Supplementary Table 1

Here is a listing of all included RCTs testing dietary interventions for cancer patients with reported sample size and primary endpoint as well as the assigned endpoint categorization and trial setting.

Title	Sample size	Primary Endpoint	Endpoint Categorized	Trial Setting	PubMed ID
Lack of effect of a high-fiber cereal supplement on the recurrence of colorectal adenomas	_	Presence or absence of new adenomas	Cancer measurement	Secondary prevention/survivorship	10770890
Impact of Preoperative Acetaminophen and Carbohydrate Loading on Pain and Functional Status in Patients Undergoing Mohs Micrographic Surgery for Nonmelanoma Skin Cancers		Perioperative and radiation pain, thirst, hunger, anxiety, and fatigue	Postoperative Misc endpoint	Adjuvant	31725692
Oral nutritional supplement (ONS) reduced weight loss and optimised preoperative energy and nutrient intake in colorectal cancer patients undergoing surgery	30	Weight loss and preoperative energy intake	Weight/Composition/Muscle	Adjuvant	Not found
A Translational Randomized Trial of Perioperative Arginine Immunonutrition on Natural Killer Cell Function in Colorectal Cancer Surgery Patients		NK cell cytotoxicity, activity, and cell number	Translational/Basic Science Endpoint	Adjuvant	35913670
Vitamin D Supplementation and Survival in Metastatic Colorectal Cancer	71	Overall survival	Overall Survival	Palliative	29533115
Effects of perioperative Eicosapentaenoic acid-enriched oral nutritional supplement on lean body mass after total gastrectomy for gastric cancer	126	Lean body mass	Weight/Composition/Muscle	Adjuvant	30854113
Efficacy of ω -3 supplementation on nutritional status, skeletal muscle, and chemoradiotherapy toxicity in cervical cancer patients: A randomized, triple-blind, clinical trial conducted in a middle-income country	46	Skeletal muscle quality and quantity, nutritional status, and chemotherapy toxicity	Weight/Composition/Muscle	Adjuvant	Not found
Effects of a parallel-arm randomized controlled weight loss pilot study on biological and psychosocial parameters of overweight and obese breast cancer survivors	21	Body weight, biomarkers, QOL, and fitness level	Weight/Composition/Muscle	Secondary prevention/survivorship	28702218
Phase II prospective randomized trial of a low-fat diet with fish oil supplementation in men undergoing radical prostatectomy	55	IGF1 Levels, serum IGFBP-1, markers of proliferation, and apoptosis	Translational/Basic Science Endpoint	Adjuvant	22027686
Randomized study to compare the compliance of two prescription of nutritional supplementation in oncology inpatients	36	Compliance	Complaince/Adherence/Feasibility	Misc/Mixed	Not found
The Impact of a Ketogenic Dietary Intervention on the Quality of Life of Stage II and III Cancer Patients: A Randomized Controlled Trial in the Caribbean	40	Quality of Life (EORTC QLQ-C30)	Quality of Life	Adjuvant	32791011
Mediterranean-style dietary pattern improves cancer-related fatigue and quality of life in men with prostate cancer treated with androgen deprivation therapy: A pilot randomised control trial	23	Cancer related fatigue and quality of life (FACIT-F) and (FACIT-G)	Quality of Life	Misc/Mixed	35565100
The impact of a mediterranean-style dietary pattern on cancer-related fatigue and quality of life in men with prostate cancer treated with androgen deprivation therapy: A pilot study	12	Cancer related fatigue and quality of life [FACT-F] and [FACT-G]	Quality of Life	Misc/Mixed	Not found
Simple nutritional intervention in patients with advanced cancers of the gastrointestinal tract, non-small cell lung cancers or mesothelioma and weight loss receiving chemotherapy: a randomised controlled trial	358	Overall survival	Overall Survival	Palliative	21733143
The effect of perioperative immunonutrition on surgical complications and quality of life in patients with head and neck cancer	34	Nutritional status, anthropometrics and QoL (EORTC QLQ-C30, EORTC QLQ-H & N35)	Postoperative Misc endpoint	Adjuvant	Not found
The effects of short-term fasting on quality of life and tolerance to chemotherapy in patients with breast and ovarian cancer: A randomized cross-over pilot study	50	Quality of life (FACIT), fatigue, and well-being	Quality of Life	Adjuvant	29699509
The use of a protein and energy dense eicosapentaenoic acid containing supplement for malignancy-related weight loss in children	52	Percent subjects showing weight loss and BMI loss	Weight/Composition/Muscle	Adjuvant	19090549
Comparing diets for weight loss and improvement in biomarkers in men with prostate cancer on surveillance: A pilot study	30	Improvement in nutritional biomarkers	Translational/Basic Science Endpoint	Secondary prevention/survivorship	Not found
Influence of dietary factors on actinically-induced skin cancer	115	Occurence of precancerous keratoses and NMSC	Cancer measurement	Secondary prevention/survivorship	9920444
A double-blind phase III trial of immunomodulating nutritional formula during adjuvant chemoradiotherapy in head and neck cancer patients: IMPATOX	180	Incidence of grade 3/4 mucositis	Non-standard Quality of Life	Adjuvant	32936874
Effect of soy protein isolate supplementation on biochemical recurrence of prostate cancer after radical prostatectomy: A randomized trial	177	Biochemical recurrence of cancer (PSA level)	Cancer measurement	Secondary prevention/survivorship	33764851
Modification of the response to chemotherapy of HER2 negative metastatic breast cancer by lipids of marine origin: A controlled, randomized, double blind dietary supplementation trial		Progression free survival	Cancer measurement	Adjuvant	Not found
Nutritional advice in older patients at risk of malnutrition during treatment for chemotherapy: a two-year randomized controlled trial	341	One year survival	Overall Survival	Adjuvant	25265392
Glutamine supplementation in cancer patients receiving chemotherapy: A double-blind randomized study	65	Incidence/severity of diarrhea and tumor response	Non-standard Quality of Life	Adjuvant	9263281
Preoperative oral arginine and n-3 fatty acid supplementation improves the immunometabolic host response and outcome after colorectal resection for cancer	200	Immune response, gut oxygenation, and postoperative infection	Postoperative Misc endpoint	Adjuvant	12464864
Immune and nutritional effects of early enteral nutrition after major abdominal operations	60	Immunological and nutritional variables	Translational/Basic Science Endpoint	Adjuvant	8639722

Effect of fish oil on appetite and other symptoms in patients with advanced cancer and anorexia/cachexia: a double-blind, placebo-controlled study	60	Appetite, tiredness, calorie intake, weight loss, nausea, well being, and nutritional status	Non-standard Quality of Life	Palliative	12506181
Whey Protein Supplementation Improves Nutritional Status, Glutathione Levels, and Immune Function in Cancer Patients: A Randomized, Double-Blind Controlled Trial	48	Serum albumin, glutathione (GSH) levels, immunity, and inflammatory markers	Translational/Basic Science Endpoint	Adjuvant	29565716
Monitoring dietary change in a low-fat diet intervention study: advantages of using 24-hour dietary recalls vs food records	290	Evaluation of dietary assessment methods for monitoring change in fat intake	Complaince/Adherence/Feasibility	Misc/Mixed	Not found
The influence of low fat, low lactose diet on diarrhoea during pelvic radiotherapy	143	Radiation-induced diarrhea, nausea, and vomiting	Non-standard Quality of Life	Adjuvant	7900512
The impact of preoperative immunonutrition and other nutrition models on tumor infiltrative lymphocytes in colorectal cancer patients	28	Tumor infiltrative lymphocytes in endoscopic tissue biopsy specimens	Translational/Basic Science Endpoint	Adjuvant	23010614
A Whole-Food, Plant-Based (WFPB) dietary intervention to improve outcomes in patients with metastatic breast cancer	28	Compliance, weight, cardiometabolic outcomes, and cancer progression markers	Complaince/Adherence/Feasibility	Palliative	38045318
A Dietary Intervention for Recurrent Prostate Cancer After Definitive Primary Treatment: Results of a Randomized Pilot Trial	36	Compliance	Complaince/Adherence/Feasibility	Adjuvant	18400281
Effect of Nutritional Supplementation Enriched with Eicosapentaenoic Acid on Inflammatory Profile of Patients With Oral Cavity Cancer in Antineoplastic Pretreatment: A Controlled and Randomized Clinical Trial	64	Inflammatory profile	Translational/Basic Science Endpoint	Adjuvant	28128983
Pancreatic enzyme supplementation after gastrectomy for gastric cancer: a randomized controlled trial		Nutritional status and QOL	Weight/Composition/Muscle	Adjuvant	28804801
Social cognitive outcomes are associated with improvements in mobility performance following lifestyle intervention in prostate cancer patients undergoing androgen deprivation therapy		Lift and carry performance and mobility-related self-efficacy belief	Non-standard Quality of Life	Adjuvant	35085341
Role of enteral immunonutrition in patients with gastric carcinoma undergoing major surgery	40	Immune and nutritional parameters	Translational/Basic Science Endpoint	Adjuvant	15851366
Effects of Five-Step Nutritional Interventions Conducted by a Multidisciplinary Care Team on Gastroenteric		Nutritional status via Patient-Generated			
Cancer Patients Undergoing Chemotherapy: A Randomized Clinical Trial	78	Subjective Global Assessment	Weight/Composition/Muscle	Adjuvant	35903847
A DI CADA LA CATALLANTA CALLA	20.6	Number of new histologically confirmed non-			
A Phase 3 Randomized Trial of Nicotinamide for Skin-Cancer Chemoprevention	380	melanoma skin cancers	Cancer measurement	Secondary prevention/survivorship	26488693
The influence of low-carbohydrate diets on the metabolic response to androgen-deprivation therapy in prostate cancer	40	Serum metabolites	Translational/Basic Science Endpoint	Misc/Mixed	33949711
Arginine, glutamine, and fish oil supplementation in cancer patients treated with concurrent chemoradiotherapy: A randomized control study	88	Incidence of acute toxicities	Non-standard Quality of Life	Adjuvant	31146957
Dietary fat reduction in postmenopausal women with primary breast cancer: Phase III Women's Intervention Nutrition Study (WINS)	2437	Relapse free survival	Cancer measurement	Secondary prevention/survivorship	Not found
Effects of Single Nucleotide Polymorphisms and Mediterranean Diet in Overweight or Obese Postmenopausal Women With Breast Cancer Receiving Adjuvant Hormone Therapy: A Pilot Randomized Controlled Trial	78	Weight loss, modification of nutrient intake, and metabolic parameters	Weight/Composition/Muscle	Secondary prevention/survivorship	35845810
Preoperative Immunonutrition in Liver Resection for Cancer: Results of the PROPILS Trial, a Multicenter Randomized Controlled Phase IV Trial		Overall complications classified in grade 2-3-4 or 5 by DINDO-CLAVIEN	Postoperative Misc endpoint	Adjuvant	Not found
Changes in dietary habits of women with breast cancer: preliminary results of a randomized controlled trial	35	Dietary intake and adherence	Complaince/Adherence/Feasibility	Adjuvant	Not found
A ketogenic diet reduces central obesity and serum insulin in women with ovarian or endometrial cancer	73	Fasting insulin, glucose, and beta- hydroxybuterate	Weight/Composition/Muscle	Misc/Mixed	30137481
Effect of nutritional counseling combined with oral nutritional supplements on clinical outcome of esophageal cancer patients under radiotherapy treatment	80	Energy intake and markers of nutritional status	Non-standard Quality of Life	Adjuvant	Not found
Impact of glutamine, eicosapntemacnioc acid, branched-chain amino acid supplements on nutritional status and treatment compliance of esophageal cancer patients on concurrent chemoradiotherapy and gastric cancer patients on chemotherapy		Body compositions, blood indicators of nutritional status, the incidence of complications, and completion rates of therapy	Weight/Composition/Muscle	Adjuvant	26080850
Effect of oral nutritional supplementation on nutritional status and quality of life in patients with gastric cancer after operation (23 cases RCT observations)	25	Body mass and body mass index	Weight/Composition/Muscle	Adjuvant	Not found
Enteral nutrition with supplemental arginine, RNA, and omega-3 fatty acids in patients after operation: Immunologic, metabolic, and clinical outcome	85	Post-operative infections	Postoperative Misc endpoint	Adjuvant	1377838
A Randomized Double-Blind Placebo-Controlled Trial of Fruit and Vegetable Concentrates on Intermediate Biomarkers in Head and Neck Cancer	134	P27 expression	Translational/Basic Science Endpoint	Secondary prevention/survivorship	28102098
Fish oil supplementation and inflammatory response during neoadjuvant chemoradiation for rectal cancer: Results from a prospective, randomized, controlled trial	114	CRP, albumin, and Glasgow prognostic score	Translational/Basic Science Endpoint	Adjuvant	Not found

