

DOES ENDOGENOUS PERIPHERAL ARGININE VASOPRESSIN HAVE A ROLE IN THE FEBRILE RESPONSES OF CONSCIOUS RABBITS?

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SUMMARY

1. The actions of peripheral arginine vasopressin (AVP) on the febrile responses of conscious rabbits induced by peripherally administered polyinosinic:polycytidylic acid (poly(I)·poly(C)) have been studied using an AVP V_1 receptor antagonist ([deamino-Pen¹, O-Me-Tyr², Arg⁸]-vasopressin).

2. Temperature responses were monitored continuously using rectal thermistor probes. Test substances were administered intravenously (i.v.). Blood samples were taken at timed intervals from a marginal ear vein and plasma PGE_2 and $PGF_{2\alpha}$ levels determined by radioimmunoassay.

3. Poly(I)·poly(C) (2.5 µg/kg) stimulated a reproducible biphasic rise in body temperature with a lag phase of 45–60 min and peaks at 90 and 225 min. The febrile response was accompanied by a 5-fold rise in circulating immunoreactive (ir) PGE_2 , which peaked after 90 min and remained elevated up to 300 min. Poly(I)·poly(C) also stimulated a 2.5-fold rise in circulating ir $PGF_{2\alpha}$, which peaked after 150 min and was followed by a return to basal levels after 300 min.

4. The overall magnitude of the febrile response to poly(I)·poly(C) (2.5 µg/kg, i.v.) was significantly antagonized by the AVP V_1 receptor antagonist (250 µg/kg, i.v.) administered 5 min prior to the pyrogen.

5. The ir PGE_2 response to poly(I)·poly(C) (2.5 µg/kg, i.v.) was significantly antagonized by the AVP V_1 receptor antagonist (250 µg/kg, i.v.) administered 5 min prior to the pyrogen. The ir $PGF_{2\alpha}$ response was only reduced at the peak 150 min time point measurement.

6. In conclusion, these results show a modulatory role for a peripherally administered AVP V_1 antagonist in the febrile responses to poly(I)·poly(C), suggesting a possible pro-pyretic role for endogenous peripheral AVP. This modulatory role appears to be mediated via actions on prostaglandin E_2 .

INTRODUCTION

The febrile responses to pyrogens are mediated via actions of endogenous cytokines (Kluger, 1991) and are thought to be regulated by hypothalamic thermoregulatory centres (Cooper, Cranston & Honour, 1967). However, peripherally

administered pyrogens produce fevers without apparently crossing the blood-brain barrier (Dinareello, Weiner & Wolff, 1978; Dascombe & Milton, 1979), suggesting that a second messenger is involved. The inhibition of prostaglandin (PG) generation by antipyretic drugs (Vane, 1971) and the induction of fever by centrally administered PGs (Milton & Wendlandt, 1971) suggests that PGs may be the endogenous second messengers in the febrile response. The observed increases in circulating blood PGE₂ levels during fever (Rotondo, Abul, Milton & Davidson, 1988) and pyrogen-induced PGE₂ release from blood monocytes and lymphocytes (Kozak, Milton, Abul, Davidson & Rotondo, 1989) has led to the suggestion that the febrile response may be mediated by peripheral production of PGs.

Previous studies have suggested that central arginine vasopressin (AVP) may be an endogenous antipyretic (Veale, Cooper & Ruwe, 1984). The central site of action is suggested by: (1) antipyresis induced by central injection of AVP (Cooper, Kasting, Lederis & Veale, 1979; Kovacs & De Weid, 1983; Naylor, Ruwe & Veale, 1986); (2) secretion of AVP into the septal region during fever (Cooper *et al.* 1979); and (3) an enhancement of fever by perfusion of the septum with an antiAVP antiserum to block the actions of septal AVP (Malkinson, Bridges, Lederis & Veale, 1987). The ability of a centrally administered AVP V₁ antagonist to potentiate fever indicates that the antipyretic actions of AVP require central V₁ receptors (Cooper, Naylor & Veale, 1987).

