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Supporting Information for

Residues 2-7 of α -synuclein regulate amyloid formation via lipid-dependent and -independent pathways

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Supporting text, Methods

Figures S1 to S16

Tables S1 to S6

28 **SI Appendix, Materials and Methods**

29

30 **α Syn Δ N7 and alanine scan mutants molecular cloning**

31 The plasmids for α Syn Δ N7 and alanine scan mutants used for recombinant protein expression in *E.*
32 *coli* was derived from a pET23a vector encoding α SynWT (kindly provided by Professor Jean Baum,
33 Department of Chemistry and Chemical Biology, Rutgers University, NJ, USA). Q5 site-directed
34 mutagenesis (NEB), followed by a kinase, ligase, DpnI (KLD) treatment was carried out on the
35 α SynWT plasmid. Primers to generate α Syn Δ N7 were designed to delete the DNA sequence
36 corresponding to residues 2-7 (²DVFMKG⁷) of α Syn. Primers for the alanine scan mutants were
37 designed such that the amino acid at each of the positions from 2-7 would be mutated to an alanine.
38 Successful deletion/mutation was confirmed by transformation of *E. coli* DH5 α cells, Miniprep
39 (Qiagen), and subsequent sequencing (Source Bioscience).

40

41 **Recombinant protein expression and purification**

42 Competent *E. coli* BL21 (DE3) cells were transformed by heat-shock at 42 °C with the pET23a vectors
43 discussed above. Cells were plated on 100 μ g/mL carbenicillin LB agar plates and grown at 37°C
44 overnight. A 100 mL LB medium starter culture containing 100 μ g/mL carbenicillin was inoculated with
45 a single colony and incubated at 37 °C, 200 rpm shaking overnight. For ¹⁵N-labelled protein, 100 mL
46 LB was inoculated (with 100 μ g/mL carbenicillin) and eight hours later cells were pelleted and
47 resuspended in 500 mL HCDM1 medium (10 g K₂HPO₄, 10 g KH₂PO₄, 7.5 g Na₂HPO₄, 9 g K₂SO₄, 1
48 g ¹⁵N-labelled NH₄Cl per 1 L culture, supplemented with 2mM MgCl₂, 100 μ M CaCl₂, 4 g/L glucose
49 and 100 μ g/mL carbenicillin) such that the starting OD₆₀₀ = ~ 0.04. The culture was then incubated at
50 37 °C, 200 rpm shaking overnight. The following day, 1 L medium (LB or HCDM1) was inoculated
51 with 15 mL starter culture and grown at 37 °C, 200 rpm shaking. When the culture reached OD₆₀₀ of
52 0.6, protein expression was induced with addition of 1 mM isopropyl- β -D-thio-galactopyranoside
53 (IPTG). Cultures were then grown for an additional 4 h before harvesting the cells.

54

55 Cells were harvested at 5,000 r.p.m. for 30 min (rotor JA 8.1.) at 4 °C. The cell pellet was then
56 resuspended in lysis buffer (20 mM Tris-HCl pH 8.0, 2 mM MgCl₂, 5 mM DTT, 1 mM PMSF, 2 mM
57 benzamidine, 100 μ g/ml lysozyme, and 20 μ g/ml DNase) using 25 mL lysis buffer per 1 L culture
58 equivalent. The cell pellet was homogenised and incubated for 30 min on a roller at room temperature.
59 The lysates were then heated at 80 °C for 10 min before centrifugation at 35,000 x *g* for 30 min. 30
60 % (w/v) ammonium sulphate was added to the resulting supernatant fraction and left to incubate on

61 a roller for 30 min at 4 °C to precipitate the protein. The protein was then pelleted at 35,000 x g for 30
62 min at 4 °C and the supernatant was discarded. The 30 % (w/v) ammonium sulphate precipitation
63 step (30 min, 4 °C) and subsequent centrifugation step (35,000 x g, 30 min, 4 °C) was repeated and
64 the remaining pellet was stored at -20 °C until further processing.

65

66 The protein pellet was resuspended in 20 mM Tris-HCl, pH 8.0 wash buffer (1 L culture equivalent
67 was resuspended in 100 mL buffer). The resuspended protein was loaded onto a manually packed
68 Q-Sepharose anion exchange column (~80 mL). The column was washed with two column volumes
69 (CV) of wash buffer, before eluting the protein using a gradient of 0-500 mM NaCl over two CV. The
70 column was then washed with two CV 500 mM NaCl then two CV 1 M NaCl. The α Syn-containing
71 fractions were pooled and dialysed into 5 mM ammonium bicarbonate. The partially-purified protein
72 was lyophilised and stored at -20 °C until further processing.

73

74 Next, the protein was resuspended in PBS buffer (137 mM NaCl, 2.7 mM KCl, 8.1 mM Na₂HPO₄ and
75 1.5 mM KH₂PO₄; pH 7.4) at a concentration of 2 mg/mL and loaded onto a HighLoad™26/60 Superdex
76 75 pg gel filtration column. 5 mL injections were loaded using a 50 mL superloop. Peaks containing
77 α Syn were pooled and dialysed into 5 mM ammonium bicarbonate, then lyophilised and stored at -20
78 °C.

79

80 **Thioflavin T (ThT) assay**

81 Lyophilised protein was dissolved in PBS at an approximate concentration of 10 mg/mL.
82 Resuspended protein was centrifuged at 16,000 r.p.m. for 30 min at 4 °C to remove insoluble material.
83 The protein concentration was then determined using the A₂₈₀ and $\epsilon = 5,960 \text{ M}^{-1} \text{ cm}^{-1}$ for both α SynWT
84 and α Syn Δ N7. To measure *de novo* fibrillation, α Syn protein (100 μ M) and ThT (20 μ M) were mixed
85 and 100 μ L was added per well of a 96-well non-binding flat-bottom assay plate (Corning). A 3 mm-
86 diameter Teflon ball (PolySciences) was added to each well and the ThT assay was carried out at 37
87 °C, 600 rpm orbital shaking in FLUOstar Omega Plate Reader (BMG Labtech). ThT fluorescence was
88 then monitored using excitation at 444 nm and fluorescence emission was monitored at 480 nm. Each
89 experiment was repeated a minimum of three times, with three replicates per experiment.

90

91 For ThT experiments with sonicated seeds, fibrils taken from the endpoint of the *de novo* fibril growth
92 experiments were sonicated on ice using a Cole-Parmer-Ultrasonicator twice for 30 sec
93 at 40% maximum power with a 30 sec break in between. Sonicated or unsonicated fibril seeds were

94 then added to monomeric protein (50 μM) at a seed concentration of 10% (v/v). Fibril growth was
95 allowed to proceed for a further 45 h 37 °C under quiescent conditions in FLUOstar OPTIMA Plate
96 Reader (BMG Labtech).

97 Lag times (T_{lag}) were calculated by first fitting the following equation from (1):

98

99

$$Y = y_i + m_i t + \frac{y_f + m_f t}{1 + e^{-[(t-t_{50})/\tau]}}$$

100

101 where Y is the fluorescence intensity over time (t). y_i and y_f are the y-intercepts of the initial and final
102 baselines. m_i and m_f are the slopes of the initial and final baselines, respectively. t_{50} is the time taken
103 to reach 50% of the elongation phase and τ is the elongation time constant. The T_{lag} was then
104 calculated using:

105

$$T_{lag} = t_{50} - 2\tau$$

106

107 Error bars on T_{50} and T_{lag} plots are standard error of the mean. To measure liposome-mediated
108 fibrillation kinetics, αSyn (50 μM) was incubated with DMPS liposomes (at molar ratios indicated in
109 the text) in 20 mM sodium phosphate buffer (pH 6.5). 100 μL was added per well of a 96-well non-
110 binding flat-bottom assay plate (Corning). The plate was incubated at 30 °C in FLUOstar OPTIMA
111 Plate Reader (BMG Labtech) under quiescent conditions.

112

113 **Pelleting assay**

114 To quantify the amount of soluble protein remaining after each fibril growth assay, the samples were
115 centrifuged at 100,000 $\times g$ for 30 min at 4 °C to separate soluble and insoluble fractions. Whole and
116 soluble fractions were then diluted to 8.33 μM and 15 μL loaded onto a 15% Tris-Tricine SDS-PAGE
117 gel. The gel was stained with InstantBlue Coomassie stain and imaged on the Alliance Q9 Imager
118 (Uvitec). Densitometry was carried out using the Nine-Alliance software. Error bars on figures are
119 standard error of the mean.

120

121 **Negative stain transmission electron microscopy (TEM)**

122 At the end of each ThT assay, samples were applied onto an in-house prepared carbon-coated copper
123 grid. The grid was then washed three times with 18 M Ω H $_2$ O and negatively stained with 2 % (w/v)
124 uranyl acetate twice. Images were collected on an FEI Tecnai T12 electron microscope.