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49	Postoperative complications	Postoperative Misc endpoint	Adjuvant	33373478
131	Grade 3/4 toxicity	Non-standard Quality of Life	Adjuvant	32576828
73	Nutritional variables	Weight/Composition/Muscle	Adjuvant	15802904
30	Time to disease progression	Cancer measurement	Adjuvant	26700096
34	Quality of life EORTC	Quality of Life	Adjuvant	Not found
20	Recovery of body composition after nutrition therapy	Weight/Composition/Muscle	Cachexia/malnutrition	Not found
60	Overall survival	Overall Survival	Adjuvant	Not found
110	Prevention of severe oral mucositis	Non-standard Quality of Life	Adjuvant	35007812
90	Change in body composition	Weight/Composition/Muscle	Adjuvant	18501061
161	Tumor proliferation rate	Translational/Basic Science Endpoint	Adjuvant	19064574
40	Adherence/retention	Complaince/Adherence/Feasibility	Adjuvant	28881355
33	Weight change	Weight/Composition/Muscle	Adjuvant	31442303
120	Nutritional status	Weight/Composition/Muscle	Palliative	Not found
66	Serum PSA	Cancer measurement	Secondary prevention/survivorship	21058191
93	Intake of protective and pathogenic factors of chronic diseases	Complaince/Adherence/Feasibility	Misc/Mixed	18237581
628	Nutritional status and survival	Weight/Composition/Muscle	Palliative	18982745
24	Serum CRP and blood glucose levels	Translational/Basic Science Endpoint	Adjuvant	Not found
40	Feasibility	Complaince/Adherence/Feasibility	Adjuvant	22238561
38	Molecular mediators in extracellular vesicles (insulin sensitivity)	Translational/Basic Science Endpoint	Adjuvant	Not found
89	Body weight and percent fat-free mass	Weight/Composition/Muscle	Adjuvant	32363940
298	Incidence of postoperative infectious complications	Postoperative Misc endpoint	Adjuvant	24182765
124	Postoperative morbidity (anthropometric, biochemical, and immunologic)	Postoperative Misc endpoint	Adjuvant	7969324
48	Post-BMT complications (mucositis, diarrhea, and infection)	Non-standard Quality of Life	Adjuvant	Not found
33	Quality of Life (EORTC QLQ-C30)	Quality of Life	Adjuvant	28523042
83	Weight modification	Weight/Composition/Muscle	Adjuvant	30710885
180	Bowel symptoms (EORTC QLQ-C30)	Quality of Life	Adjuvant	31758324
57	PSA doubling time	Cancer measurement	Palliative	Not found
35	Weight loss	Weight/Composition/Muscle	Misc/Mixed	33712498
	1		1	
	131 73 30 34 20 60 110 90 161 40 33 120 66 93 628 24 40 38 89 298 124 48 33 83 180 57	20 therapy 60 Overall survival 110 Prevention of severe oral mucositis 90 Change in body composition 161 Tumor proliferation rate 40 Adherence/retention 33 Weight change 120 Nutritional status 66 Serum PSA Intake of protective and pathogenic factors of chronic diseases 628 Nutritional status and survival 24 Serum CRP and blood glucose levels 40 Feasibility Molecular mediators in extracellular vesicles 38 (insulin sensitivity) 89 Body weight and percent fat-free mass Incidence of postoperative infectious complications Postoperative morbidity (anthropometric, biochemical, and immunologic)	131 Grade 3/4 toxicity Non-standard Quality of Life 73 Nutritional variables Weight/Composition/Muscle 34 Quality of life EORTC Recovery of body composition after nutrition 20 therapy 60 Overall survival 110 Prevention of severe oral mucositis Non-standard Quality of Life Weight/Composition/Muscle Overall Survival 111 Prevention of severe oral mucositis Non-standard Quality of Life Weight/Composition/Muscle 161 Tumor proliferation rate Translational/Basic Science Endpoint 40 Adherence/retention Complaince/Adherence/Feasibility Weight/Composition/Muscle 120 Nutritional status Weight/Composition/Muscle 120 Nutritional status Weight/Composition/Muscle 66 Serum PSA Intake of protective and pathogenic factors of 33 chronoic diseases Oraplaince/Adherence/Feasibility Molecular mediators in extracellular vesicles 38 (insulin sensitivity) Molecular mediators in extracellular vesicles Incidence of postoperative infectious complaince/Adherence/Feasibility Postoperative Misc endpoint Non-standard Quality of Life Weight/Composition/Muscle 180 Bowel symptoms (EORTC QLQ-C30) Quality of Life Cancer measurement	131 Grade 3/4 toxicity Non-standard Quality of Life Adjavant Adj

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Effect of Targeted Nutritional Intervention on Intestinal Flora, Defecation Function, and Postoperative Complications in Patients Who Underwent Radical Resection of Rectal Carcinoma	126	Intestinal flora	Translational/Basic Science Endpoint	Adjuvant	Not found
•	130	intestinai nora	Translational/Basic Science Endpoint	Adjuvan	Not lound
Randomized comparison of cooked and noncooked diets in patients undergoing remission induction therapy for acute myeloid leukemia	153	Major infection	Non-standard Quality of Life	Adjuvant	18955453
Effect of Standardized Nutritional Intervention in Patients with Nasopharyngeal Carcinoma Receiving Radiotherapy Complicated with Diabetes Mellitus	100	Glucose level	Weight/Composition/Muscle	Adjuvant	35756497
Immune Nutrition in Head and Neck Cancer. A Double Blind Randomised Controlled Trial of Perioperative					
Immune Enhancing Feeds in Patients with Advanced Head and Neck Cancer	67	Postoperative infections	Postoperative Misc endpoint	Adjuvant	Not found
A randomized controlled trial of preoperative oral supplementation with a specialized diet in patients with		Reduction of postoperative infection rate and			
gastrointestinal cancer	305	length of postoperative stay	Postoperative Misc endpoint	Adjuvant	12055582
Route and composition of postoperative nutritional support: Impact on immune-metabolic response and		_			
postoperative outcome	260	Immune response	Translational/Basic Science Endpoint	Adjuvant	Not found
Short-term preoperative supplementation of an immunoenriched diet does not improve clinical outcome in	100		B		
well-nourished patients undergoing abdominal cancer surgery	108	Overall rate of postoperative complications	Postoperative Misc endpoint	Adjuvant	Not found
	50	Gastrointestinal and infectious complications	B		
Evaluation of perioperative nutritional therapy in patients with gastrointestinal tract neoplasms	50	and length of hospital stay	Postoperative Misc endpoint	Adjuvant	22072355
Feet and the second a	61	Anthropometric measurements and nutritional	W-i-l-t/C	Manageria	00444007
Efficacy evaluation of an oral powder supplement enriched with eicosapentaenoic acid in cancer patients	61	status	Weight/Composition/Muscle	Misc/Mixed	22411387
A combination of tomato and soy products for men with recurring prostate cancer and rising prostate	41	Compliance	Complaince/Adherence/Feasibility	Misc/Mixed	4044445
specific antigen	41	Compliance	Complaince/Adherence/Feasibility	Misc/Mixed	18444145
Effects of a dietary intervention to increase omega-3 intake compared to dutasteride in men with low-risk					
prostate cancer under active surveillance: Preliminary results on fatty acid intake and fatty acid profiles of red blood cells and prostate tissue	120	Omega-3 dietary intake, fatty acid profiles of red blood cells, and prostate tissue	Translational/Basic Science Endpoint	Secondary prevention/survivorship	Not found
•	120	•	Translational/Basic Science Endpoint	Secondary prevention/survivorship	Not found
The effect of immunonutrition on tumor infiltrative t lymphocytes and regulatory t cells in rectal tumor patients receiving neoadjuvant chemoradiotherapy: a prospective randomized clinical study	40	Tumor-infiltrating lymphocytes, and regulatory T cells	Translational/Basic Science Endpoint	Adjuvant	36326418
	40	1 cens	Translational/Basic Science Endpoint	Adjuvan	30320410
Effects of emotional intervention and Chinese medicated diet in improving the quality of life in patients with liver cancer after chemotherapy	0.4	Quality of life (unspecified scale)	Non-standard Quality of Life	Adjuvant	Not found
17	24	Quanty of me (unspecified scale)	Ivon-standard Quanty of Life	ragavan	Not loullu
A Pilot Randomised Controlled Trial Examining the Benefit of a Neutropenic Diet for Children Undergoing Cancer Treatment	42	Febrile neutropenia rate	Non-standard Quality of Life	Adjuvant	35225115
Cancer Treatment	72		Ivon-standard Quanty of Enc	- Augustum	55225115
Assessment of Nutritional Status in Children with Cancer and Effectiveness of Oral Nutritional		Anthropometric measurements and biochemical parameters (serum albumin, prealbumin, and			
Supplements	45	total protein)	Weight/Composition/Muscle	Misc/Mixed	26418028
- Supplement		Indicators of general nutritional status such as	Weight Composition Wasel		20110020
Application of Glutamine-enriched nutrition therapy in childhood acute lymphoblastic leukemia	48	weight, height, and triceps skinfold thickness	Weight/Composition/Muscle	Adjuvant	27401338
Prospective randomized investigation implementing immunonutritional therapy using a nutritional					
supplement with a high blend ratio of ω -3 fatty acids during the perioperative period for head and neck		Nutritional status (anthropometric			
carcinomas	28	measurement)	Weight/Composition/Muscle	Adjuvant	29420749
Miami NICE trial: Nutritional support for patients incurring chemotherapy side effects	50	Change in BMI	Weight/Composition/Muscle	Misc/Mixed	Not found
Randomized controlled clinical trial assessing the effects of oral nutritional supplements in postoperative					
gastric cancer patients	157	Postoperative body weight loss	Postoperative Misc endpoint	Adjuvant	27807617
Change in women's diet and body mass following intensive intervention for early-stage breast cancer	180	Dietary intake and body mass	Weight/Composition/Muscle	Adjuvant	11320947
Immunonutrition in elective gastrointestinal surgery patients	100	1 1	Postoperative Misc endpoint	Adjuvant	17461312
Dietary intervention as adjuvant therapy in breast cancer patients - a feasibility study	240	Daily energy and nutrient intake	Complaince/Adherence/Feasibility	Adjuvant	2265258
A double-blind randomized controlled trial of the effects of eicosapentaenoic acid supplementation on		Cardiorespiratory fitness, physical strength, and			
muscle inflammation and physical function in patients undergoing colorectal cancer resection	64	lean muscle mass	Weight/Composition/Muscle	Adjuvant	31648815
Efficacy of Omega Fatty Acid Supplementation on mRNA Expression Level of Tumor Necrosis Factor					
Alpha in Patients with Gastric Adenocarcinoma	34	TNF-alpha mRNA expression	Translational/Basic Science Endpoint	Adjuvant	27170003
A prospective randomized controlled trial on the value of prophylactic oral nutritional supplementation in					
locally advanced nasopharyngeal carcinoma patients receiving chemo-radiotherapy		Nutritional status and weight loss	Weight/Composition/Muscle	Adjuvant	33032180
The impact of nutrition support on body composition in cancer outpatients receiving radiotherapy	36	Body weight and composition	Weight/Composition/Muscle	Adjuvant	15226773
Oral nutritional support can shorten the duration of parenteral hydration in end-of-life cancer patients: A randomized controlled trial	27	Drip infusion in vein (DIV)-free survival	Non-standard Quality of Life	Palliative	25437180
Efficacy of EPA-enriched supplement compared with standard formula on body weight changes in	21	2.1.prusion in vein (D1 v)-nec survival	1.01 Sundard Quality Of Life	† · · · · · · · · · · · · · · · · · · ·	23707 100
malnourished patients with head and neck cancer undergone surgery: a randomized study	65	Perioperative weight changes	Weight/Composition/Muscle	Cachexia/malnutrition	31647147
manifestioned patients with near that need cancer undergone surgery, a randomized study	03	1. erroperante meigin enanges	e.g.ne Composition/iviuscic		0.1047.147

