

PMID	Author and year	Title of paper	Reason for exclusion
15252410	Gary, R. A. et al 2004	Home-based exercise improves functional performance and quality of life in women with diastolic heart failure	No high intensity physical activity
16863044	Gary, R. 2006	Exercise self-efficacy in older women with diastolic heart failure: results of a walking program and education intervention	No high intensity physical activity
19641843	Karapolat, H. et al 2009	Comparison of hospital-based versus home-based exercise training in patients with heart failure: effects on functional capacity, quality of life, psychological symptoms, and hemodynamic parameters	No high intensity physical activity
20852060	Kitzman, D. W. et al 2010	Exercise training in older patients with heart failure and preserved ejection fraction: a randomized, controlled, single-blind trial	No high intensity physical activity
21996391	Edelmann, F. et al 2011	Exercise training improves exercise capacity and diastolic function in patients with heart failure with preserved ejection fraction: results of the Ex-DHF (Exercise training in Diastolic Heart Failure) pilot study	No high intensity physical activity
22005747	Alves, A. J. et al 2012	Exercise training improves diastolic function in heart failure patients	No high intensity physical activity
22536936	Murad, K. et al 2012	Exercise training improves heart rate variability in older patients with heart failure: a randomized, controlled, single-blinded trial	Involves hfref, no high intensity physical activity
22536983	Smart, N. et al 2012	Exercise training in heart failure with preserved systolic function: a randomized controlled trial of the effects on cardiac function and functional capacity	No high intensity physical activity
23665370	Kitzman, D. W. et al 2013	Effect of endurance exercise training on endothelial function and arterial stiffness in older patients with heart failure and preserved ejection fraction: a randomized, controlled, single-blind trial	No high intensity physical activity
23185084	Rustad, L. A. et al 2014	One year of high-intensity interval training improves exercise capacity, but not left ventricular function in stable heart transplant recipients: a randomised controlled trial	NO hfpef patients
25354950	Suchy, C. et al	Optimising exercise training in prevention and treatment of diastolic heart failure (OptimEx-CLIN): rationale and	No high intensity

	2014	design of a prospective, randomised, controlled trial	physical activity
24627449	Nolte, K. et al 2015	Effects of exercise training on different quality of life dimensions in heart failure with preserved ejection fraction: the Ex-DHF-P trial	No high intensity physical activity
28338229	Pandey, A. et al 2017	Response to Endurance Exercise Training in Older Adults with Heart Failure with Preserved or Reduced Ejection Fraction	No high intensity physical activity
28516519	Edelmann, F. et al 2017	Exercise training in diastolic heart failure (Ex-DHF): rationale and design of a multicentre, prospective, randomized, controlled, parallel group trial	Involves hhref, no high intensity physical activity
32604218	Brubaker P.H. et al 2020	Exercise training effects on the relationship of physical function and health-related quality of life among older heart failure patients with preserved ejection fraction	No high intensity physical activity

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