125

126 **Cryo-EM data collection**

127 100 μM of $\alpha\text{Syn}\Delta\text{N7}$ in PBS was incubated in a thriller shaker for a week at 37 °C, 600 rpm for
128 fibrillation. 4 μL was then applied onto 60s plasma cleaned (GloCube, Quorum) Lacey carbon 300
129 mesh grids. The sample was blotted and frozen in liquid ethane using a Vitrobot Mark IV (FEI) with a
130 0.5 s wait and 5 s blot time respectively. The Vitrobot chamber was maintained at close to 100%
131 humidity and 4 °C. The cryo-EM dataset was collected at the University of Leeds Astbury centre using
132 a Titan Krios electron microscope (Thermo Fisher) operated at 300 kV with a Falcon IV detector
133 (Thermo Fisher) and Selectris energy filter set with a 10 e-V slit width (Thermo Fisher). A nominal
134 magnification of 130,000x was set yielding a pixel size of 0.95 Å. A total of 5,464 movies were
135 collected with a nominal defocus range of -1.4 to -2.6 μm using a total dose of $\sim 45 \text{ e}^-/\text{Å}^2$ over an
136 exposure of 4.59 s, which corresponded to a dose rate of $\sim 8 \text{ e}^-/\text{pixel}/\text{s}$. Each movie was collected as
137 EER frames.

138

139 **Cryo-EM data processing**

140 Each movie stack was aligned, dose weighted and summed using motion correction in RELION4 (2)
141 and CTF parameters were estimated for each micrograph using CTFFIND v4.14 (3). Fibrils from
142 around a hundred micrographs were manually picked in RELION and the extracted segments used
143 to train automated filament segment picking with Topaz (4). A total of 315,777 helical segments were
144 extracted 3x binned in RELION (box dimensions of $\sim 76 \text{ nm}$) for the initial rounds of 2D classification,
145 after which the selected segments were re-extracted un-binned (box dimensions of $\sim 47 \text{ nm}$) for the
146 third round of 2D classification. Throughout, the VDAM classification algorithm was used to separate
147 out picking artefacts to leave 163,259 fibril segments for further processing. The $\alpha\text{Syn}\Delta\text{N7}$ dataset
148 was split into fibrils with (100,454) and without (62,805) distinct crossovers.

149

150 For starting 3D classification, an initial 3D template was generated from a single unbinned 2D class
151 average using the `relion_helix_inimodel2d` command (5) along with measured helical crossover
152 estimates from 3x binned 2D class averages. The first 3D classification run with the initial model used
153 a fixed twist (based on the updated estimate) and rise (4.80 Å), with a t-value of 30, 1.8° sampling,
154 and a strict high-resolution limit of 4 Å with 3 output classes. For the second round of 3D classification,
155 helical searches of the twist were employed with a fixed rise (4.80 Å) with a t-value of 30, 0.9° sampling
156 and a strict high-resolution limit of 4 Å with 3 output classes. In the third 3D classification run, narrow
157 helical searches of both the twist and rise were employed with a t-value of 30, 0.9° sampling and a

158 strict high-resolution limit of 4 Å with two output classes. The most ordered class was selected from
159 this final classification to move on to refinement.

160

161 A couple of sequential rounds of 3D refinement were needed to get the halfmaps to converge before
162 CTF refinement of the per-particle defocus estimates, Bayesian polishing and then the final run of 3D
163 refinement. Narrow helical searches of twist and rise were used up until the final refinement, with t-
164 values of 15, initial sampling of 0.9° and initial lowpass-filtering of 6 Å. Post-processing with a soft
165 mask (extended by 4 pixels and soft-edge for 6 pixels, z length of 20%) was used to obtain gold-
166 standard (at an FSC value of 0.143) resolution estimate of the final map. The final αSynΔN7 map is
167 at a resolution of 2.5 Å. The full collection and processing details are shown in *SI Appendix*, Table
168 S2.

169

170 **Model building and refinement**

171 After docking several different published recombinant αSyn fibril structures, PDB: 6osl (6) was
172 selected as a starting model for building in Coot (7). One chain of the template was rigid-body fitted
173 into the density and local regions adjusted where they deviated from the map. Both Ramachandran
174 and rotamer outliers were monitored and minimized during building in Coot. The corrected chain was
175 copied and rigid body fit to generate a 12-chain model for 6 layers of the fibril core followed by real
176 space refinement against the postprocessed map in Phenix v1.17.1 (8). NCS restraints were applied
177 to prevent divergence of repeating chains in the layers along the fibril axis. The final refined model
178 was assessed using MolProbity (9) and deposited, with the final model statistics summarised in *SI*
179 *Appendix*, Table S2.

180

181 **Reversed-phase High Performance Liquid Chromatography (RP-HPLC)**

182 RP-HPLC was used to resolve αSynWT and αSynΔN7 from the soluble fraction of a co-aggregation
183 ThT assay using a Shimadzu UK Ltd. Nexera LC-40 system. The Nucleosil 300 C4 column (Chromex
184 Scientific Ltd.) was equilibrated with 95 % solvent A (0.1 % (v/v) trifluoroacetic acid (TFA)) and 5 %
185 solvent B (acetonitrile and 0.1 % (v/v) TFA) at a flow rate of 1 mL/min. The sample of the endpoint
186 from the co-incubated ThT assay was centrifuged at 100,000 x g for 30 min at 4 °C and 30 µL of the
187 soluble fraction was injected onto the column from a polypropylene HPLC vial (Thermo Fisher). For
188 the monomeric αSynWT and αSynΔN7 controls, lyophilised protein was freshly dissolved in PBS and
189 resuspended protein was centrifuged at 16,000 r.p.m. for 30 min at 4 °C to remove insoluble material.
190 Samples were eluted over an increasing gradient of solvent B (5 – 80 %) over 10 mins, then 95 %

191 solvent A for 5 mins. Protein was detected at a wavelength of 280 nm by photodiode array detection.
192 The peaks were identified using LabSolutions software provided with the instrument.

193

194 **Generation of liposomes**

195 DMPS lipids (Avanti) stored at -20 °C were removed from the freezer and allowed to reach room
196 temperature. Lipids were dissolved in 20% (v/v) methanol and 80% (v/v) chloroform. One or two days
197 before each experiment, the lipids were desiccated using a 45 °C water bath under a gentle stream
198 of N₂ gas, and placed in a vacuum chamber overnight. The following day, desiccated lipids were
199 resuspended in 20 mM sodium phosphate buffer, pH 6.5 at a concentration of 40 mM. Lipids were
200 extruded using a 100 nm membrane. Dynamic light scattering (DLS) was used to calculate the radius
201 of the liposomes to be (-64 ± 1 nm).

202

203 **Circular dichroism (CD)**

204 CD experiments were carried out using an Applied Photophysics Chiroscan spectrometer. Spectra
205 were acquired using a 2.0 nm bandwidth and 1.0 mm path length cuvettes. All CD spectra were
206 acquired at 30 °C. α Syn monomer was dissolved in 20 mM sodium phosphate buffer (pH 6.5) at a
207 concentration of 25 μ M and incubated with liposomes (at LPRs ranging from 0:1 to 100:1) for 3 min
208 at 30 °C. Spectra for each sample were acquired three times, and data were blank-corrected,
209 averaged and converted from mdeg to mean residue ellipticity (MRE) values. This experiment was
210 repeated three times.

211

212 Binding affinity (K_d) and stoichiometry values (L) were calculated by fitting the equation described in
213 (10):

$$214 \quad X_B = \frac{\left([\alpha Syn] + \frac{[DMPS]}{L} + K_d\right) - \sqrt{\left([\alpha Syn] + \frac{[DMPS]}{L} + K_d\right)^2 - \frac{4[DMPS][\alpha Syn]}{L}}}{2[\alpha Syn]}$$

215

216 where X_B is the fraction of α Syn bound to the membrane and can be expressed as:

217

$$218 \quad X_B = \frac{CD_{obs} - CD_F}{CD_B - CD_F}$$

219

220 where CD_{obs} is the observed CD signal at 222 nm, and CD_F and CD_B are the CD signals of free and
221 bound α Syn, respectively.

222

223 To calculate the percentage helicity of α SynWT and α Syn Δ N7, the following equation from (11) was
224 used:

$$225 \quad \text{Percentage helicity} = 100 \times \frac{\theta_{222nm}^{exp} - \theta_{222nm}^u}{\theta_{222nm}^h - \theta_{222nm}^u}$$

226 where θ_{222nm}^u and θ_{222nm}^h correspond to the ellipticity of a protein with 0% and 100% helical content,
227 respectively. These values have been estimated to be $-3,000 \text{ deg.cm}^2.\text{dmole}^{-1}$ (θ_{222nm}^u) and $-39,500$
228 $\text{deg.cm}^2.\text{dmole}^{-1}$ (θ_{222nm}^h). θ_{222nm}^{exp} is the observed ellipticity under saturating conditions.

