

Supplementary Online Content

Ma M, Masterson EE, Gao J, et al. Development of autoimmune diseases among children with pediatric acute-onset neuropsychiatric syndrome. *JAMA Netw Open*. 2024;7(7):e2421688. doi:10.1001/jamanetworkopen.2024.21688

eAppendix 1. Pediatric Autoimmune Neuropsychiatric Disorder Associated With Streptococcal Infection (PANDAS) and Pediatric Acute-Onset Neuropsychiatric Syndrome (PANS) Criteria

eMethods.

eFigure 1. 22-Year-Old Patient With PANS (Relapsing-Remitting Course)

eAppendix 2. Classification Criteria

eAppendix 3. Specifications of Musculoskeletal US Technology Used in This Study

eFigure 2. Overlap Between Available Evidence of (a) Laboratory and Physical Signs of Immune Activation in Flare and (b) Arthritis Subtypes and (c) Arthritis Subtypes and Other Autoimmune Diseases Among Consecutive Patients With PANS

eTable 1. Cumulative Incidence of Arthritis and Autoimmune Disease for Different Cumulative Time Frames by Age (Years) Among Consecutive Patients With PANS, N=193

eTable 2. Incidence Rates for Arthritis and Autoimmune Disease Among Consecutive Patients With PANS, N=193

This supplementary material has been provided by the authors to give readers additional information about their work.

eAppendix 1. Pediatric Autoimmune Neuropsychiatric Disorder Associated With Streptococcal Infection (PANDAS) and Pediatric Acute-Onset Neuropsychiatric Syndrome (PANS) Criteria

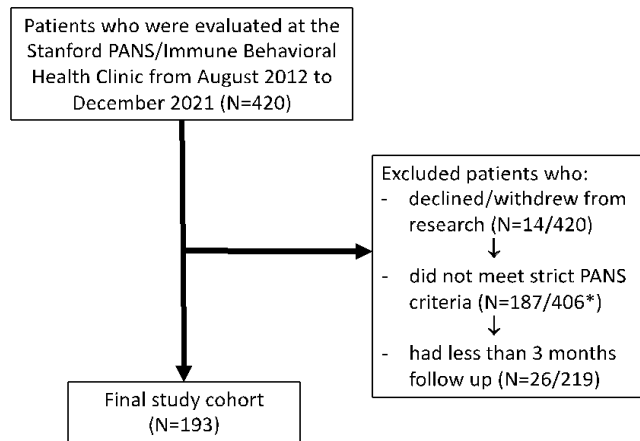
PANDAS Criteria 1998	PANS Criteria 2012
1. Presence of diagnosis of OCD and/or tic disorder	1. Abrupt, dramatic onset of OCD or severely restricted food intake
2. Pediatric onset	2. Concurrent presence of additional neuropsychiatric symptoms, (with similarly severe and acute onset), from at least two of the following seven categories A. Anxiety B. Emotional lability and/or depression C. Irritability, aggression, and/or severely oppositional behaviors D. Behavioral (developmental) regression E. Deterioration in school performance F. Sensory or motor difficulties G. Somatic signs or symptoms, including sleep disturbances, enuresis, or urinary frequency
3. Episodic course	3. Symptoms are not better explained by a known neurologic or medical disorder, such as Sydenham chorea, systemic lupus erythematosus, Tourette syndrome, or others
4. Association with group A beta-hemolytic streptococcus infection	
5. Association with neurologic abnormalities	

Swedo SE, Leonard HL, Garvey M, et al. Pediatric autoimmune neuropsychiatric disorders associated with streptococcal infections: clinical description of the first 50 cases. *Am J Psychiatry*. 1998 Feb;155(2):264-71.

Swedo S, Leckman J, Rose N: From research subgroup to clinical syndrome: Modifying the PANDAS criteria to describe PANS (pediatric acute-onset neuropsychiatric syndrome). *Pediatr Therapeutics* 2:1-8, 2012

eMethods. Inclusion/exclusion flowchart in patients with Pediatric Acute-onset Neuropsychiatric Syndrome (PANS).

Inclusion/exclusion criteria for this study. Before entering our PANS clinic, patients are prescreened for the likelihood of having PANS using the following: family patient questionnaire, review of outside records and/or discussion with primary medical doctor. Patients must have had an established primary medical doctor for more than 3 years to gain entry into the PANS clinic.