An eicosapentaenoic acid supplement versus megestrol acetate versus both for patients with cancer-					
associated wasting: A North Central Cancer Treatment Group and National Cancer Institute of Canada					
collaborative effort	421	10% weight gain above baseline	Weight/Composition/Muscle	Cachexia/malnutrition	15197210
Santa dei de di de di de di de di de di de di de de de de de de di	40	Liver functions, biochemical variables, and	T	Adjuvant	Not formed
Structured triglycerides were well tolerated and induced after hepatectomy in patients with hepatocarcinoma	49	postoperative complications	Translational/Basic Science Endpoint	Adjuvant	Not found
Effect of glutamine's nutrition support on the postoperative nutrition and immune function in malignant tumor of gynecology patients	60	Postoperative nutrition and immune function	Postoperative Misc endpoint	Adjuvant	25016261
Benefits of Oral Nutritional Supplements in Patients with Locally Advanced Nasopharyngeal Cancer during	00	1 Ostoperative nutrition and minimum runction	1 ostoperative wrise enuponit	Aujuvant	25010201
Concurrent Chemoradiotherapy: An Exploratory Prospective Randomized Trial	100	Body weight, BMI, and nutritional status	Weight/Composition/Muscle	Adjuvant	30633580
Vitamin d supplementation and disease-free survival in stage ii melanoma: A randomized placebo controlled	100	Body Weight, Birli, and nautional saids	Weight Composition Wasele	2 rejertan	00000000
trial	104	Disease free survival	Cancer measurement	Secondary prevention/survivorship	34199802
Muscle mass, strength, and index in various models of preoperative immunonutrition in invasive gastric		Lean body mass, muscle strength, and skeletal			
cancer patients	46	muscle mass and index	Weight/Composition/Muscle	Adjuvant	Not found
Preoperative nutritional support in cancer patients with no clinical signs of malnutrition—prospective		Nutritional status measured by change in weight	* *		
randomized controlled trial	113	and lab parameters	Weight/Composition/Muscle	Adjuvant	25091056
Phagocytic activity of blood platelets in various models of preoperative oral immunonutrition in invasive					
cancer patients	52	Phagocytic activity of thrombocytes	Translational/Basic Science Endpoint	Adjuvant	Not found
Lymphocyte subpopulation in a model of preoperative oral and parenteral glutamine-based immunonutrition		Total content of lymphocytes and their			
in patients with invasive gastric cancer	46	subpopulations	Translational/Basic Science Endpoint	Adjuvant	Not found
Efficacy of perioperative immunonutrition in esophageal cancer patients undergoing esophagectomy	40	Number of infectious complications	Postoperative Misc endpoint	Adjuvant	30468936
A Prospective Randomized Controlled Trial to Study the Impact of a Nutrition-Sensitive Intervention on					
Adult Women with Cancer Cachexia Undergoing Palliative Care in India	63	Body weight	Weight/Composition/Muscle	Cachexia/malnutrition	Not found
Randomized study of prevention of gastrointestinal toxicities by nutritional support using an amino acid-rich					
elemental diet during chemotherapy in patients with esophageal cancer (KDOG 1101)	71	Incidence of grade 2 or higher GI toxicity	Non-standard Quality of Life	Adjuvant	33009977
Effects of 4 weeks of Lactobacillus plantarum 299v supplementation on nutritional status, enteral nutrition					
tolerance, and quality of life in cancer patients receiving home enteral nutrition - A double-blind,					
randomized, and placebo-controlled trial	35	Nutritional status	Weight/Composition/Muscle	Misc/Mixed	33015813
Early postoperative enteral nutrition with arginine-ω-3 fatty acids and ribonucleic acid-supplemented diet					
versus placebo in cancer patients: An immunologic evaluation of Impact®	42	Postoperative immunologic responses	Translational/Basic Science Endpoint	Adjuvant	7536138
Early enteral feeding in postsurgical cancer patients. Fish oil structured lipid-based polymeric formula	50			A.F.	
versus a standard polymeric formula	50	Safety and tolerance	Complaince/Adherence/Feasibility	Adjuvant	8604913
Essent of Materials and the limit of the control of	90	D	G	Adjuvant	No. 4 former
Effects of Ketogenic metabolic therapy on patients with breast cancer: A randomized controlled clinical trial	80	Response rate	Cancer measurement	Adjuvant	Not found
A Randomized Clinical Trial of Preoperative Administration of Branched-Chain Amino Acids to Prevent Postoperative Ascites in Patients with Liver Resection for Hepatocellular Carcinoma	77	Development for postoperative refractory ascites	Postoperative Misc endpoint	Adjuvant	27338747
	- //	ascites	1 ostoperative wrise enuponit	Aujuvant	21330141
The impact of nutritional support on treatmentrelated complications, qol and survival in lung cancer patients undergoing radiotherapy: A randomized, controlled study	45	Toxicity	Non-standard Quality of Life	Adjuvant	Not found
The effects of patient participation-based dietary intervention on nutritional and functional status for patients	10	Cognitive, affective, behavioral, physical, and	Ivon Standard Quarty of Enc	2 rejertan	Not lound
with gastrectomy: A randomized controlled trial	56	functional outcomes	Non-standard Quality of Life	Adjuvant	23632471
The Effect of Nutrition Intervention with Oral Nutritional Supplements on Pancreatic and Bile Duct Cancer	-	Anthropometric measures (weight,		,	
Patients Undergoing Chemotherapy	34	composition, and PG SGA)	Weight/Composition/Muscle	Palliative	31121926
The effect of preoperative nutritional supports on patients with gastrointestinal cancer: Prospective	-				
randomized study	100	Total antioxidant capacity	Translational/Basic Science Endpoint	Adjuvant	22260826
The Effects of a Mediterranean Diet Intervention on Cancer-Related Fatigue for Patients Undergoing		• •	•		
Chemotherapy: A Pilot Randomized Controlled Trial	33	Feasibility	Complaince/Adherence/Feasibility	Adjuvant	36077737
The impact of immunostimulating nutrition on infectious complications after upper gastrointestinal surgery:		-			
A prospective, randomized, clinical trial	205	Both surgical and non-surgical complications	Postoperative Misc endpoint	Adjuvant	18650630
Standard and immunomodulating enteral nutrition in patients after extended gastrointestinal surgerya		Number and type of complications and length			
prospective, randomized, controlled clinical trial	196	of hospital stay	Postoperative Misc endpoint	Adjuvant	18571296
L-Carnitine-supplementation in advanced pancreatic cancer (CARPAN) - A randomized multicentre trial	72	TNF alpha and I-Carnitine level	Translational/Basic Science Endpoint	Palliative	22824168
Dietary intervention in prostate cancer patients: PSA response in a randomized double-blind placebo-					
controlled study	37	Rise in PSA	Cancer measurement	Misc/Mixed	Not found
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Long term improved quality of life by a 2-week group physical and educational intervention shortly after					
breast cancer chemotherapy completion. Results of the 'Programme of Accompanying women after breast Cancer treatment completion in Thermal resorts' (PACThe) randomised clinical trial of 251 patients	251	Quality of life-SF 36	Quality of Life	Adjuvant	23352440
Influence of pre-operative oral carbohydrate loading vs. standard fasting on tumor proliferation and clinical	231	Quality of life-31 30	Quanty of Life	2 Mg W Mark	23332440
outcome in breast cancer patients — a randomized trial	61	Mitotic activity index	Translational/Basic Science Endpoint	Adjuvant	31703648
Nursing Effect and Prognosis of Perioperative Nutritional Support Therapy for Severe Malnutrition Patients		Post-operative recovery (exhaustion time and			
with Colorectal Cancer	127	hospitalization time)	Postoperative Misc endpoint	Cachexia/malnutrition	Not found
Early enteral immunonutrition support protects the cellular and humoral immune functions of patients with		Whole blood CD4+ and CD8+, IgG, IgA, and	•		
pancreatic cancer after chemotherapy	78	IgM	Translational/Basic Science Endpoint	Misc/Mixed	Not found
			-		
The effect of low-nitrogen and low-calorie parenteral nutrition combined with enteral nutrition on		Levels of IgG, IgA and IgM, IL-2, CRP, and			
inflammatory cytokines and immune functions in patients with gastric cancer: a double blind placebo trial	90	TNFa	Translational/Basic Science Endpoint	Adjuvant	25967707
A randomized nutrition counseling intervention in pediatric leukemia patients receiving steroids results in					
reduced caloric intake	22	Caloric intake	Complaince/Adherence/Feasibility	Adjuvant	27615542
Enteral immunonutrition versus enteral nutrition for patients undergoing esophagectomy: a double-blinded					
randomized controlled trial	99	Immune indicators	Translational/Basic Science Endpoint	Adjuvant	Not found
Feasibility of a low-fat/high-fiber diet intervention with soy supplementation in prostate cancer patients after					
prostatectomy	40	Compliance at 4 years	Complaince/Adherence/Feasibility	Secondary prevention/survivorship	17392697
A multidisciplinary team approach for nutritional interventions conducted by specialist nurses in patients	440	Patient weight, serum albumin, and prealbumin		16.06.1	
with advanced colorectal cancer undergoing chemotherapy: A clinical trial	110	levels	Weight/Composition/Muscle	Misc/Mixed	28658162
Effects of Zinc Supplementation on Clinical Outcomes in Patients Receiving Radiotherapy for Head and	0.7	Overall survival, disease-free, metastases-free survival rates, and local free survival	0 110 : 1	Adjuvant	17000500
Neck Cancers: A Double-Blinded Randomized Study	9/	'	Overall Survival	Adjuvani	17980503
		Quality of life and clinical efficacy according to			
Effect of Psychological Intervention Combined with Dietary Guidance on Quality of Life and Long-Term Efficacy of Bushen Quyu Decoction in Treatment of Patients with Advanced Ovarian Cancer	220	evaluation criteria for treatment efficacy of solid tumors	Non-standard Quality of Life	Misc/Mixed	34733335
	220	uniois	Ivon-standard Quanty of Enc	Mise Mixed	347 33333
An enhanced nutritional support pathway including extended preoperative and home enteral nutrition is safe, feasible, and may benefit patients undergiong enhanced recovery after esophagectomy: A pilot randomized					
clinical trial	63	Feasibility	Complaince/Adherence/Feasibility	Adjuvant	Not found
A Randomized Study on the Effect of Metformin Combined with Intensive-Exercise Diet Therapy on		Fasting blood glucose, HbA1c, total	1		
Glucose and Lipid Metabolism and Islet Function in Patients with Renal Cell Carcinoma and Diabetes	120	cholesterol, HDL, LDL, PFS	Translational/Basic Science Endpoint	Secondary prevention/survivorship	Not found
			-		
Early postoperative jejunostomy feeding with an immune modulating diet in patients undergoing resectional					
surgery for upper gastrointestinal cancer: a prospective, randomized, controlled, double-blind study	120	Development of infective complications	Postoperative Misc endpoint	Adjuvant	Not found
Feasibility and efficacy of progressive resistance training and dietary supplements in radiotherapy treated					
head and neck cancer patients-the DAHANCA 25A study	30	Lean body mass percent	Weight/Composition/Muscle	Adjuvant	23190359
Analysis of the Effect of Exercise Combined with Diet Intervention on Postoperative Quality of Life of		Nutritional endpoint for quality of life (SF-6 &			
Breast Cancer Patients	104	QLQ-C30)	Non-standard Quality of Life	Adjuvant	35669367
Palliative Nutritional Intervention in Addition to Cyclooxygenase and Erythropoietin Treatment for Patients	220	Food intake, energy balance, body composition, and maximum exercise capacity	Weight/Composition/Muscle	A 35	45440070
with Malignant Disease: Effects on Survival, Metabolism, and Function: A Randomized Prospective Study	220	and maximum exercise capacity	weight/Composition/Muscle	Adjuvant	15112279
The effect of zinc sulfate in the prevention of high-dose chemotherapy-induced mucositis: a double-blind, randomized, placebo-controlled study	60	Severity of mucositis	Non-standard Quality of Life	Adjuvant	21692101
	- 00	octory of mucosius	11011 Standard Quanty Of Life	, agaran	21002101
Immunonutrition to improve the quality of life of upper gastrointestinal cancer patients undergoing neoadjuvant treatment prior to surgery (NEOIMMUNE): Double blind randomized controlled multi-center					
clinical trial	300	QOL as measured by the EORTC-QLQ-C30	Quality of Life	Adjuvant	Not found
Ketogenic diets as an adjuvant therapy for glioblastoma (KEATING): a randomized, mixed methods,	300		,	-	
feasibility study	12	Compliance and retention	Complaince/Adherence/Feasibility	Adjuvant	Not found
An exercise and nutrition intervention for ovarian cancer patients during and after first-line chemotherapy		Recruitment rate, adherence to intervention, and			
(BENITA study): A randomized controlled pilot trial	15	completion rate	Complaince/Adherence/Feasibility	Adjuvant	35197344
The effect of nutritional supplements on food intake in patients undergoing radiotherapy		Protein and caloric intake	Complaince/Adherence/Feasibility	Adjuvant	10382188
Is supplementation with elemental diet feasible in patients undergoing pelvic radiotherapy?	50	Compliance	Complaince/Adherence/Feasibility	Adjuvant	16289498
		WBC, EPA, Alb, Pre alb, AST, ALT, TG, and			
Effect of preoperative immunonutrition in patients undergoing hepatectomy; a randomized controlled trial	26	FFA	Translational/Basic Science Endpoint	Adjuvant	30741015