229

230 **NMR experiments**

231 2D (^1H , ^{15}N) heteronuclear multiple quantum coherence (HMQC) spectra were recorded at 20 °C, 30
232 °C and 40 °C using a AVANCE III Bruker spectrometer (600 MHz) equipped with a triple channel QCI-
233 P cryoprobe. Spectra were recorded on samples of 25 μM [$\text{U-}^{15}\text{N}$] WT α SynWT, α Syn Δ N7 or
234 α Syn Δ P1 in 20 mM sodium phosphate buffer, pH 6.5, 10% (v/v) D_2O in the absence or presence of
235 DMPS liposomes (~100 nm diameter) at an LPR of 8:1. All spectra were processed using Topspin
236 3.7.0 and analysed using CCPN analysis software (12). Published assignments of α SynWT (BMRB
237 16543) (13) were transferred to the data for α Syn Δ N7 and α Syn Δ P1 at 20 °C. Assignments could
238 then be transferred to spectra collected at higher temperatures by following peak positions at different
239 temperatures and assuming a linear relationship between temperature and chemical shift for a given
240 peak (14). Peak heights were used to calculate intensity ratios for peaks in the absence and presence
241 of lipid.

242

243 **DPH assay**

244 1,6-diphenyl-1,3,5-hexatriene (DPH) was dissolved at room temperature by stirring overnight in 100%
245 ethanol to make a stock concentration of 2 mM. DPH was then added to DMPS liposomes at a molar
246 ratio of 1:600 [DPH]:[DMPS] and the mix was placed at 45 °C for 30 min to allow incorporation of the
247 DPH into the lipid bilayer. This dye integrates into the lipid acyl chains and reports on lipid fluidity via
248 measurement of its fluorescence polarisation (15). The DMPS-DPH mix was then added to α SynWT
249 or α Syn Δ N7 monomers (final concentration of 50 μM protein), and a final LPR of 60:1 or 8:1. The final
250 concentration of ethanol in the sample was 0.025% (v/v). Fluorescence polarisation was measured
251 on a PTI Quantmaster Series fluorometer. DPH fluorescence was excited at 355 nm with

252 fluorescence emission collected at 430 nm. The fluorescence polarisation was acquired at 1 °C
253 intervals from 10 to 60 °C, with a 2 min equilibration at each temperature and a 5 sec integration time.
254 Milli polarisation (mP) was calculated by:

$$255 \quad mP = 1000 \times \frac{I_{VV} - G \times I_{VH}}{I_{VV} + G \times I_{VH}}$$

256
257 where I_{VV} is the measured intensity of emitted fluorescence with the excitation polarisers in the
258 vertical (i.e. 0 °) position and the emission polariser also in the vertical position. I_{VH} is the same as I_{VV} ,
259 but with the emission polariser in the horizontal position (i.e. 90 °). G is the G factor, given as:

$$260 \quad G = \frac{I_{HV}}{I_{HH}}$$

261
262 where I_{HV} is the measured fluorescence intensity with the excitation polariser in the horizontal position
263 and emission polariser in the vertical position. I_{HH} is the same as I_{HV} but with the emission polariser in
264 the horizontal position.

265

266 **C. *elegans* strain generation and maintenance**

267 The NL5901 strain (expressing *unc-54p::αSynWT::YFP*) and the pPD30.38 vector encoding *unc-*
268 *54p::αSynWT::YFP* was kindly provided by Professor Ellen Nollen (University of Groningen,
269 Netherlands). The *unc-54p::αSynΔN7::YFP* strain was generated by Gateway® cloning (Invitrogen).
270 The BP reaction was used to generate the *αSynΔN7* entry clone. For the LR reaction, the entry clones
271 containing *αSynΔN7* was combined with pDONR™P4-P1R and pDONR™ P2RP3 vectors containing
272 *unc-54p* and *YFP*, respectively. The product of the LR reaction was used to transform DH5α cells and
273 the expression vector was checked by sequencing. This construct was used to generate the
274 transgenic *C. elegans* strains by microinjection into the N2 nematodes, resulting in the generation of
275 the strain PVH247. *C. elegans* strains were maintained using standard methods at 20 °C with *E. coli*
276 OP50-1 as a food source.

277

278 **Western blotting to quantify protein expression levels**

279 ~400 *C. elegans* worms were collected and placed into M9 solution. Nematodes were pelleted by a
280 brief centrifugation, and washed with M9 solution three times. The remaining pellet was resuspended
281 in 20 μL lysis buffer (20 mM Tris-HCl, pH 7.5; 10 mM β-mercaptoethanol; 0.5% (v/v) Triton X-100;
282 supplemented with complete protease inhibitor (Roche)). The samples were snap-frozen in liquid
283 nitrogen and freeze-thawed three times. The *C. elegans* worms in the samples were then lysed on

284 ice using a motorised pestle. The samples were then centrifuged at 1000 x g for 1 min and the
285 supernatant containing the worm lysate was collected. The protein concentration of each sample was
286 calculated using a Bradford assay (Thermo Fisher). Lysates were diluted to 1 µg/µL and mixed with
287 2x SDS loading buffer (2 % (w/v) SDS, 10 % (v/v) glycerol, 0.1 % (w/v) bromophenol blue, 100 mM
288 DTT) and boiled for 10 min. 15 µg of protein was loaded onto a 4-20 % Tris-glycine gel (Bio-Rad).
289 Protein from the gel was transferred to a PVDF membrane. The blot was blocked with 5% (w/v) milk
290 in tris-buffered saline with 0.1% (v/v) Tween-20 (TBST), and αSynWT/ΔN7::YFP was visualised with
291 a mouse anti-GFP antibody (1:1000) (BioLegend clone B34, 902601). A mouse anti-tubulin antibody
292 (1:5000) (Sigma clone DM1A monoclonal, T9026) was used to detect the tubulin loading control. Both
293 anti-GFP and anti-tubulin were visualised with an anti-mouse horseradish peroxidase-coupled
294 secondary antibody (1:5000) (Cell Signalling Technology, 7076S). Bands were visualised with
295 Supersignal™ West Pico PLUS Chemiluminescent Substrate.

296

297 **Confocal imaging and aggregate quantification**

298 *C. elegans* were bleach synchronised and imaged at day 1, 4 or 8 of adulthood for confocal imaging
299 experiments. Nematodes were immobilised on 2 % (w/v) agarose pads with 25 mM sodium azide.
300 The head regions of *C. elegans* were imaged using a Zeiss LSM880 confocal microscope at a
301 magnification of 40 x 1.0 numerical aperture objective. YFP was visualised using an excitation at 514
302 nm. Z-stacks through the head region were collected for 15-20 worms per experimental condition.
303 Aggregate quantification (from the tip of the nematode to the end of the terminal pharyngeal bulb)
304 was carried out in ImageJ using a partially-automated analysis pipeline, where puncta larger than 1
305 µm² were considered as aggregates. The results from three biological repeats were collated and error
306 bars shown on graphs are SEM. A two-way ANOVA couple with a post-hoc Šidák multiple
307 comparisons test was carried out in GraphPad Prism 8 to determine statistical significance.

308

309 ***C. elegans* motility assay**

310 Age synchronised nematodes were transferred to drop of M9 on an unseeded NGM plate. *C. elegans*
311 thrashing was recorded on a camera attached to the microscope eyepiece for 15 sec each time. A
312 minimum of 20 worms were videoed per condition. The thrashing rates were calculated using the
313 wrMTrck plugin on ImageJ (16). The experiment was repeated three times for each age. A two-way
314 ANOVA couple with a post-hoc multiple comparisons Tukey test was carried out in GraphPad Prism
315 8 to determine statistical significance.

