

APPENDIX A

Demographics

Age

Height in inches

Weight in pounds

BMI

Sex assigned at birth

Female

Male

Ethnicity

Non-Hispanic/Non-Latino

Hispanic/Latino

Race

White

Black or African
American

Asian

American Indian or
Alaska Native

Native Hawaiian or
Pacific Islander

Unknown or Not
Reported

Health Insurance

PPO

HMO

Self Pay

Military

Medicaid

Area Deprivation
Index*

1

2

3

4

5

6

7

8

9

10

*Visit <https://www.neighborhoodatlas.medicine.wisc.edu/mapping> to determine the ADI based on the participant's home address

Past Medical History

1. I am healthy with no medical problems, past or present. Yes No

If "Yes", skip to question 3

2. I have had problems with (please select all that apply and list the problems):

- Eye or eyesight _____
- Ear, nose and throat _____
- Thyroid or other endocrine _____
- Heart or lung _____
- Abdominal or urinary _____
- Musculoskeletal _____
- Nervous system _____
- Other medical problems _____

3. In your medical history do you have the following conditions? For conditions that you do have, indicate whether you have had prior treatment for the condition.

<i>Condition</i>	<i>Prior Treatment?</i>	
<input type="checkbox"/> Headache	<input type="checkbox"/> Yes	<input type="checkbox"/> No
<input type="checkbox"/> Migraine	<input type="checkbox"/> Yes	<input type="checkbox"/> No
<input type="checkbox"/> Family history of migraine		
<input type="checkbox"/> Motion sickness	<input type="checkbox"/> Yes	<input type="checkbox"/> No
<input type="checkbox"/> Learning disabilities and/or developmental disabilities	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Please specify any learning and/or developmental disabilities: _____		
<input type="checkbox"/> Chronic Fatigue	<input type="checkbox"/> Yes	<input type="checkbox"/> No
<input type="checkbox"/> Sleep disorder	<input type="checkbox"/> Yes	<input type="checkbox"/> No
<input type="checkbox"/> Attention Deficit Hyperactivity Disorder (ADHD/ADD)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
<input type="checkbox"/> Seizure disorder	<input type="checkbox"/> Yes	<input type="checkbox"/> No
<input type="checkbox"/> Anxiety	<input type="checkbox"/> Yes	<input type="checkbox"/> No
<input type="checkbox"/> Depression	<input type="checkbox"/> Yes	<input type="checkbox"/> No
<input type="checkbox"/> Other psych-mental health disorder	<input type="checkbox"/> Yes	<input type="checkbox"/> No

Psycho-Social History

HOME

Who lives at home with you? Please select all that apply.

- | | |
|---|-------------------------------------|
| <input type="checkbox"/> Mom | <input type="checkbox"/> Dad |
| <input type="checkbox"/> Parent's Partner | <input type="checkbox"/> Sibling(s) |
| <input type="checkbox"/> Extended Family | <input type="checkbox"/> Friends |
| <input type="checkbox"/> Other: _____ | |

Do you have your own room?

- Yes No

EDUCATION

Please select your school type

- | | |
|--|--|
| <input type="checkbox"/> Public School – Traditional | <input type="checkbox"/> Public School – Charter |
| <input type="checkbox"/> Private School | <input type="checkbox"/> Home school |
| <input type="checkbox"/> Virtual school | <input type="checkbox"/> Other: |

Please select your school schedule:

- Traditional Calendar Year-Round Calendar

Do you enjoy school?

- Yes No

EATING AND EXERCISE

How many meals do you eat a day?

- | | |
|----------------------------|------------------------------------|
| <input type="checkbox"/> 1 | <input type="checkbox"/> 3 |
| <input type="checkbox"/> 2 | <input type="checkbox"/> 4 or more |

How many sugar sweetened beverages (SSB) do you drink a day? (e.g. non-diet soft drinks/sodas, flavored juice drinks, sports drinks, sweet tea, flavored coffee drinks, etc.)

- | | |
|----------------------------|------------------------------------|
| <input type="checkbox"/> 0 | <input type="checkbox"/> 3 |
| <input type="checkbox"/> 1 | <input type="checkbox"/> 4 or more |
| <input type="checkbox"/> 2 | |

How many caffeinated beverages do you drink in a day? (e.g.: coffee, espresso drinks, tea, energy drinks, some sodas, etc.)

- | | |
|----------------------------|------------------------------------|
| <input type="checkbox"/> 0 | <input type="checkbox"/> 3 |
| <input type="checkbox"/> 1 | <input type="checkbox"/> 4 or more |
| <input type="checkbox"/> 2 | |

Please select your general activity level:

- Sedentary (little or no exercise)
- Lightly Active (exercise/sports 1-3 days/week)
- Moderately Active (exercise/sports 3-5 days/week)
- Very Active (exercise/sports 6-7 days/week)
- Extra Active (exercise/sports 2 or more times per day, or exercise/sports daily and a physical job)

ACTIVITIES/SOCIAL

- On average do you feel like the activities you participate in are fun? Yes No
- Do you participate in activities with friends? In school
 Outside of school
 Both in school and outside of school
 I do not participate in activities with friends
- What do you do **most often** with your free time? Hang out with friends
 Hang out with family
 Hang out by myself – have “me” time

SAFETY

- Do you always wear a seatbelt in the car? Yes No
- Do you drive? Yes No
- If you DO drive:*
- What do you drive? Please select all that apply. Car
 Motorcycle
 Motorized bike
 Motorized scooter
 Motorized wheeled toy
 Golf cart
- Have you ever had a motor vehicle accident as the driver? Yes No
- Have you sent a text message while driving? Yes No
- Have you ever had more friends in the car than seat belts while driving? Yes No
- Have you ever driven while tired? Yes No
- Have you ever driving while stressed or upset? Yes No
- Have you driven since you had a concussion? Yes No
-