition Examination Survey young white female reference database

### eTable 3. Characteristics of Men by Cohort

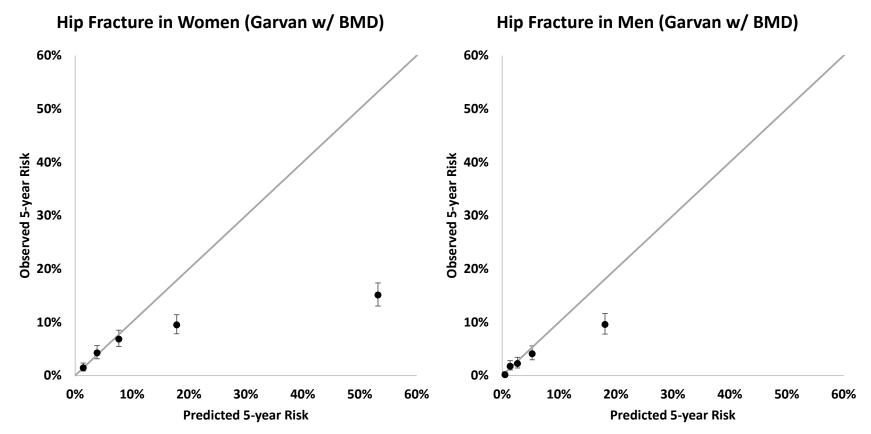
	Men		
	MrOS	Health ABC	
Characteristic	(n=3205)	(n=779)	
Age, years, mean (SD)	83.0 (2.9)	81.3 (1.0)	
Race/ethnicity, n (%)		, , , , , , , , , , , , , , , , , , ,	
Black	77 (2.4)	244 (31.3)	
White	2,940 (91.7)	535 (68.7)	
Other <sup>a</sup>	188 (5.9)	0 (0)	
Weight, kg, mean (SD)	79.4 (12.5)	79.3 (13.2)	
Body mass index, kg/m <sup>2</sup> , mean (SD)	26.8 (3.7)	26.9 (4.0)	
Number of fractures since age 50, n (%)			
0	2,242 (70.0)	607 (77.9)	
1	626 (19.5)	165 (21.2)	
2	207 (6.5)	7 (0.9)	
≥3	130 (4.1)	0 (0)	
Number of falls in past year, n (%)			
0	2,072 (64.6)	555 (71.2)	
1	575 (17.9)	128 (16.4)	
2	427 (13.3)	72 (9.2)	
≥3	131 (4.1)	24 (3.1)	
Parent fractured hip, n (%) <sup>b</sup>	431 (13.4)	0 (0)	
Current smoker, n (%)	38 (1.2)	36 (4.6)	
Oral glucocorticoid use, n (%)	89 (2.8)	19 (2.4)	
Rheumatoid arthritis, n (%)	210 (6.6)	3 (0.4)	
Alcohol intake ≥3 drinks/day, n (%)	132 (4.1)	13 (1.7)	
Bisphosphonate use, n (%)	170 (5.3)	4 (0.5)	
Femoral neck BMD T-score <sup>c</sup> , mean (SD)	-0.9 (1.1)	-0.8 (1.2)	
5-year probability (%) of hip fracture from FRAX	2.2 (2.4)	1.2 (1.0)	
w/BMD model, mean (SD) <sup>b</sup>	· · ·		
5-year probability (%) of hip fracture from Garvan	6.1 (9.6)	3.6 (5.1)	
w/BMD model, mean (SD)	· · ·		
5-year probability (%) of hip fracture from femoral neck BMD, mean (SD)	3.1 (3.4)	3.1 (3.5)	

Abbreviations: BMD, bone mineral density; SD, standard deviation <sup>a</sup>Asian, Hispanic, Latino, Native American or Hawaiian/Pacific Islander <sup>b</sup>assuming no parental history of hip fracture for all Health ABC participants <sup>c</sup>BMD T-scores were calculated using the National Health and Nutrition Examination Survey young white female reference database

### eFigure 1. Participant Flow Diagram



<sup>a</sup>9,704 community-dwelling white women were enrolled from 1986-1988, and 662 community-dwelling black women were enrolled from 1997-1998 <sup>b</sup>Participants counted only once and included in analytical cohort at index examination when they first reached age ≥80 years eFigure 2. Observed<sup>a</sup> vs Predicted 5-Year Absolute Probability of Hip Fracture Stratified by Quintile of Predicted Risk for the Garvan tool in Women and Men



<sup>a</sup>observed probability of hip fracture was calculated using Kaplan-Meier method