		<u> </u>	1	T	
Efficacy of prolonged elemental diet therapy after pancreaticoduodenectomy for pancreatic ductal adenocarcinoma: A pilot prospective randomized trial (UMIN00004108)	39	Complications necessitating readmission after discharge	Postoperative Misc endpoint	Adjuvant	31677701
Effects of medical nutrition therapy compared with general nutritional advice on nutritional status and					
nutrition-related complications in esophageal cancer patients receiving concurrent chemoradiation: A					
randomized controlled trial	100	Nutritonal status measured by PG-SGA	Non-standard Quality of Life	Adjuvant	Not found
Perioperative standard oral nutrition supplements versus immunonutrition in patients undergoing colorectal					
resection in an Enhanced Recovery (ERAS) protocol	244	Overall postoperative 30-day morbidity rate	Postoperative Misc endpoint	Adjuvant	Not found
Multicenter, phase III trial comparing selenium supplementation with observation in gynecologic radiation	0.4				
oncology: Follow-up analysis of the survival data 6 years after cessation of randomization	81	Efficiency of selenium supplementation	Complaince/Adherence/Feasibility	Adjuvant	25015649
Effects of dietary supplements of pediasure and carnitine on the anthropometric indices in children with acute lymphoblastic leukemia under chemotherapy, in Afzalipour Hospital, Kerman, Iran	34	Anthropometric indices	Weight/Composition/Muscle	Adjuvant	Not found
Impact of nutritional supplementation on treatment delay and morbidity in patients with head and neck tumors treated with irradiation	23	Body weight and tricep skin-fold thickness	Weight/Composition/Muscle	Adjuvant	1562782
Parenteral nutrition effects of Omega-3 fatty acids on C-reactive protein, high-density lipoprotein,		C-reactive protein, HDL, and lymphocyte			
lymphocyte characteristics and the treatment of critically ill patients	80	characteristics	Translational/Basic Science Endpoint	Misc/Mixed	32538747
Effects of branched-chain amino acid supplementation after radiofrequency ablation for hepatocellular					
carcinoma: A randomized trial	51	Time until distant recurrence of HCC	Cancer measurement	Adjuvant	27908546
Prostatic concentration of soy isoflavone exceeds serum after dietary supplementation	25	Tissue and serum isoflavone concentration	Translational/Basic Science Endpoint	Adjuvant	
L-Alanin-L-Glutamine supplementation improves the outcome after colorectal surgery for cancer	109	Postoperative complications	Postoperative Misc endpoint	Adjuvant	17573745
Oral supplementation with carbohydrate- and branched-chain amino acid-enriched nutrients improves		Postoperative QoL using short-form 36 (SF-			
postoperative quality of life in patients undergoing hepatic resection	76	36) health questionnaire	Quality of Life	Adjuvant	20852905
Attenuation of the systemic inflammatory response and infectious complications after gastrectomy with					
preoperative oral arginine and ω-3 fatty acids supplemented immunonutrition	60	Postoperative outcome	Postoperative Misc endpoint	Adjuvant	19629583
Nutritional behaviour and quality of life during oncological polychemotherapy: Results of a prospective		Percentage of patients with initial nutritional			
study on the efficacy of oral nutrition therapy in patients with acute leukaemia	29	status before antineoplastic therapy	Weight/Composition/Muscle	Adjuvant	1425861
		CD3 lymph(%), CD4 lymph(%), CD8			
Nutritional supplementation with an immuneenhancing formula in the patients with esophageal cancer	97	lymph(%), and CD4/CD8 ratio	Translational/Basic Science Endpoint	Adjuvant	Not found
Dramatic dietary fat reduction is feasible for breast cancer patients: Results of the randomised study, WINS (UK) - stage 1	100	Fat intake reduction	Complaince/Adherence/Feasibility	Secondary prevention/survivorship	21868187
. / - 5	190		Complaince/Adherence/Feasibility	Secondary prevention/survivoisinp	21000107
The Men's Eating and Living (MEAL) Study: A Cancer and Leukemia Group B Pilot Trial of Dietary Intervention for the Treatment of Prostate Cancer	74	Differences in dietary intakes and plasma carotenoid concentrations	Translational/Basic Science Endpoint	Misc/Mixed	Not found
A randomized pilot trial of dietary modification for the chemoprevention of noninvasive bladder cancer: The	/4	Changes in dietary biomarkers (alpha-carotene	Translational/Basic Science Endpoint	MISCHIAGE	Not loullu
Dietary Intervention in Bladder Cancer Study	48	and urinary isothyocyanates)	Translational/Basic Science Endpoint	Secondary prevention/survivorship	23867158
Effect of a Behavioral Intervention to Increase Vegetable Consumption on Cancer Progression Among Men With Early-Stage Prostate Cancer: The MEAL Randomized Clinical Trial	170	Time to progression measured by PSA	Cancer measurement	Secondary prevention/survivorship	32586177
A randomized study of nutritional support in patients with colorectal and gastric cancer		QoL (EORTC-QLQ C-30)	Quality of Life	Misc/Mixed	12235650
	137	QUE (EORTC-QEQ C-30)	Quanty of Enc	WISC WIXCO	12233030
Effects of a dietary intervention on acute gastrointestinal side effects and other aspects of health-related quality of life: A randomized controlled trial in prostate cancer patients undergoing radiotherapy	130	EORTC QLQ-C30 and QLQ-PR25	Quality of Life	Adjuvant	22633817
Shrinking preoperative fast time with maltodextrin and protein hydrolysate in gastrointestinal resections due	130	EURTO QEQ-CIO and QEQ-1 REJ	Quality of Life		22033017
to cancer	22	Postoperative hospital length of stay	Postoperative Misc endpoint	Adjuvant	23759267
TO VALLEY.			2 competent o tribe onapoint		20100201
Influence of a diet very high in vegetables, fruit, and fiber and low in fat on prognosis following treatment		Invasive breast cancer recurrence or new primary breast cancer and death due to any			
for breast cancer: the Women's Healthy Eating and Living (WHEL) randomized trial	3088	cause	Cancer measurement	Secondary prevention/survivorship	17635889
Long-term oral branched chain amino acids in patients undergoing chemoembolization for hepatocellular	2.00			7.	
carcinoma: A randomized trial	84	Post-TACE morbidity	Non-standard Quality of Life	Adjuvant	15043519
Nutritional counseling in patients with head, neck and esophagus cancer in (chemo)radiotherapy		Weight loss	Weight/Composition/Muscle	Adjuvant	Not found
Randomized trial of the effects of individual nutritional counseling in cancer patients		Reduced weight loss	Weight/Composition/Muscle	Adjuvant	24269077
Efficacy of ready-to-use therapeutic food in malnourished children with cancer: Results of a randomized, open-label phase 3 trial	260	Weight gain >10% at 6 weeks	Weight/Composition/Muscle	Cachexia/malnutrition	34212474
Postoperative early enteral nutrition therapy with long peptide mixture for gastric cancer patients: A clinical		Recovery time of intestinal peristalsis and			
control study	70	ventilation time	Postoperative Misc endpoint	Adjuvant	Not found
Effect of whole-course nutrition management on patients with esophageal cancer undergoing concurrent					
chemoradiotherapy: A randomized control trial	96	Nutritional status via PG-SGA & BMI	Weight/Composition/Muscle	Adjuvant	31526964
Neutropenic versus regular diet for acute leukaemia induction chemotherapy: randomised controlled trial	200	Infection rate	Non-standard Quality of Life	Adjuvant	35803707

Association between amino acids, biomarkers of prostate cancer and inflammation in norwegian prostate					
cancer patients	74	PSA	Cancer measurement	Adjuvant	Not found
Individualized nutrition intervention is of major benefit to colorectal cancer patients: Long-term follow-up of a randomized controlled trial of nutritional therapy	111	Body weight	Weight/Composition/Muscle	Adjuvant	23134880
Effect of a specific supplement enriched with n-3 polyunsaturated fatty acids on markers of inflammation, oxidativestress and metabolic status of ear, nose and throat cancer patients	26	Inflammation, oxidative stress, and metabolic status (total antioxidant capacity)	Translational/Basic Science Endpoint	Adjuvant	Not found
Effect of Early Peripheral Parenteral Nutrition Support in an Enhanced Recovery Program for Colorectal Cancer Surgery: A Randomized Open Trial	158	Incidence of postoperative complications (morbin mortality for 30 days)	Postoperative Misc endpoint	Adjuvant	Not found
Effects of an oral nutritional supplement containing eicosapentaenoic acid on nutritional and clinical outcomes in patients with advanced non-small cell lung cancer: randomised trial		Weight, body composition, dietary intake, inflammatory parameters, HRQL	Weight/Composition/Muscle	Palliative	24746976
Effects of a Plant-Based High-Protein Diet on Fatigue in Breast Cancer Patients Undergoing Adjuvant Chemotherapy—a Randomized Controlled Trial		Self reported CRF which was assessed using the Fatigue Symptom Inventory	Non-standard Quality of Life	Adjuvant	36546552
Randomized, double-blind, controlled study of glycyl-glutamine-dipeptide in the parenteral nutrition of patients with acute leukemia undergoing intensive chemotherapy		Duration of neutropenic fever as a proportion of neutropenia	Non-standard Quality of Life	Adjuvant	14990264
Randomized, double-blind, placebo-controlled crossover study in men with prostate cancer and rising PSA: Effectiveness of a dietary supplement		Rate of increase of PSA	Cancer measurement	Misc/Mixed	16263208
Effects of an exercise and hypocaloric healthy eating program on biomarkers associated with long-term prognosis after early-stage breast cancer: A randomized controlled trial		Change in body weight and composition	Weight/Composition/Muscle	Secondary prevention/survivorship	23184120
Effect of a Perioperative Nutritional Supplementation with Oral Impact® in Patients undergoing Hepatic Surgery for Liver Cancer: A Prospective, Placebo-Controlled, Randomized, Double-Blind Study		Factor V, 3 days after surgery	Translational/Basic Science Endpoint	Adjuvant	27007018
Preoperative oral supplementation with long-chain Ω -3 fatty acids beneficially alters phospholipid fatty acid patterns in liver, gut mucosa, and tumor tissue		EPA and DHA in liver tissue, gut mucosa, and tumor tissue	Translational/Basic Science Endpoint	Adjuvant	15961678
Comprehensive Diet and Exercise Intervention During Radiation Therapy Can Improve Metabolic and Inflammatory Markers in Breast Cancer Patients		Positive influence on body composition, HbA1C, adiponecting, leptin, and insulin	Translational/Basic Science Endpoint	Adjuvant	Not found
To compare outcome of Intensive nutritional support with standard practise in head ands neck cancer		Protein and kilocalorie intake	Weight/Composition/Muscle	Adjuvant	Not found
To complete outcome of intensive natural support with switching processed in fewer dates.		1 Total and Milotaloffe Mante	Weight Composition Wasel		Hot lound
Chinese food therapy combined with chemotherapy in the treatment of advanced ovarian cancer based on	74	Treatment quality of life	Non-standard Quality of Life	Adjuvant	Not found
Randomized controlled trial comparing a low-fat diet with a weight-reduction diet in breast cancer-related lymphedema	51	Arm volume at 24 weeks	Weight/Composition/Muscle	Misc/Mixed	17393377
Application of the Diet and Nutrition Management System in the Nutrition Management of Tumor Patients Treated with Chemotherapy	86	Awareness rate of disease knowledge	Non-standard Quality of Life	Misc/Mixed	Not found
Influence of nutritional support on tolerability and results of treatment in patients with newly diagnosed hemoblastoses received program chemotherapy	40	Serum albumin and frequency of constipation	Translational/Basic Science Endpoint	Adjuvant	Not found
Effect of early nutritional support on the clinical efficacy of gastrointestinal cancer patients	80	Nutritional status	Weight/Composition/Muscle	Adjuvant	Not found
Phase II randomized controlled trial (RCT) of medical intensive nutrition therapy (MINT) to improve chemotherapy (CT) tolerability in malnourished patients with solid tumor malignancies	186	Chemotherapeutic associated toxicity	Non-standard Quality of Life	Cachexia/malnutrition	Not found
Potential benefits of early nutritional intervention in adults with upper gastrointestinal cancer: a pilot randomised trial	21	Quality of Life (EORTC QLQ-C30)	Quality of Life	Adjuvant	Not found
Anorexia-cachexia syndrome in cancer patients: Pathogenetic aspects and treatment options	96	Reduction in weight loss	Weight/Composition/Muscle	Adjuvant	Not found
Reduced postoperative infections with an immune-enhancing nutritional supplement	124	LOS (excluding rehabilitation stay)	Postoperative Misc endpoint	Adjuvant	10369282
Randomised controlled trial of one week strict low-iodine diet versus one week non-specified low iodine diet in differentiated thyroid carcinoma	104	Urinary iodine level	Translational/Basic Science Endpoint	Adjuvant	Not found
Rapid Incorporation of ω-3 Fatty Acids into Colonic Tissue after Oral Supplementation in Patients with Colorectal Cancer: A Randomized, Placebo-Controlled Intervention Trial	148	Colonic wall content of EPA, docosapentaenoic acid (DPAn-3), and DHA	Translational/Basic Science Endpoint	Adjuvant	23788002
Effect of a leucine-rich supplement in combination with nutrition and physical exercise in advanced cancer patients: A randomized controlled intervention trial		Short physical performance battery	Non-standard Quality of Life	Palliative	32340904
Effect of targeted nutrition intervention on defecation and postoperative complications in patients undergoing radical resection for rectal cancer		Defecation function	Non-standard Quality of Life	Adjuvant	Not found
	130				
A randomized, double blind comparative study of prophylactic parenteral nutritional support with or without glutamine in autologous stem cell transplantation for hematological malignancies - Three years' follow-up	44	Overall survival	Overall Survival	Adjuvant	16284692
Randomized Controlled Trial Investigating Perioperative Immunonutrition for Patients Undergoing Cytoreductive Surgery (CRS) and Hyperthermic Intraperitoneal Chemotherapy (HIPEC)	62	Length of hospitalization stay	Postoperative Misc endpoint	Adjuvant	36394687

			I		
Effect of different nutritional support modes on humoral immunity and outcomes after esophagectomy	46	Infection-related complications and hospital stay	Postoperative Misc endpoint	Adjuvant	Not found
Evolution of inflammatory markers in patients with advanced head and neck carcinoma with prophylactic percutaneous gastrostomy	38	Inflammatory profile (markers)	Translational/Basic Science Endpoint	Adjuvant	Not found
Preoperative nutritional support for patients undergoing elective colorectal cancer surgery - does it really work?	120	Changes in muscle strength, muscle mass, and self-sufficiency	Weight/Composition/Muscle	Adjuvant	35258042
A double blind, placebo controlled randomised trial (RCT) evaluating the effect of a polyphenol rich whole food supplement on PSA progression in men	203	Median rise in PSA	Cancer measurement	Adjuvant	Not found
Longitudinal changes in body weight and body composition among women previously treated for breast cancer consuming a high-vegetable, fruit and fiber, low-fat diet		Longitudinal changes in intake, body weight, waist:hip ratio, BMI, and body composition	Weight/Composition/Muscle	Secondary prevention/survivorship	15309460
beta-carotene supplementation in patients radically treated for stage I-II head and neck cancer: results of a randomized trial		Survival and disease-free survival	Overall Survival	Adjuvant	14534715
Transcriptional changes in prostate of men on active surveillance after a 12-mo glucoraphanin-rich broccoli intervention-results from the Effect of Sulforaphane on Prostate CAncer PrEvention (ESCAPE) randomized				Secondary prevention/survivorship	
controlled trial Oral administration of the amino acids cystine and theanine attenuates the adverse events of S-1 adjuvant chemotherapy in gastrointestinal cancer patients		Changes in gene expression Adverse effects with S-1 adjuvant chemotherapy	Non-standard Quality of Life	Adjuvant	30982861 27306219
Perioperative immunonutrition in well-nourished patients undergoing surgery for head and neck cancer: Evaluation of inflammatory and immunologic outcomes	8	Postoperative immune and inflammatory status (C-reactive protein, total lymphocytes, CD3, CD4, CD8, immunoglobulin G, etc.)	Translational/Basic Science Endpoint	Adjuvant	23571650
Glutamine-enriched nutrition does not reduce mucosal morbidity or complications after stem-cell transplantation for childhood malignancies: A prospective randomized study	120	Mucositis	Non-standard Quality of Life	Adjuvant	21499196
Influence of a nutritional intervention on dietary intake and quality of life in cancer patients: A randomized controlled trial	58	QoL and dietary intake	Quality of Life	Misc/Mixed	24103511
Effects of nutrition and physical exercise intervention in palliative cancer patients: A randomized controlled trial	58	QoL (EORTC-QLQ C-30)	Quality of Life	Palliative	28651827
Calorie restriction and synbiotics effect on quality of life and edema reduction in breast cancer-related lymphedema, a clinical trial	135	Differences in quality of life score (Lymphedema Life Impact Scale)	Non-standard Quality of Life	Misc/Mixed	32898787
Randomized phase 2 study of gemcitabine and cisplatin with or without vitamin supplementation in patients with advanced esophagogastric cancer	82	Response rate	Cancer measurement	Palliative	29696360
Immunonutrition improves functional capacities in head and neck and esophageal cancer patients undergoing radiochemotherapy: A randomized clinical trial	37	Functional outcomes	Non-standard Quality of Life	Adjuvant	23849811
Preventing weight gain during adjuvant chemotherapy for breast cancer: A dietary intervention study	96	Anthropometric changes	Weight/Composition/Muscle	Adjuvant	22869285
ERGO2: A prospective randomized trial of a 9-day schedule of calorically restricted ketogenic diet and fasting or standard diet in addition to re-irradiation for malignant glioma	50	Progression free survival rate	Cancer measurement	Adjuvant	32619561
Effect of glutamine-enriched nutritional support on intestinal mucosal barrier function, MMP-2, MMP-9 and immune function in patients with advanced gastric cancer during perioperative chemotherapy	94	Lactulose/mannitol ratio, D-lactate levels, MMP-9, MMP-2, CD3+, CD4+, CD8+, CD4+/CD8+, and immunoglobulins	Translational/Basic Science Endpoint	Adjuvant	28927119
Effects of glutamine on plasma endotoxin and immune function in postperative patients with laryngeal carcinoma		Plasma endotoxin level and immune function	Translational/Basic Science Endpoint	Adjuvant	Not found
Clinical trial: Efficacy of a low or modified fat diet for the prevention of gastrointestinal toxicity in patients receiving radiotherapy treatment for pelvic malignancies		Difference in change in Inflammatory Bowel Disease Questionnaire – Bowel (IBDQ-B) score	Non-standard Quality of Life	Adjuvant	22515941
High fibre diet, low fibre diet or habitual diet for the prevention of radiation-induced toxicity in pelvic cancer: A multi-centre randomised controlled trial	166	Change in Inflammatory Bowel Disease Questionnaire – Bowel Subset (IBDQ-B) score	Non-standard Quality of Life	Adjuvant	Not found
Dietary supplementation with n-3-fatty acids in patients with pancreatic cancer and cachexia: marine phospholipids versus fish oil - a randomized controlled double-blind trial	60	Change of weight and appetite	Weight/Composition/Muscle	Misc/Mixed	28578704
Effects of Perioperative Oral Nutrition Supplementation in Malaysian Patients Undergoing Elective Surgery for Breast and Colorectal Cancers—A Randomised Controlled Trial	91	Body weight, BMI, and serum albumin level	Weight/Composition/Muscle	Adjuvant	35276977
A study of caloric restriction versus standard diet in overweight men with newly diagnosed prostate cancer: A randomized controlled trial	19	Changes in weight	Weight/Composition/Muscle	Adjuvant	23775525
A randomized controlled trial of postoperative artificial nutrition in malnourished patients with gastrointestinal cancer	646	Postoperative complications, mortality, and postoperative length of hospital stay	Postoperative Misc endpoint	Adjuvant	18000777