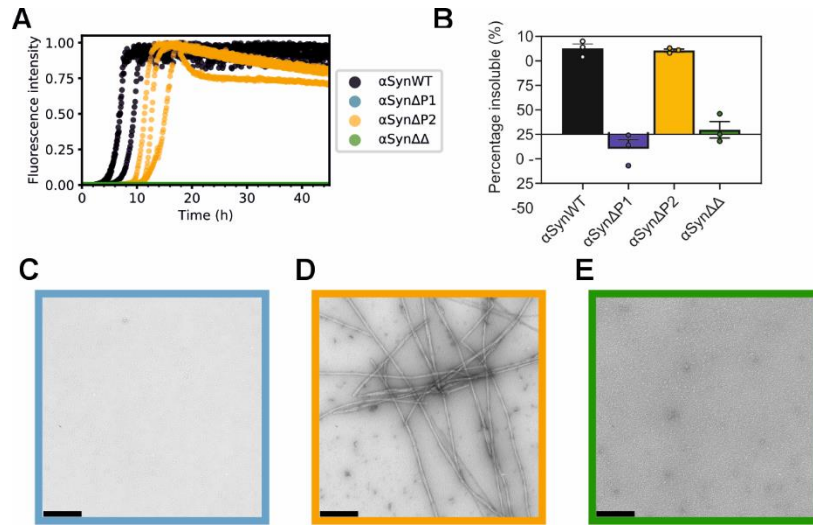
316

317 ***C. elegans* lifespan assay**

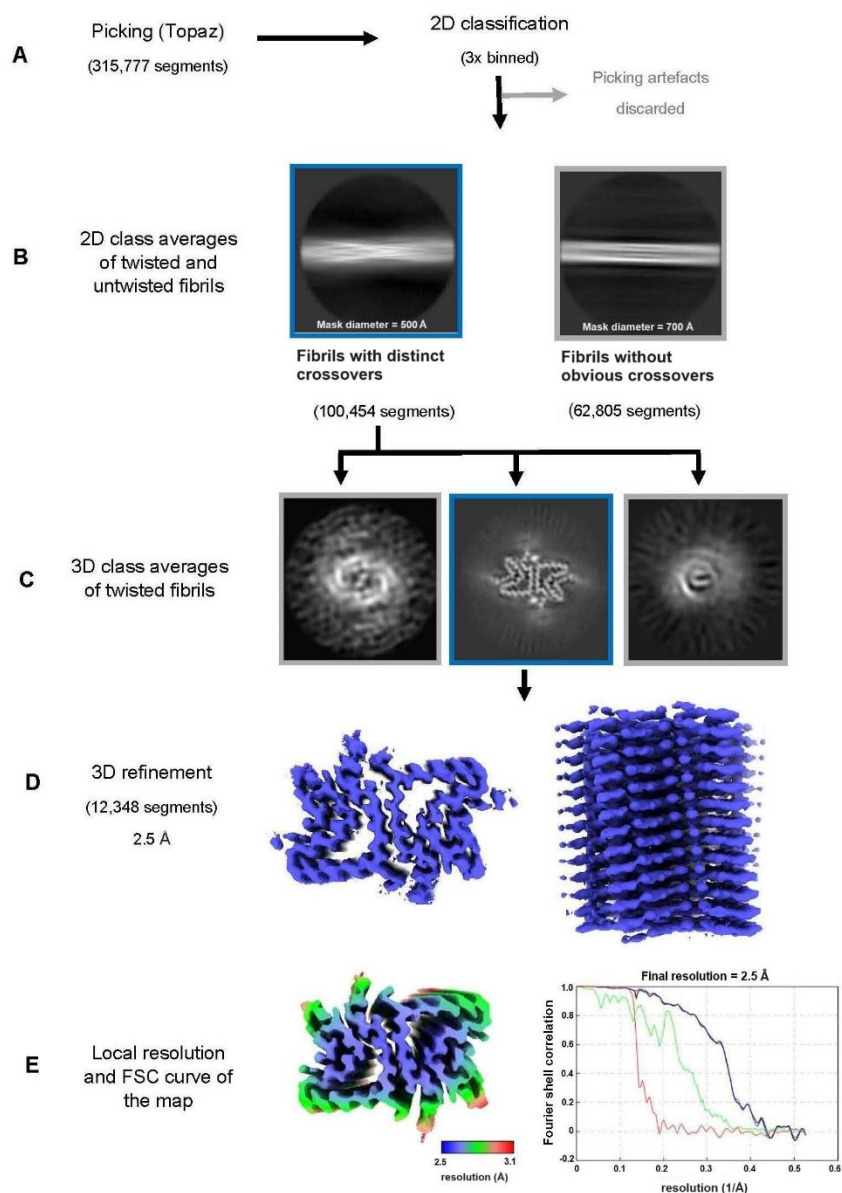
318 *C. elegans* nematodes were transferred to freshly seeded NGM plates at day 1 of adulthood (120-
319 150 animals per condition). Nematodes were scored each day as alive, dead or censored until none
320 were left alive. *C. elegans* were transferred to new seeded NGM plates every other day to maintain a
321 synchronised population and prevent starvation. The experiment was repeated three times and the
322 results plotted using a Python script adapted from Lifelines (17).

323

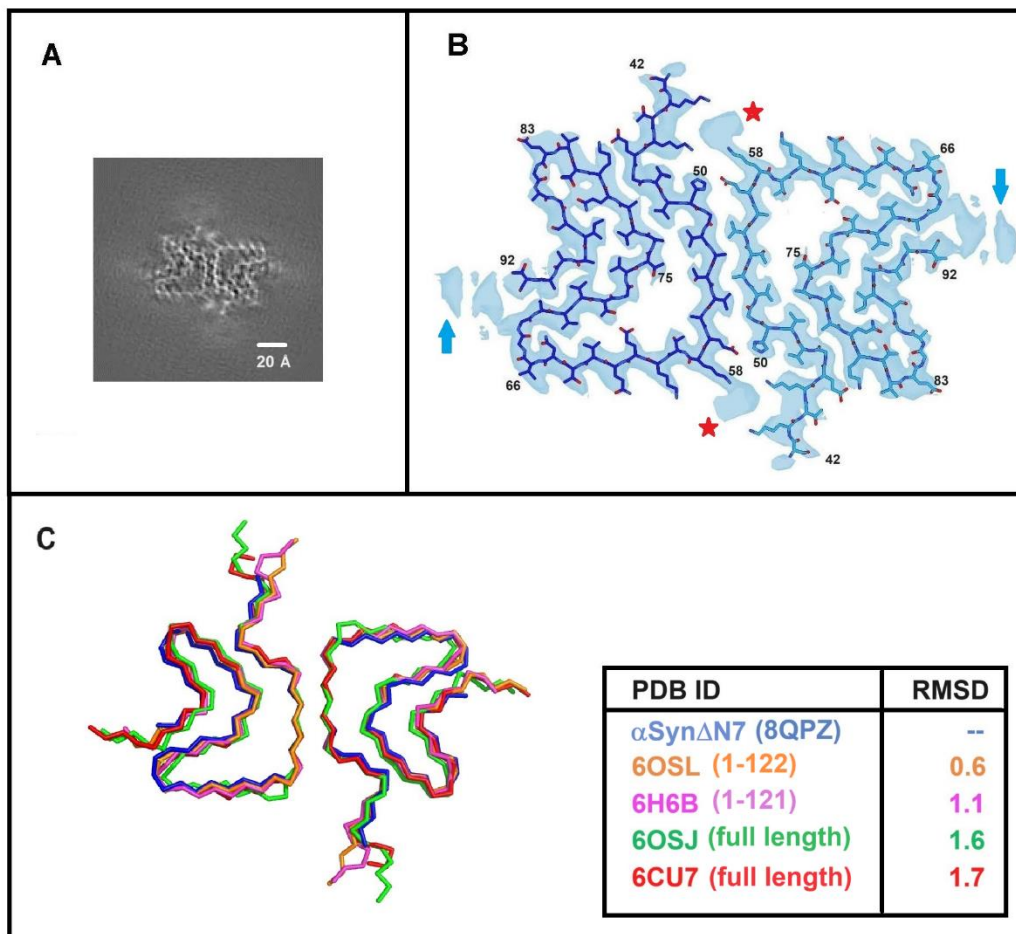
324 **SI Appendix Figures and Figure Legends**



325
326 **Fig. S1. Amyloid formation kinetics of the previously-studied deletion variants of α Syn**
327 **(α Syn Δ P1, α Syn Δ P2, and α Syn $\Delta\Delta$).** (A) ThT fluorescence assays with 100 μ M α SynWT (black),
328 α Syn Δ P1 (blue), α Syn Δ P1 (yellow), and α Syn $\Delta\Delta$ (green), in the presence of a Teflon bead (Methods).
329 Conditions are the same as those used for Fig. 1. (B) Pelleting assay of the endpoint of the ThT
330 reaction. Note that for (A) and (B) the data for α SynWT reproduced from Fig. 1 for ease of comparison.
331 (C-E) Negative-stain EM micrographs of the endpoint of the ThT assay for (C) α Syn Δ P1, (D)
332 α Syn Δ P2, and (E) α Syn $\Delta\Delta$. Scale bar is 250 nm.
333



334 **Fig. S2. Processing flowchart of cryo-EM data analyses. (A)** Topaz picking and initial 2D
 335 classification steps to remove picking artefacts. **(B)** Further 2D classifications reveal the presence of
 336 two populations of fibrils: one with distinct crossovers, and one without. **(C)** 3D classifications of fibrils
 337 with distinct crossover to determine helical rise and twist values. **(D)** Refinement output for α Syn Δ N7
 338 after Bayesian polishing. **(E)** Local resolution coloured map using RELION4.0 and the FSC curves
 339 from the final refinement. The black line shows corrected deposited map, blue shows FSC masked
 340 maps, green shows FSC unmasked maps, and red shows FSC phase randomized masked maps
 341 values.