*Patients who did not consent to research did not have their charts reviewed for evaluation of meeting PANS criteria or follow up time. Only the 406 patients consenting to research had charts reviewed for meeting PANS criteria and follow up time.

eFigure 1. 22-Year-Old Patient With PANS (Relapsing-Remitting Course). Relapses have been associated with streptococcal infections and had eventual development of **a.** periungual redness and swelling involving all fingers and **b.** prominent onychodermal band involving all fingers. This patient also had eventual diagnosis of arthritis involving the wrists, fingers, and toes.

a.



b.

eAppendix 2. Classification Criteria

a. Classification criteria for arthritis

	Definition/Criteria
International League of Associations of Rheumatology (ILAR) ^a	
Enthesitis-Related Arthritis (ERA)	Arthritis and enthesitis or arthritis or enthesitis with at least 2 of the following: <ul style="list-style-type: none"> . Sacroiliac joint tenderness or inflammatory back pain . HLA-B27 antigen . Onset of arthritis in a male over 6 years of age . Acute anterior uveitis . History of ankylosing spondylitis, enthesitis related arthritis, sacroiliitis with inflammatory bowel disease, or acute anterior uveitis in a first-degree relative
Juvenile Psoriatic Arthritis (PsA)	Arthritis and psoriasis or arthritis and at least 2 of the following: <ul style="list-style-type: none"> . Dactylitis . Nail-pitting or onycholysis . Psoriasis in a first-degree relative
Oligoarticular Juvenile Idiopathic Arthritis (persistent and extended)	Arthritis affecting 1 to 4 joints during the first 6 months of disease Persistent: no more than 4 joints affected throughout disease course Extended: more than 4 joints affected after the first 6 months of disease
RF positive polyarthritis	Arthritis affecting >5 joints, positive rheumatoid factor at least 3 months apart during first 6 months of disease
RF negative polyarthritis	Arthritis affecting >5 joints, negative rheumatoid factor
Undifferentiated Arthritis	Arthritis that fulfills no category or in >2 of above
Spondyloarthritis (Axial ^b and Peripheral ^c)	Axial Spondyloarthritis ASAS criteria <ol style="list-style-type: none"> 1. Back pain equal to and more than 3 months, and 2. Age at onset < 45 years, and 3. Sacroiliitis on imaging (active acute inflammation on MRI highly suggestive of sacroiliitis associated with spondyloarthritis, or definite radiographic sacroiliitis), plus at least 1 of the following features: <ol style="list-style-type: none"> (A) inflammatory back pain (B) arthritis (C) enthesitis (heel) (D) uveitis (E) dactylitis

- (F) psoriasis
- (G) Crohn's disease/ulcerative colitis
- (H) good response to NSAIDs
- (I) family history of spondyloarthritis
- (J) HLA-B27
- (K) elevated CRP
- or
- 4. HLA-B27 plus at least 2 of the following features:
 - (A) inflammatory back pain
 - (B) arthritis
 - (C) enthesitis (heel)
 - (D) uveitis
 - (E) dactylitis
 - (F) psoriasis
 - (G) Crohn's disease/ulcerative colitis
 - (H) good response to NSAIDs
 - (I) Family history of spondyloarthritis
 - (J) HLA-B27
 - (K) Elevated CRP

Peripheral Spondyloarthritis ASAS Criteria

1. Arthritis, or enthesitis, or dactylitis, and
2. At least one of the following features:
 - (A) psoriasis
 - (B) inflammatory bowel disease
 - (C) preceding infection
 - (D) HLA-B27
 - (E) uveitis
 - (F) sacroiliitis on imaging (radiographs or MRI)
- or
3. At least two of the following features:
 - (A) arthritis
 - (B) enthesitis
 - (C) dactylitis
 - (D) inflammatory back pain in the past
 - (E) positive family history of spondyloarthritis

^aPetty RE, et al. ILAR classification of juvenile idiopathic arthritis: Second revision, Edmonton 2001. *J Rheumatol* 2004; 31(2): 390-2.

^bRudwaleit M, Landewé R, van der Heijde D, Listing J, Brandt J, et al. The development of Assessment of SpondyloArthritis international Society classification criteria for axial spondyloarthritis (part I): classification of paper patients by expert opinion including uncertainty appraisal. *Ann Rheum Dis.* 2009 Jun;68(6):770-6.