Many neuropeptides, plus their receptors, are located in both the central nervous system (CNS) and peripheral tissues. Consequently, during many responses neuropeptides may have multiple sites of action. Such site-specific actions can sometimes have opposing physiological consequences; for example, corticotrophin-releasing factor-41 (CRF-41) when administered centrally causes vasoconstriction whilst when administered peripherally CRF-41 causes vasodilatation (Gardiner, Compton & Bennett, 1990). Such contrasting physiological roles for CRF-41 are also seen during fever, with studies suggesting a central antipyretic action for CRF-41 (Bernardini, Richards & Lipton, 1984; Opp, Obal & Krueger, 1989) and a peripheral pro-pyretic action for CRF-41 (Milton, Hillhouse & Milton, 1993*a*) in conscious rabbits. During the febrile response increases in both peripheral circulating and central cerebrospinal fluid AVP levels have been observed (Kasting, Carr, Martin, Blume & Bergland, 1983). Peripheral AVP appears to be unable to penetrate the blood-brain barrier (Wang, Share, Crofton & Kimura, 1981; Mens, Witter & Van Wimersma Greidanus, 1983) and may therefore have a different action to central AVP during the febrile response. The major actions of peripheral AVP include cardiovascular actions, mediated by V₁ receptors, and antidiuretic actions, mediated by V₂ receptors. AVP is also known to activate PG release from the kidney (Wuthrich & Vallotton, 1986) and pituitary (Vlaskovskav, Hertting & Knepel, 1984). The actions of AVP on PGE₂ production by the kidney appear to be mediated via actions on V₁ receptors (Wuthrich & Vallotton, 1986). Another peripheral action of AVP has been observed in the regulation of production of the pyrogenic cytokine γ -interferon by immune cells (Johnson, Farrar & Torres, 1982). As with the actions on PG generation these actions on immune cells appear to be mediated by V₁ receptors (Johnson & Torres, 1985). Thus peripheral AVP has

actions which could potentially influence the febrile response to interferon or interferon inducers. Polyinosinic:polycytidylic acid (poly(I)·poly(C)) is a potent interferon inducer (Stringfellow, 1984), which also activates febrile and prostaglandin responses (Rotondo *et al.* 1988). In this study we have therefore investigated the role of peripheral AVP V_1 receptors during febrile and prostaglandin responses produced by the poly(I)·poly(C).

METHODS

Animals

Male Dutch rabbits (1.7–2.3 kg), obtained from Hylyne Rabbits Ltd (Northwich, Cheshire) were used for all experiments. These animals had not been previously exposed to any agent or experimental manipulation. Animals were lightly restrained in conventional stocks throughout experimental procedures. All experiments were conducted at an ambient temperature of 22 ± 3 °C between 10.00 and 18.00 h.

Temperature response measurement

Temperature responses were measured using rectal thermistor probes (Yellow Springs Instruments 401 series) inserted to a depth of 9 cm and held in position with adhesive tape. Probes were connected to a multi-channel Jaquet chart recorder (Model KS 406) with responses recorded at 20 s intervals. The temperature of each animal was allowed to stabilize for at least 60 min prior to the onset of experimental procedures. Animals were initially placed in stocks at regular intervals to acclimate them to the experimental regime.

Administration of test substances

AVP V_1 antagonist [deamino-Pen¹, *O*-Me-Tyr², Arg⁸]-vasopressin (Bachem Ltd, Bubendorf, Switzerland) and polyinosinic:polycytidylic acid (Sigma Chemical Company Ltd, UK) were reconstituted in 0.9% pyrogen-free saline and the solutions were filtered through a Millex GS 0.22 μ m filter prior to administration. Test substances (250 μ l/kg body weight) were administered intravenously (i.v.) into a marginal ear vein. V_1 antagonist or saline vehicle were injected 5 min before poly(I)·poly(C) (2.5 μ g/kg, i.v.) or saline control.

Collection of blood samples and assay of prostaglandins

Blood samples (1 ml) were collected from a marginal ear vein into tubes containing 150 μ l of 3 mM EDTA plus 53 mM ketoprofen. The plasma was immediately separated and aliquots of 500 μ l dispensed into tubes containing 50 μ l of 1 M HCl.

