

SPIRIT Checklist for *Trials*

Complete this checklist by entering the page and line numbers where each of the items listed below can be found in your manuscript.

Your manuscript may not currently address all the items on the checklist. Please modify your text to include the missing information. If you are certain that an item does not apply, please state "n/a" and provide a short explanation. **Leaving an item blank or stating "n/a" without an explanation will lead to your manuscript being returned before review.**

Upload your completed checklist as an additional file when you submit to *Trials*. You must reference this additional file in the main text of your protocol submission. The completed SPIRIT figure must be included within the main body of the protocol text and can be downloaded here: <http://www.spirit-statement.org/schedule-of-enrolment-interventions-and-assessments/>

In your methods section, please state that you used the SPIRIT reporting guidelines, and cite them as:

Chan A-W, Tetzlaff JM, Gøtzsche PC, Altman DG, Mann H, Berlin J, Dickersin K, Hróbjartsson A, Schulz KF, Parulekar WR, Krleža-Jerić K, Laupacis A, Moher D. SPIRIT 2013 Explanation and Elaboration: Guidance for protocols of clinical trials. *BMJ*. 2013;346:e7586

Reporting Item		Page and Line Number	Reason if not applicable
Administrative information			
Title	#1	Descriptive title identifying the study design, population, interventions, and, if applicable, trial acronym	Page 1 Line numbers 2-4
Trial registration	#2a	Trial identifier and registry name. If not yet registered, name of intended registry	Page 1 Line numbers 6-8
Trial registration: data set	#2b	All items from the World Health Organization Trial Registration Data Set	Page 4 Line numbers 139-140

			<p>All items can be found in the protocol:</p> <p>See #1, #2a, #3, #4, #5b, #8, #9, #6a, #10, #11a, #12, #14, #24, #31c</p> <p>Page 1</p> <p>Line numbers 20-21</p> <p>Page 12</p> <p>Line number 481-484</p>	
Protocol version	#3	Date and version identifier	<p>Page 1</p> <p>Line numbers 10-11</p>	
Funding	#4	Sources and types of financial, material, and other support	<p>Page 1</p> <p>Line numbers 13-15</p>	
Roles and responsibilities: contributorship	#5a	Names, affiliations, and roles of protocol contributors	<p>Page 1</p> <p>Line numbers 17-36</p>	
Roles and responsibilities: sponsor contact information	#5b	Name and contact information for the trial sponsor	n/a	This is an investigator-initiated clinical trial, funded by ZonMw
Roles and responsibilities: sponsor and funder	#5c	Role of study sponsor and funders, if any, in study design; collection, management, analysis, and interpretation of data; writing of the report; and the decision to submit the report for publication,	<p>Page 1</p> <p>Line numbers 30-31</p>	

		including whether they will have ultimate authority over any of these activities		
Roles and responsibilities: committees	#5d	Composition, roles, and responsibilities of the coordinating centre, steering committee, endpoint adjudication committee, data management team, and other individuals or groups overseeing the trial, if applicable (see Item 21a for data monitoring committee)	Page 4 Line number 144 Page 9 Line numbers 392-395	
Introduction			Page 2-3 Line numbers 77-130	
Background and rationale	#6a	Description of research question and justification for undertaking the trial, including summary of relevant studies (published and unpublished) examining benefits and harms for each intervention	Page 2-3 Line numbers 78-122	
Background and rationale: choice of comparators	#6b	Explanation for choice of comparators	Page 4 Line numbers 146-148	
Objectives	#7	Specific objectives or hypotheses	Page 3 Line numbers 124-130	
Trial design	#8	Description of trial design including type of trial (eg, parallel group, crossover, factorial, single group), allocation ratio, and framework (eg, superiority, equivalence, non-inferiority, exploratory)	Page 4 Line numbers 144-146 Page 5 Line Number 190-198	