^cRudwaleit M, van der Heijde D, Landewé R, Akkoc N, Brandt J, et al. The Assessment of SpondyloArthritis International Society classification criteria for peripheral spondyloarthritis and for spondyloarthritis in general. *Ann Rheum Dis.* 2011 Jan;70(1):25-31.

b. Classification criteria for autoimmune disease and other inflammatory conditions diagnosed by rheumatologists within the Immune Behavioral Health Clinic

Behcet's disease ^a	<ul style="list-style-type: none"> . Recurrent oral ulcers (at least 3 times in 12 months) Plus ≥ 2 of the following: <ul style="list-style-type: none"> . Recurrent genital ulceration . Eye lesions . Skin lesions . Pathergy test
Systemic Lupus Erythematosus (SLE) ^{b,c}	<p>American College Rheumatology (4 of 11)</p> <ul style="list-style-type: none"> . Malar rash . Photosensitivity . Discoid rash . Oral ulcers . Arthritis . Serositis . Renal disorder . Neurologic disorder . Hematologic disorder . ANA . Immunologic disorder <p>Systemic Lupus International Collaborating Clinics (4 of 17 or biopsy proven lupus nephritis)</p> <ul style="list-style-type: none"> . Acute cutaneous lupus . Chronic cutaneous lupus . Alopecia . Oral or nasal ulcers . Joint disease . Serositis . Renal disorder . Neurologic disorder . Hematologic disorder (hemolytic anemia, leukopenia or lymphopenia, thrombocytopenia) . ANA . Anti-dsDNA, Anti-Sm, Antiphospholipid antibody . Low complement . Direct Coombs

Periodic fever, aphthous stomatitis, pharyngitis, adenitis (PFAPA) ^d	Diagnosed by a pediatric infectious disease and/or pediatric rheumatologist at an academic center with clinical features such as episodes of high fevers that occur with regularity every 3-6 weeks, begin in early childhood. Fever episodes generally lasting up to 3-6 days, small non-scarring aphthous ulcers, non-exudative pharyngitis, and/or cervical adenitis. Asymptomatic between flares with normal growth.
---	--

^aCriteria for diagnosis of Behçet's disease. International Study Group for Behçet's Disease. Lancet. 1990 May 5;335(8697):1078-80.

^bPetri M, Orbai AM, Alarcon GS, Gordon C, Merrill JT, Fortin PR, et al. Derivation and validation of the Systemic Lupus International Collaborating Clinics classification criteria for systemic lupus erythematosus. Arthritis Rheum 2012;64:2677-86.

^cHochberg MC. Updating the American College of Rheumatology revised criteria for the classification of systemic lupus erythematosus. Arthritis Rheum. 1997 Sep;40(9):1725.

^dMarshall GS, Edwards KM, Lawton AR. PFAPA syndrome. Pediatr Infect Dis J. 1989 Sep;8(9):658-9.

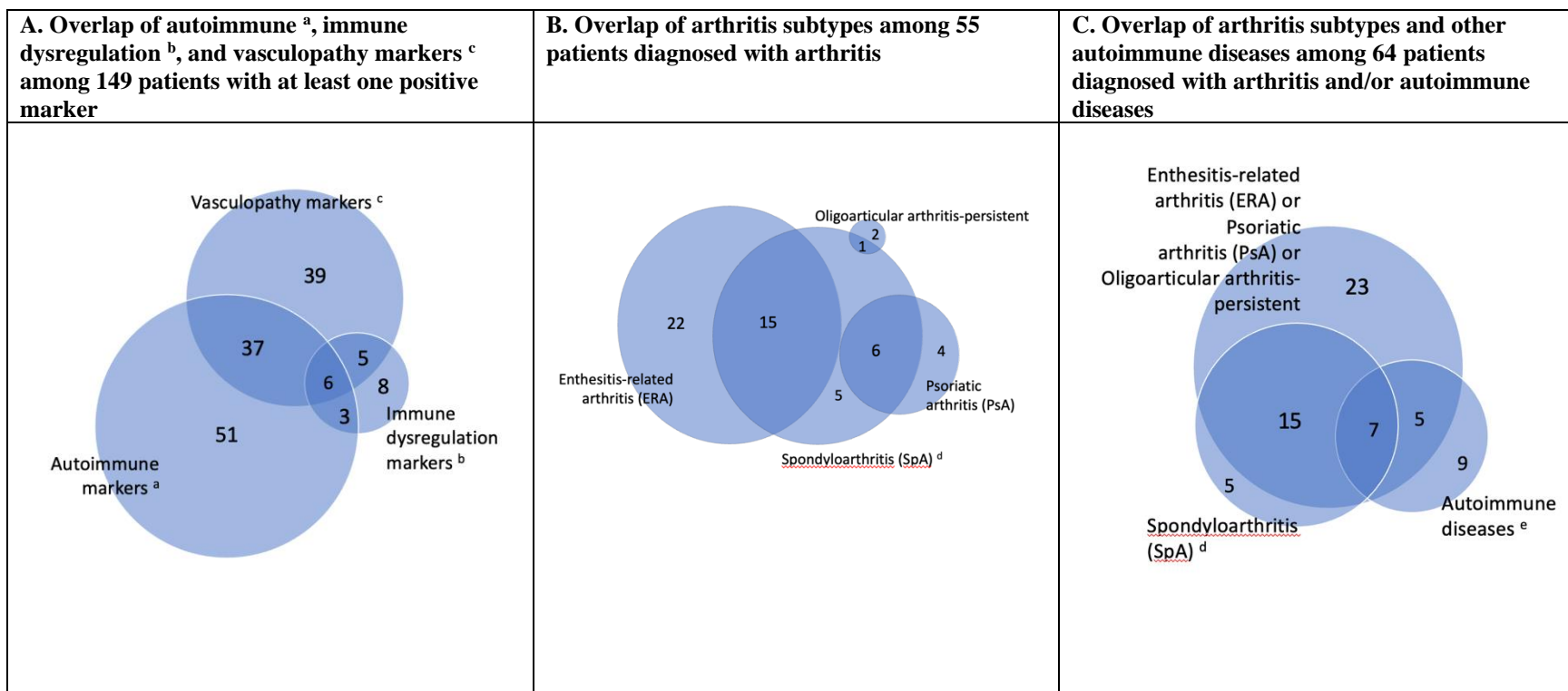
c. Classification criteria for autoimmune disease and other inflammatory conditions diagnosed by board-certified sub-specialists outside of the Immune Behavioral Health Clinic