Prostaglandins were extracted from acidified rabbit plasma samples using Sep-Pak C_{18} columns (Rotondo *et al.* 1988). Columns were prewashed with 5 ml methanol followed by 10 ml distilled water. Acidified plasma was passed through the column and bound PGs eluted in 1.5 ml methanol. Radioimmunoassay kits were used to determine circulating immunoreactive PGE₂, irPGE₂ (Dupont, Stevenage, UK) and irPGF_{2 α} (Baxter Healthcare, Cambridge, MA, USA) levels. The PGE₂ assay had a sensitivity of 4 pg/ml and showed cross-reactivity with PGE₁ (3.7%), but no cross-reactivity with PGF_{2 α} . The PGF_{2 α} assay had a sensitivity of 250 pg/ml and showed cross-reactivity with PGF_{1 α} (28.2%), but no cross-reactivity with PGE₂.

Statistics

Thermoregulatory indices (TRI₅) were determined by integration of the area under the curve for temperature responses during the 5 h following injection of pyrogen with 1 unit equivalent to a 1 °C rise for 1 h (Milton & Wendlandt, 1971). Data, expressed as the means of n experiments \pm s.e.m., were analysed by either one-way analysis of variance or unpaired Student's t test and differences were considered significant when $P < 0.05$. Rate of temperature change was calculated over 15 min periods and the data expressed as change in temperature (°C) per hour. The rates of change were compared by one-way analysis of variance with saline-treated control animals and considered significant when $P < 0.05$.

RESULTS

Effect of V_1 antagonist on temperature responses to poly(I)·poly(C)

Polyinosinic:polycytidylic acid (poly(I)·poly(C)) at a dose of 2.5 $\mu\text{g}/\text{kg}$ body weight produced a biphasic rise in core body temperature from a stable baseline of

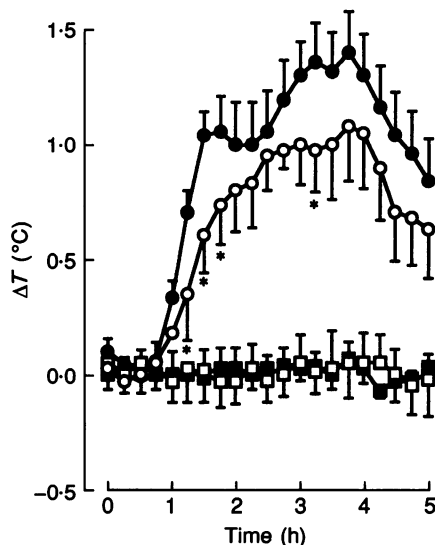


Fig. 1. Effect of V_1 antagonist on poly(I)·poly(C) fever in conscious rabbits. V_1 antagonist (250 $\mu\text{g}/\text{kg}$, i.v.) or saline vehicle was administered 5 min prior to poly(I)·poly(C) (2.5 $\mu\text{g}/\text{kg}$, i.v.) at time zero. Results, expressed as means \pm s.e.m. change in core body temperature (ΔT °C) from a stable baseline from at least five measurements per point, are shown for saline vehicle plus poly(I)·poly(C) (●), V_1 antagonist plus poly(I)·poly(C) (○), saline vehicle plus saline vehicle (■) and V_1 antagonist plus saline vehicle (□). * $P < 0.05$ compared to poly(I)·poly(C) alone by Student's t test.

38.3 ± 0.2 °C ($n = 8$), with a lag phase of 60 min between injection and the first significant temperature rise, followed by peaks at 90 and 225 min after injection. When given 5 min prior to poly(I)·poly(C) (2.5 $\mu\text{g}/\text{kg}$, i.v.), the V_1 antagonist (250 $\mu\text{g}/\text{kg}$, i.v.) resulted in a fever with a lag phase of 75 min between injection and the first significant temperature rise and caused a significant reduction in the change in temperature at 75, 90, 105 and 195 min (Fig. 1). The V_1 antagonist alone (250 $\mu\text{g}/\text{kg}$, i.v.) or saline vehicle had no effect on body temperature when given prior to saline vehicle at time zero (Fig. 1).

The overall magnitude of the febrile response, as determined by TRI_5 , was significantly ($P < 0.05$, Student's t test) reduced from 4.50 ± 0.31 for poly(I)·poly(C) (2.5 $\mu\text{g}/\text{kg}$, i.v.) plus saline vehicle-treated animals, to 3.37 ± 0.13 for poly(I)·poly(C) (2.5 $\mu\text{g}/\text{kg}$, i.v.) plus V_1 antagonist (250 $\mu\text{g}/\text{kg}$, i.v.) treated animals.