Preoperative enteral immunonutrition improves postoperative outcome in patients with gastrointestinal cancer		Postoperative serum antibody and complement levels	Translational/Basic Science Endpoint	Adjuvant	16830214
Effect of a nutritional therapy using a late evening snack for hepatocellular carcinoma		Blood biochemical data, nutrition status using an indirect calorimeter, and area under the concentration curve for glucose	Translational/Basic Science Endpoint	Adjuvant	Not found
Impact of Enhanced Recovery after Surgery with Preoperative Whey Protein-Infused Carbohydrate Loading and Postoperative Early Oral Feeding among Surgical Gynecologic Cancer Patients: An Open-Labelled Randomized Controlled Trial		Length of postoperative hospital stay, clear fluid toleration, food toleration, and bowel function return	Postoperative Misc endpoint	Adjuvant	31968595
Impact of perioperative enteral immunonutrition in patients with gastrointestinal cancer undergoing elective surgery: a randomized controlled trial		Nutritional status (weight loss and prealbumin) and functional capacities	Weight/Composition/Muscle	Adjuvant	Not found
Effect of Qihuang Decoction Combined with Enteral Nutrition on Postoperative Gastric Cancer of Nutrition and Immune Function		Blood markers of nutrition and immune function	Translational/Basic Science Endpoint	Adjuvant	32215032
Impact of hypocaloric and hyponitrogenic parenteral nutrition on clinical outcome in postoperative patients: A multi-center randomized controlled trial of 120 cases	120	Postoperative outcomes	Postoperative Misc endpoint	Adjuvant	17919374
Roles of clinical pharmacists in nutritional therapy for gastric cancer patients treated with neoadjuvant chemotherapy		Nutritional status and incidence of adverse reactions	Non-standard Quality of Life	Adjuvant	Not found
Effect of postoperative precision nutrition therapy on postoperative recovery for advanced gastric cancer after neoadjuvant chemotherapy	71	Postoperative nutritional status	Postoperative Misc endpoint	Adjuvant	Not found
Nutritional support of pediatric patients with cancer consuming an enteral formula with fructooligosaccharides		Stool microbiota (enterobacteria, bifidobacteria, lactobacillus, and clostridium perfringens in stool cultures)	Translational/Basic Science Endpoint	Adjuvant	Not found
Effect of oral nutritional supplementation on the post-discharge nutritional status and quality of life of gastrointestinal cancer patients after surgery: a multi-center study		Postoperative nutritional status and anthropometric measures	Weight/Composition/Muscle	Adjuvant	31464391
Improvement of constipation in leukemia patients undergoing chemotherapy using sweet potato	120	Constipation	Non-standard Quality of Life	Adjuvant	25881813

Supplementary Table 2

The following table describes the dietary interventions used in RCTs for cancer patients with assigned dietary categorization.

Title	Author	Dietary Intervention	Dietary Categorization	PubMed ID
		High fiber diet (13.5 g wheat bran fiber per	, 	
Lack of effect of a high-fiber cereal supplement on the recurrence of colorectal adenomas	Alberts et al.		Fiber modified diet	10770890
Impact of Preoperative Acetaminophen and Carbohydrate Loading on Pain and Functional Status in Patients Undergoing Mohs Micrographic Surgery for Nonmelanoma Skin Cancers	Aleisa et al.	Preoperative carbohydrate loading and acetoaminophen	Energy modified diet	31725692
Oral nutritional supplement (ONS) reduced weight loss and optimised preoperative energy and nutrient intakes in colorectal cancer patients undergoing surgery	Ali et al.	Oral nutritional supplements	Nutrient modified diet	Not found
A Translational Randomized Trial of Perioperative Arginine Immunonutrition on Natural Killer Cell Function in Colorectal Cancer Surgery Patients	Angka et al.	Arginine enriched supplements	Nutrient modified diet	35913670
Vitamin D Supplementation and Survival in Metastatic Colorectal Cancer	Antunac et al.	Vitamin D supplementation	Nutrient modified diet	29533115
Effects of perioperative Eicosapentaenoic acid-enriched oral nutritional supplement on lean body mass after total gastrectomy for gastric cancer	Aoyama et al.	Eicosapentaenoic acid-enriched oral nutrition	Nutrient modified diet	30854113
Efficacy of ω-3 supplementation on nutritional status, skeletal muscle, and chemoradiotherapy toxicity in cervical cancer patients: A randomized, triple-blind, clinical trial conducted in a middle-income country	Aredes et al.	Omega-3 supplementation	Nutrient modified diet	Not found
Effects of a parallel-arm randomized controlled weight loss pilot study on biological and psychosocial parameters of overweight and obese breast cancer survivors	Arikawa et al.	Caloric deficit (1000 kcal deficit) and exercise intervention	Energy modified diet	28702218
Phase II prospective randomized trial of a low-fat diet with fish oil supplementation in men undergoing radical prostatectomy	Aronson et al.	Low-fat diet and fish oil supplementation	Energy modified diet	22027686
Randomized study to compare the compliance of two prescription of nutritional supplementation in oncology inpatients	Arribas et al.	Nutritional supplementation - 600 kcal and 25 g protein per day	Energy modified diet	Not found
The Impact of a Ketogenic Dietary Intervention on the Quality of Life of Stage II and III Cancer Patients: A Randomized Controlled Trial in the Caribbean	Augustus et al.	Modified ketogenic diet	Energy modified diet	32791011
Mediterranean-style dietary pattern improves cancer-related fatigue and quality of life in men with prostate cancer treated with androgen deprivation therapy: A pilot randomised control trial	Baguley et al.	Mediterranean diet	Mediterranean diet	35565100
The impact of a mediterranean-style dietary pattern on cancer-related fatigue and quality of life in men with prostate cancer treated with androgen deprivation therapy: A pilot study	Baguley et al.	Mediterranean diet	Mediterranean diet	Not found
Simple nutritional intervention in patients with advanced cancers of the gastrointestinal tract, non-small cell lung cancers or mesothelioma and weight loss receiving chemotherapy: a randomised controlled trial	Baldwin et al.	Nutritional supplementation and diet (additional 600 kcal per day)	Energy modified diet	21733143
The effect of perioperative immunonutrition on surgical complications and quality of life in patients with head and neck cancer	Basmisirli et al.	Immunonutrient modified entereal formula	Nutrition support	Not found
The effects of short-term fasting on quality of life and tolerance to chemotherapy in patients with breast and ovarian cancer: A randomized cross-over pilot study	Bauers feld et al.	Short term fasting (max 350 kcal)	Energy modified diet	29699509
The use of a protein and energy dense eicosapentaenoic acid containing supplement for malignancy-related weight loss in children	Bayram et al.	Protein and energy dense eicosapentaenoic acid	Nutrient modified diet	19090549
Comparing diets for weight loss and improvement in biomarkers in men with prostate cancer on surveillance: A pilot study		Plant based olive oil diet	Restrictive eating patterns	Not found
Influence of dietary factors on actinically-induced skin cancer	Black et al.	Low-fat diet	Energy modified diet	9920444
A double-blind phase III trial of immunomodulating nutritional formula during adjuvant chemoradiotherapy in head and neck cancer patients: IMPATOX	Boisselier et al.	Immunomodulating arginiene/omega-3 supplements	Nutrient modified diet	32936874
Effect of soy protein isolate supplementation on biochemical recurrence of prostate cancer after radical prostatectomy: A randomized trial	Bosland et al.	Soy protein isolate supplements	Energy modified diet	33764851
Modification of the response to chemotherapy of HER2 negative metastatic breast cancer by lipids of marine origin: A controlled, randomized, double blind dietary supplementation trial	Bougnoux et al.	Supplement long chain PUFA of marine origin	Energy modified diet	Not found
Nutritional advice in older patients at risk of malnutrition during treatment for chemotherapy: a two-year randomized controlled trial	Bourdel- Marchasson et al.	Diet counselling increasing calorie and protein intake	Energy modified diet	25265392
Glutamine supplementation in cancer patients receiving chemotherapy: A double-blind randomized study	Bozzetti et al.	Glutamine supplementation	Nutrient modified diet	9263281

Properative out agrinnes and o-5 flay and supplementation improves the immonstrational book or an immunity of the control of t		ı		T	1
Internate and maritimated effects of early entend uniform after major addominal operations. Effects of fise of on apposite and other ymphoms in patients with advanced concert and antonsciochesized and decided placed controlled study. Why: Proteon Supplementation in procure and controlled study. Why: Proteon Supplementation in procure and major and the study of the enterpression in procure and the study of the study	Preoperative oral arginine and n-3 fatty acid supplementation improves the immunometabolic host response		Preoperative oral arginine and n3 fatty acid		
Immuse and mutitional effects of eight on applicate with severe major allebrational operations and contributed effects of fish of any special and flow ryprediction in patients with shear controlled analysis of the straight of the controlled fluid (controlled fluid controlled fl	and outcome after colorectal resection for cancer	Braga et al.	supplements	Nutrient modified diet	12464864
Effect of fish close appetrementation improves Notifical States, Gittathistore Levels, and Immune Function in discheduling language of language 2-hour dustry required to the control of Trail Countried Trail			Immunonnutrition enteral feeding		
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Biomarkers in Head and Neck Cancer Datta et al. Fruit and vegetable concentrates Nutrient modified diet 28102098					
	Biomarkers in Head and Neck Cancer	Datta et al.	Fruit and vegetable concentrates	Nutrient modified diet	28102098