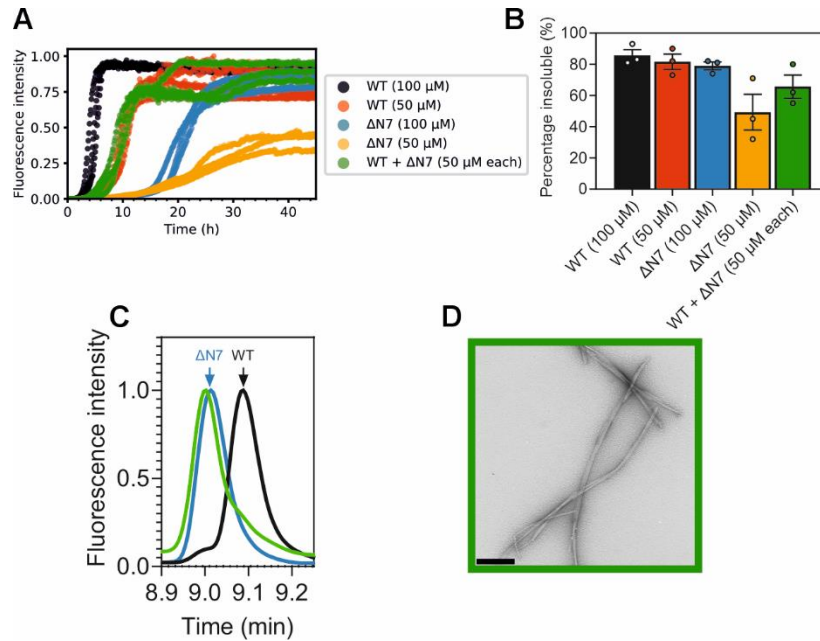


342

343 **Fig. S3. α Syn Δ N7 structure and comparison to other known α Syn structures.** (A) Central slice
 344 of the resulting map from 3D classification of α Syn Δ N7 amyloid fibrils. (B) α Syn Δ N7 fibril structure
 345 and associated cryo-EM map. The blue arrows indicate density of residues in the unstructured C-
 346 terminal region which could not be modelled into the map. The red stars indicate a non-proteinaceous
 347 density. (C) Comparison of the α Syn Δ N7 fibril structure to similar previously solved structures (6, 18)
 348 of α SynWT (6OSJ, 6CU7) and its truncated variants (6OSL, 6H6B) show similar filament folds and
 349 fibril structures. RMSD values for C_{α} atoms (Å) from the best aligned chains of each structure with
 350 α Syn Δ N7 are shown in the table.

351

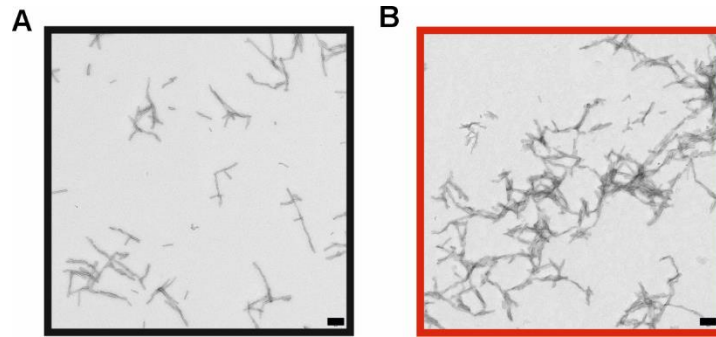
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354 **Fig. S4. Effect of mixing α SynWT and α Syn Δ N7 monomers on amyloid formation. (A)** Fibril
 355 formation kinetics of α SynWT and α Syn Δ N7 when co-incubated in a ThT assay. Controls used are
 356 50 μ M and 100 μ M of each protein alone. Data are normalised to the maximum ThT signal in the
 357 experiment. Three replicates of the experiment are shown in the plot. **(B)** Quantification of the
 358 insoluble fraction at the endpoint of ThT assays from three biological repeats, as determined by
 359 centrifugation and SDS-PAGE. Error bars are SEM. **(C)** RP-HPLC trace for the soluble fraction of the
 360 endpoint of the ThT assay resulting from the co-incubation of α SynWT and α Syn Δ N7 (green). Profiles
 361 of monomeric α SynWT (black) and α Syn Δ N7 (blue) are displayed to show that the majority of
 362 remaining soluble protein at the end of the ThT assay for the co-incubation of 50 μ M each of α SynWT
 363 and α Syn Δ N7 is α Syn Δ N7. Data are normalised to the maximum intensity of each trace. **(D)** Negative-
 364 stain EM micrograph of the ThT endpoint after co-incubation. Scale bar is 250 nm.

365



366 **Fig. S5. Negative-stain TEM images of fibril seeds. (A)** α SynWT and **(B)** α Syn Δ N7 fibril seeds
367 formed by sonication of the product of fibril growth in 96 well plates. Scale bar is 250 nm.

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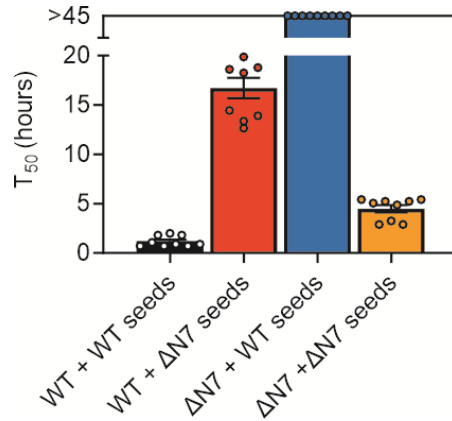
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381 **Fig. S6. T_{50} values for the seeded fibril growth assays shown in Fig. 2.** Nine data points for each
 382 reaction were taken from three biological repeats, each containing three technical replicates. For
 383 instances when no clear plateau phase was reached, the T_{50} was recorded as >45 h. Error bars are
 384 SEM. See also *SI Appendix*, Table S3.

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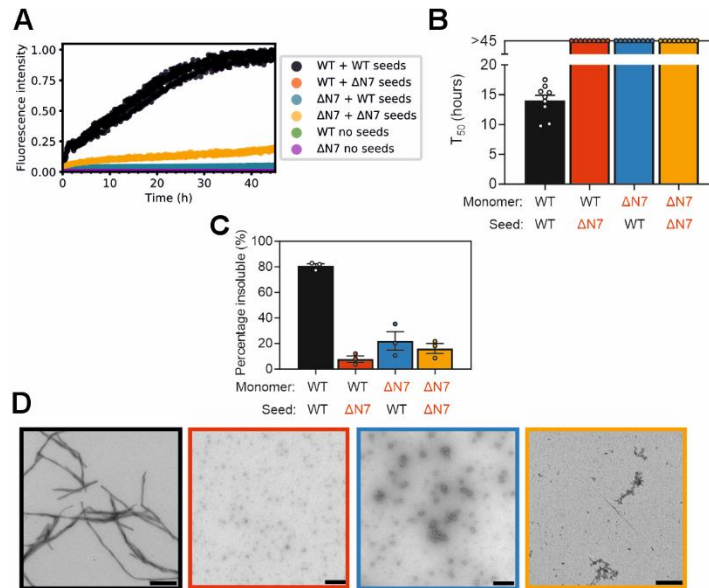
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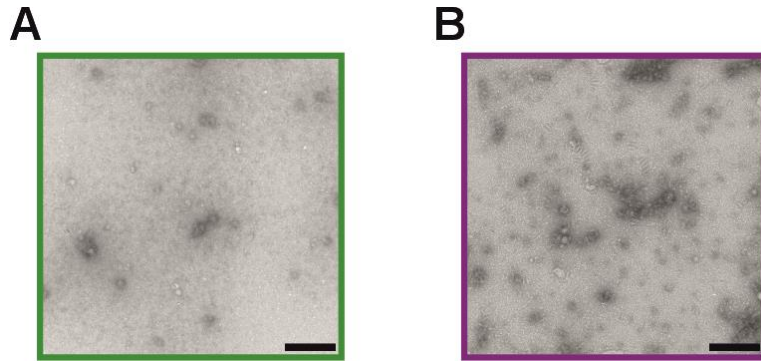


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400 **Fig. S7. Seeded fibril growth kinetics from unsonicated fibril seeds.** (A) Seeded fibril growth for
 401 self- and cross-seeding of α SynWT and α Syn Δ N7 monomers with unsonicated preformed fibril seeds
 402 (10% (v/v)). Data are normalised to the maximum fluorescence of the dataset. Note that for 'WT no
 403 seeds' (green) and ' Δ N7 no seeds' (purple) there is no increase in ThT fluorescence signal so the
 404 data cannot be seen readily behind each other. (B) Corresponding T_{50} values for the unsonicated
 405 seeding reactions. For instances when no clear plateau phase was reached, the T_{50} was recorded as
 406 >45 h. See also *SI Appendix*, Table S4. (C) Quantification of the insoluble fraction at the endpoint of
 407 ThT assays. (D) Negative-stain electron micrographs of the ThT endpoints, coloured as in (B). Scale
 408 bar = 250 nm.