Celiac Disease	Diagnosed by a pediatric gastroenterologist. Must have either biopsy proven celiac disease or high risk allele (HLA-DQ2 or HLA-DQ8) coupled with high tissue transglutaminase antibodies.
Type I Diabetes Mellitus	Diagnosed by a pediatric endocrinologist with elevated A1C, fasting plasma glucose, abnormal oral glucose tolerance test, or classic symptoms of hyperglycemia with requirement of insulin.
Chronic Urticaria	Documented by a dermatologist with multi-week corticosteroid treatment; chronic defined as six or more weeks.
Eosinophilic Esophagitis	Diagnosed by all of the following: 1. symptoms of esophageal dysfunction, or concomitant atopic conditions, or endoscopic findings of rings, furrows, exudates, edema, stricture, narrowing, and crepe-paper mucosa, and 2. ≥ 15 eos/hpf (~60 eos/mm ²) on esophageal biopsy, and 3. Exclusion of non-EoE disorders that cause or potentially contribute to esophageal eosinophilia.
Thyroiditis	History of autoimmune thyroiditis: Patient had to meet one of the following: (1) an ultrasound showing thyroid fullness; (2) elevated thyroid antibodies (TPO or anti-thyroglobulin) on two separate occasions; (3) diagnosed by pediatric endocrinologist.
Psoriasis	Diagnosed by a dermatologist.
Inflammatory Bowel Disease (IBD)	Documented clinical diagnosis from a pediatric gastroenterologist.

eAppendix 3. Specifications of Musculoskeletal US Technology Used in This Study

All musculoskeletal US examinations were performed either on a GE LOGIQ E9 machine (GE Healthcare Inc., Princeton, NJ) utilizing a 6-15 MHz linear transducer, or a Siemens ACUSON Sequoia machine (Siemens Healthineers AG, Erlangen, Germany) utilizing an 18 MHz linear transducer. Settings on the machine were optimized for superficial musculoskeletal examinations. Both grayscale and color Doppler images of the target joints were acquired and saved on the institute's Picture Archiving and Communication System (PACS). For the fingers and toes, dedicated still images of the metacarpophalangeal and metatarsophalangeal joints were saved, while the proximal and distal interphalangeal joints were scanned and saved together.

eFigure 2. Overlap Between Available Evidence of (a) Laboratory and Physical Signs of Immune Activation in Flare and (b) Arthritis Subtypes and (c) Arthritis Subtypes and Other Autoimmune Diseases Among Consecutive Patients With PANS



^aPositive antinuclear antibody (ANA), high anti-histone antibody, high anti-thyroglobulin antibody, elevated C1q binding assay, low Complement 3 (C3), low Complement 4 (C4)

^bLeukopenia, thrombocytosis, elevated C-reactive protein, elevated erythrocyte sedimentation rate

^cLivedo reticularis, onychodermal band, periungual redness, palatal petechiae, elevated von Willebrand factor antigen, elevated D-dimer

^dIncludes peripheral and axial subtypes

^eThyroiditis, Psoriasis, Inflammatory bowel disease, Celiac disease, Behcet's disease, Systemic lupus erythematosus, Diabetes mellitus Type I

eTable 1. Cumulative Incidence of Arthritis and Autoimmune Disease^b for Different Cumulative Time Frames by Age (Years) Among Consecutive Patients With PANS, N=193^c

