

Identification

Medical records of patients seeking mental health care were identified through a database of Sehat Kahani E-clinics in Pakistan from Mar 1 - Oct 31, 2023 (n=5200)

Screening

Records screened (n=5200)

Records excluded (n=344)  
- Incomplete information (n=105)  
- Minors (underage) (n=239)

Included

Medical records of patients seeking mental health treatment that were included in the final analysis (n=4856)