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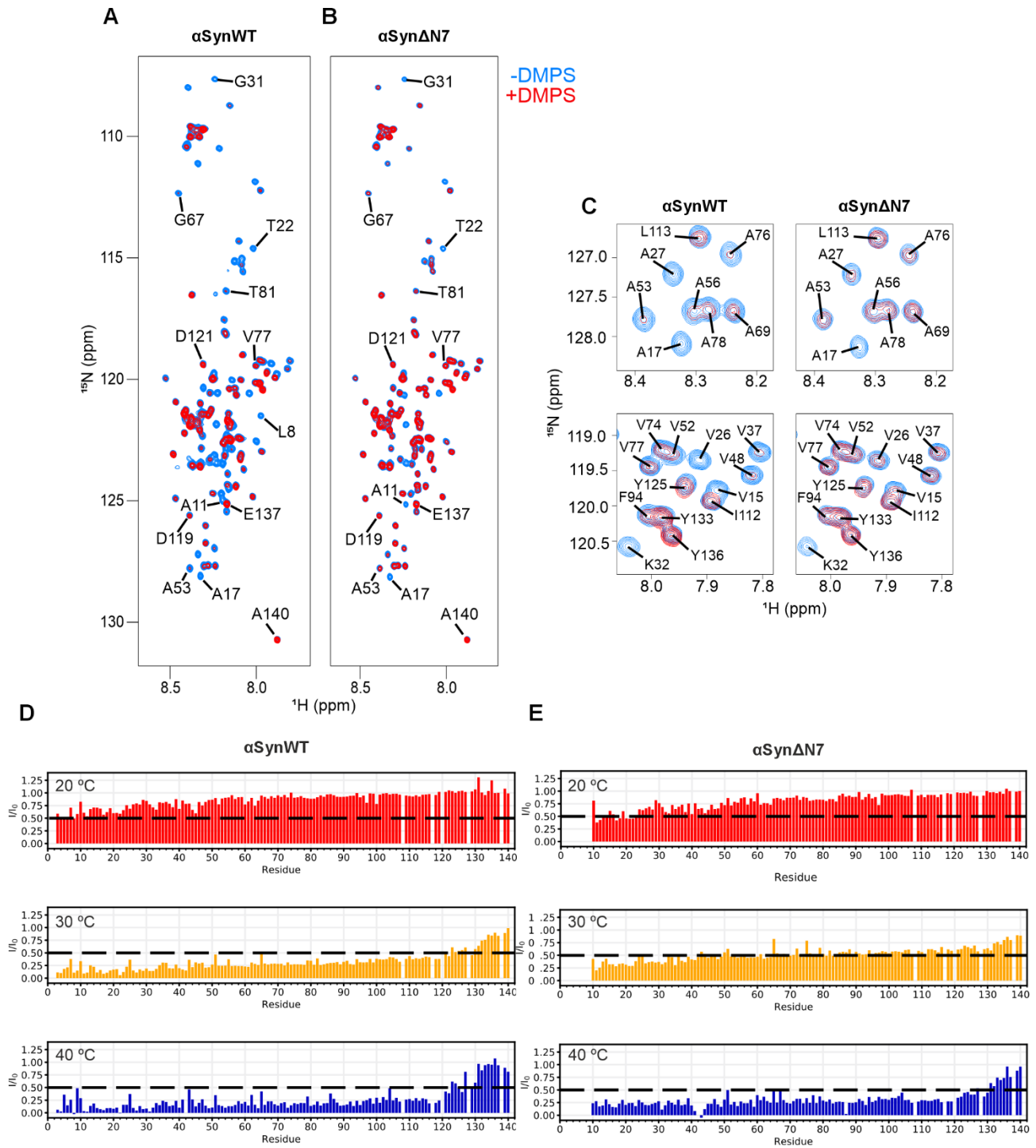
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412 **Fig. S8. Oligomer result from unseeded quiescent incubation of α SynWT and α Syn Δ N7.**
413 Representative negative stain TEM images of **(A)** α SynWT and **(B)** α Syn Δ N7 after quiescent
414 incubation in PBS for 45 h at 37 °C. Scale bar = 250 nm.

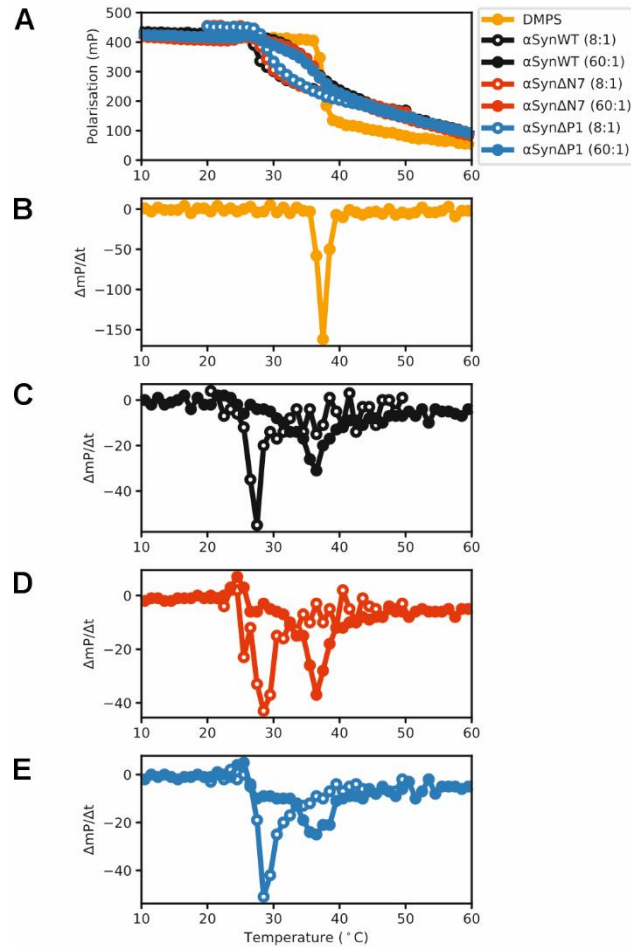
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417 **Fig. S9. ^1H - ^{15}N HMQC NMR spectra of α SynWT and α Syn Δ N7 binding to DMPS liposomes at**
 418 **different temperatures. (A, B) ^1H - ^{15}N HMQC spectra for α SynWT and α Syn Δ N7, respectively, in the**
 419 **presence (red) or absence (blue) of DMPS liposomes, collected at 30 °C and an LPR of 8:1. (C) Zoom**
 420 **of different regions of the spectra, with individual resonances labelled and coloured as in (A, B). (D,**

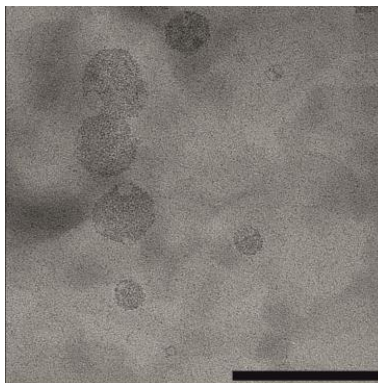
421 **E)** Intensity ratios at 20 °C (red), 30 °C (yellow), and 40 °C (blue) for α SynWT and α Syn Δ N7,
422 respectively. The dashed line depicts I/I_0 of 0.5. A protein concentration of 25 μ M was used and an
423 LPR of 8:1.
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425 **Fig. S10. Monitoring DMPS membrane fluidity and lipid packing upon incubation with α SynWT**
 426 **and α Syn Δ N7 monomers.** The experiments were performed using 1,6-diphenylhexa-1,3,5-triene
 427 (DPH). **(A)** Change in DPH fluorescence polarisation in DMPS liposomes with temperature. The first
 428 derivative of the data in **(A)** is shown for **(B)** DMPS alone or with **(C)** α SynWT, **(D)** α Syn Δ N7 or **(E)**
 429 α Syn Δ P1 monomers at LPRs of 8:1 and 60:1 (open and closed symbols, respectively). Experimental
 430 details are described in *SI Appendix*, Methods.