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Fish oil supplementation and inflammatory response during neoadjuvant chemoradiation for rectal cancer: Results from a prospective, randomized, controlled trial	pastore silva et al.	Fish oil supplementation	Nutrient modified diet	Not found
Preoperative Fasting Abbreviation With Whey Protein Reduces the Occurrence of Postoperative	De carvalho	1 isi on supplementation	ivatient modified diet	Not round
Complications in Patients With Head and Neck Cancer: A Randomized Clinical Trial	et al.	Whey protein	Energy modified diet	33373478
Fasting mimicking diet as an adjunct to neoadjuvant chemotherapy for breast cancer in the multicentre	De groot et	Energy modified diet (plant-based, low calorie,		
randomized phase 2 DIRECT trial	al.	low amino acid substitution)	Energy modified diet	32576828
A randomized clinical trial with oral immunonutrition (ω3-enhanced formula vs. arginine-enhanced formula)		,		
in ambulatory head and neck cancer patients	De luis et al.	Arginine enriched supplements	Nutrient modified diet	15802904
	De quadros			
Fish oil supplementation during chemotherapy increases posterior time to tumor progression in colorectal	carmargo et			
cancer	al.	Fish oil supplementation	Nutrient modified diet	26700096
Nutritional intervention contributes to the improvement of symptoms related to quality of life in breast	De souza et			
cancer patients undergoing neoadjuvant chemotherapy: A randomized clinical trial	al.	Personalized diet plan	Nutrition counseling	Not found
Nutrition the control of the first control of the Tield Calcular Control (TiCaCa) with third	De waele et	Patient-specific dietary program coached by dietition	Nintritionline	Night forward
Nutrition therapy in cachectic cancer patients. The Tight Caloric Control (TiCaCo) pilot trial	al.	dietition	Nutrition counseling	Not found
Nutrition therapy promotes overall survival in cachectic cancer patients through a biophysical pathway: the ticaconco trial	De waele et	Intensive personalised dietary counseling	Nutrition counseling	Not found
Benefits of immunonutrition in patients with head and neck cancer receiving chemoradiation: A phase II	Dechaphunk	intensive personansed dietary counseling	Tradition counseling	Not is and
randomized, double-blind study	ul et al.	Immunonutrient supplements	Nutrient modified diet	35007812
,	Demark-	11		_
Results of a diet/exercise feasibility trial to prevent adverse body composition change in breast cancer		High fruit and vegetable, high calcium, low-fat		
patients on adjuvant chemotherapy	et al.	diet along with exercise	Nutrition counseling	18501061
	Demark-			
Flaxseed supplementation (not dietary fat restriction) reduces prostate cancer proliferation rates in men	Wahnefried			
presurgery	et al.	Flaxseed supplementation	Nutrient modified diet	19064574
	Demark-			
	Wahnefried			
Presurgical weight loss affects tumour traits and circulating biomarkers in men with prostate cancer	et al.	Energy-restricted diet and exercise	Energy modified diet	28881355
	Demark-			
Randomized trial of weight loss in primary breast cancer: Impact on body composition, circulating biomarkers and tumor characteristics	Wahnefried et al.	Counseling for resistance training, caloric restriction, and aerobic exercise	Nutrition counseling	31442303
Observation on application effect of TCM diet intervention in improving malnutrition in patients with end-	ct ai.	Traditional Chinese medicine dietary	14dd ffon Counseling	31442303
stage liver cancer	Deng et al.	intervention	Restrictive eating patterns	Not found
Effects of a high dose, aglycone-rich soy extract on prostate-specific antigen and serum isoflavone	Devere		31	_
concentrations in men with localized prostate cancer		High-dose isoflavone supplements	Nutrient modified diet	21058191
A Very-Low-Fat Vegan Diet Increases Intake of Protective Dietary Factors and Decreases Intake of				
Pathogenic Dietary Factors	Dewell et al.	Very low-fat vegan diet	Restrictive eating patterns	18237581
	Dintinjana et	Dietary counseling, oral nutrition supplements,		
Effects of nutritional support in patients with colorectal cancer	al.	and megestrol acetate	Nutrition counseling	18982745
Effect of adequate nutrition therapy in rectal carcinoma post-surgery patients	Djunet et al.	Adequate nutrition therapy	Nutrition counseling	Not found
	D:	Nutrition counseling emphasizing low-fat, high-	D PG LV.	
A diet and exercise intervention during Chemotherapy for breast cancer	Djuric et al.	fruit diet and exercise	Energy modified diet	22238561
In a randomized trial in prostate cancer patients, dietary protein restriction modifies markers of leptin and insulin signaling in plasma extracellular vesicles	Eitan et al.	Protein restricted diet	Energy modified diet	Not found
	Enall Ct al.		Later gy modified diet	Not found
Oral Nutritional Supplementation in Cancer Patients Who Were Receiving Chemo/Chemoradiation Therapy: A Multicenter, Randomized Phase II Study	Faccio et al.	Oral nutritional supplement (whey protein isolated, leucin, and zinc)	Nutrient modified diet	32363940
Reduced infections with perioperative immunonutrition in head and neck cancer: Exploratory results of a	Falewee et		The state of the s	
multicenter, prospective, randomized, double-blind study	al.	Preoperative or perioperative immunonutrition	Nutrient modified diet	24182765
*		BCAA, dextrose, and lipid emulsion		
Perioperative nutritional support in patients undergoing hepatectomy for hepatocellular carcinoma	Fan et al.	supplementation	Nutrition support	7969324
Total parenteral alimentation with glutamine supplementation for the prevention of common complications in				
patients undergoing hematopoietic stem cell transplantation	Fang et al.	Glutamine enriched TPN	Nutrient modified diet	Not found

Effect of conjugated linoleic acid supplementation on quality of life in rectal cancer patients undergoing	Faramarzi et			
preoperative chemoradiotherapy	al.	Conjugated linoleic acid supplementation	Nutrient modified diet	28523042
Effects of ω-3 supplementation on the nutritional status, immune, and inflammatory profiles of gastric cancer patients: A randomized controlled trial	Feijo et al.	Omega-3 supplementation	Nutrient modified diet	30710885
Effects of a nutrition intervention on acute and late bowel symptoms and health-related quality of life up to	Forslund et	Dietary counseling promoting high soluble		
24 months post radiotherapy in patients with prostate cancer: a multicentre randomised controlled trial	al.	fiber, low-lactose diet	Fiber modified diet	31758324
	Freedland et			
Dynamic metabolic response of prostate cancer patients treated with ADT and low carb diet	al.	Low-carb diet	Energy modified diet	Not found
A Randomized Controlled Trial of a 6-Month Low-Carbohydrate Intervention on Disease Progression in Men with Recurrent Prostate Cancer: Carbohydrate and Prostate Study 2 (CAPS2)	Freedland et al.	Low-carb diet	Energy modified diet	33712498
Effect of postoperative diet nursing with patient involved on nutritional status of the patients with rectal	uii	Low care dict	Energy modified diet	00712400
cancer	Gan et al.	Postoperative diet nursing	Nutrition counseling	Not found
Effect of Targeted Nutritional Intervention on Intestinal Flora, Defecation Function, and Postoperative		Targeted nutritional intervention with probiotic		
Complications in Patients Who Underwent Radical Resection of Rectal Carcinoma	Gao et al.	supplementation	Nutrient modified diet	Not found
Randomized comparison of cooked and noncooked diets in patients undergoing remission induction therapy for acute myeloid leukemia	Gardner et al.	Neutropenic diet	Restrictive eating patterns	18955453
Effect of Standardized Nutritional Intervention in Patients with Nasopharyngeal Carcinoma Receiving Radiotherapy Complicated with Diabetes Mellitus	Ge et al.	Nutritional intervention via online for weight and blood glucose control	Nutrition counseling	35756497
Immune Nutrition in Head and Neck Cancer. A Double Blind Randomised Controlled Trial of Perioperative			-	
Immune Enhancing Feeds in Patients with Advanced Head and Neck Cancer	Ghosh et al.	Immune enhancing feeds	Nutrition support	Not found
A randomized controlled trial of preoperative oral supplementation with a specialized diet in patients with	Gianotti et		Ni di ing tir d	40055500
gastrointestinal cancer	al.	Supplemented liquid diet	Nutrient modified diet	12055582
Route and composition of postoperative nutritional support: Impact on immune-metabolic response and postoperative outcome	Gianotti et al.	Immunonutrition	Nutrition support	Not found
Short-term preoperative supplementation of an immunoenriched diet does not improve clinical outcome in	Giger pabst			
well-nourished patients undergoing abdominal cancer surgery	et al.	Immuno enriched formula	Nutrient modified diet	Not found
Evaluation of perioperative nutritional therapy in patients with gastrointestinal tract neoplasms	Gomez	Perioperative immune enhancing formula	Nutrient modified diet	22072355
Evaluation of perfoperative nutritional therapy in patients with gastrointestinal fract neoplasms	Gomez	Ferioperative inimune enhancing formula	Nutrient modified diet	22072335
Efficacy evaluation of an oral powder supplement enriched with eicosapentaenoic acid in cancer patients	candela	Eicosapentaenoic acid supplementation	Nutrient modified diet	22411387
A combination of tomato and soy products for men with recurring prostate cancer and rising prostate	Grainger et	Diet rich in tomato products and soy protein		
specific antigen	al.	supplements	Nutrient modified diet	18444145
Effects of a dietary intervention to increase omega-3 intake compared to dutasteride in men with low-risk				
prostate cancer under active surveillance: Preliminary results on fatty acid intake and fatty acid profiles of	0 1	Dietary intervention aiming to increase omega-3	N	
red blood cells and prostate tissue	Guertin et al.	intake	Nutrient modified diet	Not found
The effect of immunonutrition on tumor infiltrative t lymphocytes and regulatory t cells in rectal tumor patients receiving neoadjuvant chemoradiotherapy: a prospective randomized clinical study	Gul et al.	Immunonutrition	Nutrient modified diet	36326418
Effects of emotional intervention and Chinese medicated diet in improving the quality of life in patients with				
liver cancer after chemotherapy	Guo et al.	Chinese medicated diet	Restrictive eating patterns	Not found
A Pilot Randomised Controlled Trial Examining the Benefit of a Neutropenic Diet for Children Undergoing				
Cancer Treatment	Gupta et al.	Neutropenic diet	Restrictive eating patterns	35225115
Assessment of Nutritional Status in Children with Cancer and Effectiveness of Oral Nutritional	Gurlals et al	Hypercologic oral supplements	Nutriant modified dist	26418028
Supplements Application of Glutamine-enriched nutrition therapy in childhood acute lymphoblastic leukemia	Han et al.	Hypercaloric oral supplements Glutamine enriched nutrition	Nutrient modified diet Nutrient modified diet	27401338
Prospective randomized investigation implementing immunonutritional therapy using a nutritional	- imi et ui.		mounted diet	
supplement with a high blend ratio of ω-3 fatty acids during the perioperative period for head and neck				
carcinomas	Hanai et al.	Eicosapentaenoic acid supplementation	Nutrient modified diet	29420749
Miami NICE trial: Nutritional support for patients incurring chemotherapy side effects	Hansra et al.	Counseling for dietary strategies to mitigate side effects	Nutrition counseling	Not found
Randomized controlled clinical trial assessing the effects of oral nutritional supplements in postoperative			9	
gastric cancer patients	Hatao et al.	Oral nutritional supplements	Nutrient modified diet	27807617
Change in women's diet and body mass following intensive intervention for early-stage breast cancer	Herbert et al.	Nutrition education program	Nutrition counseling	11320947

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o o 17 ,	undergoing radiotherapy: A randomized, controlled study	Kilic et al.	Immunoenriched oral nutritional supplements	Nutrient modified diet	Not found

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The effects of patient participation-based dietary intervention on nutritional and functional status for patients		Patient participation dietary counseling to		
with gastrectomy: A randomized controlled trial	Kim et al.	increase energy intake	Nutrition counseling	23632471
The Effect of Nutrition Intervention with Oral Nutritional Supplements on Pancreatic and Bile Duct Cancer Patients Undergoing Chemotherapy	Kim et al.	Oral nutritional supplements	Nutrient modified diet	31121926
The effect of preoperative nutritional supports on patients with gastrointestinal cancer: Prospective randomized study	Kirkil et al.	Preoperative nutritional supports	Nutrient modified diet	22260826
The Effects of a Mediterranean Diet Intervention on Cancer-Related Fatigue for Patients Undergoing	Kleckner et			
Chemotherapy: A Pilot Randomized Controlled Trial	al.	Mediterranean diet	Mediterranean diet	36077737
The impact of immunostimulating nutrition on infectious complications after upper gastrointestinal surgery: A prospective, randomized, clinical trial	Klek et al.	Immunomodulating nutrition	Nutrient modified diet	18650630
Standard and immunomodulating enteral nutrition in patients after extended gastrointestinal surgerya prospective, randomized, controlled clinical trial	Klek et al.	Enteral nutrition with immunostimulating diet	Nutrition support	18571296
L-Carnitine-supplementation in advanced pancreatic cancer (CARPAN) - A randomized multicentre trial	Kraft et al.	L-carnitine supplementation	Nutrient modified diet	22824168
Dietary intervention in prostate cancer patients: PSA response in a randomized double-blind placebo- controlled study	Kranse et al.	Supplementation of plant estrogens, antioxidants, carotenoids, and selenium	Nutrient modified diet	Not found
Long term improved quality of life by a 2-week group physical and educational intervention shortly after breast cancer chemotherapy completion. Results of the 'Programme of Accompanying women after breast Cancer treatment completion in Thermal resorts' (PACThe) randomised clinical trial of 251 patients	Kwiatkowsk	2-week session of physical training, dietary education, and physiotherapy	Nutrition counseling	23352440
Influence of pre-operative oral carbohydrate loading vs. standard fasting on tumor proliferation and clinical	Lende, T.			
outcome in breast cancer patients — a randomized trial	H., et al.	Preoperative oral carbohydrate loading	Energy modified diet	31703648
Nursing Effect and Prognosis of Perioperative Nutritional Support Therapy for Severe Malnutrition Patients with Colorectal Cancer	Li, C. et al.	Perioperative enteral nutritional support	Nutrition support	Not found
Early enteral immunonutrition support protects the cellular and humoral immune functions of patients with pancreatic cancer after chemotherapy	Li, C., et al.	Immunomodulating entereal nutrition	Nutrition support	Not found
The effect of low-nitrogen and low-calorie parenteral nutrition combined with enteral nutrition on inflammatory cytokines and immune functions in patients with gastric cancer: a double blind placebo trial	Li, J. H., et al.	Low-nitrogen and low-calorie parenteral nutrition with enteral nutrition	Nutrition support	25967707
A randomized nutrition counseling intervention in pediatric leukemia patients receiving steroids results in		Dietary counsel following the American		
reduced caloric intake	Li, R., et al.	Academy of Pediatrics recomendation	Nutrition counseling	27615542
Enteral immunonutrition versus enteral nutrition for patients undergoing esophagectomy: a double-blinded randomized controlled trial	Li, X., et al.	Enteral immunonutrition	Nutrition support	Not found
Feasibility of a low-fat/high-fiber diet intervention with soy supplementation in prostate cancer patients after prostatectomy	Li, Z., et al.	Low-fat fiber modified diet	Fiber modified diet	17392697
A multidisciplinary team approach for nutritional interventions conducted by specialist nurses in patients with advanced colorectal cancer undergoing chemotherapy: A clinical trial	Lin, J. et al.	Individual recipes developed by a team of professionals and the patient	Nutrition counseling	28658162
Effects of Zinc Supplementation on Clinical Outcomes in Patients Receiving Radiotherapy for Head and Neck Cancers: A Double-Blinded Randomized Study	Lin, L. et al.	Zinc supplementation	Nutrient modified diet	17980503
Effect of Psychological Intervention Combined with Dietary Guidance on Quality of Life and Long-Term Efficacy of Bushen Quyu Decoction in Treatment of Patients with Advanced Ovarian Cancer		Psychological counseling to maintain a light diet		34733335
An enhanced nutritional support pathway including extended preoperative and home enteral nutrition is safe, feasible, and may benefit patients undergiong enhanced recovery after esophagectomy: A pilot randomized clinical trial		Standard nutrional support	Nutrition support	Not found
A Randomized Study on the Effect of Metformin Combined with Intensive-Exercise Diet Therapy on Glucose and Lipid Metabolism and Islet Function in Patients with Renal Cell Carcinoma and Diabetes	Liu, Y. et al.	Counseling for an energy modified diet and excercise	Nutrition counseling	Not found
Early postoperative jejunostomy feeding with an immune modulating diet in patients undergoing resectional surgery for upper gastrointestinal cancer: a prospective, randomized, controlled, double-blind study	Lobo et al	Postoperative immunomodulating nutrition	Nutrient modified diet	Not found
Feasibility and efficacy of progressive resistance training and dietary supplements in radiotherapy treated head and neck cancer patients-the DAHANCA 25A study	Lonbro, S. et al.	Protein and creatinine supplementation before excercise	Nutrient modified diet	23190359
Analysis of the Effect of Exercise Combined with Diet Intervention on Postoperative Quality of Life of Breast Cancer Patients	Lu, L.	High protein, high energy, and high vitamin supplementation	Nutrient modified diet	35669367