Rate-of-change analysis confirmed that temperature changes observed in poly(I)·poly(C) treated animals were biphasic (Fig. 2). After a lag phase of 45 min

the rates of change were significantly greater than zero between 45 and 90 min, significantly less than zero between 105 and 120 min, and again significantly greater than zero between 135 and 225 min. Pretreatment with the V_1 antagonist resulted in a monophasic pattern with significantly positive rates of change between 45 and 150 min. In both cases the rates of change in body temperature were negative after the peak rise at 225 min.

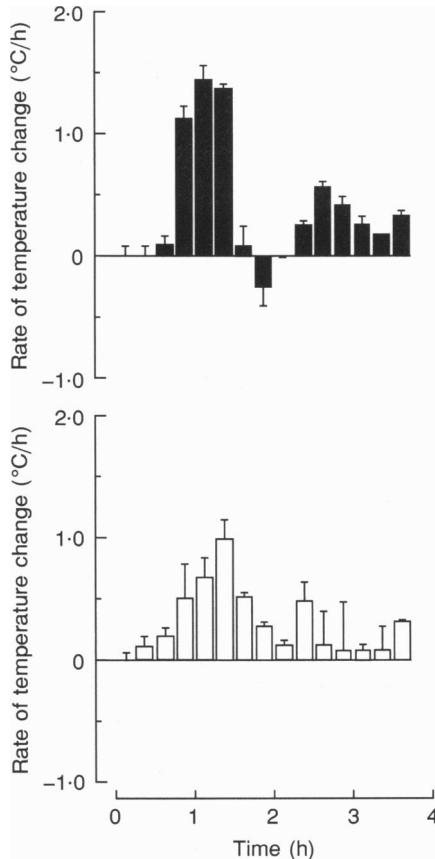


Fig. 2. Effect of poly(I)·poly(C) plus V_1 antagonist on the rate of body temperature change in conscious rabbits. Poly(I)·poly(C) ($2.5 \mu\text{g}/\text{kg}$) was administered at time zero. V_1 antagonist ($250 \mu\text{g}/\text{kg}$, i.v.) or saline vehicle was administered 5 min prior to poly(I)·poly(C). Results for poly(I)·poly(C) (upper panel) or poly(I)·poly(C) plus V_1 antagonist (lower panel) are expressed as means \pm s.e.m. rate of change in core body temperature during each 15 min period with at least four measurements per point.

Effects on circulating $irPGE_2$ and $irPGF_{2\alpha}$

Poly(I)·poly(C) ($2.5 \mu\text{g}/\text{kg}$, i.v.) stimulated a 5-fold increase in circulating $irPGE_2$ levels, from a pretreatment level of $50 \pm 17 \text{ pg}/\text{ml}$. The V_1 antagonist ($250 \mu\text{g}/\text{kg}$, i.v.) pretreatment significantly reduced the circulating $irPGE_2$ response stimulated by poly(I)·poly(C) ($2.5 \mu\text{g}/\text{kg}$), to the levels seen in saline-treated controls, at all time points measured (Fig. 3). The V_1 antagonist alone ($250 \mu\text{g}/\text{kg}$, i.v.) had no effect on circulating $irPGE_2$ when compared with saline vehicle-treated animals.

Poly(I)·poly(C) (2.5 µg/kg, i.v.) stimulated a 2.5-fold increase in circulating irPGF_{2α} levels, from a pretreatment level of 870 ± 100 pg/ml. The V₁ antagonist (250 µg/kg, i.v.) pretreatment significantly reduced the circulating irPGF_{2α} response to poly(I)·poly(C) (2.5 µg/kg) only at the 2.5 h time point (Fig. 4). The V₁ antagonist alone (250 µg/kg, i.v.) had no effect on circulating irPGF_{2α} when compared with saline vehicle-treated animals.