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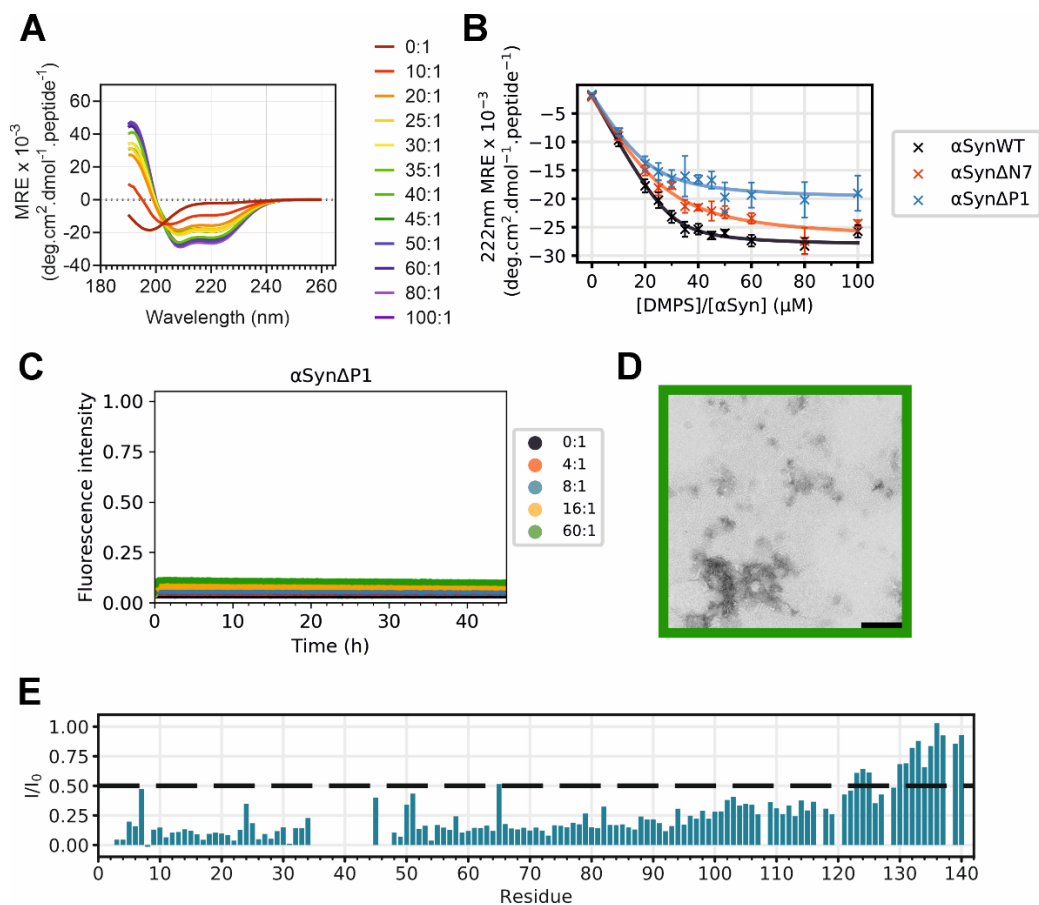
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434 **Fig. S11. Negative-stain image of DMPS liposomes.** Samples were incubated at 30 °C for 45 h in
435 the absence of protein. Scale bar = 250 nm.

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441 **Fig. S12. Characterisation of the behaviour of α Syn Δ P1 in the presence of DMPS liposomes.**

442 **(A)** Far-UV CD spectra of α Syn Δ P1 at different LPR values as indicated in the key. **(B)** MRE values

443 at 222 nm at different LPR values (blue). Fitting the titration data yielded values of the K_d and L values

444 of $4.2 \pm 2.0 \mu\text{M}$ and 22 ± 4 lipid molecules per molecule of α Syn Δ P1. Data for α Syn Δ N7 (red) and

445 α SynWT are reproduced from Fig. 3 for comparison. **(C)** ThT assay for α Syn Δ P1 incubated at different

446 LPRs (indicated in key). Data are normalised to maximum value obtained for α SynWT obtained at an

447 LPR of 16:1 (from Fig. 4A). **(D)** Negative stain electron micrograph of endpoint of incubation of DMPS

448 liposomes with α Syn Δ P1 at an LPR of 60:1. Scale bar = 250 nm. **(E)** Intensity ratios for each assigned

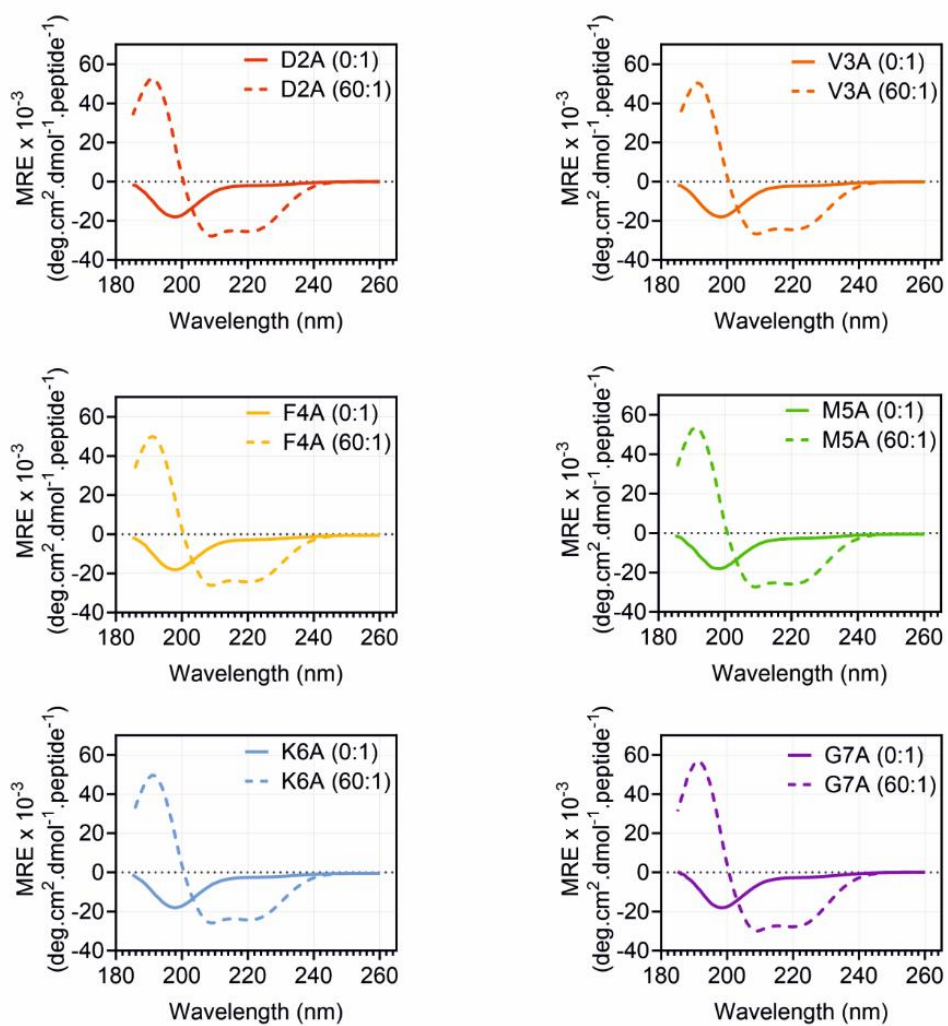
449 resonance of α Syn Δ P1 obtained from ^1H - ^{15}N HMQC NMR experiments with or without liposomes at

450 a $[\text{DMPS}]:[\alpha\text{Syn}\Delta\text{P1}]$ of 8:1. The dashed line is at I/I_0 of 0.5. Note that residues 36-42 are deleted in

451 α Syn Δ P1. All experiments were obtained at 30°C .

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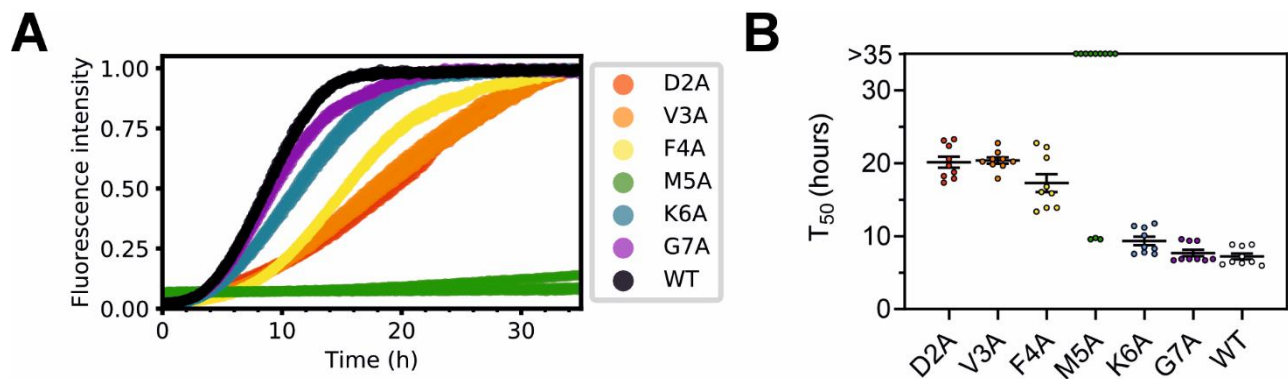
455 **Fig. S13. Far-UV CD spectra of alanine scan variants of α Syn (residues 2-7).** Spectra were
 456 acquired in the absence (solid line) or presence (dashed line) of DMPS liposomes. An LPR of 60:1
 457 was used. All spectra were obtained at 30 °C.