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DESCRIPTION OF THE STATE OF THE				
Palliative Nutritional Intervention in Addition to Cyclooxygenase and Erythropoietin Treatment for Patients with Malignant Disease: Effects on Survival, Metabolism, and Function: A Randomized Prospective Study	Lundholm, K. et al.	Counseling with oral and parenteral supplements (450–600 kcal per day)	Nutrition support	15112279
The effect of zinc sulfate in the prevention of high-dose chemotherapy-induced mucositis: a double-blind,	Mansouri,	supplements (450–600 kear per day)	rvantion support	13112273
randomized, placebo-controlled study	A. et al.	Zinc supplementation	Nutrient modified diet	21692101
*	71. Ct ui.	Zine suppementation	1 varient modified diet	21002101
Immunonutrition to improve the quality of life of upper gastrointestinal cancer patients undergoing neoadjuvant treatment prior to surgery (NEOIMMUNE): Double blind randomized controlled multi-center	Markar, S. et			
clinical trial	ol	Immuno-nutrients supplementation	Nutrient modified diet	Not found
emiea u ai	ai.	minuno-nutrents supplementation	rvarent modifica dict	Not lound
Ketogenic diets as an adjuvant therapy for glioblastoma (KEATING): a randomized, mixed methods,	Martin- McGill, K.			
feasibility study	I I	Ketogenic Diet	Energy modified diet	Not found
An exercise and nutrition intervention for ovarian cancer patients during and after first-line chemotherapy	Maurer, T. et	-	Energy mounted diet	Not lound
(BENITA study): A randomized controlled pilot trial	al	calorie intake	Nutrition counseling	35197344
(BENTITY Study). It fundomized controlled prior that	McCarthy,	curotte make	True iton counseling	00101044
The effect of nutritional supplements on food intake in patients undergoing radiotherapy	D. et al.	Liquid nutritional supplement	Nutrient modified diet	10382188
The viter of hadriding supplements of food made in patients and going hadronerapy	McGough,	Enquire maritional supprement	Transfer modified diev	10002100
Is supplementation with elemental diet feasible in patients undergoing pelvic radiotherapy?	C. et al.	Elemental nutritional supplement	Nutrient modified diet	16289498
	Mikagi, K.			
Effect of preoperative immunonutrition in patients undergoing hepatectomy; a randomized controlled trial	et al.	Immunonutrition supplement	Nutrient modified diet	30741015
Efficacy of prolonged elemental diet therapy after pancreaticoduodenectomy for pancreatic ductal	Mori, R. et	11		
adenocarcinoma: A pilot prospective randomized trial (UMIN00004108)	al.	Elemental nutritional supplement	Nutrient modified diet	31677701
Effects of medical nutrition therapy compared with general nutritional advice on nutritional status and		**		
nutrition-related complications in esophageal cancer patients receiving concurrent chemoradiation: A	Movahed, S.			
randomized controlled trial	et al.	Individualized nutritional therapy	Nutrition counseling	Not found
Perioperative standard oral nutrition supplements versus immunonutrition in patients undergoing colorectal	Moya, P. et		-	
resection in an Enhanced Recovery (ERAS) protocol	al.	Immunonutrition	Nutrient modified diet	Not found
Multicenter, phase III trial comparing selenium supplementation with observation in gynecologic radiation	Muecke, R.			
oncology: Follow-up analysis of the survival data 6 years after cessation of randomization	et al.	Selenium supplementation	Nutrient modified diet	25015649
Effects of dietary supplements of pediasure and carnitine on the anthropometric indices in children with	Naderi, A. et			
acute lymphoblastic leukemia under chemotherapy, in Afzalipour Hospital, Kerman, Iran	al.	Supplementation with Pediasure and carnitine	Nutrient modified diet	Not found
Impact of nutritional supplementation on treatment delay and morbidity in patients with head and neck	Nayel, H. et			
tumors treated with irradiation	al.	Nutrition supplementation	Nutrient modified diet	1562782
Parenteral nutrition effects of Omega-3 fatty acids on C-reactive protein, high-density lipoprotein,				
lymphocyte characteristics and the treatment of critically ill patients	Ni, C. et al.	Omega-3 fish oil fat emulsion supplementation	Nutrient modified diet	32538747
Effects of branched-chain amino acid supplementation after radiofrequency ablation for hepatocellular	Nojiri, S. et			
carcinoma: A randomized trial	al.	BCAA supplementation	Nutrient modified diet	27908546
	Oelrich, B.			
Prostatic concentration of soy isoflavone exceeds serum after dietary supplementation	et al.	Daily soy supplements	Nutrient modified diet	
	Oguz, M. et			
L-Alanin-L-Glutamine supplementation improves the outcome after colorectal surgery for cancer	al.	L-Alanin-L-Glutamine supplementation	Nutrient modified diet	17573745
Oral supplementation with carbohydrate- and branched-chain amino acid-enriched nutrients improves	Okabayashi,	a l di Bolt il l	N	
postoperative quality of life in patients undergoing hepatic resection	T. et al.	Supplementation with BCAA-enriched nutrient	Nutrient modified diet	20852905
Attenuation of the systemic inflammatory response and infectious complications after gastrectomy with	Okamoto, Y.	F # 11 1 4 11 4 22	NI (' (PC P)	40000500
preoperative oral arginine and ω-3 fatty acids supplemented immunonutrition	et al.	Fatty acids supplemented immunonutrition	Nutrient modified diet	19629583
Nutritional behaviour and quality of life during oncological polychemotherapy: Results of a prospective	_	Education and daily dietician visits to increase protein and calorie intake	Nutrition counceling	1405964
study on the efficacy of oral nutrition therapy in patients with acute leukaemia	r, G. et al.		Nutrition counseling	1425861
Nutritional supplementation with an immuneenhancing formula in the patients with esophageal cancer	Panova, N. et al.	Enteral immune-enhancing nutrition supplementation	Nutrient modified diet	Not found
Dramatic dietary fat reduction is feasible for breast cancer patients: Results of the randomised study, WINS	Parry, B. M.	Dietary counseling to halve their reported fat	a sautem modified diet	Not louild
Dramatic dietary far reduction is feasible for breast cancer patients: Results of the randomised study, WINS (UK) - stage 1	et al.	intake	Energy modified diet	21868187
The Men's Eating and Living (MEAL) Study: A Cancer and Leukemia Group B Pilot Trial of Dietary	Parsons, J.	Telephone-based counseling to increase	Energy mounted diet	2.000.07
Intervention for the Treatment of Prostate Cancer	K. et al.	vegetables, whole grains, and beans/legumes	Nutrition counseling	Not found
A randomized pilot trial of dietary modification for the chemoprevention of noninvasive bladder cancer: The	Parsons, J.	g,		
Dietary Intervention in Bladder Cancer Study	K. et al.	Telephone and Skype dietary counseling	Nutrition counseling	23867158
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Effect of a Behavioral Intervention to Increase Vegetable Consumption on Cancer Progression Among Men With Early-Stage Prostate Cancer: The MEAL Randomized Clinical Trial	Parsons, J. K. et al.	Telephone-based counseling	Nutrition counseling	32586177
With Early-Stage Flostate Cancer. The WEAE Randomized Chinear Trial		receptione-based counseining	ivuuruon counsening	32300177
A randomized study of nutritional support in patients with colorectal and gastric cancer	Persson, C. R. et al.	Individualized nutritional support	Nutrition counseling	12235650
Effects of a dietary intervention on acute gastrointestinal side effects and other aspects of health-related	Pettersson,	11		
quality of life: A randomized controlled trial in prostate cancer patients undergoing radiotherapy	A. et al.	Low soluble fiber and lactose diet	Nutrition counseling	22633817
	Pexe-		-	
Shrinking preoperative fast time with maltodextrin and protein hydrolysate in gastrointestinal resections due		Hydrolyzed protein to a carbohydrate-based		
to cancer	A. et al.	nutrition supplementation	Nutrient modified diet	23759267
Influence of a diet very high in vegetables, fruit, and fiber and low in fat on prognosis following treatment	Pierce, J. P.	High in vegetables, fruit, and fiber and low in		
for breast cancer: the Women's Healthy Eating and Living (WHEL) randomized trial	et al.	fat	Nutrient modified diet	17635889
Long-term oral branched chain amino acids in patients undergoing chemoembolization for hepatocellular	Poon, R. T.			
carcinoma: A randomized trial	P. et al.	BCAA suplementation	Nutrient modified diet	15043519
Caroliolia. A fundolinzed una	Pootz. S. et	*	Transmit modified diet	10040010
Notificational annualisation of the solution o	Pootz. S. et	Nutrional counseling on education for nutritional status	N	Not formed
Nutritional counseling in patients with head, neck and esophagus cancer in (chemo)radiotherapy	ш.	nurmonai status	Nutrition counseling	Not found
	Poulsen, G.			
Randomized trial of the effects of individual nutritional counseling in cancer patients	M. et al.	Individualized nutrition counseling	Nutrition counseling	24269077
Efficacy of ready-to-use therapeutic food in malnourished children with cancer: Results of a randomized,	Prasad, M.			
open-label phase 3 trial	et al.	Ready-to-use therapeutic food supplementation	Nutrient modified diet	34212474
Postoperative early enteral nutrition therapy with long peptide mixture for gastric cancer patients: A clinical				
control study	Pu, J. et al.	Early enteral peptide-based feeding	Nutrition support	Not found
Effect of whole-course nutrition management on patients with esophageal cancer undergoing concurrent		, 11 U	11	
chemoradiotherapy: A randomized control trial	Oiu V et al	Nutrition support team	Nutrition counseling	31526964
enemorationary). A randomized control that	Qiu, i : ci ui.	rtariaon support team	True idon counseling	01020004
	Radhakrishn			
Neutropenic versus regular diet for acute leukaemia induction chemotherapy: randomised controlled trial	an, V. et al.	Neutropenic diet	Restrictive eating patterns	35803707
	Rangel			
Association between amino acids, biomarkers of prostate cancer and inflammation in norwegian prostate	Huerta, O.			
cancer patients	D. et al.	30 mg lycopene per day supplementation	Nutrient modified diet	Not found
Individualized nutrition intervention is of major benefit to colorectal cancer patients: Long-term follow-up of	Ravasco, P.			
a randomized controlled trial of nutritional therapy	et al.	Individualized nutritional counseling	Nutrition counseling	23134880
17		5	5	
	Roca-	N 2 h		
Effect of a specific supplement enriched with n-3 polyunsaturated fatty acids on markers of inflammation,	Rodríguez, M. M. et al.	N-3 polyunsaturated fatty acids, fiber, and protein supplementation	Nutrient modified diet	Not found
oxidativestress and metabolic status of ear, nose and throat cancer patients			Nutrient modified diet	Not found
Effect of Early Peripheral Parenteral Nutrition Support in an Enhanced Recovery Program for Colorectal	Sanchez-	Perioperative peripheral nutrition of		
Cancer Surgery: A Randomized Open Trial	Guillien	PeriOliclimonel	Nutrition support	Not found
	Sánchez-			
Effects of an oral nutritional supplement containing eicosapentaenoic acid on nutritional and clinical	Lara, K. et			
outcomes in patients with advanced non-small cell lung cancer: randomised trial	al.	Eicosapentaenoic acid supplementation	Nutrient modified diet	24746976
Effects of a Plant-Based High-Protein Diet on Fatigue in Breast Cancer Patients Undergoing Adjuvant	Sathiaraj, E.			
Chemotherapy—a Randomized Controlled Trial	et al.	Plant-based high-protein diet	Restrictive eating patterns	36546552
Randomized, double-blind, controlled study of glycyl-glutamine-dipeptide in the parenteral nutrition of		Parenteral support with glycyl-glutamine-	61	
patients with acute leukemia undergoing intensive chemotherapy	al.	dipeptide nutrition	Nutrition support	14990264
		apepade nutritori	rvaaraon support	17330204
Randomized, double-blind, placebo-controlled crossover study in men with prostate cancer and rising PSA:	Schröder, F.		10 1 10	
Effectiveness of a dietary supplement	H. et al.	Soy-based dietary supplement	Nutrient modified diet	16263208
Effects of an exercise and hypocaloric healthy eating program on biomarkers associated with long-term	Scott, E. et			
prognosis after early-stage breast cancer: A randomized controlled trial	al.	Hypocaloric healthy eating	Energy modified diet	23184120
Effect of a Perioperative Nutritional Supplementation with Oral Impact® in Patients undergoing Hepatic	Seguin, P. et			
Surgery for Liver Cancer: A Prospective, Placebo-Controlled, Randomized, Double-Blind Study	al.	Perioperative nutritional supplementation	Nutrient modified diet	27007018
Preoperative oral supplementation with long-chain Ω-3 fatty acids beneficially alters phospholipid fatty acid	Senkal, M.	Oral supplementation with long-chain omega-3		
patterns in liver, gut mucosa, and tumor tissue	et al.	fatty acids	Nutrient modified diet	15961678
	Senthilkuma	,		
Comprehensive Diet and Exercise Intervention During Radiation Therapy Can Improve Metabolic and Inflammatory Markers in Breast Cancer Patients	r, G. et al.	Dietary counseling sessions	Nutrition counseling	Not found
minaminatory istances in Dieast Cancer Fatients	1, G. et al.	Dictary Counscing Sessions	ivuu mon counsening	ווטנ וטעווע

