

Tables S1-S4 – Sensitivity analyses

Table S1 Long-term (6 months) results for depression of linear mixed models for pairwise comparisons of conditions for those with “sufficient eHealth”

Fixed Effects	Comparison		Human guided versus care as usual		Computer guided versus care as usual		Human guided versus computer guided	
	Parameter	B (SE)	P value	B (SE)	P value	B (SE)	P value	
	Intercept	8.21 (0.29)	<.001	8.21 (0.29)	<.001	7.75 (0.33)	<.001	
	Time	4.53 (0.97)	<.001	4.53 (0.97)	<.001	7.63 (1.03)	<.001	
	Condition	-0.47 (0.44)	.29	-0.27 (0.46)	.55	-0.19 (0.48)	.69	
	Timexcondition	3.10 (1.40)	.03	3.06 (1.46)	.04	0.04 (1.51)	.98	

Note. *Italicized values are statistically significant (P<.002)*

Table S2 Long-term (6 months) results for anxiety of linear mixed models for pairwise comparisons of conditions for those with “sufficient eHealth”

Fixed Effects	Comparison					
	Human guided versus care as usual		Computer guided versus care as usual		Human guided versus computer guided	
Parameter	B (SE)	<i>P</i> value	B (SE)	<i>P</i> value	B (SE)	<i>P</i> value
Intercept	7.72 (0.26)	<.001	7.72 (0.26)	<.001	6.68 (0.29)	<.001
Time	3.41 (0.82)	<.001	3.41 (0.82)	<.001	6.23 (0.95)	<.001
Condition	-1.04 (0.38)	<.01	-0.73 (0.42)	.09	-0.31 (0.44)	.48
Timexcondition	2.82 (1.19)	.02	2.59 (1.34)	.05	0.23 (1.41)	.87

Note. Italicized values are statistically significant (P<.002)

Table S3 Long-term (6 months) results for depression of linear mixed models for pairwise comparisons of conditions for the unimputed dataset

Fixed Effects	Comparison					
	Human guided versus care as usual		Computer guided versus care as usual		Human guided versus computer guided	
Parameter	B (SE)	P value	B (SE)	P value	B (SE)	P value
Intercept	<i>8.21 (0.22)</i>	<i><.001</i>	<i>8.21 (0.22)</i>	<i><.001</i>	<i>7.71 (0.22)</i>	<i><.001</i>
Time	<i>2.88 (0.58)</i>	<i><.001</i>	<i>2.88 (0.58)</i>	<i><.001</i>	<i>6.23 (0.58)</i>	<i><.001</i>
Condition	-0.49 (0.31)	.11	-0.06 (0.31)	.85	-0.43 (0.31)	.16
Timexcondition	<i>3.35 (0.82)</i>	<i><.001</i>	<i>2.69 (0.82)</i>	<i>.<.01</i>	<i>0.67 (0.82)</i>	<i>.42</i>

Note. *Italicized values are statistically significant (P<.002)*

Table S4 Long-term (6 months) results for anxiety of linear mixed models for pairwise comparisons of conditions for the unimputed dataset

Fixed Effects	Comparison					
	Human guided versus care as usual		Computer guided versus care as usual		Human guided versus computer guided	
Parameter	B (SE)	<i>P</i> value	B (SE)	<i>P</i> value	B (SE)	<i>P</i> value
Intercept	7.78 (0.20)	<.001	7.78 (0.20)	<.001	6.67 (0.20)	<.001
Time	1.71 (0.51)	<.001	1.71 (0.51)	<.001	5.25 (0.51)	<.001
Condition	-1.11 (0.28)	<.001	-0.56 (0.28)	.50	-0.55 (0.28)	.53
Time x condition	3.54 (0.72)	<.001	2.69 (0.72)	<.001	0.84 (0.72)	.24

Note. Italicized values are statistically significant (P<.002)