Methods: Participants, interventions, and outcomes				
Study setting	#9	Description of study settings (eg, community clinic, academic hospital) and list of countries where data will be collected. Reference to where list of study sites can be obtained	Page 4 Line numbers 143-150	
Eligibility criteria	#10	Inclusion and exclusion criteria for participants. If applicable, eligibility criteria for study centres and individuals who will perform the interventions (eg, surgeons, psychotherapists)	Page 4-5 Line numbers 165-188	
Interventions: description	#11a	Interventions for each group with sufficient detail to allow replication, including how and when they will be administered	Page 6 Line numbers 231-262	
Interventions: modifications	#11b	Criteria for discontinuing or modifying allocated interventions for a given trial participant (eg, drug dose change in response to harms, participant request, or improving / worsening disease)	n/a	Interventions will remain unchanged. No harms that could worsen the disease are expected.
Interventions: adherence	#11c	Strategies to improve adherence to intervention protocols, and any procedures for monitoring adherence (eg, drug tablet return; laboratory tests)	Page 10 Line numbers 398-405	
Interventions: concomitant care	#11d	Relevant concomitant care and interventions that are permitted or prohibited during the trial	Page 10 Line number 405-406	
Outcomes	#12	Primary, secondary, and other outcomes, including the specific measurement variable (eg, systolic blood pressure), analysis metric (eg,	Page 7-9 Line numbers 270-383	

		change from baseline, final value, time to event), method of aggregation (eg, median, proportion), and time point for each outcome. Explanation of the clinical relevance of chosen efficacy and harm outcomes is strongly recommended		
Participant timeline	#13	Time schedule of enrolment, interventions (including any run-ins and washouts), assessments, and visits for participants. A schematic diagram is highly recommended (see Figure)	Page 5-6 Line numbers 207-227	
Sample size	#14	Estimated number of participants needed to achieve study objectives and how it was determined, including clinical and statistical assumptions supporting any sample size calculations	Page 9 Line numbers 413-422	
Recruitment	#15	Strategies for achieving adequate participant enrolment to reach target sample size	Page 4 Line numbers 148-150	
Methods: Assignment of interventions (for controlled trials)				
Allocation: sequence generation	#16a	Method of generating the allocation sequence (eg, computer-generated random numbers), and list of any factors for stratification. To reduce predictability of a random sequence, details of any planned restriction (eg, blocking) should be provided in a separate document that is unavailable to those who enrol participants or assign interventions	Page 5 Line numbers 191-196	

Allocation concealment mechanism	#16b	Mechanism of implementing the allocation sequence (eg, central telephone; sequentially numbered, opaque, sealed envelopes), describing any steps to conceal the sequence until interventions are assigned	Page 5 Line numbers 197-198	
Allocation: implementation	#16c	Who will generate the allocation sequence, who will enrol participants, and who will assign participants to interventions	Page 5 Line numbers 197-198	
Blinding (masking)	#17a	Who will be blinded after assignment to interventions (eg, trial participants, care providers, outcome assessors, data analysts), and how	Page 5 Line numbers 200-205	
Blinding (masking): emergency unblinding	#17b	If blinded, circumstances under which unblinding is permissible, and procedure for revealing a participant's allocated intervention during the trial	n/a	Participants, physical therapists and the primary researcher are not blinded in this study design
Methods: Data collection, management, and analysis				
Data collection plan	#18a	Plans for assessment and collection of outcome, baseline, and other trial data, including any related processes to promote data quality (eg, duplicate measurements, training of assessors) and a description of study instruments (eg, questionnaires, laboratory tests) along with their reliability and validity, if known. Reference to where data collection forms can be found, if not in the protocol	Page 7-9 Line numbers 264-383	

Data collection plan: retention	#18b	Plans to promote participant retention and complete follow-up, including list of any outcome data to be collected for participants who discontinue or deviate from intervention protocols	Page 10 Line numbers 393-405	
Data management	#19	Plans for data entry, coding, security, and storage, including any related processes to promote data quality (eg, double data entry; range checks for data values). Reference to where details of data management procedures can be found, if not in the protocol	Page 9 Line numbers 388-392	
Statistics: outcomes	#20a	Statistical methods for analysing primary and secondary outcomes. Reference to where other details of the statistical analysis plan can be found, if not in the protocol	Page 10-11 Line numbers 342-449	
Statistics: additional analyses	#20b	Methods for any additional analyses (eg, subgroup and adjusted analyses)	Page 10 Line numbers 432-437	
Statistics: analysis population and missing data	#20c	Definition of analysis population relating to protocol non-adherence (eg, as randomised analysis), and any statistical methods to handle missing data (eg, multiple imputation)	Line 10 Line numbers 425-427	
Methods: Monitoring				
Data monitoring: formal committee	#21a	Composition of data monitoring committee (DMC); summary of its role and reporting structure; statement of whether it is independent from the sponsor and competing interests; and	Page 9 Line numbers 392-395	