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To compare outcome of Intensive nutritional support with standard practise in head ands neck cancer	Shahid, T. et	Nutrition counseling following the American Dietetic Association	Nutrition counseling	Not found
To compare outcome of intensive nutritional support with standard placuse in near ands need cancer	Shang, C. L.	Traditional Chinese Medicinal dietary	1van non counsening	Not lound
Chinese food therapy combined with chemotherapy in the treatment of advanced ovarian cancer based on	et al.	supplements	Nutrient modified diet	Not found
Randomized controlled trial comparing a low-fat diet with a weight-reduction diet in breast cancer-related	Shaw, C. et			
lymphedema	al.	Hypocaloric and low-fat diet	Energy modified diet	17393377
Application of the Diet and Nutrition Management System in the Nutrition Management of Tumor Patients		Counseling following nutritional management		
Treated with Chemotherapy	She, G. et al.	system	Nutrition counseling	Not found
Influence of nutritional support on tolerability and results of treatment in patients with newly diagnosed hemoblastoses received program chemotherapy	Shen, N. P. et al.	Protein supplement for underweight patients	Energy modified diet	Not found
nemodastoses received program enemodierapy	Shen, X. J.	Frotein supplement for underweight patients	Energy modified diet	Not lourid
Effect of early nutritional support on the clinical efficacy of gastrointestinal cancer patients	et al.	Enteral nutrition in the postoperative treatment	Nutrition support	Not found
Phase II randomized controlled trial (RCT) of medical intensive nutrition therapy (MINT) to improve	Shusterman,	Counseling of medical intensive nutrition	•	
chemotherapy (CT) tolerability in malnourished patients with solid tumor malignancies	M. et al.	therapy	Nutrition counseling	Not found
Potential benefits of early nutritional intervention in adults with upper gastrointestinal cancer: a pilot	Silvers, M.			
randomised trial	A. et al.	Telehealth nutritional counseling	Nutrition counseling	Not found
	Snegovoy,			
Anorexia-cachexia syndrome in cancer patients: Pathogenetic aspects and treatment options	A. V. et al.	Enteral nutritional support	Nutrition support	Not found
Reduced postoperative infections with an immune-enhancing nutritional supplement	Snyderman, C. H. et al.	Immune-enhancing nutritional supplement	Nutrient modified diet	10369282
Reduced postoperative infections with an infinitine-emiancing nutritional supplement	C. H. et al.	minune-emancing nutritional supplement	Nutrient modified diet	10369262
Randomised controlled trial of one week strict low-iodine diet versus one week non-specified low iodine	Sohaimi, W.			
diet in differentiated thyroid carcinoma	F. W. et al.	Low-iodine diet	Restrictive eating patterns	Not found
Rapid Incorporation of ω-3 Fatty Acids into Colonic Tissue after Oral Supplementation in Patients with	Sorensen, L.		51	
Colorectal Cancer: A Randomized, Placebo-Controlled Intervention Trial	S. et al.	ω-3 fatty acid supplementation	Nutrient modified diet	23788002
Effect of a leucine-rich supplement in combination with nutrition and physical exercise in advanced cancer	Storck, L. J.			
patients: A randomized controlled intervention trial	et al.	Leucine-rich supplementation	Nutrient modified diet	32340904
Effect of targeted nutrition intervention on defecation and postoperative complications in patients undergoing	Sun, Q. Y.	In-patient management of care by a		
radical resection for rectal cancer	et al.	dietitian/nutritionist	Nutrition counseling	Not found
	0.1			
A randomized, double blind comparative study of prophylactic parenteral nutritional support with or without glutamine in autologous stem cell transplantation for hematological malignancies - Three years' follow-up	Sykorova, A. et al.	Glutamine-enriched parenteral nutrition	Nutrition support	16284692
Randomized Controlled Trial Investigating Perioperative Immunonutrition for Patients Undergoing	Tan, G. H.	Gradinine chroned paremeral nation	True mon support	10204002
Cytoreductive Surgery (CRS) and Hyperthermic Intraperitoneal Chemotherapy (HIPEC)	C. et al.	Immunonutrition	Nutrient modified diet	36394687
	Tan, T. C. et	Mixed enteral nutrition or enteral nutrition and		
Effect of different nutritional support modes on humoral immunity and outcomes after esophagectomy	al.	parenteral nutrition	Nutrition support	Not found
Evolution of inflammatory markers in patients with advanced head and neck carcinoma with prophylactic	Tapia, M. J.	Nutritional therapy vs. prophylactic		
percutaneous gastrostomy	et al.	gastrostomy	Nutrition counseling	Not found
Preoperative nutritional support for patients undergoing elective colorectal cancer surgery - does it really	Tesar, M. et		27	
work?	al.	Preoperative oral nutritional supplements	Nutrient modified diet	35258042
A double blind, placebo controlled randomised trial (RCT) evaluating the effect of a polyphenol rich whole food supplement on PSA progression in men	Thomas, R. et al.	Oral supplement of pomegranate seed, green tea, broccoli, and turmeric	Nutrient modified diet	Not found
Longitudinal changes in body weight and body composition among women previously treated for breast	Thomson et	Diet high in fruit, vegetables and fiber, and low	i vanient mounica diet	Notiound
cancer consuming a high-vegetable, fruit and fiber, low-fat diet	al.	in fat	Restrictive eating patterns	15309460
beta-carotene supplementation in patients radically treated for stage I-II head and neck cancer: results of a			Ø 1	
randomized trial	Toma et al.	Beta carotene supplement	Nutrient modified diet	14534715
Transcriptional changes in prostate of men on active surveillance after a 12-mo glucoraphanin-rich broccoli				
intervention-results from the Effect of Sulforaphane on Prostate CAncer PrEvention (ESCAPE) randomized				
controlled trial	Traka et al.	Supplement of broccoli soup	Nutrient modified diet	30982861
Oral administration of the amino acids cystine and theanine attenuates the adverse events of S-1 adjuvant	Tsuchiya et		NI 4 2 4 1 12 1 2 4	0700040
chemotherapy in gastrointestinal cancer patients	al.	Cystine and theanine supplementation	Nutrient modified diet	27306219
Perioperative immunonutrition in well-nourished patients undergoing surgery for head and neck cancer: Evaluation of inflammatory and immunologic outcomes	Turnock et al.	Immunonutrition supplementation	Nutrient modified diet	23571650
Evaluation of inframmatory and minimiologic outcomes	aı.	пинанопалнон ѕирріспіснанон	radion modified diet	2001 1000

Glutamine-enriched nutrition does not reduce mucosal morbidity or complications after stem-cell transplantation for childhood malignancies: A prospective randomized study	Uderzo et al.	Parenteral supplementation with glutamine	Nutrition support	21499196
Influence of a nutritional intervention on dietary intake and quality of life in cancer patients: A randomized		Nutritional supplements and counseling for		
controlled trial	Uster et al.	energy and protein requirement	Nutrition counseling	24103511
Effects of nutrition and physical exercise intervention in palliative cancer patients: A randomized controlled		Nutritional counseling and exercise to meet		
trial	Uster et al.	protein requirements	Nutrition counseling	28651827
Calorie restriction and synbiotics effect on quality of life and edema reduction in breast cancer-related		Calorie restricted diet plus colony forming unit		
lymphedema, a clinical trial	Vafa et al.	synbiotic supplement	Energy modified diet	32898787
	Van			
Randomized phase 2 study of gemcitabine and cisplatin with or without vitamin supplementation in patients with advanced esophagogastric cancer	Zweeden et	Vitamin B12 and folic acid supplementation	Nutrient modified diet	29696360
Immunonutrition improves functional capacities in head and neck and esophageal cancer patients undergoing	ai.	Vitaliiii B12 and fone acid supplementation	ivatient modified det	2903000
radiochemotherapy: A randomized clinical trial	Vasson et al.	Immunomodulating supplementation	Nutrient modified diet	23849811
17	Villarini et	3 11		
Preventing weight gain during adjuvant chemotherapy for breast cancer: A dietary intervention study	al.	Mediterranean diet	Mediterranean diet	22869285
ERGO2: A prospective randomized trial of a 9-day schedule of calorically restricted ketogenic diet and		Calorically-restricted ketogenic diet and		
fasting or standard diet in addition to re-irradiation for malignant glioma	Voss et al.	intermittent fasting	Energy modified diet	32619561
Effect of glutamine-enriched nutritional support on intestinal mucosal barrier function, MMP-2, MMP-9		Patenteral nutrition with glutamine		
and immune function in patients with advanced gastric cancer during perioperative chemotherapy	Wang et al.	supplementation	Nutrition support	28927119
Effects of glutamine on plasma endotoxin and immune function in postperative patients with laryngeal		Parenteral nutrition containing glutamine-		
carcinoma	·	bipeptide	Nutrition support	Not found
Clinical trial: Efficacy of a low or modified fat diet for the prevention of gastrointestinal toxicity in patients	Wedlake et	T. C. F.	r real r	
receiving radiotherapy treatment for pelvic malignancies	al.	Low-fat diet	Energy modified diet	22515941
High fibre diet, low fibre diet or habitual diet for the prevention of radiation-induced toxicity in pelvic cancer: A multi-centre randomised controlled trial	Wedlake et al.	High-fiber diet	Fiber modified diet	Not found
Dietary supplementation with n-3-fatty acids in patients with pancreatic cancer and cachexia: marine	aı.	ingii-noci dict	Fiber modified diet	Not loulid
phospholipids versus fish oil - a randomized controlled double-blind trial	Werner et al.	Fish oil supplementation	Nutrient modified diet	28578704
Effects of Perioperative Oral Nutrition Supplementation in Malaysian Patients Undergoing Elective Surgery	Weiller et all	1 ion on supprementation	Tyddion modniod dio	2007 07 0 1
for Breast and Colorectal Cancers—A Randomised Controlled Trial	Wong et al.	Perioperative ONS supplementation	Nutrient modified diet	35276977
A study of caloric restriction versus standard diet in overweight men with newly diagnosed prostate cancer:				
A randomized controlled trial	Wright et al.	Low calorie diet	Energy modified diet	23775525
A randomized controlled trial of postoperative artificial nutrition in malnourished patients with				
gastrointestinal cancer	Wu et al.	Mixed enteral/parenteral artificial nutrition	Nutrition support	18000777
Preoperative enteral immunonutrition improves postoperative outcome in patients with gastrointestinal				
cancer	Xu et al.	Preoperative immunonutrition	Nutrient modified diet	16830214
	Yamasaki et	DCAA 1 4 5	NI 4 1 4 1 10 1 11 4	
Effect of a nutritional therapy using a late evening snack for hepatocellular carcinoma	al.	BCAA supplementation	Nutrient modified diet	Not found
Impact of Enhanced Recovery after Surgery with Preoperative Whey Protein-Infused Carbohydrate Loading		D		
and Postoperative Early Oral Feeding among Surgical Gynecologic Cancer Patients: An Open-Labelled Randomized Controlled Trial	Yi et al.	Preoperative whey protein-infused carbohydrate loading	Nutrient modified diet	31968595
Impact of perioperative enteral immunonutrition in patients with gastrointestinal cancer undergoing elective	T i ct ui.	roung	Tradent modified det	0100000
surgery: a randomized controlled trial	Yu et al.	Immunomodulating nutrition	Nutrient modified diet	Not found
Effect of Qihuang Decoction Combined with Enteral Nutrition on Postoperative Gastric Cancer of Nutrition		-		
and Immune Function	Yu et al.	Qihuang decoction supplement	Nutrient modified diet	32215032
Impact of hypocaloric and hyponitrogenic parenteral nutrition on clinical outcome in postoperative patients:		Hypocaloric and hypo-nitrogen parenteral		
A multi-center randomized controlled trial of 120 cases	Zhan et al.	nutrition	Nutrition support	17919374
Roles of clinical pharmacists in nutritional therapy for gastric cancer patients treated with neoadjuvant				
chemotherapy	Zhang et al.	Nutrition counseling from clinical pharmacists	Nutrition counseling	Not found
Effect of postoperative precision nutrition therapy on postoperative recovery for advanced gastric cancer				
after neoadjuvant chemotherapy	Zhao et al.	Postoperative precision nutrition therapy	Nutrition support	Not found
Nutritional support of pediatric patients with cancer consuming an enteral formula with	71	Emoto di con de mide con alconom	NT4-:4:	Night forward
fructooligosaccharides	Zheng et al.	Fructooligosaccharide supplement	Nutrition support	Not found
Effect of oral nutritional supplementation on the post-discharge nutritional status and quality of life of gastrointestinal cancer patients after surgery: a multi-center study	Zhu et al.	Perioperative oral nutritional supplementation	Nutrient modified diet	31464391
gastromicsunal cancer patients after surgery, a munifectner study	Liiu Ct ai.	i crioperanye orai munnonai supplementation	1 van iont informed diet	J 170700 I

Improvement of constipation in leukemia patients undergoing chemotherapy using sweet potato	Zou et al.	Sweet potato consumption	Nutrient modified diet	25881813