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462 **Fig. S14. Fibril formation kinetics of alanine scan variants of α Syn in the presence of DMPS**
 463 **liposomes. (A)** Fibril formation kinetics for the six alanine scan variants measured by ThT
 464 fluorescence. 50 μ M protein was incubated in the presence of DMPS liposomes at an LPR of 8:1,
 465 30°C. Three replicates are shown for each variant. **(B)** T₅₀ values for each curve of three biological
 466 repeats, each containing three replicates (*SI Appendix*, Table S5). Note that we present four biological
 467 repeats for M5A (green) and in three of four biological repeats no clear plateau was reached after 35
 468 hours and so the mean T₅₀ could not be determined. Error bars are standard error of the mean (SEM).

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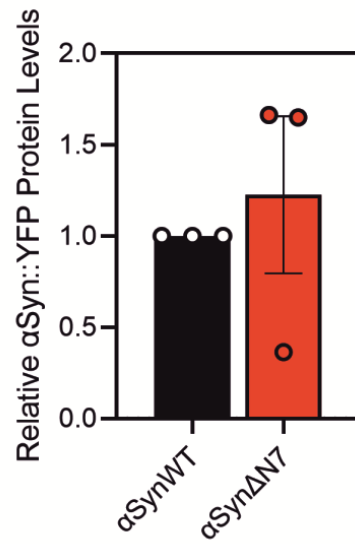
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484 **Fig. S15. Densitometry of the western blots showing protein expression levels of**
485 **α SynWT::YFP and α Syn Δ N7::YFP in the body wall muscle cells of *C. elegans*.** Expression levels
486 are plotted relative the expression of α SynWT::YFP. Results are shown from three biological repeats
487 and the error bars are SEM.

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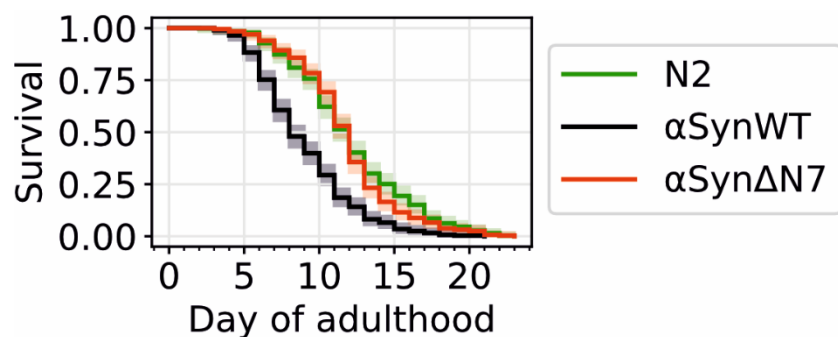
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502 **Fig. S16. Kaplan-Meier plot of the lifespan of *C. elegans* strains N2 (green), αSynWT (black)**
 503 **and αSynΔN7 (red).** n = 120-150 animals per biological repeat and the collated results of three
 504 biological repeats are plotted. Shaded area shows the 95% confidence intervals. The median lifespan
 505 of the strains tested were 15, 11, and 15 days of life for N2, αSynWT and αSynΔN7, respectively.
 506 Note that the results are shown as days of adulthood (i.e. not including the 3 days of development to
 507 adulthood). Results of the statistical analysis of the lifespans are reported in *SI Appendix*, Table S6.

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510 **SI Appendix Tables and Table Legends**

511 **Table S1. Rate and yield of *de novo* amyloid fibril formation for α SynWT and α Syn Δ N7 *in vitro*.**

512 The mean T_{lag} and T_{50} were calculated from nine data points (three biological repeats, each containing
513 three technical replicates). The mean percentage insoluble protein was calculated from three repeat
514 experiments. Errors for all values are standard error of the mean. The data were acquired at pH 7.4,
515 in 96 well plates, with agitation in the presence of a Teflon bead at 37 °C.

	αSynWT	αSynΔN7	516
T_{lag} (hours)	5.8 \pm 0.3	18.6 \pm 2.4	517
T_{50} (hours)	7.2 \pm 0.3	23.0 \pm 2.5	
Percentage insoluble (%)	87 \pm 5	85 \pm 4	518

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533 **Table S2. Cryo-EM data collection, refinement, and validation statistics for the α Syn Δ N7**
 534 **dataset**

	αSynΔN7 fibril structure (EMDB-18570) (PDB 8QPZ)
Data collection and processing	
Magnification	130,000
Voltage (kV)	300
Detector	Falcon4-selectris
Energy filter slit width (eV)	10
Pixel size (Å)	0.95
Electron exposure (e ⁻ /Å ²)	45
Exposure rate (e ⁻ /pixel/s)	8
Nominal defocus range (µm)	-1.4 to -2.6
Movies collected	5,464
Initial particle images (no.)	163,259
Final particle images (no.)	12,348
Symmetry imposed	C1
Map resolution (Å)	2.5
FSC threshold	0.143
Map resolution range (Å)	2.5 Å – 3.1 Å
Helical parameters	
Helical twist (°)	179.43
Helical rise (Å)	2.44
Crossover (nm)	76
Refinement	
Initial model used (PDB code)	6OSL
Map sharpening <i>B</i> factor (Å ²)	-26
Model Resolution (Å)	2.4
FSC threshold	0.143
Model to map correlation	0.78
Model composition	
Non-hydrogen atoms	4116
Protein residues total	612
α Syn residues modelled	42-92
Chains per helical layer	2
Helical layers modelled	6
<i>B</i> factors (Å ²)	
Protein	106
R.m.s. deviations	
Bond lengths (Å)	0.004
Bond angles (°)	0.696
Validation	
MolProbity score	2.2
Clashscore	9.3
Poor rotamers (%)	8.6
Ramachandran plot	
Favored (%)	100.0
Allowed (%)	0.0
Disallowed (%)	0.0

535 **Table S3. Half-times (T_{50}) and percentage insoluble protein for α SynWT and α Syn Δ N7 seeded**
536 **ThT assays containing sonicated amyloid fibril seeds.** Where no clear plateau was reached after
537 45 hours, the result is indicated by '>45'. See also Fig. 2 and *SI Appendix* Fig. S6.

	WT + WT seeds	WT + ΔN7 seeds	ΔN7 + WT seeds	ΔN7 + ΔN7 seeds
T_{50} (hours)	1.2 ± 0.2	16.7 ± 1.0	>45	4.5 ± 0.4
Percentage insoluble (%)	87 ± 2	75 ± 5	28 ± 10	70 ± 5

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555 **Table S4. Half-times (T_{50}) and percentage insoluble protein for α SynWT and α Syn Δ N7 seeded**
556 **ThT assays using unsonicated amyloid fibril seeds.** Where no clear plateau was reached after
557 45 hours, result is indicated by '>45'.

	WT + WT seeds	WT + ΔN7 seeds	ΔN7 + WT seeds	ΔN7 + ΔN7 seeds
T_{50} (hours)	14.0 \pm 0.9	>45	>45	>45
Percentage insoluble (%)	81 \pm 2	8 \pm 2	22 \pm 7	16 \pm 4

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577 **Table S5. Half-times (T_{50}) for alanine scan variants in the lipid-dependent ThT assays.** For the
578 M5A variant, the T_{50} could not be determined from the data collected, this is indicated by 'N/D'.

	D2A	V3A	F4A	M5A	K6A	G7A	WT
T_{50} (h)	19.3 ± 0.5	19.6 ± 0.6	16.9 ± 1.1	N/D	9.3 ± 0.6	7.7 ± 0.4	7.2 ± 0.4

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598 **Table S6. Statistical significance of the difference in lifespan between N2, α SynWT::YFP and**
599 **α Syn Δ N7::YFP strains.** A log-rank test followed by a post-hoc Bonferroni correction was used to
600 compare each of the strains. (****) = $p < 0.0001$. (n.s. = not significant).

Compared strains	p-value (Bonferroni corrected)	601
N2 vs α SynWT	1.14E-27 (****)	602
N2 vs α Syn Δ N7	0.621806 (n.s.)	603
α SynWT vs α Syn Δ N7	3.08E-25 (****)	604

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