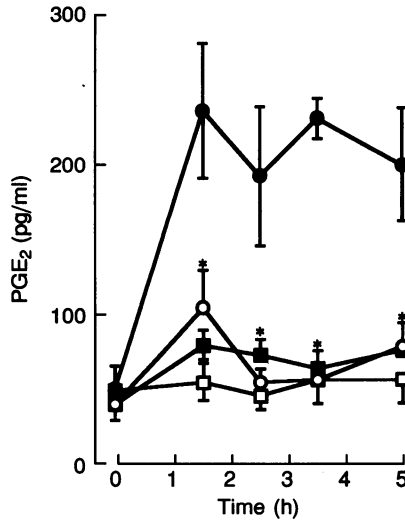


Fig. 3. Effect of V₁ antagonist on poly(I)·poly(C)-stimulated circulating PGE₂ in conscious rabbits. V₁ antagonist (250 µg/kg, i.v.) or saline vehicle was administered 5 min prior to poly(I)·poly(C) (2.5 µg/kg, i.v.) or saline vehicle at time zero. Circulating PGE₂ levels were determined by radioimmunoassay. Results, expressed as means ± s.e.m. from at least five measurements per point, are shown for saline vehicle plus poly(I)·poly(C) (●), V₁ antagonist plus poly(I)·poly(C) (○), saline vehicle plus saline vehicle (■) and V₁ antagonist plus saline vehicle (□). **P* < 0.05 compared to poly(I)·poly(C) alone by one-way analysis of variance.

DISCUSSION

In agreement with previous studies (Rotondo *et al.* 1988) poly(I)·poly(C) stimulated a biphasic rise in body temperature and elevated circulating PG levels. In this study the febrile response to poly(I)·poly(C) was partially reduced by peripheral administration of an AVP V₁ antagonist, suggesting that endogenous AVP may have a modulatory propyretic role during the febrile response. The failure of the V₁ antagonist to alter resting body temperature itself suggests that the V₁ antagonist is interfering with a poly(I)·poly(C)-activated response and not some thermoregulatory mechanism. The potent interferon-inducing activities of poly(I)·poly(C) (Stringfellow, 1984) and the pyrogenicity of interferons (Dinarello *et al.* 1984) has led to suggestions that the febrile response to poly(I)·poly(C) may be mediated via endogenous interferon. AVP has been shown to stimulate γ -interferon production via actions on V₁ receptors (Johnson *et al.* 1982; Johnson & Torres, 1985) and a possible mechanism for the propyretic actions of AVP may therefore be via the stimulation of interferon production.

The reduction in the febrile response to poly(I)·poly(C) caused by administration of the V_1 antagonist was accompanied by an abolition of the circulating irPGE_2 response. The reduction in the $\text{irPGF}_{2\alpha}$ response to poly(I)·poly(C) caused by administration of the V_1 antagonist was less marked and only significant at the peak 2.5 h measurement. Poly(I)·poly(C)-induced temperature rises are PG dependent (Rotondo *et al.* 1988) and the observed antipyresis caused by the V_1 antagonist may

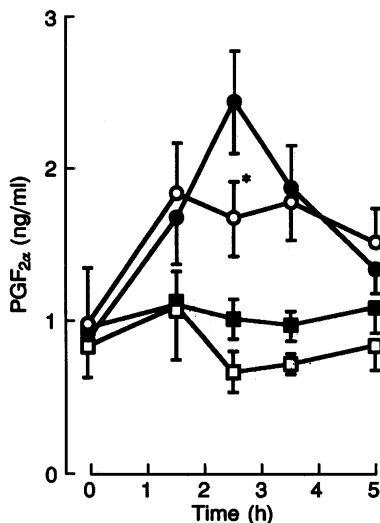


Fig. 4. Effect of V_1 antagonist on poly(I)·poly(C)-stimulated circulating $\text{PGF}_{2\alpha}$ in conscious rabbits. V_1 antagonist (250 $\mu\text{g}/\text{kg}$, i.v.) or saline vehicle were administered 5 min prior to poly(I)·poly(C) (2.5 $\mu\text{g}/\text{kg}$, i.v.) or saline vehicle at time zero. Circulating $\text{PGF}_{2\alpha}$ levels were determined by radioimmunoassay. Results, expressed as means \pm s.e.m. from at least five measurements per point, are shown for saline vehicle plus poly(I)·poly(C) (●), V_1 antagonist plus poly(I)·poly(C) (○), saline vehicle plus saline vehicle (■) and V_1 antagonist plus saline vehicle (□). * $P < 0.05$ compared to poly(I)·poly(C) alone by one-way analysis of variance.