Cumulative time frame	juvenile-onset arthritis (ILAR and/or ASAS criteria)				other autoimmune diseases ^b			
	Number at risk	Number censored	Number Events	Cumulative Risk, % (95% CI) ^a	Number at risk	Number censored	Number Events	Cumulative Risk, % (95% CI) ^a
1	193	0	0	0	193	0	2	0
2	193	0	0	0	191	0	0	1.0 (0.2, 3.4)
3	193	1	0	0	191	1	0	1.0 (0.2, 3.4)
4	192	1	1	0	190	1	1	1.0 (0.2, 3.4)
5	190	1	2	0.5 (0.05, 2.7)	188	1	1	1.6 (0.4, 4.2)
6	187	6	1	1.6 (0.4, 4.2)	186	6	0	2.1 (0.7, 4.9)
7	180	8	1	2.1 (0.7, 5.0)	180	9	2	2.1 (0.7, 4.9)
8	171	8	0	2.7 (1.0, 5.8)	169	8	1	3.2 (1.3, 6.5)
9	163	10	4	2.7 (1.0, 5.8)	160	11	1	3.8 (1.7, 7.3)
10	149	9	8	5.1 (2.5, 9.0)	148	11	0	4.4 (2.1, 8.2)
11	132	16	8	10.3 (6.2, 15.6)	137	19	3	4.4 (2.1, 8.2)
12	108	12	6	16.1 (10.7, 22.3)	115	15	1	6.6 (3.5, 11.2)
13	90	6	8	21.1 (14.8, 28.1)	99	6	0	7.5 (4.0, 12.4)
14	76	9	4	28.3 (20.8, 36.3)	93	14	1	7.5 (4.0, 12.4)
15	63	4	3	32.3 (24.2, 40.6)	78	8	1	8.6 (4.7, 13.9)
16	56	5	2	35.6 (27.0, 44.2)	69	10	1	9.7 (5.4, 15.8)
17	49	17	3	37.9 (29.0, 46.8)	58	24	1	11.1 (6.2, 17.6)
18	29	5	1	42.3 (32.6, 51.7)	33	8	2	13.4 (7.3, 21.5)
19	23	6	1	44.5 (34.1, 54.4)	23	6	1	19.1 (10.1, 30.3)
20	16	4	0	46.9 (35.8, 57.3)	16	5	0	23.9 (12.0, 38.1)
21	12	3	1	46.9 (35.8, 57.3)	11	2	1	23.9 (12.0, 38.1)
22	8	1	0	52.8 (36.9, 66.5)	8	1	0	32.4 (13.9, 52.5)
23	7	2	1	52.8 (36.9, 66.5)	7	2	1	32.4 (13.9, 52.5)
24	4	1	0	62.3 (36.7, 79.9)	4	1	0	43.6 (16.6, 68.1)
25	3	3	0	62.3 (36.7, 79.9)	3	3	0	43.6 (16.6, 68.1)

^a cumulative incidence (%) was estimated by product limit (Kaplan-Meier) survival probability

^b Includes: Thyroiditis, Psoriasis, Inflammatory bowel disease (IBD), Celiac disease, Behcet's disease, Systemic lupus erythematosus (SLE), Diabetes mellitus Type I; does not include arthritis or PANS

^c Participants only contribute person-time until they have developed the condition of interest. Once they develop the health outcome of interest (i.e., arthritis or other autoimmune disease) they drop out of being in the denominator. The denominators for each year are different between two incidence tables as cases that develop arthritis each year is a different number than cases that develop an autoimmune disease each year.

eTable 2. Incidence Rates for Arthritis and Autoimmune Disease Among Consecutive Patients With PANS, N=193

Variables	Patients, no.	juvenile-onset arthritis (ILAR and/or ASAS criteria)			other autoimmune diseases ^a		
		Person-years, no.	Cases, no.	IR per 100,000 person-years	Person-years, no.	Cases, no.	IR per 100,000 person-years
Overall	193	2,595	55	2,120	2,662	21	789
Sex							
male	112	1,570	34	2,166	1,638	9	550
female	81	1,025	21	2,049	1,023	12	1,173

Abbreviations: IR- incidence rate

^a Includes: Thyroiditis, Psoriasis, Inflammatory bowel disease (IBD), Celiac disease, Behcet's disease, Systemic lupus erythematosus (SLE), Diabetes mellitus Type I; does not include arthritis or PANS