		reference to where further details about its charter can be found, if not in the protocol. Alternatively, an explanation of why a DMC is not needed		
Data monitoring: interim analysis	#21b	Description of any interim analyses and stopping guidelines, including who will have access to these interim results and make the final decision to terminate the trial	n/a	No interim analyses will be performed because the classification risk is estimated at negligible risk by the medical ethics committee.
Harms	#22	Plans for collecting, assessing, reporting, and managing solicited and spontaneously reported adverse events and other unintended effects of trial interventions or trial conduct	Page 10 Line numbers 408-411	
Auditing	#23	Frequency and procedures for auditing trial conduct, if any, and whether the process will be independent from investigators and the sponsor	n/a	No auditing trial will be conducted because this is an investigator-initiated trial and the classification risk is estimated at negligible risk.
Ethics and dissemination				
Research ethics approval	#24	Plans for seeking research ethics committee / institutional review board (REC / IRB) approval	Page 4 Line numbers 134-135	
Protocol amendments	#25	Plans for communicating important protocol modifications (eg, changes to eligibility criteria, outcomes, analyses) to relevant parties (eg, investigators, REC / IRBs, trial participants, trial registries, journals, regulators)	Page 4 Line numbers 135-136	

Consent or assent	#26a	Who will obtain informed consent or assent from potential trial participants or authorised surrogates, and how (see Item 32)	Page 4 Line numbers 161-162	
Consent or assent: ancillary studies	#26b	Additional consent provisions for collection and use of participant data and biological specimens in ancillary studies, if applicable	n/a	At the moment there are no plans for subsequent studies using the data collected in this study. Informed consent will be obtained to use the data collected in this study for future research related to gait in people with incomplete spinal cord injury.
Confidentiality	#27	How personal information about potential and enrolled participants will be collected, shared, and maintained in order to protect confidentiality before, during, and after the trial	Page 9 Line numbers 388-392	
Declaration of interests	#28	Financial and other competing interests for principal investigators for the overall trial and each study site	Page 12 Line numbers 486-487	
Data access	#29	Statement of who will have access to the final trial dataset, and disclosure of contractual agreements that limit such access for investigators	Page 9 Line numbers 390-391	
Ancillary and post trial care	#30	Provisions, if any, for ancillary and post-trial care, and for compensation to those who suffer harm from trial participation	n/a	The classification risk is estimated at negligible risk, we do not expect participants will suffer harm from trial participation

Dissemination policy: trial results	#31a	Plans for investigators and sponsor to communicate trial results to participants, healthcare professionals, the public, and other relevant groups (eg, via publication, reporting in results databases, or other data sharing arrangements), including any publication restrictions	Page 11 Line numbers 472-475	
Dissemination policy: authorship	#31b	Authorship eligibility guidelines and any intended use of professional writers	Page 11 Line number 475	Author's contribution is described on page 1 line numbers 33-36
Dissemination policy: reproducible research	#31c	Plans, if any, for granting public access to the full protocol, participant-level dataset, and statistical code	Page 11 Line numbers 443-445	
Appendices				
Informed consent materials	#32	Model consent form and other related documentation given to participants and authorised surrogates	Supplemental files	
Biological specimens	#33	Plans for collection, laboratory evaluation, and storage of biological specimens for genetic or molecular analysis in the current trial and for future use in ancillary studies, if applicable	n/a	In this study no biological specimens will be used

It is strongly recommended that this checklist be read in conjunction with the SPIRIT 2013 Explanation & Elaboration for important clarification on the items. Amendments to the protocol should be tracked and dated. The SPIRIT checklist is copyrighted by the SPIRIT Group under the Creative Commons "[Attribution-NonCommercial-NoDerivs 3.0 Unported](#)" license. This checklist can be completed online using <https://www.goodreports.org/>, a tool made by the EQUATOR Network in collaboration with Penelope.ai