therefore be the result of inhibition of PGs. The specificity of the effects of the V_1 antagonist on poly(I)·poly(C)-stimulated PGs, with effects on PGE_2 but not $\text{PGF}_{2\alpha}$, may provide an explanation for the partial inhibition of the febrile response. These differential effects of the AVP V_1 antagonist on PGE_2 and $\text{PGF}_{2\alpha}$ responses may reflect different sites of PG production or an action of AVP which specifically modifies the PGE_2 response. Both PGE_2 and $\text{PGF}_{2\alpha}$ are pyrogenic when administered centrally (Milton & Wendlandt, 1971) and antipyretic drugs act by inhibition of arachidonic acid conversion to PGs (Vane, 1971). The results from this study suggest that the observed antipyresis with a V_1 antagonist may be due to specific inhibition of PGE_2 , which is the most potent fever-inducing prostaglandin (Milton & Wendlandt, 1971). The observation that the V_1 antagonist pretreatment resulted in only a partially reduced febrile response to poly(I)·poly(C) and a complete blockade of the observed PGE_2 response, suggests that another PG, possibly $\text{PGF}_{2\alpha}$, may be responsible for the observed rises in body temperature.

Whilst the original studies by Milton & Wendlandt (1971) demonstrated that PGE₂ was the most potent prostaglandin, with a potency 27 times that of PGF_{2α} the results from this study show poly(I)·poly(C)-stimulated levels of circulating PGF_{2α}, are 10–15 times those of circulating PGE₂, suggesting that PGF_{2α} may be present at sufficient concentrations to elicit effects.

The suggestion that the proipyretic actions of AVP could be mediated via stimulatory actions on interferon production (Johnson *et al.* 1982; Johnson & Torres, 1985) are not incompatible with the results suggesting an involvement with PGE₂ since interferon fevers are PG dependent (Dinarello *et al.* 1984). This leads to the suggestion that poly(I)·poly(C) induces an interferon, which in turn stimulates PGE₂, and that production of this interferon is modulated by peripheral AVP.

The significant reduction in the thermoregulatory index (TRI_s) for the response to poly(I)·poly(C) when animals were pretreated with an AVP V₁ antagonist was accompanied by a change in the pattern of poly(I)·poly(C)-stimulated temperature rises. This change in the pattern of poly(I)·poly(C) fever, from biphasic to monophasic, when the AVP V₁ antagonist was administered peripherally, suggests either that AVP modulates the initial rises in body temperature or that the drop in body temperature could be due to stimulation of AVP, which is producing a transient antipyretic effect. The previous observations of AVP-induced antipyresis mediated via central AVP V₁ receptors (Cooper *et al.* 1987) is consistent with the suggestion that the biphasic temperature change pattern could be due to transient AVP-induced antipyresis.

Previous studies have suggested that biphasic fevers stimulated by exogenous pyrogens, including poly(I)·poly(C), are the result of induction of two or more endogenous pyrogens with different lag phases (Kluger, 1991). The possibility exists that the AVP V₁ antagonist inhibits the production, secretion or actions of one such endogenous pyrogen. The lag phases of the PGE₂ and PGF_{2α} responses to poly(I)·poly(C) have been shown to differ (Milton, Hillhouse & Milton 1993 *b*) with PGE₂ having a lag phase of 1 h and PGF_{2α} a lag phase of 1.5 h. The AVP V₁ antagonist increases the lag phase between poly(I)·poly(C) injection and significant temperature increases and may therefore act by inhibiting the endogenous pyrogen responsible for the initial rise in body temperature, and also the PGE₂ response. The maintenance of a febrile response was accompanied by a rise in PGF_{2α} and could be the result of a second endogenous pyrogen activated by poly(I)·poly(C) independently of AVP.

In conclusion, endogenous peripheral AVP may have a proipyretic action, during fever stimulated by the interferon inducer poly(I)·poly(C), mediated via actions on V₁ receptors and PGE₂. AVP may also have a role in the generation of a biphasic febrile response to poly(I)·poly(C), either by stimulating a transient antipyresis or by modulating the release of the endogenous pyrogen responsible for the initial rises in body temperature stimulated by poly(I)·poly(C).

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