



Sfig. 1. Considering the real intake of TrigozimR supplements for 12 weeks intervention. The previously presented data (Figures 1-3) are calculated on basis of intention to treat (all participants took all tablets as instructed). If we perform the calculations based on only including participants who took $\geq 90\%$ tablets we get total plasma testosterone concentration (A), and free testosterone index (FTI; B), and saliva testosterone concentration (C).